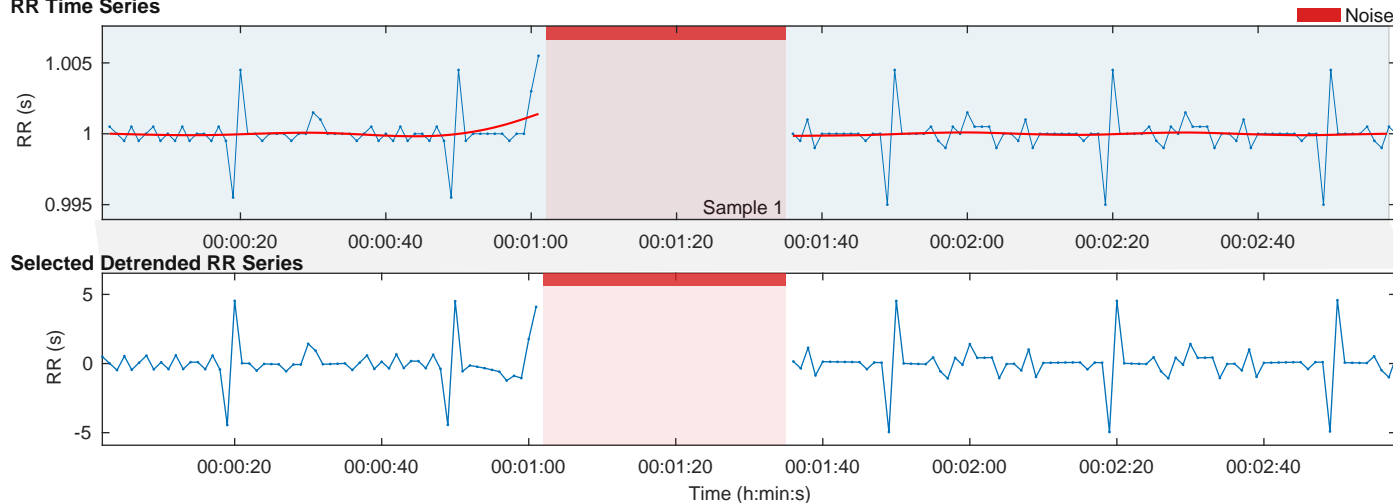


Person:			Measurement Info			Results for Sample 1/1	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:02
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:02:58
Max HR:	172 bpm	BMI:	24.1 kg/m ²	Duration:	00:03:00	Analysis samples:	1
						Beats corrected:	Uncorrected

RR Time Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

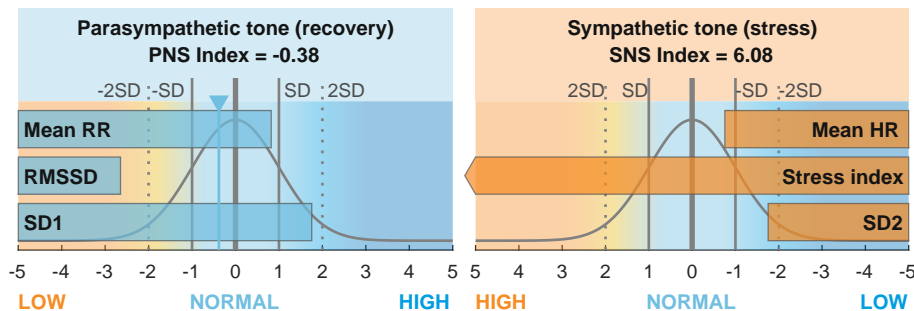
Mean RR RMSSD SD1
1000 ms 2.3 ms 60.1 %

PNS Index = -0.38

Sympathetic Nervous System (SNS)

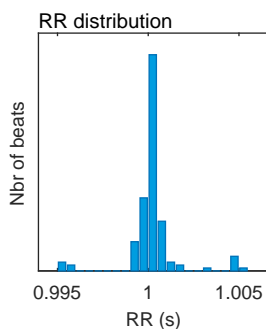
Mean HR Stress index SD2
60 bpm 53.1 39.9 %

SNS Index = 6.08



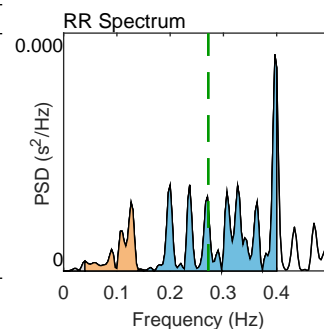
Time-Domain Results

Variable	Units	Value
Mean RR*	(ms)	1000
Mean HR*	(bpm)	60
Min HR	(bpm)	60
Max HR	(bpm)	60
SDNN	(ms)	1.4
RMSSD	(ms)	2.3
NN50	(beats)	0
pNN50	(%)	0.00
RR triangular index		NaN
TINN	(ms)	6.0
Stress Index (SI)		53.1
DC	(ms)	0.7
DCmod	(ms)	1.8



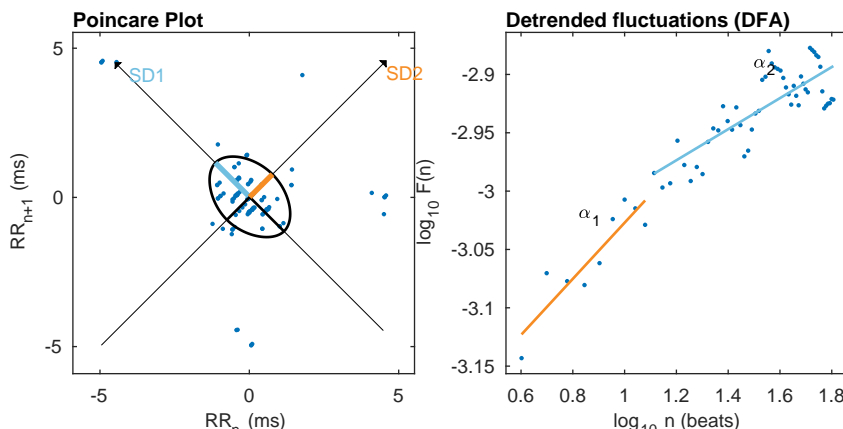
Frequency-Domain Results (FFT spectrum)

Variable	Units	VLF	LF	HF
Frequency band (Hz)		0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency (Hz)		0.040	0.127	0.397
Power	(ms ²)	0	0	1
Power	(log)	0.000	0.000	0.029
Power	(%)	0.81	17.99	79.40
Power	(n.u.)		18.13	80.05
Total power	(ms ²)	1		
Total Power	(log)	0.259		
LF/HF ratio		0.227		
RESP	(Hz)	0.27		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	1.6
SD2	(ms)	1.1
SD2/SD1		0.664
Approximate Entropy (ApEn)		0.691
Sample Entropy (SampEn)		0.932
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		0.241
Long-term fluctuations, α_2		0.133
Correlation Dimension (D2)		0.000
Recurrence Plot Analysis (RPA)	(beats)	
Mean line length (Lmean)	(beats)	7.89
Max line length (Lmax)	(%)	50
Recurrence rate (REC)	(%)	29.28
Determinism (DET)		97.57
Shannon Entropy (ShanEn)		2.647
Multi-Scale Entropy (MSE)		0.007 - 0.932

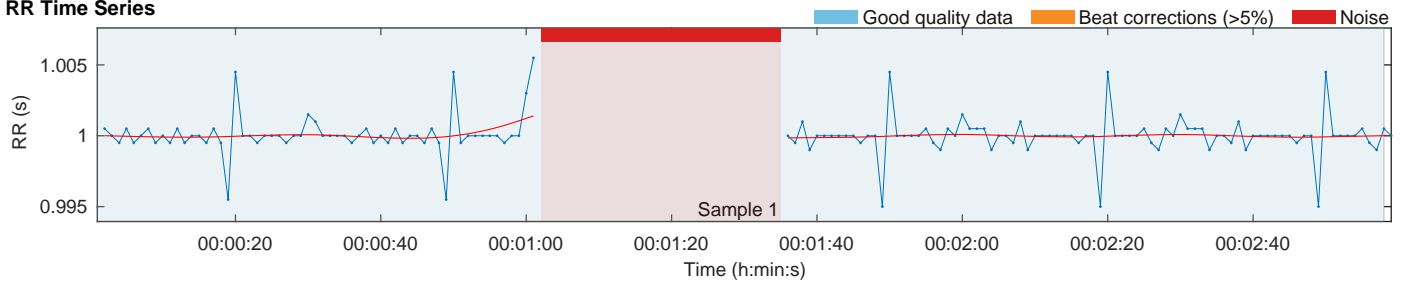


*Results are calculated from the non-detrended selected RR series.

HRV Analysis - Time-Varying Results

Person:				Measurement Info				Results for the whole measurement	
Gender:	Male	Height:	180 cm	Date:		Trend removal:	Smoothn priors	Sample start:	-
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Artefact corr.:	Automatic correction	Sample length:	-
Max HR:	172 bpm	BMI:	24.1 kg/m2	Duration:	00:03:00	Analysis samples:	1	Beats corrected:	0 (0.00 %)

RR Time Series



TIME-VARYING RESULTS NOT DEFINED
(Not enough good quality data available for time-varying analysis)