

Southend Skills Academy

CONCUSSION INFORMATION – STATE LAW

On May 14th, 2009 Washington State Governor Christine Gregoire signed into law House Bill 1824 to be known as the Zachery Lystedt Law. This new law requires the education of coaches, players and parents on the recognition and management of concussions as well as establishing return to play protocol for all athletes suspected of, or having a concussion or brain injury.

The following will apply to all coaches, players, and their parent/guardians.

1. All coaches will have to take a training course on the nature and risk of concussions and head injuries including continuing to play after a concussion or head injury.
2. Each school year prior to initiating any trainings or competition, all athletes and their parents/guardians must have received training on concussions and head injuries and provide the academy with a signed statement indicating they have taken this training.
3. All athletes suspected of suffering a concussion or brain injury will be removed from practice, training, or competition and not returned to play until cleared in writing by a licensed health care provider trained in the evaluation and management of concussions.

CONCUSSION EXPECTATIONS – SPECIFIC ACTIONS

1. All coaches, paid and/or volunteer, will be required to complete the Concussion Online training course. The Southend Skills Academy Director will be responsible to manage and oversee the registration and completion by every coach. This training is required only once a year per individual beginning with the first sport trained in any given school year (September 1st through August 31st). These documents must be kept on file.
2. Every athlete and their respective parent/guardian will be distributed a one page (this document) flyer regarding important information about concussions which they are expected to read and be aware of. Athletes and parents/guardians will be required to sign and return the concussion information page. These documents must be kept on file.
3. Coaches are required to report to the Southend Skills Director any student that is removed from training, practice or contest due to a suspected concussion. No player is allowed to return to play (practice, training, or competition) until treatment and a written release by a licensed health care provider trained in the evaluation and management of concussions is submitted to the academy director. Coach does not allow continued participation unless specifically authorized by academy director.

The above information sheet is to alert and train you to the signs and symptoms of a concussion and steps to follow if a concussion is suspected. Please print this page if you would like a hard copy of the information sheet.

For further information:

www.cdc.gov/TraumaticBrainInjury/Fact_sheet_for_Parents.html
<http://www.wiaa.com/subcontent.aspx?SecID=624>

I have read the fact sheet and watched the concussion training video from the two above websites:

Athlete's Full Name (please print) _____ Grade: _____

Signature of Parent: _____