

Diet data set

This data set contains information on 78 people using one of three diets.

Variable name	Variable	Data type
Person	Participant number	
gender	Gender, 1 = male, 0 = female	Binary
Age	Age (years)	Scale
Height	Height (cm)	Scale
preweight	Weight before the diet (kg)	Scale
Diet	Diet	Binary
weight10weeks	Weight after 10 weeks (kg)	Scale
weightLOST	Weight lost after 10 weeks (kg)	Scale