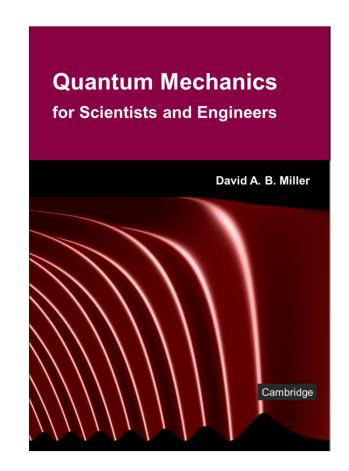
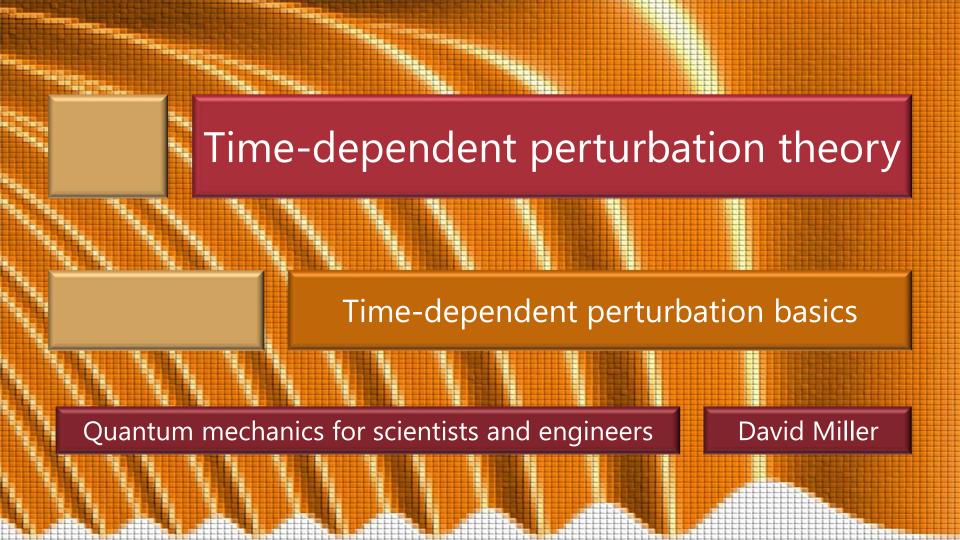
Slides: Video 9.2.1 Time-dependent perturbation basics

Text reference: Quantum Mechanics for Scientists and Engineers

Section 7.1





For time-dependent problems

consider some time-dependent perturbation $\hat{H}_p(t)$ to an unperturbed Hamiltonian \hat{H}_a

that is itself not dependent on time

The total Hamiltonian is then

$$\hat{H} = \hat{H}_o + \hat{H}_p(t)$$

To deal with such a situation

we use the time-dependent Schrödinger equation

$$i\hbar \frac{\partial}{\partial t} |\Psi\rangle = \hat{H} |\Psi\rangle$$

where now the ket $|\Psi\rangle$ is generally time-varying

With $|\psi_n\rangle$ and E_n as the energy eigenfunctions and eigenvalues of the time-independent equation

$$\hat{H}_{o}\left|\psi_{n}\right\rangle = E_{n}\left|\psi_{n}\right\rangle$$

we expand the solution

of the time-dependent Schrödinger equation as

$$|\Psi\rangle = \sum a_n(t) \exp(-iE_n t/\hbar) |\psi_n\rangle$$

Note we included the time-dependent factor $\exp(-iE_nt/\hbar)$ explicitly in the expansion

leaving the time dependence of $a_n(t)$ to deal only with the additional changes

Now we substitute
$$|\Psi\rangle = \sum a_n(t) \exp(-iE_n t/\hbar) |\psi_n\rangle$$

into the Schrödinger equation $i\hbar \frac{\partial}{\partial t} |\Psi\rangle = \hat{H} |\Psi\rangle$ gives $\sum (i\hbar \dot{a}_n + a_n E_n) \exp(-iE_n t / \hbar) |\psi_n\rangle$

$$\sum (i\hbar \dot{a}_n + a_n E_n) \exp(-iE_n t / \hbar) |\psi_n\rangle$$

$$= \sum_{n} a_{n} \left(\hat{H}_{o} + \hat{H}_{p} (t) \right) \exp \left(-i E_{n} t / \hbar \right) | \psi_{n} \rangle \text{ where } \dot{a}_{n} \equiv \frac{\partial a_{n}}{\partial t}$$
Replacing $\hat{H}_{o} | \psi_{n} \rangle$ with $E_{n} | \psi_{n} \rangle$ and cancelling gives

$$\sum i\hbar \dot{a}_n \exp(-iE_n t/\hbar) |\psi_n\rangle = \sum a_n \hat{H}_p(t) \exp(-iE_n t/\hbar) |\psi_n\rangle$$

Now premultiplying

$$\sum_{n} i\hbar \dot{a}_{n} \exp\left(-iE_{n}t/\hbar\right) |\psi_{n}\rangle = \sum_{n} a_{n} \hat{H}_{p}(t) \exp\left(-iE_{n}t/\hbar\right) |\psi_{n}\rangle$$

by $\langle \psi_q |$ on both sides leads to

$$i\hbar \dot{a}_{q}(t)\exp(-iE_{q}t/\hbar) = \sum_{n} a_{n}(t)\exp(-iE_{n}t/\hbar)\langle\psi_{q}|\hat{H}_{p}(t)|\psi_{n}\rangle$$

We have made no approximations so far

This is merely a restatement of Schrödinger's timedependent equation

$$i\hbar \frac{\partial}{\partial t} |\Psi\rangle = \hat{H} |\Psi\rangle$$

Now we consider a perturbation series

We introduce the expansion parameter γ as before

now writing our perturbation as $\gamma \hat{H}_p$

As before, we can set this to 1 at the end

We now express the expansion coefficients a_n as a power series

$$a_n = a_n^{(0)} + \gamma a_n^{(1)} + \gamma^2 a_n^{(2)} + \cdots$$

and we substitute this expansion into

$$i\hbar \dot{a}_{q}(t)\exp(-iE_{q}t/\hbar) = \sum_{n} a_{n}(t)\exp(-iE_{n}t/\hbar)\langle\psi_{q}|\gamma\hat{H}_{p}(t)|\psi_{n}\rangle$$

where we now have $\gamma \hat{H}_p$ instead of just \hat{H}_p

In $i\hbar \dot{a}_{q}(t) \exp(-iE_{q}t/\hbar) = \sum_{n} a_{n}(t) \exp(-iE_{n}t/\hbar) \langle \psi_{q} | \gamma \hat{H}_{p}(t) | \psi_{n} \rangle$ equating powers of γ on both sides first we obtain the zero order term $\dot{a}_{q}^{(0)}(t) = 0$

The zero order solution simply corresponds to the unperturbed solution

and hence there is no change in the expansion coefficients in time to zero order

With
$$a_n = a_n^{(0)} + \gamma a_n^{(1)} + \gamma^2 a_n^{(2)} + \cdots$$
 and
$$i\hbar \dot{a}_q(t) \exp\left(-iE_q t / \hbar\right) = \sum_n a_n(t) \exp\left(-iE_n t / \hbar\right) \left\langle \psi_q \middle| \gamma \hat{H}_p(t) \middle| \psi_n \right\rangle$$

for the first order term we have

$$\dot{a}_{q}^{(1)}(t) = \frac{1}{i\hbar} \sum_{n} a_{n}^{(0)} \exp(i\omega_{qn}t) \langle \psi_{q} | \hat{H}_{p}(t) | \psi_{n} \rangle$$

where we have introduced the notation

$$\omega_{qn} = \left(E_q - E_n\right)/\hbar$$

Note here in
$$\dot{a}_{q}^{(1)}(t) = \frac{1}{i\hbar} \sum_{n} a_{n}^{(0)} \exp \left(i\omega_{qn}t\right) \left\langle \psi_{q} \middle| \hat{H}_{p}(t) \middle| \psi_{n} \right\rangle$$
 we already know that the $a_{n}^{(0)}$ are all constants

They give the "starting" state of the system at $t=0$

We note now that, if we know the starting state, the perturbing potential and the unperturbed eigenvalues and eigenfunctions we can integrate to obtain the first order, time-dependent correction, $a_{q}^{(1)}(t)$ to the expansion coefficients

After integrating
$$\dot{a}_{q}^{(1)}(t) = \frac{1}{i\hbar} \sum_{n} a_{n}^{(0)} \exp(i\omega_{qn}t) \langle \psi_{q} | \hat{H}_{p}(t) | \psi_{n} \rangle$$

we know the new approximate expansion coefficients

$$a_q \simeq a_q^{(0)} + a_q^{(1)}(t)$$

so we know the new wavefunction

and can calculate the behavior of the system from this new wavefunction

We can proceed to higher order in this time-dependent perturbation theory

Equating powers of progressively higher order gives

$$\dot{a}_{q}^{(p+1)}(t) = \frac{1}{i\hbar} \sum_{n} a_{n}^{(p)} \exp(i\omega_{qn}t) \langle \psi_{q} | \hat{H}_{p}(t) | \psi_{n} \rangle$$

We see that this perturbation theory is also a method of successive approximations

just like the time-independent perturbation theory

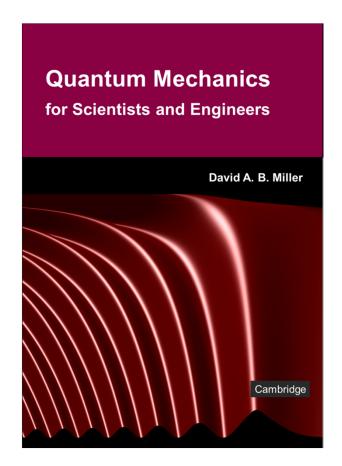
We calculate each higher order correction from the preceding correction

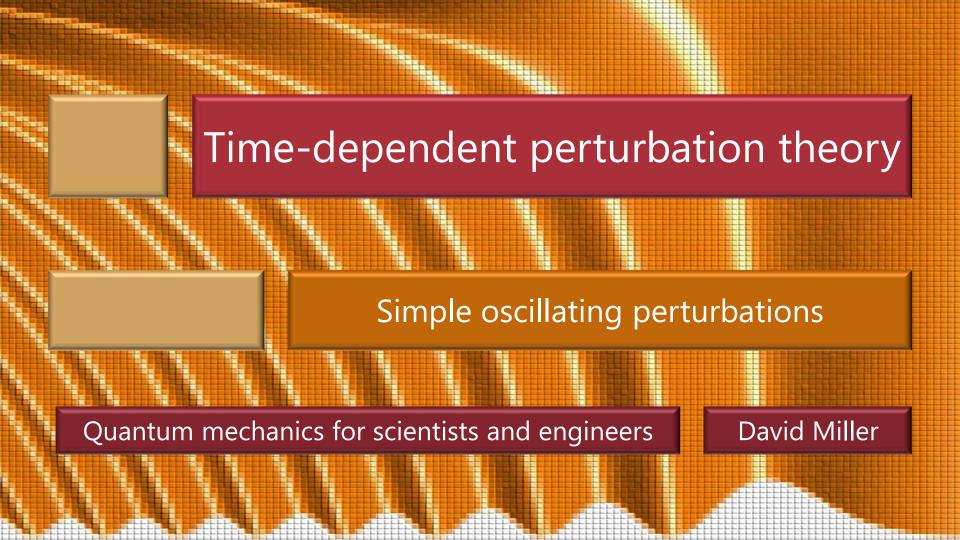


Slides: Video 9.2.3 Simple oscillating perturbations

Text reference: Quantum Mechanics for Scientists and Engineers

Section 7.2 (first part)





One very useful case is for oscillating perturbations where a perturbation is varying sinusoidally in time also called a "harmonic" perturbation as in the harmonic oscillator for example, a monochromatic electromagnetic wave with an electric field in, say, the z direction $E(t) = E_o \left[\exp(-i\omega t) + \exp(i\omega t) \right] = 2E_o \cos(\omega t)$ where ω is a positive (angular) frequency We consider this here in first-order time-dependent perturbation theory

With
$$E(t) = E_o \left[\exp(-i\omega t) + \exp(i\omega t) \right] = 2E_o \cos(\omega t)$$
 for an electron, the electrostatic energy in this field, relative to position $z = 0$ gives a perturbing Hamiltonian $\hat{H}_p(t) = eE(t)z = \hat{H}_{po} \left[\exp(-i\omega t) + \exp(i\omega t) \right]$ where, in this case $\hat{H}_{po} = eE_o z$ which is a time-independent operator This perturbing Hamiltonian is called the electric dipole approximation

We will presume that this perturbing Hamiltonian is only "on" for some finite time

```
For simplicity, we presume that
   the perturbation starts at time t = 0
      and ends at time t = t_o
         so formally we have
   \hat{H}_{n}(t) = 0, t < 0
          =\hat{H}_{no}\left[\exp(-i\omega t) + \exp(i\omega t)\right], 0 < t < t_o
           =0, t>t_{0}
```

```
We are interested in the case where
  for times before t=0
     the system is in some specific energy eigenstate |\psi_m\rangle
Time-dependent perturbation theory will tell us
  with what probability the system
     will make transitions into other states
With this choice
  all of the initial expansion coefficients a_n^{(0)} are zero
     except a_m^{(0)}
        which has the value 1
```

With this simplification of the initial state to $|\psi_m\rangle$ the first order perturbation solution

$$\dot{a}_{q}^{(1)}(t) = \frac{1}{i\hbar} \sum_{n} a_{n}^{(0)} \exp(i\omega_{qn}t) \langle \psi_{q} | \hat{H}_{p}(t) | \psi_{n} \rangle$$

becomes
$$\dot{a}_{q}^{(1)}(t) = \frac{1}{i\hbar} \exp(i\omega_{qm}t) \langle \psi_{q} | \hat{H}_{p}(t) | \psi_{m} \rangle$$

Now we substitute the perturbing Hamiltonian

$$\hat{H}_{p}(t) = 0, t < 0$$

$$= \hat{H}_{po} \left[\exp(-i\omega t) + \exp(i\omega t) \right], 0 < t < t_{o}$$

$$= 0, t > t_{o}$$

With that substitution

and integrating over time

from time 0 to time t_o

$$a_q^{(1)}(t > t_o) = \frac{1}{i\hbar} \int_0^{t_0} \langle \psi_q | \hat{H}_p(t_1) | \psi_m \rangle \exp(i\omega_{qm}t_1) dt_1$$

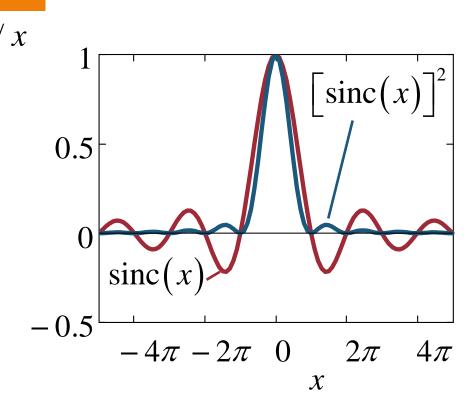
$$= \frac{1}{i\hbar} \langle \psi_q | \hat{H}_{po} | \psi_m \rangle \int_0^{t_o} \left\{ \exp \left[i \left(\omega_{qm} - \omega \right) t_1 \right] + \exp \left[i \left(\omega_{qm} + \omega \right) t_1 \right] \right\} dt_1$$

So
$$a_q^{(1)}(t > t_o)$$

$$= -\frac{1}{\hbar} \langle \psi_{q} | \hat{H}_{po} | \psi_{m} \rangle \left\{ \frac{\exp(i(\omega_{qm} - \omega)t_{o}) - 1}{\omega_{qm} - \omega} + \frac{\exp(i(\omega_{qm} + \omega)t_{o}) - 1}{\omega_{qm} + \omega} \right\}$$

$$= \frac{t_{o}}{i\hbar} \langle \psi_{q} | \hat{H}_{po} | \psi_{m} \rangle \begin{cases} \exp \left[i \left(\omega_{qm} - \omega \right) t_{o} / 2 \right] \frac{\sin \left[\left(\omega_{qm} - \omega \right) t_{o} / 2 \right]}{\left(\omega_{qm} - \omega \right) t_{o} / 2} \\ + \exp \left[i \left(\omega_{qm} + \omega \right) t_{o} / 2 \right] \frac{\sin \left[\left(\omega_{qm} + \omega \right) t_{o} / 2 \right]}{\left(\omega_{qm} + \omega \right) t_{o} / 2} \end{cases}$$

The function sinc(x) = sin(x)/xpeaks at 1 for x = 0It is only large for x = 0so, e.g., $\frac{\sin\left[\left(\omega_{qm}-\omega\right)t_{o}/2\right]}{\left(\omega_{qm}-\omega\right)t_{o}/2}$ is strongly resonant with relatively strong contributions only for frequency ω close to ω_{qm}



We have now calculated the new state for times $t > t_o$ which is, to first order

$$|\Psi\rangle \simeq \exp(-iE_m t/\hbar)|\psi_m\rangle + \sum_q a_q^{(1)}(t > t_o) \exp(-iE_q t/\hbar)|\psi_q\rangle$$

with the $a_q^{(1)}(t > t_o)$ given by our preceding expression

Now that we have established our approximation to the new state

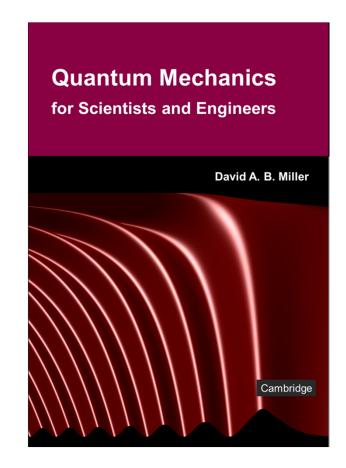
we can start calculating
the time dependence of measurable quantities

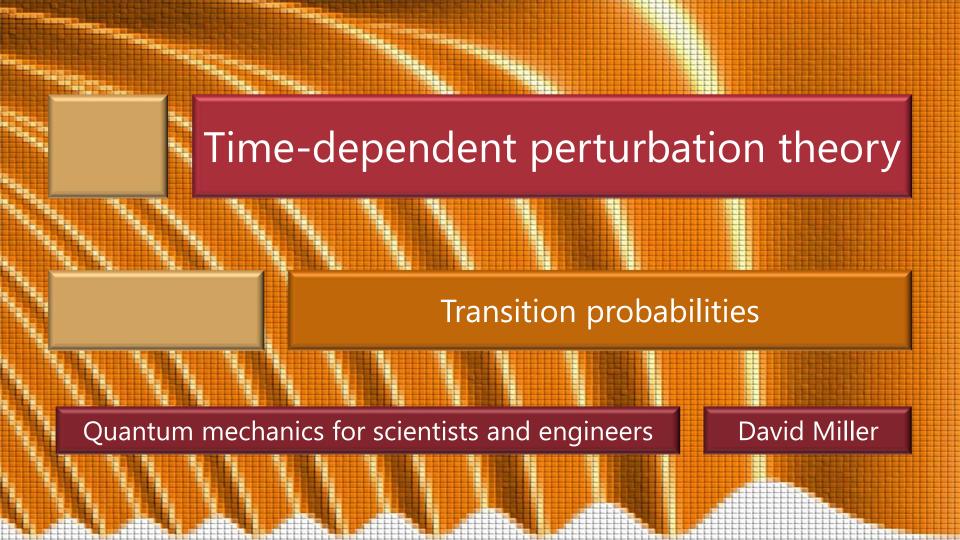


Slides: Video 9.2.5 Transition probabilities

Text reference: Quantum Mechanics for Scientists and Engineers

Section 7.2 (second part)





In this model the probability P(j)of finding the system in state $|\psi_j\rangle$ is $P(j) = |a_i^{(1)}|^2$

of finding the system in state
$$|\psi_{j}\rangle$$
 is $P(j) = |a_{j}^{(1)}|^{2}$
i.e.,
$$= \left[\left[\frac{\sin[(\omega_{jm} - \omega)t_{o}/2]}{(\omega_{jm} + \omega)t_{o}/2} \right]^{2} + \left[\frac{\sin[(\omega_{jm} + \omega)t_{o}/2]}{(\omega_{jm} + \omega)t_{o}/2} \right]^{2} \right]^{2}$$

$$\frac{t_{o}^{2}}{\hbar^{2}} \left| \left\langle \psi_{j} \middle| \hat{H}_{po} \middle| \psi_{m} \right\rangle \right|^{2} \left\{ \frac{\sin \left[\left(\omega_{jm} - \omega \right) t_{o} / 2 \right] \right]^{2} + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right\} + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right\} + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} + \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} + \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} + \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right] \right]^{2}}{\left(\omega_{jm} - \omega \right) t_{o} / 2}$$

 $\sin(x)/x$ falls off rapidly for arguments $\gg 1$

Hence, for sufficiently long t_o

either one or the other of the two $\sin(x)/x$ functions in the last term will be small

$$P(j) \simeq \frac{t_o^2}{\hbar^2} |\langle \psi_j | \hat{H}_{po} | \psi_m \rangle|^2 \begin{cases} \left[\frac{\sin\left[\left(\omega_{jm} - \omega\right)t_o / 2\right]}{\left(\omega_{jm} - \omega\right)t_o / 2}\right]^2 + \left[\frac{\sin\left[\left(\omega_{jm} + \omega\right)t_o / 2\right]}{\left(\omega_{jm} + \omega\right)t_o / 2}\right]^2 \\ + 2\cos\left(\omega t_o\right) \frac{\sin\left[\left(\omega_{jm} - \omega\right)t_o / 2\right]}{\left(\omega_{jm} - \omega\right)t_o / 2} \frac{\sin\left[\left(\omega_{jm} + \omega\right)t_o / 2\right]}{\left(\omega_{jm} + \omega\right)t_o / 2} \end{cases}$$

As the time t_o is increased these two $\sin(x)/x$ line functions get sharper and they will eventually not overlap for ω

$$P(j) \simeq \frac{t_{o}^{2} \left| \left\langle \psi_{j} \middle| \hat{H}_{po} \middle| \psi_{m} \right\rangle \right|^{2}}{\left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_{o} / 2 \right]}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right]^{2} + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right]}{\left(\omega_{jm} + \omega \right) t_{o} / 2} \right]^{2}}{\left(\omega_{jm} + \omega \right) t_{o} / 2} \right] + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right]}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right]^{2}} + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right]}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right]^{2}} + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right]}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right]^{2}} \right]$$

Presuming we take t_o sufficiently large, we are left with

$$\frac{P(j) \approx}{\frac{t_o^2}{\hbar^2} \left| \left\langle \psi_j \middle| \hat{H}_{po} \middle| \psi_m \right\rangle \right|^2 \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_o / 2 \right]}{\left(\omega_{jm} - \omega \right) t_o / 2} \right]^2 + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_o / 2 \right]}{\left(\omega_{jm} + \omega \right) t_o / 2} \right]^2 \right\}$$

We now have some finite probability that the system

has changed state from its initial state $|\psi_{\scriptscriptstyle m}\rangle$ to another "final" state $|\psi_{\scriptscriptstyle j}\rangle$

$$\frac{P(j) \approx}{\frac{t_o^2}{\hbar^2} \left| \left\langle \psi_j \middle| \hat{H}_{po} \middle| \psi_m \right\rangle \right|^2 \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_o / 2 \right]}{\left(\omega_{jm} - \omega \right) t_o / 2} \right]^2 + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_o / 2 \right]}{\left(\omega_{jm} + \omega \right) t_o / 2} \right]^2 \right\}$$

This probability depends on

the strength of the perturbation squared, and the modulus squared of the perturbation matrix element between the initial and final states

$$\frac{P(j) \approx}{\frac{t_o^2}{\hbar^2} \left| \left\langle \psi_j \middle| \hat{H}_{po} \middle| \psi_m \right\rangle \right|^2 \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_o / 2 \right]}{\left(\omega_{jm} - \omega \right) t_o / 2} \right]^2 + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_o / 2 \right]}{\left(\omega_{jm} + \omega \right) t_o / 2} \right]^2 \right\}$$

With an oscillating electric field acting on an electron this probability is ∞ the square of the field amplitude E_o^2 which is proportional to the intensity I (Power/Area) so the probability of making a transition is proportional to the intensity I

In
$$P(j) \simeq \frac{t_o^2}{\hbar^2} \left| \left\langle \psi_j \middle| \hat{H}_{po} \middle| \psi_m \right\rangle \right|^2 \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_o / 2 \right]}{\left(\omega_{jm} - \omega \right) t_o / 2} \right]^2 + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_o / 2 \right]}{\left(\omega_{jm} + \omega \right) t_o / 2} \right]^2 \right\}$$

what is the meaning of the two different terms?

$$\frac{P(j)}{\hbar^{2}} \left| \left\langle \psi_{j} \left| \hat{H}_{po} \left| \psi_{m} \right\rangle \right|^{2} \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_{o} / 2 \right]}{\left(\omega_{jm} - \omega \right) t_{o} / 2} \right]^{2} + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_{o} / 2 \right]}{\left(\omega_{jm} + \omega \right) t_{o} / 2} \right]^{2} \right\}$$

The first term above is significant if $\omega_{jm} \approx \omega$ i.e., if $\hbar \omega \approx E_{j} - E_{m}$

Since we chose ω to be a positive quantity this term is significant if we are absorbing energy raising from a lower energy state $|\psi_{\scriptscriptstyle m}\rangle$ to a higher energy state $|\psi_{\scriptscriptstyle j}\rangle$

$$\frac{P(j) \approx}{\frac{t_o^2}{\hbar^2} \left| \left\langle \psi_j \middle| \hat{H}_{po} \middle| \psi_m \right\rangle \right|^2 \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_o / 2 \right]}{\left(\omega_{jm} - \omega \right) t_o / 2} \right]^2 + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_o / 2 \right]}{\left(\omega_{jm} + \omega \right) t_o / 2} \right]^2 \right\}$$

We note that

the amount of energy we are absorbing is $\hbar\omega$

This first term behaves as we would require for absorption of a photon

$$\frac{P(j) \approx}{\frac{t_o^2}{\hbar^2} \left| \left\langle \psi_j \middle| \hat{H}_{po} \middle| \psi_m \right\rangle \right|^2 \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_o / 2 \right]}{\left(\omega_{jm} - \omega \right) t_o / 2} \right]^2 + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_o / 2 \right]}{\left(\omega_{jm} + \omega \right) t_o / 2} \right]^2 \right\}$$

The second term above is significant if $-\omega_{jm} \approx \omega$ i.e., if $\hbar\omega \approx E_m - E_i$

Since we chose ω to be a positive quantity

this term is significant if we are emitting energy

falling from a higher energy state $|\psi_m\rangle$ to a lower energy state $|\psi_j\rangle$

$$\frac{P(j)}{\frac{t_o^2}{\hbar^2} \left| \left\langle \psi_j \left| \hat{H}_{po} \left| \psi_m \right\rangle \right|^2 \left\{ \left[\frac{\sin \left[\left(\omega_{jm} - \omega \right) t_o / 2 \right]}{\left(\omega_{jm} - \omega \right) t_o / 2} \right]^2 + \left[\frac{\sin \left[\left(\omega_{jm} + \omega \right) t_o / 2 \right]}{\left(\omega_{jm} + \omega \right) t_o / 2} \right]^2 \right\}$$

We note that the amount of energy we are emitting is $\hbar\omega$

This second term corresponds to

stimulated emission of a photon

the process used in lasers

The spontaneous emission of normal light requires quantizing the electromagnetic field as well

