

Cholesterol data set

A study tested whether cholesterol was reduced after using a certain brand of margarine as part of a low fat, low cholesterol diet. The subjects consumed on average 2.31g of the active ingredient, stanol ester, a day. This data set contains information on 18 people using margarine to reduce cholesterol over three time points.

Variable name	Variable	Data type
ID	Participant number	
Before	Cholesterol before the diet (mmol/L)	Scale
After4weeks	Cholesterol after 4 weeks on the diet (mmol/L)	Scale
After8weeks	Cholesterol after 8 weeks on the diet (mmol/L)	Scale
Margarine	Margarine type A or B	Binary