- cups all-purpose flour
  cup sugar
  cup almonds -- unblnchd, fine ground
  teaspoon bicarbonate of ammonia
  teaspoon cinnamon
- 3/4 cup almonds -- whole, unblanched
- 1/3 cup honey
- 1/3 cup water

Can substitute 1/2 teaspoon each of baking powder and baking soda for bicarb of ammonia.

Be careful with the first baking of these biscotti. Even though they are baked a second time after being cut, if they do not bake sufficiently the first time, the biscotti will have a hard, heavy core. PREHEAT OVEN TO 350F. Combine all ingredients except honey and water in a mixing bowl and stir a minute or 2 to mix. Add the honey and water and stir until a firm dough forms. Remove dough from bowl and divide in half. Roll each half into a log about 15 inches long. Place both logs, well apart, on a jelly roll pan lined with parchment or buttered wax paper. Bake about 30 minutes, until well risen, firm and a dark golden color. Remove from oven, cool logs slightly and place on a cutting board. Slice the logs diagonally at 1/2-inch intervals. Return the cut biscotti to the pan, cut side down, and bake an additional 15 minutes, until lightly colored and dry. Cool on the pan. Store in a tin--they keep well.