

ME, INC. BI-ANNUAL CHECKUP

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Name: _____ Date of Analysis: _____ Next Analysis (6-Months): _____

INSTRUCTIONS: This template encourages you to analyze every facet of your life to determine how well you currently stand and how well you have planned for your future (and for those you love). Reminders: T = Track Record; R = Return on Investment; U = Unique Investment Opportunity; S = Systems & Savvy; T = Team ----- H = Huge Dreams; O = Oversized Confidence; P = Patient Serenity; E = Eternal Faith ----- I = Intellectual Property; N = Never Touch Fund; V = Venture Capital; E = Education; S = Stock Market; O = Own Business; R = Real Estate----- F = Fun; F = Flexibility; F = Financial Reward----- B = Betterment; R = Results; E = Encouragement/Education; A = Adventure; K = Knowledge; D = Development; I = Inspiration; V = Velocity; I = Improvement; N = New Friends; G = Greatness. ----- TTT = Times Two & Tomorrow.

THE ACRONYMS

T -	I -	B -
R -	N -	R -
U -	V -	E -
S -	E -	A -
T -	S -	K -
	T -	D -
H -	O -	I -
O -	R -	V -
P -		I -
E -	F -	N -
	F -	G -
	F -	

LEGAL & FINANCIAL REVIEW

Life Insurance -	Will -	Health Care Proxy -
Other Estate Matters -	Contracts -	Assets -
Debt -	Wealth (in months) -	

IMPORTANT STUFF

Health -	Happiness --	Fitness --	Dreams --
Friends --	Family --	Relationships --	Business(es) --
Job/Career -	Books --	PMA -	Travel --

LIFE PLANS Always TTT!

10-Year Plan	5-Year Plan	3-Year Plan	1-Year Plan
Month Plan	3-Month Plan	Right Now	6-Month Plan

REFERENCES: This template is based on the various philosophies of and the following books by Monroe Mann, available on Amazon: *T.R.U.S.T.*, *H.O.P.E.*, *I.N.V.E.S.T.O.R.*, *The Theatrical Juggernaut*; *Time Zen*; and others. You can use this template without reading the books and/or hiring Monroe Mann as an attorney/coach, but getting Monroe's in-depth insight through his books and/or consultation will make your analyses much more productive, accurate, and insightful. Break Diving, Inc. is a 501(c)(3) started by Monroe Mann, with more information available at www.breakdiving.org.

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