

JUDIT MOKOS

DOROTTYA UJFALUSSY

IVAYLO B. IOTCHEV

ÁDÁM MIKLÓSI

BORBÁLA PAKSI

ZSOLT DEMETROVICS

RÓBERT URBÁN

ENIKO KUBINYI

was it a good idea to adopt a pet during the pandemic?

THE RELATIONSHIP BETWEEN ADOPTING A PET AND THE NEW OWNER'S
WELL-BEING

**was it a good idea
to adopt a pet
during the
pandemic?**

**was it a good idea
to adopt a pet
during the
pandemic?**

adopting a pet makes you happy

**was it a good idea
to adopt a pet
during the
pandemic?**

**adopting a pet makes you happy
having a pet does not.**



Pedigree

A dog makes your life happier. Adopt.

A photograph of an elderly man with white hair, wearing a grey cable-knit sweater and dark trousers, standing in a field of tall, golden-yellow grass. He is looking out over a vast, choppy sea under a hazy sky. In the lower right foreground, a brown dog sits facing him, looking towards the ocean. The image is framed by a thick black border on the left and top, and a thin white border on the right.

A dog makes your life happier. Adopt.

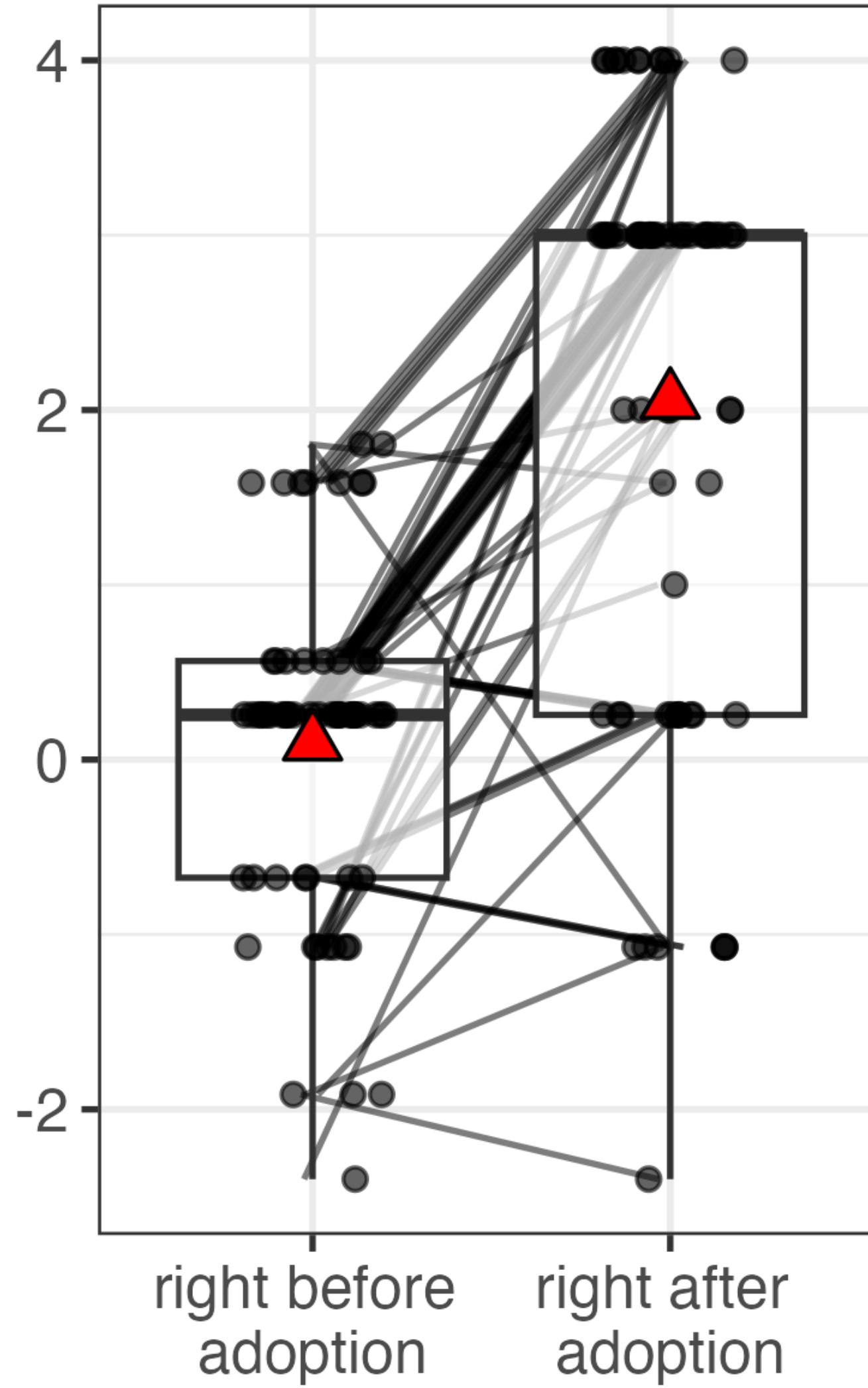
representative sample

**representative sample
no ‘pet-lover’ effect**

happy?



cheerfulness



A photograph of a man and a dog standing in a field of tall, golden-yellow grass. The man, seen from behind, wears a dark grey cable-knit sweater and dark trousers. He stands with his hands in his pockets, looking out over a sandy beach and the ocean. A brown dog sits on the sand to his right, looking back at him. The sky is overcast.

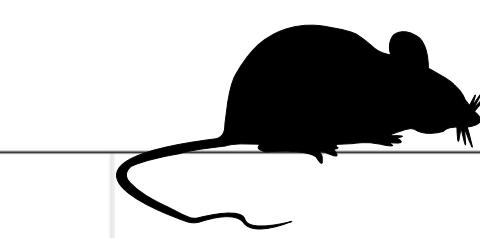
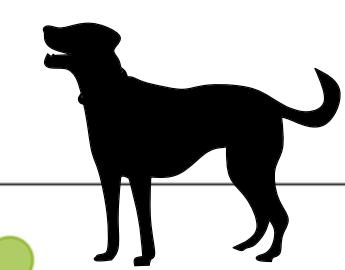
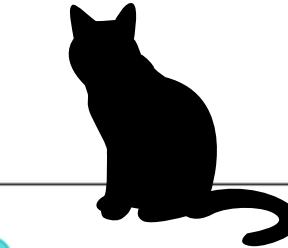
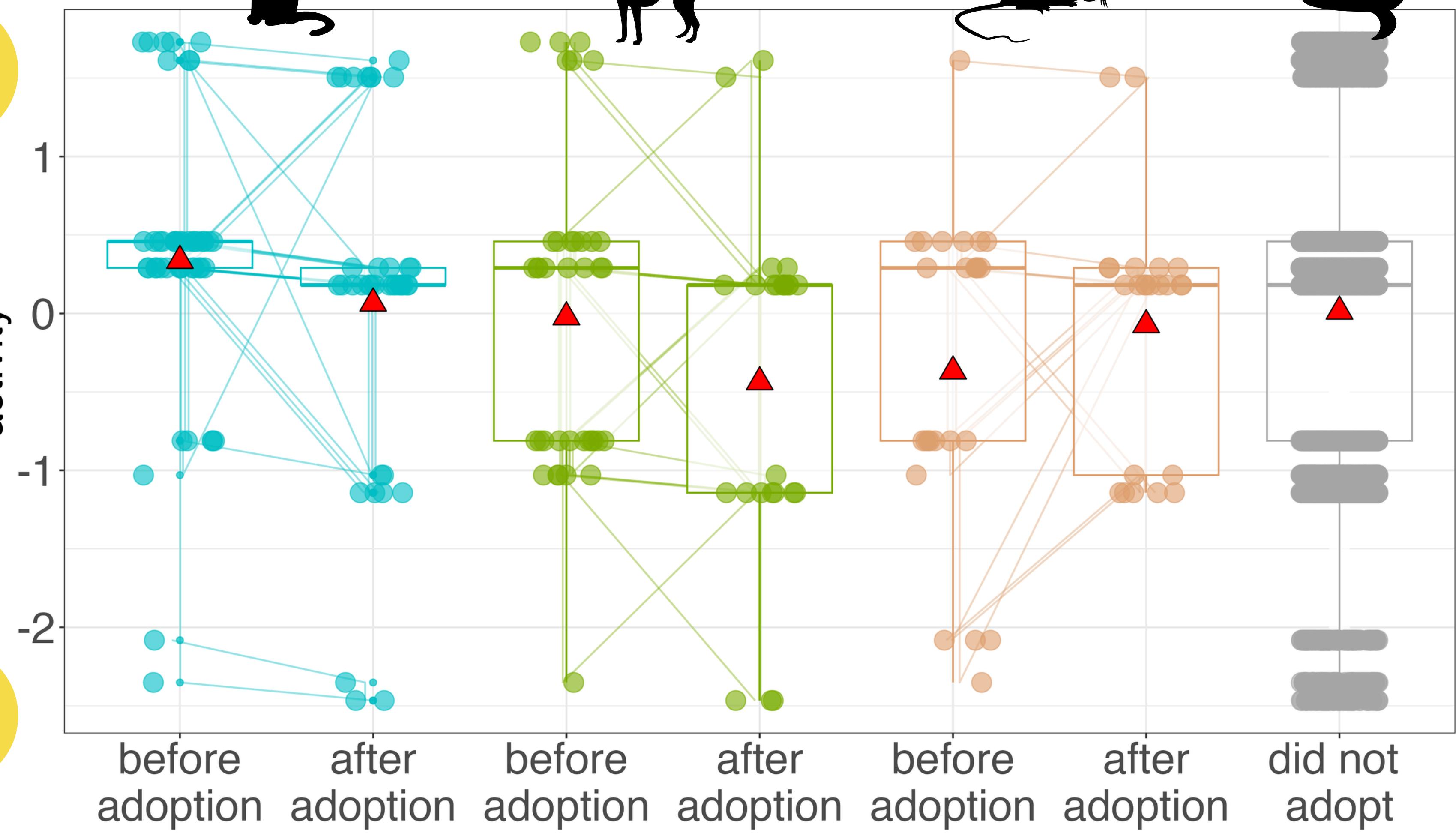
For a short time

A dog makes your life happier. Adopt.

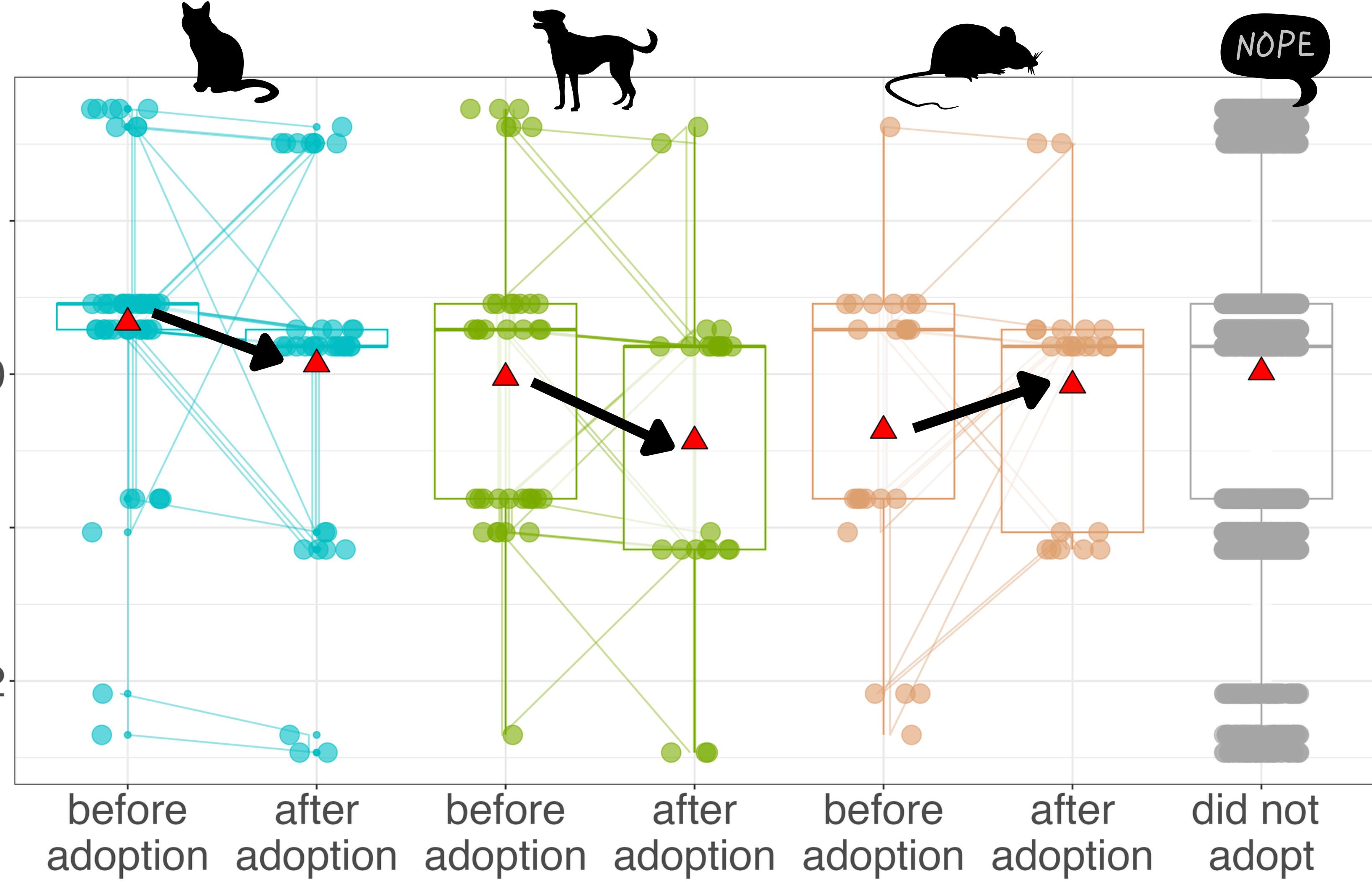
active?

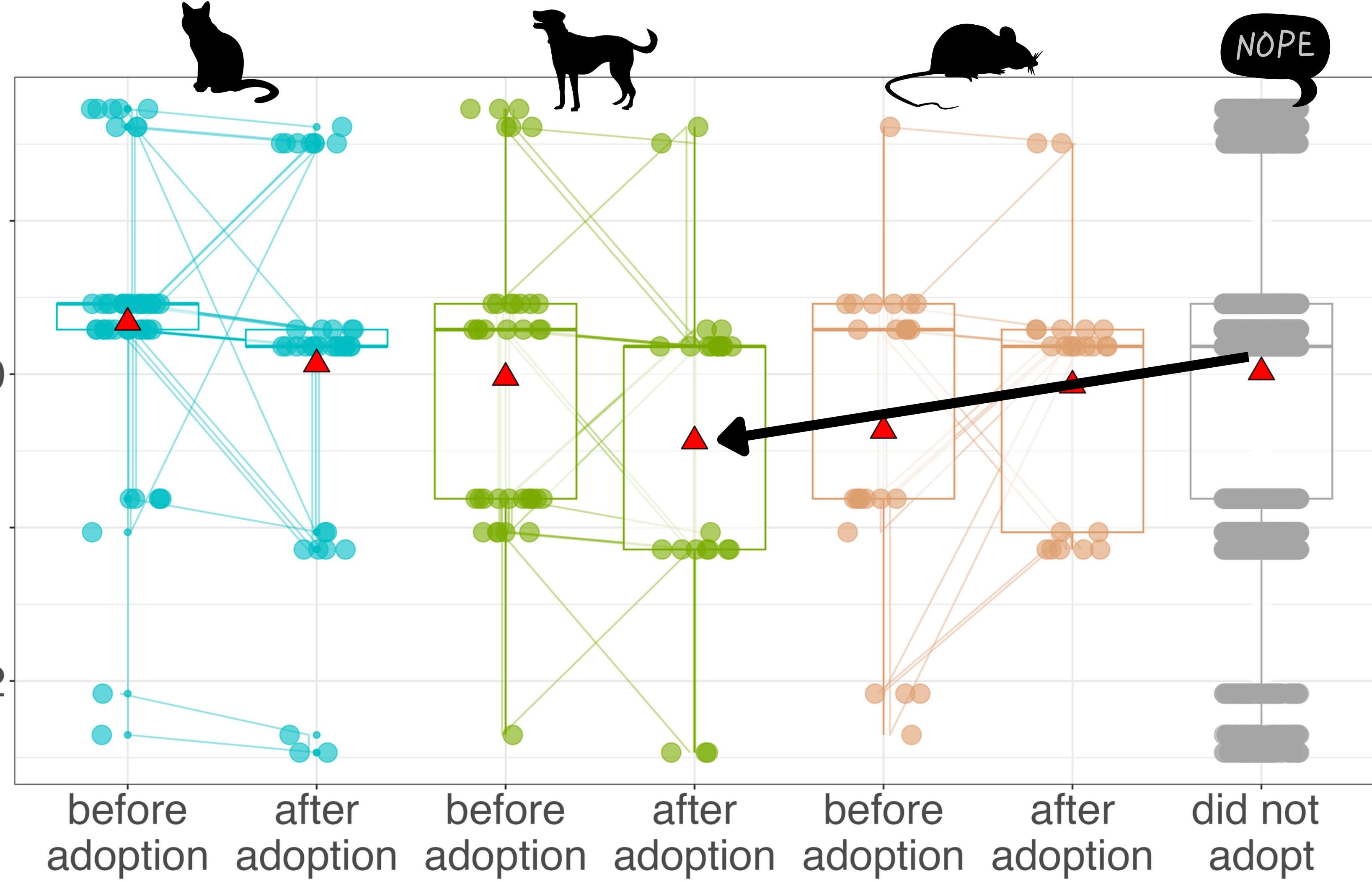


activity

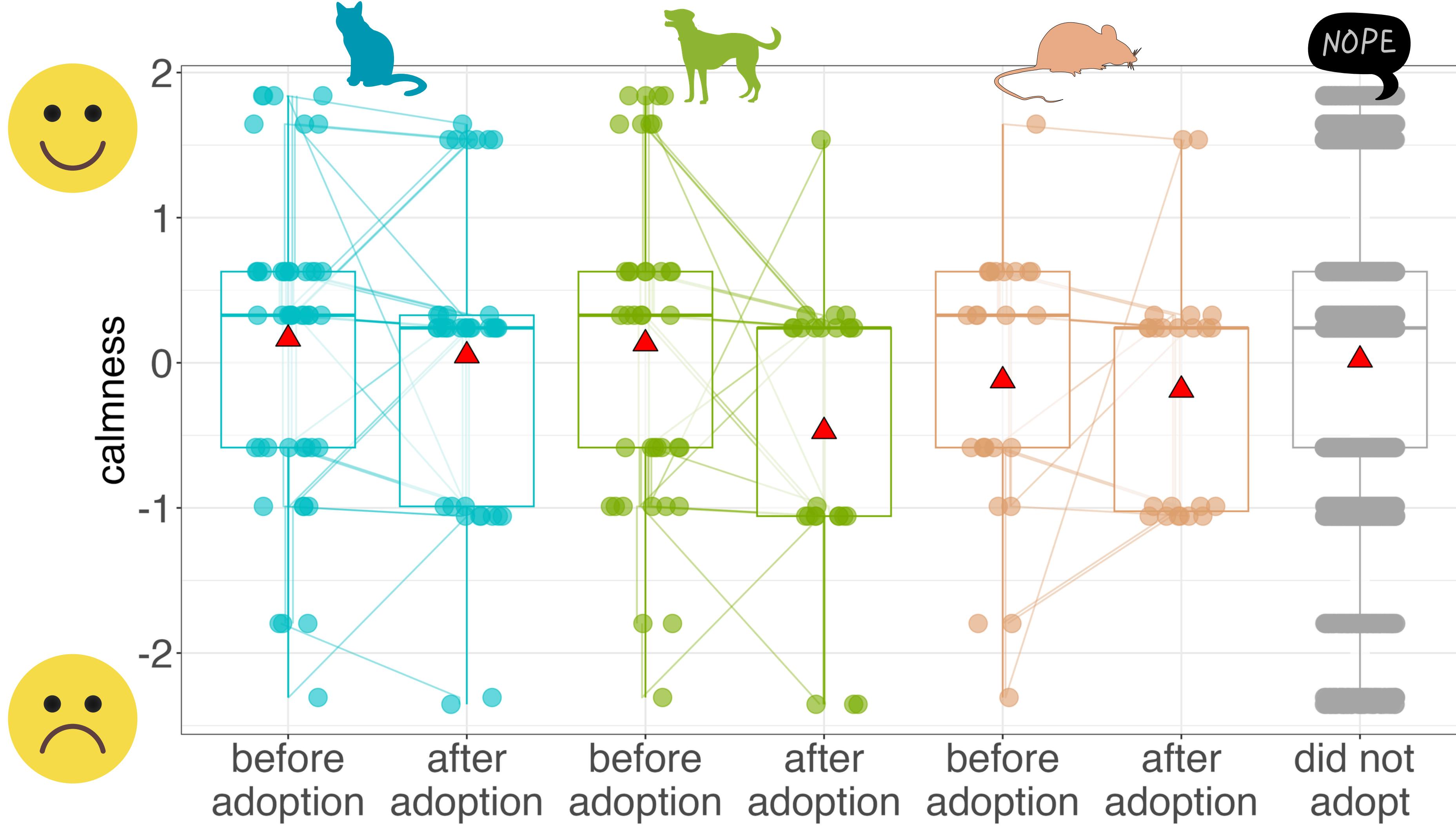


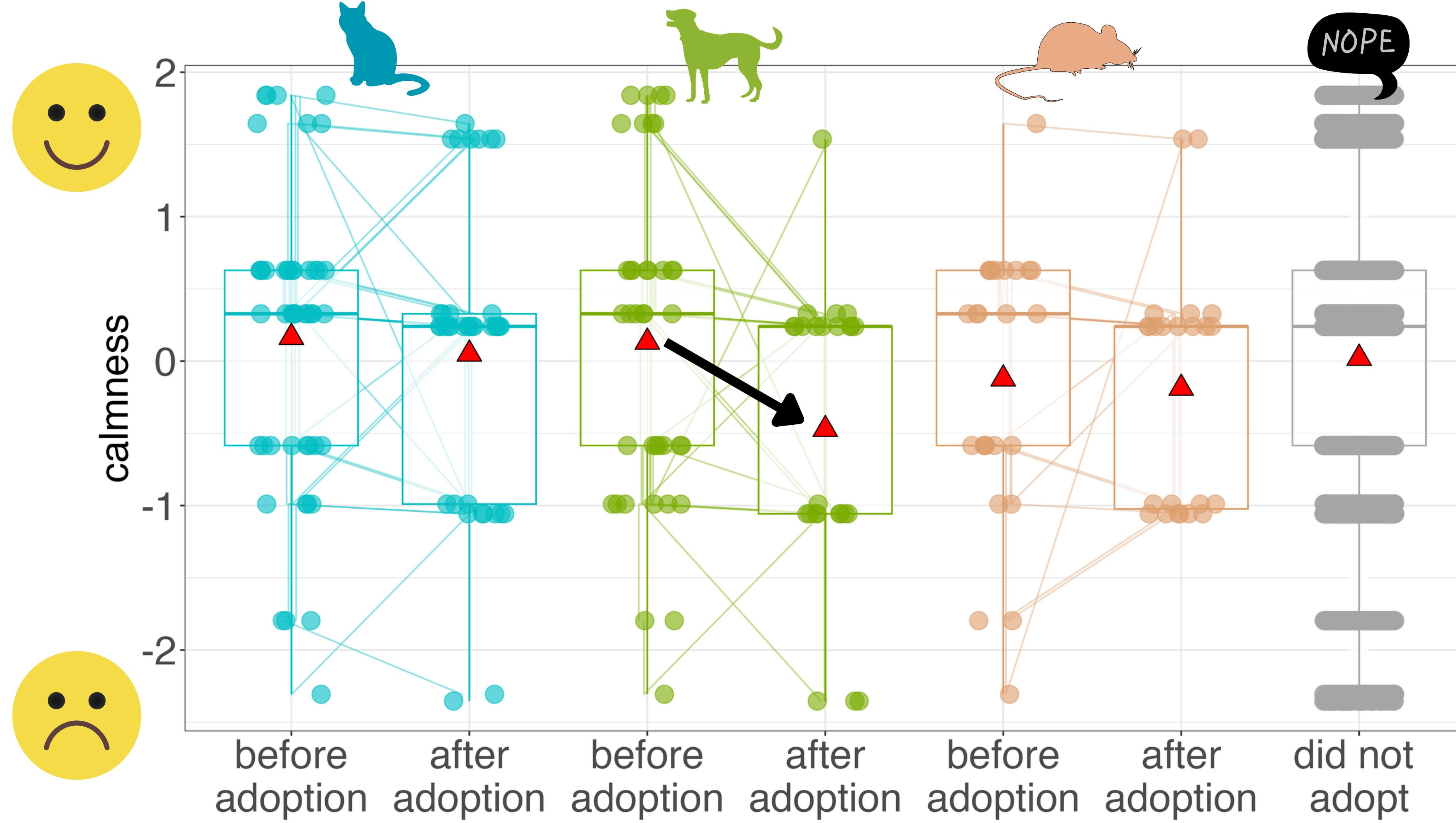
NOPE

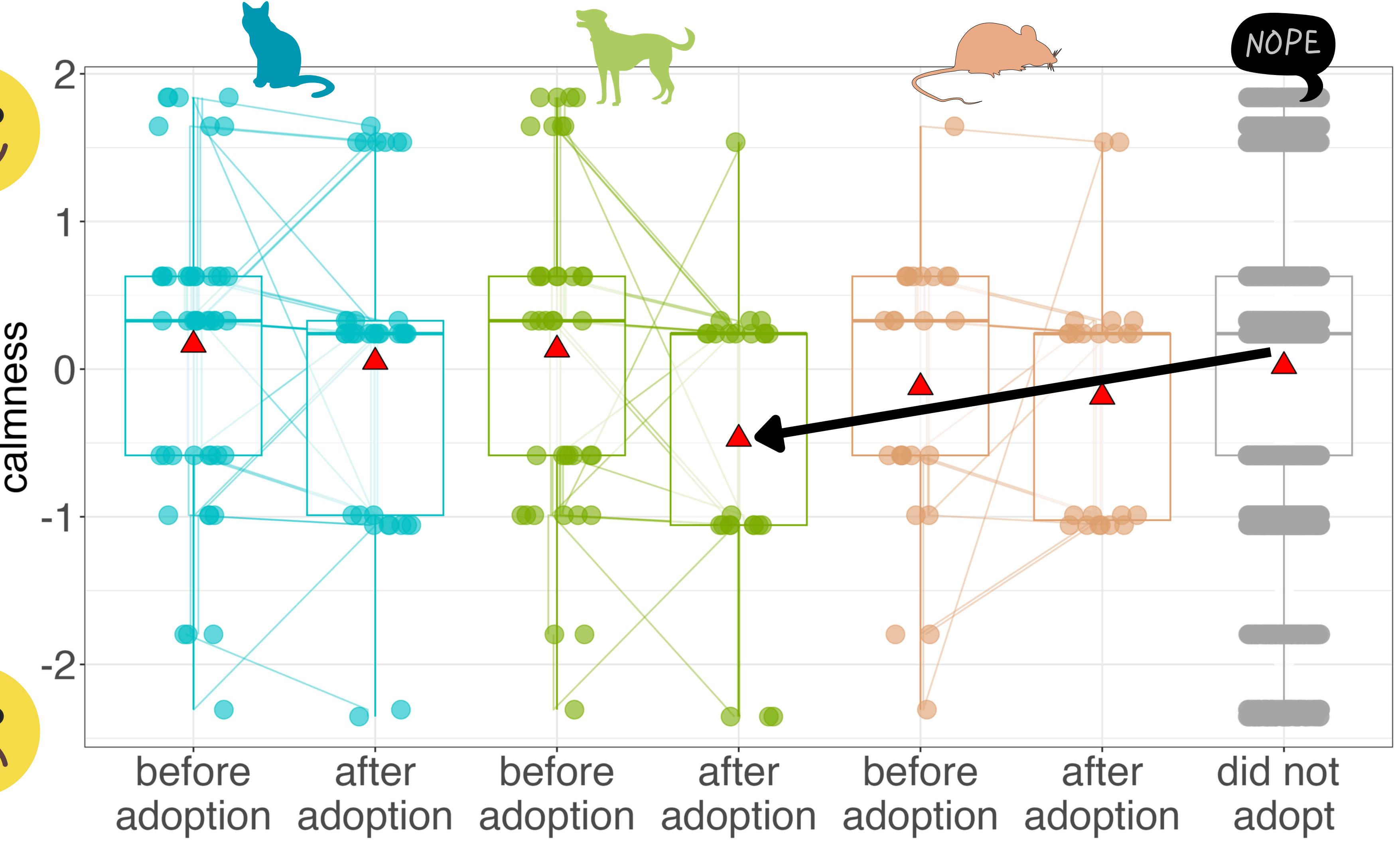




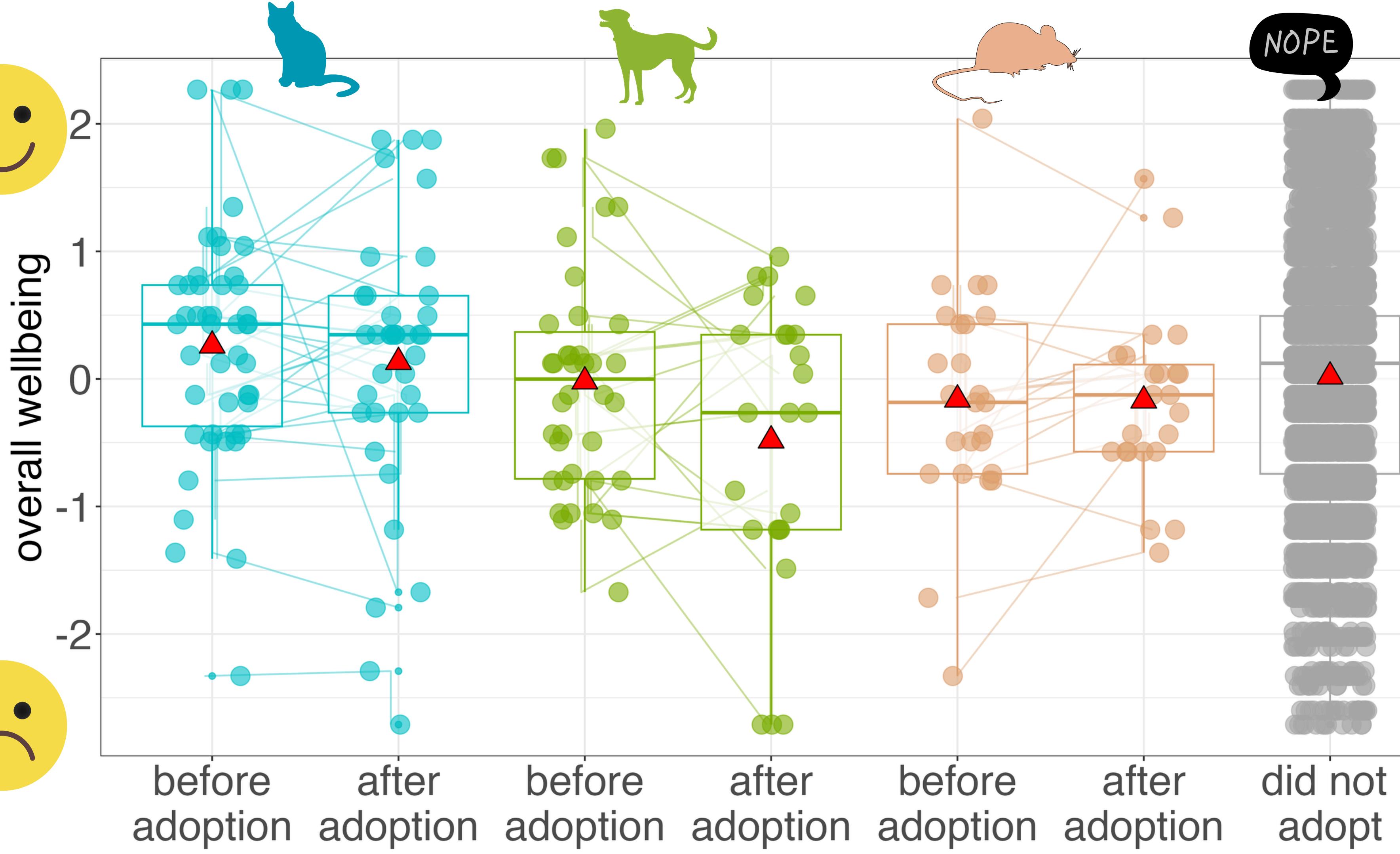
calm?



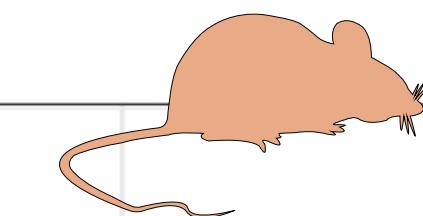
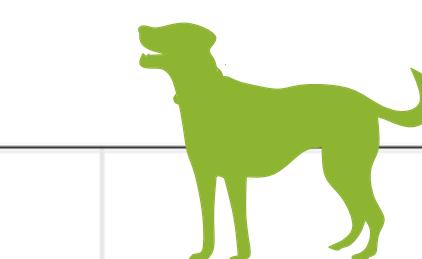
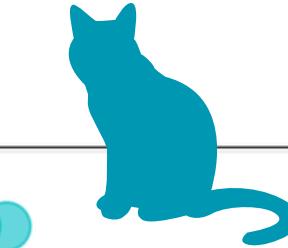
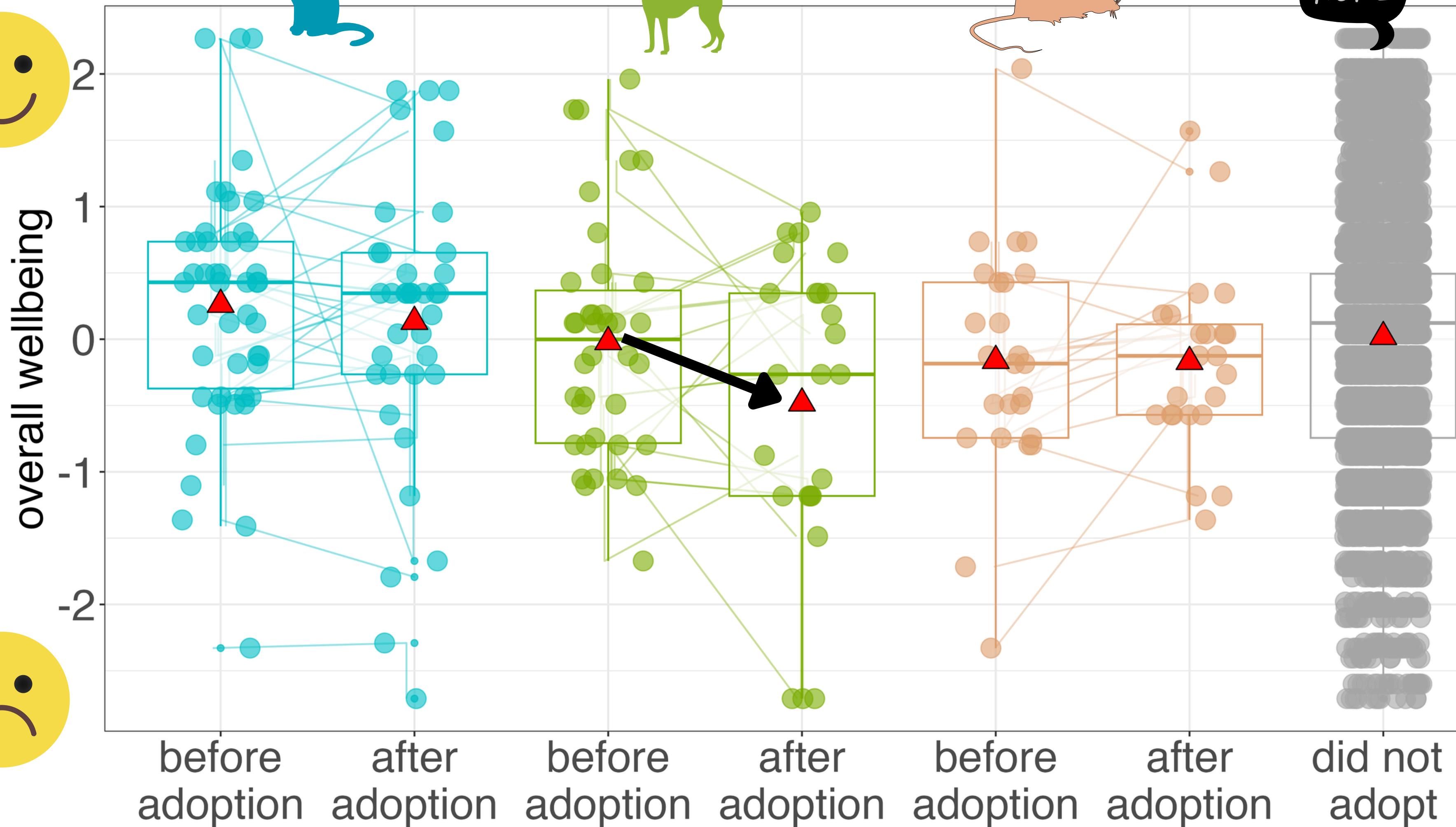




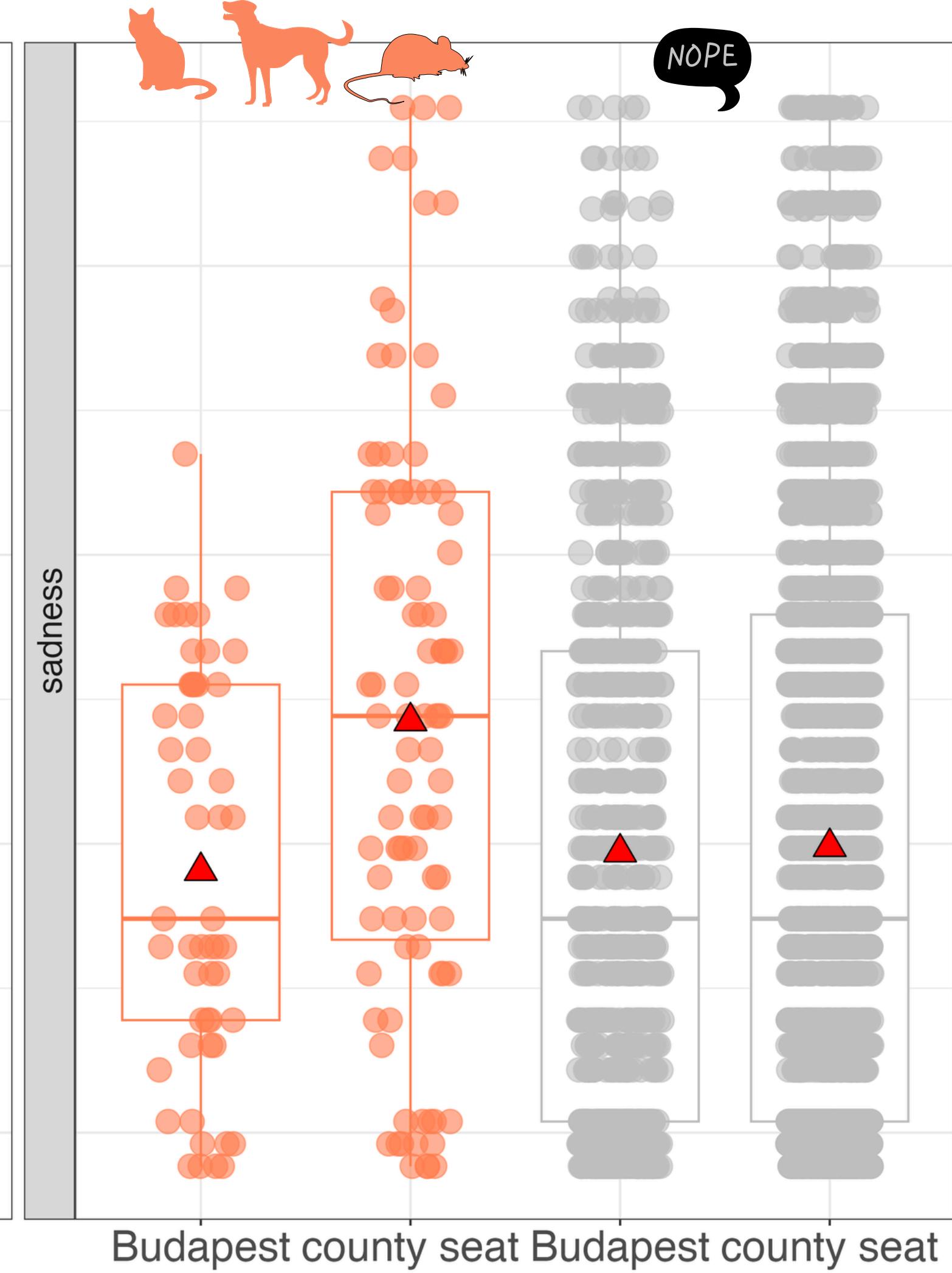
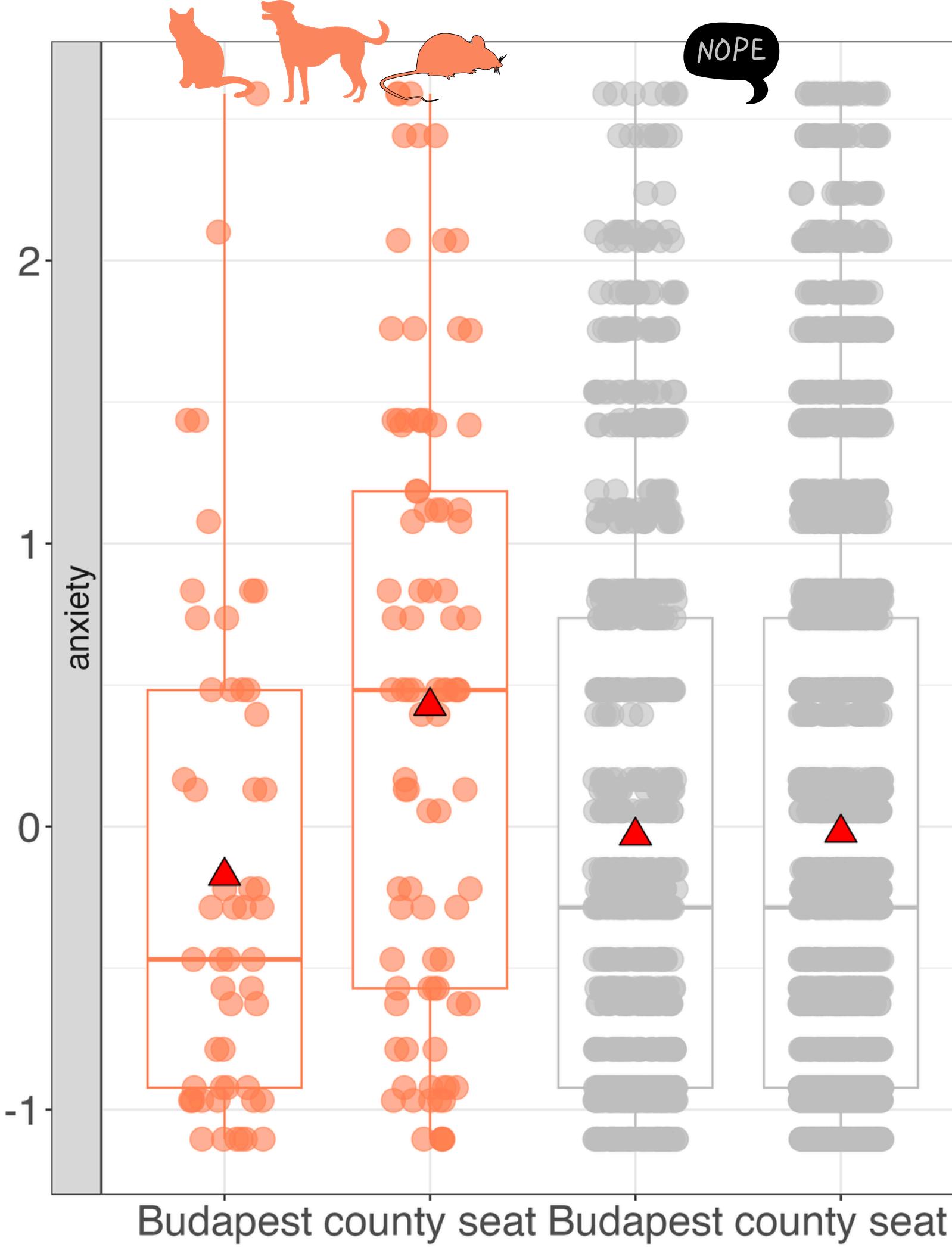
good mental well-being?

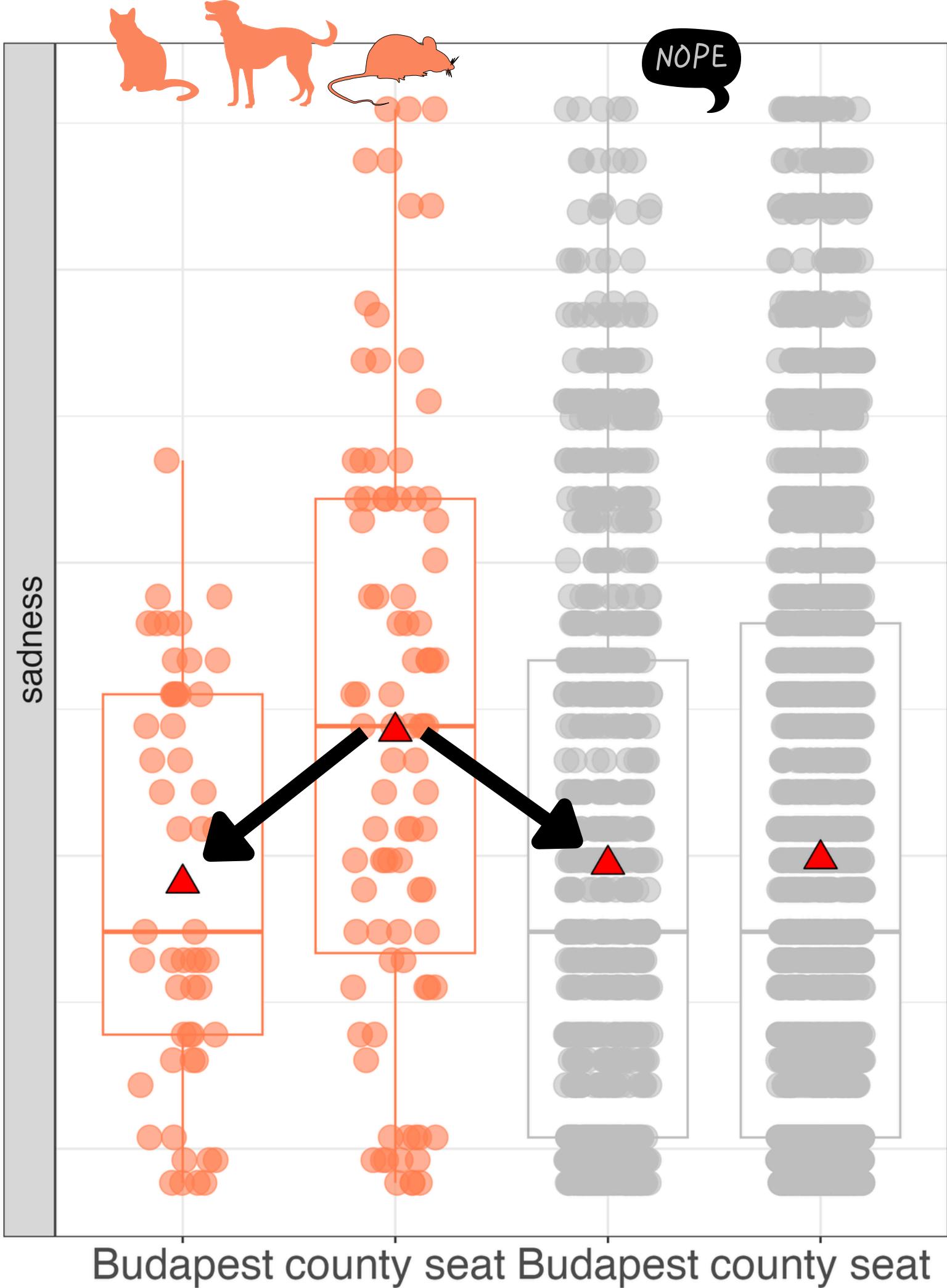
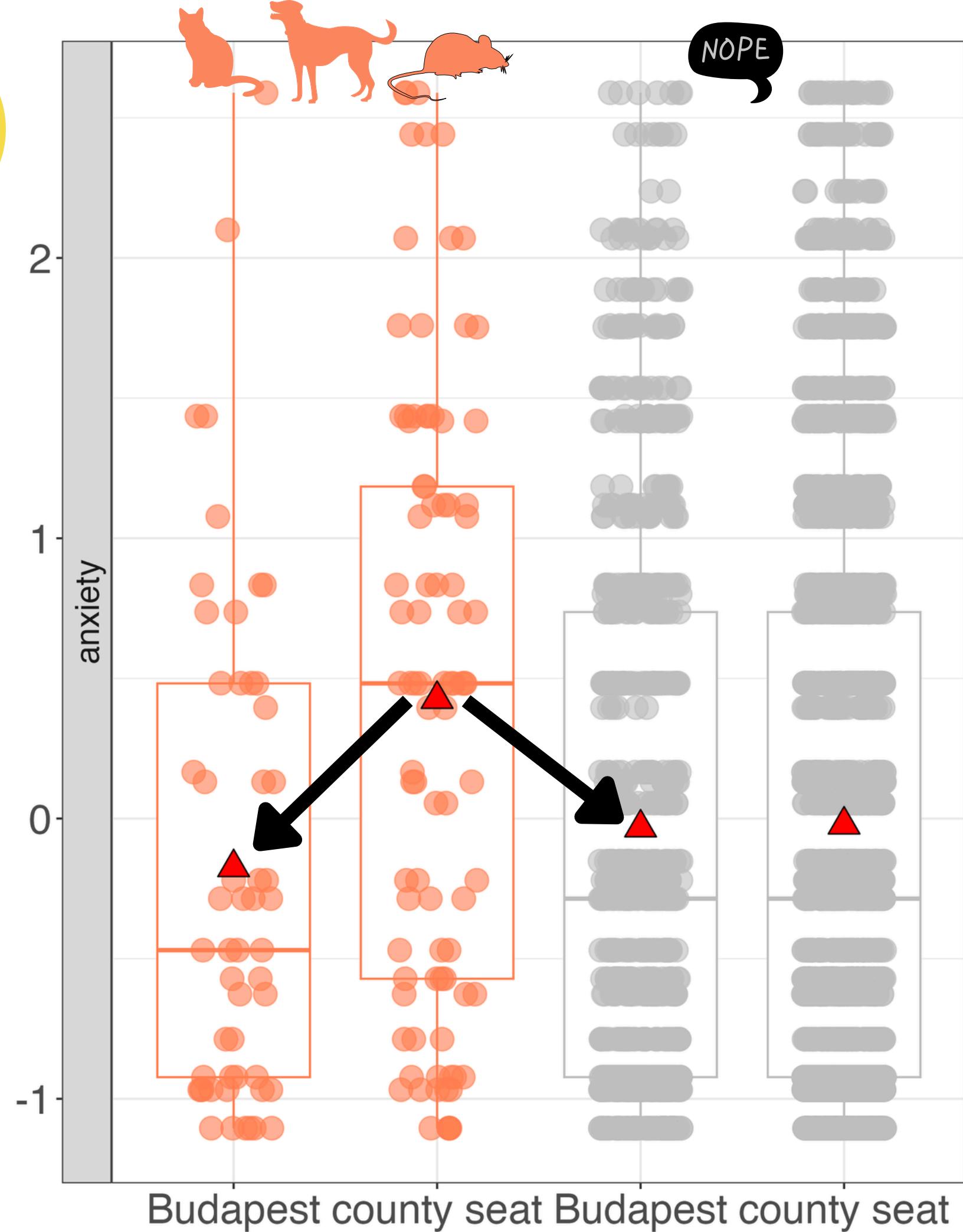


NOPE



NOPE

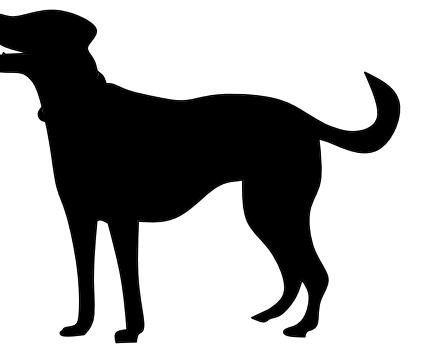




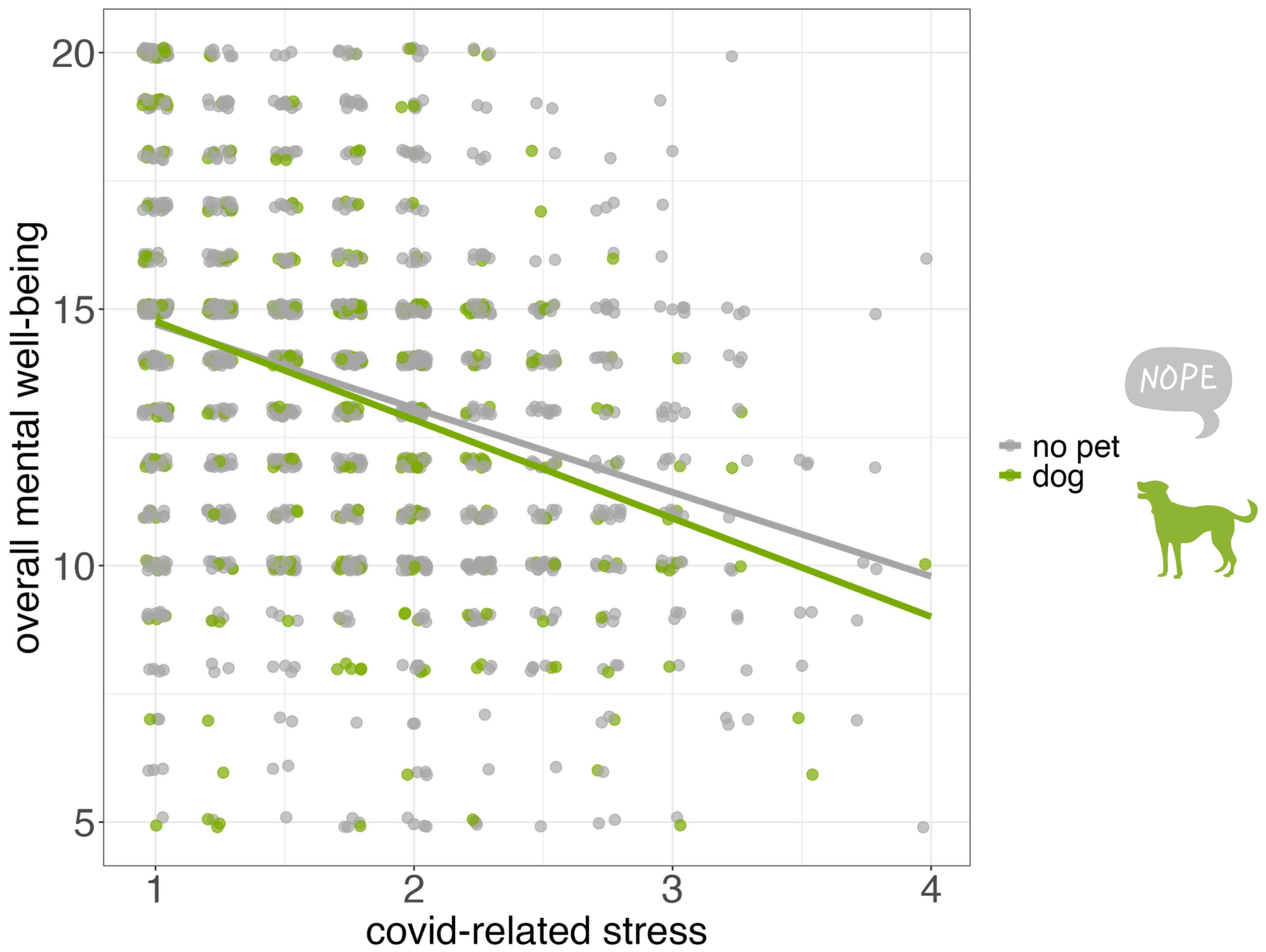
what if you already had a pet?

does your dog protect you?

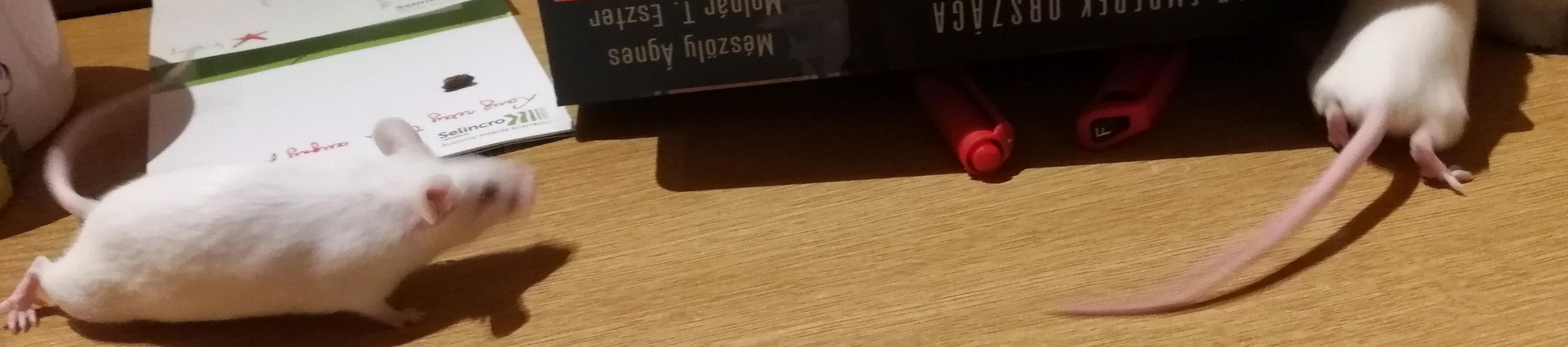
stress



**well-
being**



why?





When your kids
leave home,
replace them.

PEDIGREE®
CHILD REPLACEMENT
PROGRAMME



**thank you
for your
attention!
questions?**

JUDIT MOKOS
MOKJUD@GMAIL.COM

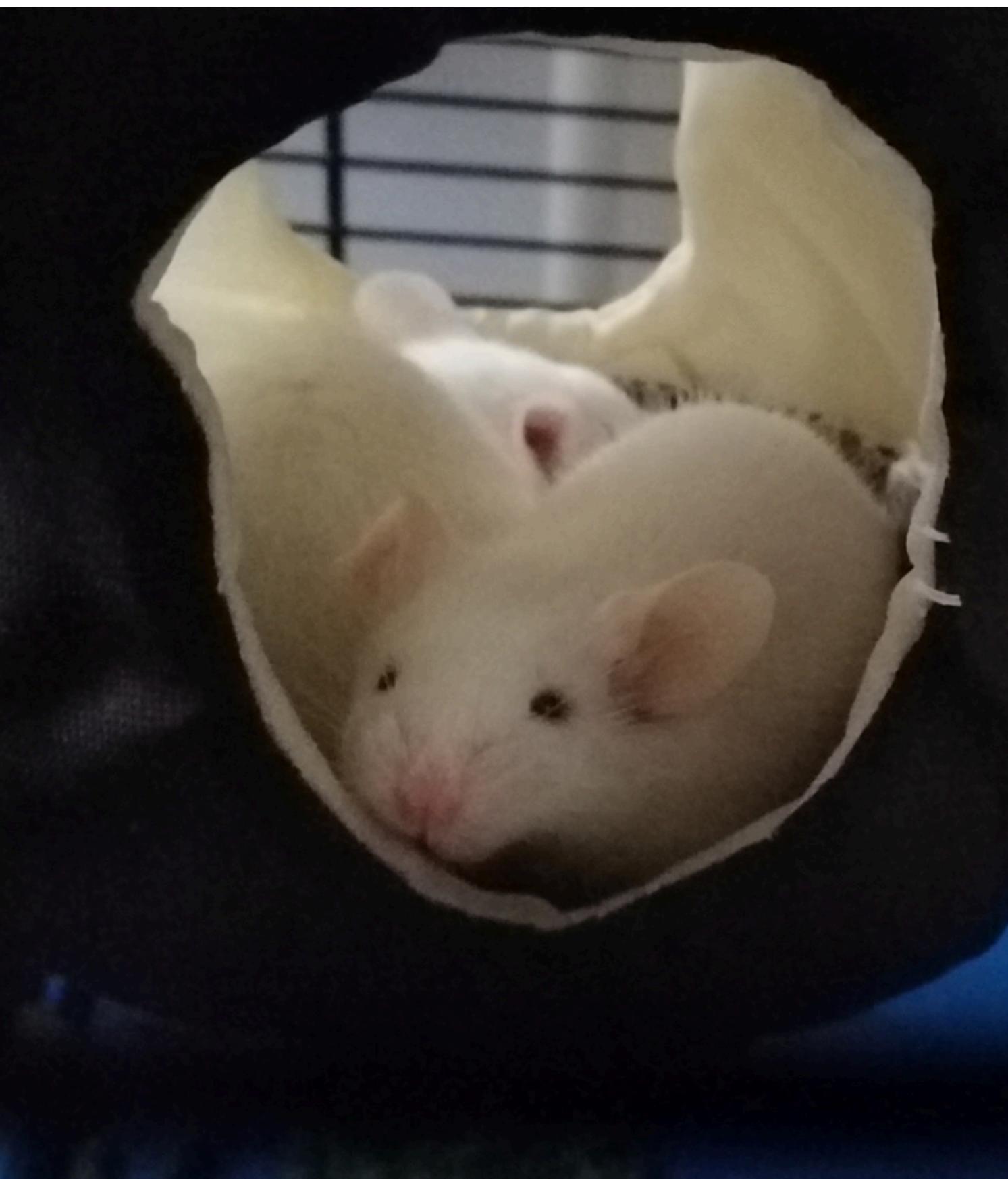




PEDIGREE®
CHILD REPLACEMENT
PROGRAMME

When your kids
leave home,
replace them.







mental well-being

Over the past week, I have felt ...

active

calm

fresh and rested

cheerful

my life is filled with interesting things

activity

1

0

-1

-2

before
adoption

after
adoption

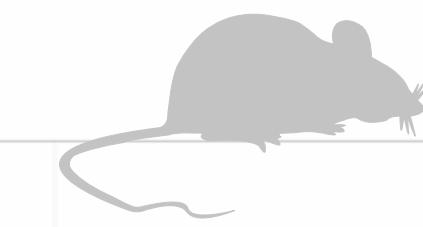
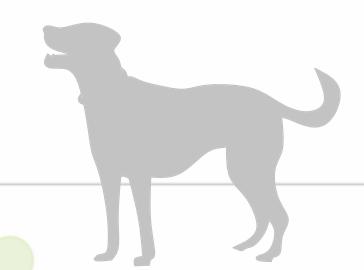
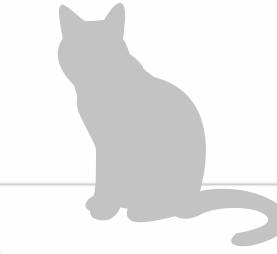
before
adoption

after
adoption

before
adoption

after
adoption

did not
adopt



why?

