

Inclement Emerald Route Trainers (1.13)

To best view this document, click on View, then uncheck "Print Layout"

(A)=Ability (N)=Nature (I)=Item

If 2 trainers are in a potential double battle and they have more than 3 pokemon, they will only bring the first 3 pokemon.

Route 102

Youngster Calvin

-Poochyena lvl -2 // Howl, Tackle

-Lillipup lvl -2 // Tackle, Odor Sleuth



Bug Catcher Rick

-Wurmple lvl -4 // String Shot, Poison Sting

-Sewaddle lvl -4 // String Shot, Tackle

-Grubbin lvl -4 // String Shot, Vise Grip



Youngster Allen

-Zigzagoon lvl -4 // Tackle, Growl, Tail Whip

-Taillow lvl -4 // Quick Attack, Growl, Rage



Lass Tiana

-Buizel lvl -3 // Growl, Quick Attack

-Shroomish lvl -3 // Tackle, Stun Spore



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Route 104 (South)

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Youngster Billy

-Litleo lvl -5 (A) Unnerve or Rivalry // Tackle, Leer, Ember

-Seedot lvl -3 // Bide, Harden



Fisherman Darian

-Magikarp lvl -3 // Splash, Tackle

-Goldeen lvl -3 // Horn Attack, Supersonic, Water Sport, Tail Whip



Lady Cindy

-Buneary lvl 0 // Endure, Pound, Defense Curl, Baby Doll Eyes



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Petalburg Woods

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Bug Catcher Lyle

-Venipede lvl -3 // Defense Curl, Rollout, Poison Sting, Screech

-Surskit lvl -3 // Bubble, Quick Attack, Sweet Scent

-Cascoon lvl -2 // Poison Sting, Harden

-Kakuna lvl -2 // Poison Sting, Harden



Team Aqua Grunt

-Carvanha lvl -3 (A) Speed Boost // Bite, Leer, Aqua Jet, Rage

-Skrepl lvl -3 (A) Adaptability // Bubble, Tail Whip, Feint Attack, Smokescreen



Bug Catcher James

-Nincada lvl -3 // Sand Attack, Absorb, Bug Bite

-Paras lvl -3 // Absorb, Poison Powder, Stun Spore, Scratch



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Route 104 (North)

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Rich Boy Winston

-Bidoof lvl -4 // Defense Curl, Rollout, Headbutt

-Pidgey lvl -4 // Sand Attack, Gust, Quick Attack



Lass Haley

-Gothita lvl -4 // Confusion, Fake Tears, Play Nice, Tickle

-Skiddo lvl -4 // Tackle, Growth, Vine Whip, Leech Seed

-Starly lvl -4 (l) Oran Berry // Quick Attack, Aerial Ace, Growl, Double-Team



Twins Gina & Mia

- Petilil lvl -3 // Fairy Wind, Absorb, Leech Seed, Stun Spore
- Cottonee lvl -3 // Fairy Wind, Absorb, Leech Seed, Growth



Fisherman Ivan

- Luvdisc lvl -3 // Tackle, Charm, Water Gun, Agility
- Feebas lvl 0 // Tackle, Splash
- Tentacool lvl -3 (A) Liquid Ooze // Buble, Acid, Constrict



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Rustboro Gym

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Youngster Josh

- Geodude lvl -4 (A) Sturdy // Rock Tomb, Flail, Magnitude, Rock Polish
- Dwebble lvl -4 (A) Sturdy // Rock Tomb, Fury Cutter, Sand Tomb, Withdraw



 Youngster Tommy (potential double with Hiker Marc)
 -Kabuto lvl -3 (A) Battle Armor // Rock Tomb, Aqua Jet, Absorb, Screech
 -Rockruff lvl -3(A) Vital Spirit // Rock Tomb, Bite, Howl



 Hiker Marc (potential double with Youngster Tommy)
 -Cranidos lvl -3 // Rock Tomb, Headbutt, Pursuit
 -Archen lvl -3 // Rock Tomb, Bite, Aerial Ace, Quick Attack
 -Sheldon lvl -3 // Taunt, Counter, Rock Tomb, Iron Defense



[Leader Roxanne](#)



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Rustboro City (Optional)

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[PKMN Trainer Brendan/May](#)



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Route 116

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Bug Catcher Jose

- Joltik lvl -4 // Thundershock, Fury Cutter, Absorb, Spider Web
- Cutiefly lvl -4 // Struggle Bug, Fairy Wind, Absorb, Stun Spore



Youngster Joey

- Machop lvl -4 // Low Kick, Leer, Bide, Seismic Toss
- Rattata lvl -4 // Quick Attack, Tail Whip, Bite



School Kid Karen

- Fomantis lvl -5 // Leafage, Fury Cutter
- Riolu lvl -5 // Counter, Quick Attack, Endure
- Eevee lvl -5 // Covet, Tail Whip, Baby Doll Eyes, Sand Attack



Hiker Clark (potential double with Youngster Johnson)

- Geodude lvl -5 // Rock Throw, Defense Curl, Tackle
- Roggenrola lvl -5 // Rock Throw, Round, Harden



Youngster Johnson (potential double with Hiker Clark or Hiker Devan)

- Shinx lvl -4 // Baby Doll Eyes, Tackle, Leer, Charge
- Patrat lvl -4 // Detect, Bide, Leer, Bite



 Hiker Devan (potential double with Youngster Johnson)
 -Drilbur lvl -5 // Fury Swipes, Mud Slap, Rapid Spin, Iron Defense
 -Woobat lvl -5 // Heart Swap, Assurance, Gust, Odor Sleuth



-After Cut-

 Lady Sarah (potential double with Rich Boy Dawson)
 -Lombre lvl -3 // Astonish, Absorb, Bubble, Fake Out
 -Furret lvl -3 // Agility, Quick Attack, Defense Curl, Fury Swipes



 Rich Boy Dawson (potential double with Lady Sarah)
 -Blitzle lvl -4 // Shock Wave, Thunder Wave, Quick Attack
 -Pansear lvl -4 // Incinerate, Bite, Yawn, Play Nice



School Kid Jerry

- Ralts lvl -2 // Confusion, Disarming Voice, Double-Team, Lucky Chant
- Shuppet lvl -4 // Shadow Sneak, Screech, Knock Off, Spite
- Pancham lvl -4 // Karate Chop, Work Up, Comet Punch



Lass Janice

- Marill lvl -4 // Aqua Jet, Defense Curl, Rollout, Helping Hand
- Bounsweet lvl -4 // Razor Leaf, Rapid Spin, Play Nice, Splash



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Rusturf Tunnel

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Team Aqua Grunt

- Carvanha lvl -3 (A) Speed Boost // Bite, Leer, Aqua Jet, Protect
- Skreep lvl -3 (A) Adaptability // Bubble, Acid, Feint Attack, Smokescreen
- Grimer -3 (A) Poison Touch // Shadow Sneak, Venoshock, Poison Gas



-Verdanturf Side-

Hiker Mike

-Boldore lvl -1 // Power Gem, Shock Wave, Round, Iron Defense

-Graveler lvl -1 (A) Sturdy // Bulldoze, Smack Down, Self Destruct, Rock Polish

-Primeape lvl -1 (A) Defiant // Cross Chop, Assurance, Swagger, Thrash



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Route 106

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Fisherman Ned

-Staryu lvl -3 // Swift, Psywave, Water Gun, Recover

-Finneon lvl -3 // Gust, Attract, Water Gun, Rain Dance



Fisherman Elliot

-Wimpod lvl -3 // Struggle Bug, Sand Attack, Aqua Jet

-Frillish lvl -4 // Bubblebeam, Absorb, NightShade, Water Sport

-Shellder lvl -4 (A) Overcoat // Icicle Spear, Supersonic, Water Gun, Withdraw



-After Surf-

Swimmer Douglas

-Lapras lvl -3 // Freeze Dry, Water Pulse, Perish Song, Sing

-Tentacruel lvl -3 // Sludge Bomb, Hydro Pump, Hex, Reflect Type



Swimmer Kyla

-Nidoqueen lvl -3 (A) Sheer Force // Surf, Sludge Bomb, Superpower, Crunch

-Golduck lvl -3 // Aqua Tail, Zen Headbutt, Cross Chop, Soak

-Jellicent lvl -3 // Water Spout, Shadow Ball, Recover, Acid Armor



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Dewford Gym

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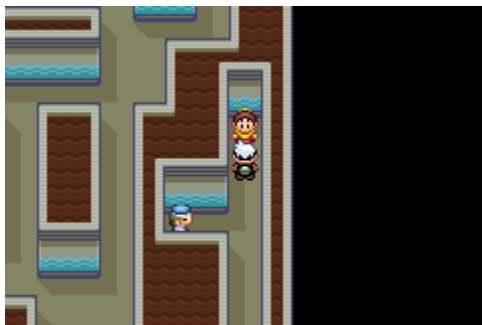
Battle Girl Laura

- Mienfoo lvl -4 // Fake Out, Detect, Meditate, Low Sweep
- Makuhita lvl -4 // Fake Out, Force Palm, Knock Off, Sand Attack
- Crabrawler lvl -4 // Pursuit, Rock Smash, Leer, Bubblebeam



Battle Girl Lilith (forced double with Sailor Brenden)

- Monferno lvl -3 // Fake Out, Mach Punch, Flame Wheel, Torment
- Croagunk lvl -3 (A) Dry Skin // Toxic, Venoshock, Feint Attack, Vacuum Wave
- Timburr lvl -3 // Low Kick, Rock Throw, Leer, Mach Punch



Sailor Brenden (forced double with Battle Girl Lilith)

- Tyrogue lvl -3 // Fake Out, Bullet Punch, Mach Punch, Meditate
- Scraggy lvl -3 (A) Moxie // Feint Attack, Low Kick, Headbutt, Leer



Black Belt Takao

- Machop lvl -3 (A) No Guard // Low Sweep, Leer, Foresight, Thunder Punch
- Stufful lvl -3 // Brutal Swing, Bide, Force Palm, Bulldoze
- Jangmo-o lvl -3 (A) Soundproof // Dragon Tail, Counter, Brick Break, Shadow Claw



Black Belt Cristian

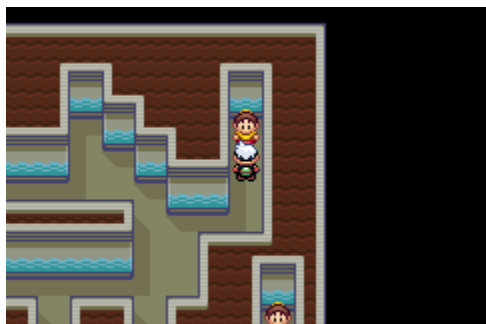
-Pignite lvl 0 // Flame Charge, Rollout, Defense Curl, Arm Thrust



Battle Girl Jocelyn

-Meditite lvl -3 // Fake Out, Detect, Meditate, Low Sweep

-Mankey lvl -3 // Pursuit, Karate Chop, Lee, Covet



[Leader Brawly](#)



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Route 109 (Beach)

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Sailor Huey

- Wingull lvl -3 // Aerial Ace, Bubblebeam, Supersonic, Mist
- Timburr lvl -3 // Rock Throw, Low Kick, Bide, Leer



Sailor Edmond (potential double with Tuber Hailey)

- Slowpoke lvl -3 // Confusion, Water Gun, Yawn, Grown
- Cubchoo lvl -3 // Icy Wind, Bide, Growl
- Staravia lvl -3 // Aerial Ace, Quick Attack, Growl, Double-Team



Tuber Hailey (potential double with Sailor Edmond or Tuber Ricky)

- Marill lvl -2// Water Pulse, Defense Curl, Rollout, Helping Hand
- Bibarel lvl -3 // Headbutt, Defense Curl, Rollout, Aqua Jet



Tuber Ricky (potential double with Tuber Hailey; or forced after double Tuber Hailey and Sailor Edmond)

- Zigzagoon lvl 0 // Sand Attack, Headbutt, Pin Missile, Surf



 Tuber Lola (potential double with Tuber Chandler)
 -Azurill lvl -3 // Water Pulse, Charm, Tail Whip, Bounce
 -Spheal lvl -3 // Brine, Defense Curl, Ice Ball, Encore



 Tuber Chandler (potential double with Tuber Lola)
 -Mareanie lvl -2 // Bite, Peck, Poison Sting, Toxic Spikes
 -Panpour lvl -1 // Scald, Bite, Lick, Play Nice



-Beach House-

 Tuber Simon
 -Seel lvl -3 // Ice Shard, Encore, Headbutt, Icy Wind
 -Totodile lvl -3 // Water Gun, Bite, Rage, Leer
 -Herdier lvl -3 // Take Down, Bite, Odor Sleuth, Surf



Beauty Johanna

- Goldeen lvl -2 (A) Lightning Rod // Bubblebeam, Peck, Horn Attack, Supersonic
- Bruxish lvl -3 (A) Strong Jaw // Aqua Jet, Bite, Confusion, Astonish



Sailor Dwayne

- Corphish lvl -3 // Bubblebeam, Vise Grip, Leer, Harden
- Tentacool lvl -3 // Bubblebeam, Acid, Constrict
- Makuhita lvl -3 // Whirlwind, Force Palm, Fake Out



-After Surf-

Tuber Austina

- Gastrodon lvl -2 (A) Storm Drain // Muddy Water, Earth Power, Rain Dance, Recover
- Bibarel lvl -2 (A) Simple // Aqua Jet, Quick Attack, Crunch, Swords Dance



Tuber Gwen

- Floatzel lvl -3 // Hydro Pump, Crunch, Ice Fang, Aqua Jet
- Luvdisc lvl -3 (A) Soul-Heart // Hydro Pump, Draining Kiss, Lovely Kiss, Charm
- Quagsire lvl -3 (A) Water Absorb // Earthquake, Aqua Tail, Toxic, Recover



Swimmer David

- Crawdaunt lvl -2 // Liquidation, Crunch, Swords Dance, Aqua Jet
- Palossand lvl -2 // Earth Power, Shadow Ball, Giga Drain, Hypnosis



Swimmer Alice

- Corsola lvl -3 // Power Gem, Earth Power, Brine, Recover
- Closyster lvl -3 (A) Skill Link // Icicle Spear, Rock Blast, Hydro Pump, Shell Smash
- Kangaskhan lvl -3 // Surf, Crunch, Outrage, Mega Punch



Fisherman Carter (potential double with Bird Keeper Elijah)

-Tentacruel lvl -2 // Sludge Wave, Hydro Pump, Acid Armor, Screech

-Lanturn lvl -2 // Charge Beam, Signal Beam, Hydro Pump, Confuse Ray



Bird Keeper Elijah (potential double with Fisherman Carter)

-Skarmory lvl -2 (A) Sturdy // Drill Peck, Steel Wing, Swords Dance, Roost

-Honchkrow lvl -2 (A) Super Luck // Drill Peck, Night Slash, Roost, Thunder Wave



Young Couple Mel & Paul

-Dustox lvl -2 // Bug Buzz, Quiver Dance, Toxic, Protect

-Beautifly lvl -2 // Hurricane, Giga Drain, Attract, Quiver Dance



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Slateport City (Museum)

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Team Aqua Grunt 1

- Palitoad lvl -2 (A) Water Absorb // Bubblebeam, Acid, Mud Shot, Round
- Basculin lvl -2 (A) Adaptability // Aqua Jet, Crunch, Takedown, Revenge



Team Aqua Grunt 2

- Golbat lvl -3 (A) Inner Focus // Aerial Ace, Poison Fang, Confuse Ray, Screech
- Clauncher lvl -3 (A) Mega Launcher // Bubblebeam, Aqua Jet, Smack Down, Venoshock
- Grimor (Alolan) lvl -3 (A) Poison Touch // Poison Fang, Bite, Disable, Minimize



[Aqua Leader Archie](#)



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Route 110

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Pokefan Isabel (potential double with Pokefan Kaleb)

-Plusle lvl -3 (I) Oran Berry // Electro Ball, Nuzzle, Helping Hand, Charm

-Pachirisu lvl -3 (I) Oran Berry // Electro Ball, Nuzzle, Swift, Sweet Kiss



Pokefan Kaleb

-Minun lvl -3 (I) Oran Berry // Electro Ball, Nuzzle, Helping Hand, Fake Tears

-Emolga lvl -3 (I) Oran Berry // Shock Wave, Nuzzle, Acrobatics, Nasty Plot



Youngster Timmy

-Ferroseed lvl -2 // Ingrain, Iron Head, Pin Missile, Bullet Seed

-Electrike lvl -2 // Discharge, Bite, Quick Attack, Odor Sleuth



PKMN Trainer Brendan/May



Collector Edwin

- Lombre lvl -2 // Fake Out, Knock Off, Mega Drain, Bubblebeam
- Nuzleaf lvl -2 // Feint Attack, Leaf Blade, Air Cutter, Growth



Guitarist Joseph

- Luxio lvl -2 // Bite, Spark, Howl, Roar
- Voltorb lvl -2 // Swift, Self Destruct, Light Screen, Electro Ball



Triathlete Alyssa

-Magneite lvl -1 // Shock Wave, Thunder Wave, Metal Sound, Mirror Shot

-Klink lvl -2 // Discharge, Thunder Wave, Metal Sound, Autotomize



Psychic Edward

-Abra lvl +1 (N) Timid // Hidden Power (Fighting), Shock Wave, Signal Beam



Fisherman Dale

-Tentacool lvl -3 // Wrap, Acid Spray, Water Pulse, Barrier

-Wailmer lvl -2 // Brine, Rollout, Defense Curl, Whirlpool

-Binacle lvl -2 // Ancient Power, Clamp, Rock Polish, Slash

-Alomomola lvl -2 // Bubblebeam, Wake Up Slap, Protect, Aqua Ring



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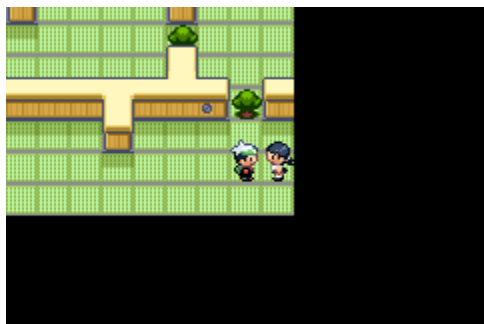
Trick House

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-House 1-

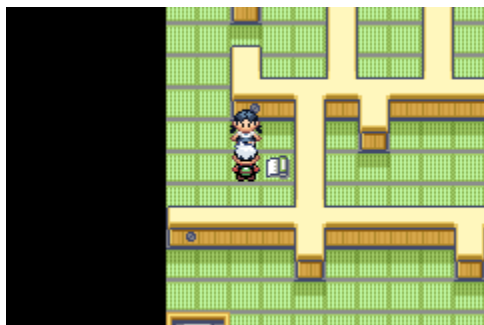
Lass Sally

- Gloom lvl -2 // Giga Drain, Sleep Powder, Acid, Lucky Chant
- Torracat lvl -2 // Fire Fang, Bite, Double Kick, Lick



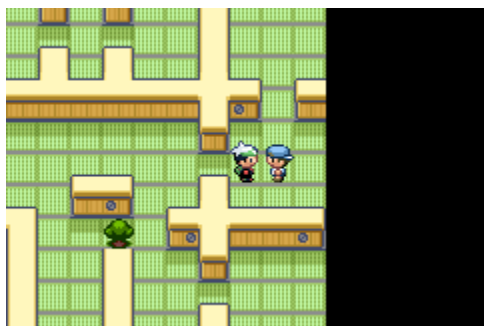
Lass Robin

- Fletchinder lvl -2 // Aerial Ace, Flame Charge, Steel Wing, Roost
- Brionne lvl -2 // Water Pulse, Icy Wind, Sing, Encore



Youngster Eddie

- Ducklett lvl -2 // Air Slash, Bubblebeam, Steel Wing, Roost
- Dartrix lvl -2 // Razor Leaf, Pluck, Ominous Wind, Synthesis



-House 2-

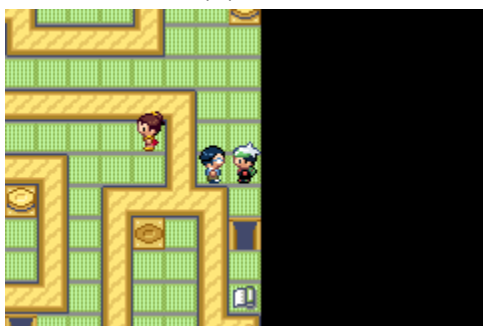
School Kid Paul

- Salandit lvl -3 // Flamethrower, Venoshock, Nasty Plot, Toxic
- Foongus lvl -3 // Giga Drain, Clear Smog, Synthesis, Toxic
- Seedra lvl -3 // Brine, Agility, Focus Energy, Aurora Beam



School Kid Ted

- Gardevoir lvl -2 // Dazzling Gleam, Psychic, Calm Mind, Hypnosis
- Persian lvl -2 // (A) Technician // Swift, Power Gem, Nasty Plot, Captivate



School Kid Georgia

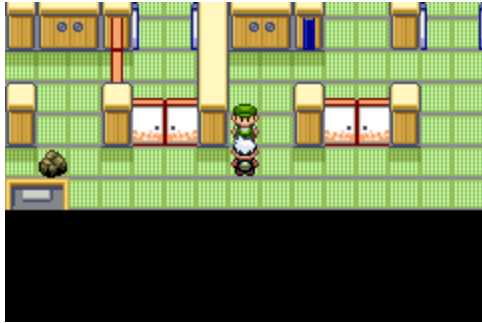
- Clefairy lvl -2 // (A) Magic Guard // Moonblast, Soft Boiled, Cosmic Power, Stored Power
- Beautifly lvl -2 // Quiver Dance, Bug Buzz, Giga Drain, Air Cutter



-House 3-

Camper Justin

- Kecleon lvl -3 // (A) Protean, (I) Sitrus Berry // Sucker Punch, Return, Fire Punch, Trick Room
- Slowbro lvl -3 // (I) Sitrus Berry // Surf, Psychic, Grass Knot, Trick Room
- Sandslash (Alolan) lvl -3 // (I) NeverMeltIce // Icicle Crash, Iron Head, Drill Run, Swords Dance



Picknicker Martha

- Meowstic (Female) lvl -3 // (I) Expert Belt // Psychic, Shadow Ball, Signal Beam, Energy Ball
- Gogoat lvl -3 // (I) Citrus Berry // Horn Leech, Rock Slide, Bulk Up, Milk Drink
- Clefable lvl -3 // (I) Citrus Berry // Moonblast, Sing, Calm Mind, Soft Boiled



Hiker Alan

- Marowak lvl -3 // (I) Thick Club // Bonemerang, Rock Slide, Double Edge, Shadow Sneak
- Probopass lvl -3 // (I) Air Balloon // Tri Attack, Earth Power, Power Gem, Sandstorm
- Aggron lvl -3 // (A) Rock Head, (I) Air Balloon // Head Smash, Double Edge, Iron Tail, Autotomize



-House 4-

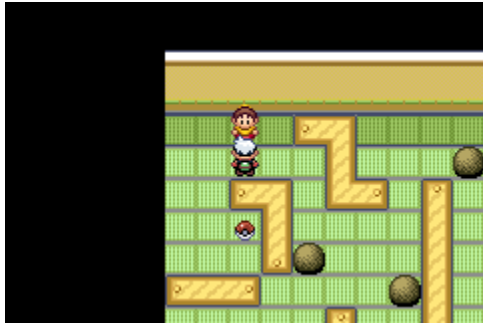
Black Belt Yuji

- Hariyama lvl -2 // (A) Sheer Force, (N) Adamant, (I) Life Orb // Force Palm, Rock Slide, Poison Jab, Whirlwind
- Scrafty lvl -2 // (N) Adamant, (I) Citrus Berry // Payback, Drain Punch, Iron Head, Zen Headbutt



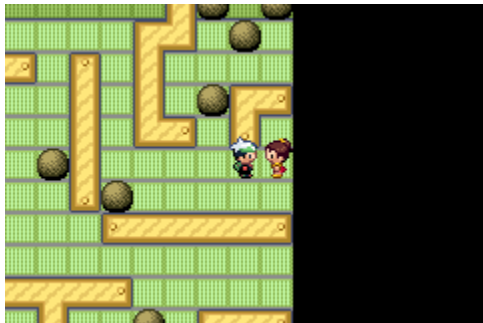
Battle Girl Cora

- Medicham lvl -3 // (A) Pure Power, (N) Jolly // High Jump Kick, Zen Headbutt, Bulk Up, Recover
- Hawlucha lvl -3 // (A) Unburden, (N) Adamant, (I) Flying Gem // Acrobatics, High Jump Kick, Swords Dance, Roost
- Toxicroak lvl -3 // (N) Quiet // Focus Blast, Sludge Bomb, Dark Pulse, Sucker Punch



Battle Girl Paula

- Breloom lvl -3 // (A) Poison Heal, (N) Jolly, (I) Toxic Orb // Spore, Substitute, Focus Punch, Seed Bomb
- Pangoro lvl -3 // (N) Adamant, (I) Roseli Berry // Crunch, Hammer Arm, Poison Jab, Parting Shot
- Poliwrath lvl -3 // (N) Modest // Focus Blast, Hydro Pump, Ice Beam, Mind Reader



-House 6-

Pokemon Ranger Sophia

- Lurantia lvl -2 // (A) Contrary, (N) Adamant, (I) Leftovers // Petal Blizzard, Superpower, Leech Life, Synthesis
- Oricorio (Yellow) lvl -2 // (N) Timid, (I) Electric Gem // Revelation Dance, Hurricane, Heat Wave, Quiver Dance

-MudsdaIe Ivl -2 // (A) Stamina, (N) Adamant, (I) Sitrus Berry // High Horsepower, Strength, Counter, Heavy Slam

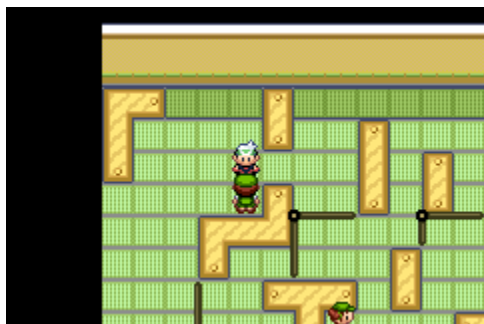


Pokemon Ranger Sebastian

-Scizor Ivl -2 // (A) Technician, (N) Adamant, (I) Leftovers // Bullet Punch, Thief, Bug Bite, Roost

-Donphan Ivl -2 // (N) Impish, (I) Rocky Helmet // Earthquake, Defense Curl, Rollout, Ice Shard

-Dunsparce Ivl -2 // (A) Serene Grace, (N) Careful, (I) Leftovers // Headbutt, Coil, Glare, Roost

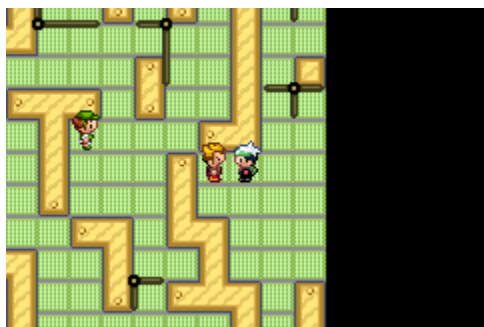


Bird Keeper Benny

-Swellow Ivl -3 // Brave Bird, Boomburst, U-Turn, Reversal

-Xatu Ivl -3 // (A) Magic Bounce // Air Slash, Psychic, Giga Drain, Miracle Eye

-Farfetch'd Ivl -3 // (A) Super Luck, (I) Leek // Brave Bird, Close Combat, Leaf Blade, Knock Off



-House 7-

Psychic Joshua (forced double with Hex Maniac Patricia)

-Alakazam Ivl -3 // Psychic, Shadow Ball, Energy Ball, Aura Sphere

-Mr. Mime Ivl -3 // (A) Filter // Dazzling Gleam, Psychic, Light Screen, Reflect

-Darmanitan Ivl -3 // (A) Zen Mode // Fire Blast, Psychic, Substitute, Grass Knot



Hex Maniac Patricia (forced double with Psychic Joshua)

-Banette lvl -3 // Phantom Force, Return, Will-o-wisp, Gunk Shot

-Mismagius lvl -3 // (A) Pixilate // Hyper Voice, Shadow Ball, Perish Song, Mystical Fire

-Gothitelle lvl -3 // Dark Pulse, Psychic, Taunt, Torment



Psychic Mariella (forced double with Gentleman Everatt)

-Starmie lvl -3 // (A) Analytic // Spotlight, Hydro Pump, Psychic, Thunderbolt

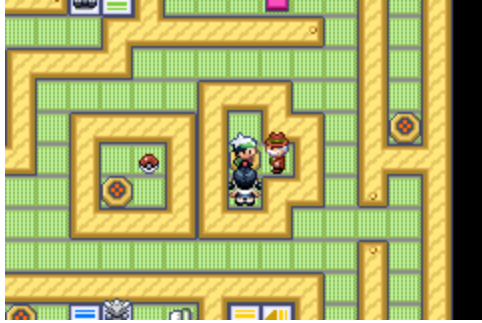
-Chimecho lvl -3 // Psychic, Heal Pulse, Disable, Torment



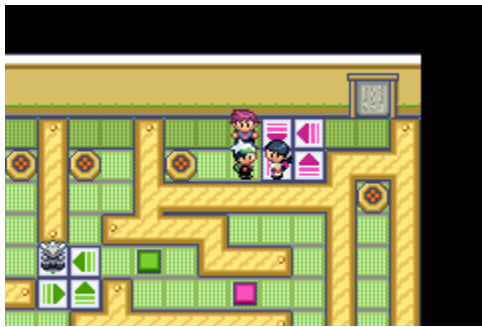
Gentleman Everatt (forced double with Psychic Mariella)

-Wobbuffet lvl -3 // Counter, Mirror Coat, Encore, Destiny Bond

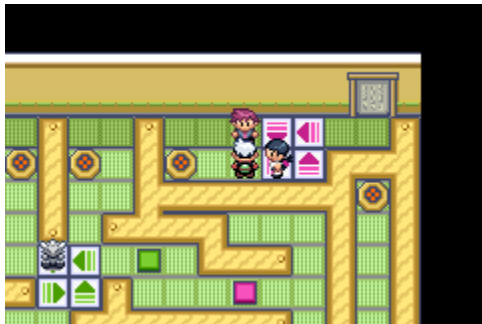
-Beheeyem lvl -3 // (A) Psychic Surge // Skill Swap, Psychic, Protect, Recover



 Psychic Alexis (potential double with Psychic Alvaro)
 -Gardevoir lvl -3 // Moonblast, Mystical Fire, Aura Sphere, Encore
 -Oranguru lvl -3 // Foul Play, Dream Eater, Yawn, Substitute



 Psychic Alvaro (potential double with Psychic Alexis)
 -Gallade lvl -3 // Psycho Cut, Close Combat, Poison Jab, Stone Edge
 -Girafarig lvl -3 // (A) Contrary // Psycho Boost, Hyper Voice, Thunderbolt, Dark Pulse



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Route 103 (Optional)
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Aroma Lady Daisy
 -Cherubi lvl -2 // Morning Sun, Growth, Sunny Day, Magical Leaf
 -Roselia lvl -3 // Grass Whistle, Giga Drain, Sweet Scent, Leech Seed



Twins Amy & Liv

-Jigglypuff lvl -2 // Sing, Wake Up Slap, Stockpile, Round

-Clefairy lvl -2 (A) Magic Guard // Disarming Voice, Minimize, Stored Power, Follow Me



Pokefan Miguel

-Delcatty lvl -2 (A) Normalize (I) Citrus Berry // Fake Out, Play Rough, Wake Up Slap, Sing

-Meowth lvl -2 (A) Technician (I) Oran Berry // Feint Attack, Slash, Screech, Growl



Fisherman Andrew

-Barboach lvl -2 // Aqua Tail, Magnitude, Amnesia, Mud Slap

-Horsea lvl -2 // Bubblebeam, Twister, Smokescreen

-Qwilfish lvl -3 // Revenge, Brine, Stockpile, Minimize



-After Cut-

Black Belt Rhett (potential double with Guitarist Marcos)

-Sawk lvl -3 // Retaliate, Bulk Up, Low Sweep, Bide



Guitarist Marcos (potential double with Black Belt Rhett)

-Elekid lvl -2 // Thunder Punch, Low Kick, Swift, Thunder Wave

-Kricketune lvl -2 // X-Scissor, Uproar, Air Slash, Sing



-After Surf-

Swimmer Isabelle (potential double with Swimmer Pete)

-Toxapex lvl -3 // Baneful Bunker, Recover, Poison Jab, Liquidation

-Lapras lvl -3 // Freeze Dry, Surf, Rain Dance, Safeguard

-Alomomola lvl -3 // Waterfall, Wish, Protect, Aqua Ring



Swimmer Pete (potential double with Swimmer Isabelle)

-Blastoise lvl -2 // Water Pulse, Shell Smash, Flash Cannon, Skull Bash

-Wishiwashi lvl -2 // Hydro Pump, Soak, Double Edge, Endeavor



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Mauville City

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PKMN Trainer Wally



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Mauville Gym

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Battle Girl Vivian (potential double with Guitarist Kirk)

-Electabuzz lvl -1 (I) Salac Berry // Cross Chop, Ice Punch, Thunder Wave, Thunder Punch

-Machoke lvl -1 (I) Liechi Berry // Thunder Punch, Low Sweep, Bullet Punch, Rock Slide



Guitarist Kirk (potential double with Battle Girl Vivian)

-Eelektrik lvl -1 (I) Flying Gem // Discharge, Crunch, Acid Spray, Acrobatics

-Electrode lvl -1 (I) Air Balloon // Charge Beam, Light Screen, Signal Beam, Magnet Rise

-Zebstrika lvl -1 (I) Citrus Berry // Blaze Kick, Wild Charge, Double Kick, Pursuit



Youngster Ben

-Rotom lvl -1 (I) Colbur Berry // Electro Ball, Hex, Thunder Wave, Pain Split

-Stunfisk lvl -1 (I) Shuca Berry // Muddy Water, Sucker Punch, Mud Shot, Shock Wave

-Togedemaru lvl -1 (A) Sturdy (I) Salac Berry // Zing Zap, Magnet Rise, Pin Missile, Iron Head



Bug Maniac Angelo (potential double with Guitarist Shawn)

-Illumise lvl -1 (A) Prankster (I) Magnet // Shock Wave, Dazzling Gleam, Charm, Struggle Bug

-Volbeat lvl -1 (A) Prankster (I) Silver Powder // Shock Wave, Quick Attack, Confuse Ray, Struggle Bug



Guitarist Shawn (potential double with Bug Maniac Angelo)

-Heliolisk lvl -1 (A) Solar Power // Sunny Day, Swift, Thunderbolt, Dragon Pulse

-Raichu lvl -1 // Thunderbolt, Grass Knot, Signal Beam, Quick Attack



[Leader Wattson](#)



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Route 110 (Cycling Road)
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Psychic Jaclyn

-Solosis lvl -2 // Hidden Power, Psyshock, Reflect, Light Screen

-Kadabra lvl -2 // Hidden Power, Psybeam, Miracle Eye



Triathlete Abigail

-Jolteon lvl 0 // Shock Wave, Thunder Wave, Swift, Bite



Triathlete Anthony

-Magneite lvl -2 // Mirror Shot, Thunder Wave, Shock Wave, Metal Sound

-Charjabug lvl -2 // Bug Bite, Spark, Acrobatics, String Shot



Triathlete Benjamin

-Pikachu lvl -2 // Thunderbolt, Nuzzle, Nasty Plot, Sweet Kiss

-Geodude (Alolan) lvl -2 // Thunder Punch, Rock Throw, Self Destruct, Rock Polish

-Flaaffy lvl -2 // Electro Ball, Cotton Spore, Charge, Take Down



Triathlete Jasmin

- Staravia lvl -2 // Wing Attack, Revenge, Endeavor, Quick Attack
- Klink lvl -2 // Gear Grind, Screech, Discharge, Vise Grip
- Helioptile lvl -2 // Parabolic Charge, Mud Slap, Thunder Wave Razor Wind



Triathlete Jacob

- Growlithe lvl -1 // Flame Burst, Take Down, Reversal, Agility
- Lycanroc lvl -1 // Accelerock, Rock Tomb, Bite, Roar



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Route 117 (Optional)

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Triathlete Dylan

- Yanma lvl -1 // Signal Beam, Air Cutter, Ancient Power, Uproar
- Doduo lvl -2 // Quick Attack, Double Hit, Pluck, Acupressure



Sr. and Jr. Anna & Meg

- Minccino lvl 0 // (A) Skill Link // Tail Slap, Helping Hand, Wake Up Slap, Sing
- Gurdurr lvl 0 // Rock Slide, Wake Up Slap, Chip Away, Focus Energy



Pokemon Breeder Isaac

- Bonsly lvl -5 // Rock Slide, Curse, Feint Attack, Low Kick
- Eevee lvl -5 // Baton Pass, Yawn, Wish, Hyper Voice
- Litwick lvl -5 // Flame Burst, Shadow Ball, Acid Armor, Pain Split
- Mantyke lvl -5 // Signal Beam, Tailwind, Hydro Pump, Confuse Ray
- Deino lvl -5 // Dark Pulse, Earth Power, Dragon Pulse, Slam
- Tangela lvl -5 // Sleep Powder, Wake Up Slap, Giga Drain, Amnesia



Triathlete Maria

- Tranquill lvl -2 // Quick Attack, Air Slash, Roost, Detect
- Hawlucha lvl -2 // Bounce, Submission, Feather Dance, Hone Claws



Bug Maniac Derek

- Mothim lvl -2 (A) Tinted Lens // Quiver Dance, Hidden Power, Silver Wind, Psybeam
- Wormadam lvl -2 (A) Sandy Cloak // Quiver Dance, Hidden Power, Rock Blast, Psybeam



Psychic Brandi (potential double with Triathlete Melina)

- Espurr lvl -2 // Psyshock, Disarming Voice, Fake Out, Light Screen
- Munna lvl -2 // Yawn, Nightmare, Calm Mind, Psybeam



Triathlete Melina (potential double with Psychic Brandi or Battle Girl Aisha)

- Ponyta lvl -2 // Blaze Kick, Jump Kick, Take Down, Inferno
- Sneasel lvl -2 // Feint Attack, Ice Shard, Hone Claws, Quick Attack



Battle Girl Aisha

-Lucario lvl 0 // Bullet Punch, Power Up Punch, Quick Attack, Screech



Pokemon Breeder Lydia

-Froakie lvl -5 // Bubblebeam, Smack Down, Toxic Spikes, Camouflage

-Elekid lvl -5 // Thunder Punch, Fire Punch, Cross Chop, Ice Punch

-Magby lvl -5 // Thunder Punch, Fire Punch, Cross Chop, Mach Punch

-Smoochum lvl -5 // Fake Out, Nasty Plot, Miracle Eye, Psyshock

-Happiny lvl -5// Seismic Toss, Aromatherapy, Counter, Soft Boiled

-Dratini lvl -5 // Extreme Speed, Aqua Jet, Iron Tail, Dragon Rush



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Route 118

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Aroma Lady Rose

-Floette lvl -2 // Magical Leaf, Draining Kiss, Wish, Leech Seed

-Ivysaur lvl -2 // Seed Bomb, Sludge, Sleep Powder, Leech Seed

-Combee lvl 0 // Bug Buzz, Gust, Sweet Scent, Bug Bite



Youngster Deandre

-Diggersby lvl -2 (A) Huge Power // Double Kick, Bulldoze, Swords Dance, Quick Attack

-Lairon lvl -1 // Iron Head, Rock Slide, Take Down, Protect

-Simisear lvl -2 (A) Blaze // Crunch, Acrobatics, Flame Burst, Yawn



Fisherman Wade

-Gyarados lvl -1 (A) Moxie // Aqua Tail, Ice Fang, Thrash, Whirlpool

-Chinchou lvl -1 // Discharge, Signal Beam, Water Pulse, Thunder Wave



Guitarist Dalton

-Noivern lvl 0 // Dragon Pulse, Air Cutter, Moonlight, Supersonic



-After Surf-

Interviewer Gabby & Ty

-Magnezone lvl -2 (N) Modest // Flash Cannon, Thunderbolt, Thunder Wave, Signal Beam

-Exploud lvl -2 (N) Modest // Hyper Voice, Extrasensory, Focus Blast, Ice Beam



Fisherman Barny

-Tentacruel lvl -3 (A) Liquid Ooze // Hydro Pump, Sludge Wave, Wring Out, Barrier

-Sharpedo lvl -3 // Hydro Pump, Crunch, Ice Fang, Aqua Jet

-Barbaracle lvl -3 // Razor Shell, Stone Edge, Cross Chop, Night Slash



Bird Keeper Chester

-Talonflame lvl -2 // Brave Bird, Flare Blitz, Steel Wing, Roost

-Mandibuzz lvl -2 // Foul Play, Roost, Iron Defense, Whirlwind



Bird Keeper Perry

- Toucannon lvl -3 (A) Skill Link // Brave Bird, Bullet Seed, Rock Blast, Roost
- Unfezant lvl -3 (A) Super Luck // Drill Peck, Submission, Taunt, Detect
- Decidueye lvl -3 // Spirit Shackle, Leaf Blade, Jump Kick, Sucker Punch



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Route 111 (South)

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Camper Tyron (potential double with Aroma Lady Celina)

- Sandslash lvl -2 // Crush Claw, Dig, X-Scissor, Sand Tomb
- Scyther lvl -2 (A) Technician // Fury Cutter, Aerial Ace, Quick Attack, Pursuit



Aroma Lady Celina (potential double with Camper Tyron)

- Weepinbell lvl -2 // Poison Jab, Razor Leaf, Knock Off, Gastro Acid
- Jumpluff lvl -2 (A) Infiltrator // Strength, Acrobatics, Seed Bomb, Leech Seed



Picnicker Bianca (potential double with Kindler Hayden)

-Pumpkaboo lvl -2 // Shadow Ball, Giga Drain, Mystical Fire, Trick-Or-Treat

-Raticate lvl -2 (A) Hustle // Sucker Punch, Hyper Fang, Quick Attack, Endeavor



Kindler Hayden (potential double with Picnicker Bianca)

-Numel lvl -2 // Earth Power, Lava Plume, Focus Energy, Take Down

-Vaporeon lvl -2 // Water Pulse, Aurora Beam, Charm, Copycat



Interviewer Gabby and Ty

-Magnetron lvl -1 // Mirror Shot, Charge Beam, Metal Sound, Tri Attack

-Loudred lvl -1 // Uproar, Extrasensory, Work Up,



Picnicker Irene

- Trevenant lvl -2 (A) Harvest (I) Sitrus Berry // Horn Leech, Shadow Claw, Will-O-Wisp, Forest's Curse
- Azumarill lvl -2 (A) Sap Sipper // Aqua Tail, Play Rough, Rollout, Defense Curl



Camper Travis

- Golett lvl -3 (A) No Guard // Magnitude, Shadow Punch, Dynamic Punch, Rock Slide
- Pidgeotto lvl -3 // Air Cutter, Uproar, Tailwind, Roost



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Winstrate House

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Victor

- Staraptor lvl -1 (I) Sitrus Berry // Close Combat, Wing Attack, Take Down, Double-Team
- Gumshoos (A) Strong Jaws (I) Sitrus Berry // Psychic Fangs, Fire Fang, Ice Fang, Thunder Fang



Victoria

- Lilligant lvl 01 (A) Own Tempo (I) Citrus Berry // Quiver Dance, Sleep Powder, Draining Kiss, Giga Drain
- Whimsicott lvl -1 (I) Leftovers // Leech Seed, Stun Spore, Substitute, Giga Drain



Vivi

- Floatzel lvl -1 (A) Water Veil (I) Flame Orb // Switcheroo, Aqua Tail, Ice Fang, Crunch
- Salazzle lvl -1 (I) Citrus Berry // Flame Burst, Venoshock, Toxic, Dragon Pulse
- Gogoat lvl -1 (I) Citrus Berry // Aerial Ace, Seed Bomb, Bulldoze, Synthesis



Vicky

- Heracross lvl -2 (A) Moxie (I) Life Orb // Megahorn, Brick Break, Night Slash, Bullet Seed



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Route 112 (South)

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Camper Larry

-Victreebel lvl -2 // Leaf Tornado, Poison Jab, Growth, Sleep Powder



Picnicker Carol

-Noctowl lvl -3 // Hypnosis, Dream Eater, Air Slash, Reflect

-Vileplume lvl -3 // Giga Drain, Moonblast, Toxic, Moonlight



Hiker Brice

-Excadrill lvl -2 // Drill Run, Rock Slide, Horn Drill, Rapid Spin

-Crustle lvl -2 (A) Sturdy // X-Scissor, Rock Blast, Withdraw, Slash



Hiker Trent

- Graveler lvl -3 (A) Sturdy // Explosion
- Graveler lvl -3 (A) Sturdy // Explosion
- Graveler lvl -3 (A) Sturdy // Explosion
- Graveler (Alolan) lvl -3 (A) Galvanize // Explosion



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Route 112 (North)

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Kindler Bryant (potential double with Aroma Lady Shayla)

- Magcargo lvl -2 (A) Weak Armor // Shell Smash, Earth Power, Ancient Power, Flame Burst
- Typhlosion lvl -2 (A) Flash Fire // Flamethrower, Swift, Quick Attack, Smokescreen



Aroma Lady Shayla (potential double with Kindler Bryant)

- Cherrim lvl -2 (I) Heat Rock // Sunny Day, Weather Ball, Solar Beam, Helping Hand
- Meganium lvl -2 (A) Flower Veil // Petal Dance, Reflect, Synthesis, Poison Powder



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Route 111 (North)

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Cooltrainer Wilton

- Doublade lvl -1 (I) Eviolite // Shadow Claw, Iron Head, Psycho Cut, Shadow Sneak
- Reuniclus lvl -2 (A) Magic Guard (I) Leftovers // Psyshock, Recover, Shock Wave, Signal Beam
- Gabite lvl -1 (A) Rough Skin (I) Rocky Helmet // Dig, Dual Chop, Poison Jab, Flamethrower



Cooltrainer Brooke

- Gastrodon lvl -1 (I) Rindo Berry // Muddy Water, Mud Shot, Recover, Ancient Power
- Infernape lvl -1 // Close Combat, Fire Punch, Grass Knot, Rock Tomb
- Roserade lvl -1 (A) Technician (I) Big Root // Mega Drain, Extrasensory, Toxic, Venoshock



-Mach Bike Area-

Black Belt Daisuke

-Conkeldurr lvl +2 (A) Iron Fist // Drain Punch, Rock Slide, Chip Away, Bulk Up



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Route 113

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Youngster Jaylen

-Vibrava lvl -3 // Earth Power, Bug Buzz, Rock Slide, Hyper Beam

-Darumaka lvl -3 // Flare Blitz, Headbutt, Bite, Work Up



Camper Lawrence (forced double with Ninja Boy Lung)

-Baltoy lvl -3 // Earth Power, Extrasensory, Sandstorm, Ancient Power

-Hippopotas lvl -3 // Earthquake, Crunch, Take Down, Yawn



Ninja Boy Lung (forced double with Camper Lawrence)

-Weezing lvl -3 // Sludge Bomb, Toxic, Double Hit, Heat Wave

-Ninjask lvl -3 // Swords Dance, Aerial Ace, Fury Cutter, Dig



PokeManiac Wyatt

- Charizard lvl -2 // Wing Attack, Shadow Claw, Dragon Claw, Fire Fang
- Nidoking lvl -2 // Poison Fang, Earth Power, Thrash, Thunder Punch



Parasol Lady Madeline

- Numel lvl -3 // Earth Power, Lava Plume, Rock Slide, Sunny Day
- Tropius lvl -3 // Leaf Tornado, Air Slash, Body Slam, Whirlwind
- Sealeo lvl -3 // Brine, Aurora Beam, Hail, Swagger



Twins Tori & Tia

- Spinda lvl -1 (A) Contrary // Teeter Dance, Dizzy Punch, Sucker Punch, Superpower
- Spinda lvl -1 // Hypnosis, Dizzy Punch, Psych Up, Sucker Punch



Ninja Boy Lao

- Accelgor lvl -3 // Water Shuriken, Struggle Bug, Giga Drain, U-Turn
- Greninja lvl -3 // Water Shuriken, Night Slash, Shadow Sneak, U-Turn
- Koffing lvl -3 // Sludge Bomb, Toxic, Self Destruct, Gyro Ball



Youngster Dillon

- Lairon lvl -3 (A) Rock Head // Rock Slide, Iron Head, Take Down, Iron Defense
- Stoutland lvl -3 // Retaliate, Crunch, Fire Fang, Roar



Picnicker Sophie (potential double with Bird Keeper Coby)

- Sudowoodo lvl -3 // Rock Slide, Sucker Punch, Low Kick, Mimic
- Slurpuff lvl -3 // Draining Kiss, Energy Ball, Cotton Guard, Attract
- Sandslash (Alolan) lvl -3 // Icicle Spear, Iron Head, Metal Burst, Slash



Bird Keeper Coby

-Skarmory lvl -3 // Drill Peck, Steel Wing, Slash, Metal Sound

-Toucannon lvl -3 (A) Skill Link // Beak Blast, Rock Blast, Bullet Seed, Roost



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Route 114

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Fisherman Nolan

-Wishiwashi lvl -3 // Double Edge, Aqua Tail, Beat Up, Aqua Ring

-Seaking lvl -3 // Waterfall, Poison Jab, Aqua Ring, Agility



Picnicker Charlotte (potential double with Fisherman Kai)

-Tangrowth lvl -1 // Giga Drain, Ancient Power, Stun Spore, Knock Off



Fisherman Kai (potential double with Picnicker Charlotte)

-Whiscash lvl -1 // Aqua Tail, Earthquake, Tickle, Zen Headbutt



Fisherman Claude

-Gyarados lvl -3 // Aqua Tail, Crunch, Ice Fang, Leer

-Dratini lvl -3 // Aqua Tail, Dragon Rush, Thunder Wave, Wrap

-Qwilfish lvl -3 // Aqua Tail, Poison Jab, Revenge, Stockpile



Picnicker Nancy (**AVOID THIS FIGHT! MISTY TERRAIN CAUSES THE GAME TO FREEZE!**)

-Aromatisse lvl -3 // Moonblast, Charm, Attract, Misty Terrain

-Torterra lvl -3 // Earthquake, Seed Bomb, Curse, Leech Seed



Sr. and Jr. Tyra & Ivy

-Eelektross lvl -1 // (A) Levitate // Discharge, Acid Spray, Crunch, Grass Knot

-Donphan lvl -1 // (A) Sturdy // Earthquake, Assurance, Fire Fang, Scary Face



Camper Shane

-Zangoose lvl -3 // Crush Claw, X-Scissor, Revenge, Pursuit

-Excavalier lvl -3 // Iron Head, X-Scissor, Swords Dance, Headbutt

-Arbok lvl -3 // Poison Jab, Crunch, Glare, Ice Fang



PokeManiac Steve

-Rhyhorn lvl -3 // Drill Run, Rock Blast, Take Down, Scary Face

-Druddigon lvl -3 (A) Sheer Force // Dragon Rush, Crunch, Revenge, Hone Claws



Kindler Bernie

- Larvesta lvl -3 // Flare Blitz, Bug Bite, Double Edge, String Shot
- Simipour lvl -3 // Scald, Crunch, Acrobatics, Work Up



Hiker Lucas (potential double with Picnicker Angelina)

- Minior lvl -3 // Power Gem, Cosmic Power, Autotomize, Confuse Ray
- Ferrothorn lvl -3 // Power Whip, Iron Head, Curse, Ingrain



Picnicker Angelina (potential double with Hiker Lucas)

- Empoleon lvl -3 // Water Pulse, Flash Cannon, Swagger, Aqua Jet
- Rimbombée lvl -3 // Pollen Puff, Dazzling Gleam, Stun Spore, Aromatherapy



Hiker Lenny

- Steelix lvl -3 (A) Sturdy // Iron Tail, Dig, Smack Down, Crunch
- Piloswine lvl -3 // Ice Fang, Ice Shard, Amnesia, Mud Bomb



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Meteor Falls (Boss Fights)

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[Team Magma Grunt](#)

[Magma Admin Courtney](#)



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Route 115 (Optional)

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Black Belt Nob

- Machop lvl +2 // Dual Chop, Submission, Knock Off, Strength



Collector Hector (potential double with Psychic Marlene)

-Zangoose lvl -3 // Crush Cla, Revenge, Swords Dance, X-Scissor

-Seviper lvl -3 // Crunch, Poison Jab, Glare, Screech



Psychic Marlene (potential double with Collector Hector)

-Medicham lvl -3 // Zen Headbutt, High Jump Kick, Ice Punch, Thunder Punch

-Grumpig lvl -3 // Psyshock, Power Gem, Teeter Dance, Payback



Battle Girl Cyndy

-Samurott lvl -3 // Razor Shell, Sacred Sword, X-Scissor, Aqua Jet

-Hakamo-O lvl -2 // Sky Uppercut, Dragon Claw, Dragon Dance, Noble Roar

-Bewear lvl -3 // Hammer Arm, Thrash, Payback, Bind



-After Surf-

Ninja Boy Jaiden (potential double with Expert Timothy)

-Ninjask lvl -3 // Leech Life, Double Team, Protect, Baton Pass

-Swalot lvl -2 // Sludge Bomb, Water Pulse, Toxic, Stockpile

-Skuntank lvl -3 // Crunch, Poison Jab, Flamethrower, Smokescreen



Expert Timothy (potential double with Ninja Boy Jaiden)

-Hariyama lvl -1 (A) Guts (N) Adamant (I) Flame Orb

Close Combat, Heavy Slam, Fake Out, Knock Off

-Dusclops lvl -1 (A) (N) Impish (I) Leftovers

Infestation, Toxic, Protect, NightShade

-Alakazam lvl -1 (A) Magic Guard (N) Timid (I) Life Orb

Psyshock, Focus Blast, Shadow Ball, Energy Ball



Triathlete Kyra

-Dodrio lvl -3 // Drill Peck, Jump Kick, Swords Dance, Double Hit

- Flareon lvl -3 // Flare Blitz, Double Edge, Quick Attack, Superpower
- Scolipede lvl -3 // X-Scissor, Poison Jab, Iron Defense, Protect



Black Belt Koichi

- Lucario lvl -3 // Meteor Mash, Extreme Speed, Aura Sphere, Dragon Pulse
- Passimian lvl -3 // Close Combat, Giga Impact, Bulk Up, Seed Bomb
- Pangoro lvl -3 // Sky Uppercut, Crunch, Body Slam, Bullet Punch



Battle Girl Helene (potential double with Psychic Alix)

- Medicham lvl -2 // High Jump Kick, Zen Headbutt, Ice Punch, Thunder Punch
- Tsareena lvl -2 // High Jump Kick, Power Whip, Play Rough, Punishment



Psychic Alix (potential double with Battle Girl Helene)

- Musharna lvl -2 (A) Psychic Surge // Psychic, Moonblast, Moonlight, Yawn
- Jynx -2 // Lovely Kiss, Dream Eater, Freeze Dry, Nasty Plot



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Mt. Chimney

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Team Magma Grunt 1 (potential double with Team Magma Grunt 2)

- Numel lvl -2 // Earth Power, Lava Plume, Rock Slide, Yawn
- Dugtrio lvl -3 (A) Arena Trap // Earthquake, Sucker Punch, Giga Impact



Team Magma Grunt 2

- Golbat lvl -2 // Poison Fang, Acrobatics, Crunch, Hypnosis
- Rhydon lvl -2 // Drill Run, Rock Slide, Hammer Arm, Scary Face



[Magma Admin Tabitha](#)



Magma Leader Maxie



-After Maxie-

Beauty Shirley

-Persian lvl -2 // (A) Technician // Power Gem, Swift, Shock Wave, Night Slash

-Oricorio (form?) lvl -2 // Revelation Dance, Air Slash, Teeter Dance, Roost



Beauty Sheila

-Tsareena lvl -2 // Trop Kick, Jump Kick, Stomp, Punishment

-Cinccino lvl -2 // (A) Technician // Tail Slap, Bullet Seed, Rock Blast, Tickle



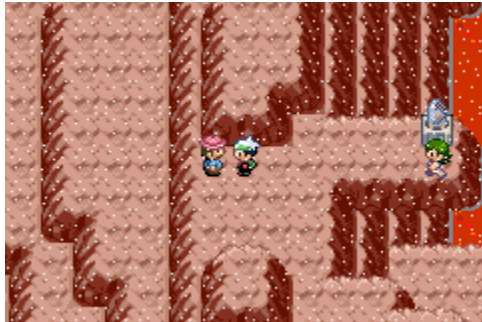
Expert Shelby

- Mienshao lvl 0 // (A) Reckless // Jump Kick, U-Turn, Bounce, Fake Out
- Wobuffet lvl 0 // Counter, Mirror Coat, Encore, Destiny Bond



Hiker Sawyer (potential double with Beauty Melissa)

- Lycanroc (Midnight) lvl -2 // (A) No Guard // Rock Slide, Crunch, Fire Fang, Counter
- Carbink lvl -2 // Power Gem, Dazzling Gleam, Reflect, Magnet Rise



Beauty Melissa (potential double with Hiker Sawyer)

- Granbull lvl -3 // Play Rough, Headbutt, Fire Fang, Bite
- Togetic lvl -3 Air Cutter, Ancient Power, Soft Boiled, Magical Leaf
- Furfrou lvl .3 // Headbutt, Cotton Guard, Charm, Bite



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Jagged Pass

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Hiker Eric

- Pupitar lvl -2 // Payback, Rock Slide, Earthquake, Screech
- Metang lvl -2 // Bullet Punch, Meteor Mash, Zen Headbutt, Miracle Eye
- Hakamo-o lvl -2 // Close Combat, Outrage, Dragon Dance, Noble Roar



Team Magma Grunt

- Mightyena lvl -2 // Poison Fang, Sucker Punch, Swagger, Ice Fang
- Turtonator lvl -2 // Flamethrower, Dragon Pulse, Shell Smash, Body Slam



Picnicker Diana

- Chesnaught lvl -3 // Spiky Shield, Hammer Arm, Seed Bomb, Pin Missile
- Pidgoot lvl -3 // Slash, Feather Dance, Roost, U-Turn
- Ampharos lvl -3 // Thunder Wave, Dragon Breath, Discharge, Cotton Guard



Picnicker Autumn

- Pyroar lvl -2 // Flamethrower, Hyper Voice, Crunch
- Serperior lvl -2 // Leaf Blade, Dragon Rush, Coil, Leech Seed



Triathlete Julio

- Magnetron lvl -2 // Flash Cannon, Discharge, Tri-Attack, Thunder Wave
- Luxray lvl -2 // Thunder Fang, Night Slash, Fire Fang, Ice Fang



Camper Ethan

- Braviary lvl -3 // Wing Attack, Crush Claw, Superpower, Tailwind
- Sandslash lvl -3 // Spiky Shield, Dig, Swords Dance, Gyro Ball
- Golduck lvl -3 // Psyshock, Aqua Tail, Disable, Screech



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Ashen Woods

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Hiker Roman

- Bronzong lvl -2 // (A) Levitate // Gyro Ball, Extrasensory, Hypnosis, Confuse Ray
- Golem lvl -2 // (A) Rock Head // Earthquake, Rock Blast, Steamroller, Explosion



Pokemon Ranger Martin (potential double with Pokemon Ranger Alannah)

- Alolan-Muk lvl -1 // (A) Poison Touch // Poison Jab, Crunch, Acid Spray, Disable
- GolisoPod lvl -1 // Razor Shell, First Impression, Sucker Punch, Drill Run
- Chansey lvl -1 // (I) Eviolite // Seismic Toss, Soft Boiled, Toxic, Heal Pulse



Pokemon Ranger Alannah (potential double with Pokemon Ranger Martin)

- Primarina lvl -1 // (A) Berserk // Sparkling Aria, Moonblast, Icy Wind, Sing
- Durant lvl -1 // (A) Hustle // X-Scissor, Iron Head, Crunch, Thunder Fang
- Dusclops lvl -1 // Night Shade, Curse, Protect, Infestation



Pokemon Maniac Elmer

- Scyther lvl -2 // (A) Technician // Aerial Ace, X-Scissor, Quick Attack, Night Slash
- Pinsir lvl -2 // (A) Mold Breaker // Trash, X-Scissor, Submission, Swords Dance
- Heracross lvl -2 // Megahorn, Close Combat, Bullet Seed, Night Slash



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Lavaridge Gym

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Kindler Jeff

- Magcargo lvl -1 (A) Simple, (I) White Herb // Shell Smash, Lava Plume, Rock Slide, Earth Power
- Delphox lvl -1 (A) Magic Guard (I) Life Orb // Mystical Fire, Psyshock, Dazzling Gleam, Will-o-Wisp
- Gourgeist lvl -1 (A) Flare Boost (I) Flame Orb // Flamethrower, Giga Drain, Shadow Ball, Trick or Treat



Kindler Jace (potential double with Hiker Eli)

- Emboar lvl -1 (A) Blaze (I) Sitrus Berry // Yawn, Heat Crash, Sucker Punch, Hammer Arm
- Flareon lvl -1 (A) Guts (I) Toxic Orb //Blaze Kick, Facade, Quick Attack, Dig



Hiker Eli (potential double with Kindler Jace)

- Heatmor lvl -1 (A) Tough Claws (I) Sitrus Berry // Fire Lash, Iron Tail, Throat Chop, Stomping Tantrum
- Lampent lvl 0 (A) Flame Body (I) White Herb // Overheat, Hex, Pain Split, Will-o-Wisp



Kindler Cole (potential double with Cooltrainer Gerald)

- Camerupt lvl -1 (A) Solid Rock (I) Rocky Helmet // Earth Power, Rock Slide, Flash Cannon, Flame Burst
- Alolan Marowak lvl -1 (A) Lightning Rod (I) Sitrus Berry // Fire Punch, Shadow Bone, Bonemerang, Iron Head
- Simisear lvl -1 (A) Blaze (I) Petaya Berry // Flamethrower, Grass Knot, Acrobatics, Substitute



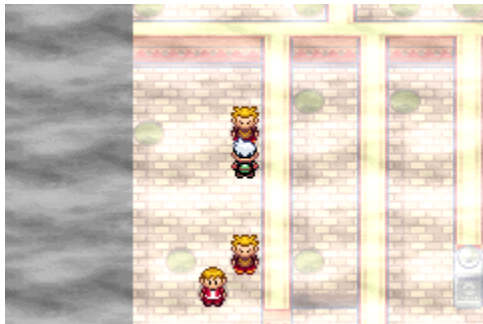
Cooltrainer Gerald (potential double with Kindler Cole)

- Kecleon lvl -1 (A) Protean (I) Expert Belt // Fire Punch, Drain Punch, Aqua Tail, Recover
- Incineroar lvl -1 (A) Intimidate (I) Sitrus Berry // Fire Punch, Darkest Lariat, Leech Life, Will-o-Wisp
- Octillery lvl -1 (A) Moody (I) Fire Gem // Flamethrower, Water Pulse, Aurora Beam, Protect



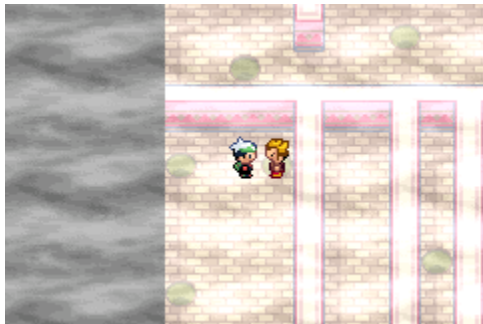
Kindler Axle

- Magmortar lvl -1 (A) Flame Body (I) Salac Berry // Flamethrower, Thunderbolt, Cross Chop, Psychic
- Rapidash lvl -1 (A) Reckless, (I) Sitrus Berry // Blaze Kick, Wild Charge, Jump Kick, Poison Jab
- Rotom Heat lvl -1 (I) White Herb // Overheat, Discharge, Pain Split, Thunder Wave



Kindler Keegan

- Sunflora lvl -3 (A) Drought (I) Salac Berry // Weather Ball, Solar Beam, Earth Power, Growth

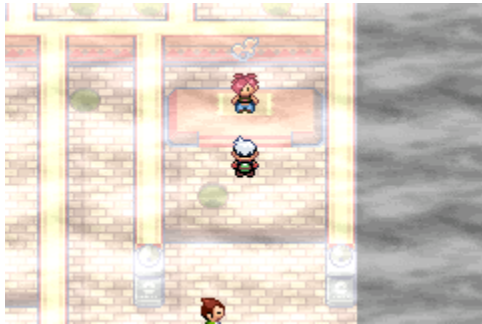


Battle Girl Danielle

- Lopunny lvl -1 (A) Scrappy (I) Black Belt // Jump Kick, Return, Fire Punch, U-Turn
- Infernape lvl -1 (A) Blaze (I) Flying Gem // Close Combat, Overheat, Thunder Punch, Grass Knot



Leader Flannery



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Route 111 (Desert)

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Picnicker Heidi

- Mudsdale lvl -3 // Earthquake, Counter, Heavy Slam, Iron Defence
- Bellossom lvl -3 // (l) Safety Goggles // Sleep Powder, Giga Drain, Quiver Dance, Grassy Terrain



Camper Beau

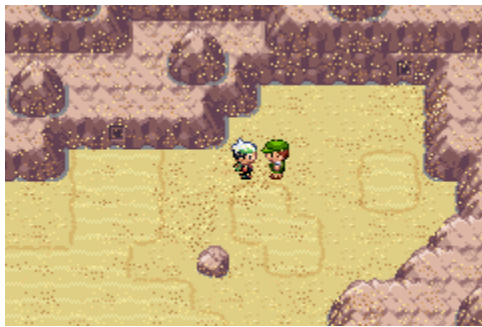
- Gastrodon lvl -3 // Earth Power, Muddy Water, Sludge, Recover
- Aipom lvl -3 // Fake Out, Double Hit, Dual Chop, Baton Pass
- Mandibuzz lvl -3 // Bone Rush, Nasty Plot, Air Slash, Dark Pulse



Camper Drew

Sandslash lvl -3 (A) Sand Rush // Earthquake, Crush Claw, Spiky Shield, Swords Dance

Cacturne lvl -3 (A) Sand Rush // Sucker Punch, Needle Arm, Pin Missile, Spiky Shield



Picnicker Becky

-Jumpluff lvl -3 (A) Infiltrator (I) Safety Goggles // Strength Sap, Seed Bomb, U-turn, Cotton Spore

-Golduck lvl -3 (I) Safety Goggles // Aqua Tail, Zen Headbutt, Disable, Screech

-Abomasnow lvl -3 (A) Snow Warning // Wood Hammer, Blizzard, Ice Punch, Aurora Veil



Ruin Maniac Dusty

-Golurk lvl -3 // High Horsepower, Shadow Punch, Heavy Slam, Hammer Arm

-Sigilyph lvl -3 (A) Magic Guard // Air Slash, Psychic, Cosmic Power, Hypnosis

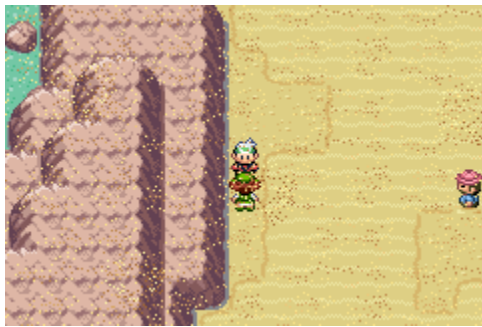
-Bastiodon lvl -3 // Metal Burst, Shore Up, Block, Swagger



Picnicker Celia (potential double with Ruin Maniac Bryan)

-Ludicolo lvl -3 (I) Safety Goggles // Fake Out, Giga Drain, Knock Off, Water Pulse

-Venusaur lvl -3 (I) Safety Goggles // Sludge, Petal Dance, Stun Spore, Take Down



Ruin Maniac Bryan (potential double with Picnicker Celia or Camper Branden)

-Cofagrigus lvl -3 // Shadow Ball, Mirror Shot, Will-o-Wisp, Haze

Tyranttrum lvl -3 // Rock Slide, Dragon Claw, Crunch, Thunder Fang



Camper Branden (potential double with Ruin Maniac Bryan)

-Farfetch'd lvl -3 (I) Leek // Sacred Sword, Wing Attack, Leaf Blade, Poison Jab

-Leafeon lvl -3 (A) Chlorophyll, (I) Safety Goggles // Leaf Blade, X-Scissor, Sunny Day, Synthesis



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Petalburg Gym

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Cooltrainer Randall (Speed)

- Swellow (N) Jolly (I) Flame Orb // Quick Attack, Brave Bird, Double Edge, Protect
- Lopunny (N) Jolly (I) Salac Berry // Quick Attack, Jump Attack, Return, Ice Punch
- Sawsbuck (N) Jolly (I) Heat Rock // Sunny Day, Jump Kick, Return, Horn Leech



Cooltrainer Mary (Accuracy)

- Braviary (N) Jolly (I) White Herb // Hone Claws, Brave Bird, Double Edge, Superpower
- Raticate (Alolan) (A) Hustle (N) Jolly (I) Salac Berry // Quick Attack, Double Edge, Crunch, Hone Claws
- Drampa (N) Modest (I) Damp Rock // Rain Dance, Thunder, Hurricane, Work Up



Cooltrainer Parker (Confusion)

- Spinda (A) Contrary (N) Jolly (I) Focus Sash // Teeter Dance, Superpower, Dizzy Punch, Attract
- Stantler (A) Sap Sipper (N) Jolly (I) Perism Berry // Swagger, Disable, Protect, Thrash
- Girafarig (A) Contrary (N) Timid (I) Damp Rock // Psychic, Swagger, Foul Play, Thunder Wave



Cooltrainer Alexia (Defense)

- Snorlax (A) Thick Fat (N) Impish (I) Leftovers // Body Slam, Curse, Rest, Sleep Talk
- Furfrou (N) Impish (I) Leftovers // Thunder Wave, Headbutt, Cotton Guard, Bite
- Miltank (A) Scrappy (N) Impish (I) Leftovers // Defenses Curl, Rollout, Body Slam, Milk Drink



Cooltrainer George (Recovery)

- Chansey (I) Eviolite // Minimize, Soft Boiled, Seismic Toss, Aromatherapy
- Dunsparce (N) Impish (I) Leftovers // Coil, Headbutt, Thunderwave, Roost
- Porygon2 (A) Analytic (I) Eviolite // Tri-Attack, Recover, Ice Beam, Thunderbolt



Cooltrainer Jody (Strength)

- Zangoose (A) Toxic Boost (N) Adamant (I) Toxic Orb // Swords Dance, Facade, Close Combat, Knock Off
- Bouffalant (N) Adamant (I) Leichi Berry // Swords Dance, Head Charge, Megahorn, Earthquake
- Porygon Z (A) Download (N) Modest (I) Life Orb // Tri-Attack, Nasty Plot, Ice Beam, Shadow Ball



Cooltrainer Berke (One-Hit KO)

-Lickilicky (N) Adamant (I) Custap Berry // Belly Drum, Explosion.

-Snorlax (A) Thick Fat (N) Adamant (I) Normal Gem // Fissure, Self Destruct.

-Ursaring (N) Adamant (I) Flame Orb // Protect, Giga Impact.



Leader Norman



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Route 105 (Surf/Optional)

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Swimmer Imani

-Azumarill lvl -3 (A) Huge Power // Aqua Tail, Play Rough, Superpower, Aqua Ring

-Dewgong lvl -3 // Aqua Tail, Ice Beam, Signal Beam, Encore



Swimmer Dominik

- Gyarados lvl -3 // Aqua Tail, Crunch, Ice Fang, Leer
- Bruxish lvl -3 // Aqua Tail, Crunch, Ice Fang, Psychic Fangs



Ruin Maniac Foster

- Omastar lvl -2 // Surf, Rock Slide, Shell Smash, Mud Shot
- Bronzong lvl -2 (A) Heat Proof // Hypnosis, Confuse Ray, Extrasensory, Flash Cannon



Swimmer Beverly

- Wailord lvl -3 // Surf, Bounce, Body Slam, Noble Roar
- Pelipper lvl -3 // Air Slash, Hydro Pump, Stockpile, Roost
- Toxapex lvl -3 // Baneful Bunker, Liquidation, Poison Jab, Recover



Swimmer Luis

- Sharpedo lvl -3 // Crunch, Ice Fang, Poison Fang, Aqua Jet
- Slurpuff lvl -3 // Surf, Energy Ball, Play Rough, Fake Tears



Bird Keeper Josue (potential double with Ruin Maniac Andres)

- Unfezant lvl -2 // Drill Peck, Return, Submission, Roost
- Delibird lvl -2 // Fly, Extreme Speed, Seed Bomb, Gunk Shot



Ruin Maniac Andres (potential double with Bird Keeper Josue)

- Archeops lvl -2 // Acrobatics, Rock Slide, Dragon Claw, Endeavor
- Aurorus lvl -2 // Hyper Voice, Power Gem, Discharge, Roar
- Probopass lvl -2 // Power Gem, Earth Power, Flash Cannon, Zap Cannon



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Route 107 (Surf/Optional)

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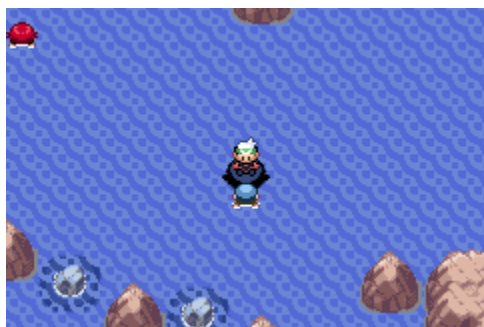
Swimmer Denise

- Swanna lvl -2 // Rain Dance, Surf, Hurricane, Roost
- Seaking lvl -2 // Waterfall, Megahorn, Drill Run, Poison Jab



Swimmer Tony

- Sharpedo lvl -2 (A) Speed Boost // Surf, Dark Pulse, Ice Beam, Protect
- Golisopod lvl -2 // Leech Life, Aqua Jet, Liquidation, Rock Slide



Sis and Bro Lisa & Ray

- Clawitzer lvl -3 // Water Pulse, Dark Pulse, Aura Sphere, Dragon Pulse
- Dragalge lvl -3 // Dragon Pulse, Sludge Bomb, Hydro Pump, Smokescreen
- Basculin lvl -3 // Aqua Tail, Crunch, Double Edge, Head Smash
- Alomomola lvl -3 // Heal Pulse, Whirlpool, Helping Hand, Aqua Ring



Swimmer Darrin

- Tentacool lvl -2 (A) (N) (I) Black Sludge // Water Pulse, Sludge bomb, Toxic Spikes, Supersonic
- Wingull lvl -2 (A) Hydration (N) Modest (I) Damp Rock // Water Pulse, Hurricane, Rain Dance, Rest
- Tentacool lvl -2 (A) Rain Dish (N) Adamant (I) Black Sludge // Waterfall, Poison Jab, Screech, Knock Off
- Wingull lvl -2 (A) Rain Dish (N) Modest (I) Damp Rock // Water Pulse, Hurricane, Rain Dance, Supersonic
- Tentacool lvl -2 (A) Rain Dish (N) Modest (I) Black Sludge // Water Pulse, Sludge Bomb, Toxic Spikes, Supersonic
- Wingull lvl -2 (A) Rain Dish (N) Modest (I) Leftovers // Water Pulse, Hurricane, Rain Dance, Agility



Swimmer Beth (potential double with Triathlete Camron)

- Politoed lvl 0 (A) Drizzle (N) (I) Sitrus Berry // Mud Shot, Hydro Pump, Hypnosis, Hyper Voice



Triathlete Camron (potential double with Swimmer Beth)

- Starmie lvl 0 (A) Natural Cure (N) (I) Sitrus Berry // Thunder, Hydro Pump, Psychic, Power Gem



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Route 108 (Surf/Optional)

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Swimmer Missy

- Gorebyss lvl -2 (A) Hydration // Hydro Pump, Draining Kiss, Psychic, Shell Smash
- Pyukumuku lvl -1 // Recover, Counter, Soak, Toxic



Simmer Matthew

- Mantine lvl -2 (A) Water Absorb // Air Slash, Aqua Ring, Agility, Roost
- Raichu lvl -2 (A) Lightningrod // Thunder, Surf, Grass Knot, Nasty Plot



Swimmer Tara

- Seadra lvl -3 (A) Sniper (I) Scope Lens // Surf, Dragon Pulse, Focus Energy, Agility
- Feraligatr lvl -3 (A) Sheer Force // Waterfall, Aqua Jet, Crunch, Ice Punch
- Audino lvl -3 // Surf, Hyper Voice, Moonblast, Attract



Cooltrainer Carolina (potential double with Sailor Cory)
 -Manectric lvl -1 (A) (N) Timid (I) White Herb
 Thunderbolt, Overheat, Aurora Beam, Hyper Beam
 -Hawlucha lvl -1 (A) Unburden (N) Adamant (I) Electric Seed
 Acrobatics, Drain Punch, Swords Dance, Rock Slide
 -Sawsbuck lvl -1 (A) (N) Jolly (I) Electric Gem
 Double Edge, Horn Leech, Wild Charge, Jump Kick



Sailor Cory (potential double with Cooltrainer Carolina)
 -Stunfisk lvl -2 (A) Electric Surge // Thunderbolt, Earth Power, Yawn, Charge
 -Poliwrath (A) Swift Swim (I) Electric Seed // Waterfall, Drain Punch, Ice Punch, Hypnosis



Swimmer Jerome
 -Barbaracle lvl -2 // Razor Shell, Strength, Night Slash, Cross Chop
 -Beartic lvl -2 // Icicle Crash, Liquidation, Thrash, Charm



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Abandoned Ship (Optional)

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Beauty Thalia (potential double with Youngster Demetrius)

-Florges lvl -2 (A) Misty Surge // Moonblast, Petal Dance, Leech Seed, Wish

-Gardevoir lvl -2 (A) Trace // Psychic, Dazzling Gleam, Mystical Fire, Calm Mind



Youngster Demetrius (potential double with Beauty Thalia)

-Luxray lvl -2 // Wild Charge, Crunch, Ice Fang, Scary Face

-Stoutland lvl -2 // Retaliate, Crunch, Play Rough, Work Up



Sailor Duncan

-Machop lvl -3 (A) No Guard // Dynamic Punch, Strength, Dual Chop, Knock Off

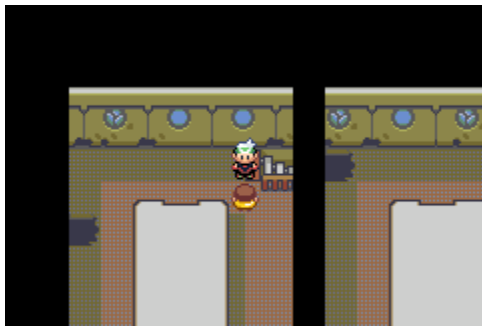
-Walrein lvl -3 (A) Ice Body // Blizzard, Slack Off, Aqua Tail, Hail

-Dhelmise lvl -3 // Anchor Shot, Phantom Force, Power Whip, Whirlpool



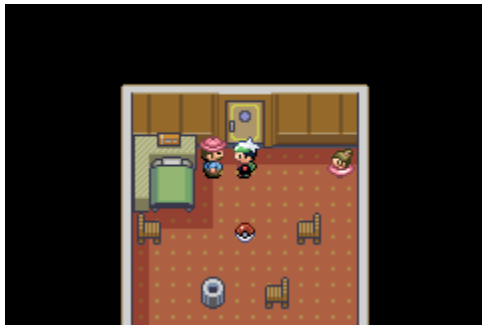
Tuber Charlie

- Lumineon lvl -2 // Hydro Pump, Air Slash, Quiver Dance, Soak
- Octillery lvl -2 (A) Sniper // Octazooka, Ice Beam, Signal Beam, Focus Energy



Ruin Maniac Garrison (potential or forced double with Tuber Jani)

- Carracosta lvl -3 (A) Sturdy // Aqua Tail, Rock Slide, Crunch, Shell Smash
- Steelix lvl -3 (A) Sturdy // Earthquake, Iron Tail, Fire Fang, Screech
- Alolan Golem lvl -3 (A) Sturdy // Earthquake, Stone Edge, Thunder Punch, Curse



Tuber Jani (potential or forced double with Ruin Maniac Garrison)

- Dragonair lvl -3 // Aqua Tail, Dragon Rush, Thunder Wave, Safeguard
- Simipour lvl -3 // Scald, Acrobatics, Crunch, Play Nice
- Furret lvl -3 // Coil, Slam, Sucker Punch, Amnesia



Young Couple Kira & Dan

-Volbeat lvl -2 (A) Prankster // Tail Glow, Bug Buzz, Thunder Wave, Protect

-Illumise lvl -2 (A) Tinted Lens // Struggle Bug, Dazzling Gleam, Thunderbolt, Encore



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Route 123 (Optional)

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Bug Catcher Davis (potential double with Cooltrainer Jazmyn)

-Pinsir lvl -2 (A) Mold Breaker // X-Scissor, Trash, Superpower, Swords Dance

-Scolipede lvl -2 // Poison Jab, X-Scissor, Double Edge, Pursuit



Cooltrainer Jazmyn

-Absol lvl -1 (A) Super Luck (N) Jolly (I) Scope Lens // Night Slash, Play Rough, Sucker Punch, Megahorn

-Goodra lvl -1 (N) Modest (I) Assault Vest // Dragon Pulse, Sludge Wave, Flamethrower, Thunderbolt

-Scizor lvl -1 (A) Technician (N) Careful (I) Leftovers // Bullet Punch, Bug Bite, Curse, Roost

-Jolteon lvl -1 (N) Timid (I) Expert Belt // Thunder, Shadow Ball, Aurora Beam, Signal Beam



 Aroma Lady Violet

- Roserade lvl -2 // Giga Drain, Sludge Bomb, Sleep Powder, Leech Seed
- Tropius lvl -2 // Leaf Blade, Air Slash, Body Slam, Synthesis



 Twins Miu & Yuki

- Ninetales lvl -3 // Flamethrower, Hypnosis, Hex, Dream Eater
- Alolan-Ninetales lvl -3 // Freeze-Dry, Hypnosis, Hex, Dream Eater



-Lilycove/Mt. Pyre Side-

 Hex Maniac Kindra (potential double with Collector Ed)

- Cofragrus lvl -2 // Hex, Flash Cannon, Will-o-Wisp, Toxic Spikes
- Marowak (Alolan) lvl -2 (A) Rock Head // Shadow Bone, Flare Blitz, Bonemerang, Retaliate
- Rotom Frost lvl -2 // Freeze Dry, Thunderbolt, Hex, Nasty Plot



Collector Ed (potential double with Hex Maniac Kindra)

- Seviper lvl -2 // Venoshock, Flamethrower, Giga Drain, Toxic
- Zangoose lvl -2 // Double Edge, Close Combat, X-Scissor, Quick Attack
- Glaceon lvl -2 // Freeze Dry, Shadow Ball, Yawn, Ice Shard



Cooltrainer Wendy

- Mawile lvl -1 (A) Intimidate (N) Adamant (I) Mawilite // Iron Head, Play Rough, Fire Fang, Sucker Punch
- Roserade lvl -1 (A) Technician (N) Timid (I) Big Root // Mega Drain, Hidden Power (Fire), Sludge Bomb, Quiver Dance
- Swanna lvl -1 (N) Timid (I) Wide Lens // Air Slash, Hydro Pump, Ice Beam, Roost
- Hydreigon lvl -1 (N) Timid (I) Expert Belt // Dark Pulse, Dragon Pulse, Earth Power, Fire Blast
- Mienshao lvl -1 (A) Reckless (N) Jolly (I) Life Orb // High Jump Kick, Knock Off, Poison Jab, Blaze Kick



Cooltrainer Braxton

- Braviary lvl -1 (A) Defiant (N) Jolly (I) Sitrus Berry // Brave Bird, Double Edge, Close Combat, U-Turn
- Garchomp lvl -1 (N) Jolly (I) Fire Gem // Dragon Rush, Earthquake, Iron Head, Fire Fang
- Scolipede lvl -1 (A) Speed Boost (N) Jolly (I) Salac Berry // Protect, Iron Defense, Poison Jab, Baton Pass

-Magnezone lvl -1 (A) Analytic (N) Timid (I) Air Balloon // Flash Cannon, Volt Switch, Hidden Power (Fire), Signal Beam

-Blastoise lvl -1 (N) Modest (I) Blastoisinite // Water Pulse, Dark Pulse, Aura Sphere, Ice Beam



Guitarist Fernando (potential double with Bird Keeper Alberto)

-Zebstrika lvl -2 // Wild Charge, Pursuit, Overheat, Quick Attack

-Chatot lvl -2 // Hyper Voice, Chatter, Nasty Plot, Sing

-Kricketune lvl -2 // Hyper Voice, Bug Buzz, Giga Drain, Sing



Bird Keeper Alberto (potential double with Guitarist Fernando)

-Pelipper lvl -2 (A) Rain Dish // Rain Dance, Hurricane, Brine, Roost

-Altaria lvl -2 // Brave Bird, Dragon Claw, Ice Beam, Sing

-Xatu lvl -2 // Air Slash, Psychic, Giga Drain, Dazzling Gleam



Psychic Jacki (potential double with Expert Fredrick)

-Musharna lvl -2 (A) Psychic Surge // Dream Eater, Yawn, Moon Blast, Moonlight

-Girafarig lvl -2 // Psychic Fangs, Crunch, Ice Fang, Thunder Fang

-Espeon lvl -2 // Psyshock, Shadow Ball, Grass Knot, Dazzling Gleam



Expert Fredrick (potential double with Psychic Jacki)

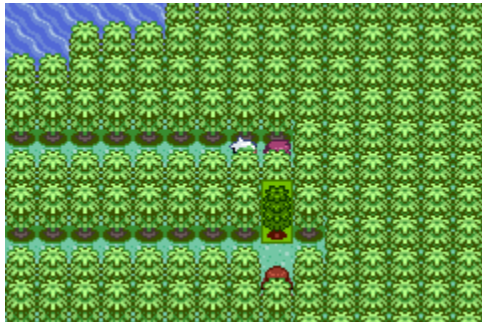
- Aegislash lvl -1 (A) Air Balloon (N) Brave // Iron Head, Shadowball, Head Smash, King's Shield
- Comfey lvl -1 (A) Triage (N) Modest (I) Leftovers // Draining Kiss, Giga Drain, Calm Mind, Charm
- Tyranitar lvl -1 (N) Modest (I) Water Gem // Hydro Pump, Dark Pulse, Fire Blast, Ice Beam



-After Cut-

Psychic Cameron

- Solrock lvl -2 // Stone Edge, Sunny Day, Zen Heabutt, Explosion
- Exeggutor (Alolan) lvl -2 // Solar Beam, Dragon Hammer, Flamethrower, Psychic
- Delphox lvl -2 // Psyshock, Shadow Ball, Mystical Fire, Will-o-Wisp



Ninja Boy Jonas (forced double with Parasol Lady Kayley)

- Weezing lvl -1 // Heat Wave, Toxic, Venom Drench, Thunderbolt
- Salazzle lvl -1 // Sludge Bomb, Flamethrower, Dragon Pulse, Thunder Wave



Parasol Lady Kayley (forced double with Ninja Boy Jonas)

-Castform lvl -1 // Sunny Day, Weather Ball, Ice Beam, Solar Beam

-Sawsbuck lvl -1 // Double Edge, Horn Leech, Jump Kick, Megahorn



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Route 119

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Bug Catcher Kent

-Ninjask lvl -2 // Leech Life, Substitute, Double Team, Baton Pass

-Shedinja lvl -2 // Shadow Claw, Swords Dance, X-Scissor, Dig



Bug Maniac Donald

-Leavanny lvl -3 // Leaf Blade, X-Scissor, Sticky Web, Swords Dance

-Butterfree lvl -3 // Bug Buzz, Hurricane, Sleep Powder, Quiver Dance

-Galvantula lvl -3 // Thunder, Bug Buzz, Sucker Punch, Thunder Wave



Bug Catcher Greg

- Ledian lvl -3 // Double Edge, Leech Life, Close Combat, Reflect
- Beedrill lvl -3 // X-Scissor, Poison Jab, Drill Peck, Endeavor
- Escavalier lvl -3 // Iron Head, X-Scissor, Razor Shell, Reversal



Bug Maniac Taylor

- Ribombee lvl -3 // Pollen Puff, Dazzling Gleam, Quiver Dance, Aromatherapy
- Araquanid lvl -3 // Liquidation, Lunge, Ice Fang, Mirror Coat
- Vivillon lvl -3 // Hurricane, Bug Buzz, Sleep Powder, ???



Bug Catcher Doug

- Masquerain lvl -3 // Bug Buzz, Air Slash, Quiver Dance, Hydro Pump
- Ariados lvl -3 // Poison Jab, Leech Life, Sucker Punch, Psychic Fangs
- Kricketune lvl -3 // Boomburst, Bug Buzz, Air Slash, Perish Song



Bug Maniac Brent

Volcarona lvl 0 // Flamethrower, Bug Buzz, Hurricane, Quiver Dance



Fisherman Chris

-Sharpedo lvl -4 // Waterfall, Crunch, Psychic Fangs, Screech

-Basculin lvl -4 // Head Smash, Thrash, Aqua Tail, Crunch

-Gyarados lvl -4 // Aqua Tail, Hurricane, Crunch, Whirlpool

-Whiscash lvl -4 // Earthquake, Aqua Tail, Spark(???), Zen Headbutt



Pokemon Ranger Catherine

-Bellossom lvl -2 (I) Miracle Seed // Quiver Dance, Moonblast, Giga Drain, Sleep Powder

-Noivern lvl -2 (I) Petaya Berry // Hurricane, Water Pulse, Dragon Pulse Boomburst

-Beartic lvl -2 (A) Swift Swim, (I) Water Gem // Icicle Crash, Liquidation, Throat Chop, Aqua Jet

-Seismitoad lvl -2 (I) Citrus Berry // Earth Power, Hydro Pump, Sludge Wave, Power Whip



Pokemon Ranger Jackson

- Mantine lvl -2 (I) Mystic Water // Hydro Pump, Hurricane, Signal Beam, Roost
- Rotom-Fan lvl -2 (I) Salac Berry // Hurricane, Thunder, Shadow Ball, Nasty Plot
- Parasect lvl -2 (A) Dry Skin (I) Leftovers // Spore, Substitute, Leech Seed, Leech Life
- Lapras lvl -2 (A) Hydration (I) Sitrus Berry // Liquidation, Drill Run, Curse, Rest



Parasol Lady Rachel (potential double with Bird Keeper Phil)

- Ludicolo lvl -2 (A) Rain Dish // Giga Drain, Hydro Pump, Zen Headbutt, Fake Out
- Heliolisk lvl -2 // Thunderbolt, Hyper Voice, Thunder Wave, Quick Attack



Bird Keeper Phil (potential double with Parasol Lady Rachel)

- Staraptor lvl -2 // Brave Bird, Close Combat, Quick Attack, Agility
- Farfetch'd lvl -2 (I) Leek // Brave Bird, Close Combat, Leaf Blade, Poison Jab



Ninja Boy Takashi (potential double with Kindler Dayton)

-Accelgor lvl -2 // Bug Buzz, Energy Ball, Water Shuriken, Sludge Bomb

-Weezing lvl -2 // Sludge Bomb, Smokescreen, Toxic, Explosion



Kindler Dayton (potential double with Ninja Boy Takashi)

-Magcargo lvl -2 // Flamethrower, Stone Edge, Earth Power, Shell Smash

-Darmanitan lvl -2 // Flare Blitz, Superpower, Thrash, Rock Slide



Bird Keeper Hugh

-Noctowl lvl -3 // Boomburst, Air Slash, Hypnosis, Roost

-Fearow lvl -3 (A) Sniper // Drill Peck, Drill Run, Focus Energy

-Tropius lvl -3 (A) Aerilate // Body Slam, Dragon Hammer, Leaf Blade, Dragon Dance



-After Weather Institute-

PKMN Trainer Brendan/May



Guitarist Fabian (potential double with Ninja Boy Yasu)
 -Manectric lvl -2 // Thunder, Crunch, Ice Fang, Flamethrower
 -Chatot lvl -3 // Boomburst, Chatter, Nasty Plot, Feather Dance



Ninja Boy Yasu (potential double with Guitarist Fabian)
 -Greninja lvl -3 // Water Shuriken, Dark Pulse, Extrasensory, Smokescreen
 -Crobat lvl -3 // Wing Attack, Cross Poison, Crunch, Screech
 -Drapion lvl -3 (A) Sniper // Night Slash, Cross Poison, Scary Face, Pursuit



Ninja Boy Hideo

- Bisharp lvl -2 // Night Slash, Iron Head, Laser Focus, Torment
- Muk lvl -2 // Gunk Shot, Screech, Shadow Sneak, Acid Armor



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Weather Institute

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Team Aqua Grunt 1

- Walrein lvl -2 // Ice Beam, Aqua Tail, Crunch, Aqua Ring
- Floatzel lvl -2 // Hydro Pump, Crunch, Ice Punch, Focus Blast
- Malamar lvl -2 // Throat Chop, Psycho Cut, Superpower, Topsy Turvy



Team Aqua Grunt 2

- Golbat lvl -2 // Acrobatics, Leech Life, Confuse Ray, Hypnosis
- Dragalge lvl -2 (A) Adaptability // Sludge Bomb, Dragon Pulse, Hydro Pump, Toxic
- Liepard lvl -2 // Sucker Punch, Play Rough, Swagger, Iron Tail



 Team Aqua Grunt 3 (Right) (potential double with Team Aqua Grunt 4)

- Toxicroak lvl -1 (A) Dry Skin (I) Black Sludge // Poison Jab, Drain Punch, Sucker Punch, Protect
- Eelektross lvl -1 // Thunder, Aqua Tail, Giga Drain, Iron Tail



 Team Aqua Grunt 4 (Left) (potential double with Team Aqua Grunt 3)

- Pelipper lvl -1 (A) Drizzle // Hurricane, Hydro Pump, Ice Beam, Roost
- Ferrothorn lvl -1 // Power Whip, Iron Head, Payback, Thunder Wave



 Team Aqua Grunt 5

- Mightyena lvl -2 // Crunch, Play Rough, Fire Fang, Ice Fang
- Golisopod lvl -2 // First Impression, Liquidation, Sucker Punch, Close Combat
- Muk (Alolan) lvl -2 // Crunch, Poison Jab, Fire Blast, Screech



Aqua Admin Shelly



Route 120

Parasol Lady Clarissa

- Tangrowth lvl -3 // Power Whip, Ancient Power, Sleep Powder, Leech Seed
- Wailord lvl -2 // Water Spout, Heavy Slam, Bounce, Aqua Ring
- Pyroar lvl -3 // Fire Blast, Hyper Voice, Noble Roar, Work Up



Interviewer Gabby & Ty

- Magnezone lvl 0 // Flash Cannon, Thunderbolt, Thunder Wave, Signal Beam
- Exploud lvl 0 // Hyper Voice, Extrasensory, Focus Blast, Ice Beam
- Porygon 2 lvl 0 // Tri Attack, Thunderbolt, Ice Beam, Recover
- Sylveon lvl 0 // Hyper Voice, Psyshock, Shadow Ball, Yawn



Bird Keeper Robert

- Fearow lvl -2 (A) Sniper // Drill Peck, Drill Run, Focus Energy, Pursuit
- Staraptor lvl -2 // Return, Brave Bird, Close Combat, Work Up



-After Fortree Gym-

Bird Keeper Colin

- Dodrio lvl -3 // Brave Bird, Return, Jump Kick, Swords Dance
- Xatu lvl -3 (A) Magic Bounce // Psychic, Air Slash, Roost, NightShade
- Oricorio (Baile) lvl -3 // Hurricane, Revelation Dance, Roost, Agility



Cooltrainer Leonel (potential double with Parasol Lady Angelica)

- Vikavolt lvl -1 (A) (N) Timid (I) Electric Gem
- Thunder, Bug Buzz, Energy Ball, Mud Shot
- Venusaur lvl -1 (A) (N) Modest (I) Wide Lens
- Giga Drain, Sludge Bomb, Weather Ball, Sleep Powder
- Golduck lvl -1 (A) Swift Swim (N) Modest (I) Mystic Water

Hydro Pump, Psychic, Ice Beam, Focus Blast



Parasol Lady Angelica (potential double with Cooltrainer Leonel)

-Meowstic lvl -2 (A) Prankster (N) Timid (I) Damp Rock

Rain Dance, Thunder Wave, Psychic, Shadow Ball

-Castform lvl -2 // Thunder, Hurricane, Weather Ball, Ice Beam

-Emolga lvl -2 (A) Lightningrod (I) Petaya Berry // Thunder, Hurricane, Agility, Nuzzle



Ninja Boy Riley (potential double with Battle Girl Callie)

-Skuntank lvl -2 // Sucker Punch, Poison Jab, Play Rough, Explosion

-Mothim lvl -2 (A) Tinted Lens // Bug Buzz, Air Slash, Quiver Dance, Hidden Power



Battle Girl Callie (potential double with Ninja Boy Riley)

-Medicham lvl -2 // Zen Headbutt, High Jump Kick, Recover, Bulk Up

-Lopunny lvl -2 (A) Scrappy // High Jump Kick, Return, U-Turn, Bounce

-Mienshao lvl -2 (A) Regenerator // High Jump Kick, Stone Edge, U-Turn, Knock Off



Cooltrainer Jennifer

-Sableye lvl -2 (A) Prankster (N) Bold (I) Leftovers
Will-O-Wisp, Calm Mind, Dark Pulse, Recover
-Kommo-O lvl -2 (A) (N) Jolly (I) Lum Berry
Close Combat, Outrage, Poison Jab, Dragon Dance
-Whimsicott lvl -1 (A) (N) Modest (I) Life Orb
Moonblast, Energy Ball, Spore, Psychic
-Bouffalant lvl -1 (A) (N) Adamant (I) Sitrus Berry
Head Charge, Megahorn, Revenge, Head Smash



Pokemon Ranger Jenna

-Shiftry lvl -2 (A) (N) Jolly (I) Lum Berry // Leaf Blade, Sucker Punch, Low Kick, Swords Dance
-Seviper lvl -2 (A) (N) Jolly (I) Salac Berry // Poison Jab, Crunch, Earthquake, Coil
-Nidoking lvl -2 (A) (N) Adamant (I) Shuca Berry // Earthquake, Poison Jab, Ice Punch, Megahorn
-Cloyster lvl -2 (A) Skill Link (N) Jolly (I) White Herb // Icicle Crash, Rock Blast, Razor Shell, Shell Smash



Pokemon Ranger Lorenzo

-Ludicolo lvl -2 (A) (N) Modest (I) Damp Rock // Rain Dance, Surf, Giga Drain, Focus Blast

- Zangoose lvl -2 (A) Toxic Boost (N) Jolly (I) Toxic Orb // Quick Attack, Night Slash, Close Combat, Swords Dance
- Nidoqueen lvl -2 (A) (N) Adamant (I) Shuca Berry // Earthquake, Poison Jab, Ice Punch, Superpower
- Starmie lvl -2 (A) Analytic (N) Timid (I) Citrus Berry // Surf, Psyshock, Power Gem, Grass Knot



Bug Maniac Jeffrey

- Durant lvl -3 // X-Scissor, Iron Head, Crunch, Hone Claws
- Vespiquen lvl -3 // Attack Order, Defend Order, Heal Order, Acrobatics
- Masquerain lvl -3 // Bug Buzz, Air Slash, Quiver Dance, Stun Spore



Ninja Boy Keigo

- Greninja lvl -3 // Gunk Shot, Waterfall, Night Slash, Ice Punch
- Weezing lvl -3 // Sludge Bomb, Heat Wave, Explosion, Toxic
- Bisharp lvl -3 // Iron Head, Night Slash, Thunder Wave, Low Kick



Ruin Maniac Chip

- Crustle lvl -3 // X-Scissor, Rock Wrecker, Night Slash, Shell Smash
- Claydol lvl -3 // Extrasensory, Earth Power, Hyper Beam, Cosmic Power
- Aerodactyl lvl -3 // Rock Slide, Crunch, Ice Fang, Thunder Fang



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Fortree Gym

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Bird Keeper Humberto

-Gliscor lvl 0 (A) (N) Jolly (I) Flying Gem

Acrobatics, Earthquake, Poison Jab, Swords Dance

-Mandibuzz lvl 0 (A) Overcoat (N) Impish (I) Leftovers

Foul Play, Swagger, Roost, Substitute

-Hawlucha lvl 0 (A) Unburden (N) Jolly (I) Sitrus Berry

Brave Bird, Close Combat, Stone Edge, Swords Dance

-Minior lvl 0 (A) (N) Jolly (I) White Herb

Acrobatics, Rock Slide, Zen Headbutt, Shell Smash



Bird Keeper Jared (potential double with Picnicker Ashley)

-Swoobat lvl 0 (A) Simple (N) Timid (I) Salac Berry

Air Slash, Psyshock, Energy Ball, Nasty Plot

-Noctowl lvl 0 (A) Tinted Lens (N) Modest (I) Leftovers

Hurricane, Heat Wave, Roost, Nasty Plot

-Noivern lvl 0 (A) Infiltrator (N) Timid (I) White Herb

Draco Meteor, Hurricane, Flamethrower, Water Pulse



 Picnicker Ashley (potential double with Bird Keeper Jared)
 -Braviary lvl 0 (A) Defiant (N) Jolly (I) Sitrus Berry
 Brave Bird, Double Edge, Close Combat, Assurance
 -Pidgoot lvl 0 (A) No Guard (N) Timid (I) Normal Gem
 Hyper Beam, Hurricane, Focus Blast, Heat Wave
 -Swanna lvl 0 (A) Hydration (N) Jolly (I) Life Orb
 Brave Bird, Liquidation, Steel Wing, Aqua Jet



 Camper Flint (forced double with Bird Keeper Edwardo)
 -Swellow lvl 0 (A) Guts (N) Adamant (I) Flame Orb
 Brave Bird, Double Edge, Protect, U-Turn
 -Yanmega lvl 0 (A) Speed Boost (N) Modest (I) Life Orb
 Bug Buzz, Hurricane, Psychic, Detect
 -Mantine lvl 0 (A) Water Absorb (N) Timid (I) Sitrus Berry
 Scald, Air Slash, Ice Beam, Roost



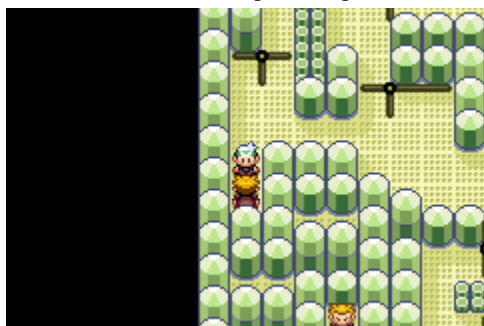
 Bird Keeper Edwardo (forced double with Camper Flint)
 -Staraptor lvl 0 (A) Intimidate (N) Adamant (I) Sitrus Berry
 Brave Bird, Double Edge, Close Combat, U-Turn

-Honchkrow lvl 0 (A) Moxie (N) Naive (I) Dark Gem
 Brave Bird, Sucker Punch, Icy Wind, Heat Wave
 -Drifblim lvl 0 (A) Flare Boost (N) Timid (I) Flame Orb
 Shadow Ball, Thunderbolt, Protect, Hypnosis



 Bird Keeper Darius

-Tropius lvl 0 (A) Harvest (N) Bold (I) Citrus Berry
 Sunny Day, Air Slash, Leech Seed, Substitute
 -Dodrio lvl 0 (A) Moxie (N) Jolly (I) Normal Gem
 Brave Bird, Double Edge, Jump Kick, Quick Attack
 -Emolga lvl 0 (A) Static (N) Jolly (I) Flying Gem
 Acrobatics, Wild Charge, U-Turn, Thunder Wave
 -Archeops lvl 0 (A) Defeatist (N) Jolly (I) Flying Gem
 Acrobatics, Stone Edge, Dragon Claw, Crunch



Leader Winona (double battle)



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Route 121

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Bug Maniac Cale (potential double with Hex Maniac Tammy)

-Wormadam (Trash) lvl -3 (A) Overcoat // Quiver Dance, Bug Buzz, Flash Cannon, Psychic

-Wormadam (Sandy) lvl -3 (A) Overcoat // Quiver Dance, Bug Buzz, Earth Power, Psychic

-Wormadam lvl -3 (A) Overcoat // Quiver Dance, Bug Buzz, Leaf Storm, Psychic



Hex Maniac Tammy (potential double with Bug Maniac Cale)

-Banette lvl -2 (A) Prankster // Shadow Claw, Crush Claw, Will-O-Wisp, Curse

-Mismagius lvl -2 // Shadow Ball, Power Gem, Mystical Fire, Pain Split



Beauty Jessica

-Krookodile lvl -3 // Earthquake, Crunch, Outrage, Scary Face

-Arbok lvl -3 (A) Shed Skin // Coil, Gunk Shot, Rest, Crunch

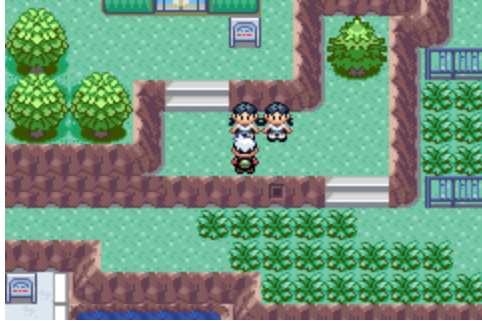
-Kecleon lvl -3 (A) Protean // Substitute, Recover, Sucker Punch, Drain Punch



Sr. and Jr. Kate & Joy

-Swoobat lvl 0 (A) Simple // Skill Swap, Light Screen, Reflect, Air Slash

-Slaking lvl 0 // Bulk Up, Return, Play Rough, Slack Off



Pokemon Breeder Pat

- Swampert lvl -4 // Avalanche, Earthquake, Counter, Yawn
 - Bouffalant lvl -4 (A) Sap Sipper // Cotton Guard, Amnesia, Iron Head, Body Slam
 - Electivire lvl -4 (A) Vital Spirit // Substitute, Focus Punch, Thunder Punch, Fire Punch
- (Below are additional Pokemon if you don't do the double battle)
- Tropius lvl -4 // Dragon Hammer, Leaf Blade, Synthesis, Leech Seed
 - Simisear lvl -4 // Heat Wave, Focus Blast, Grass Knot, Nasty Plot
 - Lycanroc (Dusk) lvl -4 // Thrash, Sucker Punch, Stone Edge, Fire Fang



Pokemon Breeder Myles

- Lucario lvl -4 // High Jump Kick, Crunch, Bullet Punch, Swords Dance
 - Togekiss lvl -4 (A) Serene Grace // Nasty Plot, Extrasensory, Air Slash, Aura Sphere
 - Magmortar lvl -4 (A) Vital Spirit // Cross Chop, Flare Blitz, Iron Tail, Screech
- (Below are additional Pokemon if you don't do the double battle)
- Serperior lvl -4 (A) Contrary // Leaf Storm, Dragon Pulse, Glare, Grassy Terrain
 - Whiscash lvl -5 // Aqua Tail, Earthquake, Dragon Dance, Spark
 - Miltank lvl -4 // Curse, Hammer Arm, Double Edge, Milk Drink



Gentleman Walter

- Luxray lvl -2 // Crunch, Wild Charge, Play Rough, Roar
- Linoone lvl -2 // Extreme Speed, Play Rough, Shadow Claw, Seed Bomb
- Slowking lvl -2 // Rain Dance, Surf, Psychic, Slack Off



Pokefan Vanessa

- Raichu lvl -2 (I) Citrus Berry // Extreme Speed, Play Rough, Thunderbolt, Thunder Wave
- Togedemaru lvl -2 (I) Citrus Berry // Zing Zap, Iron Tail, Fell Stinger, Electric Terrain
- Granbull lvl -2 (I) Citrus Berry // Play Rough, Crunch, Fire Fang, Roar



Cooltrainer Marcel (potential double battle with Cooltrainer Cristin)

- Shiftry lvl 0 (A) (N) Timid (I) Assault Vest
Energy Ball, Dark Pulse, Air Slash, Heat Wave
- Zebstrika lvl 0 (A) Sap Sipper (N) Jolly (I) Fire Gem
Wild Charge, Flare Blitz, Quick Attack, Jump Kick
- Stoutland lvl 0 (A) (N) Jolly (I) Weakness Policy
Return, Crunch, Play Rough, Work Up



Cooltrainer Cristin (potential double battle with Cooltrainer Marcel)

- Ninetales lvl 0 (A) Drought (N) Timid (I) Grass Gem
Heat Wave, Solar Beam, Sunny Day, Will-O-Wisp

-Flygon lvl 0 (A) (N) Timid (I) White Herb
 Draco Meteor, Earth Power, Solar Beam, Flamethrower
 -Pidgeot lvl 0 (A) (N) Timid (I) Yache Berry
 Hyper Voice, Air Slash, Heat Wave, Roost



===== **Mt. Pyre (Inside)** =====

PokeManiac Mark (potential double with Hex Maniac Leah)
 -Rhyperior lvl -3 // Rock Wrecker, Earthquake, Megahorn, Ice Punch
 -Haxorus lvl -3 // Outrage, Close Combat, First Impression, Crunch
 -Lickilicky lvl -3 // Body Slam, Power Whip, Fire Blast, Thunder



Hex Maniac Leah (potential double with PokeManiac Mark or Black Belt Zander)
 -Gengar lvl -3 // Hex, Sludge Bomb, Hypnosis, Icy Wind
 -Grumpig lvl -3 // Psychic, Shadow Ball, Power Gem, Magic Coat
 -Jynx lvl -3 // Freeze Dry, Psychic, Lovely Kiss, Nasty Plot



Black Belt Zander (potential double with Hex Maniac Leah)

-Hariyama lvl -3 // Close Combat, Knock Off, Heavy Slam, Fake Out

-Hitmonlee lvl -3 // High Jump Kick, Knock Off, Blaze Kick, Fake Out

-Emboar lvl -3 (A) Reckless // Hammer Arm, Heat Crash, Wild Charge, Head Smash



Young Couple Dez & Luke

-Cloyster lvl -1 (A) Skill Link // Icicle Spear, Rock Blast, Liquidation, Protect

-Steelix lvl -1 // Heavy Slam, Dig, Rock Slide, Screech



Psychic Kayla (potential double with Pokemon Breeder Gabrielle)

-Wobuffet lvl -3 // Counter, Mirror Coat, Encore, Destiny Bond

-Alakazam lvl -3 // Psychic, Shadow Ball, Calm Mind, Recover

-Hypno lvl -3 // Dream Eater, Hypnosis, Shadow Ball, Nasty Plot



Pokemon Breeder Gabrielle (potential double with Psychic Kayla or Psychic William)

-Avalugg lvl -4 // Avalanche, High Horsepower, Recover, Mirror Coat

-Meganium lvl -4 (A) Triage // Giga Drain, Draining Kiss, Grassy Terrain, Ancient Power

-Raichu (Alolan) lvl -4 // Psychic, Thunderbolt, Electric Terrain, Fake Out

-Donphan lvl -4 // Earthquake, Ice Shard, Play Rough, Head Smash

-Gorebyss lvl -4 // Muddy Water, Draining Kiss, Ice Beam, Shell Smash

-Kommo-O lvl -4 // Clanging Scales, Aura Sphere, Flash Cannon, Flamethrower



Psychic William

-Beheeyem lvl -3 (A) Psychic Surge // Psychic, Shadow Ball, Trick Room, Nasty Plot

-Gardevoir lvl -3 // Psychic, Moonblast, Mystical Fire, Calm Mind

-Gallade lvl -3 // Close Combat, Psycho Cut, Leaf Blade, Swords Dance



Hex Maniac Tasha

-Chandelure lvl -3 // Flamethrower, Hex, Will-O-Wisp, Psychic

-Banette lvl -3 // Phantom Force, Crush Claw, Will-O-Wisp, Thunderbolt

-Trevenant lvl -3 // Horn Leech, Shadow Claw, Will-O-Wisp, Leech Seed



Black Belt Atsushi

-Samurott lvl -3 // Sacred Sword, X-Scissor, Aqua Tail, Aqua Jet

-Machop lvl -3 (A) No Guard // Dynamic Punch, Dual Chop, Knock Off, Stone Edge

-Aggron lvl -3 (A) Rock Head // Head Smash, Ice Punch, Iron Head, Metal Burst



Hex Maniac Valerie (potential double with Psychic Cedric)

- Sableye lvl -3 (A) Prankster // Fake Out, Recover, Will-O-Wisp, Foul Play
- Dusknoir lvl -3 // Phantom Force, Ice Punch, Fire Punch, Thunder Punch
- Spirittomb lvl -3 // Hypnosis, Dream Eater, Dark Pulse, Calm Mind



Psychic Cedric (potential double with Hex Maniac Valerie)

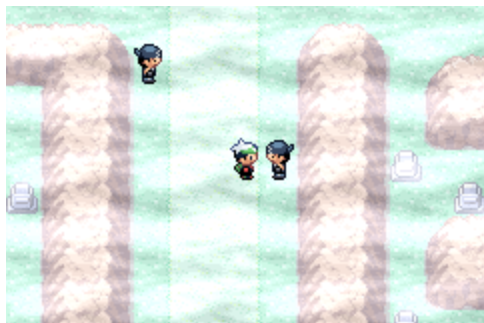
- Bronzong lvl -3 (A) Heatproof // Flash Cannon, Psychic, Confuse Ray, Calm Mind
- Reuniclus lvl -3 // Psyshock, Thunder, Recover, Acid Armor
- Meowstic (F) lvl -3 // Psychic, Dark Pulse, Energy Ball, Signal Beam



===== **Mt. Pyre (Outside)** =====

Team Aqua Grunt 1

- Bruxish lvl -2 (A) Strong Jaw // Waterfall, Crunch, Psychic Fangs, Ice Fang
- Weavile lvl -2 // Night Slash, Icicle Crash, Psycho Cut, Ice Shard
- Wailord lvl -2 // Scald, Ice Beam, Body Slam, Noble Roar



Team Aqua Grunt 2

- Muk lvl -2 // Fire Blast, Acid Spray, Giga Drain, Toxic
- Raticate (Alolan) lvl -2 (A) Hustle // Crunch, Iron Tail, Quick Attack, Zen Headbutt
- Tentacruel lvl -2 // Scald, Sludge Bomb, Mirror Coat, Hex



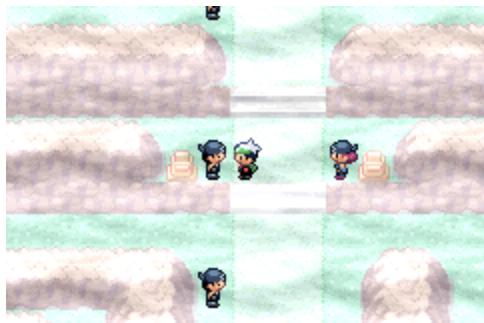
Team Aqua Grunt 3 (forced double battle with Team Aqua Grunt 4)

- Jellicent lvl -2 // Rain Dance, Scald, Shadow Ball, Psychic
- Amoonguss lvl -2 // Spore, Giga Drain, Sludge Bomb, Synthesis
- Lanturn lvl -2 // Scald, Thunder, Confuse Ray, Spotlight



Team Aqua Grunt 4 (forced double battle with Team Aqua Grunt 3)

- Carracosta lvl -2 (A) Swift Swim // Liquidation, Rock Slide, Shell Smash, Zen Headbutt
- Liepard lvl -2 // Knock Off, Play Rough, U-Turn, Encore
- Qwilfish lvl -2 (A) Intimidate // Waterfall, Poison Jab, Payback, Thunder Wave



[Aqua Admin Matt](#)



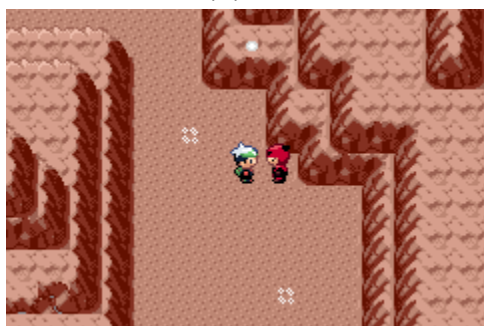
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Magma Hideout

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Team Magma Grunt 1

- Hippowdon lvl -1 // Earthquake, Ice Fang, Slack Off, Rock Slide
- Sandslash lvl -1 (A) Sand Rush // Earthquake, Stone Edge, X-Scissor, Swords Dance
- Gastrodon lvl -1 (A) Sand Force // Earth Power, Scald, Sludge Wave, Recover



Team Magma Grunt 2

- Claydol lvl -1 // Earthquake, Ice Beam, Psychic, Explosion
- Garbador lvl -1 (A) Weak Armor // Gunk Shot, Meteor Mash, Seed Bomb, Explosion
- Umbreon lvl -1 (A) Magic Guard // Payback, Curse, Moonlight, Toxic



Team Magma Grunt 3

- Liepard lvl -1 (A) Prankster // Knock Off, Thunder Wave, U-Turn, Charm
- Salazzle lvl -1 // Flamethrower, Sludge Bomb, Dragon Pulse, Nasty Plot
- Nidoqueen lvl -1 (A) Sheer Force // Earth Power, Shadow Ball, Sludge Wave, Flamethrower



Team Magma Grunt 4 (outside)

- Talonflame lvl -1 // Brave Bird, Flare Blitz, Roost, Steel Wing
- Bisharp lvl -1 // Iron Head, Knock Off, Sucker Punch, Psycho Cut
- Venomoth lvl -1 // Bug Buzz, Psychic, Sleep Powder, Quiver Dance



Team Magma Grunt 5 (inside)

- Scrafty lvl -1 // High Jump Kick, Crunch, Poison Jab, Head Smash
- Nidoking lvl -1 (A) Sheer Force // Sludge Bomb, Earth Power, Megahorn, Shadow Ball
- Magcargo lvl -1 // Fire Blast, Stone Edge, Earth Power, Shell Smash



Team Magma Grunt 6

- Camerupt lvl -1 // Earthquake, Eruption, Double Edge, Growth
- Crobat lvl -1 // Fly, Toxic, Roost, Protect
- Shiftry lvl -1 // Sunny Day, Solar Blade, Heat Wave, Dark Pulse



Team Magma Grunt 7

- Gliscor lvl -1 // Knock Off, Earthquake, Acrobatics, Cross Poison
- Dustox lvl -1 // Toxic, Venoshock, Infestation, Roost
- Magmortar lvl -1 (A) Mega Launcher // Fire Blast, Aura Sphere, Dark Pulse, Psychic



Team Magma Grunt 8

- Mamoswine lvl -1 // Icicle Crash, Earthquake, Ice Shard, Stone Edge
- Mandibuzz lvl -1 // Foul Play, Swagger, Roost, Protect
- Scolipede lvl -1 (A) Speed Boost // Megahorn, Poison Jab, Earthquake, Rock Climb



Team Magma Grunt 9 (Right) (potential double with Team Magma Grunt 10)

-Sableye lvl -1 (A) Prankster // Will-o-Wisp, Knock Off, Taunt, Metal Burst

-Torkoal lvl -1 // Earth Power, Lava Plume, Shell Smash, Clear Smog

-Excadrill lvl -1 (A) Mold Breaker // Earthquake, Iron Head, X-Scissor, Rock Climb



Team Magma Grunt 10 (Left) (potential double with Team Magma Grunt 9)

-Rhyperior lvl -1 // Earthquake, Rock Wrecker, Megahorn, Metal Burst

-Amoonguss lvl -1 // Spore, Sludge Bomb, Giga Drain, Foul Play

-Pangoro lvl -1 // Close Combat, Crunch, Gunk Shot, Zen Headbutt



-Optional Magma Hideout Areas-

Team Magma Grunt 11 (forced double with Team Magma Grunt 12)

-Ariados lvl -1 // Sticky Web, Megahorn, Poison Jab, Toxic Thread

-Turtonator lvl -1 // Flamethrower, Dragon Pulse, Flash Cannon, Focus Blast

-Golurk lvl -1 // Earthquake, Shadow Punch, Heavy Slam, Close Combat



Team Magma Grunt 12 (forced double with Team Magma Grunt 11)

-Krookodile lvl -1 (A) Moxie // Knock Off, Earthquake, Close Combat, Outrage

-Victreebel lvl -1 // Leaf Blade, Sludge Bomb, Sleep Powder, Crunch

-Incineroar lvl -1 (A) Intimidate // Darkest Lariat, Flare Blitz, Close Combat, Thunder Punch



Team Magma Grunt 13

-Golem lvl -1 // Earthquake, Heavy Slam, Stone Edge, Explosion

-Skuntank lvl -1 // Flamethrower, Crunch, Poison Jab, Play Rough

-Weezing lvl -1 // Sludge Bomb, Flamethrower, Toxic, Protect



Team Magma Grunt 14

-Mightyena lvl -1 // Crunch, Play Rough, Iron Tail, Howl

-Flygon lvl -1 // Flamethrower, Crunch, Earthquake, Dragon Claw

-Drapion lvl -1 (A) Sniper // Cross Poison, Night Slash, Earthquake, Focus Energy



Team Magma Grunt 15

- Swalot lvl -1 // Sludge Bomb, Giga Drain, Ice Beam, Toxic
- Camerupt lvl -1 // Earthquake, Lava Plume, Rock Slide, Iron Head
- Persian (Alolan) lvl -1 // Dark Pulse, Thunderbolt, Power Gem, Nasty Plot



Team Magma Grunt 16

- Cacturne lvl -1 // Needle Arm, Sucker Punch, Thunder Punch, Focus Punch
- Pyroar lvl -1 // Hyper Beam, Fire Blast, Dark Pulse, Wild Charge
- Palossand lvl -1 // Earth Power, Shadow Ball, Giga Drain, Shore Up



[Magma Admin Tabitha](#) (forced double with Magma Admin Courtney)



[Magma Admin Courtney](#) (forced double with Magma Admin Tabitha)



[Magma Leader Maxie](#)



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Lilycove City

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[PKMN Trainer Brendan/May](#)



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Aqua Hideout

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Team Aqua Grunt 1

- Tentacruel lvl -1 // Knock Off, Scald, Sludge Bomb, Mirror Coat
- Dhelmise lvl -1 // Anchor Shot, Shadow Claw, Power Whip, Synthesis
- Mightyena lvl -1 // Sucker Punch, Play Rough, Swagger, Fire Fang



Team Aqua Grunt 2

- Walrein lvl -1 // Freeze Dry, Surf, Crunch, Aqua Ring
- Floatzel lvl -1 // Waterfall, Crunch, Ice Punch, Aqua Jet
- Malamar lvl -1 // Throat Chop, Psycho Cut, Superpower, Topsy Turvy



Team Aqua Grunt 3 (Top) (potential double with Team Aqua Grunt 4)

- Sharpedo lvl -1 (A) Speed Boost // Crunch, Screech, Aqua Jet, Protect
- Dragalge lvl -1 (A) Adaptability // Hydro Pump, Sludge Bomb, Dragon Pulse, Smokescreen
- Muk lvl -1 (A) Poison Touch // Shadow Sneak, Gunk Shot, Fire Punch, Ice Punch



Team Aqua Grunt 4 (Bottom) (potential double with Team Aqua Grunt 3)

- Cloyster lvl -1 // Icicle Spear, Rock Blast, Pin Missile, Shell Smash
- Kingler lvl -1 // Crabhammer, Hammer Arm, X-Scissor, High Horsepower
- Skuntank lvl -1 (N) Modest // Fire Blast, Dark Pulse, Sludge Bomb, Sucker Punch



Team Aqua Grunt 5

- Golbat lvl -2 // Brave Bird, Toxic, Confuse Ray, Roost
- Clawitzer lvl -2 (A) Mega Launcher // Water Pulse, Aura Sphere, Dragon Pulse, Dark Pulse
- Muk (Alolan) lvl -2 (A) Poison Touch // Poison Jab, Crunch, Disable, Minimize
- Eelektross lvl -2 // Wild Charge, Crunch, Aqua Tail, Dragon Claw



Team Aqua Grunt 6

- Seismitoad lvl -1 (A) Water Absorb // Hydro Pump, Sludge Wave, Earth Power, Toxic
- Basculin lvl -1 (A) Adaptability // Aqua Jet, Crunch, Head Smash, Aqua Tail
- Scrafty lvl -1 (A) Shed Skin // Crunch, Drain Punch, Bulk Up, Rest



Team Aqua Grunt 7 (Left) (potential double with Team Aqua Grunt 8)

- Toxicroak lvl -1 // Sludge Bomb, Focus Blast, Dark Pulse, Nasty Plot
- Toxapex lvl -1 // Baneful Bunker, Scald, Recover, Sludge Bomb
- Gyarados lvl -1 (N) Modest // Hydro Pump, Hurricane, Thunder, Rain Dance



Team Aqua Grunt 8 (Right) (potential double with Team Aqua Grunt 7)

- Relicanth lvl -1 (A) Rock Head // Dive, Head Smash, Earthquake, Toxic
- Pangoro lvl -1 // Close Combat, Throat Chop, Poison Jab, Outrage
- Vileplume lvl -1 // Giga Drain, Sleep Powder, Sludge Bomb, Synthesis



Aqua Admin Matt



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Route 124

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Swimmer Grace (potential double with Swimmer Declan)

- Lanturn lvl -2 // Hydro Pump, Thunderbolt, Signal Beam, Thunder Wave
- Gorebyss lvl -2 // Hydro Pump, Draining Kiss, Psychic, Shell Smash



Swimmer Declan (potential double with Swimmer Grace)
 -Gyarados lvl -2 // Waterfall, Crunch, Bounce, Outrage
 -Dewgong lvl -2 // Ice Beam, Aqua Tail, Fake Out, Encore



Sis and Bro Lila & Roy
 -Gastrodon lvl 0 // Muddy Water, Earth Power, Ancient Power, Recover
 -Lanturn lvl 0 // Surf, Discharge, Confuse Ray, Thunder Wave

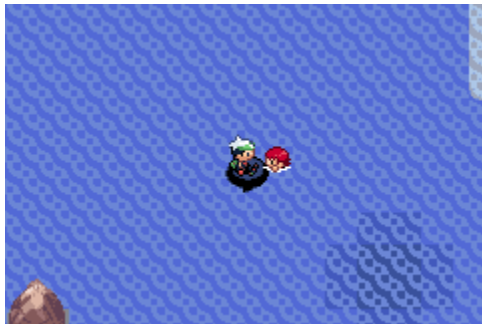


Swimmer Spencer
 -Tentacruel lvl -2 // Hydro Pump, Poison Jab, Mirror Coat, Knock Off
 -Pelipper lvl -2 // Air Slash, Hydro Pump, Shock Wave, Tailwind



Swimmer Jenny

- Wailord lvl -3 // Water Spout, Bounce, Heavy Slam, Yawn
- Starmie lvl -3 // Psychic, Hydro Pump, Power Gem, Recover
- Primarina lvl -2 // Sparkling Aria, Moonblast, Hyper Voice, Icy Wind



Swimmer Chad

- Stoutland lvl -3 // Surf, Double Edge, Crunch, Play Rough
- Jellicent lvl -3 // Water Spout, Shadow Ball, Giga Drain, Recover
- Lumineon lvl -3 // Surf, Air Slash, Signal Beam, Quiver Dance



Triathlete Isabella

- Mantine lvl -2 // Air Slash, Scald, Signal Beam, Roost
- Azumarill lvl -2 (A) Huge Power // Aqua Tail, Play Rough, Superpower, Aqua Jet



Swimmer Roland

- Octillery lvl -2 (A) Moody // Octazooka, Flamethrower, Ice Beam, Recover
- Clawitzer lvl -2 // Water Pulse, Dark Pulse, Aura Sphere, Aqua Jet



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Mossdeep Gym

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- Psychic Preston (potential double with Psychic Maura)
- Slowking lvl -2 (A) (N) Modest (I) Assault Vest
 - Surf, Psychic, Ice Beam, Fire Blast
 - Alakazam lvl -2 (A) Magic Guard (N) Timid (I) Life Orb
 - Psychic, Aura Sphere, Dazzling Gleam, Shadow Ball



- Psychic Maura (potential double with Psychic Preston)
- Beheeyem lvl -1 (A) Psychic Surge (N) Modest (I) Psychic Seed
 - Psychic, Thunderbolt, Dark Pulse, Nasty Plot
 - Espeon lvl -1 (A) Magic Bounce (N) Timid (I) Fairy Gem

Dazzling Gleam, Psychic, Shadow Ball, Calm Mind



Psychic Samantha (potential double with Psychic Blake)

-Xatu lvl -2 (A) Magic Bounce (N) Timid (I) Fire Gem

Psychic, Air Slash, Heat Wave, Shadow Ball

-Gardevoir lvl -2 (A) Trace (N) Timid (I) Expert Belt

Dazzling Gleam, Mystical Fire, Focus Blast, Shadow Ball



Psychic Blake (potential double with Psychic Samantha)

-Girafarig lvl -2 (N) Jolly (I) Salac Berry

Psychic Fangs, Crunch, Hyper Fang, Ice Fang

-Meowstic (F) lvl -2 (A) Sheer Force (N) Timid (I) Life Orb

Psychic, Thunderbolt, Energy Ball, Signal Beam



Psychic Nicholas

-Musharna lvl -2 (A) Psychic Surge (N) Modest (I) Psychic Seed

Future Sight, Hypnosis, Reflect, Light Screen

-Wobbuffet lvl -2 (A) Shadow Tag (N) Bold (I) Rocky Helmet

Counter, Mirror Coat, Encore, Destiny Bond



Hex Maniac Kathleen (potential double with Psychic Nicholas or Gentleman Clifford)

-Hypno lvl -2 (N) Timid (I) Electric Seed

Future Sight, Shadow Ball, Hypnosis, Focus Blast

-Swoobat lvl -2 (A) Simple (N) Timid (I) Weakness Policy

Air Slash, Giga Drain, Heat Wave, Endure



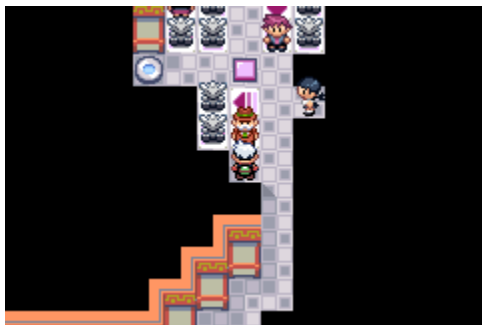
Gentleman Clifford (potential double with Hex Maniac Kathleen or Psychic Macey)

-Raichu (Alolan) lvl -2 (N) Timid (I) Electric Seed

Psychic, Thunderbolt, Grass Knot, Electric Terrain

-Mr. Mime lvl -2 (N) Timid (I) Light Clay

Psychic, Dazzling Gleam, Reflect, Light Screen



Psychic Macey (potential double with Gentleman Clifford)

-Jynx lvl -2 (A) Dry Skin (N) Timid (I) Ice Gem

Psychic, Freeze-dry, Lovely Kiss, Nasty Plot

-Delphox lvl -2 (A) Pyromancy (N) Timid (I) Power Herb

Psychic, Heat Wave, Solar Beam, Aura Sphere



Gentleman Nate (potential double with Psychic Virgil)
 -Grumpig lvl -2 (N) Modest (I) Assault Vest
 Extrasensory, Energy Ball, Focus Blast, Charge Beam
 -Starmie lvl -2 (N) Bold (I) Rocky Helmet
 Psychic, Scald, Recover, Cosmic Power



Psychic Virgil (potential double with Gentleman Nate)
 -Medicham lvl -2 (N) Jolly (I) Rock Gem
 Drain Punch, Poison Jab, Fake Out, Rock Slide
 -Bronzong lvl -2 (A) Heavy Metal (N) Adamant (I) Air Ballon
 Heavy Slam, Payback, Hypnosis, Rock Slide



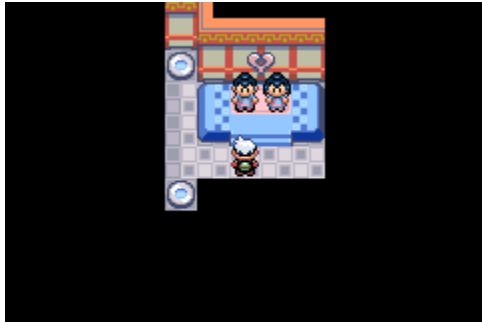
Hex Maniac Sylvia (potential double with Psychic Hannah)
 -Oranguru lvl -2 (N) Quiet (I) Dark Gem
 Trick Room, Psychic, Foul Play, Hyper Beam
 -gothitelle lvl -2 (A) Shadow Tag (N) Quiet (I) Leftovers
 Psychic, Thunderbolt, Charm, Calm Mind



Psychic Hannah (potential double with Hex Maniac Sylvia)
 -Bruxish lvl -2 (A) Strong Jaw (N) Jolly (I) Poison Gem
 Liquidation, Psychic Fangs, Poison Fang, Ice Fang
 -Malamar lvl -2 (A) Contrary (N) Brave (I) Leftovers
 Superpower, Throat Chop, Psycho Cut, Rock Slide



[Leaders Tate & Liza](#)



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Mossdeep Space Center

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Team Magma Grunt 1
 -Salazzle lvl -1 // Sludge Bomb, Fire Blast, Fake Out, Dragon Pulse
 -Palossand lvl -1 // Earth Power, Shadow Ball, Psychic, Shore Up
 -Amoonguss lvl -1 // Spore, Ingrain, Sludge Bomb, Foul Play



Team Magma Grunt 2

- Mightyena lvl -1 // Crunch, Play Rough, Iron Tail, Howl
- Camerupt lvl -1 // Earthquake, Lava Plume, Double Edge, Growth
- Shiftry lvl -1 // Sunny Day, Solar Blade, Heat Wave, Knock Off



Team Magma Grunt 3

- Torkoal lvl -1 // Earth Power, Lava Plume, Shell Smash, Clear Smog
- Claydol lvl -1 // Earth Power, Shadow Ball, Psychic, Ancient Power
- Rhyperior lvl -1 // Earthquake, Rock Blast, Crunch, Ice Punch



Team Magma Grunt 4

- Flygon lvl -1 // U-Turn, Crunch, Earthquake, Dragon Claw
- Crobat lvl -1 // Fly, Toxic, Roost, Super Fang
- Drapion lvl -1 (A) Sniper // Cross Poison, Night Slash, Ice Fang, Focus Energy



-Gauntlet Grunts (no heals)-

Team Magma Grunt 5

- Pyroar lvl -1 // Hyper Beam, Fire Blast, Dark Pulse, Wild Charge
- Pangoro lvl -1 // Close Combat, Crunch, Gunk Shot, Zen Headbutt
- Nidoking lvl -1 (A) Sheer Force // Earth Power, Ice Punch, Sludge Wave, Fire Blast



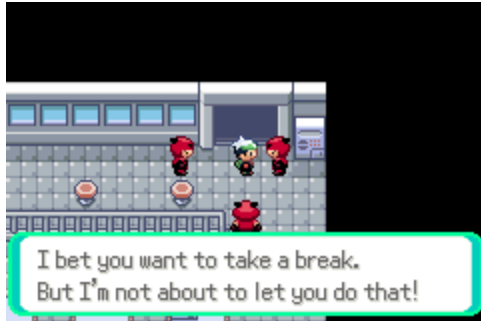
Team Magma Grunt 6

- Hippowdon lvl -1 (A) Sandstream // Earthquake, Crunch, Yawn, Fire Fang
- Sandslash lvl -1 (A) Sand Rush // Earthquake, Rock Slide, X-Scissor, Swords Dance



Team Magma Grunt 7

- Liepard lvl -1 (A) Prankster // Assist, Thunder Wave, U-Turn, Charm
- Incineroar lvl -1 (A) Intimidate // Darkest Lariat, Flare Blitz, Drain Punch, Thunder Punch
- Mamoswine lvl -1 // Icicle Crash, Earthquake, Ice Shard, Superpower



Magma Admin Tabitha



Magma Admin Courtney (forced double with Magma Leader Archie)

Magma Leader Archie (forced double with Magma Admin Courtney)



Route 125 (Optional)

Sailor Ernest

- Conkeldurr lvl -3 // Hammer Arm, Payback, Stone Edge, Mach Punch
- GolisoPod lvl -3 // Liquidation, First Impression, Close Combat, Aqua Jet
- Kangaskhan lvl -3 // Crush Claw, Sucker Punch, Hammer Arm, Fire Punch



Swimmer Nolen

- Poliwrath lvl -3 // Drain Punch, Hydro Pump, Hypnosis, Ice Punch
- Wishiwashi lvl -3 // Liquidation, Double Edge, Aqua Ring, Endeavor
- Raichu lvl -3 // Thunderbolt, Surf, Extreme Speed, Nuzzle



Swimmer Sharon

- Seaking lvl -2 // Waterfall, Drill Run, Megahorn, Poison Jab
- Slowbro lvl -2 // Surf, Psychic, Slack Off, Yawn



Swimmer Tanya

- Luvdisc lvl -3 // Hydro Pump, Draining Kiss, Rain Dance, Lovely Kiss
- Alomomola lvl -3 // Waterfall, Wish, Protect, Toxic
- Vaporeon lvl -3 // Surf, Ice Beam, Yawn, Wish



Bird Keeper Presley (potential double with Expert Auron)

-Staraptor lvl -2 // Double Edge, Brave Bird, Close Combat, U-Turn

-Gliscor lvl -2 // Rock Slide, Wing Attack, Toxic, Roost



Expert Auron (potential double with Bird Keeper Presley)

-Manectric lvl -1 (A) Lightningrod (N) Timid (I) Assault Vest

Thunderbolt, Flamethrower, Aurora Beam, Signal Beam

-Lucario lvl -1 (A) (N) Timid (I) Dark Gem

Aura Sphere, Flash Cannon, Dark Pulse, Vacuum Wave



Swimmer Stan

-Kingdra lvl -2 // Waterfall, Outrage, Iron Head, Rain Dance

-Bibarel lvl -2 // Surf, Strength, Rock Climb, Cut



Sr. and Jr. Kim & Iris

-Altaria lvl -2 // Brave Bird, Dragon Rush, Sing, Ice Beam

-Rhyperior lvl -2 // Stone Edge, Earthquake, Crunch, Fire Punch

-Cryogonal lvl -2 // Ice Beam, Power Gem, Water Pulse, Confuse Ray

-Rotom (Wash) lvl -2 // Hydro Pump, Thunderbolt, Will-O-Wisp, Shadow Ball



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Route 127

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Bird Keeper Aidan (potential double with Cooltrainer Athena)

-Pidgeot lvl -2 // Hyper Voice, Hurricane, Heat Wave, Work Up

-Talonflame lvl -2 (A) Gale Wings // Brave Bird, Flare Blitz, Sunny Day, Solar Beam



Cooltrainer Athena (potential double with Bird Keeper Aidan)

-Infernape lvl -2 (A) Iron Fist (N) Naive (I) Expert Belt

Close Combat, Fire Blast, Thunder Punch, Stone Edge

-Accelgor lvl -2 (A) (N) Timid (I) Poison Gem

Bug Buzz, Focus Blast, Energy Ball, Sludge Bomb



Fisherman Jonah

- Corsola lvl -2 // Recover, Mirror Coat, Power Gem, Scald
- Toxapex lvl -2 // Toxic, Venoshock, Recover, Venom Drench



Fisherman Roger

- Crawdaunt lvl -2 // Crabhammer, Knock Off, Aqua Jet, Double Edge
- Pyukumuku lvl -2 // Toxic, Counter, Recover, Taunt



Fisherman Henry

- Tentacruel lvl -2 // Whirlpool, Toxic, Protect, Dive
- Jellicent lvl -2 // Acid Armor, Strength Sap, Scald, Giga Drain



Triathlete Camden

- Klinklang lvl -3 // Gear Grind, Wild Charge, Double Edge, Shift Gear
- Greninja lvl -3 // Water Shuriken, Scald, Ice Beam, Grass Knot
- Emolga lvl -3 // Acrobatics, Discharge, Energy Ball, Eerie Impulse



Black Belt Koji

- Hariyama lvl -2 // Fake Out, Close Combat, Stone Edge, Knock Off
- Aggron lvl -2 // Stone Edge, Iron Tail, Earthquake, Dragon Claw



Triathlete Donny

- Yanmega lvl -2 // Bug Buzz, Air Slash, Psychic, Detect
- Blastoise lvl -2 // Hydro Pump, Ice Beam, Aura Sphere, Rapid Spin



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Route 128

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Cooltrainer Alexa

-Feraligatr lvl -1 (A) Sheer Force (N) Jolly (I) Life Orb
Liquidation, Crunch, Ice Punch, Dragon Dance
-Marowak (Alolan) lvl -1 (A) Lightningrod (N) Jolly (I) Thick Club
Flare Blitz, Shadow Bone, Bonemerang, Shadow Sneak
-Scizor lvl -1 (A) Technician (N) Adamant (I) Metal Coat
Bullet Punch, U-Turn, Superpower, Roost
-Exeggutor lvl -1 (A) Chloroplast (N) Quiet (I) Grass Gem
Solar Beam, Psychic, Synthesis, Trick Room
-Ampharos lvl 0 (A) (N) Modest (I) Ampharosite
Volt Switch, Dragon Pulse, Focus Blast, Power Gem



Cooltrainer Ruben

-Heatmor lvl -1 (A) Tough Claws (N) Adamant (I) Choice Band
Flare Blitz, Iron Head, Power Whip, Drain Punch
-Meganium lvl -1 (A) Triage (N) Modest (I) Leftovers
Giga Drain, Draining Kiss, Calm Mind, Synthesis
-Dragonite lvl -1 (A) Multiscale (N) Adamant (I) Yache Berry
Outrage, Earthquake, Iron Tail, Extreme Speed
-Milotic lvl -1 (A) (N) Bold (I) Leftovers
Scald, Ice Beam, Recover, Hypnosis
-Lopunny lvl 0 (A) (N) Jolly (I) Lopunnite
High Jump Kick, Double Edge, Knock Off, U-Turn



Fisherman Wayne

-Wailord lvl -2 // Hydro Pump, Earthquake, Amnesia, Rest

-Dhelmise lvl -2 // Hydro Pump, Energy Ball, Shadow Ball, Rapid Spin



Triathlete Isaiah

-Dodrio lvl -2 // Brave Bird, Double Edge, Jump Kick, Knock Off

-Jolteon lvl -2 // Electro Ball, Aurora Beam, Shadow Ball, Agility



Triathlete Katelyn

-Fearow lvl -2 // Drill Peck, Double Edge, Drill Run, Focus Energy

-Zebstrika lvl -2 // Volt Tackle, Blaze Kick, Jump Kick, Agility



Swimmer Carlee (potential double with Swimmer Harrison)

- Seaking lvl -2 (A) Lightningrod // Hydro Pump, Ice Beam, Drill Run, Megahorn
- Drampa lvl -2 // Surf, Hyper Voice, Dragon Pulse, Energy Ball



Swimmer Harrison (potential double with Swimmer Carlee)

- Lickilicky lvl -2 // Surf, Ice Beam, Flamethrower, Power Whip
- Omastar lvl -2 // Surf, Ice Beam, Earth Power, Rain Dance



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Seafloor Cavern

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Team Aqua Grunt 1

- Mightyena lvl -1 (A) Moxie // Crunch, Fire Fang, Ice Fang, Double Edge
- Crobat lvl -1 (A) Inner Focus // Acrobatics, Sludge Bomb, Crunch, Giga Drain
- Sharpedo lvl -1 (A) Speed Boost // Waterfall, Crunch, Ice Fang, Earthquake



Team Aqua Grunt 2

- Huntail lvl -1 // Crunch, Aqua Tail, Ice Fang, Shell Smash
- Muk lvl -1 // Gunk Shot, Fire Blast, Toxic, Minimize
- Scrafty lvl -1 (A) Intimidate // Drain Punch, Crunch, Head Smash, Earthquake



Team Aqua Grunt 3 (potential double with Team Aqua Grunt 4)

- Wailord lvl -1 // Dive, Bounce, Double Edge, Aqua Ring
- Skuntank lvl -1 // Poison Jab, Crunch, Toxic, Protect
- Seaking lvl -1 (A) Lightning Rod // Waterfall, Megahorn, Throat Chop, Swords Dance



Team Aqua Grunt 4 (potential double with Team Aqua Grunt 3)

- Gorebyss lvl -1 // Hydro Pump, Psychic, Ice Beam, Shell Smash
- Purugly lvl -1 // Fake Out, Body Slam, Play Rough, U-Turn
- Toxapex lvl -1 // Liquidation, Toxic, Baneful Bunker, Recover



Team Aqua Grunt

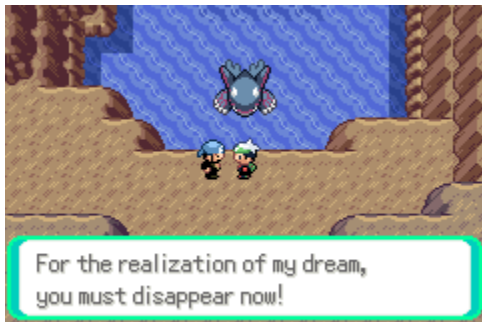
- Mandibuzz lvl -1 // Knock Off, Brave Bird, Bone Rush, Roost
- Gyarados lvl -1 // Bounce, Crunch, Earthquake, Fire Blast
- Arbok lvl -1 // Poison Jab, Crunch, Coil, Seed Bomb



[Aqua Admin Shelly](#) (can be skipped by using boulders to block)



[Aqua Leader Archie](#)



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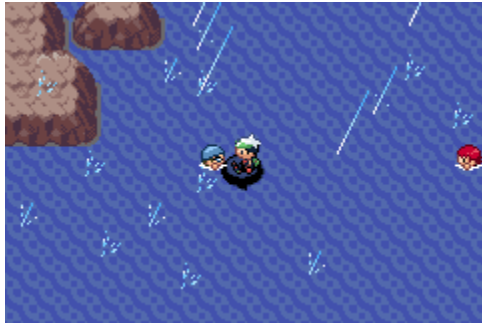
Route 126

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Swimmer Leonardo (potential double with Triathlete Isobel)

-Floatzel lvl -2 // Aqua Tail, Ice Punch, Crunch, Iron Tail

-Barbaracle lvl -2 // Liquidation, Stone Edge, Night Slash, Cross Chop



Triathlete Isobel (potential double with Swimmer Leonardo)

-Beartic lvl -2 // Icicle Crash, Close Combat, Play Rough, Surf

-Swanna lvl -2 // Brave Bird, Hydro Pump, Steel Wing, Roost



Swimmer Dean

-Haxorus lvl -2 // Outrage, Crunch, Iron Tail, Surf

-Ludicolo lvl -2 // Giga Drain, Surf, Leech Seed, Rain Dance

-Quagsire lvl -2 // Liquidation, Earthquake, Recover, Toxic



Swimmer Nikki

-Lapras lvl -2 // Surf, Freeze Dry, Psychic, Sing

-Audino lvl -2 // Hyper Voice, Surf, Wish, Thunderbolt



Swimmer Barry

- Swampert lvl -2 // Aqua Tail, Earthquake, Avalanche, Rock Slide
- Gogoat lvl -2 // Surf, Horn Leech, Earthquake, Milk Drink



Swimmer Sienna (potential double with Triathlete Pablo)

- Huntail lvl -2 // Aqua Tail, Crunch, Ice Fang, Shell Smash
- Whiscash lvl -2 // Aqua Tail, Zen Headbutt, Earthquake, Dragon Dance
- Politoed lvl -2 // Surf, Hyper Voice, Sing, Mud Shot



Triathlete Pablo (potential double with Swimmer Sienna)

- Kabutops lvl -3 // Liquidation, Stone Edge, Leech Life, Rain Dance
- Golduck lvl -3 (A) Swift Swim // Hydro Pump, Zen Headbutt, Cross Chop, Hone Claws
- Qwilfish lvl -3 (A) Swift Swim // Waterfall, Poison Jab, Swords Dance, Explosion

-After Dive-

Swimmer Brenda

-Goldeen lvl 100 // Struggle



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Route 129

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Swimmer Reed

-Walrein lvl -2 // Surf, Ice Beam, Crunch, Yawn

-Sharpedo lvl -2 // Surf, Ice Beam, Dark Pulse, Psychic Fangs



Triathlete Chase

-Starmie lvl -2 // Surf, Ice Beam, Thunderbolt, Cosmic Power

-Braviary lvl -2 // Brave Bird, Double Edge, Close Combat, Rock Slide



Triathlete Allison

-Unfezant lvl -2 // Drill Peck, Night Slash, Roost, Focus Energy

-Galvantula lvl -2 // Thunder, Bug Buzz, Sucker Punch, Poison Jab



Swimmer Clarence (potential double with Swimmer Tisha)

-Diggersby lvl -2 (A) Huge Power // Earthquake, Double Edge, U-Turn, Surf

-Empoleon lvl -2 // Surf, Flash Cannon, Drill Peck, Aqua Jet



Swimmer Tisha (potential double with Swimmer Clarence)

-Lanturn lvl -2 (A) Water Absorb // Discharge, Confuse Ray, Ice Beam, Aqua Ring

-Slurpuff lvl -2 // Surf, Play Rough, Energy Ball, Flamethrower



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Route 130

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Swimmer Rodney

-Gyarados lvl -2 (A) Moxie // Outrage, Giga Impact, Ice Fang, Bounce

-Wishiwashi lvl -2 (A) Schooling // Surf, Ice Beam, Earthquake, Aqua Ring



Swimmer Katie (potential double with Swimmer Santiago)

- Seaking lvl -2 (A) Lightningrod // Dive, Acupressure, Toxic, Bounce
- Beartic lvl -2 // Icicle Crash, Liquidation, Throat Chop, Swords Dance



Swimmer Santiago (potential double with Swimmer Katie)

- Gastrodon lvl -2 (A) Storm Drain // Dive, Dig, Toxic, Recover
- Poliwrath lvl -2 // Close Combat, Dive, Throat Chop, Earth Power



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Route 131

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Swimmer Kevin (potential double with Triathlete Taila)

- Snorlax lvl -2 // Body Slam, Crunch, Rest, Sleep Talk
- Quagsire lvl -2 // Earthquake, Stockpile, Recover, Scald



Triathlete Taila (potential double with Swimmer Kevin)

-Scyther lvl -2 // Aerial Ace, Bug Bite, Thief, Swords Dance

-Dedenne lvl -2 // Play Rough, Wild Charge, Grass Knot, Super Fang



Swimmer Richard

-Tauros lvl -2 // Giga Impact, Close Combat, Megahorn, Surf

-Slowking lvl -2 // Power Gem, Flamethrower, Psychic, Slack Off



Swimmer Kara

-Miltank lvl -2 // Body Slam, Surf, Milk Drink, Play Rough

-Azumarill lvl -2 (A) Huge Power // Play Rough, Ice Punch, Aqua Jet, Bulldoze



Cooltrainer Herman (potential double with Cooltrainer Susie)

- Heracross lvl 0 (A) (N) Adamant (I) Heracronite
- Pin Missile, Bullet Seed, Rock Blast, Close Combat
- Florges lvl -1 (A) Misty Surge (N) Modest (I) Leftovers
- Draining Kiss, Giga Drain, Leech Seed, Calm Mind
- Lycanroc lvl -1 (A) (N) Jolly (I) Rock Gem
- Stone Edge, Earthquake, Close Combat, Accelerock
- Bronzong lvl -1 (A) (N) Brave (I) Occa Berry
- Gyro Ball, Payback, Curse, Zen Headbutt
- Gourgeist lvl -1 (A) (N) Modest (I) Flame Orb
- Shadow Ball, Giga Drain, Flamethrower, Psychic



Cooltrainer Susie (potential double with Cooltrainer Herman)

- Pidgeot lvl 0 (A) (N) Timid (I) Pidgeotite
- Hurricane, Heat Wave, Focus Blast, U-Turn
- Probopass lvl -1 (A) (N) Modest (I) Life Orb
- Power Gem, Flash Cannon, Thunder, Earth Power
- Sceptile lvl -1 (A) Chloroplast (N) Timid (I) White Herb
- Solar Beam, Draco Meteor, Focus Blast, Synthesis
- Volcarona lvl -1 (A) (N) Bold (I) Leftovers
- Fiery Dance, Giga Drain, Quiver Dance, Roost
- Froslass lvl -1 (A) (N) Timid (I) Expert Belt
- Shadow Ball, Ice Beam, Thunder, Will-O-Wisp



Sis and Bro Reli & Ian

-Pelipper lvl -2 (A) Drizzle // Soak, Tailwind, Weather Ball, Wide Guard

-Relicanth lvl -2 // Aqua Tail, Rock Slide, Earthquake, Double Edge



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Route 132 (Optional)

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Swimmer Gilbert

-Nidoking lvl -2 // Surf, Sludge Bomb, Earthquake, Megahorn

-Sharpedo lvl -2 // Waterfall, Psychic Fangs, Crunch, Double Edge



Swimmer Dana

-Nidoqueen lvl -2 // Surf, Sludge Bomb, Earthquake, Superpower

-Primarina lvl -2 // Sparkling Aria, Moonblast, Psychic, Sing



Fisherman Ronald

- Magikarp lvl -4 // Hydro Pump, Reversal, Bounce, Splash
- Gyarados lvl -4 // Hydro Pump, Hurricane, Rain Dance, Thunder
- Gyarados lvl -4 // Hydro Pump, Bounce, Crunch, Leer
- Gyarados lvl -4 // Aqua Tail, Bounce, Dragon Dance, Ice Fang
- Gyarados lvl -4 // Waterfall, Crunch, Earthquake, Ice Fang
- Gyarados lvl -4 // Splash, Thrash, Outrage



Black Belt Kiyo

- Hawlucha lvl -3 // High Jump Kick, Acrobatics, Swords Dance, Flying Press
- Primeape lvl -3 // Close Combat, Thrash, Outrage, Night Slash
- Throh lvl -3 // Storm Throw, Payback, Bulk Up, Body Slam



Expert Paxton (potential double with Cooltrainer Darcy)

- Breloom lvl -1 (A) Poison Heal (N) Jolly (I) Toxic Orb
Spore, Focus Punch, Substitute, Stone Edge
- Ursaring lvl -1 (A) Guts (N) Jolly (I) Flame Orb
Facade, Close Combat, Crunch, Swords Dance
- Luxray lvl -1 (A) (N) Jolly (I) Expert Belt

Crunch, Thunder Fang, Fire Fang, Ice Fang



Cooltrainer Darcy (potential double with Expert Paxton)

-Charizard lvl 0 (A) (N) Jolly (I) Charizardite X

Dragon Claw, Flare Blitz, Thunder Punch, Brick Break

-Lilligant lvl -1 (A) Own Tempo (N) Timid (I) Grass Gem

Petal Dance, Moonblast, Sleep Powder, Quiver Dance

-Porygon Z lvl -1 (A) (N) Timid (I) Silk Scarf

Techno Blast, Thunderbolt, Ice Beam, Dark Pulse



Expert Makayla (potential double with Cooltrainer Jonathan)

-Amoonguss lvl -1 (A) (N) Bold (I) Black Sludge

Spore, Rage Powder, Foul Play, Giga Drain

-Medicham lvl -1 (A) Pure Power (N) Jolly (I) Life Orb

High Jump Kick, Zen Headbutt, Ice Punch, Bullet Punch

-Flareon lvl -1 (A) Guts (N) Jolly (I) Toxic Orb

Flare Blitz, Facade, Superpower, Protect



Cooltrainer Jonathan (potential double with Expert Makayla)

-Rampardos lvl -1 (A) Sheer Force (N) Naive (I) Life Orb

Rock Slide, Fire Blast, Blizzard, Crunch
 -Sawsbuck lvl -1 (A) (N) Jolly (I) Citrus Berry
 Horn Leech, Double Edge, Wild Charge, Jump Kick
 -Charizard lvl 0 (A) (N) Timid (I) Charizardite Y
 Heat Wave, Air Slash, Solar Beam, Dragon Pulse



Route 133 (Optional)

Swimmer Linda
 -Kingdra lvl -3 // Hydro Pump, Dragon Pulse, Agility, Body Slam
 -Lumineon lvl -3 // Surf, Ice Beam, Quiver Dance, Rain Dance



Bird Keeper Beck
 -Honchkrow lvl -3 (A) Super Luck // Drill Peck, Night Slash, Heat Wave, Thunder Wave
 -Altaria lvl -3 // Outrage, Cotton Guard, Dragon Dance, Roost



Expert Conor (potential double with Expert Mollie)

-Hariyama lvl -1 (A) Guts (N) Adamant (I) Flame Orb
 Fake Out, Close Combat, Facade, Rock Slide
 -Ferrothorn lvl -1 (A) (N) Impish (I) Rocky Helmet
 Power Whip, Iron Head, Thunder Wave, Leech Seed
 -Gothitelle lvl -1 (A) Shadow Tag (N) Modest (I) Sitrus Berry
 Psychic, Dark Pulse, Thunderbolt, Fake Out



Expert Mollie (potential double with Expert Conor)
 -Gengar lvl -1 (A) Shadow Tag (N) Timid (I) Spell Tag
 Shadow Ball, Sludge Bomb, Icy Wind, Hypnosis
 -Carracosta lvl -1 (A) (N) Adamant (I) Assault Vest
 Rock Slide, Liquidation, Zen Headbutt, Knock Off
 -Aromatisse lvl -1 (A) (N) Modest (I) Fairy Gem
 Moonblast, Disable, Heal Pulse, Charm



Cooltrainer Warren
 -Golem (Alolan) lvl -1 (A) Galvanize (N) Adamant (I) Electric Gem
 Explosion, Stealth Rock, Stone Edge, Fire Punch
 -Musharna lvl -1 (A) Psychic Surge (N) Quiet (I) Leftovers
 Psychic, Moonblast, Yawn, Trick Room
 -Torterra lvl -1 (A) (N) Brave (I) Assault Vest
 Wood Hammer, Earthquake, Stone Edge, Crunch
 -Cofagrigus lvl -1 (A) Mummy (N) Quiet (I) Air Balloon
 Shadow Ball, Aura Sphere, Nasty Plot, Trick Room
 -Aggron lvl 0 (A) (N) Brave (I) Aggronite
 Heavy Slam, Earthquake, Dragon Claw, Aqua Tail



Swimmer Debra (potential double with Swimmer Franklin)

- Qwilfish lvl -3 (A) Intimidate // Aqua Tail, Poison Jab, Revenge, Explosion
- Seismitoad lvl -3 // Surf, Sludge Bomb, Drain Punch, Earth Power



Swimmer Franklin (potential double with Swimmer Debra)

- Walrein lvl -3 // Aqua Tail, Avalanche, Crunch, Slack Off
- Vaporeon lvl -3 // Muddy Water, Wish, Ice Beam, Yawn



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Route 134 (Optional)

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Swimmer Laurel

- Luvdisc lvl -3 // Lovely Kiss, Surf, Draining Kiss, Ice Beam
- Alolmomola lvl -3 // Waterfall, Wish, Wake-Up Slap, Aqua Ring



Swimmer Jack

-Linoone lvl -3 // Extreme Speed, Surf, Seed Bomb, Shadow Claw

-Simipour lvl -3 // Surf, Grass Knot, Acrobatics, Focus Blast



Black Belt Hitoshi (potential double with Battle Girl Reyna)

-Hitmonchan lvl -3 (A) Iron Fist // Bullet Punch, Close Combat, Ice Punch, Thunder Punch

-Machop lvl -3 (A) No Guard // Dynamic Punch, Grass knot, Acrobatics, Focus Blast

-Crabominable lvl -3 // Ice Hammer, Close Combat, Crabhammer, Ice Shard



Battle Girl Reyna (potential double with Black Belt Hitoshi)

-Bewear lvl -3 (A) Defiant // Darkest Lariat, Close Combat, Ice Punch, Iron Head

-Passimian lvl -3 (A) No Guard // Close Combat, U-Turn, Acrobatics, Gunk Shot



Sailor Hudson

-Poliwhirl lvl -3 // Darkest Lariat, Close Combat, Ice Punch, Liquidation

-Raticate lvl -3 (A) Hustle // Double Edge, Quick Attack, Crunch, Close Combat



Dragon Tamer Aaron (forced double with Cooltrainer Marley)

-Druidigon lvl -1 (A) Sheer Force (N) Adamant

Dragon Rush, Crunch, Fire Punch, Gunk Shot

-Tyranttrum lvl -1 (A) Rock Head (N) Jolly

Head Smash, High Horsepower, Outrage, Drang Dance

-Noivern lvl -1 (A) (N) Timid

Air Slash, Dragon Pulse, Flamethrower, Water Pulse



Cooltrainer Marley (forced double with Dragon Tamer Aaron)

-Venusaur lvl 0 (A) (N) Bold (I) Venusaurite

Giga Drain, Earth Power, Sludge Bomb, Synthesis

-Escavalier lvl -1 (A) (N) Adamant (I) Occa Berry

Megahorn, Iron Head, Close Combat, Razor Shell

-Arcanine lvl -1 (A) (N) Adamant (I) Normal Gem

Flare Blitz, Wild Charge, Extreme Speed, Play Rough



Bird Keeper Alex (potential double with Sailor Kelvin)

-Swellow lvl -3 // Brave Bird, Double Edge, U-Turn, Roost

-Togekiss lvl -3 (A) Serene Grace // Air Slash, Aura Sphere, Ancient Power, Body Slam



Sailor Kelvin (potential double with Bird Keeper Alex)

-Machop lvl -3 // Close Combat, Dual Chop, Bullet Punch Strength

-Dhelmise lvl -3 // Anchor Shot, Shadow Claw, Liquidation, Brick Break



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Sootopolis Gym

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Beauty Connie

-Seaking lvl -1 (A) Lightningrod (N) Jolly (I) Salac Berry

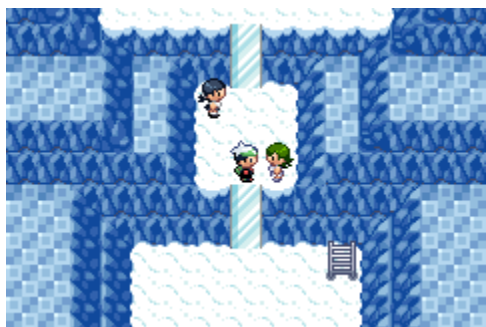
Waterfall, Megahorn, Drill Run, Swords Dance

-Starmie lvl -1 (A) Analytic (N) Timid (I) Expert Belt

Hydro Pump, Psychic, Thunderbolt, Ice Beam

-Lumineon lvl -1 (A) (N) Timid (I) Water Gem

Surf, Ice Beam, Dazzling Gleam, Quiver Dance



Lass Andrea

-Cloyster lvl -1 (A) Skill Link (N) Jolly (I) White Herb
Liquidation, Icicle Spear, Rock Blast, Shell Smash
-Floatzel lvl -1 (A) Vater Veil (N) Jolly (I) Flame Orb
Aqua Tail, Crunch, Drain Punch, Bulk Up
-Jellicent lvl -1 (A) (N) Bold (I) Leftovers
Scald, Hex, Strength, Will-O-Wisp



Lady Daphne (potential double with Pokefan Annika)

-Luvdisc lvl -1 (A) Soul Heart (N) Timid (I) Life Orb
Hydro Pump, Ice Beam, Lovely Kiss, Attract
-Lapras lvl -1 (A) (N) Jolly (I) Ground Gem
Waterfall, Icicle Crash, Drill Run, Dragon Dance
-Samurott lvl -1 (A) Keen Edge (N) Jolly (I) Assault Vest
Razor Shell, Sacred Sword, Night Slash, X-Scissor



Pokefan Annika (potential double with Lady Daphne)

-Milotic lvl -1 (A) Marvel Scale (N) Bold (I) Flame Orb

Scald, Ice Beam, Recover, Aqua Ring
 -Primarina lvl -1 (A) (N) Modest (I) Fairy Gem
 Hydro Pump, Moonblast, Energy Ball, Psychic
 -Golduck lvl -1 (A) (N) Jolly (I) Scope Lens
 Aqua Tail, Zen Headbutt, Cross Chop, Aqua Jet



Beauty Tiffany (potential double with Lass Crissy)
 -Vaporeon lvl -1 (A) (N) Bold (I) Leftovers
 Scald, Toxic, Wish, Protect
 -Feraligatr lvl -1 (A) Sheer Force (N) Jolly (I) Life Orb
 Liquidation, Crunch, Ice Punch, Dragon Dance
 -Gastrodon lvl -1 (A) Storm Drain (N) Modest (I) Rindo Berry
 Earth Power, Sludge Bomb, Ice Beam, Recover



Lass Crissy (potential double with Beauty Tiffany)
 -Lanturn lvl -1 (A) (N) Bold (I) Damp Rock
 Scald, Thunder, Rain Dance, Soak
 -Golisopod lvl -1 (A) Shell Armor (N) Careful (I) Leftovers
 Liquidation, Leech Life, Drill Run, Bulk Up
 -Swanna lvl -1 (A) (N) Modest (I) Flying Gem
 Scald, Hurricane, Ice Beam, Tailwind



Pokefan Bethany (potential double with Beauty Olivia)
 -Slowking lvl -1 (A) (N) Quiet (I) Weakness Policy
 Trick Room, Psychic, Flamethrower, Ice Beam
 -Azumarill lvl -1 (A) (N) Brave (I) Sitrus Berry
 Waterfall, Aqua Jet, Play Rough, Belly Drum
 -Relicanth lvl -1 (A) Rock Head (N) Brave (I) Rock Gem
 Liquidation, Head Smash, Zen Headbutt, Yawn



Beauty Olivia (potential double with Pokefan Bethany)
 -Carracosta lvl -1 (A) Sturdy (N) Brave (I) Weakness Policy
 Strength, Liquidation, Crunch, Aqua Jet
 -Araquanid lvl -1 (A) (N) Brave (I) Mystic Water
 Liquidation, Leech Life, Mirror Coat, Wide Guard
 -Wishiwashi lvl -1 (A) Schooling (N) Brave (I) Ice Gem
 Aqua Tail, Ice Beam, U-Turn, Return



Lady Brianna (potential double with Beauty Bridget)
 -Greninja lvl -1 (A) Protean (N) Naive (I) Life Orb
 Water Shuriken, Ice Beam, Extrasensory, Low Kick

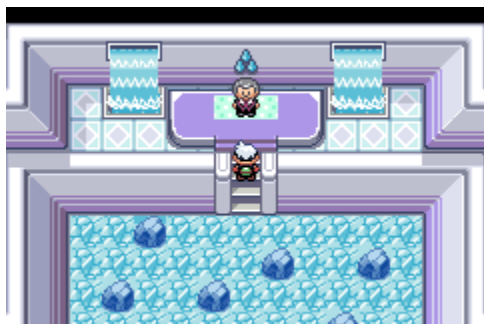
-Dewgong lvl -1 (A) (N) Modest (I) Mystic Water
 Freeze Dry, Water Pulse, Encore, Fake Out
 -Quagsire lvl -1 (A) (N) Bold (I) Leftovers
 Scald, Recover, Haze, Icy Wind



 Beauty Bridget (potential double with Lady Brianna)
 -Gorebyss lvl -1 (A) (N) Modest (I) White Herb
 Muddy Water, Ice Beam, Psychic, Shell Smash
 -Omastar lvl -1 (A) (N) Modest (I) Water Gem
 Muddy Water, Earth Power, Ice Beam, Shell Smash
 -Toxapex lvl -1 (A) (N) Impish (I) Sitrus Berry
 Liquidation, Toxic, Poison Jab, Payback



[Leader Juan](#)



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Meteor Falls
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-After Waterfall-

Old Couple John and Jay

-Hariyama lvl -2 (A) Guts (I) Flame Orb

Close Combat, Fake Out, Knock Off, Rock Slide

-Medicham lvl -2 (N) Adamant (I) Psychic Gem

High Jump Kick, Zen Headbutt, Ice Punch, Thunder Punch

-Conkeldurr lvl -2 (I) Assault Vest

Drain Punch, Fire Punch, Rock Slide, Mach Punch

-Crabominable lvl -2 (A) Iron Fist (N) Adamant (I) Sitrus Berry

Ice Hammer, Hammer Arm, Protect, Crabhammer

Dragon Tamer Nicolas

-Noivern lvl -2 (N) Timid (I) Expert Belt

Hurricane, Dragon Pulse, Flamethrower, Boomburst

-Turtonator lvl -2 (A) Iron Barbs (N) Bold (I) Rocky Helmet

Toxic, Fire Spin, Iron Defense, Attract

-Altaria lvl -2 (N) Modest (I) Leftovers

Hurricane Fire Blast, Cotton Guard, Roost

-Hydreigon lvl -2 (N) Timid (I) Assault Vest

Dark Pulse, Fire Blast, Focus Blast, Hydro Pump

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Victory Road

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PKMN Trainer Wally



Cooltrainer Albert

-Rhyperior lvl -1 (A) Solid Rock (N) Adamant (I) Rindo Berry

Stone Edge, Earthquake, Metal Burst, Stealth Rock

-Sigilyph lvl -1 (A) Magic Guard (N) Calm (I) Flame Orb

Stored Power, Cosmic Power, Roost, Psycho Shift

-Weavile lvl -1 (A) (N) Jolly (I) Life Orb

Knock Off, Icicle Crash, Low Kick, Poison Jab

-Conkeldurr lvl -1 (A) Guts (N) Adamant (I) Flame Orb

Knock Off, Drain Punch, Facade, Mach Punch

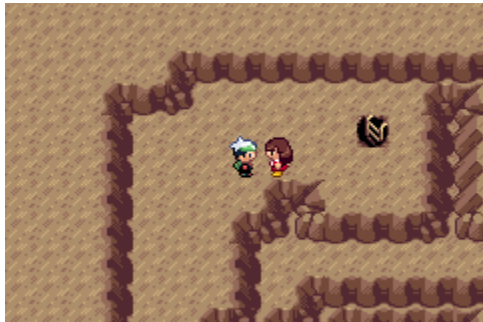
-Banette lvl 0 (A) Prankster (N) Adamant (I) Banettite

Double Edge, Shadow Claw, Play Rough, Will-O-Wisp



Cooltrainer Hope

-Forretress lvl -1 (A) (N) Impish (I) Custap Berry
Stealth Rock, Spikes, Toxic Spikes, Explosion
-Lilligant lvl -1 (A) (N) Timid (I) Big Root
Giga Drain, Draining Kiss, Earth Power, Quiver Dance
-Salazzle lvl -1 (A) (N) Timid (I) Life Orb
Sludge Bomb, Fire Blast, Hidden Power (Grass), Nasty Plot
-Vaporeon lvl -1 (A) Water Absorb (N) Bold (I) Leftovers
Scald, Wish, Baton Pass, Toxic
-Aerodactyl lvl 0 (A) // (N) Jolly (I) Aerodactylite
Brave Bird, Strength, Earthquake, Aqua Tail



Cooltrainer Shannon

-Blaziken lvl 0 (A) (N) Adamant (I) Blazikenite
Flare Blitz, Close Combat, Protect, Baton Pass
-Escavalier lvl -1 (A) // (N) Adamant (I) Assault Vest
Leech Life, Iron Head, Close Combat, Drill Run
-Dragonite lvl -1 (A) Multiscale (N) Adamant (I) Lum Berry
Outrage, Wing Attack, Earthquake, Extreme Speed
-Sawsbuck lvl -1 (A) (N) Jolly (I) Life Orb
Double Edge, Horn Leech, Wild Charge, Swords Dance
-Ribombee lvl -1 (A) Shield Dust // (N) Timid (I) Psychic Gem
Bug Buzz, Moonblast, Psychic, Quiver Dance



Cooltrainer Samuel

- Galvantula lvl -1 (A) (N) Timid (I) Focus Sash
Thunder, Bug Buzz, Energy Ball, Sticky Web
- Nidoking lvl -1 (A) Sheer Force (N) Timid (I) Life Orb
Earth Power, Blizzard, Fire Blast, Thunder
- Porygon Z lvl -1 (A) Adaptability (N) Modest (I) Silk Scarf
Techno Blast, Psychic, Shadow Ball, Nasty Plot
- Druddigon lvl -1 (A) Sheer Force (N) Jolly (I) Life Orb
Dragon Rush, Gunk Shot, Fire Punch, Crunch
- Gengar lvl 0 (A) (N) Timid (I) Gengarite
Shadow Ball, Sludge Wave, Aura Sphere, Energy Ball



Cooltrainer Julie

- Torkoal lvl -1 (A) Drought (N) Modest (I) Leftovers
Lava Plume, Earth Power, Stealth Rock, Rapid Spin
- Venusaur lvl -1 (A) Chlorophyll (N) Modest (I) Assault Vest
Earth Power, Solar Beam, Weather Ball, Sludge Bomb
- Helioisk lvl -1 (A) Solar Power (N) Timid (I) Expert Belt
Hyper Voice, Thunderbolt, Weather Ball, Dark Pulse
- Lycanroc lvl -1 (A) (N) Jolly (I) Life Orb
Strength, Earthquake, Close Combat, Accelerock
- Tyrantrum lvl -1 (A) Strong Jaw (N) Jolly (I) Choice Scarf
Strength, Outrage, Fire Fang, Poison Fang
- Alakazam lvl 0 (A) Magic Guard (N) Timid (I) Alakazite
Psychic, Shadow Ball, Aura Sphere, Nasty Plot



Cooltrainer Owen

- Torterra lvl -1 (A) Solid Rock (N) Impish (I) Rocky Helmet
Earthquake, Stealth Rock, Wood Hammer, Roar
- Staraptor lvl -1 (A) Reckless (N) Modest (I) Sitrus Berry
Brave Bird, Double Edge, Close Combat, U-Turn
- Sylveon lvl -1 (A) (N) Modest (I) Leftovers
Psychic, Draining Kiss, Mystical Fire, Calm Mind
- Tentacruel lvl -1 (A) Clear Body (N) Timid (I) Life Orb
Hydro Pump, Sludge Wave, Ice Beam, Giga Drain
- Lucario lvl 0 (A) (N) Jolly (I) Lucarionite
Meteor Mash, Close Combat, Ice Punch, Bullet Punch



Cooltrainer Dianne (potential double with Cooltrainer Felix)

- Abomasnow lvl 0 (A) (N) Quiet (I) Abomasite
Blizzard, Giga Drain, Earth Power, Ice Shard
- Magmortar lvl -1 (A) Mega Launcher (N) Timid (I) Ice Gem
Heat Wave, Thunderbolt, Weather Ball, Aura Sphere
- Rampardos lvl -1 (A) Sheer Force (N) Naive (I) Life Orb
Rock Slide, Blizzard, Fire Blast, Zen Headbutt



Cooltrainer Felix (potential double with Cooltrainer Dianne)

-Jynx lvl -1 (A) Dry Skin (N) Timid (I) Light Clay

Psychic, Blizzard, Lovely Kiss, Aurora Veil

-Avalugg lvl -1 (A) Ice Body (N) Brave (I) Leftovers

Avalanche, Toxic, Protect, Iron Defense

-Sceptile lvl 0 (A) (N) Timid (I) Sceptilite

Solar Beam, Dragon Pulse, Focus Blast, Synthesis



Cooltrainer Caroline

-Tyranitar lvl 0 (A) (N) Jolly (I) Tyranitarite

Stone Edge, Crunch, Earthquake, Dragon Dance

-Leavanny lvl -1 (A) Overcoat (N) Timid (I) Focus Sash

Leaf Blade, X-Scissor, Poison Jab, Sticky Web

-Stoutland lvl -1 (A) Sand Rush (N) Adamant (I) Assault Vest

Play Rough, Double Edge, Crunch, Psychic Fangs

-Sandslash lvl -1 (A) Sand Rush (N) Jolly (I) Life Orb

Earthquake, Stone Edge, Leech Life, Swords Dance

-Dugtrio (Alolan) lvl -1 (A) Sand Force (N) Jolly (I) Steel Gem

Earthquake, Stone Edge, Iron Head, Sucker Punch



Cooltrainer Vito

-Bisharp lvl -1 (A) Defiant (N) Brave (I) Focus Sash

Metal Burst, Sucker Punch, Stealth Rock, Thunder Wave

-Delphox lvl -1 (A) Pyromancy (N) Timid (I) Power Herb

Fire Blast, Psychic, Solar Beam, Nasty Plot

-Dodrio lvl -1 (A) Moxie (N) Jolly (I) Fighting Gem

Double Edge, Brave Bird, Jump Kick, Swords Dance

-Electivire lvl -1 (A) Motor Drive (N) Adamant (I) Life Orb

Close Combat, Volt Tackle, Fire Punch, Ice Punch

-Lurantis lvl -1 (A) Contrary (N) Brave (I) Assault Vest
 Leaf Storm, Superpower, Leech Life, Knock Off
 -Flygon lvl 0 (A) (N) Timid (I) Flygonite
 Boomburst, Draco Meteor, Fire Blast, Quiver Dance



Cooltrainer Mitchell (potential double with Cooltrainer Halle)
 -Machop lvl 0 (A) (N) Jolly (I) Machopite
 Close Combat, Fire Punch, Ice Punch, Bullet Punch
 -Shiinotic lvl -1 (A) Effect Spore (N) Bold (I) Rocky Helmet
 Strength Sap, Spore, Dazzling Gleam, Moonlight
 -Gothitelle lvl -1 (A) Shadow Tag (N) Bold (I) Sitrus Berry
 Psychic, Flatter, Nasty Plot, Thunderbolt



Cooltrainer Halle (potential double with Cooltrainer Mitchell)
 -Pinsir lvl 0 (A) (N) Jolly (I) Pinsirite
 Double Edge, Feint, Close Combat, Rock Slide
 -Pachirisu lvl -1 (A) Fur Coat (N) Impish (I) Sitrus Berry
 Follow Me, Super Fang, Nuzzle, Charm
 -Lickilicky lvl -1 (A) Own Temp (N) Modest (I) Assault Vest
 Muddy Water, Fire Blast, Thunder, Ice Beam



Cooltrainer Michelle

-Chansey lvl -1 (A) Natural Cure (N) (I) Eviolite
Seismic Toss, Toxic, Soft Boiled, Stealth Rock
-Meganium lvl -1 (A) Triage (N) Bold (I) Leftovers
Draining Kiss, Giga Drain, Earth Power, Calm Mind
-Machop lvl -1 (A) Guts (N) Adamant (I) Flame Orb
Close Combat, Strength, Facade, Knock Off
-Hydreigon lvl -1 (A) (N) Timid (I) Life Orb
Dark Pulse, Fire Blast, Flash Cannon, Nasty Plot
-Probopass lvl -1 (A) Magnet Pull (N) Modest (I) Fire Gem
Sunny Day, Hidden Power (Fire), Earth Power, Power Gem
-Gardevoir lvl 0 (A) (N) Timid (I) Gardevoirite
Hyper Voice, Psyshock, Mystical Fire, Thunderbolt



Cooltrainer Edgar (Bottom) (Required)

-Trevenant lvl -1 (A) Grassy Surge (N) Impish (I) Terrain Extender
Horn Leech, Will-O-Wisp, Shadow Claw, Leech Seed
-Sudowoodo lvl -1 (A) Rock Head (N) Adamant (I) Choice Band
Head Smash, Wood Hammer, Low Kick, Explosion
-Venomoth lvl -1 (A) Tinted Lens (N) Timid (I) Life Orb
Bug Buzz, Sludge Bomb, Sleep Powder, Quiver Dance
-Klinklang lvl -1 (A) (N) Adamant (I) Grassy Seed
Gear Grind, Wild Charge, Shift Gear, Toxic
-Chesnaught lvl -1 (A) Bulletproof (N) Adamant (I) White Herb
Wood Hammer, Drain Punch, Thunder Punch, Shell Smash
-Manectric lvl 0 (A) (N) Timid (I) Manectite
Volt Switch, Flamethrower, Hidden Power (Grass), Aurora Beam



Cooltrainer Katelynn (potential double with Cooltrainer Quincy)

-Audino lvl 0 (A) (N) Bold (I) Audinite
 Skill Swap, Moonblast, Heal Pulse, Helping Hand
 -Slaking lvl 0 (A) Truant (N) Careful (I) Leftovers
 Double Edge, Slack Off, Bulk Up, Night Slash
 -Infernape lvl 0 (A) Blaze (N) Timid (I) Fire Gem
 Fake Out, Heat Wave, Focus Blast, Grass Knot



 Cooltrainer Quincy (potential double with Cooltrainer Katelynn)
 -Slaking lvl 0 (A) Truant (N) Hasty (I) Chople Berry
 Double Edge, Play Rough, Sucker Punch, Fire Blast
 -Durant lvl 0 (A) Hustle (N) Jolly (I) Occa Berry
 Entrainment, X-Scissor, Iron Head, Rock Slide
 -Butterfree lvl 0 (A) Compound Eyes (N) Timid (I) Butterfrenite
 Hurricane, Energy Ball, Sleep Powder, Tailwind



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[Pokemon League Elite Four](#)
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