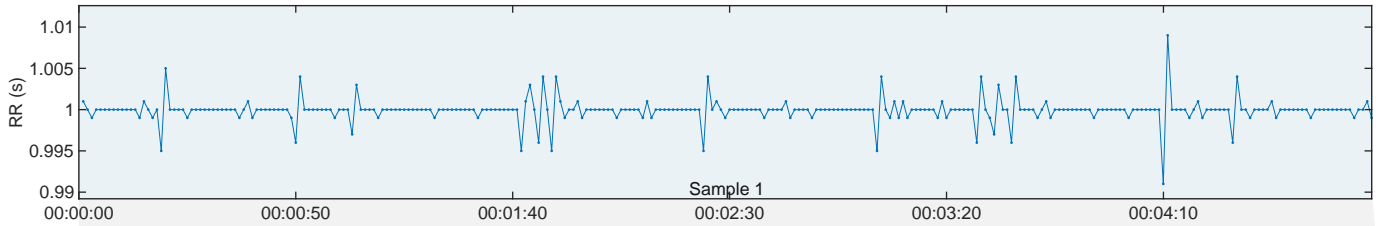


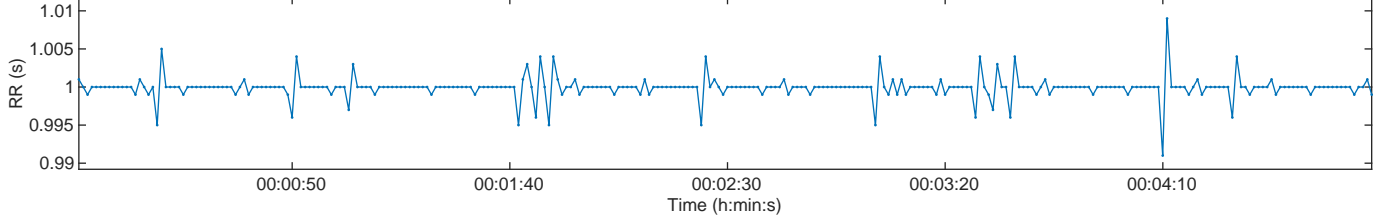
HRV Analysis Results

Person: mh			Measurement Info			Results for Sample	
Gender:	Male	Height:	180 cm	Date:	xx/xx/xx	Trend removal:	none
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Artefact corr.:	none
Max HR:	172 bpm	BMI:	24.1 kg/m ²	Duration:	00:04:58	Analysis samples:	1
						Sample start:	00:00:01
						Sample length:	00:04:58
						Beats corrected:	Uncorrected

RR Time Series



Selected RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

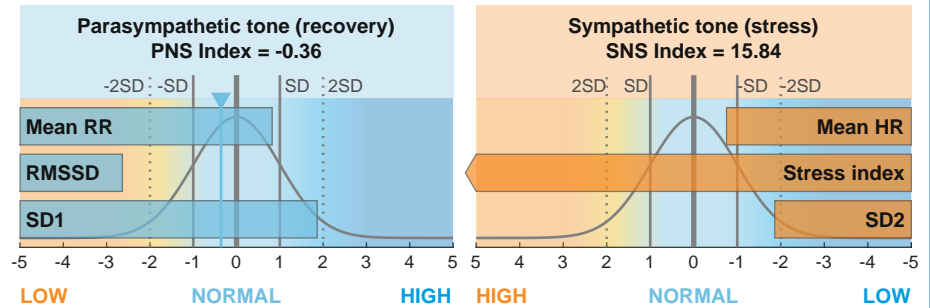
Mean RR RMSSD SD1
1000 ms 2.4 ms 61.8 %

PNS Index = -0.36

Sympathetic Nervous System (SNS)

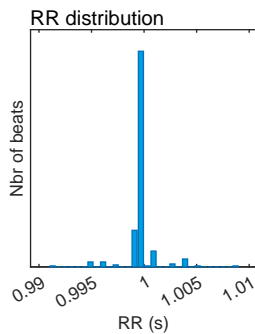
Mean HR Stress index SD2
60 bpm 116.3 38.2 %

SNS Index = 15.84



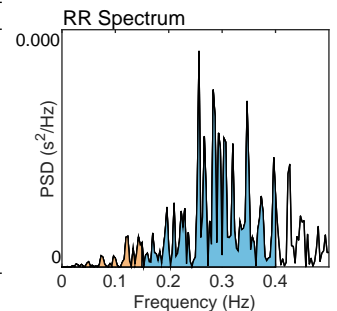
Time-Domain Results

Variable	Units	Value
Mean RR*	(ms)	1000
Mean HR*	(bpm)	60
Min HR	(bpm)	59
Max HR	(bpm)	61
SDNN	(ms)	1.4
RMSSD	(ms)	2.4
NN50	(beats)	0
pNN50	(%)	0.00
RR triangular index		1.21
TINN	(ms)	12.0
Stress Index (SI)		116.3



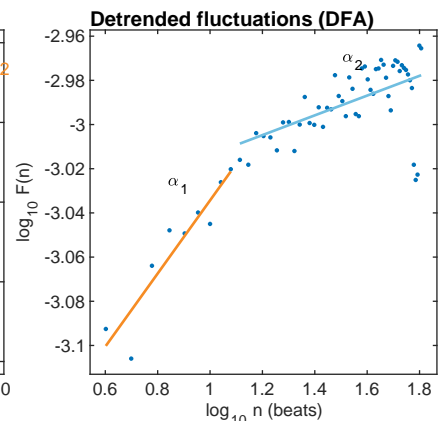
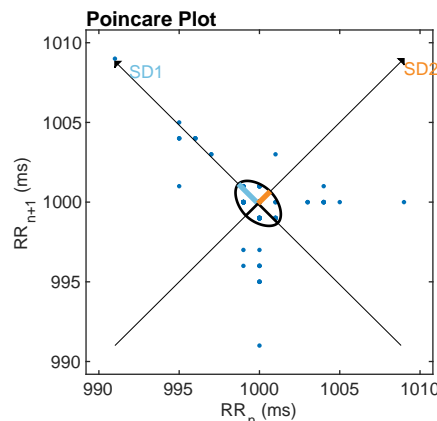
Frequency-Domain Results (FFT spectrum)

Variable	Units	VLF	LF	HF
Frequency band	(Hz)	0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency	(Hz)	0.027	0.123	0.257
Power	(ms ²)	0	0	1
Power (log)		0.000	0.000	0.098
Power (%)		0.31	6.81	92.32
Power (n.u.)			6.83	92.60
Total power	(ms ²)	1		
Total Power (log)		0.177		
LF/HF ratio		0.074		
RESP	(Hz)	-		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	1.7
SD2	(ms)	1.1
SD2/SD1		0.619
Approximate Entropy (ApEn)		0.607
Sample Entropy (SampEn)		0.380
Detrended Fluctuation Analysis (DFA)		
Short-term fluctuations, α_1		0.165
Long-term fluctuations, α_2		0.045



*Results are calculated from the non-detrended selected RR series.