

2025 年第九届亚洲冬季运动会开幕式将于 7 日晚在哈尔滨举行。继 2022 年北京冬奥会后，中国再次举办重大国际综合性冰雪盛会，这为展示中国形象、讲好中国故事推开了又一扇窗。

哈尔滨亚冬会是中国第三次担任该赛事东道主，赛会开闭幕式时间分别为 2 月 7 日与 14 日。120 名火炬手参加了 3 日在哈尔滨举行的亚冬会火炬传递仪式，而赛会主火炬塔今晚将在开幕式现场点燃。

本届亚冬会共设 6 个大项、11 个分项、64 个小项。其中，31% 的小项是首次进入亚冬会，包括速度滑冰 2 小项、短道速滑 1 小项、冰壶 1 小项、滑雪登山 3 小项、自由式滑雪 9 小项、单板滑雪 4 小项。

共有来自亚洲 34 个国家和地区的 1270 余名运动员报名参赛，本届亚冬会已成为参赛国家和地区以及运动员数量最多的一届。其中，柬埔寨和沙特阿拉伯是首次报名参赛，这标志着亚洲冰雪运动版图进一步扩大。

**In the heart of the city lies a small, tranquil park that serves as an oasis for weary souls.**

*The park is a tapestry of green, with lush grass, towering trees, and vibrant flowers that bloom in every season.*

Benches are scattered along winding paths, inviting visitors to sit and soak in the serenity.

Children's laughter fills the air as they chase each other around the playground, their joy a stark contrast to the hustle and bustle of the city just beyond the park's borders.

In the evenings, the park transforms into a haven for joggers and dog walkers, the soft glow of streetlights casting a warm, inviting light.

It is a place where time seems to slow down, allowing people to reconnect

with nature and themselves.