

# أسئلة امتحان مزاولة المهنة للمريض



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Dyspnea is defined as:

- a. Pallor
- b. Absence of breathing
- c. Cyanosis
- d. Difficult respiration

Mrs. Ahmed age 53, her pulse rate is found to be fifty-two per minute. Her heart rate could be described as:

- a. Tachypnea
- b. Tachycardia
- c. Bradypnea
- d. Bradycardia

The condition in which a person is aware of his or her own heart contraction without having to feel the pulse is called:

- a. Arrhythmia
- b. Dysrhythmia
- c. Pulse rhythm
- d. Palpitation

When you assess the respiratory rate for the patient, you should do the following EXCEPT:

- a. Instruct the patient to breathe in and out from his mouth.
- b. Count each inspiration followed by expiration as one breath.
- c. Make sure that the patient is not aware that you are counting his respiratory rate.
- d. Count the respiratory rate for 30 seconds.

Cyanosis is blue skin color, is caused by:

- a. Fever
- b. Hypertension
- c. Low tissue oxygenation
- d. Kidney disease

To examine the ear canal of the child, this is done by:

- a. Pull the ear down and back
- b. Pull the ear up and back
- c. Pull the ear only back
- d. Do not pull the ear, examine the ear directly by otoscope

The advantage of using head to toe approach when you assess the patient:

- a. It increases the number of position changes
- b. It helps to prevent overlooking some aspects of data collection
- c. It takes more time



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- d. It is difficult to detect disease or problems

Discharge planning for hospitalized patients begins:

- a. When the treatment Dr. gives discharge order
- b. When all the specific needs of the patient have been identified
- c. When the patient begins to ask about his discharge plans
- d. From the first day of admission

An instrument which is used to examine eye structure is called:

- a. Ophthalmoscope
- b. Laryngoscope
- c. Otoscope
- d. Bronchoscope

An abnormal skin color which indicates yellowish color is called:

- a. Erythema
- b. Ecchymosis
- c. Jaundice
- d. Pallor

A pattern in which the nursing personnel divide the patient into groups and complete their care together is called:

- a. Primary method
- b. Team nursing
- c. Nursing managed care case method
- d. Case method

Which of the following is considered as subjective data?

- a. Anxiety
- b. Skin color
- c. Height
- d. Temperature

The term used to describe blood in the urine.

- a. Glycosuria
- b. Hematuria
- c. Pyuria
- d. Albuminuria

The physician has ordered an indwelling urinary catheter inserted in a hospitalized patient; the nurse is aware that:

- a. The procedure requires surgical asepsis
- b. Lubricant not needed for catheter insertion
- c. Smaller catheters are used for male catheter
- d. Normally a clean technique is required for catheter insertion

The normal color of urine is:

- a. Dark amber

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- b. Reddish brown
- c. Cloudy
- d. Light yellow

Diarrhea is best described by its:

- a. Amount
- b. Consistency
- c. Frequency
- d. Odor

When a person has a fever or diaphoresis, the urine output will be the following:

- a. Increased and diluted
- b. Increased and concentrated
- c. Decreased and highly diluted
- d. Decreased and highly concentrated

Medication is instilled between the skin & the muscle and used to administer Heparin.

- a. Intravenous
- b. Intramuscular
- c. Intra dermal
- d. Subcutaneous

The angle of the syringe and needle for intramuscular injections is:

- a. 90 degrees
- b. 45 degrees
- c. 15 degrees
- d. 10 degrees

Is the term used to administer undiluted medication quickly into a vein:

- a. Bolus
- b. Secondary infusion
- c. Intermittent
- d. Continuous

A primary concern when giving heparin subcutaneously to prevent bleeding is:

- a. Don't make massage on the injection site
- b. To make massage on the injection site
- c. Use the smallest gauge needle that is appropriate
- d. Use Z technique

When administering medication via nasogastric tubing, clamp the tube for at least:

- a. One half hour prior to medication administration to prevent complication
- b. One half hour after instilling medication to allow for absorption
- c. One hour prior to medication administration to prevent complication
- d. One- and one-half hours after instilling medication to allow for absorption

To ensure that medications are prepared and administered correctly, the nurse should:

- a. Give the medication without question



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- b. Use the patient's rights
- c. Give medication only when requested
- d. Use the FIVE rights

The nurse chooses to inject prescribed intramuscular medication into the ventrogluteal site. If the nurse selects the site correctly, the injection is administered into the.

- a. Hip
- b. Arm
- c. Thigh
- d. Buttock

500 mg of a drug is order. It is supplied with tablets of 1 gm per tablet. How many tablets should be administered?

- a. 0.5 tablet
- b. 1 tablet
- c. 1.5 tablet
- d. 2 tablets

The doctor order is 300 cc of normal saline solution, to be finished within 4 hours, how many drop/min you will regulate this IV (drop factor is 20 drop/minute).

- a. 10 drop/min
- b. 15 drop/min
- c. 25 drop/min
- d. 35 drop/min

All the following are used in Central Venous Catheter, EXCEPT:

- a. Clients require long term IV medication
- b. IV medications are irritating to peripheral veins
- c. Clients require short-term IV medication
- d. Difficult to insert peripheral catheter

In case of kerosene poisoning the best management is:

- a. Induce vomiting for patients
- b. Give kerosene antidote
- c. Give the patient water or milk to dilute the kerosene
- d. Give patient activated charcoal

One of your patients complains about the difficulty of breathing, all the following measures which help improve breathing EXCEPT:

- a. Put your patient in semi- fowler's position
- b. Teach patient breathing techniques
- c. Put the patient in prone position
- d. Give oxygen therapy

A pre-operative check list form that should be completed before surgery should be included which of the following?

- a. The surgical consent form



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- b. All laboratory tests
- c. Vital Signs
- d. All the above

The process of removing poisonous substances through gastric intubation is called:

- a. Gastric Lavage
- b. Gastric Gavage
- c. Gastric Decompression
- d. Gastric Tamponade

During the inflammation process, which of the following characteristics occur first:

- a. Swelling
- b. Pain
- c. Redness
- d. Decreased functioning

Of the following, which is the earliest signs of excessive pressure:

- a. Pale appearance of the skin
- b. Reddened appearance of the skin
- c. Ulcer formation on the skin
- d. Dark or cyanotic color to the skin

To prevent the formation of thrombi in the postoperative patient, the nurse should

- a. Teach foot and leg exercises
- b. Have the patient lie still
- c. Place pillows under the knee
- d. Lie in a lateral position

Paracentesis is best described as:

- a. The removal of fluid from the lung
- b. The removal of fluid or air from pleural cavity
- c. The removal of body fluid from the abdominal cavity
- d. The removal of secretion from the stomach

Which of the following is used to determine the activity of the brain:

- a. Electrocardiography
- b. Electromyography
- c. Electroencephalography
- d. Echocardiography

An infection that the patient acquires in the hospital is called:

- a. A local infection
- b. An endogenous infection
- c. A nosocomial infection
- d. A secondary infection

The nursing activity most likely to prevent the clogging of a nasogastric feeding tube is:

- a. Attaching the tubing to suction after each feeding

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- b. Clamping the tubing after formula feeding
- c. Flushing the tubing with water and clamping it after each feeding
- d. Aspirate as much as possible from the tubing using a 50 ml syringe

If a nasogastric tube has been misplaced in the trachea during preparation to obtain a gastric specimen, the nurse should anticipate that the patient will:

- a. Having difficulty breathing
- b. Swallow every few seconds
- c. Gage without relief
- d. Complaint of feeling nauseated

When planning Mr. Asem care (50 years) who demonstrates difficulty in breathing. Which of the following positions is most appropriate?

- a. On either side
- b. Flat on his back
- c. On his abdomen
- d. Mid-Flower's position

When an order reads that a drug is administered, how often should this drug be given?

- a. Every three hours
- b. Three times a day
- c. Four times a day
- d. Every other day

The following manifestations are commonly associated with a fever, EXCEPT:

- a. Headache
- b. Pinkish and red skin color
- c. Bradycardia
- d. Convulsions in infants and children

Dorsal recumbent position is used when performing the following procedures EXCEPT:

- a. Suppository insertion
- b. Cystoscopic examination
- c. Urinary catheter insertion
- d. Vaginal examination

All the following would be expected symptoms of CHF EXCEPT:

- a. Rapid, shallow, difficult breathing
- b. Pyuria
- c. Peripheral edema
- d. Pulmonary congestion

If a vial of Gentamycin contains 80 mg in 2 ml, the physician order is 16 mg every 8 hr., the nurse should give every time:

- a. 0.1 ml
- b. 0.2 ml
- c. 0.3 ml



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d. 0.4 ml

Blood and urine analysis confirm a diagnosis of salicylate overdose. The client is treated with gastric lavage. Which of the following positions would be most appropriate for the client during this procedure?

- a. Lateral
- b. Trendelenburg
- c. Supine
- d. Lithotomy

In anticipation of further emergency treatment for a client with salicylate overdose, which of the following medications should the nurse have available?

- a. Vitamin K
- b. Atropine sulfate
- c. Dextrose 50%
- d. Sodium thiosulfate

Thrombolytic drugs do which of the following?

- a. Dissolved clots
- b. Prevent recurrence of cholesterol deposit
- c. Work with nitroglycerin to relieve pain
- d. Decrease anxiety for MI patients

A major risk for anticoagulants and thrombolytic drugs is:

- a. Hypercalcemia
- b. Hypokalemia
- c. Hypotension
- d. Hemorrhage

The only insulin preparation that may be administered I.V is:

- a. Regular insulin
- b. NPH
- c. Insulin zinc suspension
- d. Ultralent

When aminophyllin administered rapidly, The following effects may result:

- a. Hypotension, bradycardia
- b. Hypertension, bradycardia
- c. Hypotension, tachycardia
- d. Hypertension, tachycardia

The drug of choice for typhoid fever is:

- a. Vancomycin
- b. Chloramphenicol
- c. Dalacin
- d. Erythromycin

All the following are side effects of vancomycin EXCEPT:



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- a. Ototoxicity
- b. Nephrotoxicity
- c. Neurotoxicity
- d. Hypotension

The which used for ulcerative colitis is:

- a. Salazopyrin
- b. Nystatin
- c. Penicillin
- d. Sulfa

All the following are effect of adrenergic drug EXCEPT:

- a. Increase heart rate
- b. Vasoconstriction
- c. Bronchospasm
- d. Respiratory stimulation

The action of ventolin is:

- a. Bronchospasm
- b. Vasoconstriction
- c. Vasodilatation
- d. Bronchodilation

The most important side effect of ventolin is:

- a. Nausea
- b. Vomiting
- c. Tachycardia
- d. Drowsiness

Symptoms of Acamol toxicity include:

- a. Nephrotoxicity
- b. Hepatotoxicity
- c. Ototoxicity
- d. Neurotoxicity

All the following are contraindication of antihistamines EXCEPT:

- a. Hypersensitivity
- b. Sneezing
- c. Pregnancy
- d. Comatose patient

Aspirin is classified as.

- a. Antipyretic
- b. Analgesic
- c. Anti-inflammatory
- d. All of the mentioned above

Flagyle is used to treat the following conditions EXCEPT:





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- a. Amebiasis and trichomonosis
- b. Amebic liver disease
- c. Pericarditis
- d. Amebic dysentery

A drug useful in treatment of Gout is:

- a. Zyloric acide
- b. Diclofen
- c. Colchicin
- d. Rufenal

Acute glomerulonephritis usually

- a. Occurs after urinary tract infection
- b. Occurs after a previous streptococcal infection
- c. Associated with vascular disorder
- d. Associated with congenital anomalies of the urinary tract

The clinical manifestations of nephrotic syndrome include

- a. Hematuria, proteinuria, weight gain
- b. Hematuria, albuminuria, fever
- c. Hypertension, proteinuria, weight loss
- d. Proteinuria, hypoalbuminemia, edema

The sickling process of RBCs occurs in the condition of

- a. Hemodilution
- b. Hypoxia
- c. Thrombocytopenia
- d. Hypocalcemia

All the following may present with a child complaining of Right congenital dislocation Hip EXCEPT

- a. Shortening of right leg
- b. Asymmetry of gluteal folds
- c. Lengthening of right leg
- d. Resistance in abducting the right leg

A child with epilepsy suddenly starts to convulse, your first action will be

- a. Notify the physician
- b. Put the child on his side
- c. Administer oxygen
- d. Administer anticonvulsant

A common finding in most children with congenital heart disease

- a. Mental retardation
- b. Delayed physical growth
- c. Clubbing of fingers
- d. Cyanosis



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When caring for the child with cystic fibrosis the nurse should:

- a. Perform postural drainage
- b. Encourage active exercise
- c. Preventing coughing
- d. Provide small frequent feedings

All the following may be side effects of phototherapy EXCEPT:

- a. Skin rash
- b. Dehydration
- c. Decreased temperature
- d. Lethargy

The nursing care of bronchiolitis will include the use of:

- a. Suctioning, increased fluid intake and administration of medication
- b. Careful administration of fluids and medications
- c. Suctioning and increasing fluid intake
- d. Careful observation, charting and suctioning

Comfortable position in the bed for patients having bronchial asthma is:

- a. Lying flat on his back
- b. Sitting upright in bed
- c. Lying on his abdomen
- d. Reclining on her left side

Which of the following nursing measures is most likely to help infants with cleft lips and palate on feeding:

- a. Bubble him at frequent interval
- b. Feed him a small amount at a time
- c. Place the nipple on the back of his tongue
- d. Hold him in a lying position while feeding him

The physician orders to give 500 ml. of I.V fluids every 10 hours, the drop factor is 60 drops/ml. How many drops of fluids should be infused each minute:

- a. 50 drops
- b. 25 drops
- c. 42 drops
- d. 63 drops

A newborn that needs recurrent suctioning of mucus from his mouth several hours after birth is suspected of suffering from:

- a. Tracheoesophageal fistula
- b. Hyaline membrane disease
- c. Bronchopneumonia
- d. Pharyngitis

Treatment of intussusception usually starts in the first 24 hours by

- a. Hydrostatic barium enema



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- b. Resection and anastomosis
- c. Surgery
- d. All of these

The primary sign of Esophageal atresia disease is:

- a. Excessive salivation
- b. Vomiting
- c. Constipation
- d. Abdominal distension

Patient complaining of Vomiting is at risk for:

- a. Respiratory acidosis
- b. Metabolic acidosis
- c. Respiratory alkalosis
- d. Metabolic alkalosis

Diet of celiac disease should be low in:

- a. Fat
- b. Fat soluble vitamins
- c. Sugar
- d. All of these

Diagnosis of celiac disease does all the following EXCEPT:

- a. Stool analysis
- b. xylose test
- c. Sweat test
- d. Intestinal biopsy

A newborn complaining of jelly like stool, this is a primary sign

- a. Hirschsprung disease
- b. Intussusception
- c. Tracheoesophageal fistula
- d. Pyloric stenosis

To diagnose the condition of Hirschsprung disease you should do:

- a. Rectal biopsy
- b. Stool analysis
- c. Intestinal biopsy
- d. Sweat test

All the following congenital cause of intestinal obstruction EXCEPT

- a. Pyloric stenosis
- b. Hirschsprung's disease
- c. Intussusceptions
- d. Imperforated anus



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The main cause of respiratory distress syndrome is:

- a. Unknown
- b. In adequate amount of surfactants
- c. Diabetes
- d. Fetal stress

The most common Bacterial organism which causes pneumonia is:

- a. Para influenza
- b. Deno organism
- c. Pneumococcus
- d. RSV

The goal for the nurse to children who have acute gastroenteritis is:

- a. Maintain hydration, electrolyte balance
- b. Take complete assessment from family
- c. Take V/S
- d. Give antibiotics

Water loss more than electrolytes, marked of Extra cellular and cellular edema called:

- a. Isonatremic dehydration
- b. Hyponatremic dehydration
- c. Hypernatremic dehydration
- d. None of the above

In bacterial meningitis all the following may be observed during CSF analysis results EXCEPT:

- a. high cells count
- b. high sugar
- c. high protein
- d. turbidity

When a female carrier of hemophilia marries a male who is free of the disease, the risk to their offspring for each pregnancy is what:

- a. All female children will be carriers of hemophilia
- b. Half the male children will have the hemophilia
- c. All male children will have the disease
- d. Half the female children will have hemophilia (NOT SURE)

The main cause of physiological jaundice in neonates is:

- a. Viral hepatitis
- b. Drug-induced hepatitis
- c. Immaturity of liver
- d. ABO incompatibility



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Which of the following is true concerning rheumatic fever?

- a. It is usually associated with glomerulonephritis
- b. Symptoms disappear shortly after the fever abates and the temperature returns to normal
- c. The child should resume normal activities as soon as she feels well
- d. It usually follows a streptococcal infection

A newborn has a meningomyelocele; the nurse should place him in which position:

- a. Semi-Fowler's
- b. Supine
- c. Prone
- d. None of the above is correct

All the following nursing measures may be done for a premature baby under phototherapy related to hyperbilirubinemia EXCEPT:

- a. Changing position frequently every two hours
- b. Unshielded gonads and eyes
- c. Monitoring body temperature
- d. Follow up serum bilirubin levels

All the following may present with Acute glomerulonephritis EXCEPT

- a. Bacteriuria
- b. Hematuria
- c. Proteinuria
- d. Oliguria

Treatment of sickle cell crises should include

- a. Correction of acidosis
- b. Fluids, oxygen
- c. Heparin, pain management
- d. Factor 8, adequate oxygen

All the following are major signs of rheumatic fever EXCEPT

- a. Carditis
- b. Polyarthrititis
- c. Chorea
- d. Arthralgia

For a child taking cortisone therapy, the primary goal will be

- a. Preventing infection
- b. Detecting evidence of edema
- c. Stimulating appetite
- d. Maintaining a good body image

Diagnosis of congenital heart disease usually through

- a. Cardiac catheterization
- b. Chest x-ray and ECG
- c. Echocardiogram



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d. All of the above

Management of bacterial meningitis may include all the following EXCEPT

- a. Isolation
- b. Oral antibiotics
- c. Quiet environment
- d. Monitoring convulsions

During postoperative assessment of the neonate, the nurse would look for which initial signs of hydrocephalus

- a. Distended scalp veins and vomiting
- b. Plugging fontanel and sunset eyes
- c. Increased head circumference and bulging fontanel
- d. Irritability and cry

A viral infection characterized by red blotchy rash and kolpik's spots in the mouth are:

- a. Rubeola
- b. Rubella
- c. Chicken pox
- d. Mumps

Orchitis and sterility in male result as serious complication of

- a. Rubella
- b. Measles
- c. Mumps
- d. Diphtheria

The most dangerous complication of untreated hypothyroidism is

- a. Mental retardation
- b. Hypertension
- c. Low weight gain
- d. Sensitivity to heat

Paranoid personality disorder is an example of:

- a. Cluster A personality disorder
- b. Cluster B personality disorder
- c. Cluster C personality disorder
- d. Cluster D personality disorder

All of the following are clinical symptoms that occur during anorexia nervosa EXCEPT.

- a. Behavioral symptoms
- b. Physical symptoms
- c. Psychological symptoms
- d. Endocrine symptoms

All of the following are indication to Electro-Convulsive Therapy (ECT) EXCEPT

- a. Severe depression



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- b. Catatonic schizophrenia
- c. Hyperactivity manic patients
- d. Epilepsy

Fatma female patient 30 years, admitted to psychiatric hospital with impulsivity feeling emptiness , difficult being alone ,with suicidal ideation , Fatma is experiencing:

- a. Borderline personality disorder
- b. Avoidant personality disorder
- c. Histrionic personality disorder
- d. Paranoid personality disorder

Chlorpromazine (Largactil) is :

- a. Antipsychotic
- b. Anti-anxiety
- c. Anti-depressant
- d. Anti Parkinsonism

Trihexyphenidyl hydrochloride (Aatrane) is:

- a. Antipsychotic
- b. Anti-anxiety
- c. Anti-depressant
- d. Anti-Parkinsonism

Which of the following phrases most accurately defines the term phobia:

- a. Persistent, irrational fear of an objectively non-threatening object or situation
- b. Repetitive, persistent, intrusive ideas, thoughts, images or impulses
- c. A specified set of rules governing the performance of ritual like behaviors
- d. A tendency to exhibit an exaggerated startle response even in non-threatening situations

An individual experience chronic anxiety that is: uncomfortable and intense, along with tension and somatic manifestation this person eventually seeks treatment, which of the following diagnosis most likely applied to him:

- a. Panic attack
- b. Panic disorder
- c. Generalized anxiety
- d. Depression

Hallucination is the following phrase EXCEPT :

- a. Occur only mentally
- b. Is misinterpretation of external stimuli
- c. Auditory hallucination associated with schizophrenia
- d. Visual hallucination suggests organic cause

All the following are mental health teams EXCEPT:

- a. Psychiatrist
- b. Psychiatric nurse
- c. Psychiatric social worker



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d. Family

All these etiology for schizophrenia EXCEPT:

- a. Increase dopamine level in the brain
- b. Family theory (double bind)
- c. Genetic
- d. Stress lifestyle

Formally known as hebephrenic schizophrenia characterized by insidious onset and silly called:

- a. Disorganized schizophrenia
- b. Paranoid schizophrenia
- c. Catatonic schizophrenia
- d. Residual schizophrenia

Ommar came to psychiatric hospital with family , Omar has witness on destruction event by Israeli occupation forces in last month , he has recurrent dreams of the event he became more irritable confuse with decrease concentration ,this case is:

- a. PTSD
- b. Schizophrenia
- c. Bipolar
- d. Panic attack

The main goal for management of ectopic pregnancy:

- a. To remove ectopic pregnancy and preserve productive function of the tube
- b. To restore fetuses in life
- c. To restore mother life
- d. To decrease mother pain

An Ultrasound is done to confirm that the client has an ectopic Pregnancy. The nurse explains that in an ectopic implantation of the fertilized ovum most commonly occurs in the.

- a. Intro uterine lining
- b. Ovary
- c. Fallopian tube
- d. Peritoneal cavity

Which of the following is true about the function of the amniotic fluid:

- a. It allows for growth and free movement of the fetus.
- b. It equalizes pressure and protects the fetus.
- c. It maintains a constant temperature for the fetus.
- d. All of the above

The following are true about the umbilical cord EXCEPT:

- a. It extends from the fetus to the placenta and transmits the umbilical vessels.
- b. It has two arteries and one vein.
- c. It has two veins and one artery.
- d. It is protected by Wharton's Jelly.

All the following are true about pre-eclampsia EXCEPT:





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- a. It occurs at multigravida and over 35 years of
- b. It is associated with hydatidiform mole, multiple pregnancy and maternal diabetics.
- c. Pathology is well known.**
- d. It is a disease of theories.

Fertilization usually occurs in the:

- a. Uterus
- b. Vagina
- c. Fallopian tube**
- d. Cervix

How many chromosomes do the mature ovum contain:

- a. 23 pairs
- b. 23 single chromosomes**
- c. 46 pair
- d. 46 single chromosomes

During the first 3 months, which of the following hormones is responsible for maintaining pregnancy?

- a. Human chorionic gonadotropin (HCG)
- b. Progesterone**
- c. Estrogen
- d. Relaxing

Which of the following symptoms are considered positive signs of pregnancy:

- a. Amenorrhea
- b. Frequency of urination
- c. Heaviness and tingling in breasts
- d. Ultrasound**

A pregnant client's last menstrual period began on October 12. The nurse calculates the estimated date of delivery (ED) as:

- a. June 5
- b. June 19
- c. July 5
- d. July 19**

A client with pregnancy-induced hypertension (PIH) probably exhibits which of the following symptoms?

- a. Proteinuria, headaches, and vaginal bleeding
- b. Headaches, double vision, and vaginal bleeding
- c. Proteinuria, headaches, and double vision**
- d. Proteinuria, double vision, and uterine contractions

The nurse is caring for a 16-year-old pregnant client. The client is taking an iron supplement. What should this client drink to increase the absorption of iron?

- a. A glass of milk



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- b. A cup of hot tea
- c. A liquid antacid
- d. A glass of orange juice

A client is in the 8th month of pregnancy. To enhance cardiac output and renal function, the nurse should advise her to use which body position?

- a. Right lateral
- b. Left lateral
- c. Supine
- d. Semi-Fowler's

A client who's 2 months pregnant complains of urinary frequency and says she gets up several times at night to go to the bathroom. She denies other urinary symptoms. How should the nurse intervene?

- a. Advise the client to decrease her daily fluid intake
- b. Refer the client to a urologist for further investigation
- c. Explain that urinary frequency isn't a sign of urinary tract infection (UTI)
- d. Explain that urinary frequency is expected during the first trimester

The nurse is assessing a pregnant woman. Which signs or symptoms indicate a hydatidiform mole?

- a. Rapid fetal heart tones
- b. Abnormally high (HCG) levels
- c. Slow uterine growth
- d. Lack of symptoms of pregnancy

During a routine prenatal visit, a pregnant client reports heartburn. To minimize her discomfort, should the nurse include which suggestion in the care plan?

- a. Eat small, frequent meals
- b. Limit fluid intake sharply
- c. Drink more citrus juice
- d. Take sodium bicarbonate

Which of the following is a characteristic of true labor contraction:

- a. Cervical dilatation does not occur
- b. Discomfort is usually located in the abdomen
- c. Contractions are more frequent and have some types of regular patterns
- d. Contraction may relieve by walking

Labor is divided into how many stages?

- a. Five
- b. Three
- c. Two
- d. Four

A multiparous client is admitted to the labor and delivery area with painless vaginal bleeding. Ultrasonography shows that an edge of her placenta meets but doesn't occlude the rim of the cervical os. This finding suggests:



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- a. Placenta previa
- b. A low-lying placenta
- c. Abruptio placentae.
- d. None of them

Which of the following should be the nurse's initial action immediately following the birth of the baby?

- a. Aspirating mucus from the infant's nose and mouth
- b. Drying the infant to stabilize the infant's temperature
- c. Promoting parental bonding
- d. Identifying the newborn

Which of the following describes the rationale for administering vitamin K to every newborn?

- a. Infants don't receive the clotting factor in uterus.
- b. The infant lacks intestinal flora to make the vitamin.
- c. It boosts the minimal level of vitamin K found in the infant.
- d. The drug prevents the development of phenylketonuria (PKU).

The third stage of labor ends with which of the following?

- a. The birth of the baby
- b. When the client is fully dilated
- c. After the birth of the placenta
- d. When the client is transferred to her postpartum bed

Which of the following would the nurse expect to assess as presumptive signs of pregnancy?

- a. Amenorrhea and nausea & vomiting
- b. Uterine enlargement and Chadwick's sign
- c. A positive pregnancy test and a fetal outline
- d. Braxton Hicks contractions and Hegar's sign

A Diabetic patient was amputated following an unexpected necrosis on the right leg, he sustained and undergone BK He then underwent therapy on how to use his new prosthetic leg. this is a type of what level of prevention?

- a. Primary
- b. Secondary
- c. Tertiary
- d. None of the above

All the following are live attenuated vaccine EXCEPT

- a. Mumps
- b. Sabine
- c. Pertussis
- d. BCG

The best temperature to keep vaccine in refrigerator is

- a. 2-8 ° C
- b. 2-4 ° C



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- c. 0-10 ° C
- d. 0-6 ° C

The best site for BCG vaccine administration is

- a. Intramuscular
- b. Subcutaneous
- c. Intradermal
- d. Oral

Which of the following are primary causes of death among infant stage

- a. Congenital anomalies
- b. Sudden infant death syndrome
- c. Respiratory distress syndrome
- d. All the above

Which of the following vaccines never be frozen

- a. DTP
- b. BCG
- c. Measles
- d. MMR

Which the following vaccine are given to protect from Diphtheria and tetanus disease . it should be suitable for children old than six year and pregnant woman

- a. TT
- b. DT
- c. Td
- d. DTP

The incidence rate of a disease refers to:

- a. The measurement of the existing number of cases identified in each population
- b. Measurement of the number of new cases identified in each period
- c. How the community health nurse determines the risk factors of the disease
- d. The measurement of the entire population at risk in designed are

Palestinian health care system consider :

- a. Social welfare system
- b. Free enterprise system
- c. Transition system
- d. Comprehensive system

One advantage of the home visit for the community health nurse includes:

- a. Being able to control environmental distraction.
- b. Understanding client lifestyle is easier in family residence.
- c. Client transportation concerns are a non-relevant personal situation.
- d. None of the above.

Immunization is an example of:

- a. Active natural immunity



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- b. Active artificial immunity
- c. Passive natural immunity
- d. Passive artificial immunity

The preventive services in which a special test or standardized examination procedure is used to identify patients requiring special intervention called

- a. Screening
- b. Promotion
- c. Prevention
- d. Evaluation

Crude mortality rate may be defined as :

- a. Number of deaths occurring in a calendar year per the number of the total population during the same period multiplied by 1000
- b. Number of deaths of infants under 1 year of age per 1000 live births
- c. Number of deaths of a woman while pregnant per 1000 number of live births
- d. Number of deaths occurring in a calendar year per the number of the total death of population during the same period multiplied by 100000

The host, environment and agent are constituting part of the

- a. Wheel model
- b. Epidemiological cycle
- c. Epidemiological triangle
- d. Prospective study

(BSN ONLY) Which the following phrases best serves as a definition of epidemiology

- a. Science that with the incidence , distribution, determinate and control of health and illness in population
- b. Science that with the incidence and prevalence of disease among population
- c. Science that studies specific diseases develop in the population
- d. None of the above

A female client undergoes yearly mammography. Is this a type of what level of prevention?

- a. Primary
- b. Secondary
- c. Tertiary
- d. None of the above

Estimate the burn size using the rule of nines, if the client burned at anterior chest, abdomen and left arm:

- a. 27%
- b. 36%
- c. 9%
- d. 18%



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What is the main route of transmission of this hepatitis B virus?

- a. Sputum
- b. Feces
- c. Blood
- d. Urine

A nurse caring for a client with deep vein thrombosis must be especially alert for complications such as pulmonary embolism. Which findings suggest pulmonary embolism?

- a. Nonproductive cough and abdominal pain
- b. Hypertension and lack of fever
- c. Bradypnea and bradycardia
- d. Chest pain and dyspnea

A client is undergoing an extensive diagnostic workup for a suspected GI problem. The nurse discovers that the client has a family history of ulcer disease. Which blood type also is a risk factor for duodenal ulcers?

- a. Type A
- b. Type B
- c. Type AB
- d. Type O

The primary mode of transmission for hepatitis B is:

- a. Sexual contact
- b. The oral – fecal
- c. Contaminated food or milk products
- d. Blood

Is the pain associated with Myocardial Infarction (MI), due to?

- a. Impending circulatory collapse
- b. Extracellular electrolyte imbalance
- c. Left ventricular overload
- d. Insufficient oxygen reaching the heart muscles

Which of the following clinical manifestations would be an early and most sensitive indicator of deterioration in the client's neurological status?

- a. Widening pulse pressure
- b. Decrease in the pulse pressure
- c. Otorrhea and rhinorrhea
- d. Decrease in level of consciousness

All of the following may induce angina pectoris EXCEPT:

- a. Light meal
- b. Exposed for cold
- c. Stress or emotion upset
- d. Physical exercise

Evaluation of the effectiveness of cardiac nitrates is based on:



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- a. Relief of angina pain
- b. Decrease in blood pressure
- c. Improved cardiac output
- d. Dilation of superficial blood vessels

Which of the following is a false statement in relation to ECG?

- a. The P wave is represents depolarization of the atrium.
- b. The QRS wave is represents repolarization of the ventricle.
- c. The T wave follows the S wave and represents ventricular relaxation.
- d. The U wave represents repolarization of purkinje fibers.

All of the following is considered as a clinical manifestation of hypovolemia, EXCEPT:

- a. Decrease skin turgor
- b. Hypotension
- c. Oliguria
- d. Strong, rapid pulse

Which if the following is/are complication of fluid therapy:

- a. Hypotension
- b. Circulatory overload
- c. Allergic reaction
- d. All of the above

All of the following considered as the most common life threatening complication for a patient with renal failure EXCEPT:

- a. Acute pulmonary edema
- b. Hyperkalemia
- c. Metabolic alkalosis
- d. Cardiac arrhythmia

After patient return from barium swallow the nursing action include:

- a. Increase fluid in take
- b. Keep pt. N.P.O until pass stool
- c. Complete bed rest
- d. Assess the level of consciousness

Which of the following does the liver require for the synthesis of prothrombin?

- a. Vitamin B12
- b. Vitamin D
- c. Vitamin K
- d. Ketones

One of the functions of the gallbladder is:

- a. Storage and production of bile
- b. To store white blood cells
- c. To produce vitamin D
- d. To reabsorb bile salts



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Which of the following occupations is at the greatest risk for contracting hepatitis B?

- a. Flight attendants
- b. Fire fighters
- c. Health care workers
- d. Educators

In a typical patient with cholecystitis, beside localized pain, in what other area might the patient report feeling pain?

- a. Left upper arm
- b. Neck or jaw
- c. Lower abdomen
- d. Right shoulder

The patient has a gallstone blocking the bile duct. with what symptoms will the patient report feeling pain?

- a. Increased bilirubin levels in the blood
- b. Increase in appetite
- c. Weight gain
- d. Constipation

In type II non-insulin diabetes mellitus (NIDDM), the patient demonstrates the following characteristics:

- a. A need for insulin for life
- b. Usually obesity at diagnosis
- c. Islet cell antibodies
- d. Decrease in insulin resistance

The nurse teaches the newly diagnosed patient with diabetes mellitus that which of that which of the following guidelines will decrease the body's need for insulin?

- a. Sleep
- b. Exercise
- c. Stress
- d. Low-fat diet

Usually the first symptom associated with esophageal disease is:

- a. Dysphagia
- b. Pain
- c. Malnutrition
- d. Regurgitation

The most common complication of peptic ulcer disease is:

- a. Hemorrhage
- b. Perforation
- c. Intractable ulcer
- d. Pyloric obstruction





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On physical examination the nurse should be looking for tenderness on palpation at Mc Burney's point, which :

- a. Left lower quadrant
- b. Right lower quadrant**
- c. Left upper quadrant
- d. Right upper quadrant

A symptom or symptoms suggestive of acute appendicitis is(are):

- a. Appositive rovsing
- b. Increase abdominal pain with coughing
- c. Tenderness around the umbilicus
- d. All of the above**

Before a gastroscopy the nurses should inform the patient that:

- a. He must fast for 6 to 8 hours before the exam
- b. After gastroscopy, he will not be given anything to eat or drink until his gag reflex results
- c. His throat will be sprayed with a local anesthetic
- d. All of the above will be necessary**

The purpose of the cilia is to:

- a. Produce mucus
- b. Contract smooth muscle
- c. Phagocyte bacteria
- d. Move the mucous**

Nursing responsibilities before the thoracentesis should include:

- a. Encourage pt. to refrain coughing
- b. Making sure that the pt. immobilized during the procedure
- c. Seeing that the consent from has been explained and signed
- d. All of the above**

Clinical manifestation of tonsillitis included:

- a. Hypertrophy of tonsils**
- b. Repeated attacks of otitis media
- c. Suspected hearing loss
- d. All of the above

The functional units of the kidneys are the:

- a. Nephrons**
- b. Renal capsules
- c. Renal pyramids
- d. Convuluted tubules

An important function of the kidneys is:

- a. Ammonia retention
- b. Phosphate retention
- c. Glucose elimination



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d. Acid elimination

A 73-year-old male patient has a urethral obstruction related to prostatic enlargement. The nurse is aware this may result in:

a. Urinary tract infection

b. Enuresis

c. Polyuria

d. Proteinuria

A patient has asked the nurse what test the physician has ordered to measure the effectiveness of his or her renal function. Which is the appropriate response?

a. Urine-specific gravity

b. Urine osmolality

c. Serum creatinine

d. Blood urea nitrogen to creatinine ratio

A male patient has a catheter, and the nurse suspects he has a bladder infection. What may be the most likely cause of bladder infection in a patient with a catheter?

a. Irrigation of the catheter

b. Maintenance of the closed drainage system

c. Emptying the Foley bag

d. Emptying the Foley bag without applying gloves

Which of the following symptoms are characteristic of Addison's disease?

a. Truncal obesity

b. Hypertension

c. Muscle weakness

d. "Moon" face

Which of the following menu items would be the best source of iodine, which supports the function of the thyroid?

a. Eggs

b. Strawberries

c. Table salt

d. Red meat

Nursing care for the patient with hypothyroidism would include which action as a priority?

a. Encourage the patient to participate in activities as tolerated.

b. Keep the patient's room temperature cool

c. Provide frequent high-calorie meals

d. Teach about alcohol and stimulants

The nurse teaches the patient who is prescribed corticosteroid therapy that:

a. Her diet should be low protein with ample fat

b. There will be no change in appearance

c. She is at an increased risk for developing infection

d. She is at a decreased risk for development of thrombophlebitis and thromboembolism



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Which of the following proteins, common to the epidermis, is believed to play a significant role in forming the outer barrier of the skin?

- a. Keratin cells
- b. Melanocytes
- c. Merkel cells
- d. Langerhans' cells

What makes up the largest portion of the skin?

- a. Rete ridges
- b. Epidermis
- c. Dermis
- d. Subcutaneous tissue

In a 75-year-old woman with a diagnosis of a CVA, which of the following nursing assessments is indicative of a CVA?

- a. Facial droop
- b. Facial edema
- c. Increase in blood pressure
- d. Noncompliance with the treatment regimen

The electrical conduction of the heart usually originates in the SA node. Which of the following sequences completes the conduction?

- a. SA node to Bundle of HIS to AV node to Purkinje fibers
- b. SA node to AV node to Purkinje fibers to Bundle of HIS
- c. SA node to bundle of HIS to Purkinje fibers to AV node
- d. SA node to AV node to bundle of HIS to Purkinje fibers

A patient is diagnosed as having damage to the layer of the heart responsible for the pumping action. The nurse is aware the damage is in the:

- a. Endocardium
- b. Pericardium
- c. Myocardium
- d. Visceral pericardium

A nurse finds the patient's systolic pressure as 122 mm Hg and the diastolic pressure as 75 mm Hg. The pulse pressure would be:

- a. 57
- b. 60
- c. 54
- d. 47

An adult patient has damage to the electrical conduction of the ventricles of the heart. The nurse would expect to see changes in the:

- a. P wave
- b. U wave
- c. QRS complex
- d. T wave



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The most appropriate intervention for the nurse to take when a patient develops chest pain related to angina is:

- a. To discontinue the oxygen if in use
- b. To have the patient walk to see if pain is relieved with activity
- c. To have the patient sit or rest immediately
- d. To remove the nitroglycerin patch immediately

A patient with CHF is displaying symptoms such as dry hacking cough, fatigue, and a slight increase in today's weight. The most appropriate position for the patient to be placed in is:

- a. Supine
- b. Low Fowler's
- c. High Fowlers with feet dangling
- d. Left lateral

Which of the following defines orthopnea?

- a. Difficulty ambulating
- b. Difficulty breathing with movement
- c. Difficulty breathing while sitting upright
- d. Difficulty in breathing when lying flat

The most reliable sign of cardiac arrest is:

- a. Absence of pulse
- b. Absence of breathing
- c. Unconsciousness
- d. ECG

The target goal for a patient's blood pressure when being treated for hypertension is:

- a. 140/90 or lower
- b. 165/90 or lower
- c. 130/100 or lower
- d. 150/80 or lower

All of the following are normally present in urine result EXCEPT:

- a. Ure
- b. Createnin.
- c. Albumin.
- d. Sodium.

All of the following are etiologic factors of fluid volume deficit except:

- a. Vomiting
- b. Diarrhea
- c. Renal failure
- d. Excessive sweating

All of the following are most common complications postoperatively except:

- a. Hemorrhage
- b. Tonsillitis



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- c. Wound infection
- d. Pain

All of the following are clinical manifestations of fluid volume excess except:

- a. Edema
- b. Oligurea
- c. Distended neck veins
- d. Increased CVP

Apnea is medical term means:

- a. Rapid pulse
- b. Increase body temperature
- c. Stop breathing
- d. Low blood pressure

All of the following are nursing actions during preoperative nursing care except:

- a. Observe incisional site
- b. Remove hairpins and hairpieces
- c. Remove jewelry and prostheses
- d. Assess all vital signs

Signs and symptoms of Hypovolemic shock are all of the following except:

- a. Tachycardia
- b. Hypertension
- c. Pallor and cyanosis
- d. Tachypnea

Normal Saline 0.9% solution is considered as which of the following:

- a. Isotonic solution
- b. Hypotonic solution
- c. Hypertonic solution
- d. Non of the above

When blood sugar level is above normal range, this means that patient has:

- a. Hypotension
- b. Hypoglycemia
- c. Hyperglycemia
- d. Bradycardia

The most important thing should be done after any nursing action is:

- a. Documentation
- b. Nursing diagnosis
- c. Planning
- d. All of the above

All of the following are assessment sites for body temperature except:

- a. Oral Site.
- b. Rectal Site.



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- c. Axillary Site.
- d. Apical

Mr. Ashraf aged 35 years old, his pulse rate is found to be 120 bpm. His heart rate could be described as:

- a. Tachypne
- b. Tachycardia
- c. Bradypnea
- d. Bradycardi

Which of the following factors are affecting body temperature:

- a. Food intake.
- b. Age and Gender
- c. Climate.
- d. All of the above

The condition in which a person is aware of his or her own heart beats is called:

- a. Palpitation.
- b. Dysrhythmi
- c. Pulse rhythm.
- d. Arrhythmi

The condition in which the body temperature is above the average normal is called:

- a. Bradypnea
- b. Fever.
- c. Hypertension.
- d. Hypothermi

Which of the following best describes the technique of palpation:

- a. The use of the sense of hearing to listen for sounds.
- b. The use of tapping on a particular part of the body to produce sounds.
- c. The use of the senses to evaluate general appearance of the patient.
- d. The sense of touch to feel the body by slight or deep pressure.

Inhalation or inspiration means:

- a. Stop breathing.
- b. Difficult breathing.
- c. Breathing out.
- d. Breathing in.

Normal body temperature is ranging from:

- a. 35.8 – 37.4 C
- b. 34.5 – 36.5 C
- c. 35.0 – 38.0 C
- d. 36.5 – 38.5 C



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Pulse pressure is defined as which of the following:

- a. Difference between systolic and diastolic pressure.
- b. Expansion of the artery as blood moves through it.
- c. Difference between arterial and venous pressure.
- d. Difference between venous and systolic pressure.

Sleep is defined as:

- a. A state of arousable unconsciousness.
- b. A state of emotional rest and excessive sleepiness.
- c. A state of drowsiness and decreased activity.
- d. A state of decreased activity and mental stimulation.

Unoccupied bed making means:

- a. Changing linen when the patient remains in the bed
- b. Changing linen when the bed empty.
- c. State in which a person is relieved of distress.
- d. None of the above.

The advantage of use head to toe approach when you assess the patient:

- a. It is difficult to detect the disease or problem.
- b. It helps to prevent overlooking some aspect of data collection.
- c. It increase the number of position changes.
- d. It takes more time.

The most accurate time for measuring pulse rate is:

- a. 30 seconds.
- b. 15 seconds.
- c. 60 seconds.
- d. 45 seconds.

Normal respiratory rate at rest per minute in adults is ranging from:

- a. 10-14.
- b. 12-20.
- c. 20-25.
- d. 20-30.

Practices that promote health through personal cleanliness is called:

- a. General appearance.
- b. Self image.
- c. Insomni
- d. Hygiene.

All of the following are therapeutic bathes except:

- a. Shampooing bath.
- b. Whirlpool bath,
- c. Medicated bath.
- d. Sitz bath.



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Orthopnea is defined as:

- a. Breathing facilitated by sitting or standing up.
- b. Absence of breathing.
- c. Rapid breathing.
- d. Difficult breathing.

Which of the following is a form of radiography:

- a. Fluoroscopy.
- b. Contrast medium.
- c. T. Scan
- d. All of the above

The examination that indicates physical inspection of the vagina and cervix with palpation of uterus and ovaries is called:

- a. A Pap test.
- b. Electrocardiography.
- c. Pelvic examination.
- d. Paracentesis.

Procedure that involves the insertion of a needle between lumbar vertebra in the spine but below the spinal cord itself is called:

- a. Lumber puncture.
- b. Paracentesis.
- c. Pelvic Examination.
- d. Electromyography.

Which of the following is considered as a benefit of bathing:

- a. Improving self image.
- b. Eliminating body odor.
- c. Stimulating circulation.
- d. All of the above.

The patient is reclining on back with the feet elevated in metal support, this position is called:

- a. Knee-Chest position.
- b. Lithotomy position.
- c. Modified Standing position.
- d. Sims position.

Exchange of oxygen and carbon dioxide when taking air in and out of the chest is:

- a. Respiration.
- b. Circulation.
- c. Blood pressure.
- d. None of the above.

Ventilation means:

- a. Movement of air in and out of the chest.
- b. Movement of air out of the chest.





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- c. Movement of air in the chest.
- d. Non of the above.

All of the following are common factors that invalidated examination or test results except:

- a. Inadequate specimen volume.
- b. Failure to send the specimen in a timely manner.
- c. Correct diet preparation.
- d. Insufficient bowel cleansing.

All of the following are physical assessment techniques except:

- a. Inspection.
- b. Percussion.
- c. Puncturing.
- d. Palpation

All of the following are post procedural nursing responsibilities except:

- a. The nurse has to attend the patient for comfort and rest.
- b. Care of specimens.
- c. Assist the examiner.
- d. Record and report of information.

A patient is prepared for hemodialysis. He receives heparin before therapy before primarily to help:

- a. Relieve discomfort
- b. Prevent blood clotting
- c. Maintain blood pressure
- d. Stimulate the production of urine

Another name for a stone in the urinary tract is:

- a. Calix
- b. Calculus
- c. Calcemia
- d. Calcitonin

Urine that remains in pt's bladder after he voids is called:

- a. Reflux urine
- b. Over flow urine
- c. Retention urine
- d. Residual urine

Which of the following conditions does not predispose the development of renal failure:

- a. Mismatched blood transfusion
- b. Sever dehydration
- c. Septicemia
- d. Cerebrovascular accident (CVA)

Which of the following terms is used to indicate total urine out put of less than 50 ml in 24 hours:

- a. Anuria



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- b. Oliguria
- c. Dysuria
- d. Polyuria

Which of the following terms refers to a disorder characterized by proteinuria, edema, hypoalbuminuria, and hyperlipidemi

- a. Pyelonephritis
- b. Interstitial cystitis
- c. Nephrotic syndrome
- d. Glomerulonephritis

The name of the procedure for the removal of urinary bladder stone is:

- a. Cystolithiasis
- b. Cystolithectomy
- c. Cystometry
- d. Cystoextraction

Patients who are receiving hemodialysis for ESRD (end stage renal failure), are especially prone to develop:

- a. Peritonitis
- b. Renal calculi
- c. Bladder infection
- d. Serum hepatitis

After the IVP, the nurse should anticipate incorporating which of the following measures into the client plan of care:

- a. Maintaining bed rest.
- b. Encouraging adequate fluid intake.
- c. Assessing for hematuria
- d. Administering laxatives.

The nurse should instruct the female to reduce the recurrent UTI as the following:

- a. Cleanse around the perineum with front to back cleansing.
- b. Wash genitalia in tub bath.
- c. Drink alittle amount of flui
- d. Non of the above.

Acetyl calsilic acid (Aspirin) contraindicated to be given in:

- a. Pt. with hemorrhage.
- b. Severe headack.
- c. Heart disease
- d. Rheumatic fever

Gentamicin is:

- a. Broad spectrum antibiotics.
- b. Antimetabolite.
- c. Aminoglycocides



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d. A and c

Paracetamole is:

- a. Analgesi
- b. Antipyreti
- c. Antibiotic
- d. A and B

All of the following are analgesics except:

- a. Diclofin
- b. Flagyl
- c. Acamol
- d. Aspirin

Pt. with head trauma should have all the following treatment except:

- a. IV line catheter
- b. IV fluid
- c. Sedatives
- d. Oxygen

You should instruct the Pt. when taking Prothiasin:

- a. To take it after 2 hours of meal
- b. To void after 2 hours
- c. Not to drive his care
- d. Don't worry about vomiting

Diclofin is:

- a. Antipyretic
- b. Non steroidal anti-inflammatory drug
- c. A and B
- d. Non of the above

Insertion of a tube through the nose into the stomach called:

- a. Orogastric intubation.
- b. Nasogastric intubation.
- c. Nasointestinal intubation.
- d. Transabdominal tube.

Lavage is:

- a. Giving nourishment by tube.
- b. Surgical opening in the stomach.
- c. Removing substances from the stomach.
- d. Non of the above.

Normal color of urine is:

- a. Urine has no color.
- b. Bright red color.
- c. Light yellow.



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- d. Light green.

Urinary elimination process means:

- a. The process of re-absorption of water and minerals in the kidney.
- b. The process of urine collection in the human bladder.
- c. The process of releasing excess fluid and metabolic wastes.
- d. The process of urine assessment by the lab technicians.

Measurement of the NGT as:

- a. From neck to nose to epigastric region.
- b. From shoulder to nose to zephoid process.
- c. From ear to nose to zephoid process.
- d. From mouth to nose to zephoid process.

Substances associated with childhood poisoning include all of the following except:

- a. Drugs.
- b. Cleansing agents.
- c. Fresh food
- d. Cosmetics.

For all the following poisoning situation induce vomiting and gastric lavage recommended except:

- a. Food poisoning.
- b. Drug poisoning .
- c. Caustic and corrosive poisoning.
- d. Plant poisoning.

Pain transmittion begins by stimulation of:

- a. Nerve plexus.
- b. Nerve receptors.
- c. Spinal cor
- d. Skin.

Blood pH normal range:

- a. 7.25 – 7.30
- b. 6.40 – 7.00
- c. 7.75 – 8.00
- d. 7.35 – 7.45

Promotion of oxygenation could be occur by:

- a. Maintain airway open
- b. Positioning (sitting or fowler)
- c. Oxygen supply.
- d. Breathing techniques.
- e. All of the above.
- f. Non of the above.

Peri-operative period means:

- a. Total period before surgery



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- b. Total period after surgery
- c. Total period of (before, during and after surgery)
- d. Non of the above

All the following factors are considered when selecting a syringe and needle except:

- a. Depth of the tissue
- b. Family history
- c. Type of the drug
- d. Size of the patient

All the following routes of administration considered parenteral routes except:

- a. Intradermal
- b. IV
- c. SC
- d. Otic
- e. Intrjoint
- f. Ophthalmic
- g. Both d and f

IV bolus administration means:

- a. Given drug IV in short period.
- b. Given drug IV in along period.
- c. Given drug IV by infusion.
- d. Given drug IV quickly without dilution

Z-Tract technique used in:

- a. Deep intramuscular injection
- b. Irritant drugs
- c. Both a and b
- d. Neither a nor b

All the following IM injection sights except:

- a. Dorsogluteal
- b. Forearm
- c. Ventrogluteal
- d. Vastus lateralis
- e. Deltoid

In case of meningitis, the CSF examination will be :

- a. Low protein level.
- b. Low glucose level.
- c. Clear appearance.
- d. Decrease CSF pressure.

All the following are potential complication of meningitis Except:

- a. Seizures.
- b. Cerebral infarction or abscess.



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- c. Myocardial infarction.
- d. Subdural effusion.

All the following is clinical manifestation of a cute glomerulonephritis Except :

- a. Brown colored urine
- b. Weight loss.
- c. Malaise.
- d. Hypertension

All of the following are considered congenital a cyanotic heart disease Except:

- a. Ventricular septal defect (VSD)
- b. Tricuspid atresi
- c. Coarctation of aorta
- d. Patent ductus arterioses.

Tetorolgy of fallot is characterized by all of the following Except:

- a. Right ventricular hypertrophy.
- b. Pulmonary stenosis
- c. Ventricular septal defect.
- d. Atrial septal defect.

Kerning's sign is manifestation for:

- a. Wiliam's tumor Encephalitis
- b. Acute Rheumatic Fever.
- c. Encephalitis
- d. Meningitis

All of the following are cardinal signs of nephrotic syndrome Except:

- a. Hypoalbuminemia
- b. Proteinuria
- c. Hypocholesterolemia
- d. Edema

A full-term pregnancy normally ranges between:

- a. 37-40
- b. 38-42
- c. 38-44
- d. 36-40

Morning sickness is caused by:

- a. Vitamin deficiency
- b. Exhaustion
- c. Pregnancy hormones
- d. Twins pregnancy

During what phase of the menstrual cycle is an egg (ovum) released?

- a. Ovulation
- b. Gestation



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- c. Luteal
- d. Mittelschmerz
- e. Incubation

What does amenorrhea mean?

- a. Painful menstruation
- b. Menstrual cycle where ovulation does not occur
- c. Absence of menstrual period
- d. Heavy bleeding during menstruation

When the foetus is growing inside the uterus it needs nutrients. What provides these nutrients?

- a. Placenta
- b. Amniotic sac
- c. Uterus
- d. Oviduct

Why is breast milk important to a newly born baby?

- a. It is the right temperature for the baby
- b. It is made by its own mother so it is matched to its needs
- c. It contains antibodies that protect against common microorganisms
- d. It tastes better than bottle milk

HCG is an acronym for what?

- a. Human cloning gene
- b. Human cell gamete
- c. Human chorionic gonadotropin
- d. Human corpus growth

The family structure consisting of parents and their dependent children living together is known as a(n):

- a. Binuclear family
- b. Reconstituted family
- c. Nuclear family
- d. Extended family

Adolescents are at a greater risk for injury from:

- a. Poisoning and child abduction.
- b. Automobile accidents, suicide, and substance abuse.
- c. Home accidents.
- d. Physiological changes of aging.

The patient lying face down is called:

- a. Supine
- b. Prone
- c. Fowler's
- d. Lateral



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Which of the following has had the greatest impact on reducing infant mortality in the United States?

- a. Improvements in perinatal care
- b. Decreased incidence of congenital abnormalities
- c. Better maternal nutrition
- d. Improved funding for health care

Which of the following is FALSE concerning gestational diabetes in mothers-to-be?

- a. The diabetes usually disappears after birth
- b. Their babies may experience hypo-glycemia after birth
- c. Their babies are commonly born with breathing difficulties
- d. Their newborns tend to be underweight

What is polyhydramnios?

- a. Excessive vomiting during pregnancy
- b. Excessive maternal hair growth
- c. Excessive maternal swelling
- d. Excessive fluid around the fetus

Preeclampsia is another possible complication of pregnancy. Which of the following is NOT characteristic of preeclampsia?

- a. Protein in the urine
- b. High blood pressure
- c. Vaginal bleeding
- d. Swelling

Pregnancy Lasts on average

- a. 280 days from last period
- b. 37 weeks
- c. 42 weeks
- d. 40 weeks
- e. a & c

Which nutrient has been proven to prevent birth defects?

- a. Folic acid
- b. Pantothenic acid
- c. Manganese
- d. Riboflavin

Which of the following vitamins helps the body absorb iron?

- a. Vitamin C
- b. Riboflavin
- c. Vitamin E
- d. Vitamin A

When will the baby first recognize his mother visually?

- a. From birth





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- b. 3 to 4 weeks
- c. 3 to 4 months
- d. 6 to 8 months

Antibodies in milk protect the baby against problems with:

- a. Vision
- b. Gastrointestinal tract
- c. Respiratory system
- d. B and C

The nurse Midwife is an advanced practice nurse who:

- a. Provides care to childbearing women during preconception, prenatal, labor and delivery, and postpartum periods.
- b. Transports and cares for sick and injured patients in emergency situations and during the transport of patients from one patient care facility to another.
- c. Performs pharmaceutical, medical, and nursing research.
- d. Helps create public health policies.

A newborn loses heat through:

- a. Evaporation
- b. Conduction
- c. Convection
- d. Radiation
- e. Insensible water loss through skin, feces, urine, respiration
- f. All of the above

8-Premature separation of the normally implanted placenta is

- a. Placenta accrete
- b. Placenta previa
- c. Placenta percreta
- d. None of the above

Treatment with hormone replacement therapy

- a. Should always include a progestagen.
- b. Reduces the incidence of cardiovascular disease in post-menopausal women.
- c. Is not beneficial unless given within one year of the menopause.
- d. Should not result in vaginal bleeding.
- e. Is of no benefit unless given for longer than ten years.

Immediate post-partum hemorrhage is associated with

- a. Retained placent
- b. lacerations or tears of the cervix.
- c. Ritodrine administration.
- d. Uterine atony.



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Placenta previa is

- Premature separation of the normally implanted placenta before the birth of the fetus.
- The abnormal implantation of the placenta in the lower uterine segment, partially or completely
- A placenta that attaches itself too deeply and too firmly into the wall of the uterus.
- Placenta that bleeds all the pregnancy period

An infant is brought to the clinic by his mother, who has noticed that he holds his head in an unusual position and always faces to one side. Which of the following is the most likely explanation?

- Torticollis, with shortening of the sternocleidomastoid muscle.
- Craniosynostosis, with premature closure of the cranial sutures
- Plagiocephaly, with flattening of one side of the head
- Hydrocephalus, with increased head size.

An adolescent brings a physician's note to school stating that he is not to participate in sports due to a diagnosis of Osgood Schlatter disease. Which of the following statements about the disease is correct?

- The condition was caused by the student's competitive swimming schedule.
- The student will most likely require surgical intervention.
- The student experiences pain in the inferior aspect of the knee.
- The student is trying to avoid participation in physical education.

The clinic nurse asks a 13-year-old female to bend forward at the waist with arms hanging freely. Which of the following assessments is the nurse most likely conducting?

- Spinal flexibility.
- Leg length disparity.
- Hypostatic blood pressure.
- Scoliosis

A clinic nurse interviews a parent who is suspected of abusing her child. Which of the following characteristics is the nurse least likely to find in an abusing parent?

- Low self-esteem
- Unemployment.
- Self-blame for the injury to the child
- Single status.

A nurse in the emergency department is observing a 4-year-old child for signs of increased intracranial pressure after a fall from a bicycle, resulting in head trauma. Which of the following signs or symptoms would be cause for concern?



**MEDITHEN AI**



- a. Bulging anterior fontanel.
- b. Repeated vomiting.**
- c. Signs of sleepiness at 10 pm.
- d. Inability to read short words from a distance of 18 inches.

A patient who has been diagnosed with vasospastic disorder (Raynaud's disease) complains of cold and stiffness in the fingers. Which of the following descriptions is most likely to fit the patient?

- a. An adolescent male.
- b. An elderly woman
- c. A young woman.**
- d. Elderly man.

23-year-old patient in the 27th week of pregnancy has been hospitalized on complete bed rest for 6 days. She experiences sudden shortness of breath, accompanied by chest pain. Which of the following conditions is the most likely because of her symptoms?

- a. Myocardial infarction due to a history of atherosclerosis.
- b. Pulmonary embolism due to deep vein thrombosis (dvt).**
- c. Anxiety attack due to worries about her baby's health.
- d. Congestive heart failure due to fluid overload

Thrombolytic therapy is frequently used in the treatment of suspected stroke. Which of the following is a significant complication associated with thrombolytic therapy?

- a. Air embolus.
- b. Cerebral hemorrhage.**
- c. Expansion of the clot.
- d. Resolution of the clot.

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- b. Repeated vomiting.
- c. Signs of sleepiness at 10 pm.
- d. Inability to read short words from a distance of 18 inches.

A nonimmunized child appears at the clinic with a visible rash. Which of the following observations indicates the child may have rubella (measles)?

- a. Small blue-white spots are visible on the oral mucosa.
- b. The rash begins on the trunk and spreads outward.
- c. There is low-grade fever.
- d. The lesions have a teardrop or rose petal appearance.

A child is seen in the emergency department for scarlet fever. Which of the following descriptions of scarlet fever is not correct?

- a. Scarlet fever is caused by infection with group A streptococcus bacterium.
- b. Strawberry tongue is a characteristic sign.
- c. Petechiae occur on the soft palate.
- d. The pharynx is red and swollen.



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Child weighing 30 kg arrives at the clinic with diffuse itching as the result of an allergic reaction to an insect bite. Diphenhydramine (Benadryl) 25 mg 3 times a day is prescribe The correct pediatric dose is 5 mg/kg/day. Which of the following best describes the prescribed drug dose?

- a. It is the correct dose.
- b. The dose is too low.**
- c. The dose is too high.
- d. The dose should be increased or decreased, depending on the symptoms.

Early postoperative patient assessment includes the following except:

- a. Neurological status
- b. Respiratory status
- c. Circulatory status
- d. Presence of infection**

During an initial assessment, the nurse finds that a patient's blood pressure is 160/90, the patient should be instructed to have a follow-up assessment of his or her blood pressure:

- a. Immediately**
- b. In 1 month
- c. In 1 year
- d. In 2 year

When discussing the patients elevated low-density lipoprotein (ldl) and lowered high-density lipoprotein (hdl)levels, the patient shows an understanding of the significance of these levels by statement:

- a. Increased ldl and decreased hdl increased my risk of coronary artery disease**
- b. Increased ldl and decreased hdl decreased my risk of coronary artery disease
- c. The increased ldl will decreased the amount of cholesterol deposited on the artery walls.
- d. The decreased ldl will increased the amount of cholesterol moved away from the artery walls.

For the nurse to asses right ventricular function and venous blood return in the patient central venous pressure (cvp) monitoring line is established . The result are a decreased central venous pressure cvp , which indicates :

- a. right ventricular failure
- b. left ventricular failure
- c. possible hypovolemia**
- d. possible hypervolemia



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The nurse notes that a patient has developed a cough productive for mucoid sputum , is short of breath , has cyanotic hands , and has noisy , moist sounding , and rapid breathing . These symptoms indicate:

- a. Pericarditis
- b. Pulmonary edema**
- c. Congestive heart failure (chf)
- d. Right ventricular hypertrophy

A patient with chf is displaying symptoms such as dry hacking cough, fatigue and a slight increase in today's weight. The most appropriate position for the patient to be placed in is:

- a. Supine
- b. Left lateral
- c. Low fowlers position with dangling feed
- d. High fowlers position with dangling feed**

The nurse is preparing the patient to surgery to correct the arterial occlusive disease the patient has in right arm, the nurse should:

- a. Initial an iv in the right arm
- b. Apply a tensor to the right arm
- c. Apply cool compresses to the right arm
- d. Keep the patient's right arm at the heart level**

A nurse is assessing the pulmonary system of an adult patient, the nurse notes a significant decrease in respiratory breath sound on the left side of the patient's chest percussion reveals resonant sound, the nurse suspects that the patient is most likely exhibiting symptoms of :

- a. Pulmonary edema
- b. Bronchitis
- c. Pneumonia
- d. Pneumothorax**

a nurse is caring for postoperative patient following lung surgery, the patient is reluctant to cough and has a shallow monotonous respiratory pattern, the patient may be at an increased risk for which of the following?

- a. Atelectasis**
- b. Aspiration
- c. Malnutrition
- d. Increased oxygen saturation



**MEDITHEN AI**



A patient is receiving oxygen therapy for pneumonia, which of the following may indicate that the patient is hypoxic?

- a. Restlessness
- b. Cold hands
- c. Confusion
- d. Noncompliance

Which of the following statement best describes the rational for giving only low levels of oxygen to a person with chronic lung disease?

- a. Low levels of oxygen prevent confusion.
- b. With high level of oxygen, a rebound effect occurs resulting in decreased levels of carbon dioxide in the blood
- c. When low levels of oxygen are administered through nasal prong, the lung received 100% oxygenation
- d. Raising the patient blood oxygen level may suppress his or her respiratory drive, causing increased retention of carbon dioxide

Which of the following is one of the greatest disadvantages of endotracheal tubes?

- a. Mobility is limited
- b. The require oxygen support
- c. The gag reflex is depressed
- d. The patient is unable to speak

A nurse is planning to provide preoperative teaching to a patient who will be undergoing, the nurse should instruct the patient about:

- a. Milking chest tubing
- b. Caring for the wound
- c. Splinting the incision when coughing
- d. Monitoring for signs of respiratory distress

Peptic ulcer is most likely to be relieved by which of the following

- a. Eating
- b. Drinking milk
- c. Suppressing emesis
- d. Waiting 2 hours after eating

A patient with acute diverticulitis and the laboratory data are monitored closely for indicators of perforation specifically:

- a. Bradycardia
- b. Hypertension



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- c. Elevated white cell count
- d. Decreased sedimentation rate

The patient should be taught which of the following when changing his or her ileostomy

- a. Dispose of the clamp with each bag change
- b. Apply moisturizing lotion after cleaning the stoma
- c. Cleanse the area surrounding the stoma with alcohol
- d. Apply a skin barrier to the peristomal skin prior to applying the pouch

The patient has bright red streaking of blood in the stool. This is likely a result of which of the following?

- a. Hemorrhoids
- b. High diet in red meat
- c. Upper gastrointestinal bleeding
- d. Cancer of the colon

The nurse is caring for a patient who has had a nasogastric tube in place 24 hours the ph. of the aspirate is 8.0, which most likely indicates:

- a. Pleural aspirate
- b. Gastric aspirate
- c. Intestinal aspirate
- d. Tracheoesophageal aspirate

A diabetic patient has been admitted with endstage renal failure, what is the most life-threatening effect of renal failure?

- a. Buildup of wastes
- b. Retention of potassium
- c. Depletion of potassium
- d. Uncontrolled blood pressure

In obtaining a urine specimen which of the following would result in the least contamination of specimen:

- a. Clean catch midstream urine
- b. Straight catheterization
- c. Suprapubic bladder aspiration
- d. Have the patient during urine specimen from home

A patient is diagnosed with acute glomerulonephritis, a nurse is aware that the patient may exhibit which of the following clinical manifestation?

- a. Hematuria





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- b. Hypotension
- c. Glucose in urine
- d. Decrease in serum creatinine levels

When uncontrolled hypertension is prolonged, the patient is risk for developing of the following complication?

- a. Which anemia
- b. Glaucoma
- c. Renal failure
- d. Right ventricular hypertrophy

A postoperative kidney transplant patient asks the nurse what sign & symptoms most likely indicate rejection, the nurse's best response is

- a. Oliguria
- b. Wight loss
- c. Itching
- d. Decreasing blood pressure

The patient has returned followed a thyroidectomy; how should the patient be positioned to promote comfortable?

- a. flat, with a small roll supporting the neck
- b. semi-lying (lateral) with one pillow under the neck
- c. semi-fowlers with the head supported on tow pillows
- d. head of the bed elevated 30 degree and no pillow placed under the hea

A patient who is complaining of back pain that goes all the way down the back of the leg to the foot, this type of pain is referred to as:

- a. Bursitis
- b. Sciatica
- c. Tendonitis
- d. Radiculopathy

A patient has a blocked bile duct from a tumor, the nurse can expect the patient's urine to be:

- a. Orange and foamy
- b. Pale yellow and dilute
- c. Rust colored and concentrated
- d. Dark amber and concentration

The nurse is monitoring for potential complications following a cerebral aneurysm, which of the following is a potential complication of a cerebral aneurysm?



**MEDITHEN AI**



- a. Seizures
- b. Hypotension
- c. Weight loss
- d. Decrease in ICP

Which of the following is the most appropriate nursing intervention for the diagnosis of impaired physical mobility relate to fracture of leg

- a. Monitor vital signs
- b. Assess wound appearance
- c. Administer analgesics as required
- d. Place pillow between leg when turning

The nurse is caring for a terminally ill patient, the physician has ordered a large dose of narcotic per iv infusion, the patient's respiratory rate has decreased from 16 breaths/min to 10 breath /min. What action should the nurse take?

- a. Stimulate the patient
- b. Stop the iv infusion
- c. Allow the patient to rest comfortably
- d. Report the decreased respiratory rate to the physician

A terminally ill patient has requested a dont resuscitate (dnr) order, the familyof the patient is strongly opposed to the patients request, what the is the responsibility of the nurse?

- a. Initiate further communication with the family and physician
- b. Continuo to provide required nursing care
- c. Honor the request of the patient
- d. All of the above

The term used in the medical field that encompasses the steps taken in order toprevent the cross contamination of air and blood borne pathogens is referred to a:

- 1. Universal precautions
- 2. Standard precautions
- 3. Transmission-based precautions
- 4. Body substance isolation precautions

A patient has become septic with no obvious cause all sources of infection. The patient currently has a central venous catheter in place. Antibiotic therapy doesn't help resolve the sepsis. The nurse suspect that the patient has most likely developed

- 1. Primary bloodstream infection
- 2. Secondary blood stream infection
- 3. Vancomycin resistance enterococcus (vre)



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4. Methicillin resistance staphylococcus aureus (mrsa)

A patient asks how a vaccine works in his body to protect from future exposures to diseases against which they are vaccinated the nurse's best response is:

- a. The vaccine is the antibody
- b. The vaccine causes the patient to be infected
- c. The vaccine causes an antibody response in the body
- d. The vaccine causes no antibody response in the body

You are applying at a health institution that offers treatment to alcoholic's consumption of alcohol contradicts your personal / religious beliefs, you feel unable to care these patients objectively, what is your ethical obligation to these patients?

- a. You should make the choice to decline this position
- b. You are required by law to continue service to these patient
- c. You may discriminate between patient and refused to care for the patient
- d. You may express your opinion to the patient and make it clear that he reexamines their choices

Which of the following action is the most dangerous:

- a. Connecting isotonic saline instead of saline 0.9%
- b. Letting the intravenous infusion run rapidly
- c. Injecting potassium directly into the intravenous line
- d. Injecting potassium into the intravenous infusion fluid

A client with herpes zoster is given iv hydrocortisone. Which of the following serum chemistry values may be elevated as a result of the therapy?

- a. Calcium
- b. Glucose
- c. Magnesium
- d. Potassium

Which of the following is an antidote for heparin:

- a. Naloxone (narcan)
- b. Protamine sulfate
- c. Phentolamine (regitine)
- d. Flumazenil (romazicon)

A patient asks the nurse what effect dialysis will have on the medication he is currently taking; the nurse's best response is:

- a. Medications are not removed during dialysis treatments



**MEDITHEN AI**



- b. Dialysis treatment removes all medication from the blood
- c. Once daily medication is best taken dialysis treatments
- d. Dangerously low blood pressure may occur if antihypertensives are taken before dialysis.

Ondansetron (Zofran) a nurse would administer this medication post op to relief which of the following?

- a. Urinary retention
- b. Incisional pain
- c. Paralytic ileus
- d. Nausea and vomiting

A client receives morphine five minutes after he receives the drug his respiratory rate drops to 4 breath /minute which of the following agents should the nurse administer to reverse the of the medication?

- a. Naloxone (Narcan)
- b. Protamine sulfate
- c. Phentolamine (Regitine)
- d. Flumazenil (Romazicon)

A patient with peptic ulcer is about to begin in therapeutic regimen that including a balanced diet, antacids, and ranitidine hydrochloride (zantawhich instruction should the nurse provide before this client is discharged

- a. Eat three balanced meals every day
- b. Stop taking the drug when the symptoms subside
- c. Avoid aspirin and products containing aspirin
- d. Increase the intake of fluids containing caffeine

Peripheral numbness and tingling and muscle twisting and spasm the nurse should expect to administer

- a. Digitalis
- b. Barbiturates
- c. IV calcium
- d. Antispasmodics

The doctor order that 3000 ml of D5W to be administered over a 24 hours period, a nurse determined that how many ml /h will be administrated to the patient?

- a. 50 ml /h
- b. 75 ml/h
- c. 100 ml/h



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d. 125 ml/

Cefuroxime axetil 1 g in 50 ml NS to be administered over 30 minutes the drop factors 15 drop per ml the nurse should set the flow at how many drops per minute?

- a. 15
- b. 20
- c. 22
- d. 25

A 2 years old child is showing signs of shock a 10 ml/kg bolus of NS is ordered, the child weights 20 kg, how millimeters should be administered?

- a. 20 ml
- b. 100 ml
- c. 200 ml
- d. 2000 ml

The pediatric stock of Digoxin contains 0.05 mg per ml, a child to have 0.035 mg of Digoxin how many ml would a nurse administer?

- a. 0.7 ml
- b. 1.2 ml
- c. 0.4 ml
- d. 0.1 ml

Which of the following food should the cancer patient avoid?

- a. Fatty food
- b. High sodium food
- c. Fiber food
- d. Bran products containing food

Patient has nausea, vomiting and muscle weakness comes to ER, after assessment the doctor consider that sign and symptoms due to:

- a. Hypokalemia
- b. Hypernatremia
- c. Hyperkalemia
- d. Hypoglycemia

Physician order three times the normal dose - when the nurse call him, he insists on giving the medication - what does the nurse do?

- a. Call pharmacy.
- b. Call another doctor.



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c. Withhold medication and inform charge nurse

Which of the following vitamins, if deficient, causes sleep disorder?

- a. Vitamin D
- b. Vitamin K
- c. Vitamin C
- d. Vitamin E

A 52 years old man was working in tall grass when a snake bit him. An ambulance arrived at the scene 20 minutes later. They found the man lying on the ground with cold and clammy skin. He was having difficulty breathing and the right ankle was swollen. He complained of double vision, feeling weak and itching skin. He reported that this was his second snakebite. The paramedics prepare to administer intramuscular epinephrine and place a tourniquet. Blood pressure 86/48 mmHg Pulse rate 130/min Respiratory rate 28/min Which of the following nursing diagnosis has highest priority?

- a. Disturbed sensory perception related to effects of pruritus
- b. Ineffective breathing pattern related to bronchospasm
- c. Decrease cardiac output related to systemic vasoconstriction
- d. Risk for injury related to drug treatment and adverse effects

Which of the following patient care plan is the most appropriate for a 37 years old post appendectomy woman who is at risk of pneumonia?

- a. Restrict fluid intake
- b. Teach how to use spirometer
- c. Encourage ambulation as tolerated
- d. Avoid coughing and deep breathing

Nurse is watching cardiac monitor and noticed and client go on ventricular tachycardi

- a. Patient awake and skin has good color.
- b. Immediate defibrillate
- c. Preparing pacemakers for insertion
- d. Administration of amiodarone
- e. Administration of Adrenalin

Most recommended position for a client with severe ascites?

- a. Side lying.
- b. Supine
- c. Dorsal.
- d. Fowler's



**MEDITHEN AI**



Doctor has order to give 30 mg/kg/24hours WT 67kg how many grams should the patient receive in 24hours

- a. gram
- b. grams**
- c. grams
- d. grams

Which nursing intervention is most important when caring for client with acute pyelonephritis

- a. Administer sitz bath twice a day
- b. Increase the fluid to 3 liter a day.**
- c. Encourage the client to drink cranberry juice to acidify the urine
- d. Use and indwelling catheter to measure urine output accuracy

When the psychiatric patient repeats his words boat, boat, boat. What is the best term describing the patient action?

- a. Echolalia
- b. Palilalia**
- c. Neologism
- d. Ward Salad

Echolalia /is the repetition of words spoken by others, whereas palilalia /is the automatic repetition of one's own words In care of vasovagal attack what medication should be given

- a. Adrenalin
- b. Ephedrine**
- c. Atropine
- d. Dopamine.

Cause of hemodilution in pregnancy?

- a. Anemia
- b. Decrease RBC
- c. Increase WBC
- d. Increase plasma**

Doctor order sputum culture how to collect?

- a. Cough deeply
- b. Collect 30ml
- c. Cough the first sputum in the throat
- d. Cough in the morning and sent to la**



**MEDITHEN AI**



Post MI medication?

- a. Heparin
- b. Aspirin**
- c. Warfarin

For this question D is correct but depend on conditions so sever is C Which is the treatment choice of sever aplastic anemia

- a. Liver transplant
- b. Exchange. Transfusion
- c. Bone marrow transplant**
- d. Intervention of immunoglobulin

Patient admitted to hospital with COP The patient will discharge. discharge instructions should the nurse give?

- a. Avoid and remove everything that irritate him at home
- b. Report any signs of cyanosis**
- c. Provide dietary management
- d. Avoid exercise

Which of the following psychiatric term best describes this symptom "While talking, the psychiatric patient repeated the same words stated by the nurse"?

- a. Verbigeration.
- b. Echolali**
- c. Echopraxi
- d. Preservation.

Nurse is preparing an order of Amidoamine 30 mg PO B The available check is 15 mg /5 ml. What is the correct dosage of the medication to be administered?

- a. 5 ML
- b. 10ML**
- c. 15 ML
- d. 20 ML

Postpartum mother came to ER with colic pain and dysuri She has high temperature 38°C and WBCs 12,000. What is the initial nursing intervention?

- a. Administer antipyretics.**
- b. Administer antibiotics as ordered by doctor.
- c. Collect midstream urine sample.
- d. Encourage her to drink plenty of fluids.





**MEDITHEN AI**



30-year-old man is admitted to the neurosurgery ward for the surgical elevation of depressed skull fracture. He has episodic severe headache with seizure and is unable to concentrate. Which of the following initial nursing problem needs more attention?

- a. Disturbed coping and anger spells
- b. Risk of injury to seizure**
- c. Disturbed communication and irritability
- d. Pain management and comfort measure

Patient noted with MI due to blockage in left coronary artery what is the type of blockage

- a. Blockage in left coronary artery causes the least amount of damage to heart muscles.
- b. Left coronary artery blockage can cause arterial wall death which affect left ventricles**
- c. Left anterior descending artery is least likely to be affected coronary artery disease
- d. Left coronary artery blockage can cause arterial wall death which affect right ventricles

A nurse is assessing the pulmonary system of an adult patient, the nurse notes a significant decrease in respiratory breath sound on the left side of the patient's chest percussion reveals resonant sound, the nurse suspects that the patient is most likely exhibiting symptoms of:

- a. Pulmonary edema
- b. Bronchitis
- c. Pneumonia
- d. Pneumothorax**

A nurse is caring for postoperative patient following lung surgery, the patient is reluctant to cough and has a shallow monotonous respiratory pattern, the patient may be at an increased risk for which of the following?

- a. Atelectasis**
- b. Aspiration
- c. Malnutrition
- d. Increased oxygen saturation

A patient is receiving oxygen therapy for pneumonia, which of the following may indicate that the patient is hypoxic?

- a. Restlessness
- b. Cold hands
- c. Confusion**
- d. Noncompliance

Which of the following statement best describes the rational for giving only low levels of oxygen to a person with chronic lung disease?



**MEDITHEN AI**



- a. Low levels of oxygen prevent confusion.
- b. With high level of oxygen, a rebound effect occurs resulting in decreased levels of carbon dioxide in the blood
- c. When low levels of oxygen are administered through nasal prong, the lung received 100% oxygenation
- d. Raising the patient blood oxygen level may suppress his or her respiratory drive, causing increased retention of carbon dioxide

Which of the following is one of the greatest disadvantages of endotracheal tubes?

- a. Mobility is limited
- b. They require oxygen support
- c. The gag reflex is depressed
- d. The patient is unable to speak

A nurse is planning to provide preoperative teaching to a patient who will be undergoing, the nurse should instruct the patient about:

- a. Milking chest tubing
- b. Caring for the wound
- c. Splinting the incision when coughing
- d. Monitoring for signs of respiratory distress

Peptic ulcer is most likely to be relieved by which of the following

- a. Eating
- b. Drinking milk
- c. Suppressing emesis
- d. Waiting 2 hours after eating

A patient with acute diverticulitis and the laboratory data are monitored closely for indicators of perforation specifically:

- a. Bradycardia
- b. Hypertension
- c. Elevated white cell count
- d. Decreased sedimentation rate

The patient should be taught which of the following when changing his or her ileostomy

- a. Dispose of the clamp with each bag change
- b. Apply moisturizing lotion after cleaning the stoma
- c. Cleanse the area surrounding the stoma with alcohol
- d. Apply a skin barrier to the peristomal skin prior to applying the pouch



**MEDITHEN AI**



The patient has bright red streaking of blood in the stool. this is likely a result of which of the following?

- a. Hemorrhoids
- b. High diet in red meat
- c. Upper gastrointestinal bleeding
- d. Cancer of the colon

The nurse is caring for a patient who has had a Nasogastric tube in place 24 hours the PH of the aspirate is 8.0, which most likely indicates:

- a. Pleural aspirate
- b. Gastric aspirate
- c. Intestinal aspirate
- d. Tracheoesophageal aspirate

A diabetic patient has been admitted with enstage renal failure, what is the most life-threatening effect of renal failure?

- a. Buildup of wastes
- b. Retention of potassium
- c. Depletion of potassium
- d. Uncontrolled blood pressure

In obtaining a urine specimen which of the following would result in the least contamination of specimen:

- a. Clean catch midstream urine
- b. Straight catheterization
- c. Suprapubic bladder aspiration
- d. Have the patient during urine specimen from home

A patient is diagnosed with acute glomerulonephritis, a nurse is aware that the patient may exhibit which of the following clinical manifestation?

- a. Hematuria
- b. Hypotension
- c. Glucose in urine
- d. Decrease in serum creatinine levels

When uncontrolled hypertension is prolonged, the patient is risk for developing of the following complication?

- a. Which Anemia
- b. Glaucoma
- c. Renal failure



**MEDITHEN AI**



- d. Right ventricular hypertrophy

A postoperative kidney transplant patient asks the nurse what sign & symptoms most likely indicate rejection, the nurse's best response is

- a. Oliguria
- b. Weight loss
- c. Itching
- d. Decreasing blood pressure

The patient has returned following a thyroidectomy, how should the patient be positioned to promote comfort?

- a. Flat, with a small roll supporting the neck
- b. Semi-lying (Lateral) with one pillow under the neck
- c. Semi-fowlers with the head supported on two pillows
- d. Head of the bed elevated 30 degrees and no pillow placed under the head

A patient who is complaining of back pain that goes all the way down the back of the leg to the foot, this type of pain is referred to as:

- a. Bursitis
- b. Sciatica
- c. Tendonitis
- d. Radiculopathy

A patient has a blocked bile duct from a tumor, the nurse can expect the patient's urine to be:

- a. Orange and foamy
- b. Pale yellow and dilute
- c. Rust colored and concentrated
- d. Dark amber and concentrated

The nurse is monitoring for potential complications following a cerebral aneurysm, which of the following is a potential complication of a cerebral aneurysm?

- a. Seizures
- b. Hypotension
- c. Weight loss
- d. Decrease in ICP

Which of the following is the most appropriate nursing intervention for the diagnosis of impaired physical mobility related to fracture of leg

- a. Monitor vital signs
- b. Assess wound appearance



**MEDITHEN AI**



- c. Administer analgesics as required
- d. Place pillow between leg when turning

The nurse is caring for a terminally ill patient, the physician has ordered a large dose of narcotic per IV infusion, the patient's respiratory rate has decreased from 16 breaths/min to 10 breath /min. what action should the nurse take?

- a. Stimulate the patient
- b. Stop the IV infusion
- c. Allow the patient to rest comfortably
- d. Report the decreased respiratory rate to the physician

A terminally ill patient has requested a "don't resuscitate " (DNR) order , the family of the patient is strongly opposed to the patient's request , what the is the responsibility of the nurse ?

- a. Initiate further communication with the family and physician
- b. Continuo to provide required nursing care
- c. Honor the request of the patient
- d. All of the above

The term used in the medical field that encompasses the steps taken in order to prevent the cross –contamination of air and blood borne pathogens is referred to a:

- a. Universal precautions
- b. Standard precautions
- c. Transmission-based precautions
- d. Body substance isolation precautions

A patient has become septic with no obvious cause all sources of infection. the patient currently has a central venous catheter in place. antibiotic therapy doesn't help resolve the sepsis. the nurse suspect that the patient has most likely developed

- a. Primary bloodstream infection
- b. Secondary blood stream infection
- c. Vancomycin resistance enterococcus (VRE)
- d. Methicillin resistance staphylococcus aureus (MRSA)

A patient asks how a vaccine works in his body to protect from future exposures to diseases an against which they are vaccinated the nurse's best response is:

- a. The vaccine is the antibody
- b. The vaccine causes the patient to be infected
- c. The vaccine causes an antibody response in the body
- d. The vaccine causes no antibody response in the body



**MEDITHEN AI**



You are applying at a health institution that offers treatment to alcoholic's consumption of alcohol contradicts your personal / religious beliefs, you feel unable to care these patient's objectively, what is your ethical obligation to these patients?

- a. You should make the choice to decline this position
- b. You are required by law to continuo service to these patient**
- c. You may discrimination between patient and refused to care for the patient
- d. You may express your opinion to the patient and make it clear that he reexamine their choices

Which of the following action is the most dangerous:

- a. Connecting isotonic saline instead of saline 0.9%
- b. Letting the intravenous infusion run rapidly
- c. Injecting potassium directly into the intravenous line**
- d. Injecting potassium into the intravenous infusion fluid

A client with herpes zoster is given IV hydrocortisone. which of the following serum chemistry values may be elevated as a result of the therapy?

- a. Calcium
- b. Glucose**
- c. Magnesium
- d. Potassium

Which of the following is an antidote for heparin:

- a. Naloxone (Narcan)
- b. Protamine sulfate**
- c. Phentolamine (regitine )
- d. Flumazenil (romazicon)

A patient asks the nurse what effect dialysis will have on the medication he is currently taking, the nurse's best response is:

- a. Medications are not removed during dialysis treatments
- b. Dialysis treatment removes all medication from the blood
- c. Once daily medication is best taken dialysis treatments
- d. Dangerously low blood pressure may occur if antihypertensives are taken before dialysis**

A patient has depression and on antidepressants medication. while the nurse caring him, he asked (how long the medication takes to reach the effectiveness) The proper nurse response is?

- a. 4\_10 days
- b. 4 days



**MEDITHEN AI**



- c. 14\_18 days
- d. a month

Patient came with burn dorsal left arm and dorsal of both leg and his weight 62 kg total intravenous fluid required

- a. 5580
- b. 6000
- c. 6500
- d. 7000

During otoscopic examination the nurse should pull the superior posterior auricle of an adult patient ear

- a. Up and back
- b. Up and forward
- c. Down and back
- d. Down and forward

A nurse is assigned to care for a patient in medical ward who has a physician order of 1500ml of normal saline 0.9% to be administered over 12-hour perio Which of the following is the infusion rate?

- a. 75 ml/hr
- b. 100ml/hr
- c. 125ml/hr
- d. 150ml/hr

The maximum time for suctioning in adults is:

- a. 5 second
- b. 8 seconds
- c. 10 second
- d. 15 second

Which of these first aid treatment of mild epistaxis

- a. blow the nose to clear any obstruction
- b. Tell the patient to swallow more frequently
- c. Lay the patient down and loosen tight clothing
- d. Sir the patient up and pinch the nostril

Which hormones is responsible for uterine wall change and breast enlargement during pregnancy, leucorrhea and hyperemesis. Which of the following placental hormone is responsible

- a. Progesterone



**MEDITHEN AI**



- b. Estrogen
- c. HCG

A 33 old woman presented to the ER with general weakness. The laboratory investigation indicated VIT D deficiency. Which of the following nutrient should be recommended as a good source of vitamin?

- a. Rice
- b. Green tea
- c. Orange juice
- d. Fish liver oils

A nurse is preparing to administer an intravenous infusion of 2000 ml of Ringer's lactate over 12-hours. The administration set has a chamber that delivers 15 drops per ml. How many drops per minute should be administered?

- a. 14
- b. 24
- c. 42
- d. 56

Which of the following disorders related to dementia?

- a. Alzheimer's disease
- b. Alcohol withdrawal
- c. Postpartum depression
- d. Obsessive compulsive disorder

Patient with cardiac Tamponade disease. What is the expected symptoms?

- a. Tachypnea, bradycardia and fever
- b. Muffled heart sound
- c. Cyanosis in extremities

Patient with liver disease and take lactulose enem what type of enema?

- a. Feeding
- b. Cleaning
- c. Medicated

Soldier was brought to triage area after being exposed to chemical weapons. Signs and symptoms of nerve gas exposure was notice A nurse prepares for medical management. Which medication should the nurse prepare for the patient?

- a. Atropine
- b. Adrenaline





**MEDITHEN AI**



- c. Sodium nitrate
- d. Sodium thiosulphate

Capillary refill time is normally how many seconds

- a. 1-2 seconds
- b. 6-9seconds
- c. 3-5 seconds
- d. 10-15 second

Which of the following factor cause the nausea associated with renal failure

- a. Oliguria
- b. Gastric ulcer
- c. Electrolytes imbalance
- d. Accumulate of metabolic waste

Doctor Order: Heparin 10000 units OD S/C Standard Solution 40000 units/ml. How many ml would you administer?

- a. 0.25 ml
- b. 0.50 ml
- c. 0.75 ml

A nurse is preparing scheduled medications due at 6 pm. If a doctor orders paracetamol tab 1g QID, and it was supplied from the pharmacy in 250 mg tablets. Which of the following is the most appropriate nursing actions?

- a. Ask the pharmacy to provide 1g tablets
- b. Call the doctor to recheck the dosage
- c. Give the patient four 250 mg tablets
- d. Hold the medication and document in nursing notes

A patient has developed AF. Which has ventricular rate of 150 b/min nurse should assess

- a. Hypotension and dizziness
- b. Nausea and vomiting
- c. Hypertension and headache
- d. Flat neck vein

There are times when manager evaluates her staff as she makes her daily rounds. Which of the following is NOT a benefit of conducting an informal appraisal?

- a. The staff member is observed in natural setting.
- b. Incidental confrontation and collaboration is allowe
- c. The evaluation is focused on objective data systematically



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- d. The evaluation may provide valid information for compilation of a formal report

A 40-year-old woman is undergoing an elective rhinoplasty under general anesthesia. The patient is in the pre-operative room and the nurse is prepared to administer pre-operative intravenous medications. The patient states that she does not have any drug allergies. Which additional nursing action is most important prior to administering the medicine?

- a. Request the patient urinate
- b. Perform blood typing and cross matching
- c. Ensure the consent form has been signed
- d. Clarify contact numbers of her family members

The normal reaction to a corneal sensitivity test is

- a. Coughing
- b. Blinking
- c. Sneezing
- d. Pupiled dilation

Which intervention which the nurse should do for caring to patients' dementia

- a. provide personalized hygiene
- b. Remind the patient frequently to be at the hospital
- c. Positioning to avoid skin breakdown
- d. Suction beside the bed to reduce risk of aspiration

In case of radial sheath removal what device should be used to close the site

- a. Trans radial band
- b. Trans femoral ban
- c. Manual compress
- d. Figure of eight

Atherosclerosis impedes coronary blood flow by which of the following mechanisms

- a. Plaques obstruct the vein
- b. Plaques obstruct the artery
- c. Blood clots from outside the vessel wall
- d. Hardened vessels dilated to allow blood flow through

What is the minimum amount of experience required to become an ICU nurse?

- a. 6 months
- b. year
- c. years
- d. years



**MEDITHEN AI**



A 40 years old female is diagnosed with chlamydia with no signs and symptoms

- a. Subclinical stage
- b. Clinical stage
- c. Susceptibility

A patient is being admitted in medical unit and has orders for fluid restriction of 1400ml / 24 hours. He is receiving IV medications in 50ml solutions QI How much fluid should the caring nurse allocate for crab intake in 24 hours?

- a. 400 ml
- b. 800 ml
- c. 1000 ml
- d. 1200 ml

Which of the following diet is recommended for child with cystic fibers

- a. A Fat restricted diet
- b. High calorie diet High protein
- c. Low protein diet
- d. Sodium restricted diet

A nurse is caring patient with unstable ventricular tachycardia the nurse instructs to do

- a. Inhale deeply and cough forcefully every 1-3 seconds
- b. Breathe deeply regularly easy
- c. C Lie down flat in bed
- d. Remove any metal jewelry

What is the primary goal of an ICU nurse?

- a. To make sure the patient is comfortable
- b. To keep the patient alive
- c. To keep the patient comfortable and alive
- d. To make sure the patient is discharged as soon as possible

The most common site for peptic ulcer

- a. Distal esophagus
- b. Distal lesser curve of the stomach
- c. Duodenum

Cardiac end of the stomach in anticipate of further emergency treatment for a client with salicylate overdose, which of the following medications should the nurse have available?

- a. Vitamin K
- b. Atropine sulfate



**MEDITHEN AI**



- c. Dextrose 50%
- d. Sodium thiosulfate

Patient admitted to ICU with tracheotomy and Nasogastric tube. The vital signs are normal. The nurse was doing suction for patient and yellow secretion coming-out. What is the cause?

- a. Diet imbalance
- b. Infection around tracheotomy**
- c. Iatrogenic infection

What is the name of the certification for critical care nurses?

- a. CCRN**
- b. CCN
- c. RNC
- d. CNCC

Doctor order to give 75ml per hour over 12hours of normal saline how many ml total should be given?

- a. 450ml
- b. 600ml
- c. 900 ml**
- d. 1000 ml

A community health nurse screens a group of high-risk adults for tuberculosis Which gauge needle should the nurse use for an intradermal injection on the volar surface of the forearm?

- a. 16-gauge needle
- b. 20-gauge needle
- c. 22-gauge needle
- d. 26-gauge needle**

Which of the following diagnosis test is definitive for tb

- a. Chest x ray
- b. Sputum culture**
- c. Tuberculin test
- d. Mantoux test

A 22-year-old man presented to the Mental Health Clinic with a low-mood, a general loss of interest in activities and inability to experience pleasure. He admitted to suicidal thoughts and extreme lack of energy. He was prescribed a selective serotonin reuptake inhibitor to be taken daily. One month later, he presented to the clinic and reports feeling more energetic, but still has a low- moo What is the patient's level of risk committing suicide at this time?



**MEDITHEN AI**



- a. None
- b. Low
- c. Medium
- d. High**

Nurse doing cardiac assessment for child of 2 years old the first heart sound can be heard at which of the following location

- a. Third or fourth intracoastal space
- b. The apex with stethoscope bell**
- c. Second intercostal space. Midclavicular Line
- d. Fifth intracoastal space. Left midclavicular line

Patient is having frequent premature ventricular contractions a nurse would place priority for assessment on

- a. Blood pressure and peripheral perfusion**
- b. Sensation of palpation
- c. Cause factor as caffeine
- d. Factor as infection

What the nurse should do before giving iv heparin

- a. Vital signs
- b. Weight
- c. PT/INR level**
- d. EKG

60 years old patient diagnosed with mild dementia after multiple stroke what the nurse should expect

- a. Excessive night time sleeping
- b. Difficult eating and swollen
- c. Loss of recent and long-term memory**
- d. Fluctuating. Ability to perform simple tasks

In case of dislodged stent what instrument will help you to extract it

- a. Snare**
- b. Trapping
- c. Stingray
- d. Extra backup

Exposure to hepatitis B in the hospital because of.

- a. Careless of handling feces by staff



**MEDITHEN AI**



- b. Increase use of ventilation system
- c. Needle stick and mucous membrane's exposure
- d. Early diagnosis and improved treatment of hepatitis A

What is the antidote for heparin

- a. Vitamin k
- b. Protamine sulphate
- c. Flumazenil
- d. Narcan

Which of these finding best correlations with diagnosis of osteoarthritis

- a. Fever and malaise
- b. Anorexiant weight loss
- c. Joint stiffness that decreases with activity
- d. Erythema and edema over effected knee

Which of the following symptoms is common in asthma

- a. Wheezing
- b. Bradycardia
- c. Barking cough
- d. Dry productive cough

Patient with arterial fibrillation is asking a nurse why the physician is doing for him carotid massage the nurse respond by

- a. Vagues nerve to slow heart rate
- b. Vagus nerve to increase heart rate
- c. Dighragmatic to slow heart rate
- d. Diaphragmatic to increase heart rate

What are the most important skills that an ICU nurse should possess?

- a. Strong communication skills
- b. Quick thinking
- c. Attention to detail
- d. All of the above

Medical management of acute diverticulitis should include which treatment

- a. Exercise
- b. Reduce fluid intake
- c. Increases fiber in diet
- d. Administration of antibiotics



**MEDITHEN AI**



Which of the following factor cause the nausea associated with renal failure

- a. Oliguria
- b. Gastric ulcer
- c. Electrolytes imbalance
- d. Accumulate of metabolic waste

43 years female 12 weeks pregnant presents to her OGYN for HIV testing following recent knowledge of her husband's infidelity. She tests positive and becomes increasingly emotional stating "There is no point in me continuing this pregnancy since my baby will be born HIV positive." Given the client's statement what is the best response by the nurse?

- a. If that is how you feel we can discuss different options for abortion.
- b. While it is true your baby will be born HIV positive, this doesn't mean him or her can't live a happy life.
- c. If we start you on a series of medications called antiretrovirals and you stick to your prescribed treatment there is a very small chance your baby will be born HIV positive.
- d. There is no reason to worry; your baby can only become HIV positive if he or she is breastfed once born.

Doctor order to give 0.2 gram of medication and the available stock is 400mg diluted in 10 ml how many ml should be given?

- a. 2
- b. 3
- c. 4
- d. 5

A mother of a patient who is on antipsychotic drug asked a doctor about some more detail about the drug. The doctor told the mother that her son is taking an atypical antipsychotic drug. Which of the following is an example of this type of drug?

- a. Thioridazine
- b. Clozapine
- c. Chlorpromazine
- d. Haloperidol

A first-time mother of a three-week-old breastfed baby brings the infant to the clinic and complains that her child has been forcefully vomiting after feeding. He was born at 40 weeks gestation, weighing 3.6 kilograms. He is constantly hungry and irritable. Examination reveals a swollen abdomen and a palpable mass in the middle upper right quadrant. What is the most likely health problem?

- a. Intussusception



**MEDITHEN AI**



- b. Pyloric stenosis
- c. Gastroesophageal reflux
- d. Diaphragmatic hernia

Which of the following statements is most accurate?

- a. Girls have more ADHD than asthma
- b. Boys are more frequently diagnosed with chronic illnesses
- c. Boys are less frequently diagnosed with chronic illnesses
- d. Girls have more other chronic illnesses than ADHD

A 70-year-old quadriplegic man has ulceration on the left buttocks with full thickness skin loss. Although several interventions have been used to promote healing, the ulcer does not improve (see image) Which dietary insufficiency is most likely?

- a. Vitamin D
- b. Calcium
- c. Protein
- d. Vitamin C

A 22-year-old man presented to the Mental Health Clinic with a low-mood, a general loss of interest in activities and inability to experience pleasure. He admitted to suicidal thoughts and extreme lack of energy. He was prescribed a selective serotonin reuptake inhibitor to be taken daily. One month later, he presented to the clinic and reports feeling more energetic, but still has a low- mood. What is the patient's level of risk committing suicide at this time?

- a. None
- b. Low
- c. Medium
- d. High

A 78-year-old man presents to his care provider with persistent abdominal and back pain. He also occasionally has numbness and pain in the legs. On examination a palpable mass in the lower abdominal midline is palpate On auscultation a blowing sound is heard over his mass. The nurse is concerned about possible rupture. Which additional finding most significantly indicates the patient is at an increased risk?

- a. Hypertension
- b. High blood sugar
- c. Constipation
- d. Decreased oxygen saturation





**MEDITHEN AI**



A three- year- old child is day three on the postoperative care unit following a heart transplant. He is prescribed cyclosporine by intravenous infusion. Blood pressure 140/80 mmHg Heart rate 100/min Respiratory rate 22/m Temperature 37.0 °Oxygen saturation 92% on room air Which vital sign most likely indicates an adverse medication effect?

- a. Hypertension
- b. Decreased O2 saturation
- c. Tachycardia
- d. Tachypnea

A nurse is documenting in patient records several events that occurred during home visits. Which of the following is an example of the correct way to document patient information?

- a. Patient fell walking to bathroom. Busy preparing for sterile dressing change when patient left the room
- b. Patient got out of bed without assistance. Denies any symptoms when ambulating alone
- c. Patient sitting in chair. Strict bed rest orders ignored
- d. Patient showering. Electronic epidural infusion pump on floor by shower stall

A patient with an unsteady gait and a history of falls has care plan interventions that include keeping the walker in reach and pathways free of obstacles. On evaluation after 1 week, the patient has had no falls, but the gait remains unsteady. The nurse should:

- a. Continue the plan of care as written
- b. Allow the patient to replace the walker with a cane
- c. Allow the patient to ambulate short distances without the walker
- d. Have the patient practice stepping over small objects

A patient is preparing for a total knee replacement. During the preoperative interview process the patient reports an allergic reaction to penicillin.

Which of the following is considered a side effect and not a true allergy to medication?

- a. Shortness of breath
- b. Tingling lips and tongue
- c. Rash
- d. Upset stomach

A 45-year-old man who is hospitalized feels the constant need to keep things in order, particularly whilst eating. The nurse observes him arranging the food on his plate into symmetrical and equal bite-sized pieces. He constantly worries that food served could be outdated and potentially cause illness. Which nursing diagnosis is most important?

- a. Ineffective verbal communication



# MEDITHEN AI



- b. Self-esteem disturbance
- c. Impaired social interaction
- d. Anxiety

A 12-year-old patient had a cast removed from the left leg after wearing it for eight weeks. The patient wants to resume sports as soon as possible. In order to regain muscle strength lost while wearing cast, the nurse will instruct the patient in performance of:

- a. Resistive range of motion exercises to left leg
- b. Passive range of motion exercises to right leg
- c. Active- assistive range of motion exercises to the right leg
- d. Active range of motion exercises to both legs

A 30-year-old married man presents to the clinic with complaints of feeling sad for the past three months. He is unable to maintain a regular sleep routine, has lost his appetite and has difficulty concentrating. He is prescribed a medication which prevents the reuptake of specific neurotransmitters that could contribute to his mental health problem. Which side effects would be most important for the nurse to advise the patient of?

- a. Polyuria
- b. Photophobia
- c. Fluid retention
- d. Sexual dysfunction

A 30-year-old diabetic woman complains of blood in the urine and dull pain over the left lower abdomen, middle back and above the pubic bone. She feels the urge to urinate frequently and urgently. For the past two days, she has had nausea and vomiting. Abdominal assessment reveals tenderness over the pubic bone; no guarding and bowel sounds are active in all quadrants. Which home intervention would be most effective?

- a. Oral antibiotics
- b. Increased fluid intake
- c. Increased dietary protein
- d. Cold application to left hand

The nurse administered a dose of morphine sulfate, as prescribed to a patient who is in the post-anesthesia care unit (PACU). The patient appears to be resting comfortably; the respiratory rate is 8 and the saturation on 2L of oxygen via nasal cannula is 86%. The nurse should IMMEDIATELY administer.

- a. Flumazenil (Romazicon)
- b. Midazolam (Versed)
- c. Naloxone (Narcan)
- d. Ondansetron (Zofran)



**MEDITHEN AI**



A 42-year-old patient is in a lower body cast following a motor vehicle accident. In order to minimize muscle strength loss while in the cast, the nurse will instruct the patient in the performance of?

- a. Isometric exercises
- b. Passive range of motion exercises
- c. Active-assistive range of motion exercises
- d. Resistive range of motion exercises

A 20-year-old woman takes cyclosporine 100 mg by mouth twice per day. She had a heart transplant two months ago and complains of dizziness, shortness of breath, light headedness and fatigue. Capillary refill >3. Blood pressure 90/50 mmHg, Heart rate, irregular 100/min, Respiratory rate 28/mm, Temperature 38.0°C. What is the most likely underlying cause of the patient's problem?

- a. Cyclosporine toxicity
- b. Hyperkalemia
- c. Organ rejection
- d. Infection

A 40-year-old woman is undergoing an elective rhinoplasty under general anesthesia, The patient is in the pre-operative room and the nurse is prepared to administer pre-operative intravenous medications. The patient states that she does not have any drug allergies. Which additional nursing action is most important prior to administering the medicine?

- a. Request the patient urinate
- b. Perform blood typing and cross matching
- c. Ensure the consent form has been signed
- d. Clarify contact numbers of her family members

A 65-year-old woman with a history of unstable angina and hypertension presents to the Emergency Department with a dull chest pain that she describes as similar to heartburn. The pain radiates down the left arm. She had taken sublingual nitroglycerin tablets without any relief. An electrocardiograph is performed and shows elevated S-T segments. The nurse is to administer a thrombolytic by intravenous infusion. Which factor places this candidate at high risk for bleeding?

- a. Unstable angina
- b. Hypertension
- c. Age
- d. Elevated S-T segments

A patient with bacterial pneumonia reports increased pain during deep breathing and coughing exercises. To minimize the patient's pain, the nurse should teach the patient to.

- a. Take a cough suppressant prescribed P.R.N at regular time intervals



**MEDITHEN AI**



- b. Turn onto the side before doing the respiratory exercises
- c. Hold a pillow tightly against the chest while coughing
- d. Drink warm liquids right before taking deep breaths

A first-time mother of a three-week-old breastfed baby brings the infant to the clinic and complains that her child has been forcefully vomiting after feeding. He was born at 40 weeks gestation, weighing 3.6 kilograms. He is constantly hungry and irritable. Examination reveals a swollen abdomen and a palpable mass in the middle upper right quadrant. What is the most likely health problem?

- a. Intussusception
- b. Pyloric stenosis
- c. Gastroesophageal reflux
- d. Diaphragmatic hernia

A gravid 3, para 2 presents to the Labor and Delivery Unit with contractions occurring every 3-5 minutes and lasting for 60-90 seconds. During contractions, she closed her eyes and is focused on breathing to cope with the pain. At the end of each contraction, she opens her eyes and resumes talking with the nurse and her husband. What is the expected cervical dilatation in centimeters?

- a. 1-3
- b. 4-7
- c. 8-10
- d. 11-13

During surgery requiring general anesthesia, the patient's heart stops and a carotid pulse is not palpate. How many compressions per minute should be administered?

- a. 50
- b. 60
- c. 80
- d. 100

The district nurse attends a mother and a girl who was born five days previously. At birth, the baby had weighed 3.5 kilograms. The mother becomes worried when she hears that the baby weighs 3.3 kilograms today. The infant is pink, alert and active with 6-8 wet diapers and four stools per day. Blanching of the skin shows a light-yellow color of the forehead but a pink sternum. What is the most appropriate nursing action?

- a. Notify the pediatrician
- b. Obtain blood for bilirubin analysis
- c. Reassure the mother and continue observing
- d. Request the mother go to the clinic to re-weigh



**MEDITHEN AI**



Which type of intravenous fluid administration is most appropriate?

- a. Lactated Ringers solution
- b. 5% dextrose in water solution
- c. 3.3% glucose in 0.3% sodium chloride
- d. 5% dextrose in 0.45% normal saline

A community health nurse assesses a 68 year-old patient who lives in a group home. The patient reports decreased appetite after transferring to the group home because the food tastes bland. What type of data is the nurse collecting from the above information?

- a. Analytical
- b. Derived
- c. Objective
- d. Subjective

A patient is planning to have an elective surgical procedure to repair an umbilical hernia. The patient is 68 years old, weighs 136 kg (300 lbs.), has diabetes mellitus. Which of the following approaches would be the MOST beneficial in order to reduce the patient's surgical risk?

- a. Monitor blood glucose levels monthly
- b. Avoid fluid overload by restricting fluids
- c. Discourage any changes in routine before surgery
- d. Encourage weight reduction

When planning discharge teaching for the parent of an infant with bronchiolitis, the nurse should EMPHASIZE:

- a. Use of supplemental oxygen at night
- b. Frequent hand washing
- c. Sleeping in the supine position
- d. Rice-thickened formula during night-time feedings

A 40-year-old woman suffered an automobile accident one month ago. The accident resulted in a C4 spinal cord injury. Her preventive care includes independent daily performance of coughing and deep breathing. Which range-of-motion exercise would be most beneficial for this patient?

- a. Active
- b. Passive
- c. Combined
- d. Resistive

A nurse is assessing a client with possible Cushing's syndrome. In a client with Cushing's syndrome, the nurse expects to find:

- a. Weight gain in arms and legs



# MEDITHEN AI



- b. Thick, coarse skin
- c. Hypotension
- d. Deposits of adipose tissue in the trunk and dorsocervical area

A 16-year-old boy fractured his right tibia and fibula during a football match. Eight weeks later, the fractures were successfully healed and the cast was removed. Which range of motion exercises would be most beneficial?

- a. Active
- b. Combined
- c. Passive
- d. Resistive

A 34-year-old quadriplegia patient resides at home with his wife. In order to prevent contractures of all extremities, the community care nurse will instruct the patient's wife in performance of:

- a. Active range of motion exercises
- b. Passive range of motion exercises
- c. Active-assistive range of motion exercises
- d. Resistive range of motion exercises

A 65-year-old woman who was diagnosed with hypothyroidism at the age of 45 is brought to the clinic by ambulance. On arrival, she had a severely decreased level of consciousness. Her breathing is shallow and irregular. The skin is cool, dry and pale. There is generalized non-pitting edema of all extremities and face. Blood pressure 70/40 mmHg. Heart rate 60/min. Respiratory rate 12/min. Body temperature 35.5°C. Tympanic. What is the most appropriate method to re-warm this patient?

- a. Warmed intravenous isotonic fluids
- b. Place the patient in a warm bath
- c. Apply heat packs to the head and neck
- d. Cover the patient with hospital blankets

An adult patient suffers from hoarseness of voice, and difficulty in speech may be suffering from an injury of which of the following cranial nerves:

- a. IX
- b. X
- c. XI
- d. XII

Which assessment finding would the nurse expect in an infant diagnosed with pyloric stenosis?

- a. Abdominal rigidity
- b. Ribbon-like stools



**MEDITHEN AI**



- c. Visible waves of peristalsis
- d. Rectal prolapsed

A nurse is administering a cleansing enema to a client with a fecal impaction. Before administering the enema, the nurse places the client in which position:

- a. Left Sims' position
- b. Right Sims' position
- c. On the left side of the body, with the head of the bed elevated 45 degrees
- d. On the right side of the body, with the head of the bed elevated 45 degrees

A Woman Patient has molar pregnancy, what is the best advice from the nurse?

- a. Hysterectomy
- b. Not get pregnant again
- c. Wait a year then try to pregnant

A new infant has born and his mother is confused if the infant may have Gestational diabetes as she had it during her pregnancy Which of the following the mother is the consider of her baby?

- a. Hypoglycaemia
- b. Anemia
- c. Hyperglycemia
- d. Infection

A child has an abdominal pain and Hepatomegaly, what should the nurse expect?

- a. Hepatitis
- b. Cancer
- c. Liver damage
- d. Low level of hemoglobin

A nurse manager is not satisfied of the staff work the best action should be taking?

- a. Arrange meeting with the staff
- b. Investigation
- c. Ignorance
- d. Acceptance

A woman complaining of mastitis during Brest feeding the best way to avoid this symptom is Apply a Warm or Cold Compress. Which of the following reason for exercise air after surgery?

- a. Prevent lungs atelectasis.
- b. Comfortable
- c. Prevent anxiety
- d. Prevent bleeding

## MEDITHEN AI APP



# MEDITHEN AI



A patient diagnosed with obsessive-compulsive disorder (OC) continually carries a toothbrush, and will brush and floss up to fifty times each day. The healthcare provider understands that the patient's behavior is an attempt to accomplish which of the following?

- a. Experience pleasure
- b. Relieve anxiety
- c. Avoid social interaction
- d. Promote oral health

Before administering a dose of furosemide (Lasix) to a 2-year-old with a congenital heart defect, the nurse should confirm the children identify by checking the hospital ID band and

- a. Verifying the child's room number.
- b. Verifying the identity with a second nurse.
- c. Asking the parent the child's name.
- d. Asking the child to tell you, his name.

Before sending a client for a CT with contrast dye, what the nurse's most important action?

- a. Teach about the need for post-procedure hydration.
- b. Verify that the informed consent is complete.
- c. Place the side rails of the bed up before transport.
- d. Check the client's health record for allergies.

Which is the priority for a child who has returned to the unit after surgery to repair a cleft palate and lip?

- a. Interacting with others
- b. Managing pain
- c. preventing infection
- d. Ambulating every hour

What precautions are necessary when caring for a patient with Hepatitis A?

- a. Gowning before entering the room
- b. Wearing gloves for direct care
- c. Wearing a mask at all times
- d. Placing the patient in a private room

Following surgery, the patient is returned to the unit and complaining of pain on a level of 9 out of 10. The nurse reviews the chart and finds the surgeon's order for "10 mg MSO4" written post-operatively. Before administering the morphine, what should the nurse do first?

- a. Set up a piggyback infusion system.
- b. Contact the surgeon before proceeding.
- c. Prepare the medication for administration.



## MEDITHEN AI APP



# MEDITHEN AI



- d. Call the pharmacy to send up the morphine.

When a patient is admitted with acute influenza, what type of isolation is MOST appropriate?

- a. Reverse isolation
- b. Contact isolation
- c. strict isolation
- d. Respiratory isolation

While caring for a patient in the post-anesthesia care unit (PACU), a nurse plans to keep the patient warm. What is the MUST important reason for this action?

- a. To preserve nutritional stores
- b. To prevent cutaneous vessel dilation
- c. To decrease patient anxiety
- d. To lower risk of infection resulting from chill

When using a fire extinguisher, the hose is aimed at the

- a. Area around the flame.
- b. Base of the flame.
- c. Middle of the flame.
- d. Top of the flame.

A staff nurse working on the gynecological surgery unit assigns the unlicensed assistive personnel (UAP) to ambulate a new post hysterectomy patient. Two hours later, the nurse checks on the patient and finds that the patient has not seen the UAP. When the nurse discovers the UAP talking on her phone in the lunch room, what should the nurse do?

- a. Report the UAP to the nursing supervisor
- b. Reprimand the UAP for her neglect.
- c. Begin an incident report.
- d. Remind the UAP that phones may only be used during breaks.

A 16-year-old male calls the clinic because he's worried that he might have gonorrhea. However, he doesn't want his parents to know. What should the nurse tell him?

- a. "I'm sorry, but you are a minor. We will need a parent's consent before we can do anything."
- b. "We can test and treat you. All results will be kept confidential."
- c. "We can test and treat you, but your parents will see it on your chart."
- d. "We can test you without parental consent, but if there are positive results, we must notify the health department."

Which of the Following Is the First Step for Inhaler Technique Education in Patients with Asthma?

## MEDITHEN AI APP



# MEDITHEN AI



- a. Breathe out gently.
- b. Place mouthpiece between lips.
- c. Shake the inhaler.
- d. Wait a few seconds then repeat the above process

Which of the following is the best describe of hospital Vision?

- a. To provide a quality of care we would want for ourselves,
- b. Treat every individual in a non-judgmental manner, ensuring privacy, fairness and confidentiality
- c. Improve the responsiveness of our services for the benefit of our patients and their families
- d. Helping local people live longer, healthier lives.

Which of the following uses for abdominal examination?

- a. Percussion, Inspection, Auscultation, Palpation
- b. Auscultation, Percussion, Palpation, Inspection
- c. Inspection, Auscultation, Percussion, Palpation
- d. Inspection, Palpation, auscultation, percussion.

A nurse manger apply decision making with the staff this is can be described as which of the following

- a. Decision-making
- b. Judgement
- c. Decentralized
- d. None

A Nurse Manger is Sharing Decision with the Staff this can be described As which of the following?

- a. Democratic
- b. Decision-making
- c. Judgement
- d. Not all of above

Prior to transport to surgery, the operating room calls the unit nurse to administer the preoperative medication as ordere After giving the medication, the unit nurse discovers that the surgical consent has not been signe What should the nurse do first?

- a. Ask the patient to sign the consent before transport.
- b. Notify the surgeon.
- c. Notify the nursing supervisor.
- d. Call the OR to cancel the procedure.

A patient is transferred to the post-anesthesia care unit (PACU) after surgery with epidural anesthesi After taking the patient's vital signs, what should the nurse assess next?



**MEDITHEN AI**



- a. Spinal headache
- b. Postoperative pain
- c. Bladder distention**
- d. Ability to move legs

When making shift assignments, which patient is most appropriate for a nursing assistant?

- a. A newly admitted patient with a seizure disorder.
- b. A post-hysterectomy patient who needs to ambulate.**
- c. A dehydrated patient with an electrolyte imbalance.
- d. A post-op laparotomy patient who needs education.

Your home health client has been throwing up for several days. You now find her lying in her bed. She is pale, lethargic, and her eyes are dull. She is also anxious. Which of the following is most likely?

- a. Congestive heart failure
- b. Multiple sclerosis
- c. Fecal impaction
- d. Hypovolemic shock**

A patient is admitted to the unit with an order for seizure precautions. Which action is most appropriate?

- a. Move the client to a room closer to the nurses' station.
- b. Serve the client's food in paper and plastic containers.
- c. Maintain the client's bed in the lowest position.**
- d. Ensure that soft limb restraints are applied to upper extremities.

A home nurse visits a patient for routine what is the first thing should the nurse to do first

- a. Collect information and schedule visit**
- b. Referral the patient to nearest hospital
- c. Speak with the family
- d. Provide advices

During a vaginal delivery of woman 38 years old the nurse should consider the risk of which of the following?

- a. Acute bleeding and coma
- b. Low potassium
- c. Brain Injury
- d. Fetal heart rate**

Lochia red sometimes happens during postpartum to bleed heavily with smell for the first three to ten postpartum days, the nurse should expect that may to?



**MEDITHEN AI**



- a. Lochia pink
- b. Sign of abnormal hemoglobin
- c. Infection
- d. Bleeding

head nurse of a Coronary Care Unit delegated the staff a senior nurse in that unit what initial step must the head nurse implement before?

- a. Check the hospital policies for delegating tasks
- b. Explain the task to the senior nurse
- c. Negotiate with the senior nurse
- d. Take the signature of the senior nurse

A disability patient already on the wheel chair has visited by her nephew, her nephew response to the patient that she has done something wrong and that god punished her and become in this condition, Which of the following describing her nephew behavior?

- a. Moral
- b. Anger
- c. Abuse

A health female her perio Every 28 days and doing now diet the perio Or menstruate has stopped since five month, The nurse should expect which of the following

- a. Secondary amenorrhea
- b. Primary amenorrhea
- c. Cancer
- d. HIV

The American Academy of pediatrics suggests that removal of the tonsils under certain conditions. Which of the following meets these conditions?

- a. Times viral tonsillitis per year
- b. Infrequent snoring and nasal quality
- c. Three times bacterial tonsillitis per year
- d. Tonsillitis accompanied by adenoid inflammation

Which goal is priority after surgical repair of cleft lip?

- a. Pain Management
- b. Prevent infection
- c. Increase mobility
- d. Develop parenting skills



**MEDITHEN AI**



A pregnant client with organ dysfunction presents with visual changes. 3+ deep tendon reflexes and a severe headache. At a subsequent follow-up visit the client reports that the symptoms have been resolved. What is the most likely reason for the improvement?

- a. Sleeping in a lateral position
- b. Consumption of 8 ounces of water per day**
- c. Exposure to bright lighting
- d. Ambulation every 30 minutes

Nurse receives a telephone call from the admission office of the hospital and is told that a patient with streptococcal meningitis will be admitted to the Medical Unit. The nurse is planning to apply infection control measures for the patient. Which type of isolation precaution the nurse must observe?

- a. Droplet precautions**
- b. Contact precautions
- c. Airborne precautions
- d. All of above

What is the proper procedure of doing breast self-examination?

- a. Use the palm of the hand to feel the lumps
- b. Apply three different levels of pressure to feel breast tissues**
- c. Stand when performing a breast self-exam
- d. Perform self-exam annually

During Cardiopulmonary Resuscitation (CPR) for a 75-year-old man in the Emergency Department, the doctor introduced himself as a leader for the CPR. What is the most appropriate leadership style for this situation?

- a. Autocratic**
- b. Democratic
- c. Bureaucratic
- d. Laissez-faire

Mr. (admitted to CCU with the congestive heart disease his vital Signs are HR 120 b/m. BP 110/60 mmhg . Stroke volume is 80. The cardiac output for Mr (is

- a. 182
- b. 1700
- c. 2400
- d. 9600**



**MEDITHEN AI**



19-year-old girl was scheduled for the extraction under general anesthesia. Her pre-operative was done and the consent was signed by her, but her nail polish and trim her long nails, requirement. What should be the nurse's action in response to?

- a. Explain why nails need to be cleaned
- b. Respect the patient's right to refuse
- c. Record and inform physician
- d. Remove as per protocol

During the home visit by the community health nurse, she observes that the infant baby during breastfeeding stop sucking and the milk is leaked from the nose. What would the nurse suspect?

- a. Pyloric stenosis
- b. Tracheoesophageal fistula (TEF)
- c. Cleft lip
- d. Cleft palate

A woman is admitted to the hospital with ruptured ectopic pregnancy. A laparotomy is scheduled preoperative. Which one of the following goals is most important for the nurse to include on the client plan of care?

- a. Fluid replacement
- b. Pain relief
- c. Emotional support
- d. Respiratory therapy

A labouring woman desires to participate in her caesarean and have pain control. Which of the following methods would satisfy the women's needs?

- a. Epidural block
- b. Pudendal block
- c. Meperidine injection
- d. General anaesthesia

After a code blue, a doctor announced the death of a patient. A signature other begins to show signs of decreased level of consciousness. What is the priority intervention of the nurse at this time?

- a. Offer a meal
- b. Ensure safety
- c. Set up an IV line
- d. Offer a glass of water

The nurse was educating a postpartum woman during discharge about importance of breast feeding. Which of the following if said by the women, indicates the need for further education?



**MEDITHEN AI**



- a. Breast milk is nutritionally balanced
- b. Breast milk reduces the risk of infection
- c. Breast feeding promotes mother-child bonding
- d. Breast feeding prevents pregnancy

Patient is being admitted in medical unit and has orders for fluid restriction of 1400ml / 24 hours. He is receiving iV medications in 50ml solutions QI. How much fluid should the caring nurse allocate for cra intake in 24hours?

- a. 400 ml
- b. 800 ml
- c. 1000 ml
- d. 1200 ml

Nurse is assessing a child (an infant) with pyloric stenosis. Which of the following is likely to note?

- a. Diarrhoea
- b. Projectile vomiting
- c. Swallowing difficulties
- d. Currant jelly like stool

Rehabilitation nurse reviews post stroke patient immunization history which immunization is a priority for a 72-year-old patient

- a. Hepatitis A vaccine
- b. Hepatitis B vaccine
- c. Rotavirus vaccine
- d. Pneumococcal vaccine

Pregnant woman in the 3 months have a thrombus in the right leg what do you expect the doctor will order

- a. Heparin
- b. Insulin
- c. Warfarin
- d. Aspirin

Pregnant woman 34 weeks has hypertension this problem is identified as?

- a. Hypertension
- b. Pregnancy induced DM
- c. PIH (Pregnancy induced hypertension)
- d. Placenta Previa



**MEDITHEN AI**



A woman breastfeeds her infant one or two hours and her infant cries most of the time and she feels pain in her breast. Which of the following instructions are appropriate for the nurse to give the mother?

- a. Regulate breast feeding every 3 hours
- b. That's normal feeding problem
- c. Shift to bottle feeding
- d. Start weaning your baby

Treating pregnant women diagnosed with syphilis is considered?

- a. Primary level of prevention
- b. Secondary level of prevention
- c. Tertiary level of prevention
- d. Primary and secondary

Neonate is admitted to the neonatal intensive care unit for observation with a diagnosis of probable meconium aspiration syndrome (MAS) the neonate weight 4.650 grams and is at 40 weeks gestation which of the following would be the priority problem?

- a. Impaired skin integrity
- b. Hyperglycaemia
- c. Risk for impaired parent - infant child attachment
- d. Impaired gas exchange.

Patient arrived to emergency department with tracheal deviation and has neck swelling, what is the first intervention should be done by the nurse?

- a. Refer patient to do x-ray
- b. Give patient bronchodilator
- c. Drained blood sample for bag
- d. Place patient in Trendelenburg position

A client has atrial fibrillation the nurse should monitor the client for?

- a. Cardiac arrests
- b. Cerebrovascular accident
- c. Heart block
- d. Ventricular fibrillation

During the home visit the community health nurse find a child hungry and a appears with poor hygiene, this is considered as?

- a. Neglecting
- b. Avoidance
- c. Physical abuse





**MEDITHEN AI**



d. Assault

A client diagnosed with conductive hearing loss asks the nurse to explain the cause of the hearing problem. The nurse plans to explain to the client that this condition is caused by which problem?

- a. A defect in the cochlea
- b. A defect in cranial nerve viii
- c. A physical obstruction to the transmission of sound waves
- d. A defect in the sensory fibers that lead to the cerebral cortex

The drug of choice for anthrax is?

- a. Tetracycline
- b. Ciprofloxacin
- c. Quinolones
- d. Streptomycin

The registered nurse should give the highest priority of care for?

- a. Patient newly diagnosed with hypertension
- b. Patient complaining of severe headache
- c. Patient with chest pain
- d. Patient with peptic ulcer

First time mother is concerned about her 6 months old infant is not gaining enough weight what should the nurse tell the mother?

- a. Birth weight doubles by 6 months of age
- b. Birth weight doubles by 3 months of age
- c. The baby will eat what he needs
- d. You need to make sure that the baby finishes each bottle

The drug of choice for patient with Parkinson's disease is?

- a. Phenytoin
- b. Levodopa
- c. Haloperidol
- d. Lithium

Which one of the following signs and symptoms is associated with increased intracranial pressure?

- a. Restlessness and confusion
- b. Bradycardia and hypertension
- c. Tachycardia and hypotension
- d. Respiratory depression and headache



**MEDITHEN AI**



Which of the following is considered one of the common complications following abdominal total hysterectomy?

- a. DVT
- b. paralytic ileus
- c. constipation
- d. perforation

When planning the care of a client who has undergone an abdominal hysterectomy which nursing measures is most helpful for preventing post-operative complication and facilitating an early discharge?

- a. Re-establishing oral fluids and the nutrition
- b. Promoting ambulation and movement
- c. Maintaining accurate intake and output
- d. Exploring feelings about altered image

One of the following problems is considered as quinidine sulphate toxicity?

- a. Tachycardia
- b. Hypertension
- c. Ringing in the ear
- d. Alopecia

A nurse discusses high risk complication with a group of women at a prenatal clini Which client would the nurse identify as being highest risk for developing complication during pregnancy?

- a. A 25 years old gravida 1 client
- b. A client with the placenta implanted on the fundus of the uterus
- c. A client who has nausea and vomiting during the first trimester
- d. A 30 years old client with DM

Which common uterus position cause of abortion

- a. Longitudinal
- b. Oblique
- c. A retroverted uterus
- d. Linear

During stressful situation the patient is complaining from chest pain, sweating, tremors. And visual difficulties what is the expected cause?

- a. Bipolar disorder
- b. Panic disorder
- c. Hyperglycaemia
- d. Hypertension

## MEDITHEN AI APP



# MEDITHEN AI



A soldier was brought to triage area after being exposed to chemical weapons. Signs and symptoms of nerve gas exposure were noticed. A nurse prepares for medical management. Which medication should the nurse prepare for the patient?

- a. Atropine
- b. Adrenaline
- c. Sodium nitrate
- d. Sodium thiosulphate

A 42-year-old patient was to be prepared for the upper gastrointestinal endoscopy. The patient anxiously asked the nurse about what will happen in the procedure. The nurse explained that the endoscopy tube will be inserted down his throat which will make him severely gag but he will have to swallow it. Which type of communication the endoscopy nurse has used here?

- a. Assertive
- b. Interactive
- c. Therapeutic
- d. Non therapeutic

When developing their plan of care for a client with suicidal ideation, Development Goals to address which issue is priority?

- a. Self-esteem
- b. Sleep
- c. Stress
- d. Safety

A client with depression and suicidal ideation voices feeling of self-doubt and powerlessness and is very dependent on the nurse for most aspects of hair care according to Erikson's stage of growth and development the nurse determines the client to be manifesting problem in which stage?

- a. Trust vs mistrust
- b. Autonomy vs shame and doubt
- c. Initiative vs guilt
- d. Industry versus inferiority

A client with schizophrenia is withdrawn, is suspicious of others, and projects blame, the client's behavior reflects problem in which stage of development as identified by Erikson?

- a. Trust vs mistrust
- b. Autonomy vs shame and doubt
- c. Initiative vs guilt
- d. Intimacy versus isolation



**MEDITHEN AI**



A 22-year-old man presented to the mental health clinic with low mood and general loss of interest in activities and inability to experience pleasure he admitted suicidal thoughts and extreme lack of energy he was prescribed a selective serotonin reuptake inhibitor to be taken daily one month later he presented to the clinic and reports feeling more

energetic but still has a low mood what is the Patience level of risk committing suicide at this time?

- a. None
- b. Low
- c. Medium
- d. High

Psychiatric patient appears violent for himself and others was put in the room alone during the period of exacerbation, then patient calm down and informed the nurse I am OK now let me with others, but the nurse refused that as a punishment way. At which underline label will the nurse accused under the court?

- a. Abandonment
- b. False imprisonment
- c. Negligence
- d. Duty to act

A nurse is preparing to meet with an individual whose spouse recently diagnosed with Alzheimer's disease the nurse should know that the primary goal of treatment is?

- a. Curing is a disease
- b. Maximizing the functional ability and improve quality of life
- c. Hearing the Alzheimer's patient and safe control
- d. Making all decisions for the patient and confirming to home environment

Lithium therapy affects which of the following hormones?

- a. Cortisone
- b. TSH
- c. FSH
- d. Oestrogen

67 years old female has stayed at a geriatric home for 10 years. Last night at 3 AM, the client become aggressive and agitated what should the nurse do?

- a. Enter her room and switch off the light
- b. Enter her room and playing the music
- c. Avoid anything to make her anger
- d. Ask her to be quiet



**MEDITHEN AI**



A female patient diagnosed with cancer she intended to spend a part of her money for the poor people in case of her cure. Is this action by the patient considered?

- a. Denial
- b. Acceptance
- c. Bargaining
- d. Anger

An 8-year-old child is crying and said because of the death of his parent what should the nurse do?

- a. Ask him to stop crying
- b. Ignore him
- c. Allow him to cry and accept his feeling
- d. Keep him in a quiet environment

Which food should the nurse eliminate from the diet of a client in alcohol withdrawal?

- a. Milk
- b. Regular coffee
- c. Orange juice
- d. Eggs

The most common risk factors for Suicides are?

- a. Dehydration
- b. electrolyte imbalance
- c. cardiogenic shock
- d. Depression

Community is experiencing an outbreak of staphylococcal infections the nurse and instructs residents that the most common mode of transmission is by?

- a. Respiratory droplet
- b. Contaminated food
- c. Hands
- d. Soil

Antibiotic for Gonorrhea

- a. Penicillin
- b. Tetracycline
- c. Cipro
- d. Cephalosporin



**MEDITHEN AI**



The nurse teaches a client with chronic obstructive pulmonary disease (COPD) to assess signs and symptoms of right-sided heart failure.

- a. Clubbing of Nail Beds
- b. Hypertension
- c. Peripheral Edema
- d. Increased Appetite

Which of the following nursing diagnosis PRIORITY?

- a. Anxiety
- b. Impaired gas exchange
- c. Acute pain
- d. Sleep deprivation

A co-worker informs that the nurse about experiencing increased level of stress associated with daily responsibilities to help cope with professional stress, the nurse should encourage the co-worker to;

- a. Make a list of unfinished tasks
- b. Complete complex mental task before physical tasks
- c. Acknowledge daily accomplishments
- d. Spend time with colleague away from work

A nurse administers albuterol nebulizer to a child with asthma exacerbation. The nurse measures pulse Oximetry and auscultates the lungs to determine whether the goal of clear respiratory status has been met. The step of nursing is called:

- a. Assessment
- b. Diagnosis
- c. Implementation
- d. Evaluation

The most effective procedure to prevent spread of infection is:

- a. Wearing gloves
- b. Using antiseptic Sterilization
- c. Hand washing

When is the best time to collect urine specimen for routine urinalysis and culture and sensitivity?

- a. Early morning
- b. Later afternoon
- c. Midnight
- d. Before breakfast



**MEDITHEN AI**



The physician has determined that the client with hepatitis has contracted the infection from contaminated food. The nurse understands that this client is most likely experiencing what type of hepatitis?

- a. Hepatitis A
- b. Hepatitis B
- c. Hepatitis C
- d. Hepatitis D

A primigravida woman is instructed to offer her breast to the baby for the first time within 30 minutes after delivery. What is the benefit of offering the breast for newborn early?

- a. Initiate the occurrence of milk letdown
- b. Stimulate milk production by the mammary acini
- c. Make sure that the baby is able to get colostrum
- d. Allow the mom to practice breastfeeding in the presence of the health worker

Nursing diagnosis:

- a. A statement that describes potential health problem only.
- b. A statement that describes actual and potential health problems.
- c. A statement that describes actual health problem only.
- d. Puts the nursing care plan into action.

In which of the following ways can ascorbic acid be administered?

- a. IM.
- b. Diluted intravenous fluids.
- c. Orally.
- d. All of the above.

Following a sigmoidoscopy, the patient should be observed for signs of hemorrhage and:

- a. Perforation.
- b. Flatus.
- c. Fluid loss.
- d. Nausea

Which of the following amounts of water per day should be ingested by the average person to maintain hydration:

- a. 0cc
- b. 1200cc
- c. 500cc
- d. 2500cc



**MEDITHEN AI**



If a nasogastric tube has been misplaced in the trachea during preparation to obtain a gastric specimen, the nurse should anticipate that the patient will:

- a. Swallow every few seconds.
- b. Gage without relief.
- c. Have difficulty in breathing.
- d. Complain of feeling nauseate

A 40-year-old male patient is complaining of chronic progressive and mental deterioration is admitted to the unit. The nurse recognized that these characteristics indicate a disease that results in degeneration of the basal ganglia and cerebral cortex. The disease is called:

- a. Myasthenia gravis.
- b. Huntington disease.
- c. Multiple sclerosis.
- d. Guillain-Barre syndrome.

To prevent the formation of thrombi in the postoperative patient, the nurse should:

- a. Have the patient lie still.
- b. Place pillows under the knee.
- c. Teach foot and leg exercises.
- d. Lie in lateral position.

Mr. Lucas, a 63-year-old, went to the clinic complaining of hoarseness of voice and a cough. His wife states that his voice has changed in the last few months. The nurse interprets that Mr. Lucas's symptoms are consistent with which of the following disorders:

- a. Chronic sinusitis.
- b. Laryngeal cancer.
- c. Gastro esophageal reflux disease
- d. coronary artery disease

Which of the following symptoms is most characteristic of a client with a cancer of the lung?

- a. Air hunger
- b. Exceptional dyspnea
- c. Cough with night sweats
- d. Persistent changing cough

The relation between the pulse and respiratory rate is represented by which of the following ratios:

- a. One respiration to 3 or 4 heartbeat.
- b. One respiration to 4 or 5 heartbeat.
- c. One respiration to 2 or 3 heartbeat.
- d. One respiration to 5 or 6 heartbeat.





**MEDITHEN AI**



Hours after delivery the fundus is at level of:

- a. One fingerbreadth above the umbilicus.
- b. At the level of umbilicus.
- c. One fingerbreadth below the umbilicus.
- d. Below symphysis pubis.

When the patient is diagnosed with Wilms tumor, the nurse should:

- a. Avoid palpation of abdomen.
- b. Observe for nausea and vomiting.
- c. Always keep bed rails up.

Red has just returned from the post anesthesia care unit (PACU) from hemorrhoidectomy. His postoperative orders include sitz baths every morning. The nurse understands that sitz bath is use for:

- a. Relieve tension.
- b. Lower body temperature.
- c. Promote healing.
- d. Cause swelling.

A 48-year-old woman presents to the hospital complaining of chest pain, tachycardia and dyspnea. On exam, heart sounds are muffled. Which of the following assessment findings would support a diagnosis of cardiac tamponade:

- a. deviated trachea
- b. Absent breath sounds to the lower lobes
- c. Pulse 40 with inspiration
- d. Blood pressure 140/80

The intentional wound is:

- a. Occur accidentally.
- b. The mucous membrane or skin surface is broken.
- c. Occur during therapy.
- d. The tissue is traumatized without a break in the skin.

Lisa is newly diagnosed with asthma and is being discharged from the hospital after an episode of status asthmaticus. Discharge teaching should include which of the following:

- a. Limitations in sports that will be imposed by illness
- b. Specific instructions on staying calm during an attack
- c. The relationship of symptoms and a specific trigger such as physical exercise
- d. Incidence of status asthmaticus in children and teens.



**MEDITHEN AI**



Nurse Fiona cares for a patient with Raynaud's disease. Which of the following outcomes concerning medication regimen is of highest priority?

- a. Controlling the pain once vasospasm occurs
- b. Relaxing smooth muscle to avoid vasospasms**
- c. Preventing major disabilities that may occur
- d. Avoiding lesions on the feet

A shuffling gait is typically associated with the patient who has:

- a. Parkinson's disease**
- b. Multiple sclerosis
- c. Raynaud's disease
- d. Myasthenia gravis

Sarah complains of a nursing sensation, cramping pain in the top part of her abdomen that becomes worse in the afternoon and sometimes awakes her at night. She reports that when sheets, it helps the pain go away but that pain is now becoming more intense. Which of the following is the best condition for the nurse to draw?

- a. These symptoms are consistent with an ulcer**
- b. The client probably has indigestion
- c. A snack before going to bed should be advised
- d. The client probably developing cholelithiasis

Which individual is at the greatest risk for developing hypertension?

- a. 45-year-old African American attorney**
- b. 60-year-old Asian American shop owner
- c. 40-year-old Caucasian nurse
- d. 55-year-old Hispanic teacher

A child who ingested 15 maximum strength acetaminophen tablets 45 minutes ago is seen in the emergency department. Which of these orders should the nurse do first?

- a. Gastric lavage PRN**
- b. Acetylcysteine (mucomyst) for age per pharmacy
- c. Start an IV Dextrose 5% with 0.33% normal saline to keep vein open
- d. Activated charcoal per pharmacy

Which complication of cardiac catheterization should the nurse monitor for in the initial 24 hours after the procedure?

- a. Angina at rest
- b. Thrombus formation**
- c. Dizziness



**MEDITHEN AI**



- d. Falling blood pressure

A client is admitted to the emergency room with renal calculi and is complaining of moderate to severe flank pain and nausea. The client's temperature is 100.8 degrees Fahrenheit. The priority nursing goal for this client is

- a. Maintain fluid and electrolyte balance
- b. Control nausea
- c. Manage pain
- d. Preventing urinary tract infection

What would the nurse expect to see while assessing the growth of children during their school years?

- a. Decreasing amounts of body fat and muscle mass
- b. Little change in body appearance from year to year
- c. Progressive height increase of 4 inches each year
- d. Yearly weight gain of about 5.5 pounds per year

At a community health fair, the blood pressure of a 62-year-old client is 160/96. The client states "My blood pressure is usually much lower." The nurse should tell the client to

- a. go get a blood pressure check within the next 48 to 72 hours
- b. check blood pressure again in 2 months
- c. see the health care provider immediately
- d. visit the health care provider within 1 week for a BP check

The hospital has sounded the call for a disaster drill on the evening shift. Which of these clients would the nurse put first on the list to be discharged to make a room available for a new admission?

- a. A middle-aged client with a history of being ventilator dependent for over 7 years and admitted with bacterial pneumonia five days ago
- b. A young adult with diabetes mellitus Type 2 for over 10 years and admitted with antibiotic induced diarrhea 24 hours ago
- c. An elderly client with a history of hypertension, hypercholesterolemia and lupus, and was admitted with Stevens-Johnson syndrome that morning
- d. An adolescent with a positive HIV test and admitted for acute cellulitis of the lower leg 48 hours ago

A client has been newly diagnosed with hypothyroidism and will take levothyroxine (Synthroid) 50 mcg/day by mouth. As part of the teaching plan, the nurse emphasizes that this medication:

- a. Should be taken in the morning
- b. May decrease the client's energy level



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- c. Must be stored in a dark container
- d. Will decrease the client's heart rate

A 3-year-old child comes to the pediatric clinic after the sudden onset of findings that include irritability, thick muffled voice, croaking on inspiration, hot to touch, sit leaning forward, tongue protruding, drooling and suprasternal retractions. What should the nurse do first?

- a. Prepare the child for x-ray of upper airways
- b. Examine the child's throat
- c. Collect a sputum specimen
- d. Notify the healthcare provider of the child's status

In children suspected of having a diagnosis of diabetes, which one of the following complaints would be most likely to prompt parents to take their school age child for evaluation?

- a. Polyphagia
- b. Dehydration
- c. Bedwetting
- d. Weight loss

A client comes to the clinic for treatment of recurrent pelvic inflammatory disease. The nurse recognizes that this condition most frequently follows which type of infection?

- a. Trichomoniasis
- b. Chlamydia
- c. Staphylococcus
- d. Streptococcus

An RN who usually works in a spinal rehabilitation unit is floated to the emergency department. Which of these clients should the charge nurse assign to this RN?

- a. A middle-aged client who says, "I took too many diet pills" and "my heart feels like it is racing out of my chest."
- b. A young adult who says "I hear songs from heaven. I need money for beer. I quit drinking 2 days ago for my family. Why are my arms and legs jerking?"
- c. An adolescent who has been on pain medications terminal cancer with an initial assessment finding pupils and a relaxed respiratory rate of 10
- d. An elderly client who reports having taken a "large crack hit" 10 minutes prior to walking into the emergency room

When teaching a client with coronary artery disease about nutrition, the nurse should emphasize

- a. Eating 3 balanced meals a day
- b. Adding complex carbohydrates
- c. Avoiding very heavy meals



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- d. Limiting sodium to 7 gms per day

Which of these findings indicate that a pump delivers a basal rate of 10 ml per hour plus PRN for pain breakthrough for morphine drip is not working?

- a. The client complains of discomfort at the IV insertion site
- b. The client states "I just can't get relief from my pain."
- c. The level of drug is 100 ml at 8 AM and is 80 ml at noon
- d. The level of the drug is 100 ml at 8 AM and is 50 ml at noon

The nurse is speaking at a community meeting about personal responsibility for health promotion. A participant asks about chiropractic treatment for illnesses.

What should be the focus of the nurse's response?

- a. Electrical energy fields
- b. Spinal column manipulation
- c. Minbody balance
- d. Exercise of joints

The nurse is performing a neurological assessment on a client post right CV. Which finding, if observed by the nurse, would warrant immediate attention?

- a. Decrease in level of consciousness
- b. Loss of bladder control
- c. Altered sensation to stimuli
- d. Emotional ability

A child who has recently been diagnosed with cystic fibrosis is in a pediatric clinic where a nurse is performing an assessment. Which later finding of this disease would the nurse not expect to see at this time?

- a. Positive sweat test
- b. Bulky greasy stools
- c. Moist, productive cough
- d. Meconium ileus

The home health nurse visits a male client to provide wound care and finds the client lethargic and confuse His wife states he fell down the stairs 2 hours ago. The nurse should

- a. Place a call to the client's health care provider for instructions
- b. Send him to the emergency room for evaluation
- c. Reassure the client's wife that the symptoms are transient
- d. Instruct the client's wife to call the doctor if his symptoms become worse



**MEDITHEN AI**



Which of the following should the nurse implement to prepare a client for a KUB (Kidney, Ureter, and Bladder) radiograph test?

- a. Client must be NPO before the examination
- b. Enema to be administered prior to the examination
- c. Medicate client with Lasix 20 mg IV 30 minutes prior to the examination
- d. No special orders are necessary for this examination

The nurse is giving discharge teaching to a client for 7 days post myocardial infarction. He asks the nurse why he must wait 6 weeks before having sexual intercourse. What is the best response by the nurse to this question?

- a. "You need to regain your strength before attempting such exertion."
- b. "When you can climb 2 flights of stairs without problems, it is generally safe."
- c. "Have a glass of wine to relax you, then you can try to have sex."
- d. "If you can maintain an active walking program, you will have less risk."

A triage nurse has these 4 clients arrive in the emergency department within 15 minutes. Which client should the triage nurse send back to be seen first?

- a. A 2-month-old infant with a history of rolling off the bed and has bulging fontanels with crying
- b. A teenager who got a singed beard while camping
- c. An elderly client with complaints of frequent liquid brown colored stools
- d. A middle-aged client with intermittent pain behind the right scapula

While planning care for a toddler, the nurse teaches the parents about the expected developmental changes for this age. Which statement by the mother shows that she understands the child's developmental needs?

- a. "I want to protect my child from any falls."
- b. "I will set limits on exploring the house."
- c. "I understand the need to use those new skills."
- d. "I intend to keep control over our child"

The nurse is preparing to administer an enteral feeding to a client via a nasogastric feeding tube. The most important action of the nurse is

- a. Verify correct placement of the tube
- b. Check that the feeding solution matches dietary order
- c. Aspirate abdominal contents to determine the amount of last feeding remaining in stomach
- d. Ensure that the feeding solution is at room temperature



**MEDITHEN AI**



The nurse is caring for a client with a serum potassium level of 3.5 mEq/L. The client is placed on a cardiac monitor and receives 40 mEq KCL in 1000 ml of 5% dextrose in water IV. Which of the following EKG patterns indicates to the nurse that the infusions should be discontinued?

- a. Narrowed QRS complex
- b. Shortened "PR" interval
- c. Tall, peaked T waves
- d. Prominent "U" waves

A nurse prepares to care for a 4-year-old newly admitted for rhabdomyosarcoma. The nurse should alert the staff to pay more attention to the function of which area of the body?

- a. All striated muscles
- b. The cerebellum
- c. The kidneys
- d. The leg bones

The nurse anticipates that for a family who practices Chinese medicine the priority goal would be to

- a. Achieve harmony
- b. Maintain a balance of energy
- c. Respect life
- d. Restore yin and yang

During an assessment of a client with cardiomyopathy, the nurse finds that the systolic blood pressure has decreased from 145 to 110 mm Hg and the heart rate has risen from 72 to 96 beats per minute and the client complains of periodic dizzy spells. The nurse instructs the client to

- a. Increase fluids that are high in protein
- b. Restrict fluids
- c. Force fluids and reassess blood pressure
- d. Limit fluids to non-caffeine beverages

A client has a Swan-Ganz catheter in place. The nurse understands that this is intended to measure

- a. Right heart function
- b. Left heart function
- c. Renal tubule function
- d. Carotid artery function

A nurse enters a client's room to discover that the client has no pulse or respirations. After calling for help, the first action the nurse should take is

- a. Start a peripheral IV



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- b. Initiate close chest massage
- c. Establish an airway
- d. Obtain the crash car

A client receives digoxin (Lanoxin) 0.25 mg. Daily. The health care provider has written a new order to give metoprolol (Lopressor) 25 mg. I. In assessing the client prior to administering the medications, which of the following should the nurse report immediately to the health care provider?

- a. Blood pressure 94/60
- b. Heart rate 76
- c. Urine output 50 ml/hour
- d. Respiratory rate 16

While assessing a 1-month-old infant, which finding should the nurse report immediately?

- a. Abdominal respirations
- b. Irregular breathing rate
- c. Inspiratory grunt
- d. Increased heart rate with crying

The nurse practicing in a maternity setting recognizes that the post mature fetus is at risk due to

- a. Excessive fetal weight
- b. Low blood sugar levels
- c. Depletion of subcutaneous fat
- d. Progressive placental insufficiency

The nurse is caring for a client who had a total hip replacement 4 days ago. Which assessment requires the nurse's immediate attention?

- a. I have bad muscle spasms in my lower leg of the affected extremity.
- b. "I just can't 'catch my breath' over the past few minutes and I think I am in grave danger."
- c. "I have to use the bedpan to pass my water at least every 1 to 2 hours."
- d. "It seems that the pain medication is not working as well today."

A client has been taking furosemide (Lasix) for the past week. The nurse recognizes which finding may indicate the client is experiencing a negative side effect from the medication?

- a. Weight gain of 5 pounds
- b. Edema of the ankles
- c. Gastric irritability
- d. Decreased appetite



## MEDITHEN AI APP



# MEDITHEN AI



A client who is pregnant comes to the clinic for a first visit. The nurse gathers data about her obstetric history, which includes 3-year-old twins at home and a miscarriage 10 years ago at 12 weeks gestation. How would the nurse accurately document this information?

- a. Gravida 4 para 2
- b. Gravida 2 para 1
- c. Gravida 3 para 1
- d. Gravida 3 para 2

The nurse is caring for a client with a venous stasis ulcer. Which nursing intervention would be most effective in promoting healing?

- a. Apply dressing using sterile technique
- b. Improve the client's nutrition status
- c. Initiate limb compression therapy
- d. Begin proteolytic debridement

A nurse is to administer meperidine hydrochloride (Demerol) 100 mg, atropine sulfate (Anthroposol) 0.4 mg, and promethazine hydrochloride (Phenergan) 50 mg IM to a pre-operative client. Which action should the nurse take first?

- a. Raise the side rails on the bed
- b. Place the call bell within reach
- c. Instruct the client to remain in bed
- d. Have the client empty bladder

Which of these statements best describes the characteristics of an effective reward feedback system?

- a. Specific feedback is given as close to the event as possible
- b. Staff are given feedback in equal amounts over time
- c. Positive statements are to precede a negative statement
- d. Performance goals should be higher than what is attainable

A client with multiple sclerosis plans to begin an exercise program. In addition to discussing the benefits of regular exercise, the nurse should caution the client to avoid activities which

- a. Increase the heart rate
- b. Lead to dehydration
- c. Are considered aerobics
- d. May be competitive

During the evaluation of the quality of home care for a client with Alzheimer's disease, the priority for the nurse is to reinforce which statement by a family member?

- a. At least 2 full meals a day is eaten.



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- b. We go to a group discussion every week at our community center.
- c. We have safety bars installed in the bathroom and have 24-hour alarms on the doors.
- d. The medication is not a problem to have it taken 3 times a day.

A nurse is reviewing a patient's medication during shift change. Which of the following medications would be contraindicated if the patient were pregnant?

- a. Finasteride
- b. Celebrex
- c. Catapres
- d. Habitrol

A nurse is reviewing a patient's PMH. History indicates photosensitive reactions to medications. Which of the following drugs has not been associated with photosensitive reactions?

- a. Cipro
- b. Sulfonamide
- c. Noroxin
- d. Nitro-dur

A patient tells you that her urine is starting to look discolored. If you believe this change is due to medication, which of the following patient's medication does not cause urine discoloration?

- a. Sulfasalazine
- b. Levodopa
- c. Phenolphthalein
- d. Aspirin

You are responsible for reviewing the nursing unit's refrigerator. If you found the following drug in the refrigerator it should be removed from the refrigerator's contents?

- a. Corgard
- b. Humulin
- c. Urokinase
- d. Epogen

A 34-year-old female has recently been diagnosed with an autoimmune disease. She has also recently discovered that she is pregnant. Which of the following is the only immunoglobulin that will provide protection to the fetus in the womb?

- a. IgA
- b. IgD
- c. IgE
- d. IgG



**MEDITHEN AI**



A second-year nursing student has just suffered a needlestick while working with a patient that is positive for AIDS. Which of the following is the most important action that nursing students should take?

- a. Immediately see a social worker
- b. Start prophylactic AZT treatment.**
- c. Start prophylactic Pentamidine treatment.
- d. Seek counseling.

A thirty-five-year-old male has been an insulin-dependent diabetic for five years and now is unable to urinate. Which of the following would you most likely suspect?

- a. Atherosclerosis
- b. Diabetic nephropathy
- c. Autonomic neuropathy**
- d. Somatic neuropathy

You are taking the history of a 14-year-old girl who has a (BMI) of 18. The girl reports inability to eat, induced vomiting and severe constipation. Which of the following would you most likely suspect?

- a. Multiple sclerosis
- b. Anorexia nervosa**
- c. Bulimia
- d. Systemic sclerosis

A 24-year-old female is admitted to the ER for confusion. This patient has a history of myeloma diagnosis, constipation, intense abdominal pain, and polyuria Which of the following would you most likely suspect?

- a. Diverticulosis
- b. Hypercalcaemia**
- c. Hypocalcemia
- d. Irritable bowel syndrome

Rhogam is most often used to treat mothers that have a infant.

- a. RH positive, RH positive
- b. RH positive, RH negative
- c. RH negative, RH positive**
- d. RH negative, RH negative

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