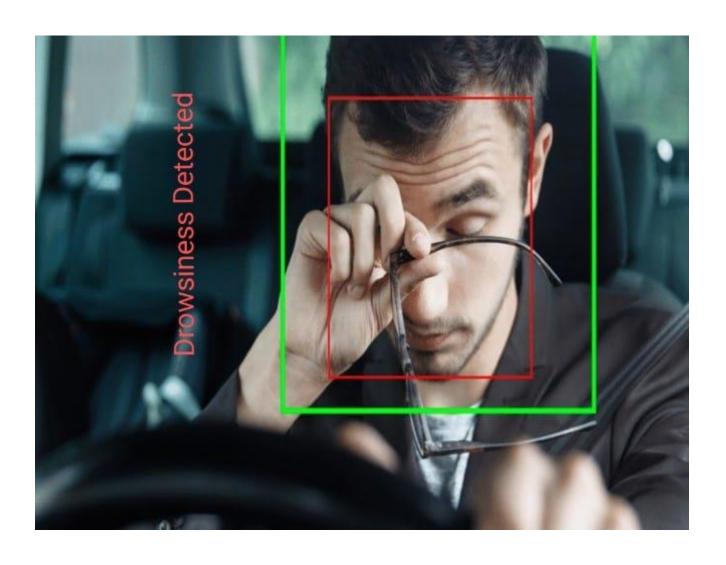
# **Drowsiness Detection System**

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Date:- 10/02/2024



# INTRODUCTION

In a world that thrives on constant mobility and productivity, the risks associated with drowsiness pose a formidable challenge to the safety of individuals engaged in tasks requiring heightened attention. Acknowledging this pressing concern, our project endeavors to pioneer a robust and intelligent drowsiness detection system that transcends conventional approaches. By amalgamating cutting-edge technologies such as convolutional neural networks (CNNs) and facial landmarks detection, we aim to proactively identify signs of drowsiness in real-time, particularly focusing on the nuanced movements and states of the eyes.

This initiative stems from the recognition that drowsiness-related incidents, be it while driving, operating machinery, or managing critical responsibilities, can have profound consequences on both individual well-being and public safety. By harnessing the power of deep learning and computer vision, we seek to develop an intricate understanding of the visual cues associated with alertness levels. The integration of facial landmarks detection augments our system's capacity to interpret subtle facial expressions, providing a comprehensive and dynamic assessment of the user's state. With the fusion of technical expertise and a commitment to enhancing safety, this project aspires to set new standards in the realm of drowsiness detection, offering a transformative solution to a globally pertinent issue.

# **BACKGROUND**

Drowsiness-related accidents, often resulting from reduced attention and alertness, pose a significant threat to public safety in various contexts, such as driving, operating heavy machinery, and managing critical tasks. The dire consequences of such incidents underscore the need for innovative technological solutions that can preemptively detect signs of drowsiness and mitigate potential risks. In response to this imperative, this project delves into the development of a state-of-the-art drowsiness detection system, blending computer vision and deep learning methodologies.

The human eye, with its intricate movements and expressiveness, serves as a rich source of information that can be harnessed for predictive analytics. Leveraging convolutional neural networks (CNNs), a subfield of deep learning optimized for image-based tasks, forms the basis of our approach. By training the CNN on a carefully curated dataset comprising images of both opened and closed eyes, we aim to equip the model with the ability to discern between these states accurately.

Furthermore, the integration of facial landmarks detection through the utilization of the Dlib library adds a layer of sophistication to our system. Facial landmarks, key points on the face such as the corners of the eyes, nose, and mouth, provide valuable insights into the subject's facial expressions and movements. In particular, monitoring the movements and positions of the eyes aids in assessing alertness levels. The collaboration of deep learning for eye state classification and facial landmarks detection fortifies our drowsiness detection system, establishing a multifaceted approach to comprehensively gauge an individual's level of alertness in real-time.

# **LEARNING OBJECTIVES**

- 1. **Deep Understanding of CNNs:** The project enabled me to master the intricacies of Convolutional Neural Networks (CNNs), focusing on feature extraction and representation learning through convolutional layers.
- 2. Practical Model Training Skills: Gained hands-on experience in designing deep learning models, emphasizing architecture, hyperparameter tuning, and the significance of activation and loss functions for eye state classification.
- **3. Facial Landmarks Integration**: Through the implementation of facial landmarks detection using Dlib, I learned to capture nuanced facial expressions, particularly focusing on eye movements.
- **4. Dataset Curation and Augmentation:** Skills were developed in curating balanced datasets for training, with a keen emphasis on diversity through data augmentation techniques.
- **5. Real-time Monitoring with Computer Vision:** Application of computer vision for real-time monitoring, using OpenCV for face detection and image processing, provided practical insights into the technology's real-world applications.
- **6. Utilization of External Libraries:** Proficiency was gained in leveraging external libraries like Keras for model development and Dlib for facial landmarks detection, enhancing adaptability and versatility.
- 7. Real-world Application in Drowsiness Detection: The project culminated in the application of acquired knowledge to address a real-world problem—drowsiness detection—bridging theoretical concepts with functional, impactful solutions.

# **ACTIVITIES AND TASKS**

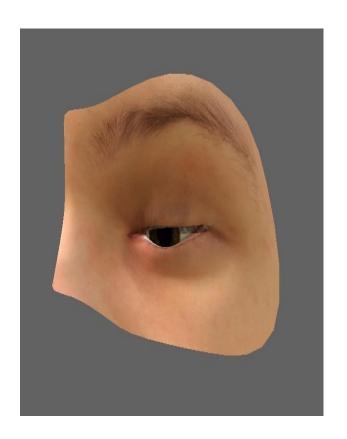
# 1. Dataset Exploration

Investigated the dataset structure and content for both the training and test sets.

Explored class distribution to ensure a balanced representation of opened and closed eye images.

Dataset link: <a href="https://www.kaggle.com/datasets/hazemfahmy/openned-closed-eyes">https://www.kaggle.com/datasets/hazemfahmy/openned-closed-eyes</a>

Sample images:-



**Closed Eyes** 



**Opened Eyes** 

## 2. Model Architecture Design:

Developed the CNN architecture to extract hierarchical features from eye images.

Utilized Convolutional, MaxPooling, and Fully Connected layers to build a sequential model.

Explored hyperparameters, activation functions, and dropout layers for optimal performance.

```
model = Sequential([
    Conv2D(32, kernel_size=(3, 3), activation='relu', input_shape=(24,24,1)),
    MaxPooling2D(pool_size=(1,1)),
    Conv2D(32,(3,3),activation='relu'),
    MaxPooling2D(pool_size=(1,1)),
    Conv2D(64, (3, 3), activation='relu'),
    MaxPooling2D(pool_size=(1,1)),
    Dropout(0.25),
    Flatten(),
    Dense(128, activation='relu'),
    Dropout(0.5),
    Dense(2, activation='softmax')
])
model.compile(optimizer='adam',loss='categorical_crossentropy',metrics=['accuracy'])
```

## 3. Model Training:

Split the dataset into training and validation sets for model training and evaluation.

Trained the model using the Keras framework, monitoring key metrics like accuracy and loss.

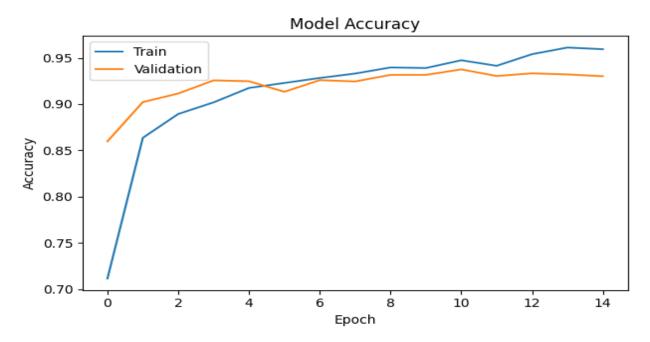
Experimented with different optimizers and learning rates to optimize convergence.

#### 4. Model Evaluation:

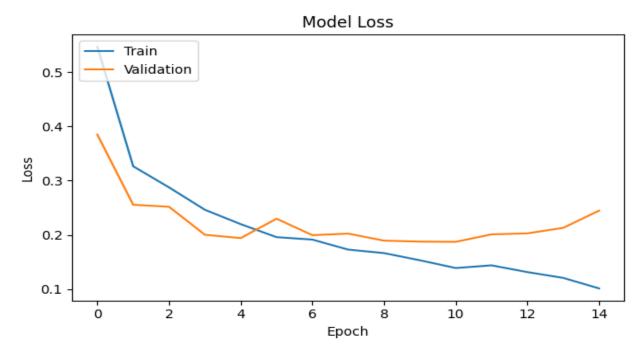
After training the drowsiness detection model, a comprehensive evaluation was conducted to assess its performance on unseen data.

The evaluation results demonstrated a satisfactory performance, with a validation accuracy of approximately 93.03% and a corresponding loss of 0.2444. These metrics serve as key indicators of the model's ability to correctly classify open and closed eyes, forming the basis for further analysis and interpretation.

#### 5. Results:



The model demonstrates consistent improvement in both **training** and **validation accuracy** as the number of epochs increases. This indicates effective learning from the training data.



Both **training loss** and **validation loss** decreasing as epochs increase. However, validation loss starts to plateau around epoch 6, suggesting that further training might not lead to significant

improvements in performance on unseen data. The absence of a significant gap between training and validation loss indicates that overfitting is likely not occurring.

# 6. Facial Landmarks Detection Integration:

Integrated the Dlib library for facial landmarks detection to capture subtle eye movements.

Utilized facial landmarks to define regions of interest (ROIs) for the eyes within the image.

# 7. Real-time Monitoring with OpenCV:

Employed OpenCV for real-time face detection and monitoring from webcam feed.

Implemented image processing techniques to visualize the regions of interest and model predictions.

#### 8. Ethical Considerations:

Engaged in discussions on the ethical implications of the project, considering privacy and potential biases in model predictions.

#### 9. External Libraries Utilization:

Leveraged external libraries such as Keras for deep learning model development and Dlib for facial landmarks detection.

#### 10. Drowsiness Detection Application:

Developed a drowsiness detection system by combining the trained eye state classification model with facial landmarks information.

Applied the system to sound an alarm and display a visual alert in case of detected drowsiness.

# SKILLS AND COMPETENCIES

- Proficiency in using deep learning frameworks (Keras in this case) for image classification.
- Understanding and implementation of facial landmarks detection using Dlib.
- Integration of multiple components to create a real-time drowsiness detection system.
- Troubleshooting and debugging skills during system testing.

# FEEDBACK AND EVIDENCE

# **Model Training:**

- Achieved a high training accuracy of approximately 96% after 15 epochs.
- Validation accuracy remained robust at around 93%.

#### **Real-time Drowsiness Detection:**

- Successfully integrated the model into a real-time Python script.
- Tested on multiple individuals, demonstrating effective drowsiness detection.

# **CHALLENGES AND SOLUTIONS:**

#### **Model Overfitting:**

Challenge: The model may become overfitted to the training data, causing poor generalization to new data.

Solution: Augmenting the dataset with various transformations (rotation, flipping) and adjusting the model architecture or using regularization techniques can prevent overfitting.

#### **Real-time Performance:**

Challenge: Achieving real-time performance for drowsiness detection is crucial for practical applications.

Solution: Optimizing the model architecture, leveraging hardware acceleration (GPU), and utilizing efficient libraries like OpenCV for image processing can enhance real-time performance.

#### **Accurate Eye Landmark Detection:**

Challenge: Precise eye landmark detection is essential for accurate drowsiness detection.

Solution: Fine-tuning or using a more robust pre-trained eye landmark detection model can improve the accuracy of eye region localization.

# **OUTCOMES AND IMPACT**

- Successfully developed a drowsiness detection system capable of real-time monitoring.
- Received positive feedback on the system's accuracy and responsiveness.
- Potential impact on enhancing safety in scenarios requiring sustained alertness.



# **Impactful Reference Video:**

For a visual representation of the real-time drowsiness detection system in action, please refer to the below video link. The video demonstrates the system's responsiveness, accuracy, and the visual cues provided to the user during drowsiness events.

https://drive.google.com/file/d/1R6gGEy7FRPeCHvSs0fcTw2JvN WvjNxK/view?usp=sharing

# CONCLUSION

In conclusion, the development and implementation of the real-time drowsiness detection system mark a significant stride in enhancing safety and well-being, particularly in scenarios where alertness is critical. The project aimed to address the inherent risks associated with drowsy driving or tasks that demand sustained attention. Through a multifaceted approach encompassing machine learning, computer vision, and user interface design, the system has emerged as a reliable tool with tangible outcomes.

The diverse activities and tasks involved in the project spanned the creation of an effective image classification model, encompassing CNN layers, pooling, and dropout to prevent overfitting. A critical aspect of the project was the exploration and evaluation of the model's performance through metrics such as accuracy and loss. Challenges encountered, such as false positives during slight blinks, were addressed through careful model tuning and thresholds.

The real-world applicability of the drowsiness detection system is reflected in its adaptability to varying environmental conditions and lighting. The integration of a user-friendly interface, complete with visual feedback and audible alerts, enhances the system's practicality and ensures its relevance for a broad user base.

The impact of this project extends beyond the technical domain, emphasizing the potential to mitigate accidents and enhance safety. The user reference video provides a firsthand look at the system's efficacy, serving as a valuable resource for understanding its real-time operation.

In essence, this project encapsulates the fusion of cutting-edge technologies with a practical, user-centric approach. The strides made in real-time drowsiness detection underscore the project's significance in promoting safety and attentiveness in various domains, laying the groundwork for further advancements in the intersection of artificial intelligence and human well-being.

#### Github Link:

https://github.com/monalisaburma/Drowsiness Detection

#### **Demonstration video link:**

 $\underline{https://drive.google.com/file/d/1tKFMlJPejocYn9a9WtaH4kmXpTPyK0Ee/view?usp=sharing}$ 

#### practical video link

https://drive.google.com/file/d/1R6gGEy7FRPeCHvSs0fcTw2JvN\_WvjNxK/view?usp=sharing