

I have had a frozen shoulder for over a year or about a year. It is still partially frozen, and I am still in physical therapy every week. But the pain has subsided almost completely. UNTIL last week when I mowed the lawn for twenty minutes each, two days in a row. I have a push type power mower. The pain started back up a little bit for the first time in quite a while, and I used ice and medicine again. Can anybody explain why this particular activity, which does not seem to stress me very much generally, should cause this shoulder problem?

Thanks.

Alice