

Contact

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Georges Homsi

Stress Relief and Healing Coach

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Summary

I help people who are suffering from stress and stress related issues. First by identifying the cause of the emotional discomfort, then by developing personalized exercises, meditations and powerful emotional release methods that will lead at first into alleviating the symptoms of stress, and then the healing of the aspects of life that have been affected by it. The path to healing is an incredible adventure.

I spent 30 years of my life working as a tennis reporter around the world for international media outlets (L'Equipe, RTL, RTS (Switzerland), and many more), because tennis has always been my passion. I still do because I like it. I also developed from the early nineties a fascination for personal development, meditation, understanding of neuroscience, emotional traumas, and transformation spending most of my leisure time deepening into what has now become my number one passion.

As I started working at healing myself emotionally through techniques taught by Joe Dispenza, Frank Kinslow and more, immersing myself in different meditation techniques, my life has literally transformed. I went from a very fearful controlling and worried person whose body was falling apart, into a life of more lightness, surrender and trust, and physical health.

Still, my journey into self-healing is ongoing and will always be. Today I am studying closely with one of the leading planetary Masters Louix Dor Dempriey, and I am now eager to transmit the wisdom and expertise I acquired throughout the decades, to help the lives of the people who come to me improve, like mine did.

When chronic stress diminishes, all aspects of life improve: productivity, ideas, clarity, health, relationships, and more...

Experience

Self-employed
Stress Relief and Healing Coach
