



## A Day with Robin Grille

27 November 2007  
Auckland

Parnell Trust, Jubilee Hall, Parnell

29 November 2007  
Wellington

Museum Hotel, CBD

9:00 – 11:00 **Workshop for Parents**  
(11:00 – 11:30 Morning Tea)

11:30 – 12:30 **“Parenting for a Peaceful World” lecture**  
(12:30 – 1:30 Lunch)

1:30 – 3:30 **Workshop for Professionals**

Robin Grille is a Sydney based psychologist, psychotherapist and author of *Parenting for a Peaceful World* (2005, Longueville). He maintains an active private practice and his work on child development, parenting issues and family relationships has been widely published in Australia, the United States, Canada, South Africa and Israel.

For more information:  
[www.our-emotional-health.com](http://www.our-emotional-health.com).

*‘Stunning, absolutely fascinating! You’ll never think about childhood the same way again...’*

Sandy McCutcheon, ABC  
Radio National

Workshop for Parents (9:00 – 11:00am):

### Connecting with Your Toddler and Young Child: Setting Strong Boundaries without Punishment

A workshop for parents, grandparents, teachers and other caregivers. Workshop will include:

- A brief history of punishment and shaming
- Why smacking and other forms of punishment are ineffective
- Being effective and being assertive means being ‘real’
- Learn appropriate expression of your (the parent’s) needs and limits
- Active listening
- The key ingredients of a deep connection with your child

Lecture (11:30 – 12:30)

### Parenting for a Peaceful World

This one-hour inspirational lecture, based on his book of the same title, will provide a fascinating look at parenting customs that have shaped societies and major world events, revealing how children adapt to parenting styles and how these experiences underpin the adults they become and, ultimately, the way the world is structured. Robin Grille draws upon revolutionary new research to argue that safeguarding children’s emotional development is the key to creating a more peaceful and harmonious world.

Workshop for Professionals (1:30 – 3:30):

### Core Emotional Development in the First 7 Years: Implications for Counsellors, Therapists and Health Practitioners

This workshop represents a journey through five distinct, core developmental stages – from in-utero until age seven – that are universal and biologically determined. We will be looking at how children’s relationships impact on the growing brain at each of these five stages, and what this means for their personalities, behaviour and relationships.

Drawing from diverse fields such as somatic psychotherapy, developmental neuro-psychology and attachment research, we will explore a fascinating character typology that is shaped by these key early experiences. The strength of this typology – arising from the work of Wilhelm Reich, Alexander Lowen and other contemporary psychotherapists – is its grounding in established biological and developmental processes. This workshop will examine:

- The child’s changing developmental needs at each of the five stages
- Rites of passage in psychological life
- What is most wounding at each of the five stages
- Core emotional defences arising from each stage
- Five character styles
- Five relating styles
- Key restorative (healing) experiences
- Implications for clinicians

#### *Cost:*

**Full day**, including *both* workshops, the lecture, morning tea, and lunch: \$115

**One workshop and lecture:** \$75

**One workshop only:** \$50 / **Lecture only:** \$30

#### *To register:*

By fax: 07 859 3162 / By email: [lauren@centreforattachment.com](mailto:lauren@centreforattachment.com)

By mail: Centre for Attachment, 51 Flynn Road, Hamilton

For further information: Lauren Porter, [lauren@centreforattachment.com](mailto:lauren@centreforattachment.com) / 021 721 115

Or on line at [www.centreforattachment.com](http://www.centreforattachment.com)

Fees may be paid by cheque (to Centre for Attachment) or by electronic bank transfer



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