

(a) A drop of vinegar...

- 1. Blend 50g of MHRB and empty into a 1-2 litre lidded glass jar.
- 2. Add 400ml of distilled water and 60ml of white distilled vinegar to the jar.
- 3. Seal the jar, mix thoroughly and place into a warm (not hot) water bath for 8 hours. (a slow-cooker on the lowest setting comes in handy here)





...and a dash of salt (b)

- 1. Add 70g of salt (non-iodized) to a pan with 250ml of distilled water.
- 2. Heat and stir until the salt has dissolved, then pour the solution into the jar.
- 3. Top the jar up with enough distilled water to leave about 500ml of space for later and mix thoroughly.

(c) a sprinkle of lye...

Warning: Lye can be dangerous. You must take precautions to prevent ingesting, inhaling or touching it directly. Gloves, goggles and preferably a mask should be used. If there is a spill, neutralise the area with vinegar immediately.

- 1. Carefully add 40g of Lye (pure sodium hydroxide) into a glass beaker using a stainless steel spoon.
- 2. Slowly sprinkle and stir the Lye into a pan of 100ml of room-temperature distilled water until dissolved.
- 3. Carefully pour the Lye solution into the jar and mix thoroughly.
- 4. Place the jar into a warm (not hot) heat bath for 2 hours, stirring occasionally.





...and a touch of solvent (d)

- 1. Pour 50ml of Naphtha into the jar and ensure it's sealed closed (check for leaks).
- 2. Roll the jar in every direction for at least 1 full minute. Take your time, low effort means low yield.
- 3. Place the mixing jar back into a warm (not hot) heat bath and leave for an hour, during which time the Naphtha should separate from the bark and rise to the top.
- 4. Repeat steps 2, 3 and 4 at-least a further 3 times. You should only need to wait 30-45 minutes for full separation to occur going forward.



(e) now to pull...

- 1. Using a small pipette slowly and carefully suck the layer of Naphtha from the surface of the mixture and decant into a glass roasting dish. Be careful not to disturb the black layer as this will contaminate your product.
- 2. Repeat sections (d) and (e) up to 4 more times, each time adding the pulls into your glass roasting dish.



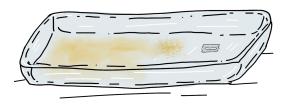




- 1. Tightly wrap the glass roasting dish with cling film or aluminium foil.
- 2. Leave the dish in the freezer for 12 to 24 hours. (try not to open the freezer or disturb the process during this time)

(g) and finally, scrape.

- 1. Remove the dish from the freezer and quickly decant the Naphtha into a lidded glass jar for future pulls.
- 2. Immediately stand the glass roasting dish against something (so it's vertical) and point a fan at it for at least 25-30 minutes to evaporate any remaining Naphtha before the dish warms up.
- 3. Scrape your hard-earned DMT crystals from the roasting dish using a razor blade.



3/3