

BRITAIN'S BEST MOUNTAIN VIEWS

12  
MAPPED  
ROUTES  
84-100mi

# TRAIL

The UK's most authoritative mountain magazine

Volume 100 No 1

## WALK SLEEP REPEAT

Make 2022  
your greatest  
mountain year

### EPIC TRIPS

Ben Nevis  
Lake District  
Cairngorms  
Breconia  
Swiss Alps  
3 Peaks

REPORT ON  
THE STATE OF  
THE MOUNTAINS  
IN 2021

WINTER  
SKILLS  
ESCAPE  
WHITEOUT  
SURVIVE AN  
AVALANCHE

EXPERT GUIDE  
THE WEST  
HIGHLAND WAY

200 miles from Glasgow to Ben Nevis

