JUDIT MOKOS
DOROTTYA UJFALUSSY
IVAYLO B. IOTCHEV
ÁDÁM MIKLÓSI
BORBÁLA PAKSI
ZSOLT DEMETROVICS
RÓBERT URBÁN
ENIKO KUBINYI

was it a good idea to adopt a pet during the pandemic?

THE RELATIONSHIP BETWEEN ADOPTING A PET AND THE NEW OWNER'S WELL-BEING

was it a good idea to adopt a pet during the pandemic?

was it a good idea to adopt a pet during the pandemic?

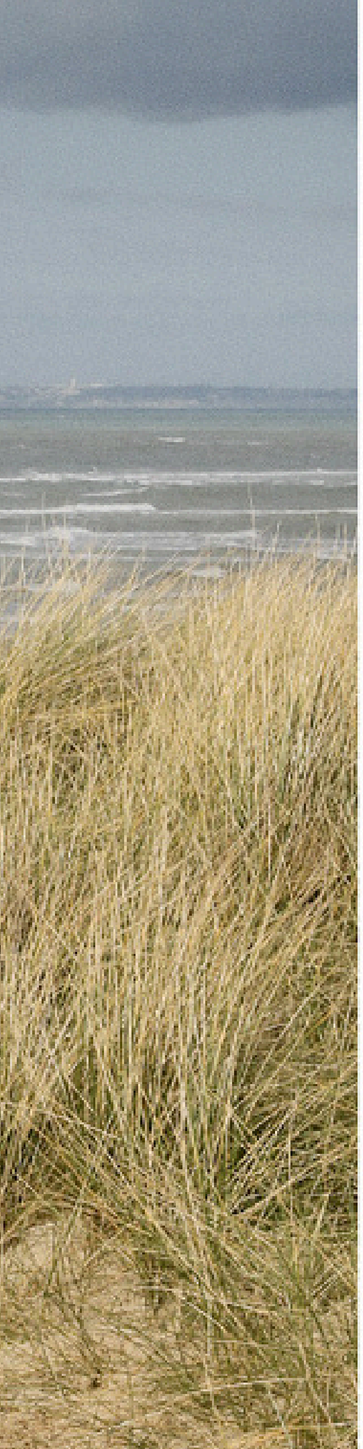
adopting a pet makes you happy

was it a good idea to adopt a pet during the pandemic?

adopting a pet makes you happy

having a pet does not.

Pedigree
A dog makes your life happier. Adopt.

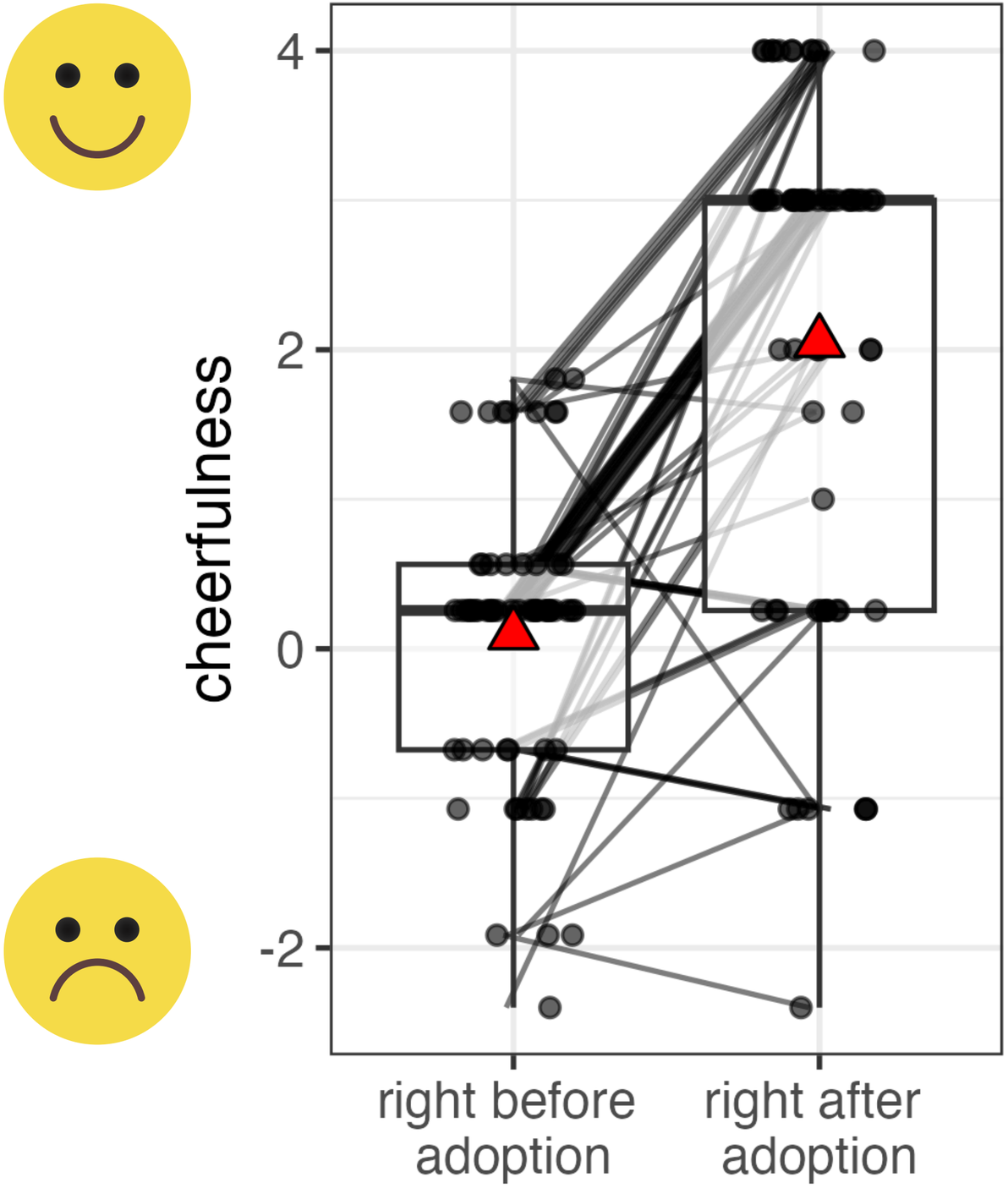


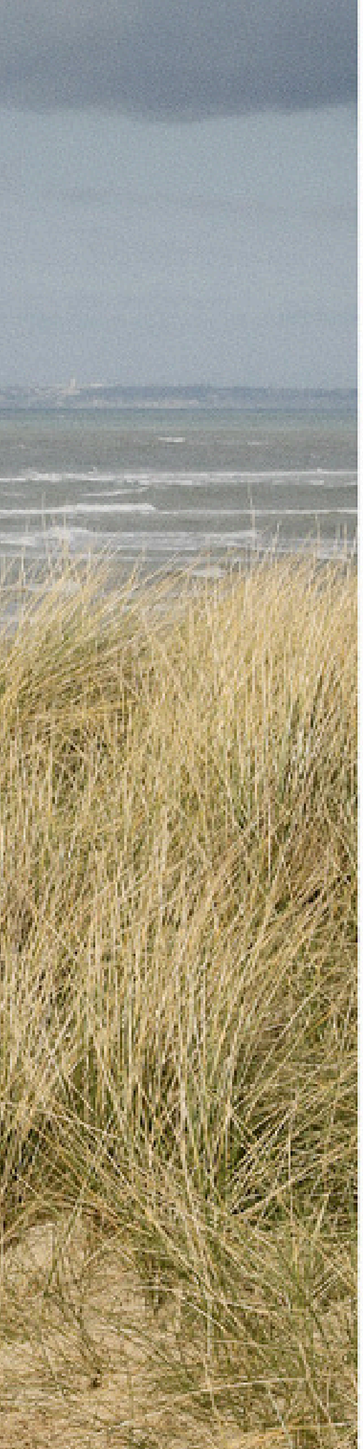
A dog makes your life happier. Adopt.

representative sample

representative sample
no ‘pet-lover’ effect

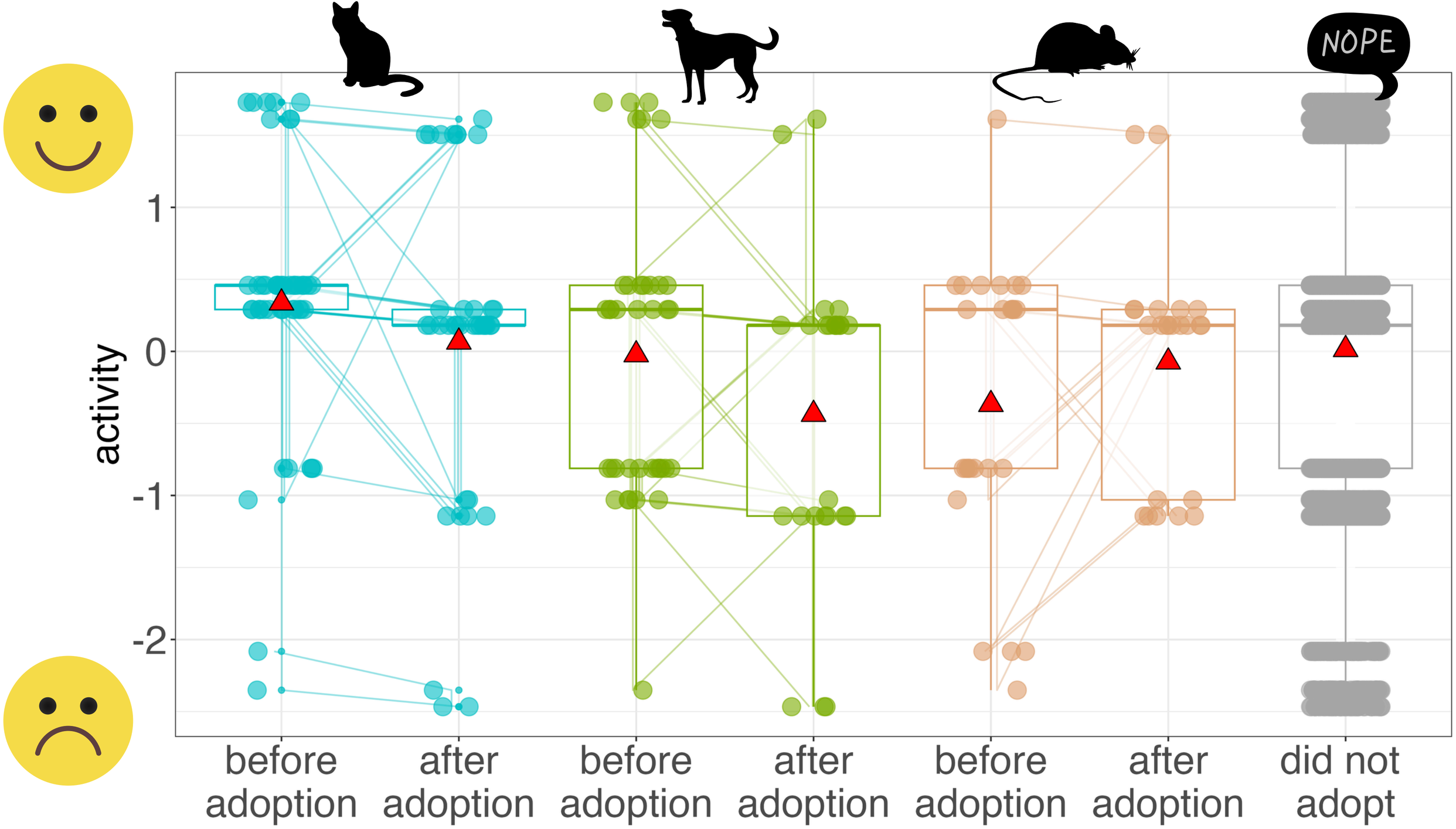
happy?

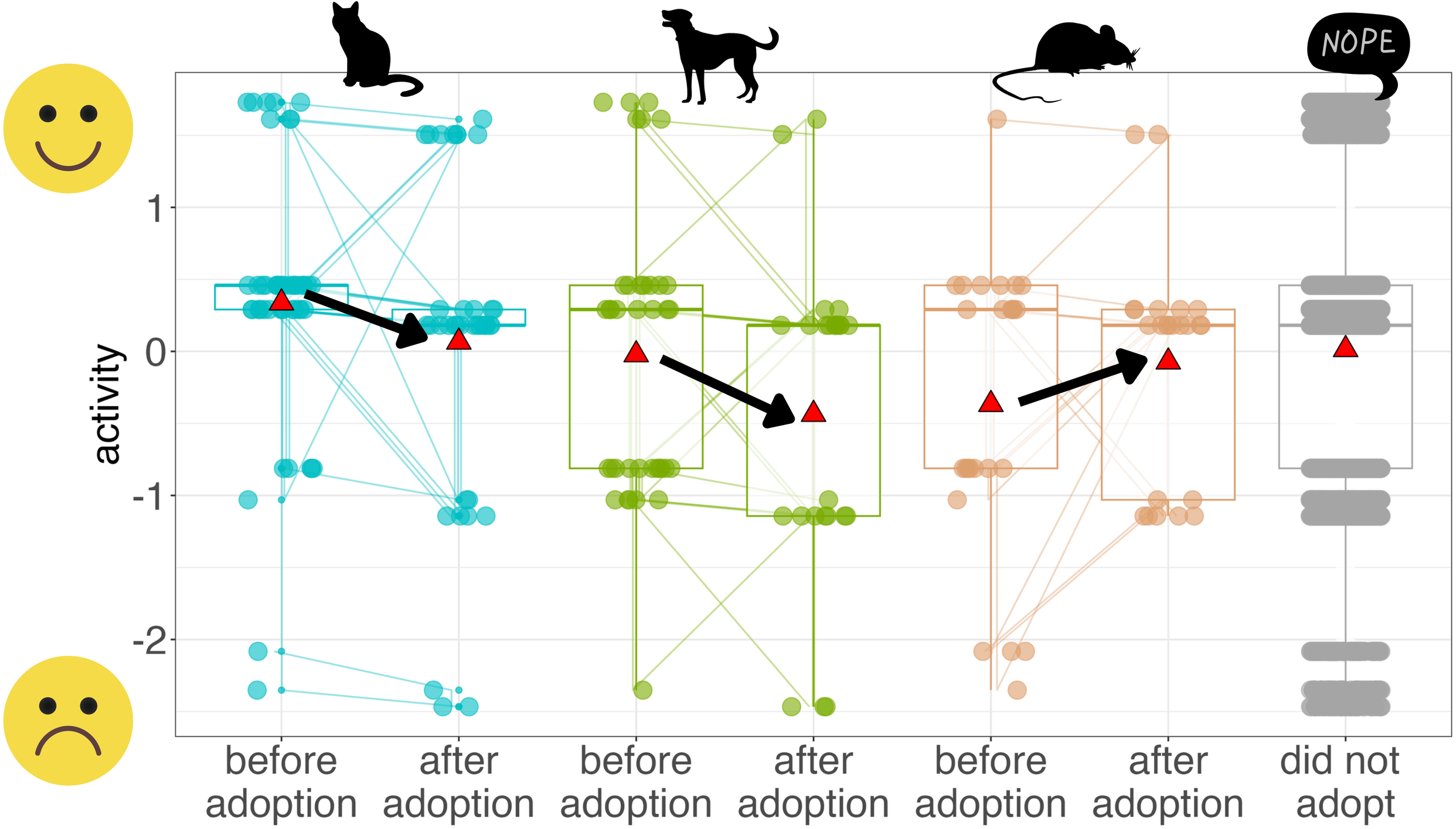

4
2
0
-2
cheerfulness
right before adoption
right after adoption

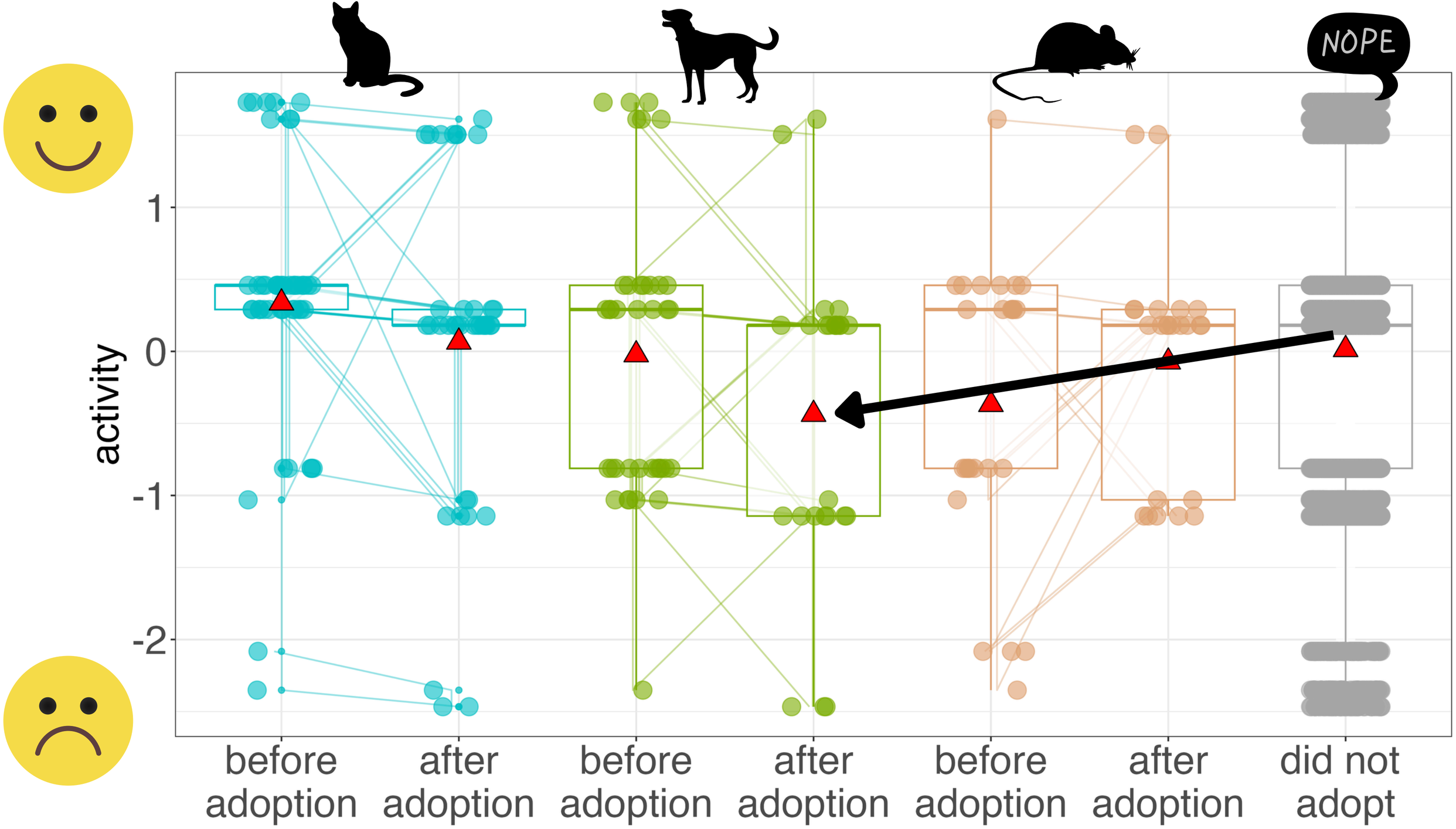


For a short time
A dog makes your life happier. Adopt.

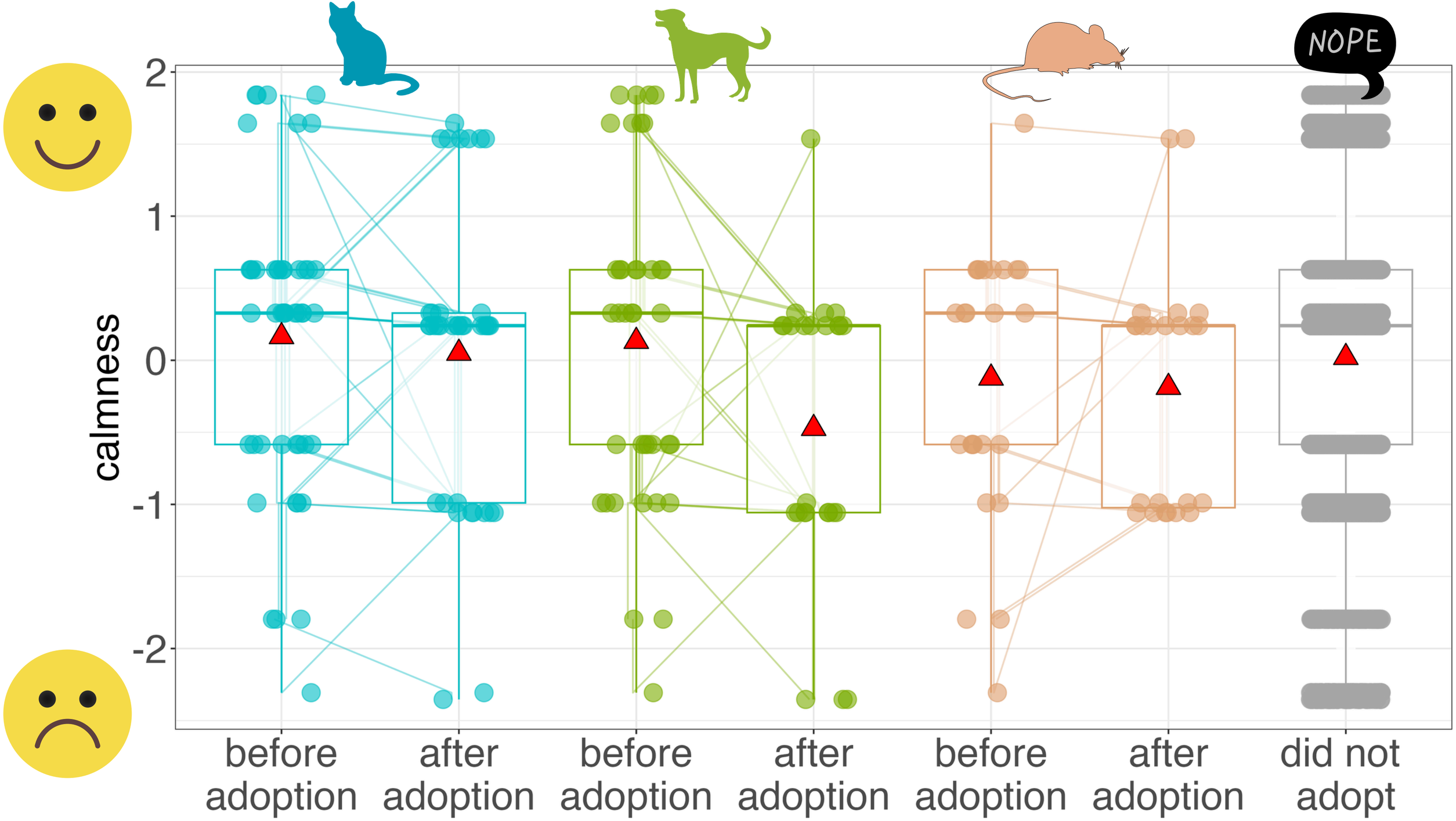
active?

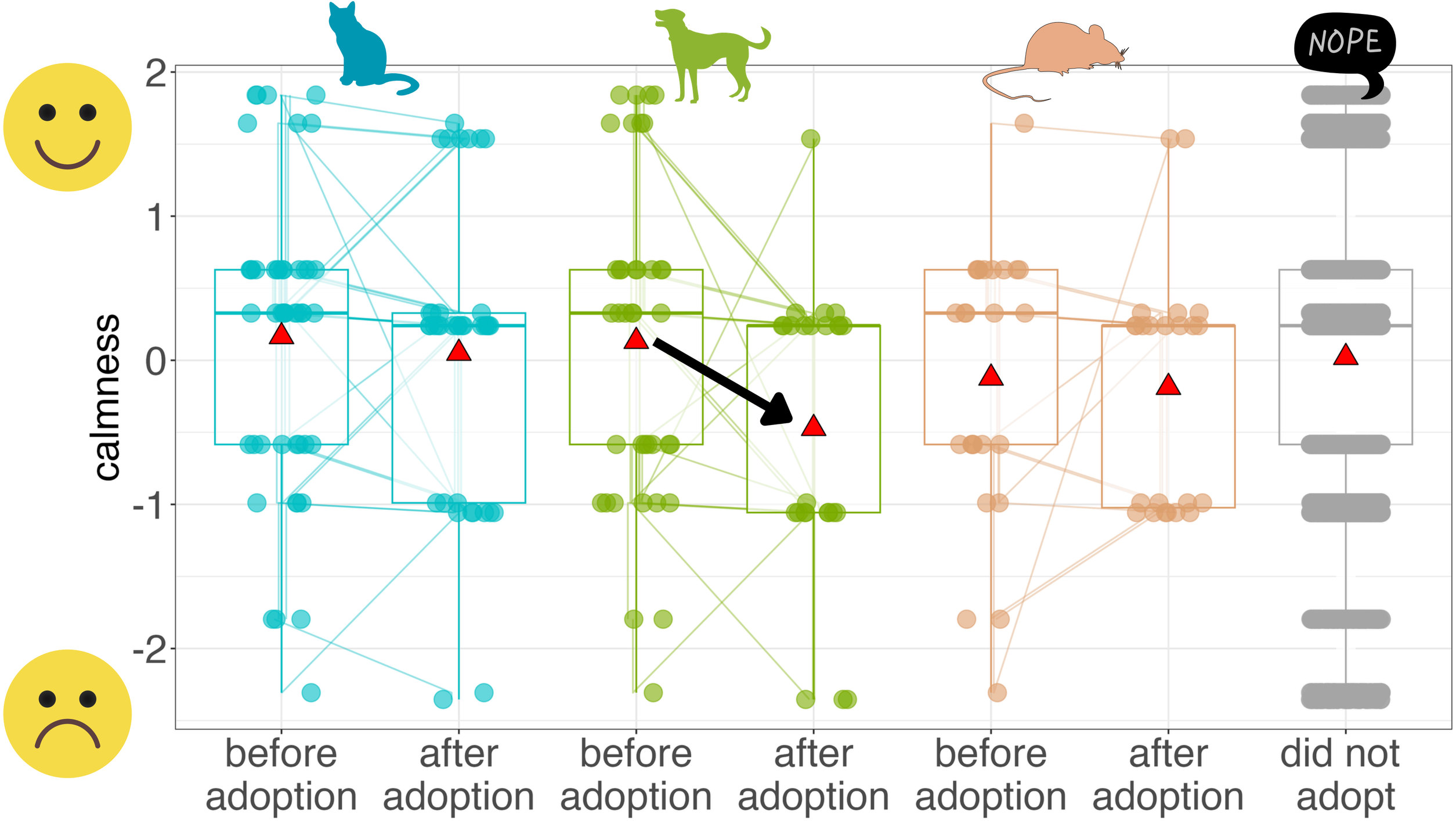

NOPE
activity
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt

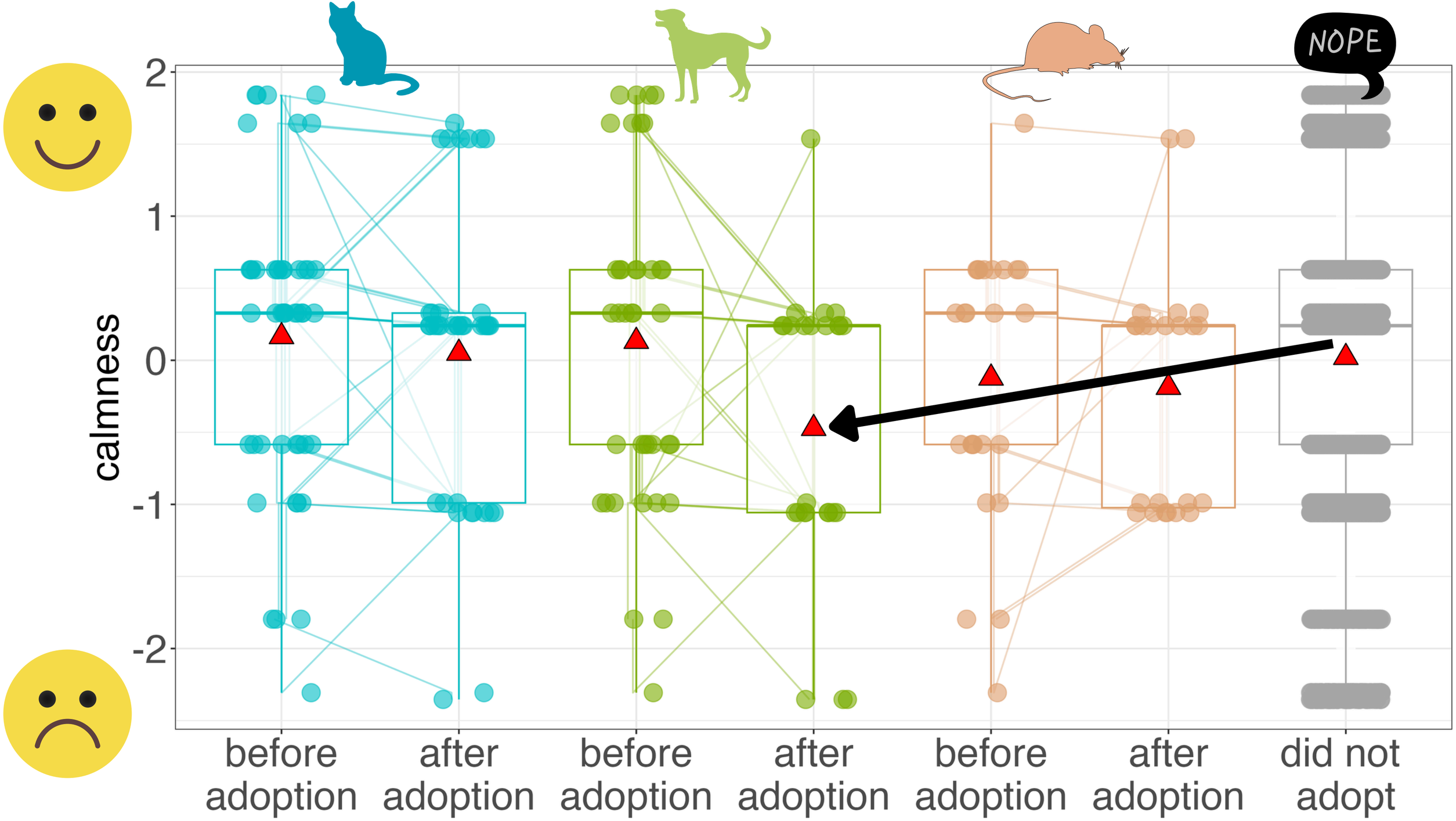

NOPE
activity
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt


NOPE
activity
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt

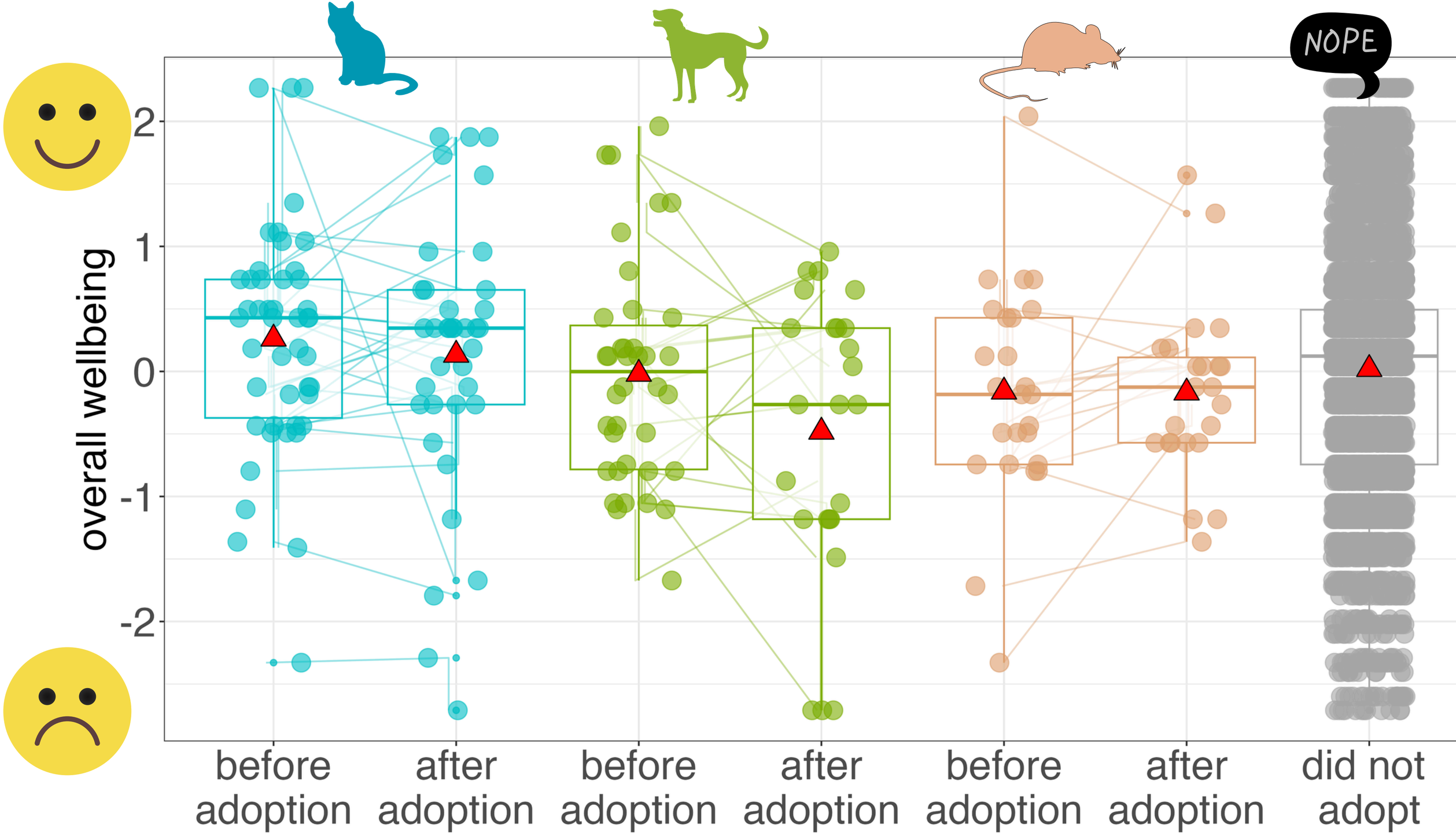
calm?

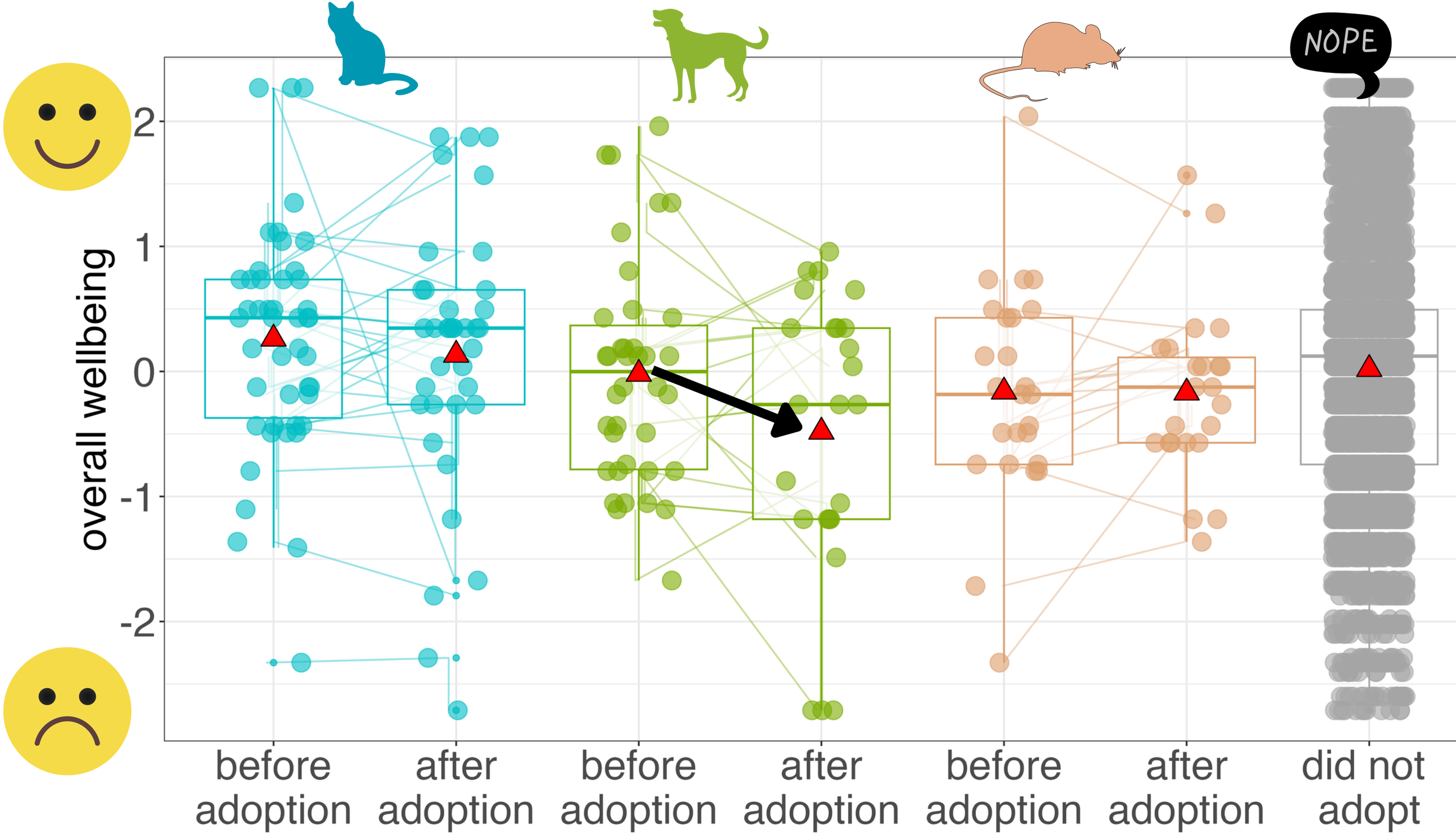

NOPE
calmness
2
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt

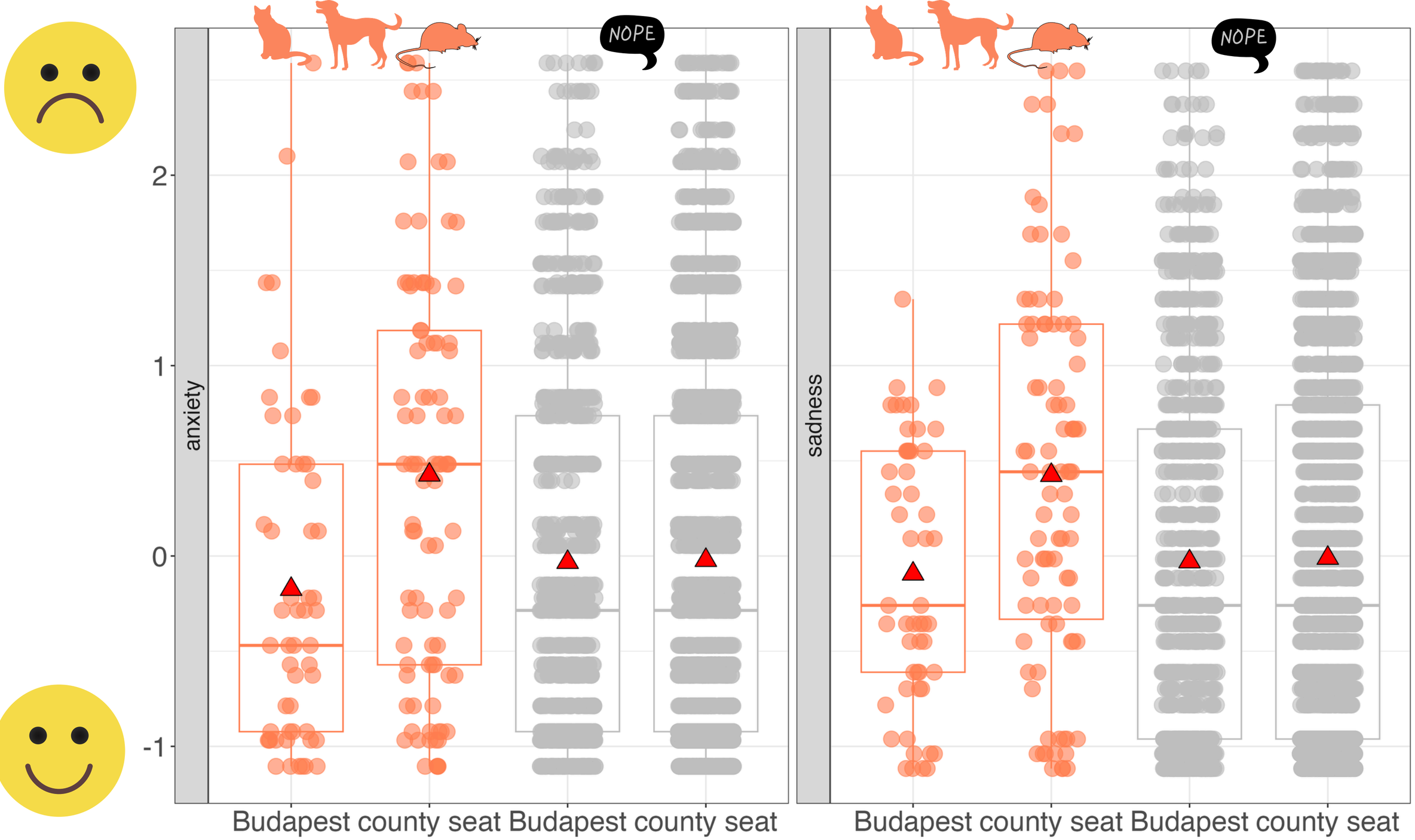

NOPE
calmness
2
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt

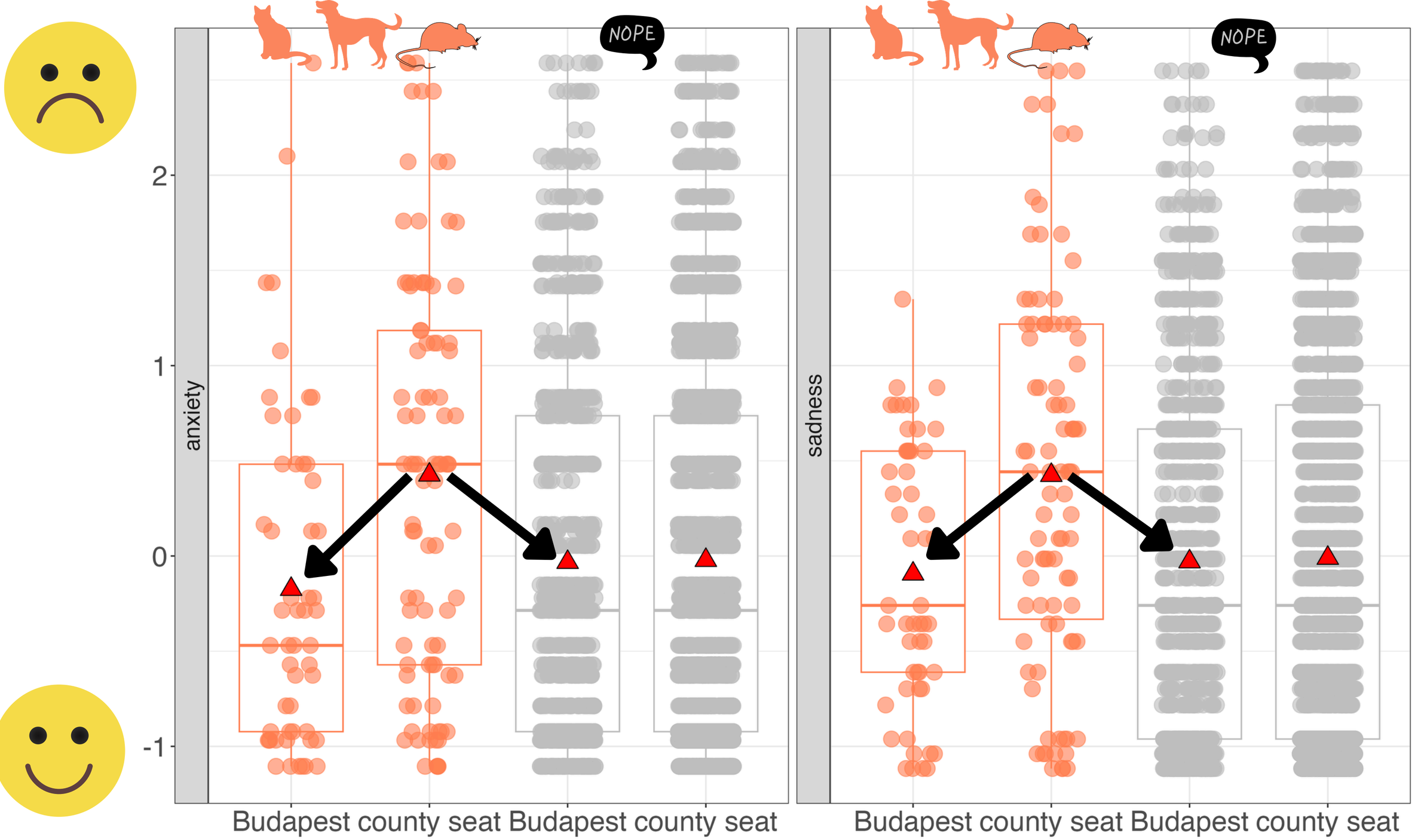

NOPE
calmness
2
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt

good mental well-being?


NOPE
overall wellbeing
2
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt

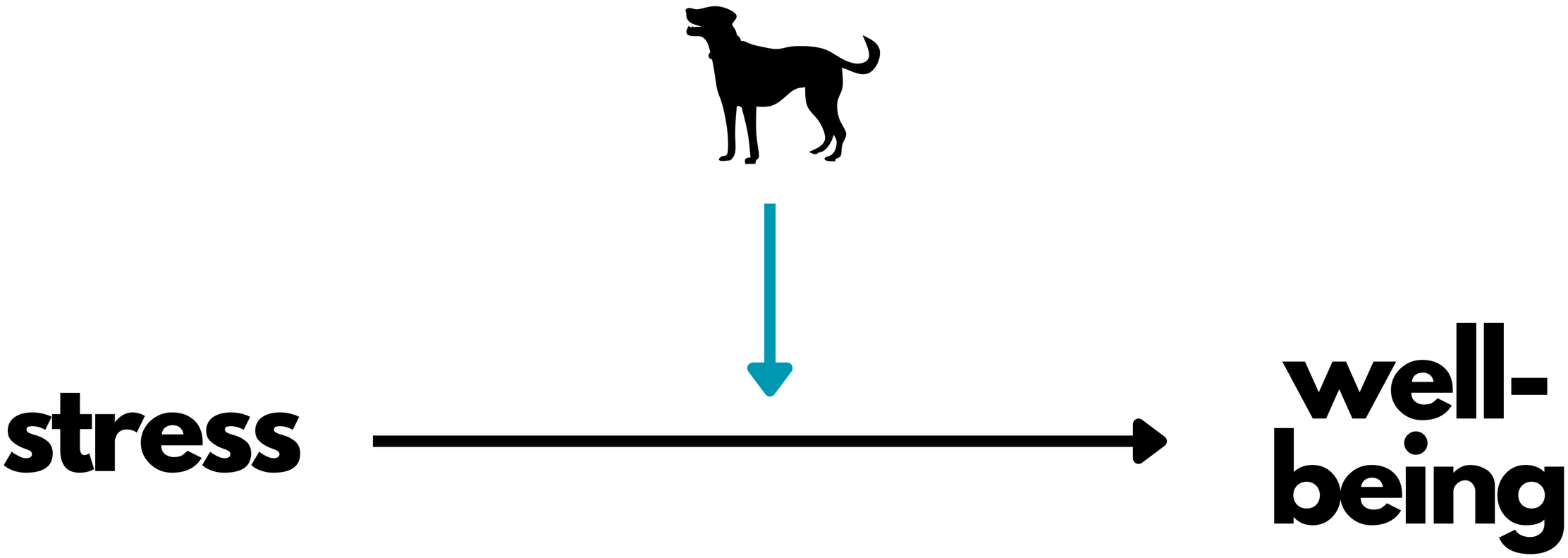

NOPE
overall wellbeing
2
1
0
-1
-2
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt

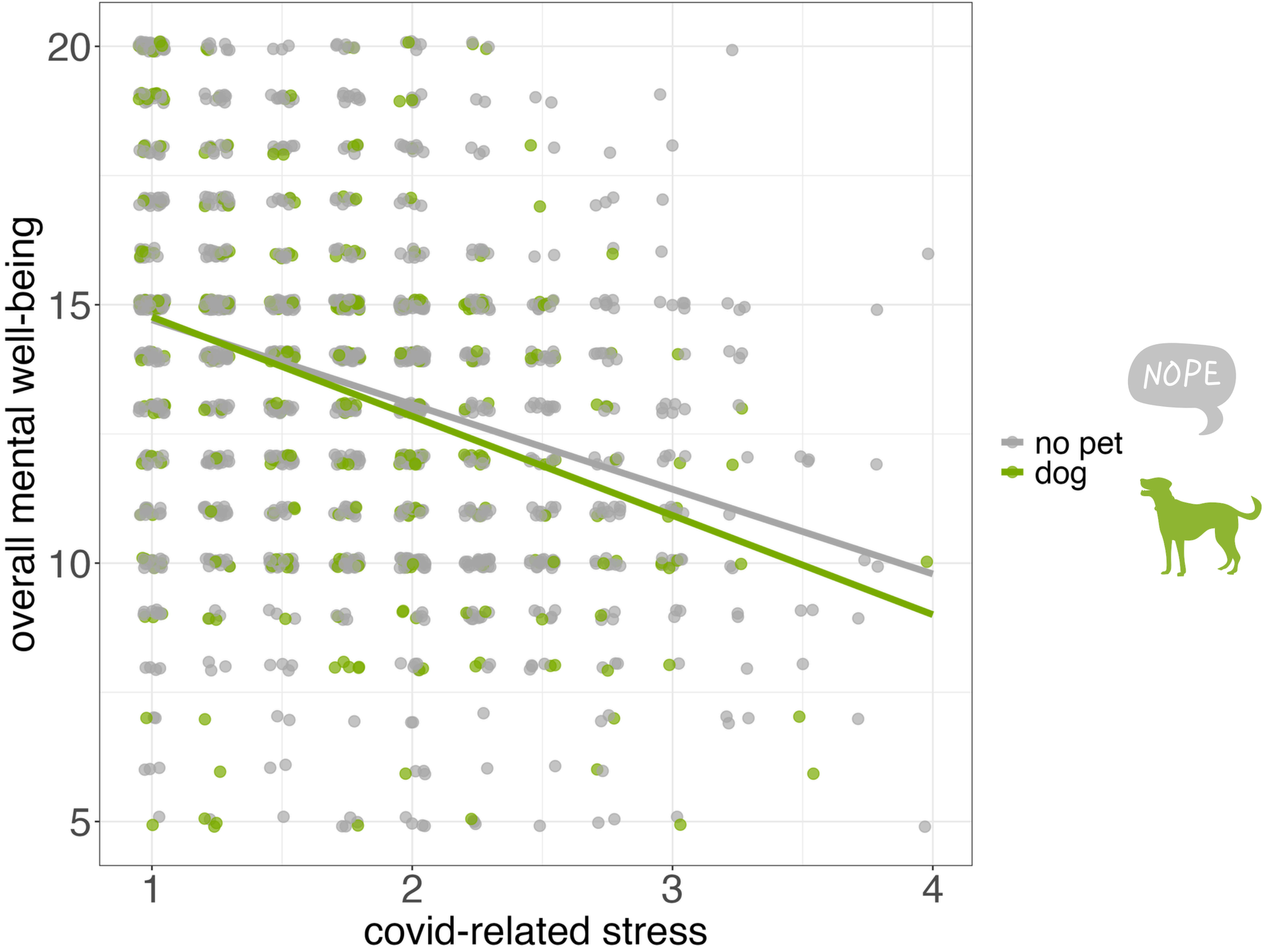

NOPE
NOPE
anxiety
sadness
2
1
0
-1
Budapest county seat
Budapest county seat
Budapest county seat
Budapest county seat


NOPE
NOPE
anxiety
sadness
2
1
0
-1
Budapest county seat
Budapest county seat
Budapest county seat
Budapest county seat

what if you already had a pet?

does your dog protect you?


stress
well-
being


20
15
10
5
overall mental well-being
1
2
3
4
covid-related stress
no pet
dog
NOPE

why?

Mészöly Ágnes
Molnár T. Eszter
Csillagmajor
AZ EMBERÉK ORSZÁGA
KATANALITT MONNAT
LÁZÁR ERVIN
LÁZÁR ERVIN
Selincro

Pedigree
When your kids leave home, replace them.
PEDIGREE
CHILD REPLACEMENT PROGRAMME

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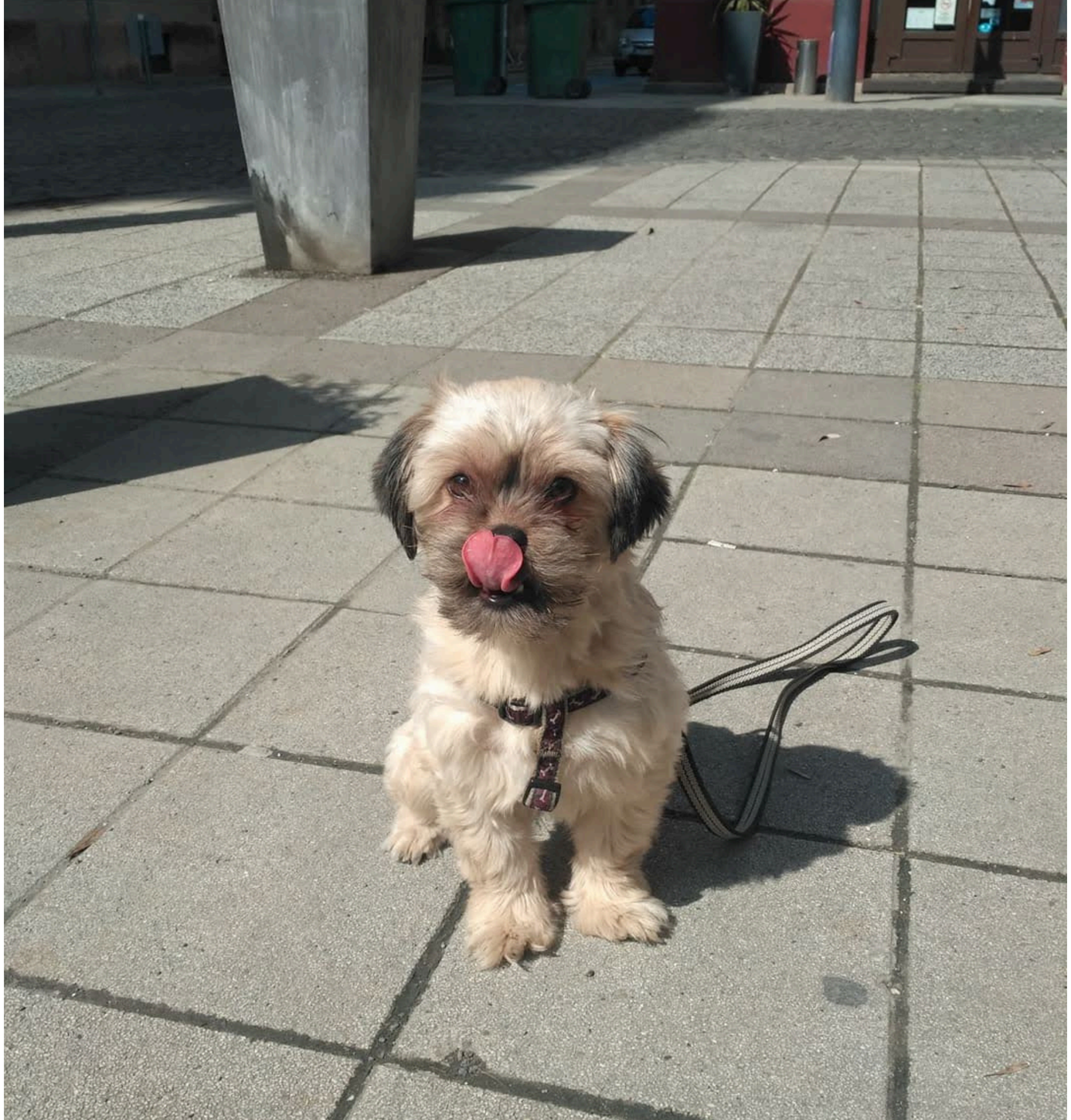
ONLINE IS!
decathlon.hu

thank you for your attention! questions?

JUDIT MOKOS
MOKJUD@GMAIL.COM

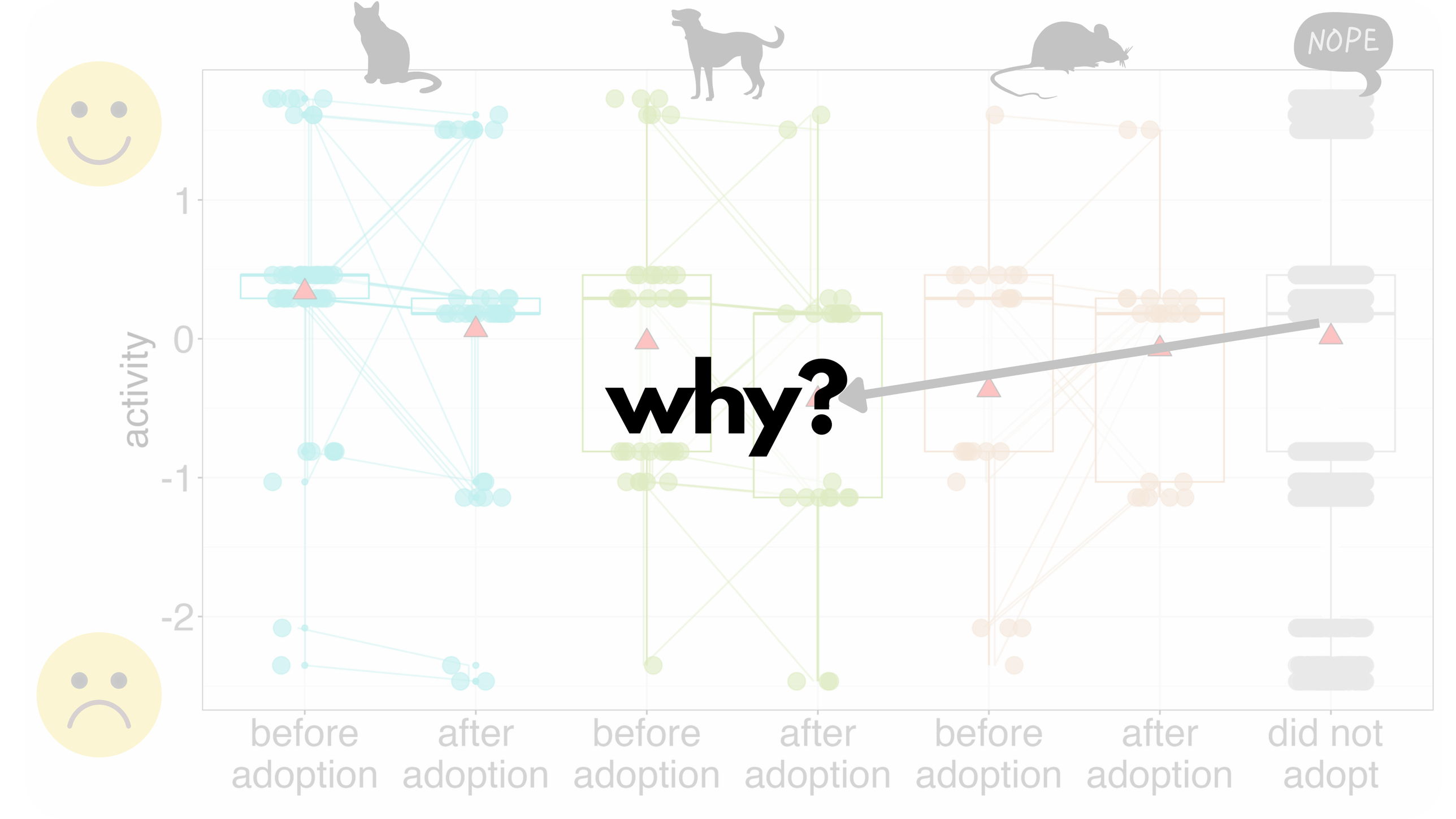
When your kids
leave home,
replace them.
Pedigree
PEDIGREE®
CHILD REPLACEMENT
PROGRAMME

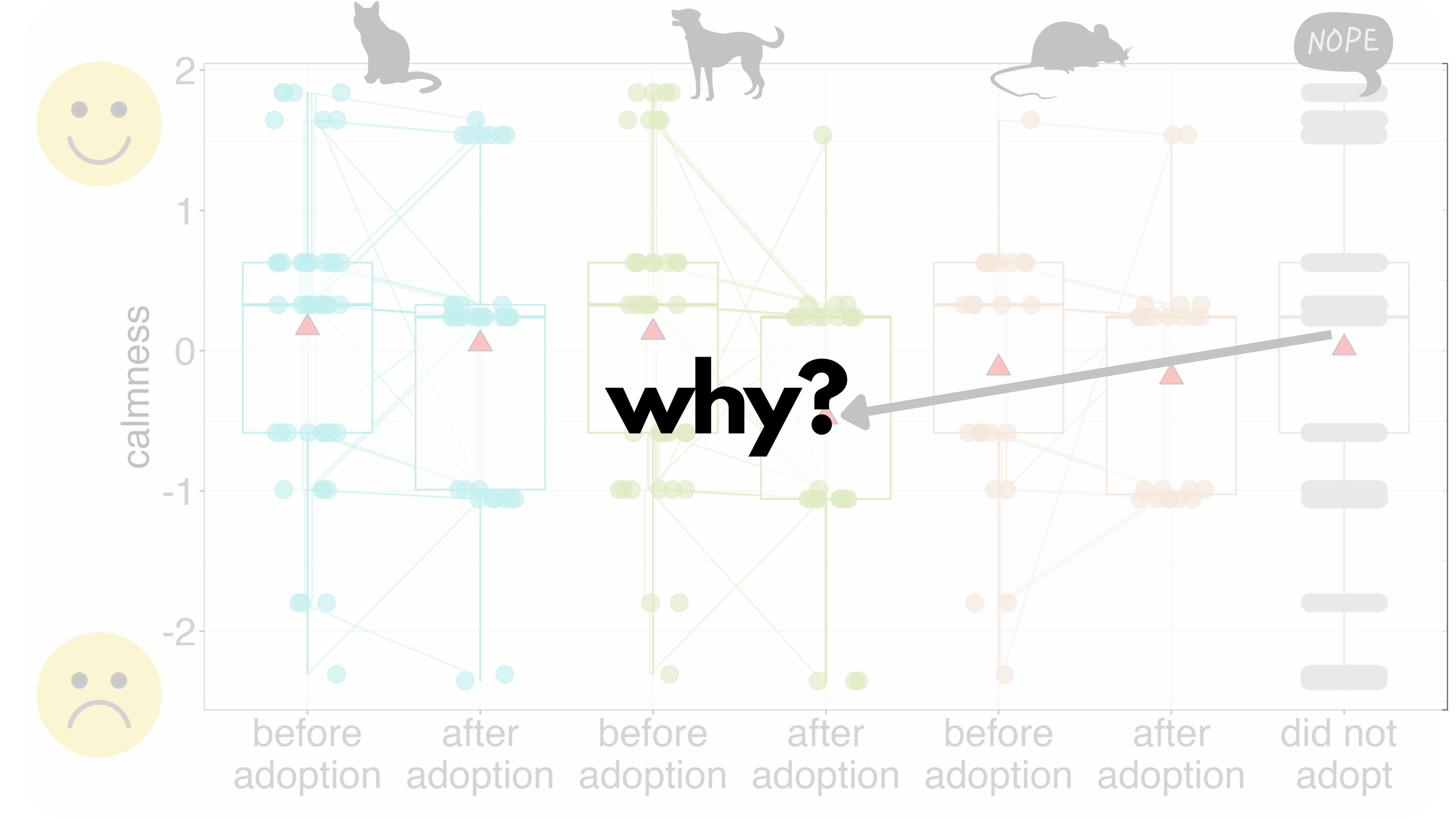


mental well-being

Over the past week, I have felt ...

active
calm
fresh and rested
cheerful
my life is filled with interesting things


NOPE
activity
1
0
-1
-2
why?
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt


NOPE
2
1
0
-1
-2
calmness
why?
before adoption
after adoption
before adoption
after adoption
before adoption
after adoption
did not adopt