



Confederation of Indian Industry

Welcome to the Webinar on “Personality Development/ Interpersonal Skills”

Thursday, 14 September 2017, 1500hrs to 1800hrs

Programme

1500 - 1505 hrs	Participants to Login
1505 - 1600 hrs	Webinar Session by : Mr Shivanand Pandit
1630 - 1700 hrs	Q&A with Participants
1700 hrs	Close

Instructions:

- Please check your desktop speakers / headset before the commencement of the sessions
- If you are not able to hear during the session, please type NHA in the Chat
- Please note that this Webinar would be one-way communication from Mumbai
- Please type your Question (s) to the Speaker in the Questions Box which will be opened during Q&A Session



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WILLPOWER

the key to success

Enhance your WILLPOWER

- *Willpower is an enthralling phenomenon.
- *Willpower is a secret source of happiness.
- *Willpower is an important proficiency.
- *Willpower is the antidote to lethargy.
- *Willpower is a skill that can be improved.

Actionable steps

- *Work on one change at a time.
- *Do not delay.
- *Eliminate Temptation.
- *Develop powerful habits.
- *Anticipate roadblocks.
- *Manage Negative thoughts.

SELF-MOTIVATION

A key life skill

Master your ability to Self-motivate

- *Self-motivation is the inherent force.
- *Staying motivated is a tussle.
- *Self-motivation is a crucial quality.
- *Self-motivation is key constituent of progress.
- *Self-motivation is key to achievement.

Actionable steps

- *Keep a positive attitude.
- *Keep good company.
- *Know why you are doing something.
- *Break it down.
- *Let go of the past.
- *Educate yourself.

**ENHANCE YOUR
SELF-CONFIDENCE**

Enrich your Self-Confidence

- *Self-confidence is important tool.
- *Self-confident people inspire others.
- *Self-confidence allows us to feel secure.
- *Self-confidence is trusting your own verdict.
- *Building self-confidence is a journey.

Actionable steps

- *Identify your strengths.
- *Identify your weaknesses.
- *Challenge yourself.
- *Embrace the unknown.
- *Be thankful.
- *Stick to your principles.

MASTER YOUR

TIME

Manage your time efficiently

- *Time has different meaning.
- *Time is a relative concept.
- *Time is more valuable than diamond.
- *Time and tide wait for none.
- *Time is a scarce resource.

Actionable steps

- *Prioritize Activities.
- *Do Powerful planning.
- *Know to say No.
- *Make the best use of your time.
- *Delegate effectively.

Turn problems

into

Opportunities

Manage LIFE brilliantly.

- *Problem is an opportunity.**
- *Problems create innovators.**
- *Problems come with plenty of prospective.**
- *Handle problems vigorously.**
- *Problems bring benefits.**

Actionable steps

- *Act instantly.
- *Focus on the solution.
- *Learn from your mistakes.
- *Engage others.
- *Develop Curiosity.
- *Do not panic.



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Thank You for Attending

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