

>From: anello@adcs00.fnal.gov (Anthony Anello)

>Can anyone tell me if a bloodcount of 40 when diagnosed as hypoglycemic is

>dangerous, i.e. indicates a possible pancreatic problem? One Dr. says no, the

>other (not his specialty) says the first is negligent and that another blood

Blood glucose levels of 40 or so are common several hours after a

big meal. This level will usually not cause symptoms.

>test should be done. Also, what is a good diet (what has worked) for a hypo-

>glycemic?

If you mean "reactive" hypoglycemia, there are usually no symptoms,

hence there is no disease, hence the dietary recommendations are the

same as for anyone else. If a patient complains of dizziness,

faintness, sweating, palpitations, etc. reliably several hours after

a big meal, the recommendations are obvious - eat smaller meals.

. SLMR 2.1 . E-mail: jim.zisfein@factory.com (Jim Zisfein)