

Cocurricular

The cocurricular section of a resume encompasses activities, interests, and achievements that lie outside the realm of formal education and work experience.

Why Include a Co-Curricular Activities Section?

This section serves to provide insights into our character, interests, and the skills we have developed through extracurricular activities like time management, leadership skills and multitasking.

Participation in clubs, sports teams, or volunteer work often involves leadership roles or collaboration with peers, both of which are highly valued by employers.

Our choice of activities can reveal our passions, values, and dedication to causes, providing employers with a more holistic view of our character.

How to Present Co-Curricular Activities in our Resume

1. Choose Relevant Activities:

Select activities that align with the job we're applying for. For instance, if we're applying for a leadership position, highlight experiences that demonstrate leadership skills.

2. Provide Specifics:

Mention our role or position, responsibilities, and any achievements or milestones within each activity. This adds depth to our resume and quantifies our contributions.

3. Highlight Achievements:

If we received awards, accolades, or recognition for our involvement in any activity, be sure to mention them. This showcases our dedication and standout performance.

Furthermore, engaging in creative pursuits like music, art, or writing showcases your creativity and problem-solving abilities. Employers often seek individuals who possess a well-rounded skill set that goes beyond technical proficiency, and the cocurricular section is the perfect place to demonstrate these capabilities.