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title: "Final Project Week 9 Step 2"
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date: "`r Sys.Date()`"
output: pdf_document
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```{r setup, include=FALSE}
knitr::opts_chunk$set(echo = TRUE)
```

## R Markdown
# Diabetes Data
```

I explore four datasets to address the question of whether high blood pressure causes Type 2 diabetes. The first dataset "Diabetes" is accessible through the "heplots" package in R.

```

```{r}
library(heplots)
data(Diabetes, package="heplots")
str(Diabetes)
library(pastecs)
stat.desc(Diabetes, norm = TRUE)

```

```

The sspg variable(steady-state plasma glucose level) indicates the average of the last four blood glucose levels tested in a glucose tolerance test. Subjects with an SSPG greater than 150 mg/dL are considered to be insulin-resistant. Plot the relative weight, compared to normal weight, to the three groups of normal, chemical diabetic, and overt diabetic.

```

```{r}
weight_glucose_vs_diagnosis <- Diabetes%>%
  select(group, relwt, glufast, sspg)%>%
  filter(group!= "Normal")

weight_glucose_vs_diagnosis
mean(weight_glucose_vs_diagnosis$relwt)
mean(weight_glucose_vs_diagnosis$glufast)
mean(weight_glucose_vs_diagnosis$sspg)
```

```

I have created a dataframe of all diabetics compared to relative weight, fasting glucose, and sspg. The mean relative weight of 1.02 shows diabetics to be slightly overweight. The mean glucose 155.91 shows high sugar. The mean sspg of 261.54 is far beyond the 150 threshold of insulin resistance.

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```{r}
error_bars_relwt <- bar + stat_summary(fun.data = mean_cl_normal, geom =
"errorbar", position = position_dodge(width = 0.90)) + labs(x = "Disease
Stage", y = "Relative Weight")
error_bars_relwt
weight_glucose_vs_diagnosis%>%
  group_by(group)%>%
  summarise_at(vars(relwt, glufast, sspg), mean)
normal_nums <- Diabetes%>%
  select(group, relwt, glufast, sspg)%>%
  filter(group== "Normal")%>%
  summarise_at(vars(relwt, glufast, sspg), mean)
normal_nums
```

```

# The plot shows that relative weight exceeds normal for the chemically diabetic, but reverts to below average for the overtly diabetic. Maybe chemically diabetic patients are counseled by their physicians to lose weight, and it still does not help to prevent the onset of full diabetes? Or maybe the disease itself causes weight loss? I then compare the diabetics' stats to the normal ones, and normals were in the normal range for all three variables.

# The Jordan dataset comes from The Humanitarian Data Exchange(HDX). It is in an excel file and needs read.xl package to access the data.

```

```{r}
library(readxl)
jordan_df <- read_excel('jordandataset.xlsx')

```

# Use dplyr to select variables to explore.

```{r}
library(dplyr)
jord_df <- jordan_df%>%
  select(Sex, Age, bp_systolic, bp_diastolic, hb1c, MartialStatus,
BMI,
  starts_with("Comorbid"))

```

# Check for NAs.

```{r}
is.na(jord_df)
```

# Remove NAs. Check that all values = FALSE.

```{r}
cleaned_jord <- na.omit(jord_df)
is.na(cleaned_jord)
head(cleaned_jord)
```

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# Look at correlation matrix of variables impacting diabetes.
```{r}
cor(cleaned_jord[, c("Age", "bp_systolic", "bp_diastolic", "hba1c", "BMI")])
```

``` The systolic and diastolic blood pressure readings are understandably
correlated against each other. Otherwise, only systolic blood pressure is
correlated with age.
```

# Visualize correlations with ggpairs. One must import GGally library.

```{r}
library(GGally)
ggpairs(jordan_df%>%
        select(Age, bp_systolic, bp_diastolic, hba1c))
```

# Look at averages for bp, a1c, BMI, and Age.

```{r}

```

mean(cleaned_jord$bp_systolic)
mean(cleaned_jord$bp_diastolic)
mean(cleaned_jord$Age)
mean(cleaned_jord$hba1c)
mean(cleaned_jord$BMI)

```

The mean for diastolic pressure is 90 mm Hg, higher than 80 mm Hg, which is
the normal upper limit. The same is true for the systolic pressure. The mean
systolic is 143 mm Hg, which should be lower than 120. The mean age is 54. The
mean hba1c is 7.77%, well above the normal range of 4% to 5.6%. The mean BMI
is 34, well above the normal range of 18.5 to 24.9. All values are above the
normal ranges.
```

```

The PimaIndiansDiabetes2 dataset is accessible through the mlbench library in
R. Look at average Pima Indians pressure, using the dplyr package.

```{r}
pima_diastolic <- PimaIndiansDiabetes2%>%
  group_by(diabetes)%>%
  filter(pressure != "NA")%>%
  summarise_at(vars(pressure), mean)
pima_diastolic
```

# The diastolic pressures for non-diabetic Pimas was 71 mm Hg, and 75 mm Hg
for diabetics, both below the 80 mm Hg threshold. In the Pima Indian
population, hypertension was not associated with Type 2 diabetes. There is an
increased pressure associated with diabetes.

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```{r}
diastolic_boxplot <- ggplot(PimaIndiansDiabetes2, aes(diabetes, pressure,
color = diabetes)) + geom_boxplot()
diastolic_boxplot
histogram_pressure <- ggplot(PimaIndiansDiabetes2, aes(pressure)) +
geom_histogram(binwidth = 1.75)
histogram_pressure
```

# The histogram shows a normal distribution of pressures in the normal range,
with a few outliers. The boxplot illustrates higher, albeit normal pressures
for the diabetic group.

# Remove NAs to produce a proper correlation matrix.

```{r}
clean_Pima <- na.omit(PimaIndiansDiabetes2)
cor(clean_Pima[, c("pregnant", "glucose", "pressure", "triceps", "insulin",
"mass", "pedigree", "age")])
```

# The 2-hour serum insulin is understandably positively correlated with the
glucose tolerance test. The age is also, as expected, positively correlated
with number of pregnancies, notwithstanding diabetes or any other syndrome.

```{r}
pcor((clean_Pima[, c("pressure", "pedigree", "pregnant", "triceps", "insulin",
"mass", "glucose", "age")]))
```

# The partial correlation between pressure and pedigree is slightly negative.
This is after controlling for all other variables. The  $r^2$  is 0.00913777.
However, one might even suspect this, because it has a p-value more than
0.05(6.061597e-02),

# The NCSU stat diabetics dataset is available online.

```{r}
library(dplyr)
data_diabetics <- read.delim('https://www4.stat.ncsu.edu/~boos/var.select/
diabetes.tab.txt')
diabetic_nums <- data_diabetics%>%
  group_by(SEX)%>%
  summarise_at(vars(BMI,BP), mean)
head(diabetic_nums)
```

# This tibble presents a slightly higher BMI(26.8 to 26.0) for women relative
to men, and a higher bp(98.2 to 91.5) for women relative to men.

```

```

```{r}
library(ggplot2)
scatter <- ggplot(data_diabetics, aes(BMI,BP)) + geom_point()
scatter
```

```

# The scatterplot points to a positive correlation between BMI and BP. The correlation matrix confirms this(0.3954109).

```

```{r}
cor(data_diabetics[, c("AGE", "SEX", "BMI", "BP")])
```

```

The data shows that as people age, women tend to have more children. That need not be proven. The older the person, the greater the chance of a Type 2 diabetes diagnosis. This is similar to pregnancies in that the more time a person is in this world, the more time he has to develop the disease. It must be noted that while some can control the disease, rare is the person, if not non-existent, who can claim to have been cured by defeating the disease. As a person ages, so also his bp increases. One suspects that age may very well be the cause of increased BMI, bp, and Type 2 diabetes.

The Pima Indians manifest Type 2 diabetes not associated with hypertension. The incidence of diabetes amongst the Pima is 50%, between four and ten times the incidence in the population at large. This great increase must be due to other factors, experienced singularly by the Pima. They need not be hypertensive to become ill, because they have their own disease causes, whether environmental or genetic. The percentage of their population which were diabetic just like the population at large were presumably hypertensive, similar to the outside population. I would question the machine learning models done on the Pima dataset because their disease incidence was so unique. If the algorithms used to predict diabetes which were generated by the Pima dataset proved accurate for the general diabetes population, then I would be more confident in extrapolating recommendations based on the Pimas.

I do not yet possess skills to employ efficient machine learning models to learn from all of these data streams. Presumably this would remove bias caused by one population. It would reliably predict which characteristics would lead to an outcome of a diabetes diagnosis. It may suggest that hypertension does not cause diabetes because the other factors account for most of the causes( $r^2$ ).

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