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Human friendly architectural design for a small Martian base

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Abstract

The manned mission to Mars is expected to last almost three years. A human factor must be taken seriously into account in such a long-term mission. A big comfortable habitat can help to overcome sociopsychological problems, that occur in ICEs (Isolated and Confined Environments). Authors have come forward to this issue and have developed a Martian base design as a human friendly habitat. The project is based on researches of extreme conditions on Mars, architecture in ICEs and contemporary building technologies. The base consists of five modules: a Central Module (CM), an Agriculture Dome (AD), a Residential Dome (RD), a Laboratory Dome (LD) and a Garage (G). Each element has its own functional purpose. The CM is a metal capsule similar to the Reference Mission module (RM, NASA, 1997). Domes are inflatable multilayer structures, which interiors are "open planned". Interiors can be arranged and divided into rooms by using modular partition walls designed by authors.

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1. Introduction

Sociopsychologists analysed people behaviour in Isolated and Confined Environments (ICEs) like space, polar and submarine stations (Dudley-Rowley et al., 2001). Different physiological, sociological and psychological problems have been spotted. The most common ones are: headaches, insomnia, homesick, problems with concentration. Rare but more troublesome ones are: hallucinations, depression, psychological breakdown, aggression (Kass, 1995; Brunelli and Guena, 1996; Allen et al., 2003). Those problems arise because of restricted living conditions, e.g. confined living space, artificial surroundings, lack of basic comforts: sunlight, landscape view and privacy. In harsh environments the key issue is to keep people alive. The space or submarine stations are basically the shelter only.

A human factor in their architectural design has a very low priority. It is acceptable for short duration missions. Sauer et al. (1997) convince that: Humans are able to tolerate even very unfavourable conditions but only for a limited period of time. However, the mission to Mars is expected to last almost three years. It is a dangerous and stressful journey: crewmembers will be alone, far away from Earth, with many difficult tasks to carry on, relying only one on another. In this case the human factor must be taken into account seriously. It is proved that the more human friendly living space, the better well-being of the inhabitants (Evans et al., 1988). In comfortable conditions "marsonauts" would be able to work more efficiently. Thus a chance of mission failure is decreased. Various solutions for space habitats (e.g. Benaroya, 2010; Dubbink, 2001; Sadeh and Criswell, 1996; Zubrin and Wagner, 1996) and the human friendly architecture (e.g. Evans et al., 1988; Grandjean, 1973; Wise and Wise, 1988) have been recognized by authors in the scientific literature. Some of those solutions have been successfully introduced in habitats in extreme conditions. Based on this information and restrictions

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related to the mission to Mars, authors have developed the Martian base design as a human friendly habitat in extreme conditions. The project is presented in this article.

2. Design goals and assumptions

The Martian habitat, that has been presented in Reference Mission (Reference Mission Study Team, 1997) is a small metal cylinder – 8 m in diameter and 8 m in height (shown in Fig. 1). It is expected that eight people would live and work there during the whole three-years long mission. In authors' opinion, considering the human factor in the long duration Mars mission, it is important to improve the habitat design. Authors have decided to develop an architectural Martian base concept, based on several main design goals, that follow:

- larger flexible living space;
- private personalize-able space for each crewmember;
- contact with sunlight, landscape view and nature;
- separate different areas: work and leisure, noise and quiet spaces, etc.;
- ability to move partition walls for the interior rearrangements;
- ability to expand the base by attaching additional modules;
- adhere to COSPAR Policy on Planetary Protection guidelines to avoid harmful contamination and a quarantine capability (Race et al., 2008; COSPAR, 2002).

A bigger habitat can be a bigger problem. Thus the authors have outlined several design assumptions that should minimize troubles related to construction on the surface:

- perform transportation in the same mission module as in NASA Reference Mission (8 × 8 m cylinder),
- easy delivery and easy deployment,
- automatic deployment process (it can be only finalized by people),



Fig. 1. The Martian station proposed in Reference Mission (Reference Mission Study Team, 1997), NASA.

exclude leveling the terrain before deployment and provide a flat floor.

3. Structure choices

Authors assume that providing a bigger space in the Martian habitat is a key issue. However building a big base can be very expensive. Based on scientific literature (e.g. Benarova, 2010; Dubbink, 2001; Kozicka, 2008; Zubrin and Wagner, 1996), authors have recognized two ways to lower this cost. The first one is using ISRU (In Situ Resources Utilization) technologies on Mars in the construction (Noever et al., 1998; Gertsch and Gertsch, 1995). The second one is sending an expandable structure from Earth (Cadogan et al., 1999; Freeland et al., 1998). The first solution is assumed by authors as less adhering to COSPAR (2002) guidelines. Properly sealed, sterile structure made and tested on Earth would function as a bioshield for the Martian base to provide minimum biocontamination hazard. ISRU methods are more invasive to the natural environment and hermetic sealing of the in situ made structure would be more difficult to achieve. Based on sizes of the RM module, the authors have developed various solutions for the expandable structure. Examples are shown in Fig. 2. The concept of three inflatable domes around the Central Module has been chosen as the best solution of all. The Central Module is a metal cylinder with sizes exactly the same like of the module in RM. The rest of the habitat is packed inside the module during the flight to Mars, so there is no need for more volume in the rocket. The weight is not much bigger either, because the packed structures are made of light elastic materials. The deployment of domes is very easy – they just have to be inflated with the artificial atmosphere, that is necessary anyway (stages of the deployment are presented in details by Kozicki (2004)). A lot of free space is obtained by inflatables – 1000 m². Between domes there is enough space for ergonomic communication routes. Dividing the habitable area into several separate parts allows functional zoning (greenhouse, home and work). The buildings are connected with short communication routes - it results in quick escape and better usage of the additional space in the habitat.

4. Design

4.1. Plan design

The plan of the authors' conceptual Martian base is shown in Fig. 3. The settlement consists of five elements:

- Central Module (CM), d = 8 m, $A = 150 \text{ m}^2$.
- Agriculture Dome (AD), d = 24 m, A = 450 m².
- Residential Dome (**RD**), d = 20 m, A = 315 m².
- Laboratory Dome (LD), d = 16 m, $A = 200 \text{ m}^2$.
- MPV Garage (**G**), 8×12 m, A = 96 m².

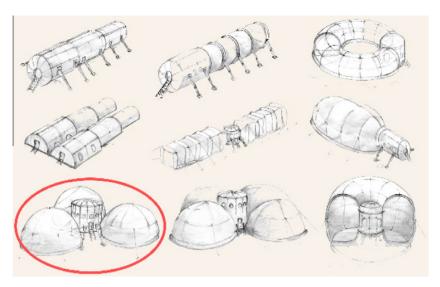


Fig. 2. The authors' concepts for the Martian base.

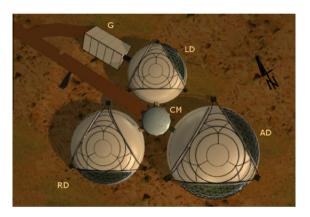


Fig. 3. The plan of the authors' conceptual Martian base.

The base presented here has a central plan. In the middle there is the metal Central Module. It has two entrances to the habitat: one for "marsonauts" on foot and one for Mars Pressurized Vehicle MPV Team (2002) docking. Elastic sleeves are attached to the CM. They give pass to three inflatable domes: Agriculture Dome, Residential Dome and Laboratory Dome. As the names indicate, each module contains functionally different area: greenhouse, home and work. They are separated to provide a comforting feeling of going to work and coming back home (Dubbink, 2001). The biggest dome is AD. It is pointed to the south to collect as much sunlight as it is possible (assuming the habitat is localized on the northern hemisphere). Through two big windows sunlight can penetrate intensively the whole interior (so the artificial lighting for plants is less energy consuming). Two other domes have only one window. They are less sunlit, but better insulated against radiation. The Garage is a long tent, where the MPV can be kept and protected from dust. It is connected to the LD, so it would be easy to bring samples to examine from the vehicle to a laboratory. Also a workshop is localized in the LD near the passage to the G (look Fig. 5). The



Fig. 4. The concept of the Martian base - visualization.

MPV has easy access to the G and to the CM – the routs are shown in Fig. 3. Every dome has three points where a door can be installed. This solution enables to expand the base in future.

4.2. Architectural design

The visualization of the base is presented in Fig. 4, the ground plan design, with a proposed internal walls arrangement, is shown in Fig. 5 and sections – in Fig. 6.

The CM is a metal cylinder with three decks. On the first floor there is the main corridor, airlocks, a first aid point and a toilet. During the transportation to Red Planet domes are packed in the corridors. On the second floor there is a shelter, where "marsonauts" can hide during solar events. It is surrounded by 2 m thick water storage tank. On the third floor there are technical rooms, ALSS (Advanced Life Support System) (Henninger et al., 1996) equipment and a nuclear reactor providing electricity to the base (more by Kozicki (2004)).

The AD is the biggest module of the base. It contains a Biological Life Support System. Plants harvested inside produce food. Bumblebees pollinate flowers and provide

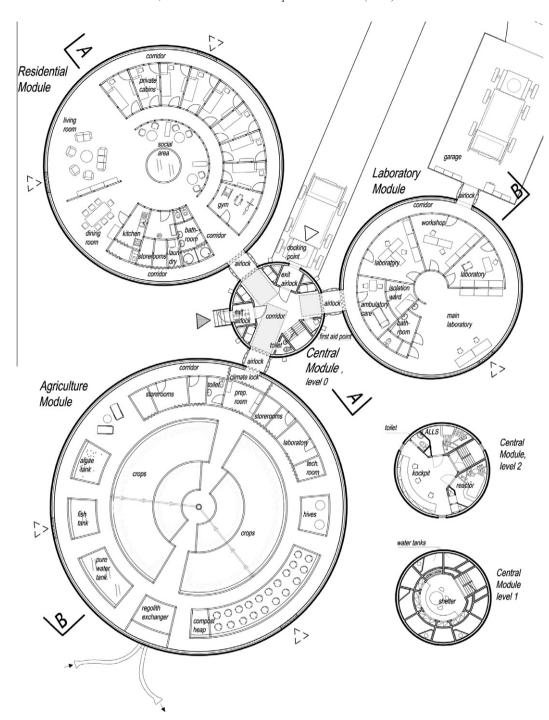


Fig. 5. The ground plan with suggested internal walls arrangement.

honey. The behaviour of those insects have been already tested in lower gravity (Yamashita et al., 2010). Algae collect carbon dioxide and produce oxygen for people to breathe. They are very efficient oxygen providers as it was proved in BIOS-3 programme (Salisbury et al., 1997). Pure evaporated water is collected in a tank to supply drinking water. A robot can autonomously take care of crops while crewmembers are busy with mission tasks. Nearby there is a small recreational area in green surroundings – as the contact with nature is very comforting for peo-

ple. Many storerooms can be used for food and seeds storage.

The RD is designed with an "open plan". It means that the space is flexible and configuration of internal walls can be rearranged. The partition walls are inflatable modular elements. They can be easily moved, so the functional layout can be organized in different combinations. The possibility of changing interior design gives people comfort they have an opportunity to personalize their private or social area and it helps fighting the boredom (Evans et

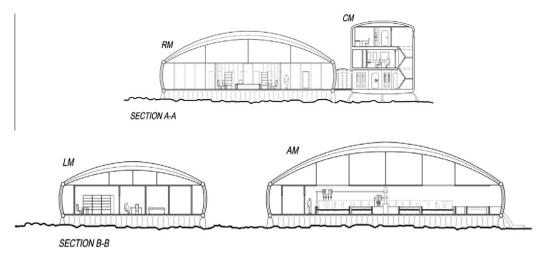


Fig. 6. The concept of the Martian base - Sections A-A and B-B.

al., 1988; Suedfeld, 1998). In the suggested rooms configuration (shown in Fig. 5) there are eight similar private cabins, kitchen with storage rooms, a gym and a large recreational public area. Researches conducted in Mars Analogue Research Station program indicate that people prefer smaller private room in favour to larger public area (Clancey, 2001). It is proved to be very comforting when each person has his/her own room to rest, to be alone, to keep private things (Dudley-Rowley et al., 2001). In each cabin there is a bed, a desk with a chair and a wardrobe. People can come to their rooms from the recreational area or from the more private external corridor. The common area is well sunlit as it is placed near the big window. Looking through windows is very relaxing, as many participants of space missions have claimed (Kanas, 1998) and the contact with a landscape view is provided. There are different rest areas, so people can choose a way of spending their leisure time.

The LD has also the "open plan". In the LD (with suggested partition walls assembly) there is one open laboratory area and two separate laboratories. A workshop is near the entrance to the garage so the vehicle parts and the laboratory equipment can be fixed in one place with proper tools. An ambulatory is near the entrance to the rest of the habitat, so the injured person can be brought the shortest way.

4.3. Structure design

The base assembly consists of two kinds of structures: metal and pneumatic. The metal structure is the CM. It is similar to the RM module and other space habitats designed for space missions so far. Thus it is assumed by authors as a reliable structure, proved in extreme extrater-restrial conditions. The rest of the habitat modules presented in this paper, have multilayer pneumatic structures. This kind of structures have been already investigated for space appliances (Cadogan et al., 1999; Covault, 2004; Hublitz et al., 2004; Sadeh and Criswell, 1996). They are

designed from different flexible materials that provide: mechanical resistance, thermal insulation, radiation protection and hermetic sealing. The protection against micrometeorites is unnecessary in the Martian habitat structure design. The Martian atmosphere is thick enough to burn micrometeorites before they can reach the surface.

Mechanical resistance: The atmospheric pressure on Mars is very low (about 7 hPa). Inside the habitat a pressure of the artificial atmosphere must be much higher, so people can breathe easily and feel well. Even if the internal pressure is 340 hPa (like it was on space station Skylab), there is still a big pressure difference between the inside and the outside. It results in high tensions in the habitat external walls. Two layers with atmospheric air gaps of intermediate pressures are designed by the authors to lower those tensions. A Kevlar (DuPont, 2011) fabric sheet is chosen for an external layer of the dome cover. This material has a very high tensile strength. It is also very difficult to damage, because of its excellent mechanical characteristic. It was used in other space habitats designs (Cadogan et al., 1999).

Radiation protection: The thin Martian atmosphere (without magnetosphere as strong as on Earth) provides only partial radiation protection for human bodies and electric equipment. As it is explained in Committee on Precursor Measurements Necessary to Support Human Operations (2002), there are two main sources of hazardous radiation on Mars: GCR - Galactic Cosmic Radiation and SPEs - Solar Particle Events. GCR particles deliver lower dose of radiation. However they reach surface of Mars constantly. During solar events large proton flares deliver a very high dose radiation. Those events usually last only about a few hours. As Simonsen (1997) suggests, the amount of shielding required to protect the "marsonauts" would depend on the duration of the mission. In her opinion, the Martian atmosphere does provide a significant amount of protection against GCR. However for the long duration missions, the GCR dose could become career limiting. To lower cosmic rays radiation inside the habitat, the

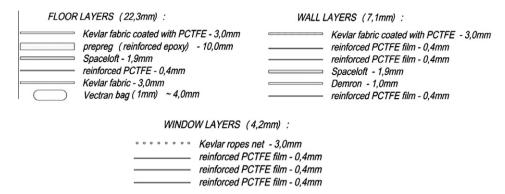


Fig. 7. A proposed layers configuration for domes' elements: floor, wall and window.

layer of Demron (Radiation Shield Technologies, 2011) is introduced into the dome cover structure. Although Demron is light and flexible, it provides a very good radiation protection. This material was also chosen for a prototype Mars suit design (Marcy et al., 2004). Solar events are more dangerous for people than cosmic rays, because of high dosages of radiation. However, solar events can be predicted soon enough (even a week ahead) to conduct a crew evacuation to the shelter in time. In the CM in the middle deck there is the shelter room for "marsonauts". It is surrounded by a thick layer of water. Material made of light elements – like water of hydrogen and oxygen – provides the best radiation protection during solar events (Borggräfe et al., 2009).

Thermal insulation: Spaceloft (Aspen Aerogels, 2011) is chosen for the thermal insulation in the habitat structure. It is a flexible aerogel – the best thermal insulator. It has low thickness combined with a very low thermal conductivity.

Hermetic sealing: There are different polymer films with low permeability of gases and moisture, that could be used as a sealing layer in the Martian habitat cover. The authors concentrated on transparent materials, which can be used both in the main cover of the dome and in windows as well. As transparent structures in the habitat will be deprived of the layer of strong Kevlar fabric sheets, only the most mechanically resistant films were investigated. Also Spaceloft is not transparent, so it would not be used in window structure. Thus only materials resistant to very low temperatures can be taken into consideration (at least for an external layer of the window); more by Kozicka (2008). Based on those constraints authors decided to choose a PCTFE (Polychlorotrifluoroethylene) film for a hermetic sealing layer. This material can be used even in -240 °C. It has a very low permeability of gases such as: CO₂, O₂ and N₂; it is unabsorbable and nonflammable. It is antistatic and nonadhesive (Saechtling et al., 1995; Massey, 2002; Boedeker, 2011), so the Martian dust will not stick to its surface. To increase tensile strength of PCTFE, fibers (e.g. of Kevlar, glass, carbon) can be introduced into the film. Also a Kevlar webbing tightens each window (see Fig. 4).

It is unnecessary to level the robust terrain before domes are unfolded. The CM has 6 legs to stabilize its position on

the ground, and domes have a special floor structure (designed by authors). Numerous Vectran bags are assembled to the bottom of the floor. They are inflated the way to adhere to the rough terrain and provide a flat floor. The process is controlled by sensors and a computer. After the floor bottom is leveled properly, a special rigidizable flooring structure is hardened to achieve a flat surface. This structure is made of a fibers-filled composite material with a long-life matrix – prepreg (Kondyurin, 2006). The layer of inflated Vectran bags and Spaceloft blanket should provide enough thermal insulation from the cold Martian ground. Because of strong winds that occur on Mars, each dome is anchored to the ground. A net of Kevlar ropes tightens and compresses the inflatable structure. Ropes are attached to the anchorages inserted into the ground in three points around the dome. Details of anchorages are presented by Gyula (1977).

Each dome structure consists of three types of elements: floor, wall and window. A proposed layers arrangement are listed in Fig. 7. Approximate material thicknesses were assumed based on available product data provided by manufacturers. Rough calculations have been made to specify volume of packed domes. Results are presented in Fig. 8. During the flight to Mars each dome is packed in a bag behind a hatch. Three hatches are located symmetrically in the CM, on level 0. After the landing hatches would open and packages would be rolled out on railing tracks (as it is shown in Fig. 9). The bag with the packed dome

	AD	RD	LD
radius of dome	12m	10m	8m
cover area	790m²	550m²	340m²
thickness of the cover		0.0071m	
volume of the cover (V_c)	5.29m³	3,68m³	2.28m³
floor area	450m²	315m²	200m²
thickness of the floor		0.0223m	
volume of the floor (V_t)	10.03m³	7.02m³	4.46m³
total volume of the dome structure $(V_d=V_o+V_i)$	15.32m³	10.70m³	6.74m³
length of the packed dome (I=V 4/1.8 ·2.3)	3.93m	2.74m	1.73m

Fig. 8. Calculations of the packed domes' sizes.

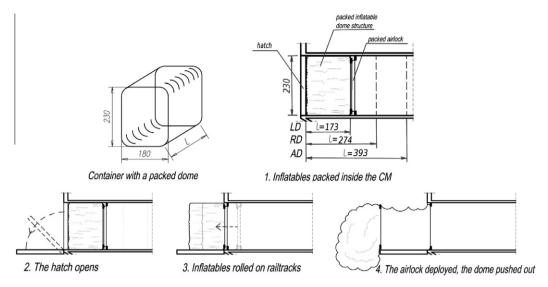


Fig. 9. Stages of a packed dome deployment.

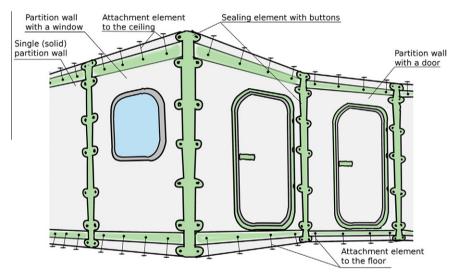


Fig. 10. Partition walls - the assembly.

must get through the hatch opening (measuring about 3.9 m^2 area). Thus the length of package is different for each dome (1 value). The area necessary for each package accommodation inside the CM module is signed in Fig. 5 by a dotted line.

4.4. Interior design

Inside each dome there is a large space to accommodate. Partition walls are needed to divide this space into ergonomic and functional rooms. To provide easy assembly of internal walls and lower the weight of the habitat equipment, the authors designed pneumatic modular partition walls and the system of their attachments (look Fig. 10). Each partition wall is an inflatable rectangle that can be attached one to another by sealing elements with buttons. In the floor and in the suspended ceiling there are hidden small attachment points in modular arrangement. By using

several attachment elements one wall can be anchored to the ceiling and to the floor to stabilize it vertically, so it would not collapse. There are three kinds of walls: solid, with a window and with a door. Windows and doors are also inflatable elements. They have frames with magnets, so they can be shut by touching the metal opening-frame. The acoustic insulation inside rooms can be provided by mats made of Spaceloft.

5. Conclusions

The human factor in the Mars long-duration mission design is very important. Well-being of the crew would result in efficient tasks management and the success of the whole mission. In spite of many requirements resulted of extreme conditions on Mars and restrictions in cost and weight, the comfort and human friendly atmosphere in the Martian base can be introduced with a proper architectural design.

Authors, based on scientific researches, created the example of such a habitat. All solutions introduced in the design are related to the contemporary achievements in technology and architecture. However, the details must be brought to perfection by engineers, and an analog of the structure should be tested.

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