



Mouna Hedhili

Physical education teacher
Aerobics instructor
Personal trainer

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Civil status: Single

📅 - 19/08/1996

📍 - Rue Jamel Abdennaceur, 5040 Monastir, Tunisia

Driving license: yes

EDUCATION

Master degree in didactics of sport and physical education Higher Institute of Sport and Physical Education	2018-2020
Bachelor degree in sciences and techniques of physical and sports activities Higher Institute of Sport and Physical Education	2015-2018
Second degree in sports training: Tennis instructor	2015-2018
Basic leave in physical education and optional subjects: Aerobics/ Basic physical education/ Muscle building techniques/ Appropriate physical activities	2015-2018
High School Diploma	2011-2015
First degree in sports training: Aerobics instructor From FLI Académie	2016-2017
Full Stack Software Development Diploma	2020-2021

TRAINING

2017 - 2018

Tennis instructor: Tennis club de Sfax – tcsf
Assistant coach at the Tennis Club of Sfax.

WORK EXPERIENCE

Physical education teacher: Rahet Mama (kindergarten)	2017 to today
Physical education teacher: Sahar School (kindergarten)	2017 – 2019

Fitness Coach: Top Gym

2017 – 2021

Fitness Coach: Farah MissFitness

2020 - 2021

Physical education and sports teacher: Techniques school of Sfax

2017 - 2018

SCIENTIFIC CONTRIBUTIONS

- * A participation at the 4th international congress of sport science 2018
- * A participation at the 5th international congress of sport science 2019
- * An oral presentation at the 5th international congress of sport science 2019

Certifications

- ACE approved Continuing Educational Course: Personal Training Design
- Certificate of attendance at: T4 World Education Week
- Certificate of Attendance the Journal Selection Webinar (The Web of Science Group)
- Certificate of participation at the virtual DAAD-Summer School 2020 (Institute for Sports Science)
- Certificate of participation in the pedagogical scientific day for a specialist in child psychology: behavioral disorders in children with special needs.
- Certificate of completion the educational course CYBERBULLYING
- Training certificate in Research Methodology
- Certificate of participation in the international meeting of Athletics Sarra Berrazegua
- Certificate of participation in the success of the first International Half Marathon of Sfax
- Certificate of passing the Educational course: TRANSFORMING EDUCATION FOR THE DIGITAL ERA
- Certificate of passing the Educational course: SECURITY GUIDE FOR MICROSOFT TEAMS

SKILLS

Photoshop CC

MS office

WordPress

LANGUAGES

Arabic	French	English
B2	B2	B1

- Knowledge of current physical education instructional methods, as well as differentiated instruction based upon student learning styles.
- Good skills in establishing and maintaining cooperative working relationships with others and the ability to communicate effectively with students and parents.
- Good skills in using computer network system and software applications as needed.
- Ability to engage in self-evaluation with regard to performance and professional growth.