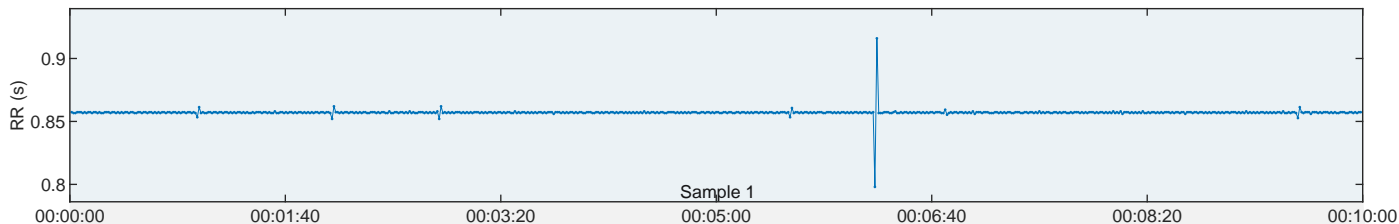
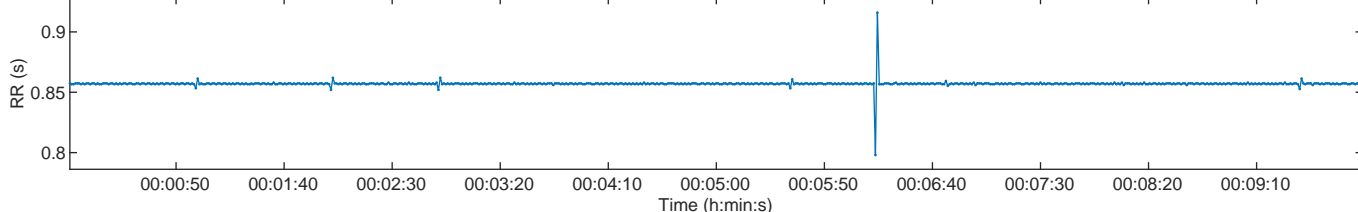


Person: mh			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:	xx/xx/xx	Trend removal:	none
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Artefact corr.:	none
Max HR:	172 bpm	BMI:	24.1 kg/m2	Duration:	00:10:00	Analysis samples:	1
						Sample start:	00:00:01
						Sample length:	00:10:00
						Beats corrected:	Uncorrected

RR Time Series



Selected RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

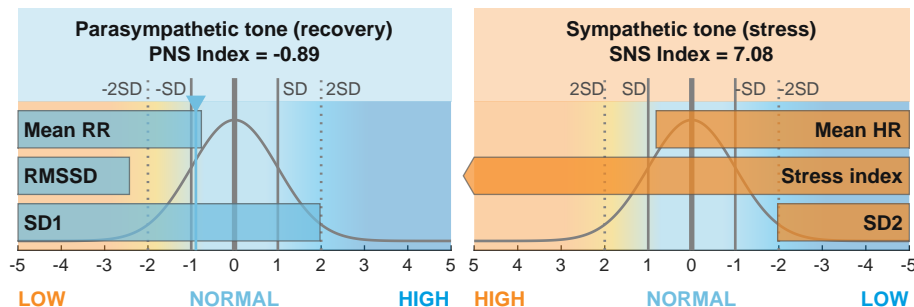
Mean RR 857 ms RMSSD 5.6 ms SD1 63.6 %

PNS Index = -0.89

Sympathetic Nervous System (SNS)

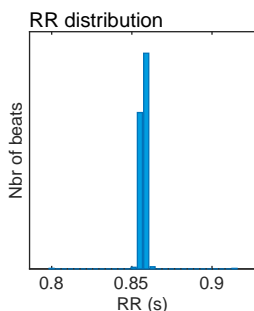
Mean HR 70 bpm Stress index 55.7 SD2 36.4 %

SNS Index = 7.08



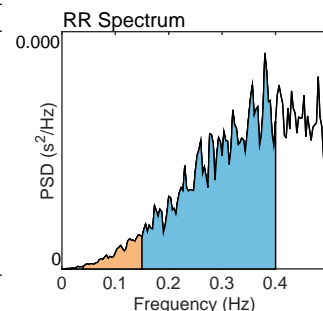
Time-Domain Results

Variable	Units	Value
Mean RR*	(ms)	857
Mean HR*	(bpm)	70
Min HR	(bpm)	66
Max HR	(bpm)	75
SDNN	(ms)	3.2
RMSSD	(ms)	5.6
NN50	(beats)	3
pNN50	(%)	0.43
RR triangular index		1.01
TINN	(ms)	79.0
Stress Index (SI)		55.7



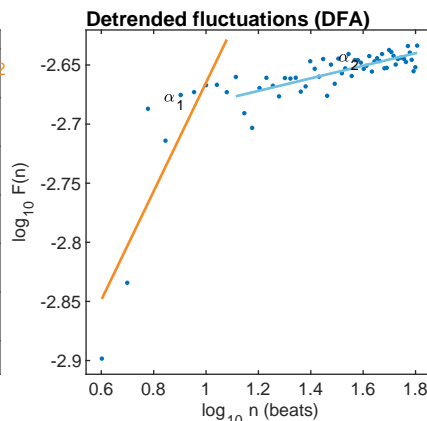
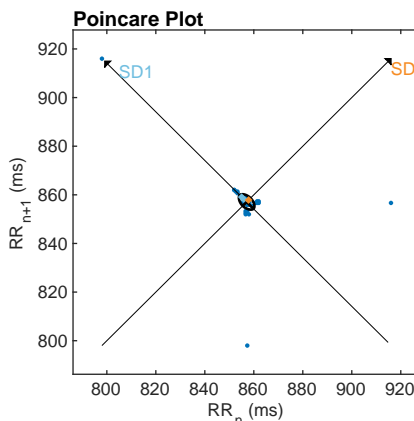
Frequency-Domain Results (FFT spectrum)

Variable	Units	VLF	LF	HF
Frequency band	(Hz)	0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency	(Hz)	0.040	0.143	0.380
Power	(ms ²)	0	0	3
Power (log)		0.000	0.000	1.222
Power (%)		0.15	6.34	92.98
Power (n.u.)			6.35	93.11
Total power	(ms ²)	4		
Total Power (log)		1.295		
LF/HF ratio		0.068		
RESP	(Hz)	-		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	4.0
SD2	(ms)	2.3
SD2/SD1		0.573
Approximate Entropy (ApEn)		0.642
Sample Entropy (SampEn)		0.512
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		0.460
Long-term fluctuations, α_2		0.053



*Results are calculated from the non-detrended selected RR series.