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Searching the Evidence

Searching the Evidence in the Cochrane Library



THE COCHRANE LIBRARY

Independent high-quality evidence for health care decision making

August 2015

Searching the Evidence



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To help you use this guide,



indicates a step in the process of searching and retrieving articles.



indicates a tip, or an extra piece of information.

Edition 6: August 2015

This guide was produced by Deborah Lepley & Isla Kuhn on behalf of EEHIST:
East of England Healthcare Information Skills Trainers

1. How to access The Cochrane Library – and what is it?

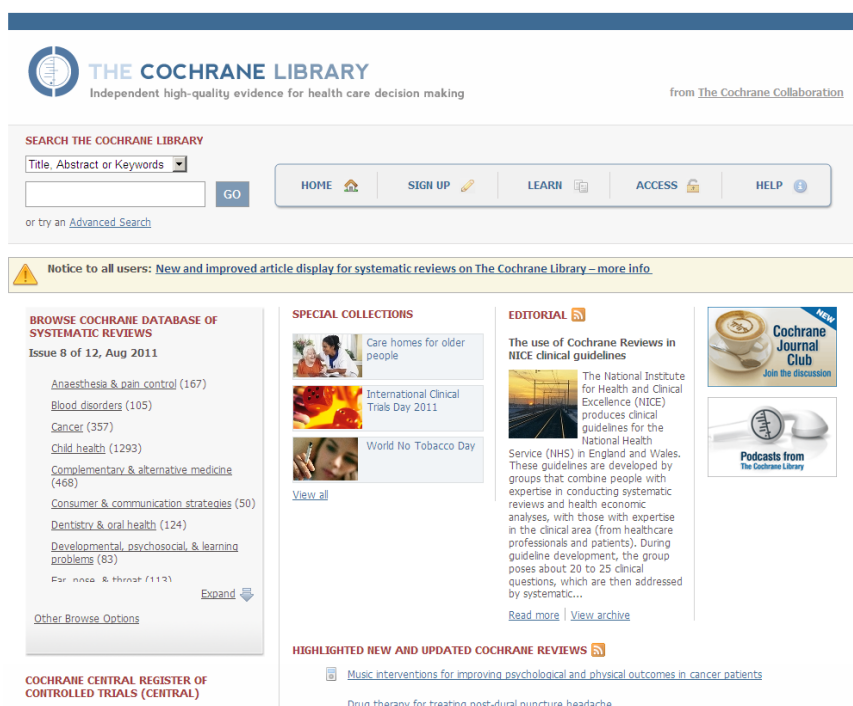
The Cochrane Library is a unique source of reliable and up-to-date information on the effects of interventions in health care. Produced by the Cochrane Collaboration, it is updated quarterly and designed to provide information and evidence to support decisions taken in health care.

Cochrane Systematic Reviews are widely regarded as the "Gold Standard" of evidence based healthcare

Access is free and available via:

www.thecochranelibrary.com
and also via the link on www.eel.nhs.uk

The Cochrane Library database is made up of 6 separate databases - you can browse or search them individually or search across them all at once.



Cochrane Database of Systematic Reviews	Full text systematic reviews of health care interventions. Authors locate, appraise and synthesise evidence from scientific studies. The conclusions are summarised, providing a unique collation of the known evidence on a given topic. Protocol (in progress) reviews are available in addition to full reviews.
Other Reviews	Includes structured abstracts of systematic reviews. Only reviews that meet minimum quality criteria are included. These reviews cover topics that have yet to be addressed in Cochrane reviews.
Cochrane Central Register of Controlled Trials	Major index of published clinical trials.
Methods Studies	Full-text systematic reviews of methodological studies.
Technology Assessment	Ongoing projects and completed publications from health technology assessment organisations.
Economic Evaluations	Structured abstracts of articles describing economic evaluations of health care interventions. Papers are included if they provide a comparison of treatments and examine both the costs and outcomes of the alternatives.

2. Browsing for Systematic Reviews

a) By Subject



Starting at the home page, to browse Cochrane Database of Systematic Reviews by topic area, select “Browse by Topic” from the Cochrane Reviews drop-down menu. Make your selection from the broad subject areas listed.

After you’ve made your selection, you’re offered other options within that subject area in order to focus your choice.

BROWSE COCHRANE DATABASE OF SYSTEMATIC REVIEWS

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BROWSE BY TOPICS

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 [Nasal polyps](#) (2)
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[Effective practice/health systems](#) (122)
[Endocrine & metabolic](#) (101)
[Eyes & vision](#) (103)
[Gastroenterology](#) (368)

BROWSE COCHRANE DATABASE OF SYSTEMATIC REVIEWS

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[Developmental, psychosocial, & learning problems](#) (102)
[Ear, nose & throat](#) (126)

[Expand](#)

[Other Browse Options](#)

The following is the result of browsing from “Ear, Nose & Throat” to “Nose & Sinus” to “Common cold & cough” to see a list of Cochrane Systematic Reviews.

COCHRANE REVIEWS: COMMON COLD & COUGH

[Acetylcysteine and carbocysteine for acute upper and lower respiratory tract infections in paediatric patients without chronic broncho-pulmonary disease](#)
[Antibiotics for the common cold and acute purulent rhinitis](#)
[Antihistamines for the common cold](#)
[Chinese medicinal herbs for the common cold](#)
[Corticosteroids for the common cold](#)
[Echinacea for preventing and treating the common cold](#)
[Garlic for the common cold](#)
[Heated, humidified air for the common cold](#)
[Honey for acute cough in children](#)
[Intranasal ipratropium bromide for the common cold](#)

Page: 1 2 Next

These are the titles of the Systematic Reviews on “Common Cold & Cough”. Click a title to view the full text of the review.



This is the HTML view of the systematic review. Click the “article” tab to view the full-text, or click **Full (269K)** to download the PDF version.

From this view you can also view the Article Metrics:

Published by John Wiley & Sons, Ltd.

Am score 55

Tweeted by 37

Blogged by 1

On 8 Facebook pages

Picked up by 2 news outlets

0 readers on Mendeley

0 readers on CiteULike

[See more details](#) | [Close this](#)

Abstract

Background

From this you can see if the review has been picked up by news outlets, tweeted or mentioned in a blog, or used in other social media.

Click on “see more details” to read all the tweets, blog posts, and even to see a geographical and demographic breakdown of who is tweeting about this review.

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FORGOTTEN PASSWORD ?
INSTITUTIONAL LOGIN >

Home > Evidence Based Medicine > Evidence-Based Medicine > Database Home > Abstract

Intervention Review

Honey for acute cough in children

Olabisi Oduwole^{1,*}, Martin M Meremikwu², Angela Oyo-Ita³, Ekong E Udoh²

Database Title The Cochrane Library

Editorial Group: Cochrane Acute Respiratory Infections Group

Published Online: 20 JAN 2010

Assessed as up-to-date: 16 APR 2009

DOI: 10.1002/14651858.CD007094.pub2

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Additional Information (Show All)
How to Cite | Author Information | Publication History

Abstract Article Figures Tables References Other Versions Cited By

Summary (57K) Standard (210K) Full (269K)

Background

Description of the condition

Cough is a normal protective mechanism (Landau 2006) and a means by which the respiratory tract (AAAI 2006; Greaves 1997). Respiratory infections can be situated along resulting cough can be either productive or unproductive of sputum. When cough is unproductive (dry) cough. Children with a dry cough tend to have minimal airway secretions (Chang 2009).

Cough can also be classified as acute or chronic. Chronic cough is a cough that lasts for more than 8 weeks. Cough from an upper respiratory tract infection (URTI) is one of the most common symptoms reported by general practitioners (Britt 2002; Butler 2005; Cherry 2003). It has been reported that most children with acute cough are caused by viral infections (Braman 2006; Butler 2005). Cough is a cause for concern for parents (Hay 2003) and a major cause of outpatient visits in most

Jump to...

Jump to...

Top of page

Background

Objectives

Methods

Results

Discussion

Authors' conclusions

Acknowledgements

Data and analyses

History

Contributions of authors

Declarations of interest

Differences between protocol and review

Index terms

In the “article” view you can use the table of contents on the right-hand sidebar to jump to a particular section of the review. See the table of contents of the review in the left-hand menu – you can click on any section and jump to this part of the review.

b) Browsing by Cochrane Review Group

The Cochrane Systematic Reviews are prepared by authors who register titles with one of the 52 Cochrane Review Groups. Each Cochrane Review Group focuses on a specific topic area and is led by a Co-ordinating Editor(s) and an editorial team including a Managing Editor and Trials Search Co-ordinator. The Cochrane Review Groups provide authors with methodological and editorial support to prepare Cochrane Reviews and manage the editorial process, including peer review.



To browse systematic reviews by Review Group, from the home page, select “Browse by Review Group” from the Cochrane Reviews drop-down menu.

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[Expand](#)

[Other Browse Options](#)

OTHER BROWSE OPTIONS

[New Reviews](#)

[Updated Reviews](#)

[A-Z: all Protocols and Reviews](#)

[A-Z: by Cochrane Review Group](#)

[Topics by Cochrane Review Group](#)

[collapse](#)

The Cochrane Library: Cochrane Database of Systematic Reviews

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DOI: 10.1002/14651858

Reviews/Protocols listed by Cochrane Review Group

- [Cochrane Acute Respiratory Infections Group](#)
- [Cochrane Airways Group](#)
- [Cochrane Anaesthesia Group](#)
- [Cochrane Back Group](#)
- [Cochrane Bone, Joint and Muscle Trauma Group](#)
- [Cochrane Breast Cancer Group](#)
- [Cochrane Childhood Cancer Group](#)
- [Cochrane Colorectal Cancer Group](#)
- [Cochrane Consumers and Communication Group](#)
- [Cochrane Cystic Fibrosis and Genetic Disorders Group](#)
- [Cochrane Dementia and Cognitive Improvement Group](#)
- [Cochrane Depression, Anxiety and Neurosis Group](#)
- [Cochrane Developmental, Psychosocial and Learning Problems Group](#)
- [Cochrane Drugs and Alcohol Group](#)
- [Cochrane Ear, Nose and Throat Disorders Group](#)
- [Cochrane Effective Practice and Organisation of Care Group](#)
- [Cochrane Epilepsy Group](#)
- [Cochrane Eyes and Vision Group](#)
- [Cochrane Fertility Regulation Group](#)
- [Cochrane Gynaecological Cancer Group](#)
- [Cochrane Haematological Malignancies Group](#)

A list of the Cochrane Review Groups will appear. Click a group to view their protocols (reviews in progress) and completed systematic reviews.

3. Planning your Search

Let's search for reviews and trials on the effectiveness of hypnotherapy to help people give up smoking.

It's best to search a database using keywords, rather than typing in whole questions. From this question there are two keywords:

Hypnotherapy Smoking

But what about synonyms for our terms? Try and think of other relevant keywords.

**e.g.: hypnotherapy / hypnosis / hypnotise / hypnotised
smoking / nicotine / tobacco**



Boolean Logic

OR will search for articles containing any of the terms we chose. Use OR to combine synonyms, alternative spellings or related items

AND will search for articles which contain all of the terms we have chosen.

**e.g.: hypnotherapy OR hypnosis OR hypnotise
AND
smoking OR nicotine OR tobacco**



Truncation

Use the truncation tool (* at the start or end of a word) to broaden the number of variations around a word that your search will find.

For example:

hypno* will search for hypnotherapy, hypnosis, hypnotise, etc.

Truncation can also be used at the beginning of the word

For example ***depress*** will also find antidepressants, or within the word, e.g. **isch*mic** will find ischemic or ischaemic.



Other search tips:

- To search a phrase, enter it in quotes, e.g. "endometrial cancer"
- Plurals are searched automatically.
- Hyphens are valid characters. To search a term that may be hyphenated, enter both options.
- The database is case sensitive in some instances e.g. Bell's Palsy will not find Bell's palsy but bell's palsy will find Bell's P/palsy.

4. Simple Search



From the home page, in the search box in the top left-hand corner of the page, type the first keywords and hit return:

hypno* and smoking

SEARCH THE COCHRANE LIBRARY

Title, Abstract or Keywords ▾

hypno* and smoking

GO

or try an [Advanced Search](#)

Your search will be automatically limited to “Title, Abstract or Keywords”.

(You may find the search box is in the top right-hand corner of the page if you are already “in” the database).

The “Search Results” bar at the top of the page tells you how many hits there are in each section of the Cochrane Library. In this example, 2 Cochrane systematic Reviews are found, and also 52 Clinical Trials.

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Search Search Manager Medical Terms (MeSH) Browse

+ Title, Abstract, Keywords ▾ hypno* and smoking

Go Save

[Search Limits](#) View search tips (Word variations have been searched) [Add to Search Manager](#)

There are 2 results from 7481 records for your search on "hypno*" and smoking in title abstract keywords in Cochrane Reviews

Sort by Relevance ▾

Select all | Export all | Export selected

Cochrane Reviews (2)

☒ All
☐ Review
☐ Protocol

Other Reviews (0)

☐ Trials (52)
☐ Methods Studies (0)
☐ Technology Assessments (0)
☐ Economic Evaluations (0)
☐ Cochrane Groups (0)

☐ All
☐ Current Issue

Me Methodology
Dg Diagnostic
Ov Overview
Cc Conclusions changed
Ns New search
Mc Major change
Up Update
Wd Withdrawn
Cm Comment

Hypnotherapy for smoking cessation
Jo Barnes , Christine Y Dong , Hayden McRobbie , Natalie Walker , Monaz Mehta and Lindsay F Stead
October 2010

Treatment for Methaqualone dependence in adults
Greg McCarthy , Bronwyn Myers and Nandi Siegfried
July 2008

Export selected

The Cochrane Systematic Reviews display first – you can see the list of titles. Click “clinical trials” to show the title of these hits.



Click the “add to search manager” option in the right-hand corner of the screen to revise your search.

You'll find yourself in the "search manager" screen:



Try different combinations, and see if you get different / better results: In this screenshot,

hypno*

has been searched for afresh [type it in and click "go"]

Synonyms for smoking have been added to the search.

smok* or nicotine or tobacco

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Log in / Register

Search Search Manager Medical Terms (MeSH) Browse

To search an exact word(s) use quotation marks, e.g. "hospital" finds hospital; hospital (no quotation marks) finds hospital and hospitals; pay finds paid, pays, paying, payed)

Add to top

Line	Search Term	Hits
#1	hypno* and smoking.ti,ab,kw (Word variations have been searched)	55
#2	hypno*	5312
#3	smok* or nicotine or tobacco	17413
#4	#2 and #3	175
#5		N/A



To link the different lines together, use the number of each line you wish to combine, using AND:

#2 and #3

And press "go" to get the combination of the two subjects – see how using more synonyms in your search gives you more hits.

Click the number of hits to view the results.

5. Viewing your results

Since the Cochrane Library is made up of several different databases, you may get results in some or all or none of them.

All Results (175)

- ☒ Cochrane Reviews (108)
 - ☒ All
 - ☐ Review
 - ☐ Protocol
- ☐ Other Reviews (5)
- ☐ Trials (58)
- ☐ Methods Studies (0)
- ☐ Technology Assessments (1)
- ☐ Economic Evaluations (2)
- ☐ Cochrane Groups (1)

☒ All

☐ Current Issue

Me Methodology

Dx Diagnostic

Ov Overview

Cc Conclusions changed

Ns New search

Mc Major change

Up Update

Wd Withdrawn

Cm Comment

Cochrane Database of Systematic Reviews : Issue 1 of 12, January 2014

Issue [updated daily](#) throughout month

There are 108 results from 8258 records for your search on #4 - #2 and #3 in Cochrane Reviews in the strategy currently being edited

Pages [1 - 25](#) | [26 - 50](#) | [51 - 75](#) | [76 - 100](#) | [101 - 108](#)

Sort by [Relevance: high to low](#)

[Select all](#) | [Export all](#) | [Export selected](#)

☐ [Psychosocial interventions for supporting women to stop **smoking** in pregnancy](#)
Catherine Chamberlain , Allison O'Mara-Eves , Sandy Oliver , Jenny R Caird , Susan M Perlen , Sandra J Eades and James Thomas
October 2013

[Ns](#) [Review](#)

☐ [Workplace interventions for **smoking** cessation](#)
Kate Cahill , Michael Moher and Tim Lancaster
October 2008

[Ns](#) [Review](#)

☐ [Hypnotherapy for **smoking** cessation](#)
Jo Barnes , Christine Y Dong , Hayden McRobbie , Natalie Walker , Monaz Mehta and Lindsay F Stead
October 2010

[Ns](#) [Review](#)

☐ [Smoking cessation interventions for **smokers** with current or past depression](#)
Regina M van der Meer , Marc C Willemsen , Filip Smit and Pim Cuijpers
August 2013

[Review](#)

☐ [Interventions for **smoking** cessation in Indigenous populations](#)
Kristin V Carson , Malcolm P Brinn , Matthew Peters , Antony Veale , Adrian J Esterman and Brian J Smith
January 2012

[Review](#)

☐ [Mass media interventions for **smoking** cessation in adults](#)
Malgorzata M Bala , Lukasz Strzeszynski , Roman Topor-Madry and Kate Cahill
June 2013

See how many hits you get in each section, and click on the link to see the brief records for these items.

Each section will let you see a different amount of information.

Cochrane Reviews

- Reviews are available in full text (HTML or PDF)
- Protocols are only available in brief format since these are unfinished reviews.

Other Reviews, Technology Assessments, Economic Evaluations

- You will generally find quite a detailed “structured” abstract, and details of where to find the original article as it was published

Trials

- Only an abstract is available from the Cochrane Library – you should check against the library catalogue (LibrarySearch) to see if the article is available to you electronically or in paper format.

Each entry will be annotated to indicate whether it is new, withdrawn, has reached a new conclusion etc.

There are 59 results from 677429 records for your search on #4 - #2 and #3 in Trials in the strategy currently being edited

Pages 1 - 25 | 26 - 50 | 51 - 59 Sort by: Relevance

Select all | Export all | Export selected

- ☐ **Hypnosis for smoking cessation: a randomized trial**
Carmody TP, Duncan C, Simon JA, Solkowitz S, Huggins J, Lee S and Delucchi K
Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco, 2008, 10(5), 811
- ☐ **Group hypnotherapy versus group relaxation for smoking cessation: an RCT study protocol**
Dickson-Spillmann M, Kraemer T, Rust K and Schaub M
BMC public health, 2012, 12, 271
- ☐ **Olanzapine attenuates cue-elicited craving for tobacco**
Hutchison KE, Rutter MC, Niaura R, Swift RM, Pickworth WB and Sobik L
Psychopharmacology, 2004, 175(4), 407
- ☐ **Searching for the simple answer to cure the smoking habit**
Fee WM
Health and Social Service Journal, 1977, 87, 292
- ☐ **Self-hypnosis for smoking cessation: A randomized controlled trial (POS1-75)**
Carmody TP, Duncan C, Solkowitz SN, Simon JA, Altman J, Rauchwerger A and Lee S
Society for Research on Nicotine and Tobacco 12th Annual Meeting February 15-18, Orlando, Florida, 2006, 59
- ☐ **Hypnotic Treatment of Smoking**
Bastien, Samuel A, IV, Kessler and Marc
1983, 22
- ☐ **Smoking cessation in pregnancy: the effect of hypnosis**
Valbe A and Elide T
Addictive behaviors, 1996, 21(1), 29
- ☐ **A randomized trial comparing smoking cessation program hypnosis**
Rabin DW, Boyko E, Shane F and Kaufert J
Addictive behaviors, 1984, 9(2), 157
- ☐ **Intensive hypnotherapy for smoking cessation: a group**
Elkins G, Marcus J, Bales J, Hasan Rajab M and Cook T
The International Journal of Clinical and Experimental Hypnosis, 1
- ☐ **Evaluation of a brief group treatment package including hypnotherapy**
Jeffrey TB, Jeffrey LK, Greuling JW and Gentry WR
International Journal of Clinical & Experimental Hypnosis, 1
- ☐ **A comparison of hypnotherapy and nonhypnotic treatments for**
Spanos NP, Sims A, deFaye B and Mondoux TJ
Imagination, Cognition and Personality, 1992, 12(1), 23
- ☐ **Treatment effectiveness of hypnosis and behaviour therapy**
Herman CJ, Stanley RO, Burrows GD and Home DJ
Addictive behaviors, 1985, 11(4), 355

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COCHRANE REVIEWS
By Topic | New Reviews | Updated Reviews | A-Z | By Review Group

OTHER RESOURCES
Other Reviews | Trials | Methods Studies | Technology Assessments | Economic Evaluations

The Cochrane Central Register of Controlled Trials (CENTRAL) 2012 Issue 3
Copyright © 2012 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

Title	Hypnosis for smoking cessation: a randomized trial. Links	Export Central Citation
Author(s)	Carmody TP, Duncan C, Simon JA, Solkowitz S, Huggins J, Lee S, Delucchi K	
Source	Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco	
Date of Publication	2008 May	
Volume	10	
Issue	5	
Pages	811-8	
Abstract	The purpose of this study was to determine whether hypnosis would be more effective in helping smokers quit than standard behavioral counseling when both interventions are combined with nicotine patches (NP). A total of 288 current smokers were enrolled in a randomized controlled smoking cessation trial at the San Francisco Veterans Affairs Medical Center. Participants in both treatment conditions were seen for two 60-min sessions, and received three follow-up phone calls and 2 months of NP. At 6 months, 29% of the hypnosis group reported 7-day point-prevalence abstinence compared with 23% of the behavioral counseling group (relative risk [RR] = 1.27; 95% confidence interval, CI 0.84-1.92). Based on biochemical or proxy confirmation, 36% of the participants in the hypnosis group were abstinent at 6 months compared with 19% of the behavioral group (RR = 1.44; 95% CI 0.91-2.30). At 12 months, the self-reported 7-day point-prevalence quit rate was 24% for the hypnosis group and 16% for the behavioral group (RR = 1.47; 95% CI 0.90-2.40). Based on biochemical or proxy confirmation, 20% of the participants in the hypnosis group were abstinent at 12 months compared with 14% of the behavioral group (RR = 1.40; 95% CI 0.81-2.42). Among participants with a history of depression, hypnosis yielded significantly higher validated point-prevalence quit rates at 6 and 12 months than standard treatment. It was concluded that hypnosis combined with NP compares favorably with standard behavioral counseling in generating long-term quit rates.	
Medical Subject Headings (MeSH)	Administration, Cutaneous; Behavior Therapy; Combined Modality Therapy; Ganglionic Stimulants [*administration & dosage]; *Hypnosis; Logistic Models; Nicotine [*administration & dosage]; Prevalence; Risk; San Francisco; Smoking Cessation [*methods]; Tobacco Use Disorder [epidemiology, *therapy]; Treatment Outcome	
	MeSH check words Adult; Female; Humans; Male; Middle Aged	

This is an example of a Clinical Trial search result. You have the details of the trial, where it was published (source) and an abstract, but you may need to check again the NHS e-journals holdings or your local health/medical library for access to the full text.

6. Selecting results for Printing or Saving



Check the boxes of the results you find most useful, and then click to “Export Selected Citations”. Alternatively you can export all results if you prefer.

There are 59 results from 677429 records for your search on #4 - #2 and #3 in Trials in the strategy currently being edited

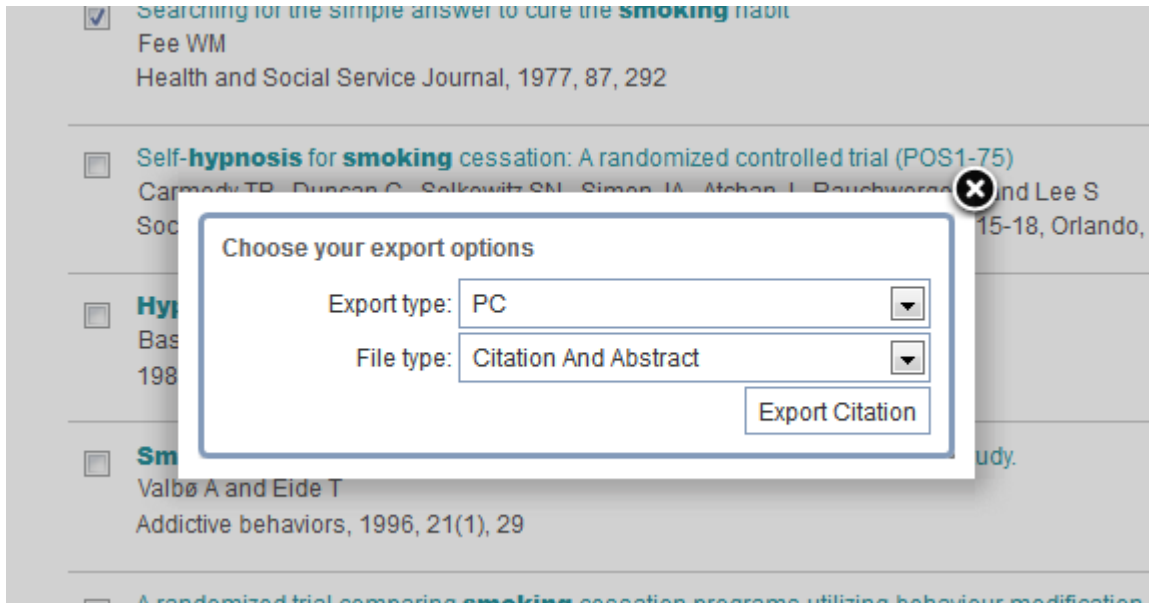
Pages 1 - 25 | 26 - 50 | 51 - 59 Sort by: Relevance

Select all | Export all | Export selected

- ☒ **Hypnosis for smoking cessation: a randomized trial**
Carmody TP, Duncan C, Simon JA, Solkowitz S, Huggins J, Lee S and Delucchi K
Nicotine & tobacco research : official journal of the Society for Research on Nicotine and Tobacco, 2008, 10(5), 811
- ☒ **Group hypnotherapy versus group relaxation for smoking cessation: an RCT study protocol**
Dickson-Spillmann M, Kraemer T, Rust K and Schaub M
BMC public health, 2012, 12, 271
- ☒ **Olanzapine attenuates cue-elicited craving for tobacco**
Hutchison KE, Rutter MC, Niaura R, Swift RM, Pickworth WB and Sobik L
Psychopharmacology, 2004, 175(4), 407
- ☒ **Searching for the simple answer to cure the smoking habit**
Fee WM
Health and Social Service Journal, 1977, 87, 292
- ☐ **Self-hypnosis for smoking cessation: A randomized controlled trial (POS1-75)**
Carmody TP, Duncan C, Solkowitz SN, Simon JA, Altman J, Rauchwerger A and Lee S
Society for Research on Nicotine and Tobacco 12th Annual Meeting February 15-18, Orlando, Florida, 2006, 59
- ☐ **Hypnotic Treatment of Smoking**
Bastien, Samuel A, IV, Kessler and Marc
1983, 22
- ☐ **Smoking cessation in pregnancy: the effect of hypnosis in a randomized study**
Valbe A and Elide T



Make sure you chose “Abstract and citation” from the dropdown menu, select file type (PC or Macintosh or Unix or Linnux) as appropriate, and click “go” / “export citation” to create a plain text file which you can then save or print.



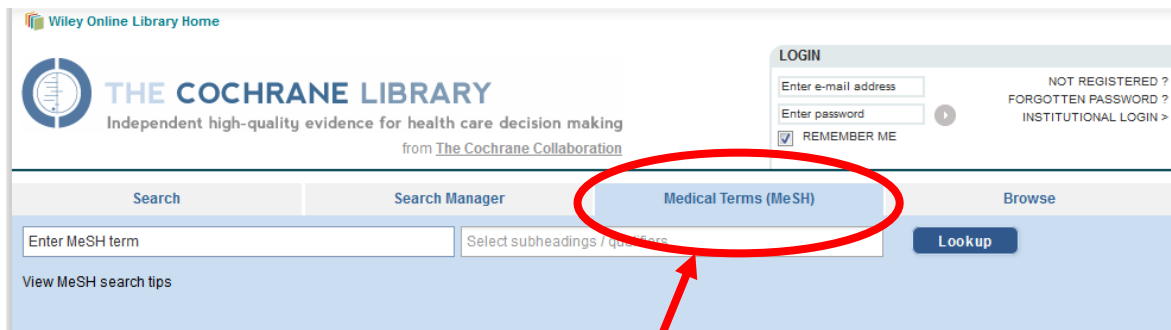
7. Searching more thoroughly – using MeSH headings

MeSH is the acronym for "Medical Subject Headings."



The MeSH controlled vocabulary is a distinctive feature of MEDLINE. It **imposes uniformity and consistency to the indexing of biomedical literature**. MeSH terms are arranged in a hierarchical categorized manner called MeSH Tree Structures and are updated annually.

Searching using MeSH allows you to overcome problems of spelling and terminology - especially when *you* might not be aware of different spellings or terminology! The correct MeSH term for your subject will find reviews and articles within Cochrane *about* your subject (rather than any article where it just happens to be mentioned) and will find results regardless of the terminology and spelling variations used by authors.



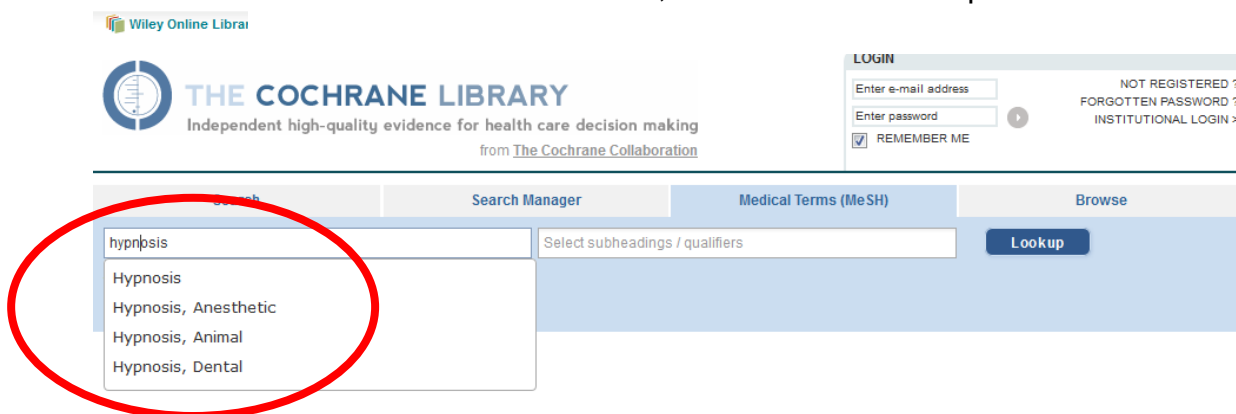
From the Advanced Search, or Search Manager screen you'll see the option to do a MeSH Search.



Click **MeSH Search**



Type your keyword *hypnosis* into the Search Box – you'll see a selection of possible MeSH that might be appropriate. Click the one that suits best, and then click "lookup".



The next screen shows you where your chosen MeSH term appears in the thesaurus itself.

You'll see a definition of the term **[A]**, and an "Exact Term Match" **[B]** and also a "Phrase Match" **[C]**. This will give you the opportunity to refine your search as you see fit. Under each term synonyms are also suggested **[D]**.

The central column contains the MeSH trees. This shows the context that your term is being considered in – you might need to scroll down to see all the options. In this example, "Hypnosis" appears in two sections: "Therapeutics" and also "Behavioural Disorders & Activities". **[E]**

Hypnosis also has narrower, more specific terms: "Autogenic Training" and "Suggestion".

You need to decide whether you would like to continue your search including the more specific terms (Autogenic Training and Suggestion) as well as the original term Hypnosis, or whether you prefer to search with just the MeSH you selected (Hypnosis) – a more limited search. – ie whether you want to "**explode all trees**". **[F]**

Search Search Manager Medical Terms (MeSH) Browse

Hypnosis Select subheadings / qualifiers **Lookup**

View MeSH search tips

A Definition

Hypnosis - A state of increased receptivity to suggestion and direction, initially induced by the influence of another person.

Thesaurus matches

B Exact Term Match

Hypnosis
Synonyms: Hypnoses. **D**

Phrase Matches

C **Hypnosis**
Synonyms: Hypnoses.

Hypnosis, Anesthetic
Synonyms: Anesthetic Hypnoses; Anesthetic Hypnosis; Hypnoses, Anesthetic.

Hypnosis, Dental
Synonyms: Dental Hypnosis; Dental Hypnoses; Hypnoses, Dental.

Immobility Response, Tonic
Synonyms: Hypnosis, Animal; Animal Hypnosis.

Any Word Match

Hypnosis
Synonyms: Hypnoses.

MeSH trees

MeSH term - **Hypnosis** **F**

☒ Explode all trees
☐ Single MeSH term (unexploded)
☐ Explode selected trees

Use the checkbox next to each tree to explode selected trees

☒ **Tree Number 1**

Therapeutics [+74]
 Complementary Therapies [+19]
 Mind-Body Therapies [+14]
 Biofeedback, Psychology [+1]
 Breathing Exercises
 Hypnosis [+2]
 Autogenic Training
 Suggestion [+1]
 Mental Healing
 Psychodrama [+1]
 Psychophysiology [+1]
 Relaxation Therapy [+1]
 Yoga
 Imagery (Psychotherapy)

E

Select

Search results

There are 550 results for your search on

- MeSH descriptor: [Hypnosis]
- explode all trees

Save search [Add to Search Manager](#)

Cochrane Reviews	14
Other Reviews	34
Trials	500
Methods Studies	0
Technology Assessments	1
Economic Evaluations	1
Cochrane Groups	0

View Results



"Explode" is automatically selected - it's the default setting - and this broadens the search to include any narrower terms that branch off underneath your choice, as well as searching for your chosen term. Note that articles are always indexed under the most specific term available. The newest reviews will not have been indexed with MeSH yet, so the broadest search will involve simple keyword searches as well as MeSH searches.



Once you're happy with the term you've selected, click the "select" button. Then you can either "view results" or, to include this single search term in a more complex strategy, "Add to Search Manager". (Save Search will only be necessary if you want to set up regular email alerts.)

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MeSH trees

MeSH term - **Hypnosis**

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Cochrane Reviews	14
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View Results

smoking Select subheadings / qualifiers **Lookup**

View MeSH search tips

Thesaurus matches MeSH trees Content search result count



You can now continue searching for MeSH terms for your other keywords.

Here “Smoking” has found 2 useful MeSH terms (“Smoking” and “Smoking Cessation”), however you can only choose one at a time. If another term is relevant, make a note of it and search for it again later.

Pick one, select it, and “add to search manager”.



Carry on searching for the MeSH terms for your other keywords: smoking, tobacco, nicotine.

“Add to search manager” each time.

Our next step will be to combine these individual words using OR to find results containing any of the terms.

8. Using the Search Manager

You should now have results for a MeSH search for Hypnosis, and lots of MeSH searches for Smoking and other related terms, but they are still independent searches. You need to join them together.



Click “Search Manager”

Search		Search Manager	Medical Terms (MeSH)	Browse
To search an exact word(s) use quotation marks, e.g. "hospital" finds hospital; hospital (no quotation marks) finds hospital and hospitals; pay finds paid, pays, paying, payed				
Add to top View all lines				
-	+	#5	MeSH descriptor: [Hypnosis] explode all trees	(m) 550
-	+	#6	MeSH descriptor: [Smoking] explode all trees	(m) 4795
-	+	#7	MeSH descriptor: [Smoking Cessation] explode all trees	(m) 2574
-	+	#8	MeSH descriptor: [Nicotine] explode all trees	(m) 1419
-	+	#9	MeSH descriptor: [Tobacco Use Disorder] explode all trees	(m) 631
-	+	#10		(m) N/A

You can now see all the searches you have done so far, and each one is numbered.

First we need to combine together the “smoking” searches:
#3 for the keyword search, #6, #7, #8, #9 for the MeSH searches



Type #3 or #6 or #7 or #8 or #9 in next empty search box and click “go”
– #10 now reflects all the possible terms for the “smoking” part of your search strategy.



To do the same for the Hypnosis searches type #2 or #4
#11 will now reflect the combined terms for “hypnosis”

The screenshot shows the 'Search Manager' tab in a software interface. It displays a list of searches numbered #7 through #12. Each search entry includes a minus/plus icon, a search number, a description, a MeSH icon, and a hit count. Search #12 is highlighted in yellow and shows the combined search '#10 and #11' with a hit count of 16278. At the bottom, there is a 'Clear Strategy' button and a 'View tips for Search Manager' link.

Search	Search Manager	Medical Terms (MeSH)	Browse
To search an exact word(s) use quotation marks, e.g. "hospital" finds hospital; hospital (no quotation marks) finds hospital and hospitals; pay finds paid, pays, paying, payed)			
Add to top View all lines			
– +	#7	MeSH descriptor: [Smoking Cessation] explode all trees	(m) 2574
– +	#8	MeSH descriptor: [Nicotine] explode all trees	(m) 1419
– +	#9	MeSH descriptor: [Tobacco Use Disorder] explode all trees	(m) 631
– Edit +	#10	#3 or #6 or #7 or #8 or #9	(m) 16278
– Edit +	#11	#2 or #4	(m) 5005
–	#12	#10 and #11	(m) 16278

[Clear Strategy](#) [View tips for Search Manager](#) ☐ Highlight orphan lines



It's essential to use the # to identify the lines of your search you wish to combine.



Now combine search #8 with search #3 (MeSH: hypnosis) using "and".

The results in #8 should have a good balance between “**sensitivity**” (ie, catching as much as possible about a topic, particularly if different words can mean the same thing) and “**precision**”/“**specificity**” (ie, catching only the results which are *truly* relevant)

Click the number of hits to view the results of your search.



Search History

It is recommended to search a combination of both MeSH terms and keywords in the Cochrane Library...

9. Saving Articles & Searches

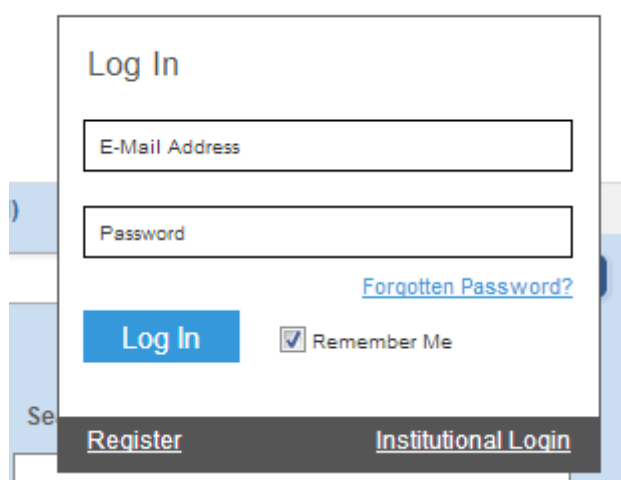
In order to save an article or a search you must first register with Wiley (publishers of the Cochrane Library database)



Click "Login" at the top right of the screen and then click "Register" if you do not already have a login

 [Log in / Register](#) 

(NB – institutional login is not relevant for NHS ATHENS or University password holders.)



Complete the registration form.

Once logged in, you can save results and searches to your "Profile".

10. Help & Training

Free training on how to search databases is available from any NHS Library in the East of England.

For further help or to arrange a training session in Addenbrooke's, please contact:

Isla Kuhn, Eleanor Barker, or Veronica Phillips
Cambridge University Medical Library

Email : librarytraining@medschl.cam.ac.uk

Phone : (01223) 336750

Web : <http://library.medschl.cam.ac.uk>

11. Useful links

Cochrane Collaboration Website <http://www.cochrane.org>

UK Cochrane Centre (Oxford) <http://ukcc.cochrane.org>