

## DAY-5 : Section 7.4 Integration by Trigonometric Substitutions

**Understanding:**

- ➔ Trigonometric Functions [MAT 116]
- ➔ Inverse Trigonometric Functions. [From a different book]

**TRIGONOMETRIC SUBSTITUTIONS:**  $\sqrt{a^2 - x^2}$  ,  $\sqrt{a^2 + x^2}$  ,  $\sqrt{x^2 - a^2}$

**Formulas:**

$$1 - \sin^2 x = \cos^2 x$$

$$1 + \tan^2 x = \sec^2 x$$

$$\sec^2 x - 1 = \tan^2 x$$

**We need this method to integrate type (b) integrals.**

**Examples:** (1)  $a) \int x(4 - x^2)^{44} dx$  and  $b) \int (4 - x^2)^{44} dx$

$$(2) a) \int 2x\sqrt{1 - x^2} dx \quad \text{and} \quad b) \int \sqrt{1 - x^2} dx$$

**Note:**  $\sqrt{9} = 3$  and  $-\sqrt{9} = -3$  [Solve  $x^2 = 9 \rightarrow x = \pm\sqrt{9}$ , that is,  $x = +\sqrt{9}$ ,  $x = -\sqrt{9}$ ]

**Definition:** For any real number  $x$ ,  $\sqrt{x^2} = |x| = \begin{cases} -x, & x < 0 \\ x, & x \geq 0 \end{cases}$

**Notes:**

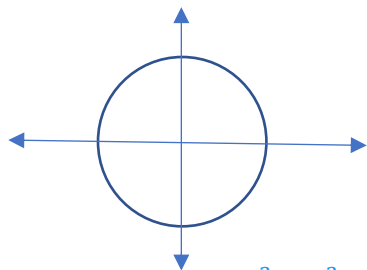
- (1)  $y = \sqrt{x}$ : This is called **positive square root**, and we only get non-negative number  $y$  from this equation. Here,  $y = 0$  if  $x = 0$ . Example:  $\sqrt{4} = 2$ .
- (2)  $y = -\sqrt{x}$ : This is called **negative square root**, and we only get non-positive number  $y$  from this equation. Here,  $y = 0$  if  $x = 0$ . Example:  $-\sqrt{4} = -2$ .

**Recall:** To solve  $x^2 = 9 \Rightarrow x = \pm\sqrt{9} \Rightarrow x = \pm 3$ . That is,  $x = 3$  or  $x = -3$

**There are 3-cases**

| TRIGONOMETRIC SUBSTITUTIONS |                     |   |   |
|-----------------------------|---------------------|---|---|
| EXPRESSION IN THE INTEGRAND | SUBSTITUTION        | RESTRICTION ON $\theta$   | SIMPLIFICATION  |
| $\sqrt{a^2 - x^2}$          | $x = a \sin \theta$ | $-\pi/2 \leq \theta \leq \pi/2$   | $a^2 - x^2 = a^2 - a^2 \sin^2 \theta = a^2 \cos^2 \theta$ |
| $\sqrt{a^2 + x^2}$          | $x = a \tan \theta$ | $-\pi/2 < \theta < \pi/2$   | $a^2 + x^2 = a^2 + a^2 \tan^2 \theta = a^2 \sec^2 \theta$ |
| $\sqrt{x^2 - a^2}$          | $x = a \sec \theta$ | $\begin{cases} 0 \leq \theta < \pi/2 & (\text{if } x \geq a) \\ \pi/2 < \theta \leq \pi & (\text{if } x \leq -a) \end{cases}$ | $x^2 - a^2 = a^2 \sec^2 \theta - a^2 = a^2 \tan^2 \theta$ |

Recall: Consider the circle of radius  $r$  and with center at the origin.



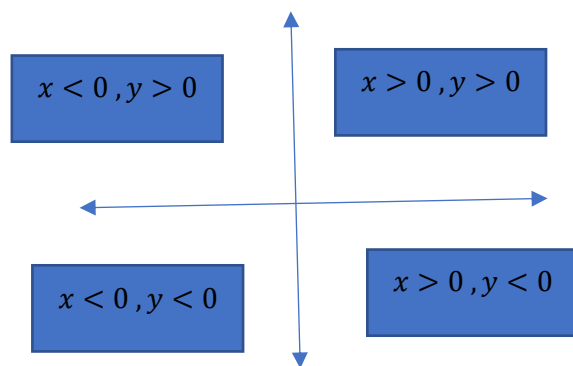
For any point  $(x, y)$  on the circle, we get  $x^2 + y^2 = r^2$ , and also, in polar coordinates,

$$x = r \cos \theta, \quad y = r \sin \theta.$$

In particular, for any point  $(x, y)$  on the circle, we get  $x^2 + y^2 = 1$ , and also, in polar coordinates,

$$x = \cos \theta, \quad y = \sin \theta.$$

Remember that  $(x, y) = (\cos \theta, \sin \theta)$ .



**Case: 1**  $\sqrt{a^2 - x^2}$  ;  $a > 0$

Set  $x = a \sin \theta$ . Then  $\frac{dx}{d\theta} = a \cos \theta \Rightarrow dx = a \cos \theta d\theta$

$$\text{Also, } \sqrt{a^2 - x^2} = \sqrt{a^2 - (a \sin \theta)^2}$$

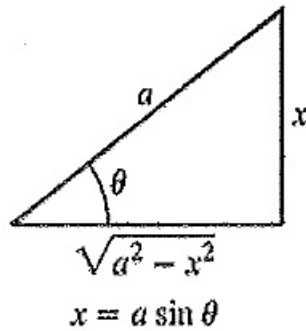
$$= \sqrt{a^2 - a^2 \sin^2 \theta} = \sqrt{a^2(1 - \sin^2 \theta)}$$

$$= \sqrt{a^2 \cos^2 \theta} = |a| \sqrt{\cos^2 \theta} = a |\cos \theta|$$

That is,  $\sqrt{a^2 - x^2} = a \cos \theta$  ; when  $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$

Again,  $x = a \sin \theta \Rightarrow \frac{x}{a} = \sin \theta$ . Hence  $\theta = \sin^{-1} \left( \frac{x}{a} \right)$

Now,  $\sin \theta = \frac{x}{a} = \frac{\text{Opposite}}{\text{Hypotenuse}} = \frac{x \text{ is the opposite}}{a \text{ is the hypotenuse}}$



$$\cos \theta = \frac{\sqrt{a^2 - x^2}}{a}, \sec \theta = \frac{a}{\sqrt{a^2 - x^2}}, \tan \theta = \frac{x}{\sqrt{a^2 - x^2}}, \cot \theta = \frac{\sqrt{a^2 - x^2}}{x}, \csc \theta = \frac{a}{x}$$

**Case: 2**  $\sqrt{a^2 + x^2}; a > 0$

Set  $x = a \tan \theta$ . Then  $\frac{dx}{d\theta} = a \sec^2 \theta \Rightarrow dx = a \sec^2 \theta d\theta$

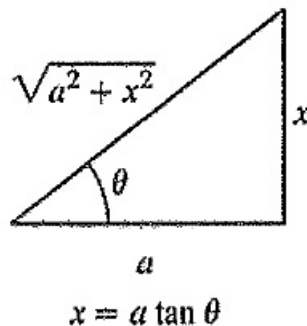
$$\sqrt{a^2 + x^2} = \sqrt{a^2 + (a \tan \theta)^2}$$

$$= \sqrt{a^2(1 + \tan^2 \theta)} = \sqrt{a^2 \sec^2 \theta} = a \sqrt{\sec^2 \theta} = a |\sec \theta|$$

$$\sqrt{a^2 + x^2} = a \sec \theta ; \text{ when } -\frac{\pi}{2} < \theta < \frac{\pi}{2}$$

Again,  $x = a \tan \theta \Rightarrow \frac{x}{a} = \tan \theta$ . Hence  $\theta = \tan^{-1} \left( \frac{x}{a} \right)$

Now,  $\tan \theta = \frac{x}{a} = \frac{\text{Opposite}}{\text{Adjacent}} = \frac{x \text{ is the opposite}}{a \text{ is the Adjacent}}$



$$\cos \theta = \frac{a}{\sqrt{a^2 + x^2}}, \sec \theta = \frac{\sqrt{a^2 + x^2}}{a}, \sin \theta = \frac{x}{\sqrt{a^2 + x^2}}, \cot \theta = \frac{a}{x}, \csc \theta = \frac{\sqrt{a^2 + x^2}}{x}$$

**Case: 3**  $\sqrt{x^2 - a^2}$ ;  $a > 0$

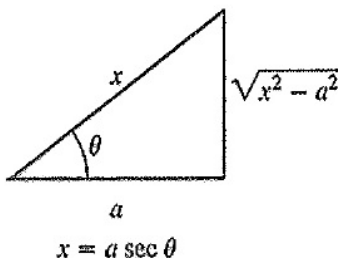
Set  $x = a \sec \theta$ . Then  $\frac{dx}{d\theta} = a \sec \theta \tan \theta \Rightarrow dx = a \sec \theta \tan \theta d\theta$

$$\sqrt{x^2 - a^2} = \sqrt{(a \sec \theta)^2 - a^2} = \sqrt{a^2(\sec^2 \theta - 1)} = \sqrt{a^2 \tan^2 \theta} = a \sqrt{\tan^2 \theta} = a |\tan \theta|$$

$$\sqrt{x^2 - a^2} = a \tan \theta ; \text{ when } 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$$

Again,  $x = a \sec \theta \Rightarrow \frac{x}{a} = \sec \theta$ . Hence  $\theta = \sec^{-1} \left( \frac{x}{a} \right)$

Now,  $\sec \theta = \frac{x}{a} = \frac{\text{Hypotenuse}}{\text{Adjacent}} = \frac{x \text{ is the Hypotenuse}}{a \text{ is the Adjacent}}$



$$\cos \theta = \frac{a}{x}, \cot \theta = \frac{a}{\sqrt{x^2 - a^2}}, \sin \theta = \frac{\sqrt{x^2 - a^2}}{x}, \tan \theta = \frac{\sqrt{x^2 - a^2}}{a}, \csc \theta = \frac{x}{\sqrt{x^2 - a^2}}$$

**Examples**

$$1. \int_{\frac{2\pi}{3}}^{\pi} |\tan \theta| d\theta = \int_{\frac{2\pi}{3}}^{\pi} (-\tan \theta) d\theta ; \text{ Here } \frac{2\pi}{3} \leq \theta \leq \pi, \text{ hence } \theta \leq 0.$$

$$[x = -2, |x| = |-2| = -(-2)]$$

$$2. \int_0^{\pi} |\cos \theta| d\theta = \int_0^{\frac{\pi}{2}} |\cos \theta| d\theta + \int_{\frac{\pi}{2}}^{\pi} |\cos \theta| d\theta = \int_0^{\frac{\pi}{2}} \cos \theta d\theta + \int_{\frac{\pi}{2}}^{\pi} (-\cos \theta) d\theta$$

## Section 7.4 Integration by Trigonometric Substitutions

### EXERCISES

**TRIGONOMETRIC SUBSTITUTIONS:**  $\sqrt{a^2 - x^2}$  ,  $\sqrt{a^2 + x^2}$  ,  $\sqrt{x^2 - a^2}$

Exercise: 1 (a)  $\int \frac{\sqrt{1+t^2}}{t} dt$

Set  $t = \tan \theta$ . Then  $\frac{dt}{d\theta} = \sec^2 \theta$ , that is,  $dt = \sec^2 \theta d\theta$

Now,

$$\int \frac{\sqrt{1+t^2}}{t} dt = \int \frac{\sqrt{1+\tan^2 \theta}}{\tan \theta} \sec^2 \theta d\theta = \int \frac{\sqrt{\sec^2 \theta}}{\tan \theta} \sec^2 \theta d\theta$$

$$= \int \frac{|\sec \theta|}{\tan \theta} \sec^2 \theta d\theta$$

$$= \int \frac{\sec \theta}{\tan \theta} \sec^2 \theta d\theta ; \text{ when } -\frac{\pi}{2} < \theta < \frac{\pi}{2}$$

$$= \int \frac{\sec^3 \theta}{\tan \theta} d\theta = \int \frac{\frac{1}{\cos^3 \theta}}{\frac{\sin \theta}{\cos \theta}} d\theta$$

$$= \int \frac{\sin \theta}{\cos^2 \theta} d\theta ; \text{ Set } u = \cos \theta, \text{ then } -du = \sin \theta d\theta$$

$$= \int \frac{1}{u^2} (-1) du = - \int u^{-2} du$$

$$= - \frac{u^{-2+1}}{-2+1} + C$$

$$= \frac{1}{u} + C = \frac{1}{\cos \theta} + C = \sec \theta + C = \sqrt{1+t^2} + C ; \text{ if } t = \tan \theta, \text{ then } \sec \theta = \sqrt{1+t^2}$$

$$\int \frac{\sqrt{1+t^2}}{t} dt = \sqrt{1+t^2} + C$$

$$(b) \int \frac{1}{x^2 \sqrt{x^2 + 5}} dx$$

Set  $x = \sqrt{5} \tan \theta$ .  $dx = \sqrt{5} \sec^2 \theta d\theta$

$$\int \frac{1}{x^2 \sqrt{x^2 + 5}} dx$$

$$= \int \frac{1}{(\sqrt{5} \tan \theta)^2 \sqrt{(\sqrt{5} \tan \theta)^2 + 5}} \sqrt{5} \sec^2 \theta d\theta$$

$$= \int \frac{\sqrt{5} \sec^2 \theta}{5 \tan^2 \theta \sqrt{5(\tan^2 \theta + 1)}} d\theta$$

$$\begin{aligned}
&= \int \frac{\sqrt{5} \sec^2 \theta}{5 \tan^2 \theta \sqrt{5 \sec^2 \theta}} d\theta \\
&= \int \frac{\sqrt{5} \sec^2 \theta}{5 \tan^2 \theta |\sqrt{5} \sec \theta|} d\theta \\
&= \int \frac{\sqrt{5} \sec^2 \theta}{5 \tan^2 \theta \sqrt{5} \sec \theta} d\theta \quad ; \quad \text{when } -\frac{\pi}{2} < \theta < \frac{\pi}{2} \\
&= \frac{1}{5} \int \frac{\sec \theta}{\tan^2 \theta} d\theta \\
&= \frac{1}{5} \int \frac{\frac{1}{\cos \theta}}{\frac{\sin^2 \theta}{\cos^2 \theta}} d\theta \\
&= \frac{1}{5} \int \frac{\cos \theta}{\sin^2 \theta} d\theta \quad ; \quad \text{set } u = \sin \theta, \quad du = \cos \theta d\theta \\
&= \frac{1}{5} \int \frac{1}{u^2} du = \frac{1}{5} \int u^{-2} du = \frac{1}{5} \frac{u^{-2+1}}{-2+1} = -\frac{1}{5} \frac{1}{u} + C \\
&= -\frac{1}{5 \sin \theta} + C = -\frac{\sqrt{x^2+5}}{5x} + C
\end{aligned}$$

Now,  $x = \sqrt{5} \tan \theta \Rightarrow \tan \theta = \frac{x}{\sqrt{5}}$ . Hence,  $\sin \theta = \frac{x}{\sqrt{x^2+5}}$ , that is,  $\frac{1}{\sin \theta} = \frac{\sqrt{x^2+5}}{x}$

**Exercise: 2**  $\int \frac{1}{(1-x^2)^{\frac{3}{2}}} dx$ .

Solution: Set  $x = \sin \theta$ . Then,  $dx = \cos \theta d\theta$ . Now,

$$\begin{aligned}
&\int \frac{1}{(1-x^2)^{\frac{3}{2}}} dx \\
&= \int \frac{1}{(1-(\sin \theta)^2)^{\frac{3}{2}}} dx \\
&= \int \frac{1}{(1-\sin^2 \theta)^{\frac{3}{2}}} dx
\end{aligned}$$

$$= \int \frac{1}{(\cos^2 \theta)^{\frac{3}{2}}} dx$$

$$= \int \frac{1}{(\cos^2 \theta)^{\frac{3}{2}}} dx$$

$$= \int \frac{1}{(\sqrt{\cos^2 \theta})^3} dx$$

$$= \int \frac{1}{(|\cos \theta|)^3} dx$$

$$= \int \frac{1}{\cos^3 \theta} dx; \text{ for } -\frac{\pi}{2} < \theta < \frac{\pi}{2}.$$

$$= \int \sec^3 \theta dx$$

$$= \frac{1}{2} \sec \theta \tan \theta + \frac{1}{2} \int \sec \theta d\theta; \int \sec^n x dx = \frac{1}{n-1} \sec^{n-2} x \tan x + \frac{n-2}{n-1} \int \sec^{n-2} x dx$$

$$= \frac{1}{2} \sec \theta \tan \theta + \frac{1}{2} \ln |\sec \theta + \tan \theta| + C$$

$$= \frac{1}{2} \sqrt{1-x^2} \frac{x}{\sqrt{1-x^2}} + \frac{1}{2} \ln \left| \sqrt{1-x^2} + \frac{x}{\sqrt{1-x^2}} \right| + C$$

$$; [\text{since } \frac{x}{1} = \sin \theta, \sec \theta = \sqrt{1-x^2}, \tan \theta = \frac{x}{\sqrt{1-x^2}}]$$

$$= \frac{1}{2} x + \frac{1}{2} \ln \left| \frac{1+x-x^2}{\sqrt{1-x^2}} \right| + C.$$

Exercise: 3  $\int_1^{\sqrt{2}} \frac{1}{x^2\sqrt{4-x^2}} dx$

Given  $\int_1^{\sqrt{2}} \frac{1}{x^2\sqrt{4-x^2}} dx = \int_1^{\sqrt{2}} \frac{1}{x^2\sqrt{2^2-x^2}} dx$

Set  $x = 2 \sin y$ . Then  $dx = 2 \cos y dy$ .

Also,

|     |                 |                 |
|-----|-----------------|-----------------|
| $x$ | $1$             | $\sqrt{2}$      |
| $y$ | $\frac{\pi}{6}$ | $\frac{\pi}{4}$ |

From,  $x = 2 \sin y$ ; If  $x = 1$ , then  $1 = 2 \sin y \Rightarrow \sin y = \frac{1}{2}$ , that is,  $y = \frac{\pi}{6}$

If  $x = \sqrt{2}$ , then  $y = \frac{\pi}{4}$

Hence,  $\int_1^{\sqrt{2}} \frac{dx}{x^2\sqrt{4-x^2}} = \int_{\frac{\pi}{6}}^{\frac{\pi}{4}} \frac{1}{(2 \sin y)^2 \sqrt{4-4 \sin^2 y}} 2 \cos y dy$

$$= \int_{\frac{\pi}{6}}^{\frac{\pi}{4}} \frac{1}{4 \sin^2 y \sqrt{4 \cos^2 y}} 2 \cos y dy = \int_{\frac{\pi}{6}}^{\frac{\pi}{4}} \frac{1}{\sin^2 y \sqrt{(2 \cos y)^2}} 2 \cos y dy$$

$$= \frac{1}{4} \int_{\frac{\pi}{6}}^{\frac{\pi}{4}} \frac{1}{\sin^2 y |2 \cos y|} 2 \cos y dy$$

$$= \frac{1}{4} \int_{\frac{\pi}{6}}^{\frac{\pi}{4}} \frac{1}{\sin^2 y 2 \cos y} 2 \cos y dy$$

$$= \frac{1}{4} \int_{\frac{\pi}{6}}^{\frac{\pi}{4}} \frac{1}{\sin^2 y} dy$$

$$= \frac{1}{4} \int_{\frac{\pi}{6}}^{\frac{\pi}{4}} \csc^2 y dy = \frac{1}{4} [-\cot y]_{\frac{\pi}{6}}^{\frac{\pi}{4}} = \frac{1}{4} \left[ -\cot \frac{\pi}{4} + \cot \frac{\pi}{6} \right] = \frac{-1 + \sqrt{3}}{4}$$

$$\int_1^{\sqrt{2}} \frac{dx}{x^2\sqrt{4-x^2}} = \frac{\sqrt{3}-1}{4}$$



Exercise: 4      $\int \frac{x^2}{(x^2-1)^{\frac{3}{2}}} dx$      Homework