# Practical Machine Learning Project: Classification of Exercises Quality

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#### Introduction

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement, a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks.

In this project, the data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants will be used to quantify how well the exercise is done. The goal of your project is to predict the manner in which they did the exercise.

People were asked to perform barbell lifts correctly and incorrectly in 5 different ways, and the data previously commented have been stored in the file https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv. The data for this project come from this source: http://web.archive.org/web/20161224072740/http://groupware.les.inf.puc-rio.br/har. More information about the data is available in that website, especifically in the section on the Weight Lifting Exercise Dataset.

### Building the model. Data Analysis and selection of features.

The dataset contains 160 features, which can be used to predict if the exercise has been done properly or not. Six young health participants were asked to perform one set of 10 repetitions of the Unilateral Dumbbell Biceps Curl. The way the exercise has been done is labelled using de "classe" variable in the dataset. This "classe" variable can have 5 different values: A,B,C,D and E, which correspond to five different fashions: exactly according to the specification (Class A), throwing the elbows to the front (Class B), lifting the dumbbell only halfway (Class C), lowering the dumbbell only halfway (Class D) and throwing the hips to the front (Class E). Therefore, class A corresponds to the specified execution of the exercise, while the other 4 classes correspond to common mistakes.

First of all, an initial analysis of the data have been carried out. This analysis consists of:

1.- Load data. Checking the features and its range of values.

```
library(caret)
library(AppliedPredictiveModeling)
library(dplyr)
trainingData <- read.csv("pml-training.csv")
testingData<- read.csv("pml-testing.csv")
str(trainingData)
str(testingData)</pre>
```

The number of features is 160. The number of observations for the training dataset is 19622 and the number of observations for the test dataset is 20.

```
dim(trainingData)
```

```
## [1] 19622 160
```

```
dim(testingData)
```

```
## [1] 20 160
```

2.- Checking if there is feature with wrong NA values. If the percentage is very high, remove the column. If it is lower, analyze the possibilities to impute values. After this process, the number of features have been reduced to 93.

```
#Check if there are many rows of any variable with values NA
na_count <-sapply(trainingData, function(y) sum(length(which(is.na(y)))))
na_count <- data.frame(na_count)
perc_na <- data.frame(100*(na_count/nrow(trainingData)))
#Remove that cols with many NA from the analysis
trainingData<-trainingData[,perc_na<90]
testingData<-testingData[,perc_na<90]
dim(trainingData)</pre>
```

```
## [1] 19622 93
```

```
dim(testingData)
```

```
## [1] 20 93
```

3.- Checking if there is feature with empty values. If the percentage is very high, remove the column. If it is lower, analyze the possibilities to impute values. After this process, the number of features have been reduced to 60.

```
pat <- "^[[:space:]]*$"
matches <-sapply(trainingData, function(x) grepl(pat, x))
matches<- data.frame(matches)
val_count_empty <-sapply(matches, function(y) sum(length(which(y==TRUE))))
val_count_empty<- data.frame(val_count_empty)
perc_empty <- data.frame(100*(val_count_empty/nrow(trainingData)))
#Remove that cols with many empty values from the analysis
trainingData<-trainingData[,perc_empty<90]
testingData<-testingData[,perc_empty<90]
dim(trainingData)</pre>
```

```
## [1] 19622 60
dim(testingData)
```

```
## [1] 20 60
```

4.- Checking if there is features with a small variability of the values, which makes it useless for the prediction. There are not any feature with a single value, so the number of features for prediction is still 60.

```
val_count_unique <-sapply(trainingData, function(y) sum(length(unique(y))))
val_count_unique<- data.frame(val_count_unique)
trainingData<-trainingData[,val_count_unique>1]
testingData<-testingData[,val_count_unique>1]
dim(trainingData)
```

```
## [1] 19622 60
dim(testingData)
```

```
## [1] 20 60
```

5.- Checking if there are features useless for the prediction due to its meaning (time, names, etc). After removing these features, the number have been reduced to 53.

```
remove_cols = c(1:7)
trainingData<-trainingData[,-remove_cols]
testingData<-testingData[,-remove_cols]
dim(trainingData)
## [1] 19622 53</pre>
```

```
## [1] 20 53
```

dim(testingData)

6.- Remove near zero variables.

Near Zero variables: To identify these types of predictors, the following two metrics can be calculated: -the frequency of the most prevalent value over the second most frequent value (called the "frequency ratio"), which would be near one for well-behaved predictors and very large for highly-unbalanced data and -the "percent of unique values" is the number of unique values divided by the total number of samples (times 100) that approaches zero as the granularity of the data increases.

There are not any feature with near zero values, so the number of features for prediction is still 53.

```
nzv <- nearZeroVar(trainingData)
if (length(nzv) > 0) {
  trainingData <- trainingData[, -nzv]
  testingData <- testingData[, -nzv]
}
dim(trainingData)</pre>
```

```
## [1] 19622 53
dim(testingData)
```

## [1] 20 53

## -0.606983 -0.103773

7.- Checking the correlation between the features to remove features with extremely high correlation, which makes the information redundant for the prediction. After analyzing the correlations, and removing the features with a correlation above 0.75, the number of features have been reduced to 32.

```
#Keep only numerical columns
numericCols <-sapply(trainingData,is.numeric)</pre>
checkCorrTrainingData <- trainingData[,numericCols]</pre>
noCheckCorrTrainingData <- trainingData[,!numericCols]</pre>
#Calculate correlation
descrCor <- cor(checkCorrTrainingData)</pre>
summary(descrCor[upper.tri(descrCor)])
##
        Min.
                1st Qu.
                            Median
                                         Mean
                                                3rd Qu.
                                                              Max.
## -0.992008 -0.110080 0.002092 0.001790
                                               0.092552
#Remove columns with correlation > cutoff
highlyCorDescr <- findCorrelation(descrCor, cutoff = .75)
checkCorrTrainingData <- checkCorrTrainingData[,-highlyCorDescr]</pre>
descrCor2 <- cor(checkCorrTrainingData)</pre>
summary(descrCor2[upper.tri(descrCor2)])
##
        Min.
                1st Qu.
                            Median
                                         Mean
                                                3rd Qu.
                                                              Max.
```

0.087527

0.736546

0.006527 0.003332

```
#Reconstruct dataframe with no numeric columns and numeric after correlation removal
trainingData <- data.frame(checkCorrTrainingData,"classe" = noCheckCorrTrainingData)
keepProblemId <- testingData$problem_id
testingData <- testingData[,intersect(colnames(testingData),colnames(trainingData))]
testingData <- data.frame(testingData,"problem_id" = keepProblemId)
dim(trainingData)</pre>
```

```
## [1] 19622 32
dim(testingData)
```

```
## [1] 20 32
```

8.- Check if there is outliers plotting the data with the violin shape and remove the outliers. The features gyros\_dumbell, gyros\_forearm\_x and gyros\_forearm\_z show outliers, and they have been removed. After analyzing the outliers, one observation of the training data have been removed, having 19621 to perform the analysis.

```
library(dplyr)
trainingData<-trainingData%>%filter(gyros_dumbbell_y<10)
trainingData<-trainingData%>%filter(gyros_forearm_x>-10)
trainingData<-trainingData%>%filter(gyros_forearm_z<10)
dim(trainingData)</pre>
```

```
## [1] 19621 32
dim(testingData)
```

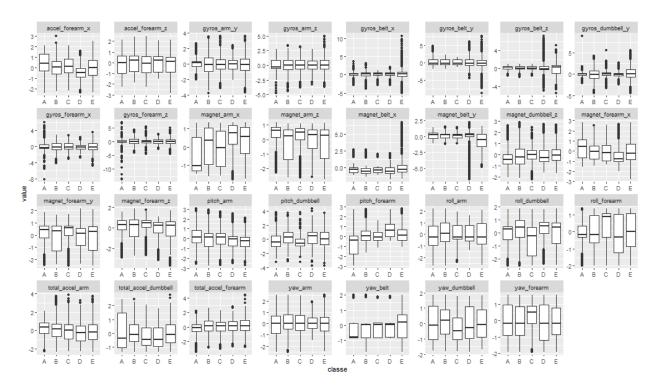
```
## [1] 20 32
```

9.- Applying a preprocess to the data, to improve the performance or the prediction algorithms. From all the possible preprocess options (Possible values are "BoxCox", "YeoJohnson", "expoTrans", "center", "scale", "range", "knnImpute", "bagImpute", "medianImpute", "pca", "ica", "spatialSign", "corr", "zv", "nzv", and "conditionalX") centering and scaling have been selected. The correlation and nzv analysis have been carried out independently in previous steps.

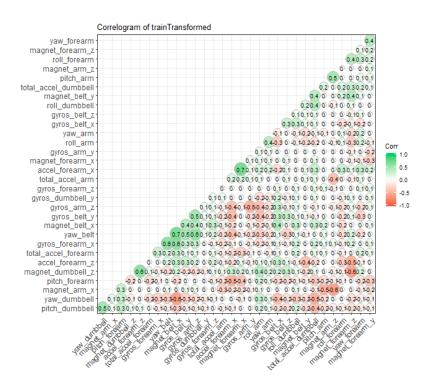
```
#Centering and Scaling
preProcValues <- preProcess(trainingData, method = c("center", "scale"))
trainTransformed <- predict(preProcValues, trainingData)
testTransformed <- predict(preProcValues, testingData)</pre>
```

10.- Finally, some plots are performed to analyze the reamining features before proceeding to the use of multiclass classification models for prediction.

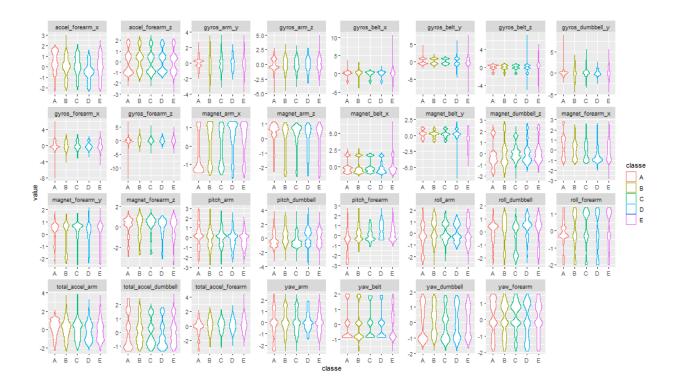
A boxplot analysis have been carried to, to visualize if there are some features which can be detected at first sight as good feature to distinguised between "classe" groups.



After that, a correlogram to show the correlation between the remaining features is presented as well.



Finally, a violin plot to see the distribution of values per "classe" for each feature is shown as well.



## Building the model. Analysis of Multiclass classification algorithms.

The following 15 multiclass classification methos have been tested, and its accuracy compared: knn, rf, pda, parRF, sda, hdrda, LMT, slda, hdda, RRFglobal, C5.0, LogitBoost, pam, PART, rpart.

For all of them, a cv method has been selected for cross validation.

Other methods could have been selected. The available resampling methods are: The "boot", "boot632", "optimism\_boot", "boot\_all", "cv", "repeatedcv", "LOOCV", "LGOCV" (for repeated training/test splits), "none" (only fits one model to the entire training set), "oob" (only for random forest, bagged trees, bagged earth, bagged flexible discriminant analysis, or conditional tree forest models), timeslice, "adaptive\_cv", "adaptive\_boot" or "adaptive\_LGOCV"

```
library(doParallel)
registerDoParallel(4)
getDoParWorkers()
```

• KNN

```
predictedKNN2<-predict(fitKNN,newdata=testTransformed)
varImp_fitKNN <- varImp(fitKNN)</pre>
```

• Random Forest

• pda

-Parallel Random Forest

-sda

```
library(sda)
fitsda= train(
    classe ~.,
```

• hdrda

• LMT (Logistic Model Trees)

• slda

```
CM_fitslda <- confusionMatrix(predictedslda, trainTransformed$classe)
predictedslda2<-predict(fitslda,newdata=testTransformed)
varImp_fitslda <- varImp(fitslda)</pre>
```

• hdda

• RRFglobal

• C5.0

LogitBoost

```
library(caTools)
fitLogitBoost= train(
    classe ~.,
```

```
data = trainTransformed,
    method = 'LogitBoost',
    trControl = trainControl(method = "cv", number = 10,savePredictions = "final"
                               ,allowParallel = TRUE)
head(predict(fitLogitBoost, type = "prob"))
predictedLogitBoost<-predict(fitLogitBoost,newdata=trainTransformed)</pre>
CM_fitLogitBoost <- confusionMatrix(predictedLogitBoost, trainTransformed$classe)</pre>
predictedLogitBoost2<-predict(fitLogitBoost,newdata=testTransformed)</pre>
varImp_fitLogitBoost <- varImp(fitLogitBoost)</pre>
   • pam
library(pamr)
fitpam= train(
    classe ~.,
    data = trainTransformed,
    method = 'pam',
    trControl = trainControl(method = "cv", number = 10, savePredictions = "final"
                               ,allowParallel = TRUE)
head(predict(fitpam, type = "prob"))
predictedpam<-predict(fitpam,newdata=trainTransformed)</pre>
CM fitpam <- confusionMatrix(predictedpam, trainTransformed$classe)
predictedpam2<-predict(fitpam,newdata=testTransformed)</pre>
varImp_fitpam <- varImp(fitpam)</pre>
   • PART (Rule Based Classifier)
fitRBC = train(
    classe ~.,
    data = trainTransformed,
    method = 'PART',
    trControl = trainControl(method = "cv", number = 10, savePredictions = "final"
                               ,allowParallel = TRUE)
head(predict(fitRBC, type = "prob"))
predictedRBC<-predict(fitRBC,newdata=trainTransformed)</pre>
CM_fitRBC <- confusionMatrix(predictedRBC, trainTransformed$classe)</pre>
predictedRBC2<-predict(fitRBC,newdata=testTransformed)</pre>
varImp_fitRBC <- varImp(fitRBC)</pre>
   • rpart (Tree with RPART)
fitRPART = train(
    classe ~.,
    data = trainTransformed,
    method = "rpart",
    trControl = trainControl(method = "cv", number = 10, savePredictions = "final"
                               ,allowParallel = TRUE)
head(predict(fitRPART, type = "prob"))
```

predictedRPART<-predict(fitRPART,newdata=trainTransformed)</pre>

predictedRPART2<-predict(fitRPART,newdata=testTransformed)</pre>

varImp\_fitRPART <- varImp(fitRPART)</pre>

CM fitRPART <- confusionMatrix(predictedRPART, trainTransformed\$classe)

### Results of the multiclass classification models. Importance of features.

In the following table, the results for accuracy for the algorithms evaluated are presented:

```
##
         methods accuracy
             C50 1.0000000
## 1
## 2
            hdda 0.7601549
## 3
           hdrda 0.8249834
## 4
             KNN 1.0000000
## 5
             LMT 1.0000000
## 6
     LogitBoost 0.8700265
## 7
             pam 0.4182254
## 8
             pda 0.5834565
## 9
             PRF 1.0000000
## 10
             RBC 0.9992355
## 11
              RF 1.0000000
## 12
           RPART 0.5246929
## 13
      RRFglobal 1.0000000
## 14
             sda 0.5832017
## 15
            slda 0.4235768
```

The results show that 6 methods have an in sample accuracy of 1, meaning that they are able to classify properly all the observations in the training data. With this is sample accuracy, it is expected to have a very high classification out of sample accuracy. To finalize the analysis, the importance of each predictor have been analyzed for those 6 methods with a 100% accuracy.

• Importance for C50

```
## C5.0 variable importance
##
##
     only 20 most important variables shown (out of 31)
##
##
                      Overall
## gyros_belt_z
                       100.00
## magnet_forearm_x
                       100.00
## gyros_dumbbell_y
                       100.00
## magnet_forearm_y
                       100.00
## pitch_forearm
                       100.00
```

```
## magnet_belt_y
                      100.00
## yaw_belt
                       99.98
## yaw arm
                       99.88
## magnet_arm_z
                       99.76
## roll arm
                       98.78
## magnet dumbbell z
                       98.64
## gyros belt y
                       98.56
## roll forearm
                       97.97
## gyros_arm_y
                       97.69
## magnet_belt_x
                       96.47
## magnet_forearm_z
                       94.15
## roll_dumbbell
                       93.48
## pitch_dumbbell
                       88.82
## gyros_belt_x
                       88.59
## yaw_dumbbell
                       86.33
  • Importance for KNN
## ROC curve variable importance
##
##
     variables are sorted by maximum importance across the classes
##
     only 20 most important variables shown (out of 31)
##
##
                                     В
                                            C
                             Α
                                                  D
                                                           E
## pitch forearm
                        62.964 100.000 67.237 62.96 100.000
## accel forearm x
                        40.675 81.171 40.675 40.68
                                                      81.171
## magnet arm x
                        53.104 78.110 65.004 53.10
## pitch_dumbbell
                        52.842
                                52.842 52.842 71.31
                                                      44.049
## magnet_forearm_x
                        38.891
                                71.126 33.586 33.59
                                                      71.126
## magnet_belt_y
                        15.289 10.317 67.372 10.32
                                                      15.289
## roll_dumbbell
                        41.216 51.434 30.666 62.50
                                                      51.434
## magnet_dumbbell_z
                        56.342
                                36.753 53.959 23.75
                                                      56.342
## magnet_arm_z
                        52.443
                                52.443 52.443 52.44
                                                      40.079
## pitch_arm
                        26.743 42.163 49.028 26.74
                                                      42.163
## yaw_dumbbell
                        19.186 19.186 19.186 41.29
                                                      13.608
## total accel arm
                        30.686
                                40.517 32.030 15.97
                                                      40.517
                        19.326 37.449 28.196 24.54
## magnet_forearm_y
                                                      37,449
## roll arm
                        34.545 34.545 34.54
                                                      24.087
## roll_forearm
                        34.196
                                 6.325 13.790 23.73
                                                      34.196
## total_accel_forearm
                        23.437
                                27.044 31.981 23.44
                                                      27.044
## magnet_belt_x
                                25.177 25.177 25.26
                        25.177
                                                      18.092
## yaw forearm
                        10.754 16.280 11.636 22.29
                                                      16.280
## total accel dumbbell 9.533
                                17.622 9.533 19.89
                                                    17.622
## yaw belt
                         9.833
                                 9.833 18.426 17.17
                                                      8.828
  • Importance for LMT
## ROC curve variable importance
##
##
     variables are sorted by maximum importance across the classes
##
     only 20 most important variables shown (out of 31)
##
##
                                     В
                                            С
                                                           E
                             Α
                                                  D
                        62.964 100.000 67.237 62.96 100.000
## pitch_forearm
## accel forearm x
                        40.675 81.171 40.675 40.68 81.171
```

## magnet arm x

53.104 78.110 65.004 53.10 78.110

```
## pitch_dumbbell
                        52.842 52.842 52.842 71.31
                                                     71.126
                        38.891 71.126 33.586 33.59
## magnet_forearm_x
## magnet_belt_y
                        15.289 10.317 67.372 10.32 15.289
## roll_dumbbell
                        41.216 51.434 30.666 62.50 51.434
## magnet_dumbbell_z
                        56.342 36.753 53.959 23.75
                                                     56.342
## magnet_arm_z
                        52.443 52.443 52.44
                                                     40.079
## pitch arm
                        26.743 42.163 49.028 26.74
## yaw_dumbbell
                        19.186 19.186 19.186 41.29
                                                     13.608
## total_accel_arm
                        30.686
                                40.517 32.030 15.97
                                                     40.517
## magnet_forearm_y
                        19.326
                                37.449 28.196 24.54
                                                     37.449
## roll_arm
                        34.545
                                34.545 34.545 34.54
                                                     24.087
## roll_forearm
                        34.196
                                 6.325 13.790 23.73
                                                     34.196
## total_accel_forearm
                       23.437
                                27.044 31.981 23.44
                                                     27.044
## magnet_belt_x
                        25.177
                                25.177 25.177 25.26
                                                     18.092
## yaw_forearm
                        10.754 16.280 11.636 22.29
                                                     16.280
## total_accel_dumbbell 9.533
                                17.622 9.533 19.89
                                                     17.622
                         9.833
                                 9.833 18.426 17.17
## yaw_belt
                                                      8.828
  • Importance for PRF
## parRF variable importance
##
##
     only 20 most important variables shown (out of 31)
##
                        Overall
##
## yaw_belt
                         100.00
## magnet_dumbbell_z
                          80.55
## magnet_belt_y
                          67.07
## pitch_forearm
                          66.86
## roll_dumbbell
                          56.55
## roll_forearm
                          51.98
## gyros_belt_z
                          44.00
## roll_arm
                          38.62
## gyros_dumbbell_y
                          37.79
## total_accel_dumbbell
                          37.35
## yaw dumbbell
                          37.15
## accel_forearm_x
                          32.61
## accel forearm z
                          31.97
## pitch_dumbbell
                          31.19
## magnet_forearm_z
                          30.62
## magnet_belt_x
                          30.46
## yaw arm
                          29.72
## magnet_forearm_y
                          28.68
## magnet_forearm_x
                          27.56
## magnet_arm_x
                          27.42
  • Importance for RF
## rf variable importance
##
##
     only 20 most important variables shown (out of 31)
##
##
                        Overall
## yaw_belt
                         100.00
## magnet_dumbbell_z
                          74.64
## magnet_belt_y
                          67.66
```

```
## pitch_forearm
                          65.28
## roll_forearm
                          58.02
## roll dumbbell
                          53.96
## gyros_belt_z
                          42.88
## roll arm
                          40.64
## total_accel_dumbbell
                          39.35
## yaw dumbbell
                          37.96
## gyros_dumbbell_y
                          37.50
## accel_forearm_x
                          34.37
## magnet_arm_x
                          32.23
## pitch_dumbbell
                          31.52
## magnet_forearm_z
                          30.72
## accel_forearm_z
                          29.36
## magnet_belt_x
                          29.25
## magnet_forearm_y
                          28.01
## magnet_forearm_x
                          27.51
## yaw_arm
                          27.46
  • Importance for RRF Global
## RRFglobal variable importance
##
##
     only 20 most important variables shown (out of 31)
##
##
                        Overall
## yaw_belt
                        100.000
## pitch_forearm
                         78.181
## magnet_belt_y
                         74.533
## magnet_dumbbell_z
                         55.788
## roll_dumbbell
                         47.250
## total_accel_dumbbell
                         40.856
## roll_forearm
                         38.187
## accel_forearm_z
                         30.353
## gyros_belt_z
                         26.907
## magnet_forearm_z
                         18.316
## accel_forearm_x
                         18.316
## yaw_dumbbell
                         17.891
## magnet_belt_x
                         16.838
## roll_arm
                         15.080
## yaw_arm
                         14.240
## pitch_arm
                         12.333
## magnet_arm_x
                         11.732
## gyros_arm_y
                          9.711
## pitch_dumbbell
                          9.587
## gyros_dumbbell_y
                          9.366
```