recipe

recipe
recipe_id
recipe_name
number_of_ingredients

ingredient

ingredient
ingredient_id
ingredient_name

category

category
category_id
category_name
description

step

step
step_id
step_description

recipe-ingredient

recipe-ingredient
recipe_ingredient_id
recipe_id
ingredient_id

recipe-category

recipe-category
recipe_category_id
recipe_id
category_id

recipe-step

recipe-step
recipe_step_id
recipe_id
step_id