

**Narcotics Anonymous** (VOL group) at St. John Lutheran Church, December 4, 2018

- It's a polysubstance abuse crisis (not just an opioid problem, it's a drug problem) and these groups welcome all drug addicted individuals, not just specific drug
- Stems from trauma and/or not being able to handle pain or bad feelings or circumstances in life
- I feel that prescription opioids are a specific case due to the misconceptions that people think it's safe since from a doctor, but then they get tangled in polysubstance abuse because they turn to alcohol or something else, for example, as a "replacement" but doesn't heal their addiction