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Is it good for you to have a dog during a crisis?

The effect of having a pet fades away
in the time of long-term crisis

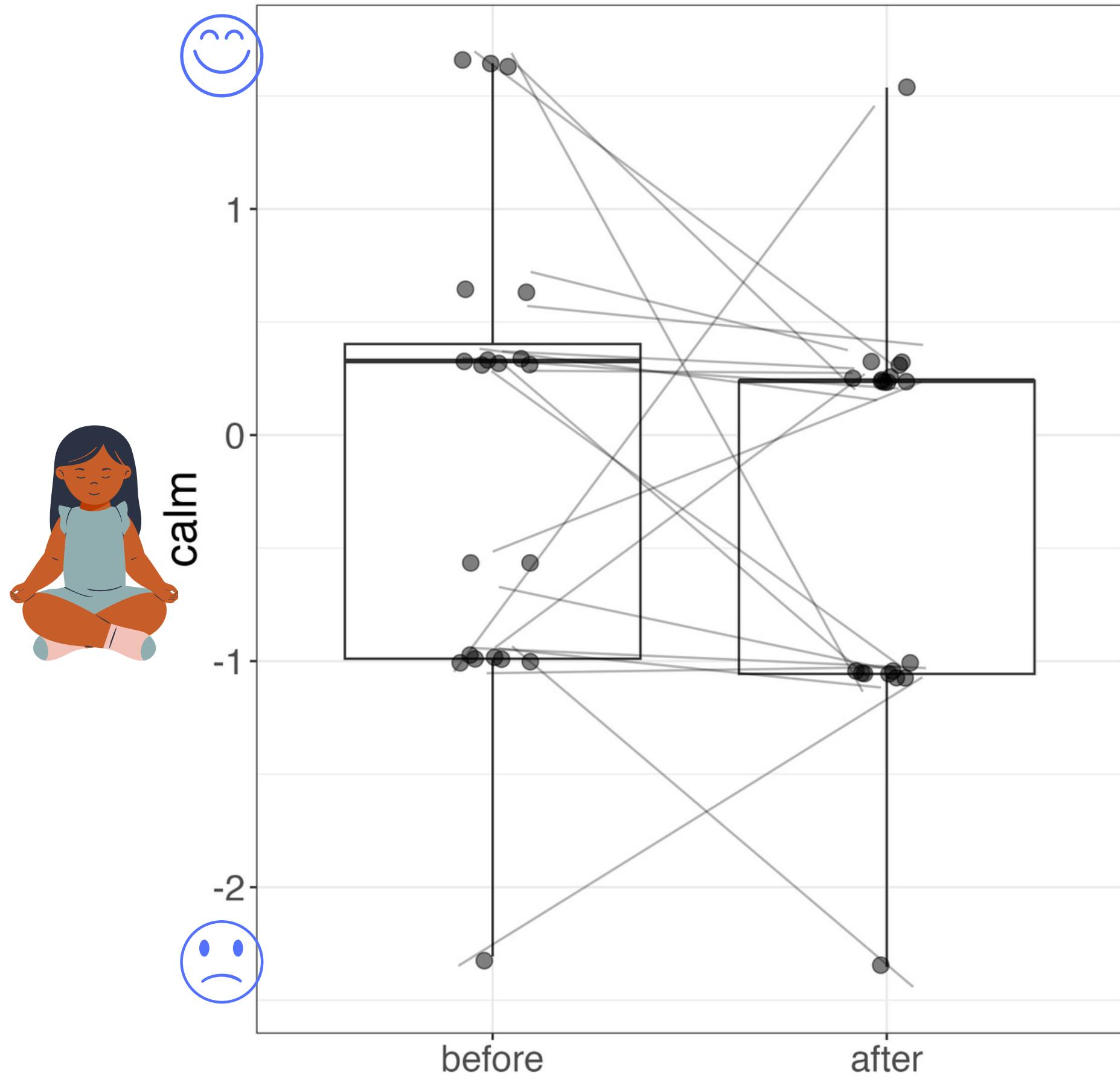
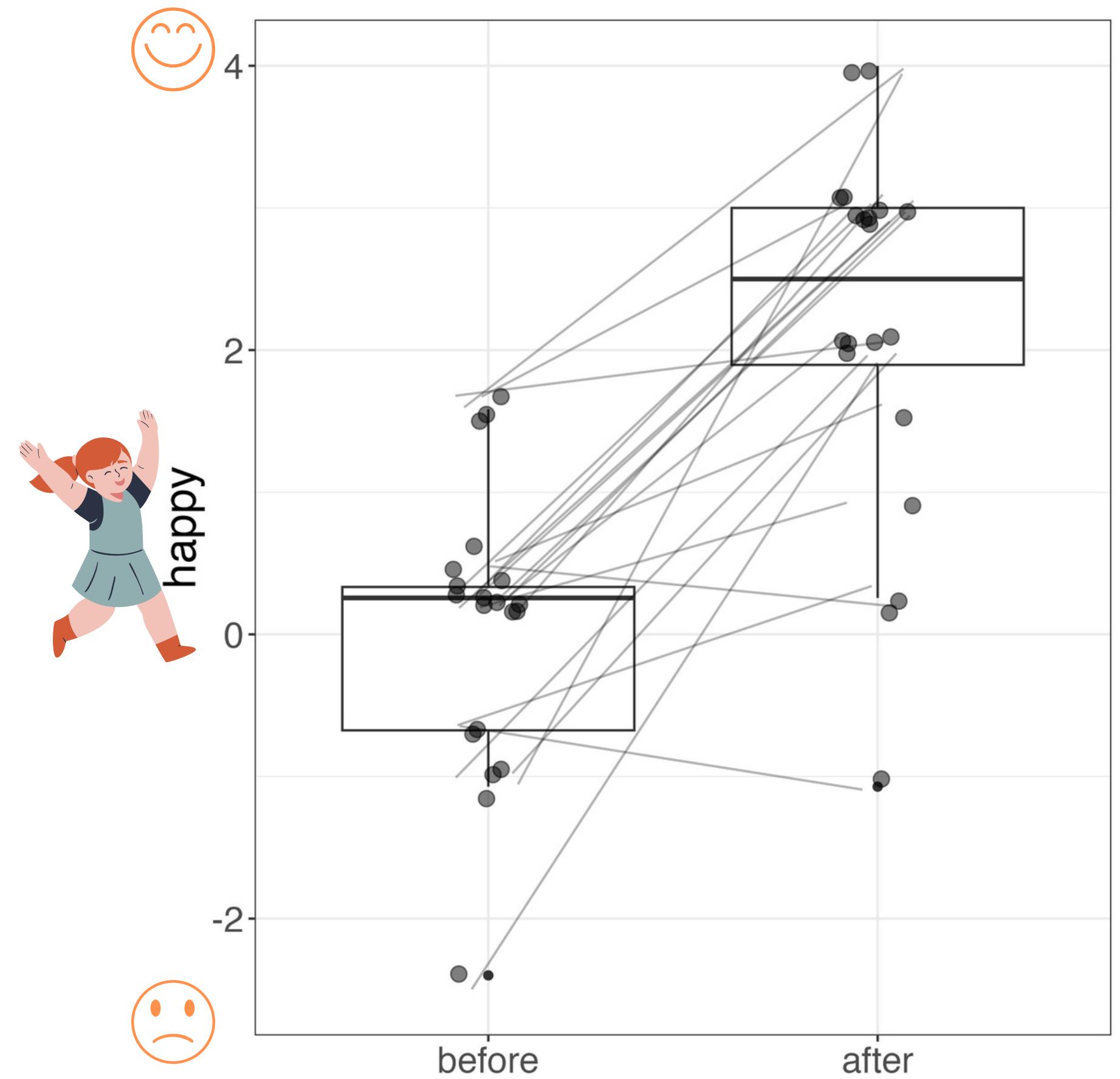
This is Lena. My sister thinks
Lena helps her mood.

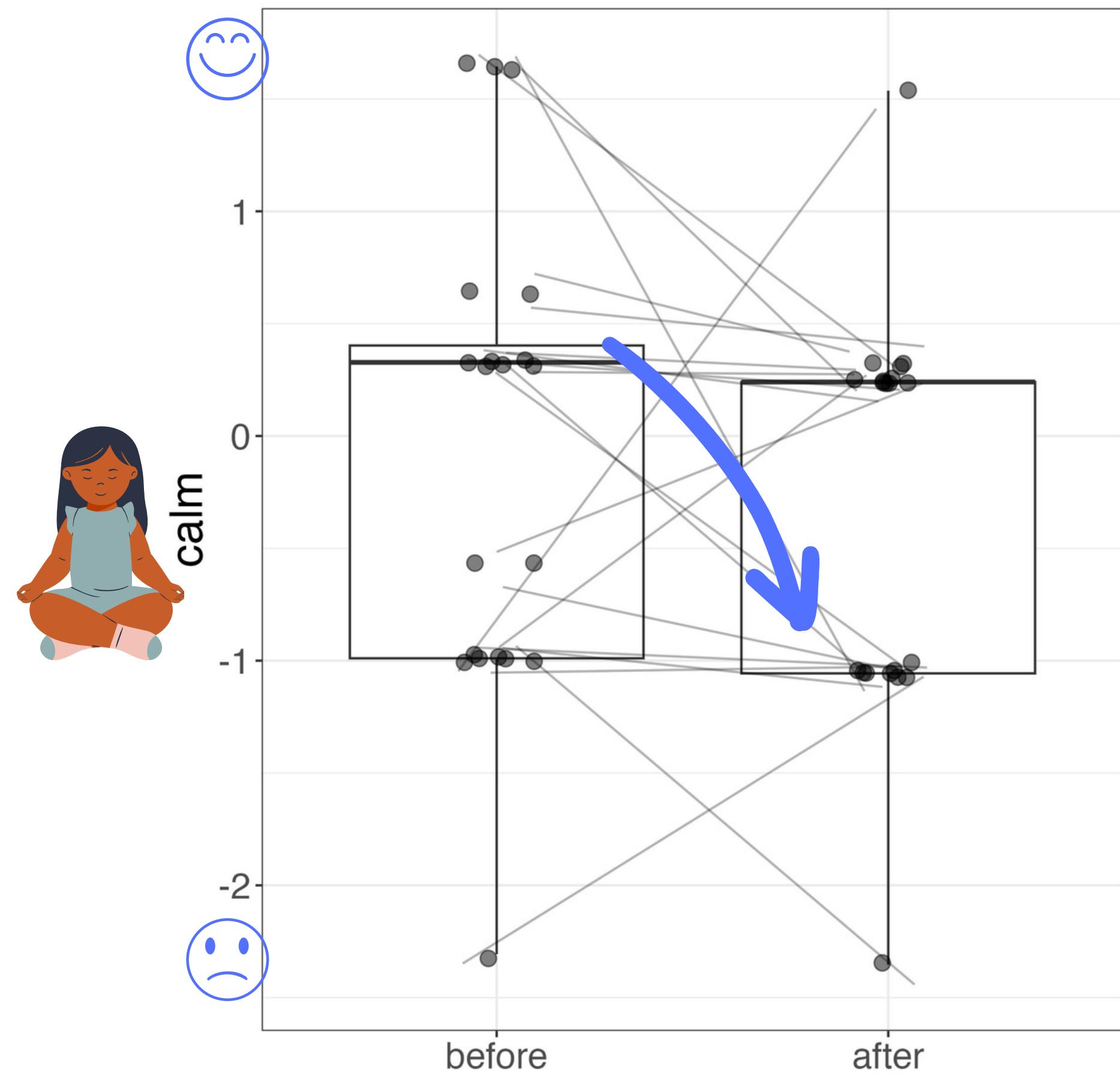
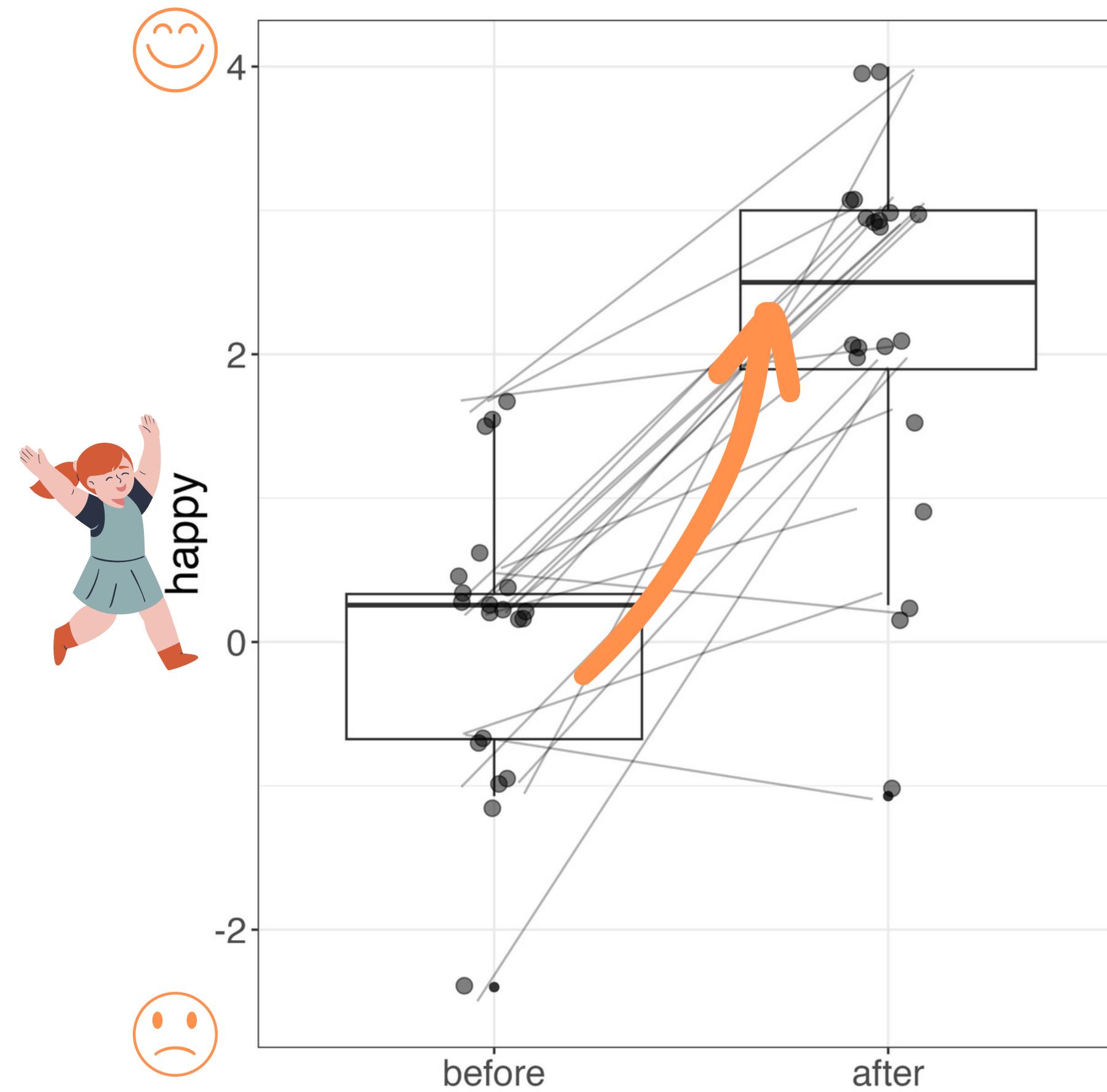
getting a dog makes you
happy

getting a dog makes you
happy

having a dog makes you
anxious

emotions
psychological wellbeing





dealing with the crisis

nothing



happy



3.5

3.0

2.5

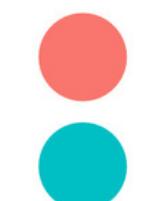
2.0

spring

summer

autumn

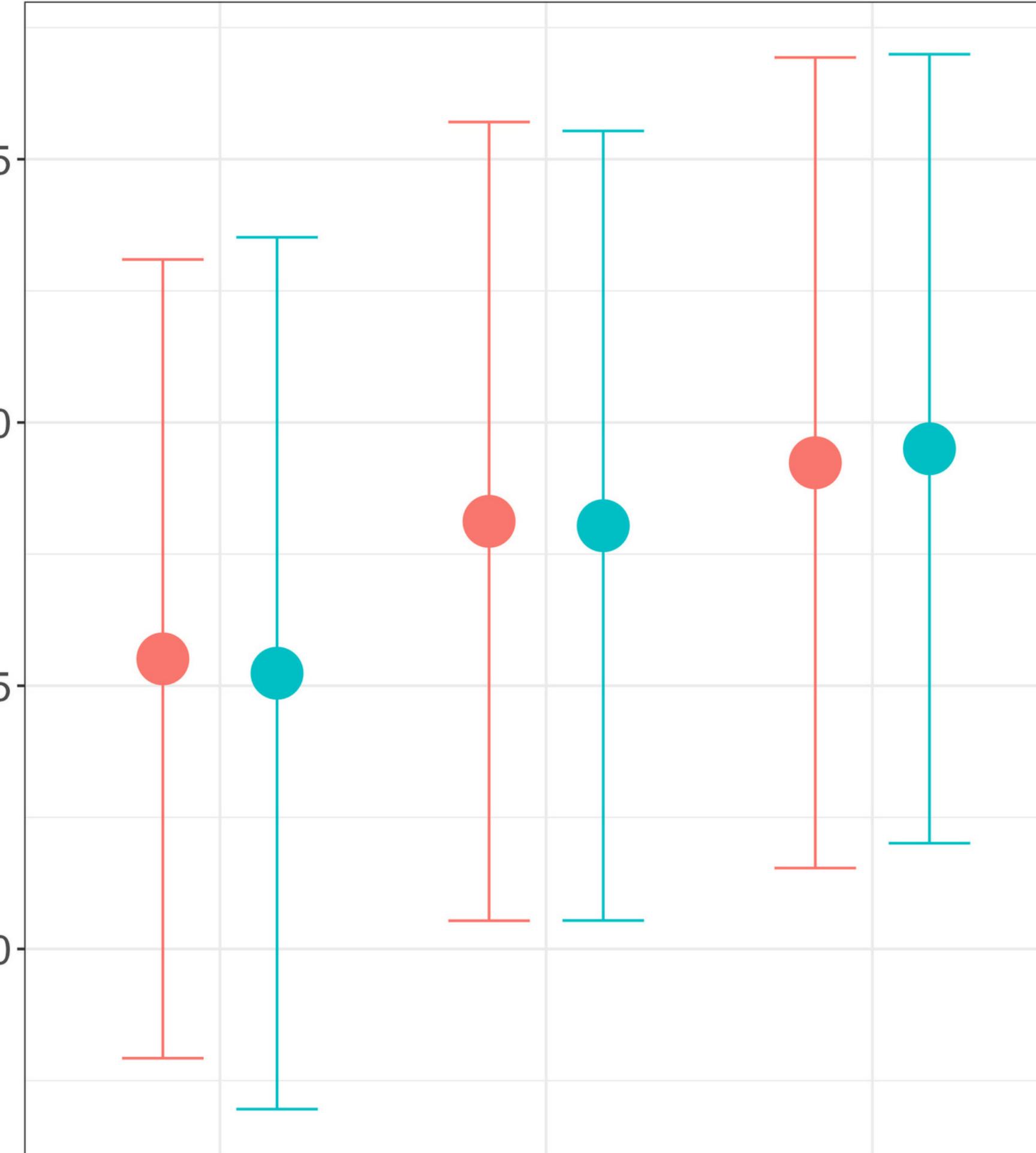
2020



dog owner



don't have animal



nothing



calm



3.5

3.0

2.5

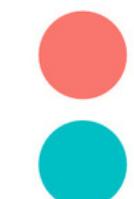
2.0

spring

summer

autumn

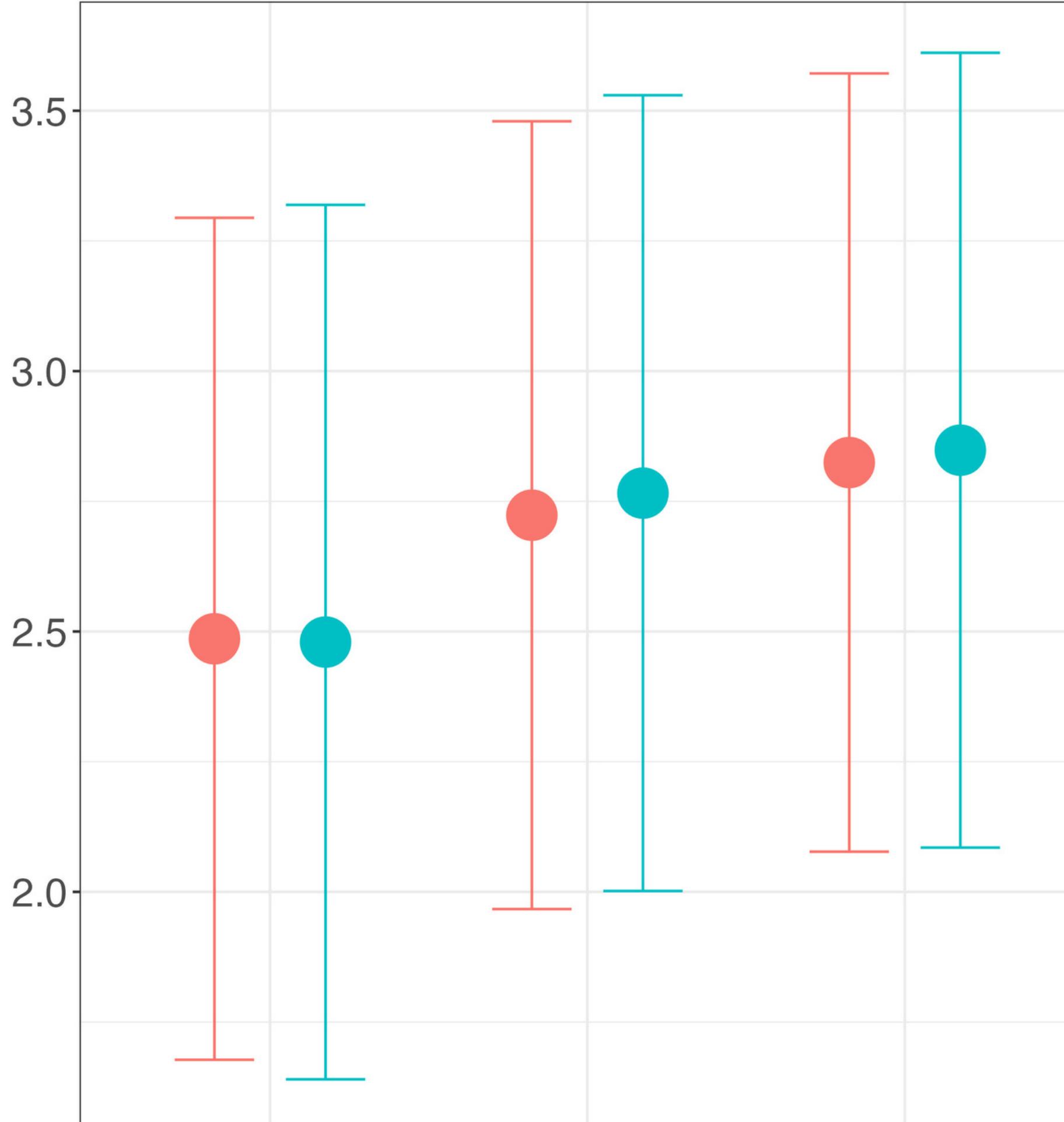
2020



dog owner



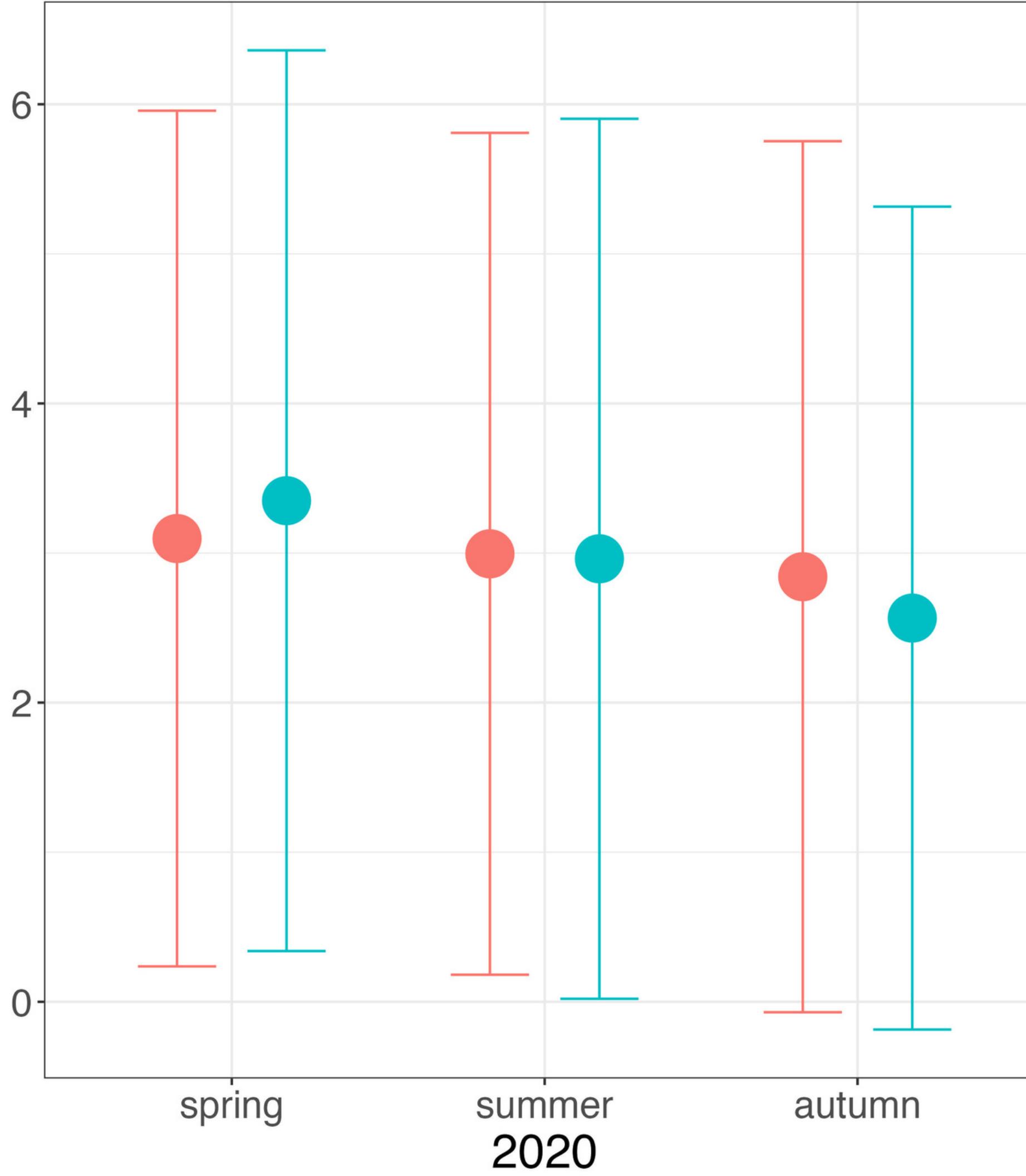
don't have animal



nothing



sad



- dog owner
- don't have animal

spring

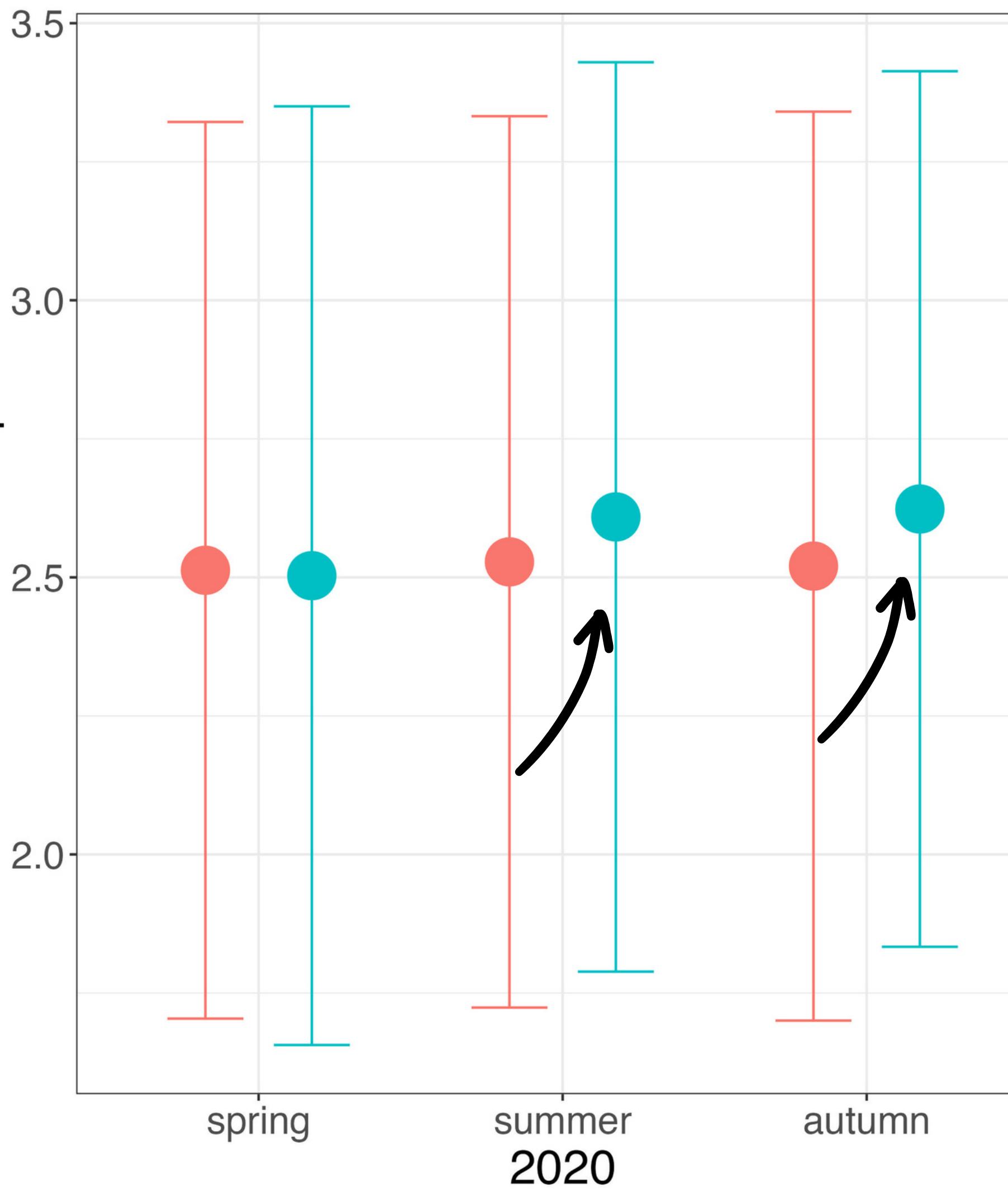
summer

autumn

2020



fresh wake-up



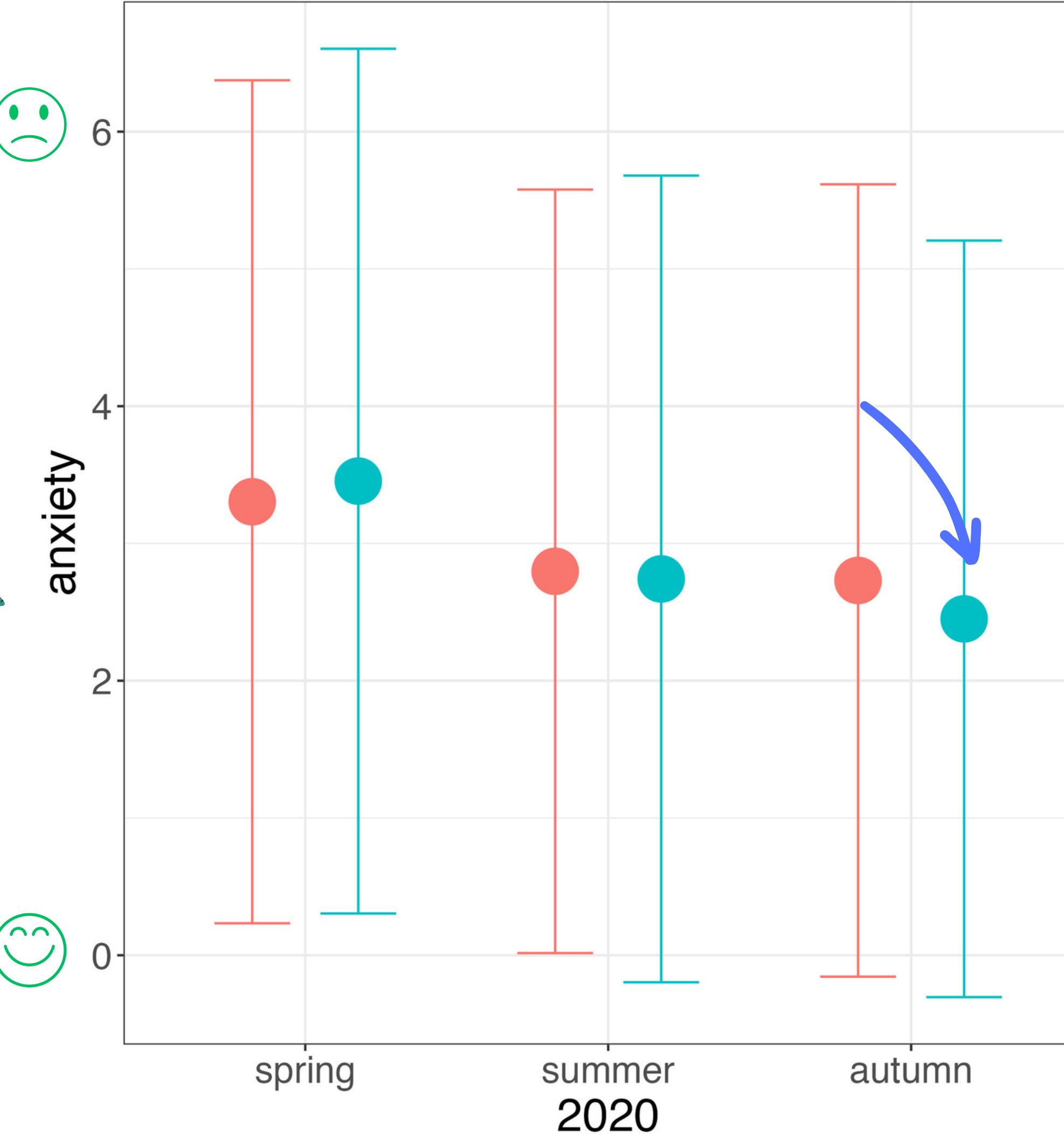
- dog owner
- don't have animal

spring

summer

autumn

2020



dog owner
don't have animal





This is Gizmo,
she makes my mom anxious every day.

**many thanks for
your attention!**

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starting of the crisis

