

...one God, for ever and ever. Amen.

This is how we end so many of our prayers, and in a way it is the summation of what we celebrate in today's feast of the Trinity. We are often puzzled nay confused as to how we are to consider the Trinity, and as a consequence we prefer to turn our thoughts to other things - we shouldn't be so eager! The mystery of the Trinity is something which should draw us towards it, not drive us away from it. How best then to approach this mystery? Surely by exploring the familiar, the accessible and the attainable realities of our faith. If we think about it, isn't the one place where the familiar, the accessible and the attainable all coalesce the Mass? And isn't it during the Mass that Father, Son and Spirit is revealed in all its beauty, unity and majesty?

We are all called and gathered by the Father. We come together in unity to celebrate and to worship. As members of his family we feel secure in our knowledge, familiar with what we are called to do, being open and ready to offer our gifts. The everyday things of our working week are thus made manifest and become accessible in a new way. No longer mundane or ill thought of, but now precious and valued, a snapshot of our lives and of what we have added to the worth of the world these past days. Not forgotten nor packed away, but ready to be placed on a table, an altar, to become instruments in an eternal moment which attains for us a significance and a reality which transcends our own space and time whilst still occupying it.

They are gathered up by the Spirit of wisdom and understanding, such that words at once so familiar and well-known, now attain new meaning and importance, giving us access to a deeper reality, a reality in which, through these very same gifts, we come to take our share in the divinity of Christ. Made present on the altar is the consummate fullness of the life of the Trinity. The outpouring of the love of the Father to the Son is made perfect by the obedience of the Son to carry out the will of the Father, sustained through the power of the Spirit.

We gather around the table in obedience to the words of the Son to receive this love, and to take it into our lives so that we can bring it into the lives of others. *Do this in memory of me* is the command to love as the Son has shown us. It is given in the setting of a meal, a setting so familiar to all of us, a setting so accessible for us that all we are called to do is take and eat, take and drink, to attain our share in the life of the Trinity.

The Mass is the love of the Trinity at work in the world, because it is effective in all aspects of our lives and we experience it in the world. We are called to live lives which announce the gospel by bringing the good news to the poor, liberty to captives, new sight to the blind, freedom to the downtrodden. It sounds implausible and impossible, and it is unless we see in the familiar things and people around us, the pathway that gives access to the attainable truth that God's love places at our disposal. Each one of us, by virtue of the gift of Christ, has been enabled to share in this truth because the humanity of Jesus has made it possible for us to share in the divinity of Christ.

It is therefore perfectly right and proper for us to call out to the one God, Father, Son and Spirit for ever and ever. Amen!