

# Transurfing Redux - Notes, Quotes, and Reflections

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# Contents

<b>1</b>	<b>Purpose of this Book</b>	<b>3</b>
<b>2</b>	<b>The Multi-Dimensional Mirror</b>	<b>4</b>
<b>3</b>	<b>Alternatives Space aka the Variants Space</b>	<b>5</b>
<b>4</b>	<b>Pendulums</b>	<b>6</b>
<b>5</b>	<b>Wave of Fortune</b>	<b>9</b>

# Chapter 1

## Purpose of this Book

I'm writing this *bookdown* book to help myself understand *Transurfing* and *Transurfing in 78 Days* by Vadim Zeland.

I'm interested in any philosophies about how we create our own reality.

The term “transurfing,” at first, struck me as pseudo-science-y or pop-culture-ish.

trans-

word-forming element meaning “across, beyond, through, on the other side of, to go beyond,” from Latin *trans* (prep.) “across, over, beyond,” perhaps originally present participle of a verb *trare-*, meaning “to cross,” from *PIE* *tra-*, variant of root *\*tere-* (2) “cross over, pass through, overcome.”

Transurfing speaks about energy in the form of waves and pendulums. Transurfing means *crossing over, passing through, and going beyond* these waves of energy – simply put, when you transurf, you are surfing the waves of energy (that comprise reality).

## Chapter 2

# The Multi-Dimensional Mirror

The world was created in dialogue between the Mirror (God) and the Reflection (the material world).

Reality consists primarily as a reflection of consciousness in the dual-mirror that is comprised of the physical and metaphysical realms. On either side of the dual-mirror, there are four elements: Reason (logic), Soul (heart), Action (inner intention), and Passivity (outer intention).

Reason and Action relate to the physical world.

Soul and Passivity relate to the metaphysical world.

The world we experience agrees with us and dodges us at the same time. In other words, it acts like a mirror. It literally reflects all our notions of reality, whatever they may be.

There's no point in searching for an absolute truth. Like Kierkegaard said, truth is subjectivity. It's better to accept that reality is a dual mirror. It has a physical aspect, the material world, and a metaphysical aspect, the non-physical realm which exists beyond the limits of our five-sensory perception but is as objectively real as the material world.

## Chapter 3

# Alternatives Space aka the Variants Space

*Every theory represents a separate aspect of a multi-faceted reality.*

*Reality manifests itself in an infinite variety of forms.*

The **alternatives space** is an infinite field containing information on all possible scenarios of any event that could ever possibly take place.

*It serves as a template or coordinate grid for the movement of all matter in time and space.*

Time is static until we look at each frame (instance in time) in sequence.

Countless alternatives of each of our fates exist simultaneously in stasis.

*Thought energy transforms one of the possible alternatives into physical reality.*

When energy passes through the human body, it is modified by that person's thoughts.

Whenever you think about something, be it positive or negative, you are radiating thought energy into the alternatives space. This has the effect of introducing corresponding changes into your life.

The infinity of worlds within worlds exists simultaneously.

In Transurfing, we can choose our happiness; we do not have to fight to get it. Whatever we *order*, our choice is granted unconditionally.

## Chapter 4

# Pendulums

When a group of people think in the same way, an energetic structure appears. The energetic structure is an **energy pendulum**. The group's thought energy becomes identical. The parameters of what they think, that is, how much they are capable of pushing the boundaries of what they think, is defined by the pendulums. The energy unites into a single current; the *energy pendulum* eventually begins to live its own life, and the group that created it is now subjugated by the pendulum's laws.

The structure is referred to as a pendulum because when more people attune to the thought energy that corresponds to the structure, the more powerfully the energy sways in a concentrated motion, like a pendulum gaining momentum.

A pendulum will cease to exist when people stop contributing to its thought energy. Examples of defunct pendulums include ancient pagan religions, stone tools, jump drives, beta and VHS tapes, etc.

The most important thing is to be able to recognize a pendulum, and unless you stand to benefit from its sway, you must avoid getting swept up by its energy.

One identifying factor of a destructive pendulum is that it competes with similar pendulums in its battle for adherents. A pendulum has only one goal: to attract as many supporters as possible so that it can feed off their energy. The more aggressive a pendulum behaves, the more dangerous it is to the life of an individual.

Imagine a group of people criticizing the government. They obviously don't agree with the government pendulum. However, because they feel passionately in their discontent, their thought energy matches the frequency of the government pendulum and therefore feeds it. It doesn't matter whether you are pro or anti-pendulum — your energy still feeds it no matter which side you are on.

The list of strings the pendulum uses to control its puppets is endless: justice, pride, ambition, honor, love, hate, greed, generosity, curiosity, interest, hunger,

neediness, etc.

The harder you try to avoid something, the more likely it is that you will encounter it. Just thinking negative thoughts and fertilizing them with emotion is enough to shift you onto undesired life lines.

The only way to eliminate unwanted things from your life is to break free from the influence of the pendulums that you have glommed on to. From then on, you must avoid responding to destructive pendulums and avoid getting pulled into their sway. Basically, just do your best to think about something else.

Everything you see and experience should be accepted as if it were all paintings on display, regardless of whether or not you like them. Recognize that every pendulum has a right to exist, and that you have the right to leave every pendulum alone (and therefore remain free of its influence). Any opposition to the pendulum supplies it with energy. *To eliminate something from your life, simply ignore it.*

Of course, it isn't always easy to ignore certain pendulums. If you disagree with your boss, for example, fighting with them amounts to fighting with the boss-pendulum. You can, however, act as if you are willing to play along but always be aware that you are only pretending. When you behave in a calm, unperturbed manner, the pendulum cannot hook onto you and will sway right by you.

When you habitually react negatively to unpleasant circumstances, you trigger a pendulum's mechanism for capturing thought energy. This habit will fade once you decide to play your own game in which you deliberately substitute negative emotion with positive emotion: confidence for fear, enthusiasm for gloom, indifference for resentment, joy for irritation. When you radiate your thought energy at a different frequency than the pendulum's resonance frequency, you are in dissonance with the pendulum. The pendulum can't do anything but leave you in peace.

When you encounter someone unpleasant/an unpleasant pendulum, imagine that person-pendulum feeling content and happy. Distract yourself from the unpleasantness. A person-pendulum does not sway randomly. It seeks only to restore its balance. The energy of your thoughts set to a certain positive frequency will restore the person-pendulum's balance, instantly substituting aggression with goodwill.

When a pendulum comes to rest, the energy comes to you! You become stronger. The next time you use the transurfing technique, it will be easier.

The secret of genius lies in remaining free from the influence of pendulums. The thought energy of most people is held at certain frequencies by pendulums. But the thought energy of a genius is free to attune itself to frequencies of her own choosing and she can therefore move into unexplored areas of the information field.

To avoid getting caught in a pendulum's snare, keep your problems in perspective while remaining aware of the pendulum's intent to trick you into jumping onto its swing. Act as you normally would but remain observant. Stay out of the game. Don't be emotionally attached to any outcomes. Even if your initial reaction is fear, confusion, resentment, etc., it is important to change that reaction as quickly as possible. Transform your negative reaction into its exact opposite.

Your subconscious is directly linked to the information field where all solutions already exist. Relax. Let go. Quiet the chatter of the mind and contemplate the nature of emptiness. This exercise will develop your ability to obtain knowledge through your intuition. Practice it until it becomes a habit.

Once you learn to avoid destructive pendulums, you are free to attune yourself to pendulums of your choosing.



## Chapter 5

# Wave of Fortune

Pendulums do not care about any particular individual. They only have the goal of receiving energy from their followers. But there are energetic structures that do not require your energy. One such structure is the **wave of fortune**. The wave of fortune is made up of a set of circumstances that is intended to be favorable to you personally.

In other words, the wave of fortune is composed of a set of life lines that are personally auspicious for you.

The **alternatives space** contains *everything*, including life lines where events of a similar nature are accumulated, and their nature can be a set of fortuitous circumstances that await you.

The wave of fortune is similar to a pendulum in that it has no interest in your fate, but it doesn't need your personal energy the way a pendulum does. Because it does not feed on your energy or anyone else's energy, it eventually fades just like sea waves break upon the shore.

When encountered, the wave of good fortune carries information from other life lines (that exist in the alternatives space). The information resonates as good news. Your task is to grab hold of the wave of good fortune and pull yourself onto the line from which the information originated. Good news and fortuitous circumstances will follow. But it has no interest in you personally. It will pass you by if you don't take hold of it.

Each one of us can choose happiness and success for ourselves and yet, at the same time, remain restricted by pendulums that lead us away from the wave of fortune. In order to claim our freedom of choice, we must *be independent*. Each of us has the right to be free of other people's pendulums. We simply must claim it.

But how?

Be different. When your mind is unoccupied, make sure that you train yourself to think positive thoughts. Think about what you want to achieve. Think **only good thoughts** about what you want to achieve and you will achieve it!

Most people fill their minds with uncontrolled negative thoughts. Most people are concerned with what they fear. This makes them prey for destructive pendulums because they radiate energy at the same frequency as the destructive pendulums.

Step by step, let's change for the better!

First of all, accept your current situation and let go of feeling any dissatisfaction and resentment. Look for things you like. Be grateful for those things. Every single thing in your environment deserves your gratitude and appreciation, even if you intend to get rid of it. When you feel appreciation, you transmit positive energy into the environment. You will find yourself in other spaces where that energy finds you again.

Secondly, start thinking about what you want to have and experience. Think the thoughts that you would have if you were living the life you envision. **Our thoughts always come back to us like a boomerang.**

You have to do two things: 1) make sure you aren't taking IN negative energy, and 2) make sure you aren't putting OUT negative energy.

(Caroline's thoughts: It's like the Wiccan Rule of 3 – what you put out will return to you 3 x 3 x 3)