

DRAFT Syllabus For Beautician Trade

Course Name	Hair & Beauty Therapist
Course Code	STC - B&W/BEAU/ 0602
Occupation	Assistant Hair & Beauty Therapist
Job Description	Assist Senior Hair dresser, Skin Therapist, Nail Technician and Make-up Artist
Anticipated Volume of Training	1200 Hrs. (Theory: 200 Hrs. + Practical: 610 Hrs. + Employability Skill: 90 Hrs. + OJT: 300 Hrs.)
Trainees' Entry Qualification	Class 8 Pass + ITI (2 Yrs) with 2 years experience, OR Class 10 Pass + ITI (1Yr) after class 10 with 1 year experience, OR Class 10 Pass + ITI (2 yrs) after class 10, OR Class 10 Pass with 2 years experience, OR Class 10 Pass and pursuing continuous regular schooling, OR 3 years diploma after class 10 or Class 12 Pass with 6 months experience, OR Previous Relevant Qualification of NSQF Level 3 with 2 yrs experience.
Trainer's Qualification	<p><u>Educational Qualification:-</u></p> <p>Graduation in any field</p> <p><u>Technical Qualification:-</u></p> <ul style="list-style-type: none"> ■ Diploma in the Beauty Culture / Cosmetology approved by AICTE with 2 (two) years' experience in relevant field. <p style="text-align: center;">OR</p> <ul style="list-style-type: none"> ■ NTC/NAC passed in Hair & Skin Care /Basic Cosmetology trade with 3 (three) years post qualification experience in relevant field.

Structure of Course:

Module No.	Outcome	Theory (Hrs.)	Practical (Hrs.)	Total (Hrs.)
1	Prepare and maintain Health & Safety at work area and provide First Aid on emergency	05	40	45

2	Carry out epilation and depilation services.	15	50	65
3	Explain Nail Anatomy with Nail Disease, disorder and demonstrate different types of Manicure and Pedicure including Nail Art.	30	70	100
4	Provide latest facials and skin treatments using machines after analyzing skin.	35	90	125
5	Illustrate and Explain structure of Hair and Carry out hair treatments for common hair problems.	10	40	50
6	Demonstrate shampooing, conditioning, deep conditioning and scalp Massage with suitable techniques and equipment.	10	60	70
7	Demonstrate latest Haircuts and Hair Styles using different tools, latest gadgets and Hair extensions.	25	60	85
8	Create special looks by Hair colour, straightening Re-bonding and Smoothing.	30	70	100
9	Create special make up looks : Day time, Evening, Party Bridal, Corrective Makeup and Fantasy.	30	80	110
10.	Demonstrate different types of Yogic Exercises : Sukhama Vyayama, Surya Namaskar, Pranayama, Meditation and Tratak.	10	50	60
TOTAL:		200	610	810

Employability Skill : 90 Hrs.

OJT : 300 Hrs.

SYLLABUS:

MODULE NO.1: SAFETY PRECAUTIONS & PREPARING AND MAINTAINING WORK AREA

Outcome:

Prepare and maintain Health & Safety at work area and provide First Aid on emergency

Theory Content:

1. Presentation & First Aid Knowledge
2. Purpose of First Aid
3. Identification & recoveries of different types of Injuries such as-burns, electric shock, loss of consciousness, External bleeding, High Blood Pressure.
4. Difference between Injuries & Emergencies
5. Sterilization and Sanitization :-
 - Purpose
 - Definition
 - Methods
 - Procedure
 - Safety precautions

Practical Content:

1. Demonstrate life saving techniques during Injuries as-electric shock, burns etc.
2. Trolley Setting
- 3 Use of different sterilizing gadgets.
- 4 Practice in disinfection procedures

MODULE 2 :- EPILATION & DEPILATION SERVICE

Outcome:

Carry out epilation and depilation services.

Theory Content:

1. Hair growth cycle
2. Purpose of removing superfluous hair
3. Client consultation
4. Types and methods of Epilation and Depilation
5. Product knowledge
6. Patch test
7. Threading,
8. Tweezing and Bleaching – Purpose, Definition,
9. Procedure
10. After care/Home care
11. Contra-actions
12. Contra-indications Safety precautions

Practical Content:

1. Trolley setting
2. Client consultation and handling.
3. Client draping
4. Allergy test procedure.
5. Demonstrate Practice in waxing (arm, leg, full body and face waxing) with hot, cold & warm wax.
6. Practice of - Threading, Depilation & Tweezing the eyebrows,
7. Patch test procedure, Bleaching procedure.

MODULE NO. 3 : MANICURE, PEDICURE , HAND & FOOT SPA AND NAIL ART

Outcome:

Explain Nail Anatomy with Nail Disease, disorder and demonstrate different types of Manicure and Pedicure including Nail Art.

Theory Content:

1. Anatomy of Nail
2. Classification and identification of nail diseases and disorders
3. Purpose of manicure and pedicure
4. Definition and Types
5. Tools, equipment & product knowledge
6. Client consultation
7. Procedure
8. Sterilization & Sanitation
9. Contra-actions
10. Contra-indications
11. Safety precautions
- 13 French Manicure/Pedicure.
14. Foot spa & Hand spa.
15. Perform nail art
16. Knowledge of Acrylic Nails :-
 - a) Selection of right product
 - b) Nail care
 - c) Infection & care
 - d) Purpose of Acrylic Nail
 - e) Removing of Acrylic Nail
 - f) After care
 - g) Refill

Practical Content:

1. Demonstration of French manicure/pedicure, Foot spa & hand spa,
2. Demonstrate Selection of Tools & Equipment used for this service
3. Nail Tips & Nail Wrap applications
4. Demonstrate setting up of Trolley prior to performing nail art
5. Perform nail art.
6. Demonstrate the process of Acrylic Nails designs- Procedure, Precautions, Removal, Steps for Aftercare of Acrylic Nails
7. Demonstrate the process of Gel Polish - Handling UV lamps, Procedure

MODULE NO.4 : SKIN & SKIN TREATMENTS

Outcome:

Provide latest facials and skin treatments using machines after analyzing skin.

Theory Content:

1. Study of Dermatology
 - a) Anatomy of Skin
 - b) Disorder of sudoriferous glands and sebaceous glands
 - c) Pigmentation disorders
 - d) Cosmetic Allergy Study of skin disorders.
2. Latest facials with Electrotherapy:
 - High frequency,
 - Galvanic,

- Brushing Machine,
- Vacuum & Spray machine,
- Magnifying lamp,
- Woods lamp,
- Facial vaporizer/ Vapozone,
- Ultra sonic

Benefits and Precautions of High frequency, Galvanic, Brushing Machine, Vacuum & Spray machine, Magnifying Glass, Woods lamp, Facial Vaporizer/ Vapozone, Ultra-sonic.

Facials -

- a) Dehydrated skin
- b) Anti-ageing
- c) Anti acne
- d) Anti pigmentation

Practical Content:

1. Demonstrate Skin Analysis
2. Explain gathering of information and process of Consultation with Client about the different types of facial
3. Filling of Record Card and consent form.
4. Demonstrate using of different skin testing gadgets for exp. Skin tester, Derma-scope, Magnifying Glass etc.
5. Demonstrate setting up of Trolley prior to facial work.
6. Demonstrate facial Products to be arranged on the trolley
7. Demonstrate Tools & Equipment used for facial.
8. Perform the Procedure of doing facial
9. Demonstrate Use of different facial machines for treating - dehydrated skin, **Anti-ageing** - Anti acne, anti-pigmentation of skin
10. Observe Safety Precaution.
11. Steps for After care & Home Care

MODULE NO. 5 : HAIR & HAIR TREATMENTS

Outcome:

Illustrate and Explain structure of Hair and Carry out hair treatments for common hair problems.

Theory Content:

1. Structure of hair,
2. Science of Hair Structure of Hair Root & Hair Shaft
3. Chemical composition
4. Hair growth cycle
5. Types of hair
6. Hair Texture, Density, Elasticity & Porosity

Practical Content:

1. Trolley setting
2. Client consultation
3. Scalp analysis
4. Practice in using gadgets –
 - High frequency,
 - Infra -red lamp,
 - Scalp steamer,
5. Safety precautions /Do's & Don'ts
6. After care

MODULE NO:6 : HAIR CARE

Outcome:

Demonstrate shampooing, conditioning, deep conditioning and scalp Massage with suitable techniques and equipment.

Theory Content:

1. Head Massage, Shampooing, Conditioning & Deep- conditioning
2. Purpose
3. Product knowledge
4. Procedure
5. Benefits
6. Precaution
7. After Care

Practical Content:

1. Trolley setting
2. Client consultation and handling.
3. Client Draping.
4. Scalp analysis.
5. Procedure of Head Massage.
6. Procedure of Shampooing, Conditioning & Deep- conditioning

MODULE NO. 7 : HAIR CUT & STYLE

Outcome:

Demonstrate latest Haircuts and Hair Styles using different tools, latest gadgets and Hair extinctions.

Theory Content:

D) HAIR CUTTING:-

1. Examination of hair -length and facial shape,
2. Process of Consultation with Client
3. Basics of Blow Dry –
4. Tools knowledge,

5. Hair cutting techniques:- Club Cutting, Scissors & Clipper over comb, Thinning, Free Hand, Texturizing, Point Cutting, Carve & Slice, Notching
6. Advance Hair Cutting.
7. Types of layering & graduation.
8. Types of blunts.
9. Safety precautions during Hair Cutting

II) HAIR STYLING :-

1. Types of hair styling:
2. Product Knowledge used in Hair Styling
3. Different Hair Do s :- Buns, Braids, Twists, Rolls.
4. Roller Setting:- Wire rollers, Velcro rollers, Benders and Hot rollers.
5. Blow drying
6. Crimping
7. Tongs
8. Ironing
9. Precaution to be followed during hair styling.

Practical Content:

1. Demonstrate setting up of Trolley –
2. Selection of Tools required for hair cutting
3. Selection of Hair cut according to hair texture and facial shape of the client.
4. Sectioning and sub sectioning the hair according to required hair cut.
5. Practice in cutting hair with Shears, Razors and electric clippers
6. Tools Knowledge
7. Advance Hair Cutting - Types of layering & graduation, Types of blunts, Procedure of hair cut
8. Demonstrate latest hair styling with gadgets :-
 - a. Hot rollers.
 - b. Dryer and Brushes
 - c. Crimper
 - d. Tongs
 - e. Straightening Iron

MODULE NO.8 : HAIR COLOUR & OTHER CHEMICAL TREATMENT ON HAIR

Outcome:

Create special looks by Hair colour, straightening Re-bonding and Smoothening.

Theory Content:

For Hair Coloring:-

1. Science of color
2. Basic law of color (color wheel)
3. Classification of hair color
4. Temporary
5. Semi-permanent
6. Permanent
7. Techniques-Pre-lightening, Global color, High lightening

For Hair Straightening, Re-bonding & Smoothening:-

1. Definition, Knowledge of Hair Structure
2. Knowledge of Bonds
3. Client consultation
4. Scalp analysis
5. Product knowledge
6. Strand test knowledge & procedure

Practical Content:

For Hair Coloring:-

1. Demonstrate the process of hair coloring techniques - Pre-lightening, Global color, High lightening
2. Explain gathering of information and process of Consultation with Client regarding hair coloring
3. Demonstrate setting up of Trolley
4. Perform Strand test
5. Perform Special effects with hair coloring
6. Steps of After Care & Home Care for coloring

For Hair Straightening, Re-bonding and Smoothening:-

1. Trolley setting.
2. Client consultation and handling.
3. Client draping.
4. Scalp and hair analysis
5. Strand test procedure.
6. Procedure of Straightening, Re-bonding & Smoothening
7. Sterilization & Sanitation.

MODULE NO. 9 : MAKE UP

Outcome:

Create special make up looks : Day time, Evening, Party Bridal, Corrective Makeup and Fantasy.

Theory Content

1. Color theory
2. Basic facial shapes knowledge
3. Product knowledge
4. Types of make-up
5. Purpose, Benefits & Precautions of Corrective make-up.
6. Purpose, Benefits & Precautions of Fantasy makeup.

Practical Content:

1. Process of Consultation with Client
2. Selection of Products required for makeup looks
3. Demonstrate setting up of Trolley
4. Demonstrate Process of Preparing Skin before Make up
5. Demonstrate Process of - Day time, Evening and Party, Bridal
6. Demonstration of applying Corrective Make-Up
7. Demonstration of Fantasy Make-Up and Special make- up looks.
8. Precautions to be followed during application of makeup.
9. Demonstration of Removing Make up

10. Steps of After Care of Skin.

MODULE NO.10 : YOGIC EXERCISES

Outcome:

Demonstrate different types of Yogic Exercises : Sukhma Vyayamy, Surya Namaskar, Pranayama, Meditation and Tratak.

Theory Content

1. Sukshma Vyayama :- Purpose, Definition, 48 types of Sukshma Vyama, Benefits and Precautions
2. Surya Namaskar :- Purpose, Definition, Benefits and Precautions
3. Meaning of Pranayama :- Types of Pranayama, Benefits of Pranayama, Contra-indication
4. Meaning of Meditation :- Purpose, Definition and Benefits.
5. Meaning of Tratak :- Purpose, Definition and Benefits

Practical Content:

Perform different types of yogic exercises-

1. Practice 48 types of Sukshma Vyayama
2. Practice Surya Namaskar- Purpose, Definition, Benefits, Precautions
3. Practice of different types of Pranayama
4. Practice of Meditation
5. Practice of Tratak

List of Tools, Equipment & Materials needed for 30 Trainees

SL.NO	PARTICULARS	QUANTITY
1.	NAIL CUTTER	15
2.	NAIL FILER	15
3.	NAIL BRUSH	15
4.	CUTICLE PUSHER	15
5.	CUTICLE CLEANER	15
6.	NAIL BUFFER	15
7.	CULICLE NIPPER	15
8.	CUTICLE CUTTER	15
9.	SIDE WALL SCRAPPER	15
10.	FOOT SCRAPPER	15
11.	PUMIC STONE	15
12.	FOOT BUFFER	15
13.	ORANGE WOOD STICK	15
14.	WAX HEATER	10
15.	SPATULA	15
16.	THREAD 40 NO.	30
17.	SMALL SCISSORS	15
18.	TWIZZERS	15
19.	CROMEDONE/ BLACK HEAD REMOVER	15
20.	PACK BRUSH	15
21.	VIBRO MESSENGER	10
22.	BRUSHING UNIT	5
23.	VAPOZONE	5
24.	MAGNIFYING GLASS	5
25.	DERMASCOPE	5
26.	HIGH FREQUENCY	5
27.	HOT AND COLD SPRAY UNIT	5
28.	GALVANIC	5
29.	ULTRA SONIC	5
30.	INFA RED LAMP	5
31.	MAKE-UP BRUSH SET	5
32.	SPATULA FOR MAKE UP	15
33.	MIXING PALLET	15
34.	SCALP STEAMER	5
35.	HAIR DRYER	5
36.	HOT ROLLERS	5
37.	STRAIGHTENING IRON	10
38.	TONGS	10
39.	CRIMPER	10
40.	BENDERS	15 doz. each
41.	VELCO ROLLERS	15 doz. each

42.	BARBER'S SCISSORS	15
43.	THINNING SCISSORS	15
44.	CLIPPER WITH ATTACHMENTS	5
45.	TRIMMER	5
46.	ROLLER BRUSH	15
47.	TAIL COMB	30
48.	CUTTING COMB	30
49.	OPEN TEETH TAIL COMB	30
50.	VENT BRUSH	15
51.	PADDLE BRUSH	15
52.	TEASING BRUSH	15
53.	AFRO COMB	15
54.	MULTI PURPOSE HAIR STYLING CHAIR	10
55.	FACIAL BED	5
56.	BACK VIEW MIRROR	10
57.	MIRROR PANNEL	15
58.	SHAMPOO STATION	3
59.	REFRIGERATOR	1
60.	First aid kit	1
61.	Fire extinguishers	3
62.	Wet Sterilizer	3
63.	Dry Sterilizer (Ultra Violet)	3
64.	Hot towel cabinet	3
65.	Waste disposal Dust bin (covered)	10
66.	Boiler	01
67.	Nail art tape	30
68.	Dotting tool	30
69.	Thin tip brush	30
70.	Glitter nail polish remover pads	30
71.	Matte top coat	15
72.	Base coat	15
73.	Cuticle Oil	15
74.	Nail polish correcting pen	30
75.	UV lamp	15
76.	Nail art table	10
77.	Nail Tips and glue	30
78.	Tweezer	15
79.	UV sterilizer	10
80.	Nail drill	15
81.	Nail Drill bits	15
82.	Acrylic Powder	15PACKET
83.	Monomer	15
84.	Gel Nail polish	15
85.	Isopropyl alcohol	15
86.	Acrylic Nail Brush	30
87.	Buffing blocks	30

88.	Nail file with different grids	15
89.	Anatomy and physiology charts	AS REQUIRED
90.	Electric Water Kettle	5
91.	Facial Steamer	5
92.	Timer/STOP WATCH	15
93.	SHAMPOO CAPE	15
94.	HAIR TROLLEY	10
95.	SKIN EQUIPMENT TROLLEY	10