Table 1: Difference between lvalue and rvalue references

Lvalue Reference	Rvalue Reference
A reference to an object that has a distinct memory address and can be modified.	A reference to a temporary object, which can be moved from.
Declared using the & operator, e.g., int&.	Declared using the && operator, e.g., int&&.
Used for modifying an object's value and accessing its state.	Used for moving an object's value efficiently, often to transfer resources.