```
> summary(model3)

Call:
lm(formula = endur$endurance ~ endur$age + endur$activeyears)

Residuals:
     Min       1Q   Median       3Q      Max
-21.7994  -6.9040   0.5701   5.6326  27.2279

Coefficients:
                   Estimate Std. Error t value Pr(>|t|)
(Intercept)        29.3952      3.2054   9.171  < 2e-16 ***
endur$age          -0.2571      0.0655  -3.925 0.000113 ***
endur$activeyears   0.9163      0.1386   6.610 2.44e-10 ***
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 9.919 on 242 degrees of freedom
Multiple R-squared:  0.1663, Adjusted R-squared:  0.1594
F-statistic: 24.14 on 2 and 242 DF,  p-value: 2.754e-10
```