Document Link:

 $\frac{https://docs.google.com/document/d/1RZJ0YVk48hE6EXxRdLi6C4Laya8DZZXY/edit?usp=sharing\&ouid=100497770503133808524\&rtpof=true\&sd=true$

Video Link:

https://drive.google.com/file/d/1UsXDXz8TLlph1qLjtLrELla EcbQKxWv/view?usp=sharing