

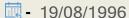
# Mouna Hedhili

Physical education teacher Aerobicsinstructor Personaltrainer



**-**+216 51908103

Civil status: Single



Rue Jamel Abdennaceur, 5040 Monastir, Tunisia
 Driving license: yes

# **EDUCATION**

Master degree in didactics of sport and physical education Higher Institute of Sport and Physical Education	2018-2020
Bachelor degree in sciences and techniques of physical and sports activities Higher Institute of Sport and Physical Education	2015-2018
Second degree in sports training: Tennis instructor	2015-2018
Basic leave in physical education and optional subjects: Aerobics/ Basic physical education/ Muscle building techniques/ Appropriate physical activities	2015-2018
High School Diploma	2011-2015
First dergree in sports training: Aerobics instructor From FLI Académy	2016-2017
Full Stack Software Development Diploma	2020-2021

# **TRAINING**

#### 2017 - 2018

Tennis instructor: Tennis club de Sfax – tcsf Assistant coach at the Tennis Club of Sfax.

### **WORK EXPERIENCE**

Physical education teacher: Rahet Mama (kindergarten) 2017 to today

Physical education teacher: Sahar School (kindergarten) 2017 – 2019

**Fitness Coach: Top Gym** 2017 – 2021

Fitness Coach: Farah MissFitness 2020 - 2021

Physical education and sports teacher: Techniques school of Sfax

2017 - 2018

# SCIENTIFIC CONTRIBUTIONS

\* A participation at the 4th international congress of sport science

\* A participation at the 5th international congress of sport science

\* An oral presentation at the 5th international congress of sport science

2019

2019

## Certifications

- ACE approved Continuing Educational Course: Personal Training Design
- Certificate of attendance at: T4 World Education Week
- Certificate of Attendance the Journal Selection Webinar (The Web of Science Group)
- Certificate of participation at the virtual DAAD-Summer School 2020 (Institute for Sports Science)
- Certificate of participation in the pedagogical scientific day for a specialist in child psychology: behavioral disorders in children with special needs.
- Certificate of completion the educational course CYBERBULLYING
- Training certificate in Research Methodology
- Certificate of participation in the international meeting of Athletics Sarra Berrazegua
- Certificate of participation in the success of the first International Half Marathon of Sfax
- Certificate of passing the Educational course: TRANSFORMING EDUCATION FOR THE DIGITAL ERA
- Certificate of passing the Educational course: SECURITY GUIDE FOR MICROSOFT TEAMS

**SKILLS** 

**LANGUAGES** 

Arabic French English
B2 B2 B1

MS office

Photoshop CC

WordPress

- Knowledge of current physical education instructional methods, as well as differentiated instruction based upon student learning styles.
- Good skills in establishing and maintaining cooperative working relationships with others and the ability to communicate effectively with students and parents.
- Good skills in using computer network system and software applications as needed.
- Ability to engage in self-evaluation with regard to performance and professional growth.