**Mid-Calder School of Dance Ceilidh 3/Oct/2014 18.30-21.00**

**Dances**

Gay Gordons (108 – not too fast!)

Scotland the Brave, Mairi’s Wedding, Barren Rocks of Aden

Dashing White Sergeant (112)

Dashing White Sergeant, White Cockade, Rose Tree, Rakes of Mallow, Rose Tree, Rakes of Mallow, Davy-Davy Knick Knack, Dashing White Sergeant

Canadian Barn Dance (144-156)

Humours of California, Boys of Bluehill (repeat dance with progression)

Swedish Masquerade

Music: Swedish Masquerade!

Strip the Willow (120)

Music: Atholl Highlanders, Hundred Pipers, Kenmure's Awa', Ribbon Men, Geordie's Byre

-\*- interval -\*-

Gay Gordons (108)

Music: Scotland the Brave, Mairi’s Wedding, Barren Rocks of Aden

Virginia Reel (120)

Music: Turkey in the Straw, Oh Susannah, Waiting for the Federals, Coming Round the Mountain

Military Two Step (120)

Music: Macnamara's Band, Ronald Cooper, Macnamara's Band

St. Bernard’s Waltz (144 – 48 bars/m)

Music: The Dark Island, Ashokan Farewell, Ye Banks and Braes

Orcadian Strip the Willow

Music: Atholl Highlanders, Hundred Pipers, Kenmure's Awa', Ribbon Men, Geordie's Byre

Auld Lang Syne

Music: Auld Lang Syne

Closing Tune (Polka)

Music: Macnamara's Band

**Calling Notes**

Gay Gordons (16 bars, repeat until done)

Couples in circle round room, facing ACW, men inside, women outside.

1-2: RH joined behind L. shoulder, LH joined in front, four steps ACW,  
3-4: swivel and continue ACW walking backwards,  
5-8: repeat in CW direction,  
9-12: drop LH, raise RH above lady's head. Lady pivots on the spot,  
13-16: ballroom hold, polka ACW, repeat from 1.

Dashing White Sergeant (32 bars, progression, repeat until done)

Groups of three in sets of 6, 3 face ACW 3 face CW in big circle round the room.

1-8: Join up in a circle of 6 and circle left for 8 steps (4 bars) and then back.  
9-12: Drop hands back to 3s. Middle faces right partner, sets and turns them once with RH or both hands, other partner stands still.  
13-16: Middle repeats with the left partner.  
17-24: Using elbow grip, middle turns right, left, right left, or reel of 3.  
25-28: Join hands in lines of three, advance towards other 3 (stomp) and retire.  
29-32: Advance and progression (one group makes arches, others go through).

Canadian Barn Dance

Couples in circle round room, facing ACW, men inside, women outside. W's LH on M's right shoulder, M's arm round waist.

1-2: Starting with the outside foot, walk forward for three steps and hop (or kick).  
3-4: Walk backwards for three steps and hop.  
5-6: Skip sideways away from your partner (men towards the centre of the room, ladies towards the edge) for two steps and clap.  
7-8: Return to partner and join in ballroom (waltz) hold.  
9-12: In ballroom hold, skip sideways to the man's left, lady's right for two steps then back again.  
13-16: Use four step-hops to polka anti-clockwise round the room.

Repeat dance with progression, men move forwards to woman in front.

Swedish Masquerade

Couples in circle round room, facing ACW, men inside, women outside.

Slow march  
1-8: With nearer hands joined, walk slowly along the line of dance  
9-16: With nearer hands joined, walk slowly against the line of dance back to starting point

Waltz  
17-20: With nearer hands joined, facing along line of dance, balance away from partner and back towards partner twice.  
21-24: Waltz along line of dance.  
25-32: Repeat bars 17-24.

Polka  
33-36: With nearer hands joined, facing along line of dance, balance away from partner and back towards partner twice.  
37-40: Polka along line of dance.  
41-48 Repeat bars 33-40.

Strip the Willow

Longwise sets of 4 couples, facing partners, men on caller's right. Explain turning hold (hand to elbow)

1-8: 1st couple spin right arms.  
9-20: 1st lady turns 2nd man left arm, back to partner, turn right arm, 3M LA, partner RA, 4M LH.  
21-24: Spin with partner RH to the end of the phrase.  
25-36: 1st man turns 4L LH, partner RH, 3L LH, partner RH, 2L LH.  
37-40: Spin with partner RH to the end of the phrase.  
41-52: 1st lady works down men, while 1st man works down ladies, turning 2C LH, partner RH, 3C LH, partner RH, 4C LH.  
53-56: Spin with partner RH to the end of the phrase.

-\*- interval -\*-

Gay Gordons

See above!

Virginia Reel

Longwise sets of 4 couples, facing partners, men on caller's right.

1-8: All advance 4 steps and retire, then turn partners right-hand or elbow.  
9-16: All advance and retire, then turn partners LH.  
17-24: All advance and retire, then turn partners BH.  
25-32: All advance and retire, then dance back to back with partners (do-si-do).  
33-40: 1st couple join both hands and side slip down the middle and back.  
41-48: 1st couple, followed by 2nd, 3rd and 4th couples cast off to the bottom; 1st couple make an arch and the other three couples dance up to new positions.

Military Two Step

Couples in circle round room, facing ACW, men inside, women outside. W's LH on M's right shoulder, M's arm round waist.

1-2: Outer foot, heel/toe/heel/toe, bouncing on the inner foot with each touch.  
3-4: Walk forward three steps and turn towards each other to face in the opposite direction.  
5-8: Repeat in the opposite direction.  
9-10: Facing partner and joining both hands, bounce on both feet, then kick the right foot across the body (to the left), followed by the left foot across the body (to the right).  
11-12: The man raises his left hand and the lady turns underneath (dropping the other hand).  
13-16: Polka around the room.

St. Bernard’s Waltz

Couples in circle round room, facing ACW, men inside, women outside. Ballroom hold.

1-4: Take three steps sideways towards the lady's right, man's left, then stamp both feet.  
5-6: Take two steps sideways in the opposite direction.  
7-8: Take two steps towards the centre of the room (lady right foot first, man left foot).  
9-10: Take two steps back out (same feet).  
11-12: Lady turns about on the spot under the joined hands.  
13-16: Waltz onwards round the room.

Orcadian Strip the Willow

Longwise sets, couples facing partners, men on caller's right.

1-8: 1st couple spin right arms.  
9-15: lady works down men (turning LH), while man works down ladies (turning LH), all the way down to the end, spin and rejoin the lines.  
16-23: Next couple starts.  
Repeat until the band give up!