

Lori Stravers MPH. CHES. CCRC

A Ruby and Ruby on Rails junior software developer, Certified Clinical Research Coordinator (CCRC), and Health Education Specialist (CHES) with 15+ years combined experience managing clinical research studies and coordinating employee and student health and wellness programming activities.

Skills

Ruby	Ruby on Rails	HTML	CSS
Research Coordination	Health/Wellness Assessments	Team Management	

Certifications

Certified Clinical Research Coordinator (CCRC)

Association of Clinical Research Professionals (ACRP)	2017-2019
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CPR/BLS: American Heart Association

2017-2019

Certified Health Education Specialist (CHES)

National Commission for Health Education Credentialing (NCHEC)	2001-2023
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Certified Yoga Instructor (Yogafit)

2006-Present

Professional Experience

MOMENTUM LEARNING

Backend Software Development

July-October 2018

- Dedicated 12-weeks specializing in highly focused, immersive training centered on language fluency, object-oriented programming, and project based learning.

UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL

Social/Clinical Research Specialist - Radiation Oncology

20012 -2017

Social/Clinical Research Specialist - School of Public Health

2008 - 2012

- Implemented federal, industry, and investigator-initiated clinical trials
- Provided oversight of affiliate research sites
- Ensured compliance with ICH/GCP guidelines
- Recruited, enrolled, and documented subject participation
- Collected quantitative and qualitative data for analysis and reporting
- Managed Institutional Review Board (IRB) protocol submissions (new and renewals)
- Facilitated contract negotiations, budget proposals, and award approvals
- Monitored proposal statuses, COI documentation, and compliance timelines

- Quality Improvement and Lean Six Sigma Initiatives: developed monthly Quality/Safety presentations and weekly meeting agendas and minutes
- Assimilated literature reviews and manuscript submissions for publication
- Conducted stakeholder interviews, environmental scans, and focus groups
- Supervised data collection field teams, medical, and work-study students
- Interviewed and trained new team members
- Assisted with the development of assessment and data collection tools

REDICLINIC (VA)

Health Education Specialist

2007 – 2008

- Consulted patients on healthy lifestyle, heart disease, and diabetes risk factors including health status and normal laboratory results. Performed phlebotomy, glucose, cholesterol, and vital signs procedures as well as clinic management and administrative operations.

LONGWOOD UNIVERSITY (VA)

Wellness Coordinator

2005 – 2007

- Directed campus wellness programming activities
- Created academic wellness classes and a citizenship training seminar
- Instructed alcohol education classes
- Managed the Virginia state *Tobacco Use Control Project* grant
- Chaired/co-chaired Sexual Assault Response Education and Wellness and Alcohol, Tobacco, and Other Drugs committees
- Supervised peer education, diversity groups, student internships, and graduate assistants

WEST VIRGINIA UNIVERSITY

Wellness Program Coordinator

2001 – 2005

- Conducted annual worksite wellness employee health fairs and screenings
- Created Wellness program print/electronic marketing materials
- Developed individual nutrition assessments and aerobic/strength training programs
- Provided new member orientations to the fitness facility
- Performed body composition testing (Futrex 5000/XL Body Comp Analyzer)

PUBLICATIONS: [Google Scholar](#)

Education

West Virginia University

Masters of Public Health (MPH)

2005

Slippery Rock University of Pennsylvania

Bachelor's of Science in Community Health/ Preventive Medicine (BS)

2001