Blues Fling Fusion 2013 Weekend Guide

Hello Dancers!

I hope you are as excited as us for 2013 Blues Fling: Fusion with Ted Maddry & Ruby Red!

Here is all the information you should need for the weekend. If you would like a hard copy please print it yourself. We will have copies at venue for reference only.

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Schedule at a Glance

Friday July 26

22:15-02:00: Dance Party: Blues Gotcha Down?

22:15-23:00: Fundamentals Lesson with Ted & Ruby (included with admission to dance)

Saturday July 27

10:00-11:30: Private Lessons

10:30-11:30: Registration and Check in

11:30-18:15: <u>Workshop Classes</u>

13:45-14:45: <u>Lunch Break</u> 18:30-20:30: <u>Private Lessons</u>

Evening: <u>Fireworks</u>

21:00-02:00: Dance Party: Keep Calm & Dance On

Sunday June 28

10:00-12:00: <u>Private Lessons</u> 12:00-17:45: <u>Workshop Classes</u>

14:15-15:30: <u>Lunch Break</u>

18:00-19:00: Master Class (Extra Charge)

19:15-20:15: Private Lessons

21:00-03:00: Dance Party: You Can't Stop the Beat

Monday July 29

12:00-18:00 Private Lessons (by appointment)

Venue Maps

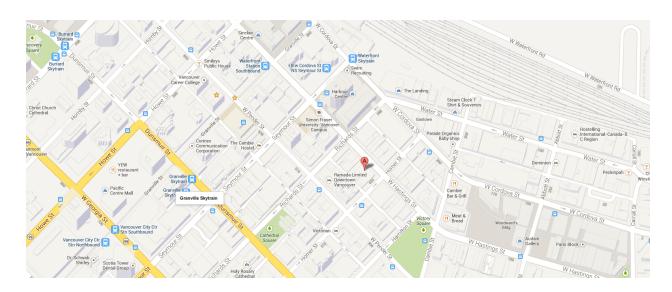
All Workshop Classes

Saturday & Sunday daytime Russian Hall 600 Campbell Ave @ Keefer St



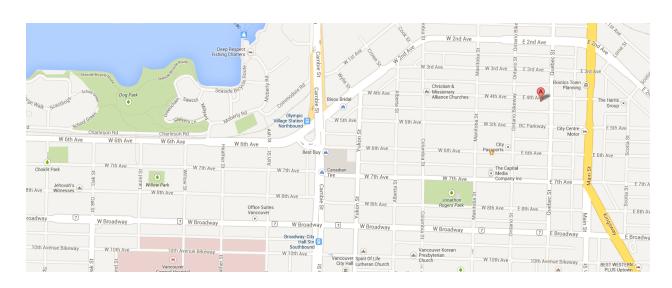
Blues Gotcha Down Dance Party & Keep Calm & Dance On Dance Party

Friday & Saturday nights
Academie Duello
412 W Hastings St @ Homer St



You Can't Stop the Beat Dance Party

Sunday night
One Thousand Rivers Academy
54 E 4th Ave @ Quebec St



Transportation & Parking

Russian Hall

600 Campbell Ave @ Keefer St

By Vehicle

- From Downtown & West Side: Head East on Georgia St. over the Georgia Viaduct, turn left on Campbell Ave.
- From South Vancouver: Head North on Main St., turn right on Prior St., turn left on Campbell Ave.
- From East Side: Head North on Commercial Drive, turn left on Venables, turn right on Campbell Ave.

Parking

Limited street parking, you may have to walk a few blocks. Sunday is busier due to churches in the area. Not all streets go through in this neighbourhood.

Nearby Transit Routes

- Hastings St. (take any of these routes Westbound to get to Academie Duello on Saturday evening)
 - #14 (UBC / Hastings)
 - #7 (Dunbar / Nanaimo Stn.)
 - o #16 (Arbutus / 29th Ave. Stn.)
 - #20 (Downtown / Victoria)
- Powell St. (Westbound) / Cordova St. (Eastbound): #4 (UBC / Powell)
- Prior St.: #22 (MacDonald / Knight)

Academie Duello

412 W Hastings St

Special note for Saturday night: Saturday's dance party runs concurrently with the Celebration of Light fireworks. If you plan to go to them, we recommend parking early near Academie Duello and walking to and from English Bay. Roads in the West End directly around English Bay are closed to traffic starting at 7:30pm. Expect heavy congestion whether you drive, bus, or bike.

By Vehicle

- From Downtown & West Side: Take either Burrard or Granville Bridge to get downtown and continue North until Hastings St. Turn right on Hastings St. Stop at Richards St.
- From South Vancouver: Head north on Cambie over Cambie St. Bridge, turn right on Homer St. Stop at Hastings St.
- From East Side: Head north to Hastings St., turn left on Hastings St. Stop at Homer St.

Parking

Parking downtown on street and paid lots. Not all lots are open past midnight, so check hours before you park. Street parking is free after 10pm, will be busy. Best street parking is along Homer and Richards Streets between Georgia and Hastings.

Nearby Transit Routes

Too many to list. Every bus going to downtown Vancouver goes within a couple blocks of this venue. All Skytrain lines and Seabus are also within walking distance (Waterfront Station). Night buses run 2-3am, and most leave from downtown Vancouver.

Last Train Leaving Waterfront Station:

Expo Line: 01:16
Millennium Line: 01:11
Canada Line: 01:15

One Thousand Rivers Academy

54 E 4th Ave

By Vehicle

- From Downtown: Head East on Georgia, take Main St. exit off Georgia Viaduct.
 Turn right on Main St. Turn right on 4th Ave.
- From West Side: Head East on Broadway, turn left on Quebec St. Stop at 4th Ave.
- From South Vancouver: Head North on Main St., turn left on 4th Ave.
- From East Side: Head West on Broadway, turn right on Quebec St. Stop at 4th Ave.

Parking

Free street parking on 4th Ave. and most neighbourhood streets. Watch for permit-only parking.

Nearby Transit Routes

- Broadway
 - #99 B-Line (UBC / Commerical-Broadway) (stop at Main St.)
 - #9 (UBC / Commerical-Broadway)
- 2nd Ave: #84 (UBC / VCC Stn.)
- Main St.
 - #3 (Main / Marine Dr. Stn.)
 - #8 (Fraser / Downtown
 - #19 (Metrotown Stn. / Stanley Park)
- Night Buses (2-3am)
 - N8 (Fraser / Downtown): board on Main St.
 - N9 (Coguitlam Stn. / Downtown): board on Broadway
 - o N15 (Cambie / Downtown): board on Cambie St.
 - N19 (Surrey Central Stn. / Downtown): board on Main St.

Dance Parties

Dance Party: Blues Gotcha Down?

Date: Friday, July 26th **Time:** 22:15-02:00

Venue: Academie Duello

412 W Hastings St

Blues Gotcha Down? Never! Stand up and use your blues to celebrate good times, good friends, and great dancing! Kick off your awesome weekend by going down south to the heart of blues, soul and gospel! We're keeping things bluesy downtown at the usual Friday blues venue: Acadmey Duello. Think hot humid nights, clothing made of flowing cotton, and true Southern hospitality. Blues may have come from the down and out, but it's all about being alive and dancing!

Costume ideas: Plantation: simple, loose, flowing, earthy tones. Comfy natural materials. A little hippie, a little poor, all spirit!

Dance Party: Keep Calm & Dance On

Date: Saturday, July 27th

Time: 21:00-02:00

Venue: Academie Duello

412 W Hastings St

Did you know we are running the same weekend as the Celebration of Light fireworks? The UK is strutting their pyrotechnic stuff and in their honour we are throwing a WWII send off for them! Wear your military dress uniform, put on a poppy, keep calm while the fireworks explode overhead and then dance on through the night!

Costume ideas: Military and Civilian 1940s

Dance Party: You Can't Stop the Beat

Date: Sunday, July 28th

Time: 21:00-03:00

Venue: One Thousand Rivers Academy

54 E 4th Ave

This is a blues fusion weekend and one of the best parts of fusion is all the different music you get to dance to! So tonight is to celebrate all the music we love. Let's see it! Time to show off your band, album, concert shirts!! Do you rock? Do you roll? Is it someone we've never heard of? What are we missing and should we be dancing to?

Costume ideas: Shirts with band, albums or anything music related

Celebration of Light Fireworks Competition

Date: Saturday, July 27th

Time: late afternoon until 22:30 when the fireworks are over

Venue: East end of English Bay, near Burrard Bridge

Come chill and watch the fireworks! We will have someone saving space starting late afternoon. Come bring some food, have a picnic and dance! Look for a ladybug umbrella or a glowing green crystal after dark. We'll be near Burrard Bridge on the north side, on the grass just west of the Aquatic Centre, and just north of where the beach starts. After that, we'll walk to Academie Duello for more dancing!!

Class Schedule

All workshop classes take place at The Russian Hall.

Saturday July 27

10:30-11:30: Registration and Check in

11:30-12:30: Solo Movement, Riffing, Learning with your Eyes

12:45-13:45: Partnership Dynamics - Modes of Connection + Rhythms

13:45-14:45: Lunch Break

14:45-15:45: <u>Turning Technique 1</u>

16:00-17:00: Blues Styles (How to Dance and Synthesize Music and Rhythms)

17:15-18:15: How to Dance to Electronic Music

Sunday June 28

12:00-13:00: Turning Technique 2

13:15-14:15: Critial Timing + Kickass Moves

14:15-15:30: Lunch Break

15:30-16:30: Fusion Cliff Notes

16:45-17:45: Relax, Don't Panic, Breath

18:00-19:00: Master Class: Public-Private (Extra Charge)

Class Descriptions

Saturday July 27

• 11:30-12:30: Solo Movement, Riffing, Learning with your Eyes

Culturally, blues dance is a group experience, so when it comes to solo movement, it's not just about you, but how you're relating to your fellow dancers. In this class we'll work on a simple group choreography to turn your learning eyes on, and then explore ways to share solo movement with your friends through a series of fun games.

• 12:45-13:45: Partnership Dynamics - Modes of Connection + Rhythms

Want to be the couple that makes everyone say, "Aww! You two are so perfect!" and "How long have you been dancing together?" This class is all about how to use dynamics in your connection to create amazing connection with anyone, even if it's your first dance.

• 14:45-15:45: Turning Technique 1

A technique focused class on the fundamentals needed to lead and follow effortless turns. This class will eliminate "surprise!" turns and enable both partners to understand how to set up and build on rotational momentum.

• 16:00-17:00: Blues Styles (How to Dance and Synthesize Music and Rhythms)

Put it all together with this class. Focus on the music and various styles of blues while practicing your new moves. We'll cover several styles of blues and how we change our dance to match the music.

• 17:15-18:15: How to Dance to Electronic Music

This is a bonus class for those with an interest in dancing to alternative styles of music. We've taken a methodical approach to breaking down listening to and interpreting electronic music, and building multiple layers back into the dance. Explore your favorite electronic artists and discover how to apply what you know to this inspiring genre.

Sunday July 28

• 12:00-13:00: Turning Technique 2

Building on Saturday's break-down of turning technique, we'll build a series of turning patterns that will expand your horizons and allow leads to choreograph infinite combinations, while follows practice adding style and flow to their turns.

• 13:15-14:15: Critial Timing + Kickass Moves

This class will take your dancing from great to competition level. We'll work on some challenging moves and then explore ways to time your movement so it hits the music exactly where you want it. Leads will explore how to time the preparation and follows will discover that they have the tools to add extra layers of musicality and expression to create even more visual impact.

• 15:30-16:30: Fusion Cliff Notes

You're new on the fusion scene and don't know where to start. Come peek at the map of all the different paths you can take. You'll leave with a Choose Your Own Adventure manual of how to build your fusion dance.

• 16:45-17:45: Relax, Don't Panic, Breath

You can lead more than movement. Use breath to build rapport with your partner, put them at ease, add texture to your lead and follow, and relax/reconnect if something goes wrong during the song. Can be taught in the context of Blues Dance, another partnered dance form, or even contact improv.

• 18:00-19:00: *Master Class: Public-Private* (Extra Charge)

Tune your eye to watching the subtleties of Blues Dance while getting practical advice with your peers. Couples take turn dancing in front of the group with one of the dancers getting feedback on their technique, style, connection, and musicality. Then all are given a chance to see the immediate change and practice the tip themselves. Get personal feedback. Learn as a community.

Only 10 critique tickets are available. Observer tickets are unlimited.

Private Lessons

Private lessons can also be scheduled by appointment between 12:00 and 18:00 on Monday, July 29th. Lessons scheduled at this time will take place at a private studio near 49th Ave. Station on the Canada line. The exact address will be given when your lesson is confirmed.

Private lessons can also be booked with guest instructor Lessa Lamb.

25 Minutes with Ted, Ruby, or Lessa \$40 (\$30 with All Access Pass)
55 Minutes with Ted, Ruby, or Lessa \$80 (\$60 with All Access Pass)
25 Minutes with any two instructors \$70 (\$50 with All Access Pass)
55 Minutes with any two instructors \$140 (\$100 with All Access Pass)

Food Fixes Nearby

Russian Hall

- The Wilder Snail: 799 Keefer Street / (604) 216-0640
 Coffee shop/Grocery. 9am-6pm thewildersnail.com/wordpress
- Union Food Market: 810 Union Street / (604) 255-5025

 Traditional Portuguese foods, homemade meals, fresh baked breads and coffees.
 Sat 8-6, Sun 9-5 unionmarket.ca
- La Casa Gelato: 1033 Venables Street / (604) 251-3211 218 flavors available everyday. 11am-11pm lacasagelato.com
- Les Amis du Fromage: 843 East Hastings Street / (604) 253-4218
 Market with take out soups and entrees. 10am-6pm <u>buycheese.com</u>

Academie Duello

- Waves Coffee House: 492 West Hastings Street / (604) 568-8568
 Open 24 Hours wavescoffee.com
- Blenz Coffee: 508 West Hastings Street / (604) 689-1431 Open 24 Hours blenz.com
- Tim Hortons Coffee & Donuts: 555 West Hastings St in <u>Harbour Centre</u> / (604) 642-0348
 Not 24 hours timhortons.com
- **Nuba in Gastown:** 207 West Hastings Street / (604) 688-1655 Healthy, fresh Lebanese, eat in or to go. 5pm-late nuba.ca
- Brioche Urban Eatery: 401 West Cordova Street / (604) 682-4037
 Casual gourmet take on traditional Italian flavours. Brunch, lunch, dinner <u>brioche.ca</u>
- Steamworks Brew Pub: 375 Water Street at <u>The Landing</u> / (604) 689-2739 11:30am-late. steamworks.com
- Mo-Mo Sushi: 375 Water Street #6 / (604) 683-7632
 Open lunch and dinner.
- **Gorilla Food:** 436 Richards Street / (604) 684-3663
 Providing organic, vegan, raw living. Eat in, take out. 11am-8pm gorillafood.com

One Thousand Rivers Academy

Our Town Cafe: 245 East Broadway / (604) 879-1924
 8:30am-10pm

• **Bean Around The World:** 2528 Main Street / (604) 558-4887

Not 24 hours <u>fuelledbycaffeine.com</u>

• Waves Coffee house: 2588 Main Street / (604) 879-9283

7am-12am wavescoffee.ca

• Tim Hortons Coffee & Donuts: 2501 Main Street / (604) 877-7767

Open 24 Hours timhortons.com

• Mario's Gelati (Amato Gelato Cafe): 78 East 1st Ave / (604) 879-9011

72 Flavors available daily. mariosgelati.com

• Congee Noodle House: 141 E Broadway St / (604) 879

Wide variety of Chinese food. 8:30am-1am

• The Wallflower Modern Diner: 2420 Main Street / (604) 568-7554
Where Omnivores, Carnivores, Vegan, Vegetarian and Celiacs can all dine together in comfort. 9am-12am thewallflowermoderndiner.com

• **Nuba Café in Mount Pleasant:** 146 East 3rd Avenue / (604) 568-6727 Healthy, fresh Lebanese, eat in or to go. 11:30am-9:30pm <u>nuba.ca</u>

• Caffe Barney: 2526 Main St / (604) 568-0426

9am-12am

• The Foundation Eatery: 2301 Main Street / (604) 708-0881 Vegetarian and vegan food. 12pm-1am

Other Open Late Night

• Pho' Extreme Xe Lua: 457 W Broadway St. / (604) 879-8228 Vietnamese, noodle soup. Open 24 Hours.

• Denny's America's Diner:

Open 24 Hours

- 1098 Davie Street (Downtown) / (604) 689-0509
- 1296 W Broadway / (604) 731-9033