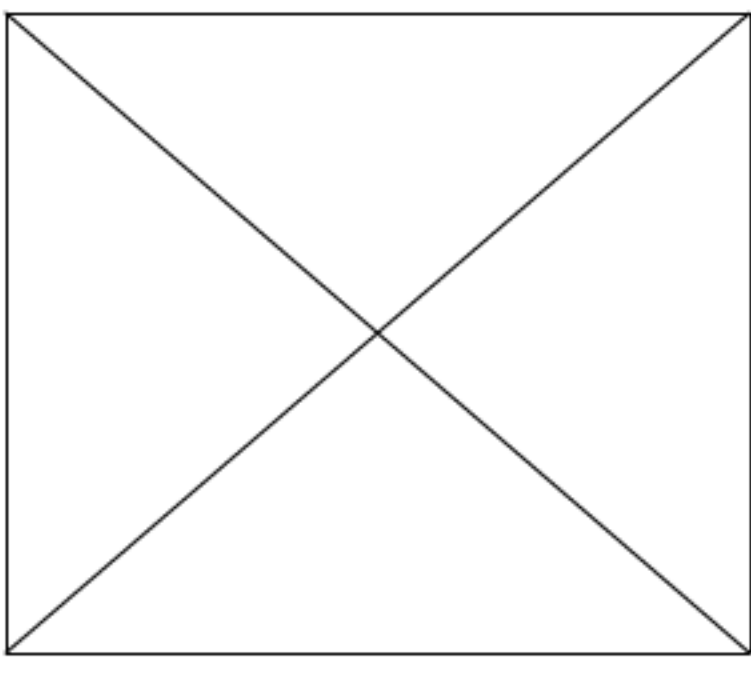


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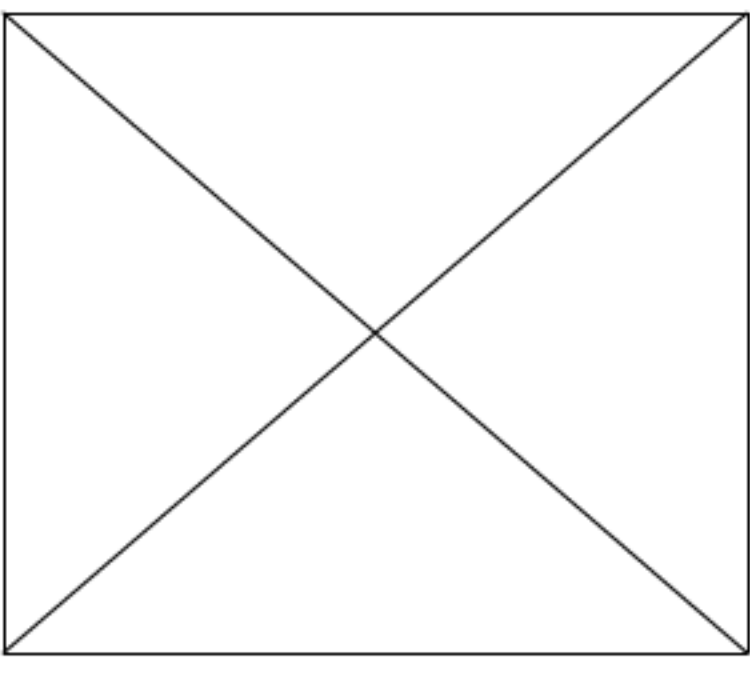


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Registered Psychologist, Columnist, Media Contributor

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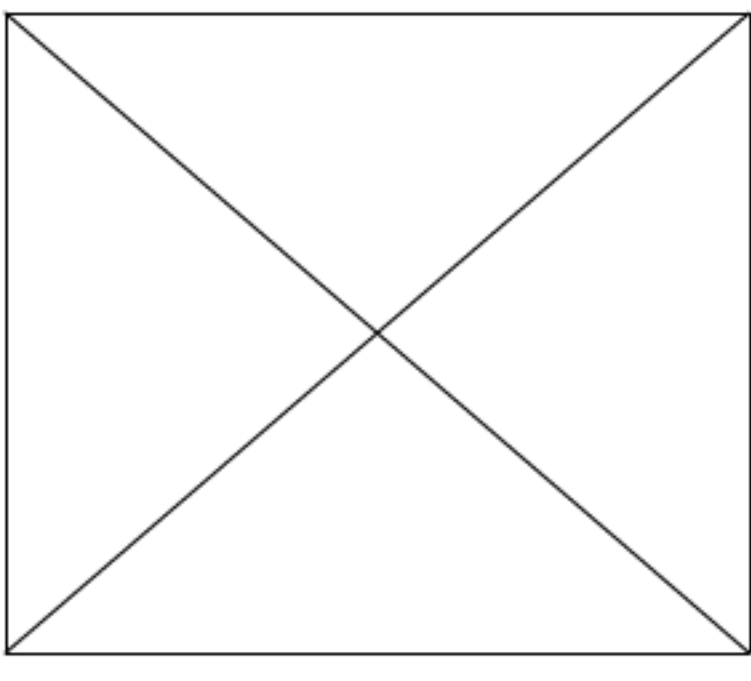


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Marie Power

Registered Psychologist

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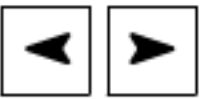
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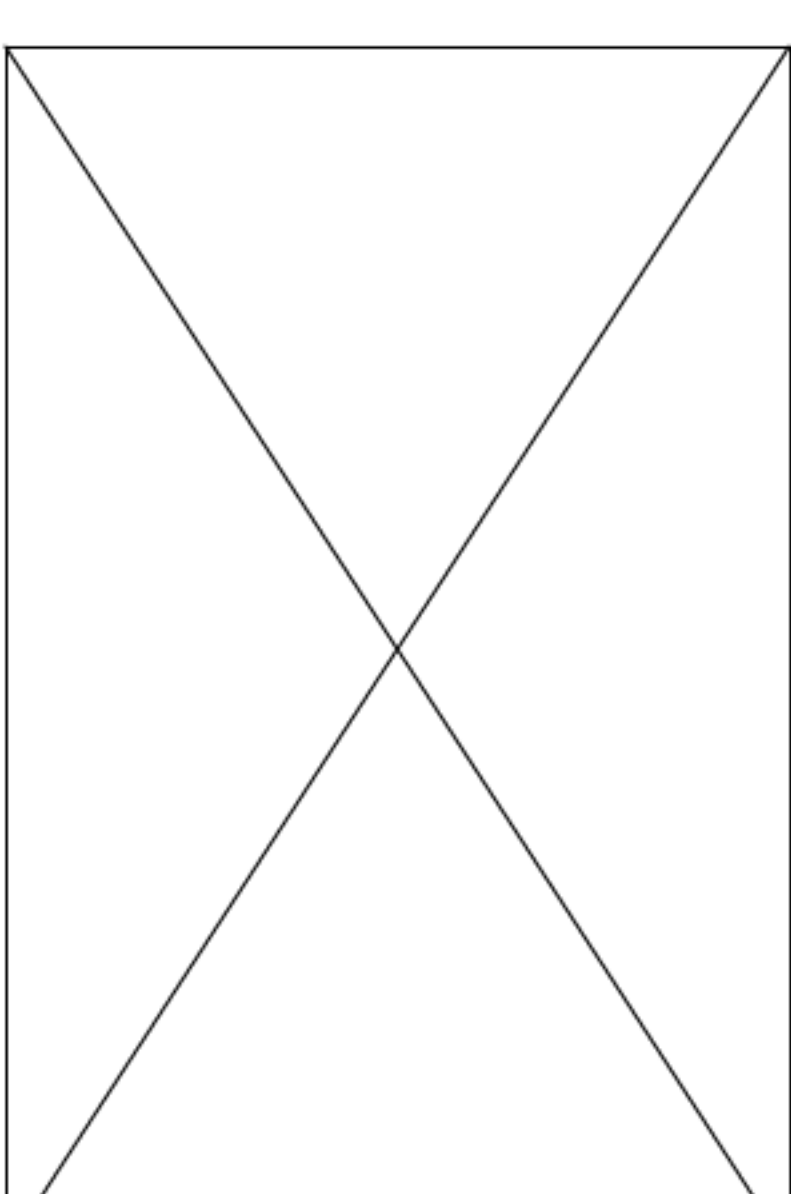
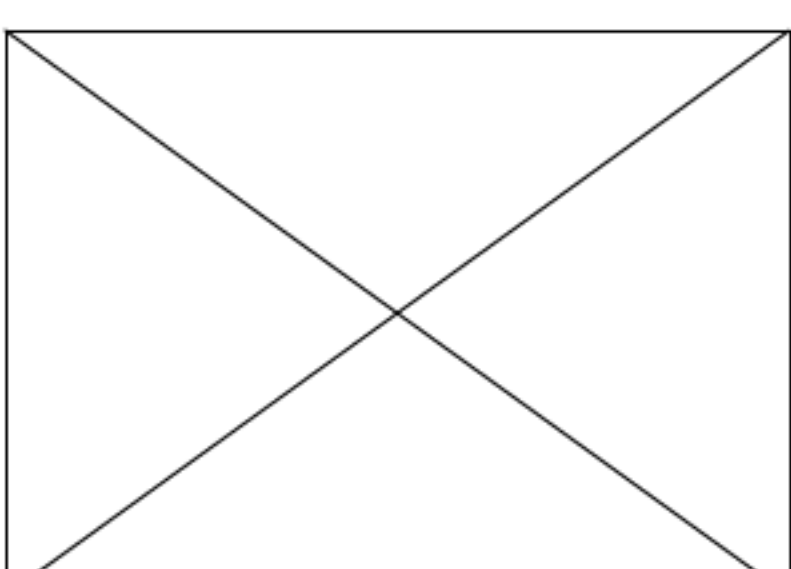
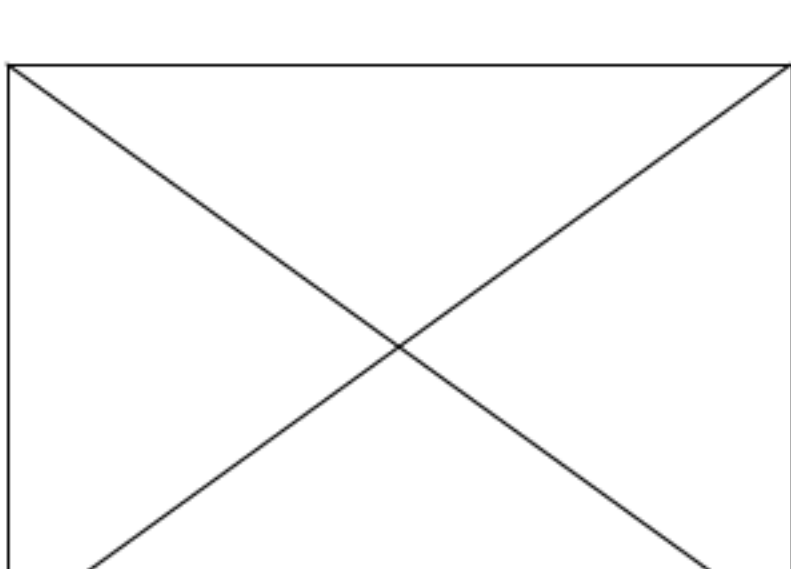
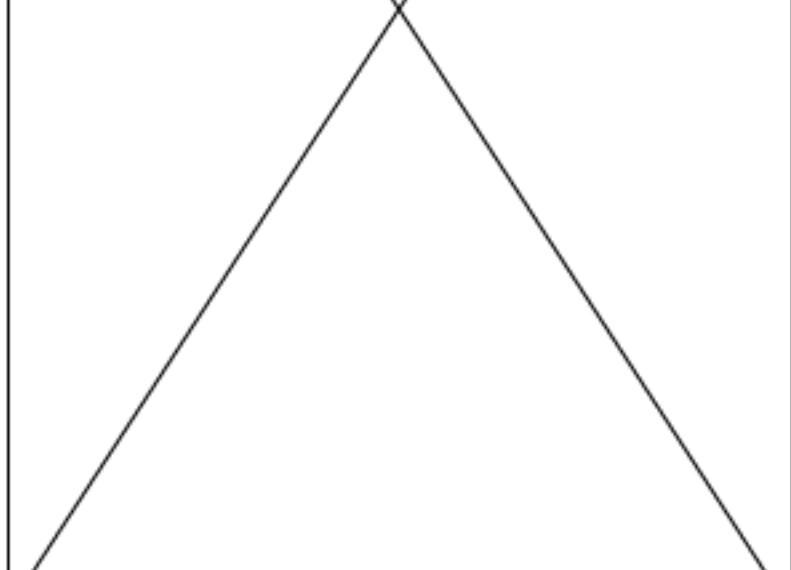
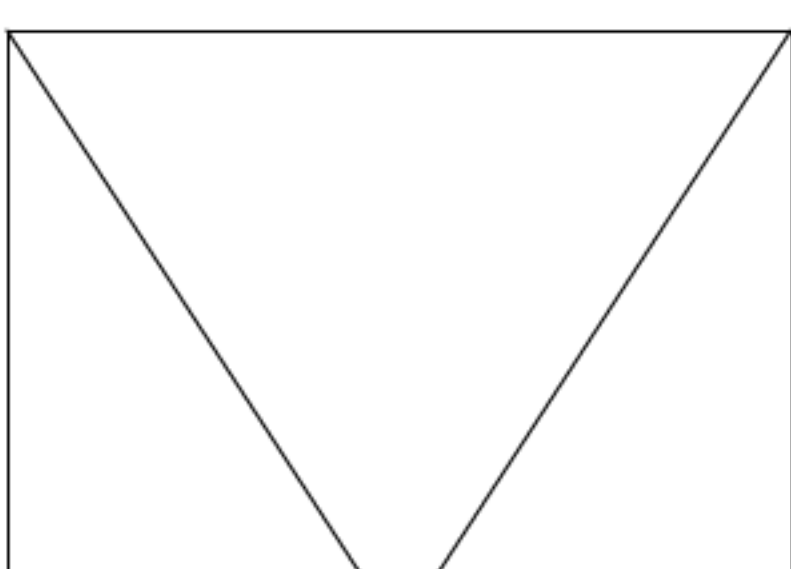
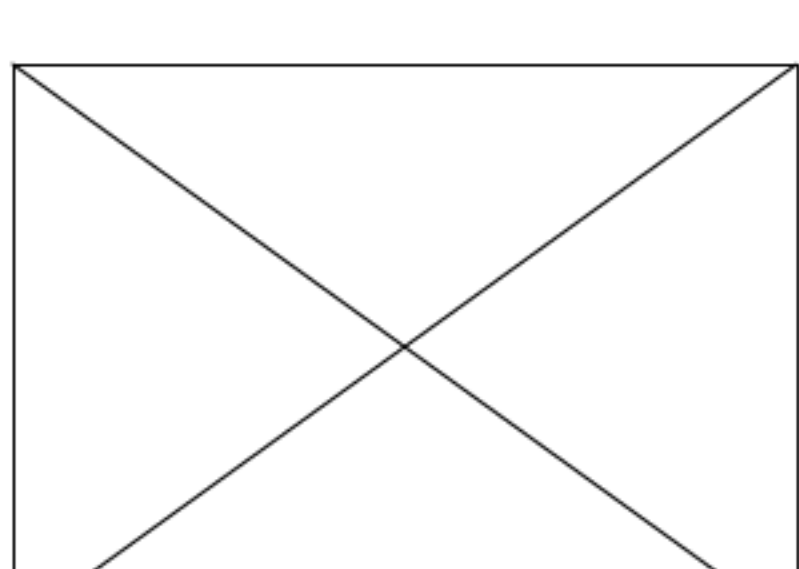
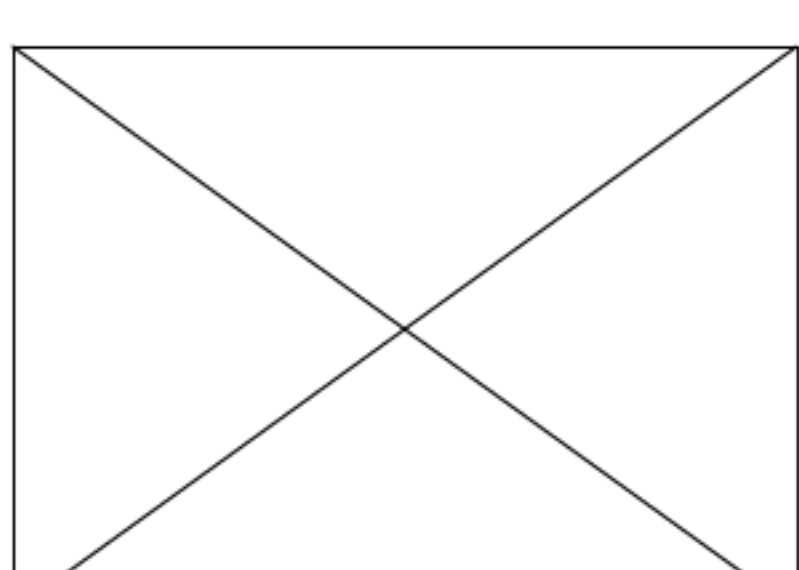
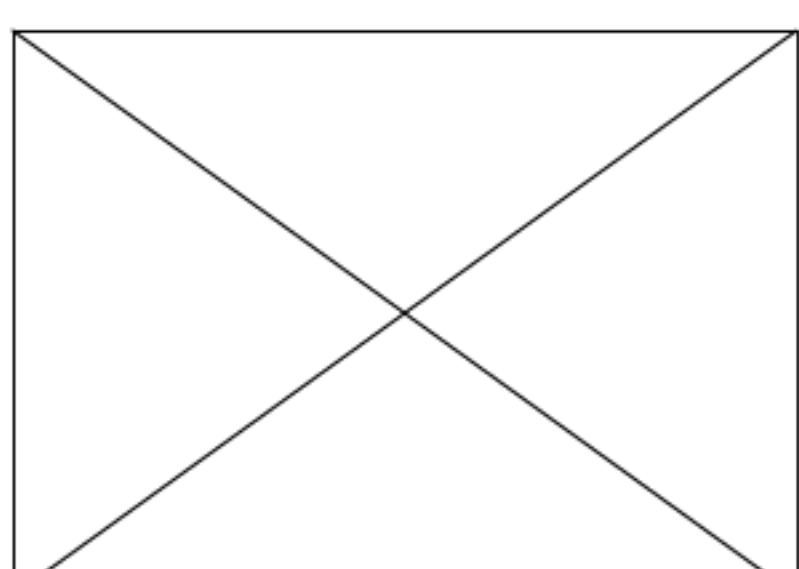
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Question Two?

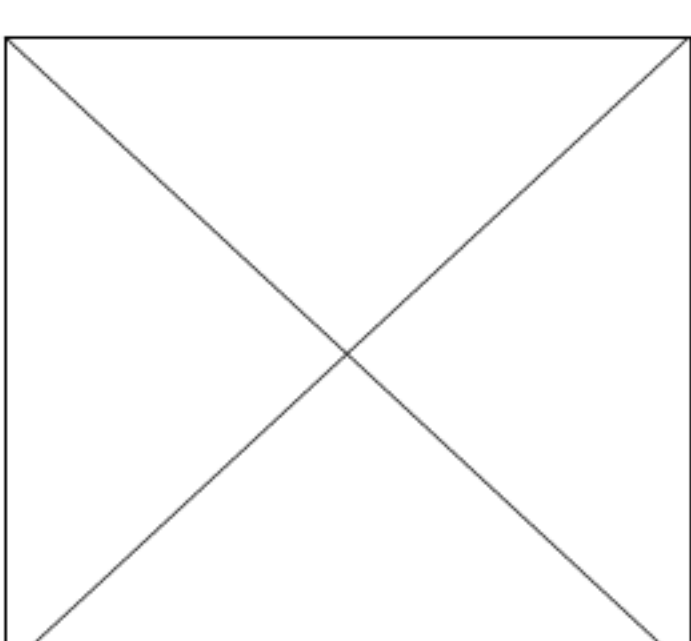
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12 Saint James Terrace
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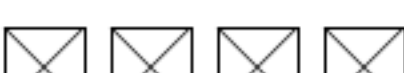
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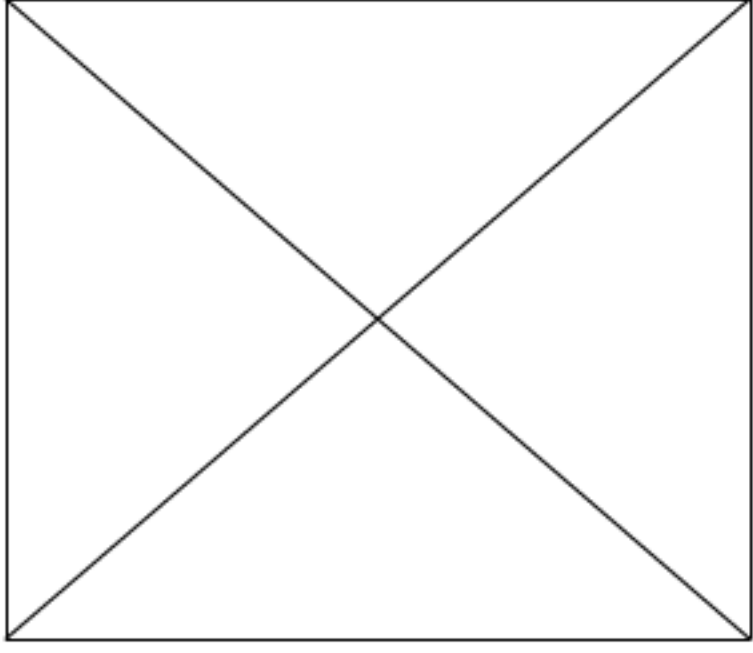


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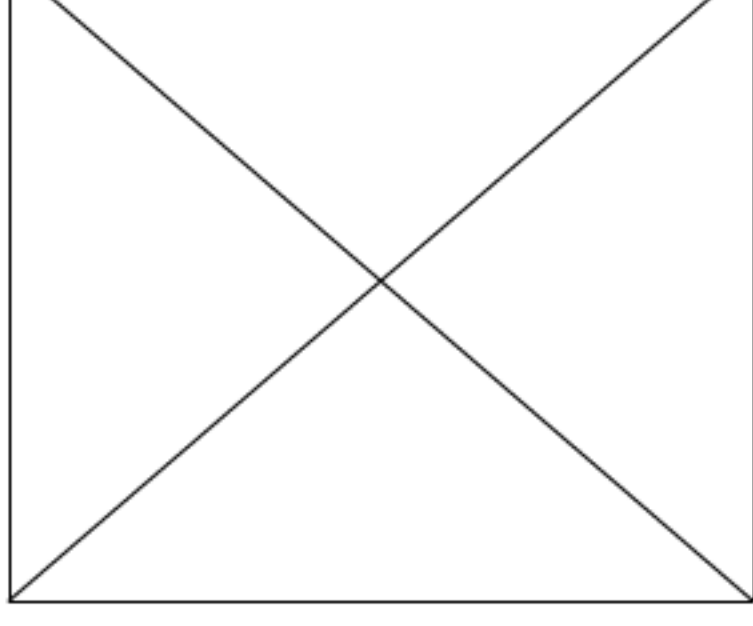
Allison Keating

Registered Psychologist, Columnist, Media Contributor

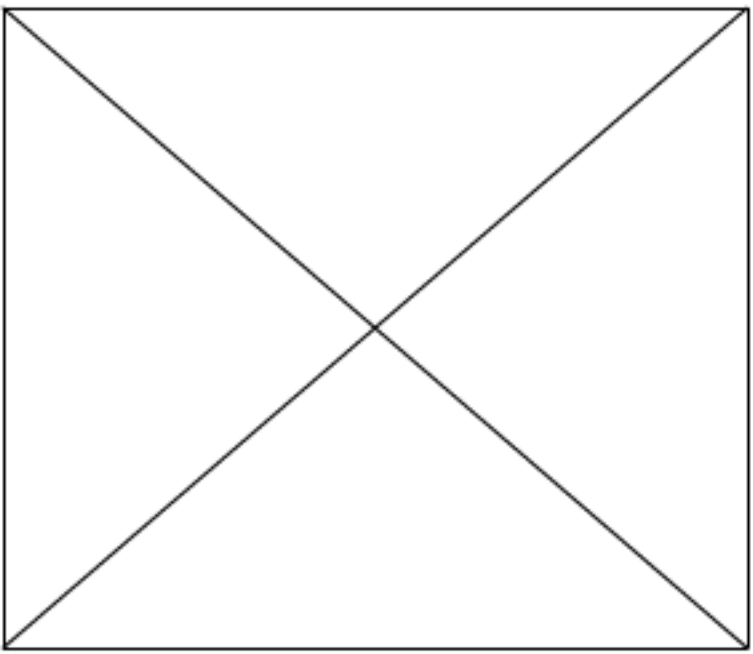
Allison is a well known and respected Registered Psychologist in Ireland. This September 2014 celebrates the bWell Clinic's 10th anniversary. In conjunction with her busy practice she has been a regular Psychological Media contributor which has lead to being published in some of Ireland's most popular publications and also given rise to a high profile media career. Her career goal has always been focused on really helping make a difference to people's lives. To bring Psychology to the masses, it is such an evolving and fascinating subject and she has a strong desire to de-stigmatize how mental health is perceived and to help people learn the skills that are necessary to get through the inevitable ups and downs we will all experience in life. Allison Keating Bio Allison Keating has an MSc., in Work and Organisational Psychology, BA in Behavioural Science in Psychology, Certificate in Career Guidance and Adult Counselling. She is also a qualified master Neuro-Linguistic Programming (NLP) practitioner.

Eoin O' Shea

Registered Psychologist, Cognitive Behavioural Therapist, Lecturer



Eoin is both a registered counselling psychologist and fully qualified cognitive behavioural therapist (CBT) by training. He is an Associate Fellow of both the Psychological Society of Ireland and British Psychological Society and is also a member of the British Association for Cognitive and Behavioural Psychotherapies. Eoin's career to date has seen him hold posts in clinical settings (e.g. Health Service Executive, University counselling service, private practice), lecturing/training roles (e.g. University College Cork, City Colleges Dublin), as well as research posts (e.g. National Suicide Research Foundation). He also delivers corporate staff well-being workshops and has provided services to the Irish Red Cross and an Irish-U.S. study abroad programme based in Dublin. He has published numerous academic articles, co-authored a book chapter on counseling psychology in Ireland, and has presented talks at numerous psychology and mental health conferences over the past 10 years. This breadth of experience in varied roles has helped in ensuring that Eoin's work is informed by up-to-date research and clinical practice concerning a broad range of mental health/well-being difficulties such as: depression, numerous anxiety disorders, stress management, relationship difficulties, and self-destructive behaviours. He has a specific interest in working with those affected by post-traumatic stress disorder as well as developmental trauma,



Marie Power

Registered Psychologist Academic Background

Marie holds a Masters in Work and Organisational Psychology from University College Dublin, as well as a BA in Psychology, BA in Counselling and Psychotherapy from Dublin Business School and a Professional Certificate in Cognitive Behavioural Therapy from PCI College and is also a Life and Business Coach. Marie follows both the PSI's, Psychological Society of Ireland Professional Code of Ethics and the IACP Irish Association of Counsellors and Psychotherapists Code of Ethics and engages in ongoing clinical supervision to ensure that her clients are provided with the best possible care. Professional Background: Marie has worked as a work and organisational psychologist for over 10 years. During this period she worked as a Senior Consultant for RSM Tenon, Farrell Grant Sparks and the Great Place to Work Institute providing leadership development coaching and learning support to the Top 100 companies in Ireland in both the public and private sector. She also works as Talent and Development Specialist for Vodafone Ireland providing career guidance and coaching for talent at all levels in organisation from graduate to Director. In terms of Counselling experience Marie started her career in Jigsaw Community Counselling in Belfast (between the Shankill and Falls Road). There she worked with clients presenting with everything from Post Traumatic Stress disorder, sexual addiction, depression, anxiety, eating disorders, bereavement to relationship breakdowns. During her time here she wrote her thesis which was focused on the intergenerational impact of Post Traumatic Stress Disorder in Northern Ireland earning her a first class honour. From there Marie went on to practice counselling and psychotherapy support for Irish Autism Action, in particular providing supportive counselling for parents whose children had recently been diagnosed with Autism, Asperger's and/or Dyspraxia. From there she went on to practice in Greystone Counselling with a varied case load. Most recently she undertook a Professional Certificate in CBT (Cognitive Behavioural Therapy) and works in a integrative fashion using tools and techniques from the different therapeutic schools depending on the presenting issue. She has a particular interest in positive psychology, stress management and mindfulness. Marie is delighted to join Allison as a therapist in the bWell clinic.

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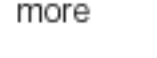
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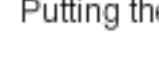
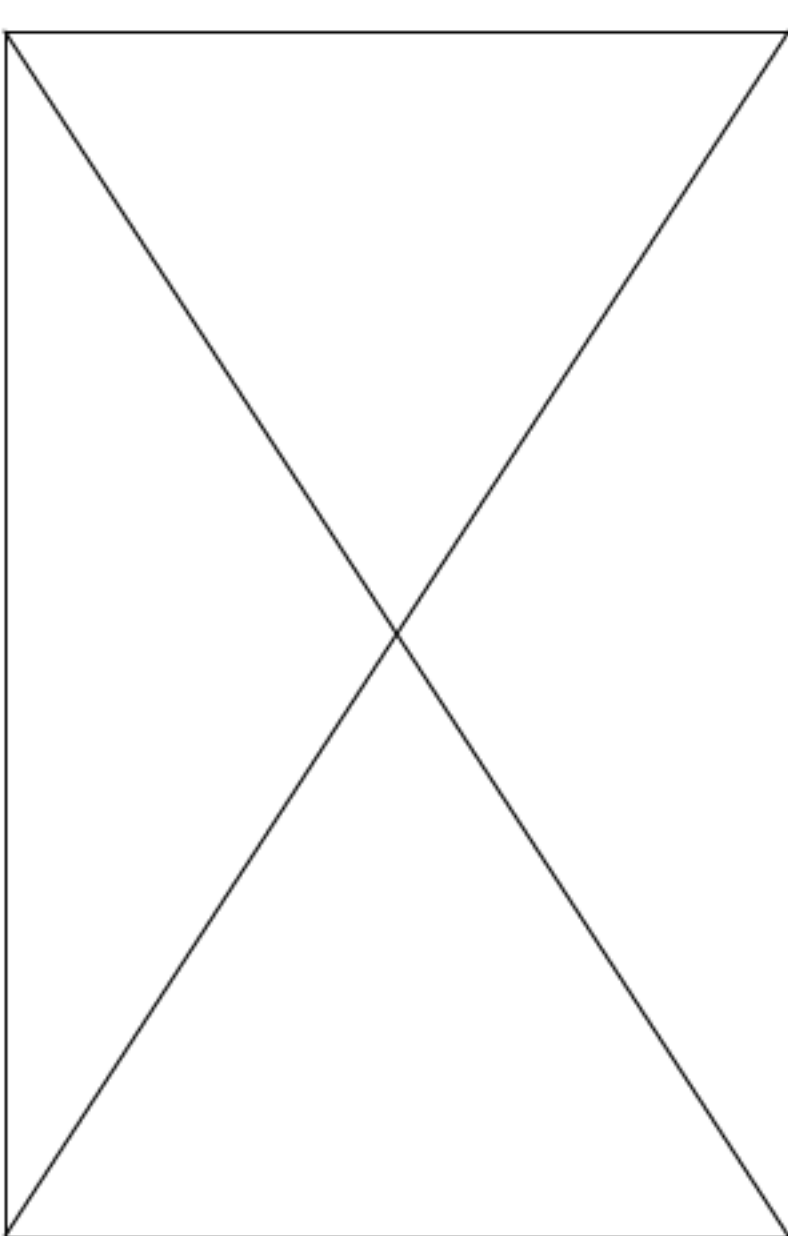
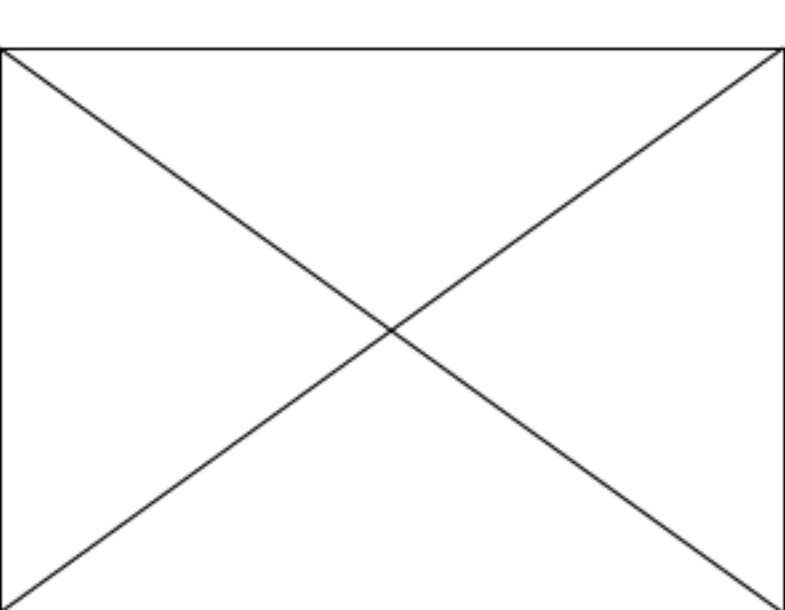
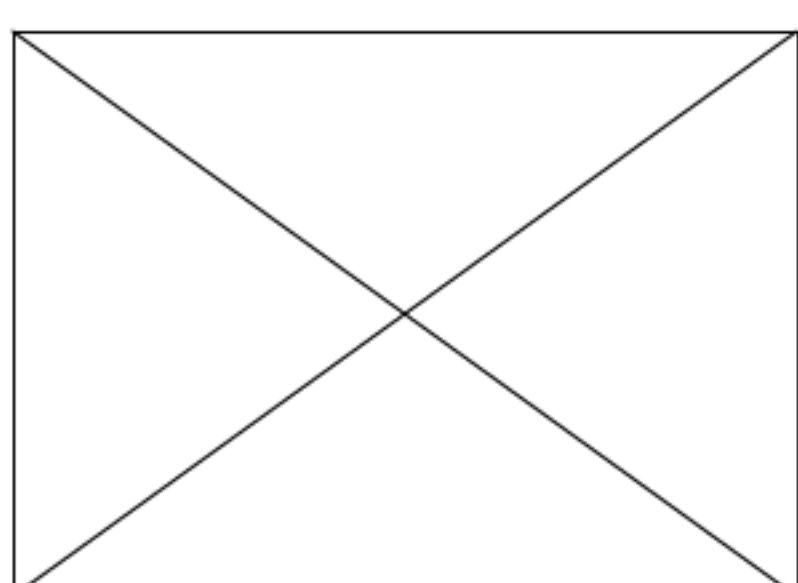
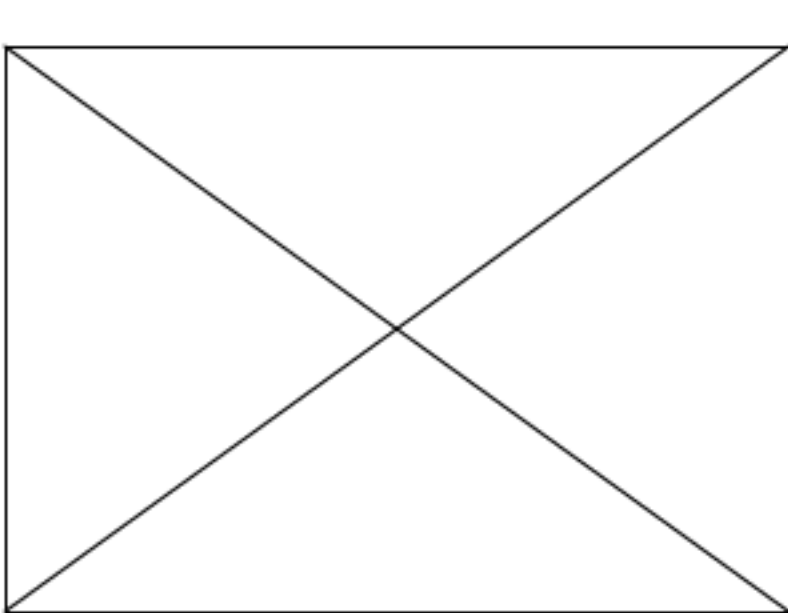
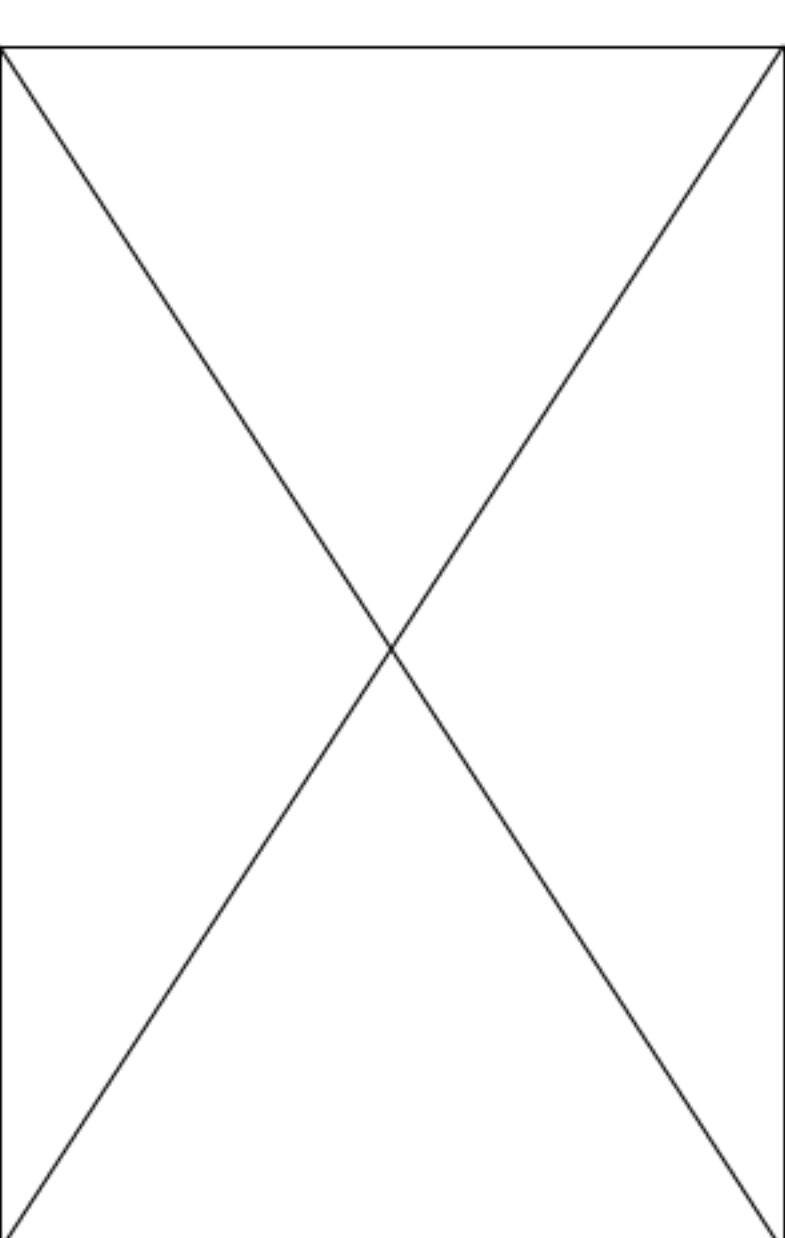
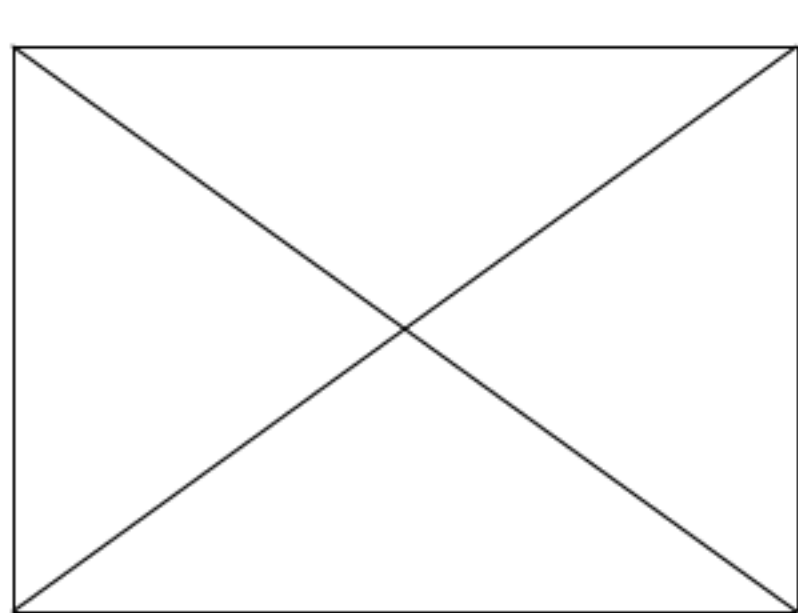


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Question Two?


Question Three?

Question Four?


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Allison Keating
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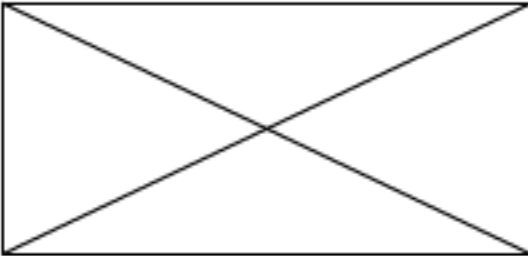
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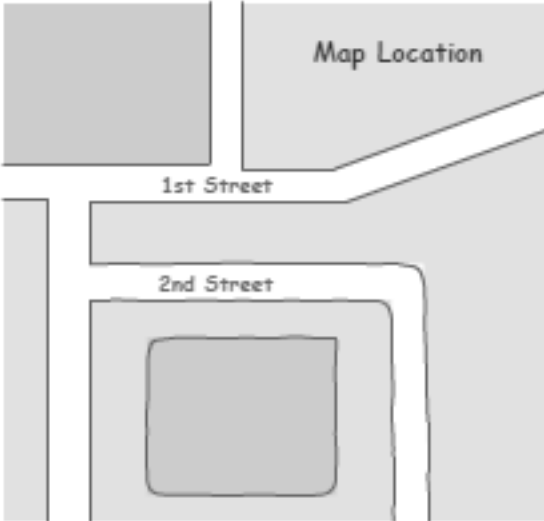
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