I had spacefood sticks just about every morning for breakfast in first and second grade (69-70, 70-71). They came in Chocolate, strawberry, and peanut butter and were cylinders about 10cm long and 1cm in diameter wrapped in yellow space foil (well, it seemed like space foil at the time).

The taste is hard to describe, although I remember it fondly. It was most certainly more "candy" than say a modern "Power Bar." Sort of a toffee injected with vitamins. The chocolate Power Bar is a rough approximation of the taste. Strawberry sucked.

Man, these were my "60's."

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