



# Southend Skills Academy

**Spring Athletic Training Sessions – (*Boys and Girls – Grades 3-11*)**

**Get your child ready for the upcoming season by participating in specific skill development sessions which will greatly improve their game!**

## **Trainers**

**Christina Arrington** – Head Dance Coach – Cedar Heights Middle School

**Aaron Chantler** - Head Football Coach at Gig Harbor High School

**Godfrey Drake** – Head Boys Basketball Coach at Kentlake High School

**Derek Edwards** – Former Assistant Volleyball Coach at Kentridge High School

**Barry Fredericks** – Head Boys/Girls Tennis Coach at Kentlake High School

**Courtney Grady** – Former Head Girls Volleyball Coach at Kentlake High School

**GC Hillburn** – Assistant Women's Basketball Coach at George Fox University

**Chris Paulson** – Head Football Coach at Kentlake High School

**Erick Schug** – Assistant Track Coach at Auburn-Riverside High School and Certified Speed and Agility Trainer

Southend Skills Academy is a set up for both boys and girls of all ages and ability levels. Whether your son or daughter is a player getting ready for the upcoming season or they're trying to make a team they did not make last season, the fundamentals, skills and game situation work taught is right for them. Perhaps your child is the player who wants to get more playing time or the player who is working toward playing at the next level; whatever that may be, Southend Skills Academy offers players the best possible chance to reach their athletic goals.

**Do not miss out on this opportunity!**

Exact spring training schedule is attached to this flyer.

Class sizes are limited. Go to [www.southendskillsacademy.com](http://www.southendskillsacademy.com) to sign up for classes.

Questions can also be sent to the academy's email address  
[southendskillsacademy@hotmail.com](mailto:southendskillsacademy@hotmail.com)

Payment plans are available with prior agreement.  
*Scholarships available upon review and approval of completed applications*