



# sexism

**Prejudice, stereotyping, or discrimination against women, on the basis of sex.**

## In Canada:

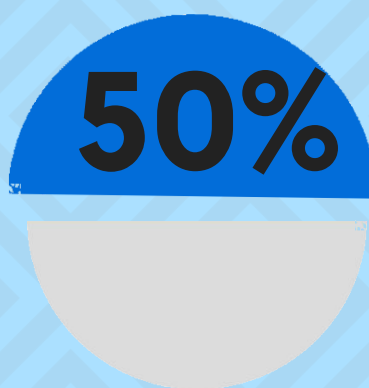


**\$1.00**

**\$0.87**



Canadian women earn 0.87 cents to every dollar earned by men



Half of all women in Canada have experienced one incident of sexual or physical assault in their life

**27%**



Only 27% of the seats in the House of Commons belong to women

## Ways To Be An Ally

**Listen,  
Listen,  
Listen!**

Listen and validate the narratives, struggles, and experiences of ALL women.



Challenge stereotypical and sexist language e.g. "you throw like a girl," street harassment, using male generics, etc.

Support and advocate for women's issues such as pay equity, women representation, sexual violence, workplace discrimination, etc.



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# organizations

## **Canadian Women's Foundation** ● ● ● ● (<https://www.canadianwomen.org>)

Canada's public foundation for women and girls that funds programs across Canada which address these four needs: prevention of gender-based violence, women's economic development, girls' empowerment, and inclusive leadership.

## **Native Women's Association of Canada** ● ● ● ● ● ● ● ● ([www.nwac.ca/](http://www.nwac.ca/))

This organization helps empower women by being involved in developing and changing legislation which affects them, and by involving them in the development and delivery of programs promoting equal opportunity for Aboriginal women.

## **DisAbled Women's Network Canada (DAWN)** ● ● ● ● ● ● ● ● ● ● ● ● ● ● (<http://www.dawncanada.net>)

An organization to end the poverty, isolation, discrimination and violence experienced by women with disabilities and Deaf women. They work towards the advancement and inclusion of women and girls with disabilities and Deaf women in Canada

## **Newcomer Women's Services Toronto** ● ● ● ● ● ● ● ● ● ● ● ● ● ● (<http://www.newcomerwomen.org>)

An organization that provides free employment and settlement services, skills development, and language training for newcomer women and families.

### References

<http://www.statcan.gc.ca/daily-quotidien/170308/dq170308b-eng.htm>  
<https://www.canadianwomen.org/the-facts/women-and-leadership-in-canada/>  
<https://www.canadianwomen.org/the-facts/gender-based-violence/#CRIME>  
<https://en.oxforddictionaries.com/definition/sexism>

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