Recipe Name: Classic Orange Juice

**Ingredients**: Oranges

Quantities (for 1 person): Oranges: 2 (medium)

Cooking Time: 5 minutes

**Steps**: Peel the oranges, juice them using a hand or electric juicer, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 502

Recipe Name: Tropical Pineapple Juice

Ingredients: Pineapple, Lime

Quantities (for 1 person): Pineapple: 1 cup (cubed), Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend the pineapple cubes, squeeze in the lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 503

Recipe Name: Fresh Apple Juice

Ingredients: Apple, Honey

Quantities (for 1 person): Apple: 1 (medium), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend the apple with a splash of water, strain, stir in honey, and serve.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 504

Recipe Name: Mint Lemonade

Ingredients: Lemon, Mint leaves, Sugar, Water

Quantities (for 1 person): Lemon: 1, Mint leaves: 4-5, Sugar: 1 tsp, Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend the mint leaves with water, add lemon juice, stir in sugar, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe Name: Mixed Berry Juice

Ingredients: Strawberries, Blueberries, Raspberries, Honey

Quantities (for 1 person): Strawberries: 1/4 cup, Blueberries: 1/4 cup, Raspberries: 1/4

cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend all the berries with a splash of water, strain, stir in honey, and serve.

Cuisine: General Diet Type: Vegan

Recipe ID: 506

Recipe Name: Ginger Lemonade

Ingredients: Lemon, Ginger, Honey, Water

Quantities (for 1 person): Lemon: 1, Ginger: 1/2 tsp (grated), Honey: 1 tsp, Water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Mix grated ginger with water, add lemon juice, stir in honey, and serve.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 507

Recipe Name: Watermelon Cooler Ingredients: Watermelon, Mint leaves

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint leaves: 3-4

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint leaves, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 508

Recipe Name: Carrot Orange Juice Ingredients: Carrots, Oranges, Ginger

Quantities (for 1 person): Carrots: 1 (medium), Oranges: 1, Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

Steps: Juice the carrots and orange, add grated ginger, mix well, and serve.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 509

Recipe Name: Green Juice

Ingredients: Spinach, Cucumber, Apple, Lemon

Quantities (for 1 person): Spinach: 1/4 cup, Cucumber: 1/2, Apple: 1/2, Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend spinach, cucumber, and apple with water, squeeze in lemon juice, and

serve.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 510

Recipe Name: Mango Lassi

Ingredients: Mango, Yogurt, Honey

Quantities (for 1 person): Mango: 1/2 (peeled), Yogurt: 1/4 cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend mango, yogurt, and honey until smooth, then serve chilled.

Cuisine: Indian

**Diet Type**: Vegetarian

Recipe ID: 511

**Recipe Name**: Strawberry Banana Smoothie **Ingredients**: Strawberries, Banana, Milk, Honey

Quantities (for 1 person): Strawberries: 1/4 cup, Banana: 1/2, Milk: 1/2 cup, Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend strawberries, banana, milk, and honey until smooth, and serve chilled.

**Cuisine**: General **Diet Type**: Vegetarian

Recipe ID: 512

Recipe Name: Cucumber Lemon Cooler

Ingredients: Cucumber, Lemon, Mint leaves, Sugar, Water

Quantities (for 1 person): Cucumber: 1/2 (peeled), Lemon: 1/2, Mint leaves: 3-4, Sugar:

1 tsp, Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend cucumber and mint with water, add lemon juice and sugar, then serve.

Cuisine: General Diet Type: Vegan

Recipe ID: 513

**Recipe Name**: Papaya Smoothie **Ingredients**: Papaya, Milk, Honey

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Milk: 1/2 cup, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend papaya, milk, and honey until smooth, then serve chilled.

**Cuisine**: General **Diet Type**: Vegetarian

Recipe ID: 514

Recipe Name: Grapefruit Juice Ingredients: Grapefruit, Honey

Quantities (for 1 person): Grapefruit: 1, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Squeeze grapefruit juice, mix in honey, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 515

**Recipe Name:** Kiwi Apple Juice **Ingredients:** Kiwi, Apple, Lemon

Quantities (for 1 person): Kiwi: 1, Apple: 1/2, Lemon: 1/4

Cooking Time: 5 minutes

**Steps**: Blend kiwi and apple with water, add lemon juice, strain, and serve.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Pomegranate Juice **Ingredients:** Pomegranate, Honey

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend pomegranate seeds, strain, stir in honey, and serve.

Cuisine: General Diet Type: Vegan

Recipe ID: 517

Recipe Name: Coconut Water Delight

Ingredients: Coconut water, Lime, Mint leaves

Quantities (for 1 person): Coconut water: 1 cup, Lime: 1/2, Mint leaves: 3-4

Cooking Time: 5 minutes

Steps: Mix coconut water with lime juice, add mint leaves, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 518

**Recipe Name:** Pear Ginger Juice **Ingredients:** Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1, Ginger: 1/4 tsp (grated), Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend pear with ginger, add lemon juice, strain, and serve.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 519

**Recipe Name**: Tropical Watermelon Lime Juice **Ingredients**: Watermelon, Lime, Mint leaves

Quantities (for 1 person): Watermelon: 1 cup (cubed), Lime: 1/2, Mint leaves: 3-4

Cooking Time: 5 minutes

**Steps**: Blend watermelon, add lime juice, and garnish with mint leaves. Serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe Name: Mixed Citrus Juice

**Ingredients**: Orange, Lemon, Grapefruit, Honey

Quantities (for 1 person): Orange: 1, Lemon: 1/2, Grapefruit: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Squeeze the juice from all the citrus fruits, mix with honey, and serve.

Cuisine: General Diet Type: Vegan

Recipe ID: 521

**Recipe Name**: Carrot Orange Juice **Ingredients**: Carrot, Orange, Ginger

Quantities (for 1 person): Carrot: 1 (medium), Orange: 1, Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot and orange juice together with ginger, strain, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 522

**Recipe Name:** Mango Mint Cooler **Ingredients:** Mango, Mint leaves, Lime

Quantities (for 1 person): Mango: 1/2 (cubed), Mint leaves: 4-5, Lime: 1/2

Cooking Time: 5 minutes

Steps: Blend mango with water, stir in lime juice, and garnish with mint leaves. Serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 523

**Recipe Name**: Pineapple Lemonade

Ingredients: Pineapple, Lemon, Sugar, Water

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Lemon: 1/2, Sugar: 1 tsp, Water:

1/2 cup

Cooking Time: 5 minutes

Steps: Blend pineapple with water, add lemon juice and sugar, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe Name: Cucumber Apple Refresher

Ingredients: Cucumber, Apple, Mint leaves, Lemon

Quantities (for 1 person): Cucumber: 1/2 (peeled), Apple: 1/2, Mint leaves: 3-4, Lemon:

1/4

Cooking Time: 5 minutes

**Steps**: Blend cucumber and apple with water, add lemon juice, and garnish with mint.

Serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 525

Recipe Name: Peach Iced Tea

Ingredients: Peach, Black tea (brewed), Honey

Quantities (for 1 person): Peach: 1/2 (sliced), Black tea: 1/2 cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend peach with tea, stir in honey, and serve over ice.

Cuisine: General

Diet Type: Vegetarian

Recipe ID: 526

Recipe Name: Lychee Coconut Cooler

Ingredients: Lychee, Coconut water, Mint leaves

Quantities (for 1 person): Lychee: 1/4 cup (peeled), Coconut water: 1/2 cup, Mint

leaves: 3-4

Cooking Time: 5 minutes

**Steps**: Blend lychee with coconut water, pour into a glass, and garnish with mint leaves.

Serve chilled.

Cuisine: General

Diet Type: Vegan

Recipe ID: 527

**Recipe Name:** Watermelon Basil Refresher **Ingredients:** Watermelon, Basil leaves, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Basil leaves: 3-4, Lime: 1/2

Cooking Time: 5 minutes

Steps: Blend watermelon, add lime juice, and garnish with basil leaves. Serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 528

**Recipe Name**: Green Apple Spinach Juice **Ingredients**: Green apple, Spinach, Lemon

Quantities (for 1 person): Green apple: 1/2, Spinach: 1/4 cup, Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend green apple and spinach with water, add lemon juice, strain, and serve.

Cuisine: General Diet Type: Vegan

Recipe ID: 529

**Recipe Name:** Orange Pineapple Juice **Ingredients:** Orange, Pineapple, Honey

Quantities (for 1 person): Orange: 1, Pineapple: 1/4 cup (cubed), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend orange juice with pineapple and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 530

Recipe Name: Blueberry Lemonade

Ingredients: Blueberries, Lemon, Sugar, Water

Quantities (for 1 person): Blueberries: 1/4 cup, Lemon: 1/2, Sugar: 1 tsp, Water: 1/2

cup

Cooking Time: 5 minutes

Steps: Blend blueberries with water, stir in lemon juice and sugar, strain, and serve over

ice.

Cuisine: General Diet Type: Vegan

Recipe Name: Kiwi Lime Cooler

Ingredients: Kiwi, Lime, Sugar, Water

Quantities (for 1 person): Kiwi: 1 (peeled), Lime: 1/2, Sugar: 1 tsp, Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi with water, add lime juice and sugar, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 532

Recipe Name: Strawberry Basil Juice

Ingredients: Strawberry, Basil leaves, Honey, Water

Quantities (for 1 person): Strawberry: 1/2 cup, Basil leaves: 3-4, Honey: 1 tsp, Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend strawberries with water, stir in honey, and garnish with basil leaves. Serve

cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 533

Recipe Name: Mango Ginger Fizz

**Ingredients**: Mango, Ginger, Soda water

Quantities (for 1 person): Mango: 1/2 (cubed), Ginger: 1/4 tsp (grated), Soda water: 1/2

cup

Cooking Time: 5 minutes

Steps: Blend mango with ginger, pour into a glass, and top with soda water. Serve

immediately.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 534

Recipe Name: Grapefruit Mint Juice

**Ingredients**: Grapefruit, Mint leaves, Honey, Water

Quantities (for 1 person): Grapefruit: 1/2, Mint leaves: 4-5, Honey: 1 tsp, Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend grapefruit juice with water and honey, garnish with mint leaves, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 535

Recipe Name: Pomegranate Lemon Juice

Ingredients: Pomegranate seeds, Lemon, Sugar

Quantities (for 1 person): Pomegranate seeds: 1/2 cup, Lemon: 1/2, Sugar: 1 tsp

Cooking Time: 5 minutes

Steps: Blend pomegranate seeds, strain, add lemon juice and sugar, and serve cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 536

**Recipe Name**: Cantaloupe Lime Refresher **Ingredients**: Cantaloupe, Lime, Honey

Quantities (for 1 person): Cantaloupe: 1/2 cup (cubed), Lime: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend cantaloupe with lime juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 537

Recipe Name: Black Grape Lemonade

Ingredients: Black grapes, Lemon, Sugar, Water

Quantities (for 1 person): Black grapes: 1/2 cup, Lemon: 1/2, Sugar: 1 tsp, Water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend black grapes with water, strain, add lemon juice and sugar, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 538

**Recipe Name**: Spinach Pineapple Juice **Ingredients**: Spinach, Pineapple, Lime

Quantities (for 1 person): Spinach: 1/4 cup, Pineapple: 1/4 cup, Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend spinach and pineapple, add lime juice, strain, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 539

**Recipe Name**: Apple Beet Juice **Ingredients**: Apple, Beetroot, Lemon

Quantities (for 1 person): Apple: 1/2, Beetroot: 1/2 (small), Lemon: 1/4

Cooking Time: 5 minutes

**Steps**: Blend apple and beetroot, add lemon juice, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 540

Recipe Name: Pear Ginger Juice

Ingredients: Pear, Ginger, Honey, Water

Quantities (for 1 person): Pear: 1 (small), Ginger: 1/4 tsp (grated), Honey: 1 tsp, Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend pear with ginger and water, stir in honey, and serve cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 541

**Recipe Name**: Watermelon Mint Cooler **Ingredients**: Watermelon, Mint leaves, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint leaves: 4-5, Lime: 1/2

Cooking Time: 5 minutes

Steps: Blend watermelon with lime juice, garnish with mint leaves, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Orange Carrot Juice **Ingredients**: Orange, Carrot, Ginger

**Quantities (for 1 person)**: Orange: 1 (juiced), Carrot: 1 small, Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot and ginger, add orange juice, strain, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 543

**Recipe Name**: Guava Lemonade **Ingredients**: Guava, Lemon, Honey

Quantities (for 1 person): Guava: 1 (small), Lemon: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend guava with water, strain, add lemon juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 544

Recipe Name: Pineapple Mint Juice

**Ingredients**: Pineapple, Mint leaves, Sugar

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mint leaves: 3-4, Sugar: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pineapple with mint, strain, add sugar, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 545

Recipe Name: Apple Cinnamon Juice

**Ingredients**: Apple, Cinnamon powder, Honey

Quantities (for 1 person): Apple: 1/2, Cinnamon powder: 1/4 tsp, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend apple with water, add cinnamon and honey, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe Name: Cucumber Basil Juice

Ingredients: Cucumber, Basil leaves, Lemon, Water

Quantities (for 1 person): Cucumber: 1 (small), Basil leaves: 4-5, Lemon: 1/2, Water:

1/2 cup

Cooking Time: 5 minutes

Steps: Blend cucumber with water, add lemon juice, garnish with basil, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 547

**Recipe Name**: Lychee Lime Sparkler **Ingredients**: Lychee, Lime, Soda water

Quantities (for 1 person): Lychee: 6-8 (peeled), Lime: 1/2, Soda water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend lychee, add lime juice, top with soda water, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 548

**Recipe Name:** Kiwi Spinach Juice **Ingredients:** Kiwi, Spinach, Honey

Quantities (for 1 person): Kiwi: 1, Spinach: 1/4 cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi and spinach, add honey, strain, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 549

**Recipe Name**: Papaya Orange Juice **Ingredients**: Papaya, Orange, Lime

Quantities (for 1 person): Papaya: 1/4 cup (cubed), Orange: 1 (juiced), Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend papaya with orange juice, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Blackberry Lemonade **Ingredients**: Blackberries, Lemon, Sugar

Quantities (for 1 person): Blackberries: 1/2 cup, Lemon: 1/2, Sugar: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blackberries with water, strain, add lemon juice and sugar, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 551

**Recipe Name**: Pomegranate Ginger Juice **Ingredients**: Pomegranate, Ginger, Lemon

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Ginger: 1/4 tsp (grated),

Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend pomegranate seeds and ginger with water, strain, add lemon juice, and

serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 552

Recipe Name: Strawberry Lime Fizz

Ingredients: Strawberries, Lime, Soda water

Quantities (for 1 person): Strawberries: 1/2 cup, Lime: 1/2, Soda water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend strawberries with a little water, strain, add lime juice, and top with soda

water. Serve chilled. **Cuisine**: General **Diet Type**: Vegan

Recipe ID: 553

Recipe Name: Peach Basil Cooler

Ingredients: Peach, Basil leaves, Honey

Quantities (for 1 person): Peach: 1 (small), Basil leaves: 4-5, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend peach with basil leaves and water, strain, add honey, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 554

Recipe Name: Coconut Watermelon Splash

Ingredients: Coconut water, Watermelon, Mint leaves

Quantities (for 1 person): Coconut water: 1/2 cup, Watermelon: 1/2 cup (cubed), Mint

leaves: 3-4

Cooking Time: 5 minutes

**Steps**: Blend watermelon, mix with coconut water, garnish with mint leaves, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 555

Recipe Name: Cucumber Lime Spritzer

Ingredients: Cucumber, Lime, Sparkling water

Quantities (for 1 person): Cucumber: 1/2 (sliced), Lime: 1/2, Sparkling water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend cucumber with a bit of water, strain, add lime juice, and top with sparkling

water. Serve cold. **Cuisine**: General **Diet Type**: Vegan

Recipe ID: 556

**Recipe Name:** Mango Turmeric Smoothie **Ingredients:** Mango, Turmeric, Coconut milk

Quantities (for 1 person): Mango: 1/2 cup (cubed), Turmeric: 1/4 tsp, Coconut milk: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend mango with turmeric and coconut milk until smooth. Serve immediately.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Pineapple Coconut Cooler **Ingredients**: Pineapple, Coconut water, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Coconut water: 1/2 cup, Lime:

1/2

Cooking Time: 5 minutes

Steps: Blend pineapple with coconut water, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 558

Recipe Name: Mixed Berry Sparkler

**Ingredients**: Mixed berries (strawberries, blueberries, raspberries), Lemon, Soda water **Quantities (for 1 person)**: Mixed berries: 1/2 cup, Lemon: 1/2, Soda water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend mixed berries, strain, add lemon juice, and top with soda water. Serve

cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 559

Recipe Name: Honeydew Mint Cooler

Ingredients: Honeydew melon, Mint leaves, Lime

Quantities (for 1 person): Honeydew melon: 1/2 cup (cubed), Mint leaves: 4-5, Lime:

1/2

Cooking Time: 5 minutes

**Steps**: Blend honeydew melon and mint leaves, add lime juice, strain, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 560

Recipe Name: Papaya Coconut Shake

Ingredients: Papaya, Coconut milk, Honey

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Coconut milk: 1/2 cup, Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend papaya with coconut milk and honey until smooth. Serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 561

**Recipe Name**: Orange Carrot Refresher **Ingredients**: Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (small), Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

Steps: Blend orange, carrot, and ginger with water, strain, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 562

**Recipe Name:** Kiwi Spinach Booster **Ingredients:** Kiwi, Spinach, Honey

Quantities (for 1 person): Kiwi: 1 (peeled), Spinach: 1/2 cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi and spinach with water, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 563

**Recipe Name**: Apple Cinnamon Cooler **Ingredients**: Apple, Cinnamon, Lemon

Quantities (for 1 person): Apple: 1 (peeled and cubed), Cinnamon: 1/4 tsp, Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend apple with cinnamon and water, strain, add lemon juice, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 564

**Recipe Name**: Watermelon Cucumber Juice **Ingredients**: Watermelon, Cucumber, Mint

Quantities (for 1 person): Watermelon: 1/2 cup (cubed), Cucumber: 1/2 (sliced), Mint:

3-4 leaves

Cooking Time: 5 minutes

Steps: Blend watermelon and cucumber with water, strain, garnish with mint, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 565

**Recipe Name**: Pear Ginger Tonic **Ingredients**: Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (small), Ginger: 1/4 tsp (grated), Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend pear with ginger and water, strain, add lemon juice, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 566

Recipe Name: Pineapple Basil Juice

**Ingredients**: Pineapple, Basil leaves, Honey

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Basil leaves: 4-5, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend pineapple and basil with water, strain, add honey, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 567

**Recipe Name:** Mango Lime Smoothie **Ingredients:** Mango, Lime, Coconut milk

Quantities (for 1 person): Mango: 1/2 cup (cubed), Lime: 1/2, Coconut milk: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend mango with lime juice and coconut milk until smooth. Serve immediately.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Strawberry Orange Bliss **Ingredients**: Strawberries, Orange, Honey

Quantities (for 1 person): Strawberries: 1/2 cup, Orange: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend strawberries and orange with water, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 569

**Recipe Name**: Banana Blueberry Smoothie **Ingredients**: Banana, Blueberries, Milk

Quantities (for 1 person): Banana: 1/2, Blueberries: 1/2 cup, Milk: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend banana and blueberries with milk until smooth. Serve immediately.

**Cuisine**: General **Diet Type**: Vegetarian

Recipe ID: 570

**Recipe Name**: Lemon Ginger Refresher **Ingredients**: Lemon, Ginger, Honey

Quantities (for 1 person): Lemon: 1/2, Ginger: 1/4 tsp (grated), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Mix lemon juice, ginger, and honey with water. Stir well and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 571

Recipe Name: Cucumber Mint Cooler

**Ingredients**: Cucumber, Mint leaves, Lemon

Quantities (for 1 person): Cucumber: 1/2 (sliced), Mint leaves: 4-5, Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend cucumber and mint with water, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe Name: Grapefruit Honey Fizz

Ingredients: Grapefruit, Honey, Sparkling water

Quantities (for 1 person): Grapefruit: 1/2 (juiced), Honey: 1 tsp, Sparkling water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Mix grapefruit juice and honey in a glass, add sparkling water, stir, and serve

immediately. **Cuisine:** General **Diet Type:** Vegetarian

Recipe ID: 573

**Recipe Name:** Apple Beet Juice **Ingredients:** Apple, Beetroot, Ginger

Quantities (for 1 person): Apple: 1/2 (sliced), Beetroot: 1/4 (peeled), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend apple, beetroot, and ginger with water, strain, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 574

**Recipe Name**: Pineapple Cucumber Fusion **Ingredients**: Pineapple, Cucumber, Mint

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Cucumber: 1/2 (sliced), Mint: 3-

4 leaves

Cooking Time: 5 minutes

Steps: Blend pineapple and cucumber with water, strain, garnish with mint, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 575

Recipe Name: Mango Ginger Delight

Ingredients: Mango, Ginger, Coconut water

Quantities (for 1 person): Mango: 1/2 cup (cubed), Ginger: 1/4 tsp (grated), Coconut

water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend mango and ginger with coconut water until smooth. Serve immediately.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 576

**Recipe Name**: Blueberry Lemonade **Ingredients**: Blueberries, Lemon, Sugar

Quantities (for 1 person): Blueberries: 1/2 cup, Lemon: 1/2, Sugar: 1 tsp

Cooking Time: 5 minutes

Steps: Blend blueberries with water, strain, mix in lemon juice and sugar, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 577

**Recipe Name**: Watermelon Mint Cooler **Ingredients**: Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1/2 cup (cubed), Mint: 3-4 leaves, Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend watermelon with mint and water, strain, add lime juice, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 578

**Recipe Name:** Orange Kiwi Blend **Ingredients:** Orange, Kiwi, Honey

Quantities (for 1 person): Orange: 1 (peeled), Kiwi: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend orange and kiwi with water, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 579

Recipe Name: Carrot Lime Sparkle

Ingredients: Carrot, Lime, Sparkling water

Quantities (for 1 person): Carrot: 1 (small, juiced), Lime: 1/2, Sparkling water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Mix carrot juice with lime juice, add sparkling water, and serve immediately.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 580

**Recipe Name**: Pear Lemon Fusion **Ingredients**: Pear, Lemon, Mint

Quantities (for 1 person): Pear: 1 (small), Lemon: 1/2, Mint: 3-4 leaves

Cooking Time: 5 minutes

**Steps**: Blend pear with water, strain, add lemon juice, garnish with mint, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 581

Recipe Name: Strawberry Basil Cooler

Ingredients: Strawberries, Basil leaves, Honey

Quantities (for 1 person): Strawberries: 1/2 cup, Basil leaves: 3-4, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend strawberries and basil with water, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 582

**Recipe Name**: Pineapple Mint Punch **Ingredients**: Pineapple, Mint, Lemon

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mint: 3-4 leaves, Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend pineapple and mint with water, strain, add lemon juice, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Cucumber Lime Detox **Ingredients:** Cucumber, Lime, Ginger

**Quantities (for 1 person)**: Cucumber: 1/2 (sliced), Lime: 1/2, Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and ginger with water, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 584

Recipe Name: Apple Cinnamon Cooler Ingredients: Apple, Cinnamon, Honey

Quantities (for 1 person): Apple: 1/2 (sliced), Cinnamon: 1/4 tsp, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend apple with water, add cinnamon and honey, mix well, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 585

**Recipe Name**: Mango Lime Smoothie **Ingredients**: Mango, Lime, Coconut water

Quantities (for 1 person): Mango: 1/2 cup (cubed), Lime: 1/2, Coconut water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend mango with coconut water, add lime juice, and serve immediately.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 586

**Recipe Name**: Pear Ginger Zest **Ingredients**: Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (small, sliced), Ginger: 1/4 tsp (grated), Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend pear and ginger with water, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Watermelon Lemonade **Ingredients:** Watermelon, Lemon, Mint

Quantities (for 1 person): Watermelon: 1/2 cup (cubed), Lemon: 1/2, Mint: 3-4 leaves

Cooking Time: 5 minutes

Steps: Blend watermelon with water, strain, add lemon juice, garnish with mint, and

serve cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 588

**Recipe Name**: Orange Carrot Fusion **Ingredients**: Orange, Carrot, Honey

Quantities (for 1 person): Orange: 1 (juiced), Carrot: 1 (small, juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Mix orange juice and carrot juice, add honey, stir, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 589

**Recipe Name**: Kiwi Spinach Detox **Ingredients**: Kiwi, Spinach, Lemon

Quantities (for 1 person): Kiwi: 1 (peeled), Spinach: 1/2 cup (washed), Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend kiwi and spinach with water, strain, add lemon juice, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 590

Recipe Name: Banana Coconut Bliss

Ingredients: Banana, Coconut milk, Honey

Quantities (for 1 person): Banana: 1/2 (sliced), Coconut milk: 1/2 cup, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend banana with coconut milk, add honey, and serve immediately.

Cuisine: General

Diet Type: Vegetarian

Recipe Name: Peach Basil Splash

Ingredients: Peach, Basil leaves, Honey

Quantities (for 1 person): Peach: 1 (sliced), Basil leaves: 3-4, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend peach and basil with water, strain, add honey, and serve chilled.

Cuisine: General

Diet Type: Vegetarian

Recipe ID: 592

**Recipe Name:** Cranberry Orange Delight **Ingredients:** Cranberries, Orange, Honey

Quantities (for 1 person): Cranberries: 1/4 cup, Orange: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend cranberries with orange juice, strain, add honey, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 593

Recipe Name: Mixed Berry Blast

Ingredients: Strawberries, Blueberries, Raspberries, Honey

Quantities (for 1 person): Strawberries: 1/4 cup, Blueberries: 1/4 cup, Raspberries: 1/4

cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend all berries with water, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 594

**Recipe Name**: Pineapple Ginger Refresher **Ingredients**: Pineapple, Ginger, Lemon

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Ginger: 1/4 tsp (grated), Lemon:

1/2

Cooking Time: 5 minutes

**Steps**: Blend pineapple and ginger with water, strain, add lemon juice, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 595

**Recipe Name:** Green Apple Cooler **Ingredients:** Green apple, Mint, Honey

Quantities (for 1 person): Green apple: 1 (sliced), Mint: 4-5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend green apple and mint with water, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegetarian

Recipe ID: 596

**Recipe Name:** Grapefruit Mint Spark **Ingredients:** Grapefruit, Mint, Honey

Quantities (for 1 person): Grapefruit: 1/2 (juiced), Mint: 4-5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Mix grapefruit juice with water, add honey, garnish with mint, and serve cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 597

**Recipe Name**: Coconut Lime Cooler **Ingredients**: Coconut water, Lime, Mint

Quantities (for 1 person): Coconut water: 1 cup, Lime: 1/2, Mint: 3-4 leaves

Cooking Time: 5 minutes

**Steps**: Mix coconut water with lime juice, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 598

Recipe Name: Kiwi Mango Delight

Ingredients: Kiwi, Mango, Coconut water

Quantities (for 1 person): Kiwi: 1 (peeled), Mango: 1/2 cup (cubed), Coconut water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi and mango with coconut water, strain, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 599

**Recipe Name**: Strawberry Lemonade **Ingredients**: Strawberries, Lemon, Honey

Quantities (for 1 person): Strawberries: 1/2 cup, Lemon: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend strawberries with water, strain, add lemon juice and honey, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 600

**Recipe Name**: Mango Peach Bliss **Ingredients**: Mango, Peach, Lime

Quantities (for 1 person): Mango: 1/2 cup (cubed), Peach: 1 (sliced), Lime: 1/2

Cooking Time: 5 minutes

Steps: Blend mango and peach with water, strain, add lime juice, and serve

immediately. **Cuisine:** General **Diet Type:** Vegan

Recipe ID: 601

**Recipe Name:** Watermelon Mint Cooler **Ingredients:** Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 4-5 leaves, Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend watermelon with mint leaves, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

**Recipe Name:** Cucumber Lemon Refresher **Ingredients:** Cucumber, Lemon, Honey

Quantities (for 1 person): Cucumber: 1/2 (sliced), Lemon: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend cucumber with water, strain, add lemon juice and honey, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 603

**Recipe Name**: Apple Cinnamon Delight **Ingredients**: Apple, Cinnamon, Honey

Quantities (for 1 person): Apple: 1 (sliced), Cinnamon: 1/4 tsp, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend apple with water, strain, add cinnamon and honey, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 604

**Recipe Name**: Orange Carrot Refresh **Ingredients**: Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/2 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend orange and carrot with ginger and water, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 605

Recipe Name: Lemonade Berry Punch

**Ingredients**: Lemon, Strawberries, Blueberries

Quantities (for 1 person): Lemon: 1/2, Strawberries: 1/4 cup, Blueberries: 1/4 cup

Cooking Time: 5 minutes

Steps: Blend strawberries and blueberries with water, strain, add lemon juice, and

serve cold.

Cuisine: General Diet Type: Vegan

**Recipe Name**: Pomegranate Citrus Juice **Ingredients**: Pomegranate, Orange, Lemon

Quantities (for 1 person): Pomegranate: 1/2 (seeds), Orange: 1 (peeled), Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend pomegranate seeds with orange juice, strain, add lemon juice, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 607

**Recipe Name**: Pineapple Coconut Breeze **Ingredients**: Pineapple, Coconut water, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Coconut water: 1/2 cup, Lime:

1/2

Cooking Time: 5 minutes

**Steps**: Blend pineapple with coconut water, strain, add lime juice, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 608

**Recipe Name:** Apple Ginger Zing **Ingredients:** Apple, Ginger, Lemon

Quantities (for 1 person): Apple: 1 (sliced), Ginger: 1/4 tsp (grated), Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend apple with ginger and water, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 609

Recipe Name: Kiwi Lime Kick Ingredients: Kiwi, Lime, Honey

Quantities (for 1 person): Kiwi: 1 (peeled), Lime: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend kiwi with lime juice, strain, add honey, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 610

**Recipe Name:** Pear Ginger Refresh **Ingredients:** Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (sliced), Ginger: 1/4 tsp (grated), Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend pear with ginger and water, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 611

Recipe Name: Strawberry Lime Fizz

**Ingredients**: Strawberries, Lime, Sparkling Water

Quantities (for 1 person): Strawberries: 1/4 cup, Lime: 1/2, Sparkling Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend strawberries with water, strain, add lime juice, and top with sparkling

water. Serve chilled. **Cuisine**: General **Diet Type**: Vegan

Recipe ID: 612

**Recipe Name**: Mango Pineapple Bliss **Ingredients**: Mango, Pineapple, Orange

Quantities (for 1 person): Mango: 1/2 (peeled and cubed), Pineapple: 1/4 cup, Orange:

1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend mango, pineapple, and orange, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 613

Recipe Name: Carrot Apple Citrus Ingredients: Carrot, Apple, Orange

Quantities (for 1 person): Carrot: 1 (peeled), Apple: 1 (sliced), Orange: 1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend carrot, apple, and orange, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 614

Recipe Name: Green Refresh

Ingredients: Spinach, Cucumber, Green Apple, Lemon

Quantities (for 1 person): Spinach: 1/2 cup, Cucumber: 1/4 (sliced), Green Apple: 1/2

(sliced), Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend spinach, cucumber, apple, and lemon, strain, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 615

Recipe Name: Peach Mint Refresher

Ingredients: Peach, Mint, Lime

Quantities (for 1 person): Peach: 1 (peeled and sliced), Mint: 5 leaves, Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend peach with mint leaves, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 616

**Recipe Name:** Watermelon Cucumber Quencher **Ingredients:** Watermelon, Cucumber, Lemon

Quantities (for 1 person): Watermelon: 1/2 cup (cubed), Cucumber: 1/4 (sliced),

Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend watermelon and cucumber with water, strain, add lemon juice, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Beetroot Orange Fusion **Ingredients**: Beetroot, Orange, Lemon

Quantities (for 1 person): Beetroot: 1 small (peeled), Orange: 1 (peeled), Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend beetroot and orange, strain, add lemon juice, and serve cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 618

Recipe Name: Kiwi Pineapple Power

Ingredients: Kiwi, Pineapple, Coconut water

Quantities (for 1 person): Kiwi: 1 (peeled), Pineapple: 1/4 cup (cubed), Coconut water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi and pineapple with coconut water, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 619

**Recipe Name**: Papaya Lime Cooler **Ingredients**: Papaya, Lime, Honey

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Lime: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend papaya with water, strain, add lime juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 620

**Recipe Name:** Cantaloupe Mint Cooler **Ingredients:** Cantaloupe, Mint, Lime

Quantities (for 1 person): Cantaloupe: 1/2 cup (cubed), Mint: 4 leaves, Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend cantaloupe and mint leaves, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Apple Ginger Zing **Ingredients:** Apple, Ginger, Lemon

Quantities (for 1 person): Apple: 1 (sliced), Ginger: 1/2 tsp (grated), Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend apple and ginger, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 622

Recipe Name: Grapefruit Mint Spritz Ingredients: Grapefruit, Mint, Honey

Quantities (for 1 person): Grapefruit: 1/2, Mint: 4 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapefruit and mint, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 623

**Recipe Name**: Pomegranate Citrus Burst **Ingredients**: Pomegranate, Orange, Lemon

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Orange: 1 (peeled), Lemon:

1/2

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and orange, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 624

**Recipe Name**: Blueberry Lime Splash **Ingredients**: Blueberries, Lime, Honey

Quantities (for 1 person): Blueberries: 1/4 cup, Lime: 1/2, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blueberries, strain, add lime juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 625

**Recipe Name:** Cucumber Mint Refresher **Ingredients:** Cucumber, Mint, Lemon

Quantities (for 1 person): Cucumber: 1/4 (sliced), Mint: 5 leaves, Lemon: 1/2

Cooking Time: 5 minutes

Steps: Blend cucumber with mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 626

Recipe Name: Peach Strawberry Fizz

Ingredients: Peach, Strawberry, Sparkling Water

Quantities (for 1 person): Peach: 1 (peeled and sliced), Strawberry: 2 (sliced), Sparkling

Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend peach and strawberry, strain, add sparkling water, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 627

**Recipe Name**: Apple Carrot Elixir **Ingredients**: Apple, Carrot, Ginger

**Quantities (for 1 person)**: Apple: 1 (sliced), Carrot: 1 (peeled), Ginger: 1/2 tsp (grated)

Cooking Time: 5 minutes

Steps: Blend apple, carrot, and ginger, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 628

Recipe Name: Tropical Paradise

**Ingredients**: Mango, Pineapple, Coconut water

Quantities (for 1 person): Mango: 1/2 (peeled and cubed), Pineapple: 1/4 cup (cubed),

Coconut water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend mango, pineapple, and coconut water, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 629

**Recipe Name**: Pear Ginger Punch **Ingredients**: Pear, Ginger, Lime

Quantities (for 1 person): Pear: 1 (sliced), Ginger: 1/2 tsp (grated), Lime: 1/2

Cooking Time: 5 minutes

Steps: Blend pear and ginger, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 630

Recipe Name: Spicy Orange Mango

Ingredients: Orange, Mango, Chili powder

Quantities (for 1 person): Orange: 1 (peeled), Mango: 1/2 (peeled and cubed), Chili

powder: 1/4 tsp

Cooking Time: 5 minutes

**Steps**: Blend orange and mango, strain, sprinkle chili powder, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 631

**Recipe Name**: Kiwi Cucumber Cooler **Ingredients**: Kiwi, Cucumber, Lime

Quantities (for 1 person): Kiwi: 1 (peeled), Cucumber: 1/4 (sliced), Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend kiwi and cucumber, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Watermelon Mint Breeze **Ingredients**: Watermelon, Mint, Lemon

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 633

**Recipe Name**: Strawberry Coconut Delight **Ingredients**: Strawberry, Coconut milk, Honey

Quantities (for 1 person): Strawberry: 1/2 cup, Coconut milk: 1/4 cup, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend strawberry and coconut milk, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 634

**Recipe Name**: Pineapple Ginger Zest **Ingredients**: Pineapple, Ginger, Lime

Quantities (for 1 person): Pineapple: 1/4 cup (cubed), Ginger: 1/2 tsp (grated), Lime:

1/2

Cooking Time: 5 minutes

**Steps**: Blend pineapple and ginger, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 635

**Recipe Name**: Raspberry Lemonade **Ingredients**: Raspberry, Lemon, Honey

Quantities (for 1 person): Raspberry: 1/2 cup, Lemon: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend raspberry and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe Name: Orange Carrot Ginger Burst

Ingredients: Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend orange, carrot, and ginger, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 637

Recipe Name: Lemon Cucumber Mint Ingredients: Lemon, Cucumber, Mint

Quantities (for 1 person): Lemon: 1 (peeled), Cucumber: 1/4 (sliced), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend lemon and cucumber, strain, add mint leaves, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 638

**Recipe Name:** Sweet Lime Cooler **Ingredients:** Lime, Sugar, Water

Quantities (for 1 person): Lime: 2 (peeled), Sugar: 1 tsp, Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend lime and sugar, strain, add water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 639

**Recipe Name:** Apple Pear Juice **Ingredients:** Apple, Pear, Lemon

Quantities (for 1 person): Apple: 1 (sliced), Pear: 1 (sliced), Lemon: 1/2

Cooking Time: 5 minutes

**Steps**: Blend apple and pear, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Cranberry Citrus Splash **Ingredients:** Cranberry, Orange, Lime

Quantities (for 1 person): Cranberry: 1/4 cup, Orange: 1/2 (peeled), Lime: 1/2

Cooking Time: 5 minutes

Steps: Blend cranberry and orange, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 641

**Recipe Name**: Apple Ginger Spice **Ingredients**: Apple, Ginger, Lemon

Quantities (for 1 person): Apple: 1 (sliced), Ginger: 1/2 tsp (grated), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple and ginger, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 642

**Recipe Name**: Pomegranate Mint Bliss **Ingredients**: Pomegranate, Mint, Lime

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Mint: 5 leaves, Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 643

Recipe Name: Mango Coconut Cream

Ingredients: Mango, Coconut water, Honey

Quantities (for 1 person): Mango: 1/2 (peeled and cubed), Coconut water: 1/4 cup,

Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend mango and coconut water, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 644

**Recipe Name:** Watermelon Kiwi Twist **Ingredients:** Watermelon, Kiwi, Lemon

Quantities (for 1 person): Watermelon: 1 cup (cubed), Kiwi: 1 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and kiwi, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 645

**Recipe Name**: Peach Mango Fusion **Ingredients**: Peach, Mango, Orange

Quantities (for 1 person): Peach: 1 (peeled), Mango: 1/2 (peeled), Orange: 1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend peach, mango, and orange, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 646

Recipe Name: Papaya Pineapple Punch Ingredients: Papaya, Pineapple, Lime

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Pineapple: 1/2 cup (cubed), Lime:

1/2

Cooking Time: 5 minutes

**Steps**: Blend papaya and pineapple, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 647

**Recipe Name**: Beetroot Orange Energy **Ingredients**: Beetroot, Orange, Ginger

Quantities (for 1 person): Beetroot: 1/2 (peeled and chopped), Orange: 1 (peeled),

Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend beetroot and orange, strain, add ginger, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 648

**Recipe Name**: Grape Apple Refresh **Ingredients**: Grapes, Apple, Lime

Quantities (for 1 person): Grapes: 1/2 cup, Apple: 1 (sliced), Lime: 1/2

Cooking Time: 5 minutes

**Steps**: Blend grapes and apple, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 649

**Recipe Name**: Cucumber Lemon Detox **Ingredients**: Cucumber, Lemon, Mint

Quantities (for 1 person): Cucumber: 1/4 (sliced), Lemon: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend cucumber and lemon, strain, add mint leaves, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 650

**Recipe Name**: Blackberry Lemon Burst **Ingredients**: Blackberry, Lemon, Honey

Quantities (for 1 person): Blackberry: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blackberry and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Strawberry Kiwi Zing **Ingredients:** Strawberry, Kiwi, Lemon

Quantities (for 1 person): Strawberry: 5-6 (fresh), Kiwi: 1 (peeled), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend strawberry and kiwi, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 652

**Recipe Name:** Cantaloupe Mint Cooler **Ingredients:** Cantaloupe, Mint, Lime

Quantities (for 1 person): Cantaloupe: 1/2 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend cantaloupe and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 653

**Recipe Name:** Coconut Pineapple Splash **Ingredients:** Coconut milk, Pineapple, Mango

Quantities (for 1 person): Coconut milk: 1/4 cup, Pineapple: 1/2 cup (cubed), Mango:

1/2 (peeled and cubed)

Cooking Time: 5 minutes

**Steps**: Blend coconut milk, pineapple, and mango, strain, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 654

**Recipe Name**: Green Apple Spinach Detox **Ingredients**: Green Apple, Spinach, Lemon

Quantities (for 1 person): Green Apple: 1 (sliced), Spinach: 1/4 cup, Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend green apple and spinach, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 655

**Recipe Name:** Pear Ginger Twist **Ingredients:** Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (peeled and sliced), Ginger: 1/2 tsp (grated), Lemon:

1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend pear and ginger, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 656

**Recipe Name**: Pomegranate Citrus Blast **Ingredients**: Pomegranate, Orange, Lime

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Orange: 1 (peeled), Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and orange, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 657

**Recipe Name**: Blackberry Peach Fusion **Ingredients**: Blackberry, Peach, Honey

Quantities (for 1 person): Blackberry: 1/2 cup, Peach: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blackberry and peach, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 658

**Recipe Name**: Apple Cinnamon Cooler **Ingredients**: Apple, Cinnamon, Lemon

Quantities (for 1 person): Apple: 1 (sliced), Cinnamon: 1/4 tsp, Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend apple and cinnamon, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 659

**Recipe Name**: Orange Carrot Boost **Ingredients**: Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend orange and carrot, strain, add ginger, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 660

**Recipe Name**: Lemon Basil Breeze **Ingredients**: Lemon, Basil, Honey

Quantities (for 1 person): Lemon: 1/2 (peeled), Basil: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend lemon and basil, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 661

**Recipe Name:** Mango Coconut Fusion **Ingredients:** Mango, Coconut milk, Lime

Quantities (for 1 person): Mango: 1 (peeled and cubed), Coconut milk: 1/4 cup, Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend mango and coconut milk, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 662

**Recipe Name**: Grapefruit Mint Zest **Ingredients**: Grapefruit, Mint, Honey

Quantities (for 1 person): Grapefruit: 1/2 (peeled), Mint: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapefruit and mint, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 663

**Recipe Name**: Watermelon Lime Splash **Ingredients**: Watermelon, Lime, Mint

Quantities (for 1 person): Watermelon: 1 cup (cubed), Lime: 1/2 (peeled), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 664

**Recipe Name**: Blueberry Lemon Refresher **Ingredients**: Blueberries, Lemon, Honey

Quantities (for 1 person): Blueberries: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blueberries and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 665

**Recipe Name:** Pineapple Coconut Breeze **Ingredients:** Pineapple, Coconut water, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Coconut water: 1/2 cup, Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and coconut water, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

**Recipe Name**: Papaya Mint Cooler **Ingredients**: Papaya, Mint, Lime

Quantities (for 1 person): Papaya: 1/2 cup (peeled and cubed), Mint: 5 leaves, Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend papaya and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 667

**Recipe Name**: Kiwi Pineapple Zing **Ingredients**: Kiwi, Pineapple, Lemon

Quantities (for 1 person): Kiwi: 1 (peeled), Pineapple: 1/2 cup (cubed), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend kiwi and pineapple, strain, add lemon juice, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 668

**Recipe Name**: Apple Cucumber Refresher **Ingredients**: Apple, Cucumber, Lemon

Quantities (for 1 person): Apple: 1 (sliced), Cucumber: 1/2 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple and cucumber, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 669

Recipe Name: Carrot Apple Ginger Boost

Ingredients: Carrot, Apple, Ginger

Quantities (for 1 person): Carrot: 1 (peeled), Apple: 1 (sliced), Ginger: 1/2 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot, apple, and ginger, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 670

**Recipe Name**: Blackberry Lemon Spritz **Ingredients**: Blackberries, Lemon, Honey

Quantities (for 1 person): Blackberries: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blackberries and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 671

**Recipe Name:** Strawberry Mint Twist **Ingredients:** Strawberries, Mint, Honey

Quantities (for 1 person): Strawberries: 1/2 cup, Mint: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend strawberries and mint, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 672

**Recipe Name**: Watermelon Cucumber Splash **Ingredients**: Watermelon, Cucumber, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Cucumber: 1/2 (peeled), Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and cucumber, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 673

**Recipe Name**: Orange Pineapple Delight **Ingredients**: Orange, Pineapple, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Pineapple: 1/2 cup (cubed), Ginger: 1/2

tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend orange and pineapple, strain, add ginger, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 674

**Recipe Name:** Pomegranate Lemon Glow **Ingredients:** Pomegranate, Lemon, Honey

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Lemon: 1/2 (peeled), Honey:

1 tsp

Cooking Time: 5 minutes

Steps: Blend pomegranate and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 675

**Recipe Name**: Pear Ginger Zing **Ingredients**: Pear, Ginger, Lime

Quantities (for 1 person): Pear: 1 (peeled), Ginger: 1/2 tsp (grated), Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pear and ginger, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 676

**Recipe Name**: Kiwi Cucumber Cooler **Ingredients**: Kiwi, Cucumber, Mint

Quantities (for 1 person): Kiwi: 1 (peeled), Cucumber: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend kiwi and cucumber, strain, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 677

**Recipe Name**: Mango Lassi Twist **Ingredients**: Mango, Yogurt, Honey

Quantities (for 1 person): Mango: 1 (peeled and cubed), Yogurt: 1/4 cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend mango and yogurt, strain, add honey, and serve chilled.

Cuisine: Indian

**Diet Type**: Vegetarian

Recipe ID: 678

**Recipe Name**: Coconut Water Lemonade **Ingredients**: Coconut water, Lemon, Honey

Quantities (for 1 person): Coconut water: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend coconut water and lemon, strain, add honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 679

**Recipe Name**: Peach Ginger Punch **Ingredients**: Peach, Ginger, Lime

Quantities (for 1 person): Peach: 1 (peeled and pitted), Ginger: 1/2 tsp (grated), Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend peach and ginger, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 680

**Recipe Name:** Blackberry Peach Sparkle **Ingredients:** Blackberries, Peach, Honey

Quantities (for 1 person): Blackberries: 1/2 cup, Peach: 1 (peeled and pitted), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend blackberries and peach, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

**Recipe Name**: Pineapple Coconut Breeze **Ingredients**: Pineapple, Coconut milk, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Coconut milk: 1/4 cup, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and coconut milk, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 682

**Recipe Name**: Mango Banana Smoothie **Ingredients**: Mango, Banana, Almond milk

Quantities (for 1 person): Mango: 1/2 (peeled), Banana: 1, Almond milk: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend mango, banana, and almond milk, strain if needed, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 683

**Recipe Name:** Blueberry Lemon Twist **Ingredients:** Blueberries, Lemon, Honey

Quantities (for 1 person): Blueberries: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blueberries and lemon, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 684

Recipe Name: Kiwi Pineapple Crush

Ingredients: Kiwi, Pineapple, Coconut water

Quantities (for 1 person): Kiwi: 1 (peeled), Pineapple: 1/2 cup (cubed), Coconut water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi and pineapple, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 685

Recipe Name: Carrot Orange Refresh Ingredients: Carrot, Orange, Ginger

Quantities (for 1 person): Carrot: 1 (peeled), Orange: 1 (peeled), Ginger: 1/2 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot and orange, strain, add ginger, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 686

**Recipe Name:** Watermelon Lime Splash **Ingredients:** Watermelon, Lime, Mint

Quantities (for 1 person): Watermelon: 1 cup (cubed), Lime: 1/2 (peeled), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend watermelon and lime, strain, add mint, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 687

Recipe Name: Apple Cinnamon Delight Ingredients: Apple, Cinnamon, Honey

Quantities (for 1 person): Apple: 1 (peeled and chopped), Cinnamon: 1/4 tsp, Honey: 1

tsp

Cooking Time: 5 minutes

Steps: Blend apple and cinnamon, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 688

**Recipe Name**: Peach Mint Cooler **Ingredients**: Peach, Mint, Lemon

Quantities (for 1 person): Peach: 1 (peeled and pitted), Mint: 5 leaves, Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend peach and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 689

**Recipe Name**: Strawberry Kiwi Fusion **Ingredients**: Strawberry, Kiwi, Honey

Quantities (for 1 person): Strawberry: 1/2 cup, Kiwi: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend strawberry and kiwi, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 690

**Recipe Name:** Grapefruit Mint Punch **Ingredients:** Grapefruit, Mint, Honey

Quantities (for 1 person): Grapefruit: 1/2 (peeled), Mint: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapefruit and mint, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 691

**Recipe Name**: Cucumber Lemon Cooler **Ingredients**: Cucumber, Lemon, Mint

Quantities (for 1 person): Cucumber: 1/2 (peeled), Lemon: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

Steps: Blend cucumber and lemon, strain, add mint leaves, and serve chilled.

Cuisine: General Diet Type: Vegan

**Recipe Name**: Pineapple Apple Burst **Ingredients**: Pineapple, Apple, Ginger

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Apple: 1 (peeled), Ginger: 1/2 tsp

(grated)

Cooking Time: 5 minutes

Steps: Blend pineapple and apple, strain, add ginger, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 693

Recipe Name: Tropical Passionfruit Juice

Ingredients: Passionfruit, Mango, Coconut water

Quantities (for 1 person): Passionfruit: 2 (scooped), Mango: 1/2 (peeled), Coconut

water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend passionfruit and mango, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 694

**Recipe Name**: Papaya Pineapple Punch **Ingredients**: Papaya, Pineapple, Lime

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Pineapple: 1/2 cup (cubed), Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend papaya and pineapple, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 695

**Recipe Name**: Pear Ginger Zing **Ingredients**: Pear, Ginger, Honey

Quantities (for 1 person): Pear: 1 (peeled and chopped), Ginger: 1/2 tsp (grated),

Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pear and ginger, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 696

**Recipe Name**: Carrot Apple Citrus **Ingredients**: Carrot, Apple, Orange

Quantities (for 1 person): Carrot: 1 (peeled), Apple: 1 (peeled), Orange: 1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend carrot, apple, and orange, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 697

**Recipe Name**: Watermelon Mint Breeze **Ingredients**: Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 698

**Recipe Name**: Blackberry Lemon Refresher **Ingredients**: Blackberry, Lemon, Honey

Quantities (for 1 person): Blackberry: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blackberry and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 699

**Recipe Name**: Kiwi Orange Fusion **Ingredients**: Kiwi, Orange, Honey

Quantities (for 1 person): Kiwi: 1 (peeled), Orange: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi and orange, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 700

**Recipe Name**: Grapes Mint Cooler **Ingredients**: Grapes, Mint, Lime

Quantities (for 1 person): Grapes: 1/2 cup, Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend grapes and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 701

Recipe Name: Apple Beet Juice

**Ingredients**: Apple, Beetroot, Lemon

Quantities (for 1 person): Apple: 1 (peeled), Beetroot: 1 small (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple, beetroot, and lemon, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 702

Recipe Name: Mango Coconut Bliss

Ingredients: Mango, Coconut water, Lime

Quantities (for 1 person): Mango: 1/2 (peeled), Coconut water: 1/2 cup, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend mango and coconut water, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 703

**Recipe Name**: Pineapple Mint Splash **Ingredients**: Pineapple, Mint, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend pineapple and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 704

**Recipe Name**: Strawberry Orange Zing **Ingredients**: Strawberry, Orange, Honey

Quantities (for 1 person): Strawberry: 1/2 cup (hulled), Orange: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend strawberry and orange, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 705

Recipe Name: Blueberry Lemon Fizz

Ingredients: Blueberry, Lemon, Sparkling water

Quantities (for 1 person): Blueberry: 1/2 cup, Lemon: 1/2 (peeled), Sparkling water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend blueberry and lemon, strain, add sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 706

**Recipe Name**: Carrot Ginger Twist **Ingredients**: Carrot, Ginger, Apple

Quantities (for 1 person): Carrot: 1 (peeled), Ginger: 1/2 tsp (grated), Apple: 1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend carrot and apple, strain, add ginger, and serve chilled.

Cuisine: General Diet Type: Vegan

**Recipe Name:** Cantaloupe Mint Fusion **Ingredients:** Cantaloupe, Mint, Lime

Quantities (for 1 person): Cantaloupe: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend cantaloupe and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 708

Recipe Name: Peach Pineapple Cooler

Ingredients: Peach, Pineapple, Coconut water

Quantities (for 1 person): Peach: 1 (peeled and chopped), Pineapple: 1/2 cup (cubed),

Coconut water: 1/2 cup
Cooking Time: 5 minutes

**Steps**: Blend peach and pineapple, strain, add coconut water, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 709

Recipe Name: Kiwi Mango Refresher

Ingredients: Kiwi, Mango, Lime

Quantities (for 1 person): Kiwi: 1 (peeled), Mango: 1/2 (peeled), Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend kiwi and mango, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 710

**Recipe Name**: Pomegranate Lemon Splash **Ingredients**: Pomegranate, Lemon, Honey

Quantities (for 1 person): Pomegranate: 1/2 (seeds), Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 711

**Recipe Name:** Watermelon Mint Cooler **Ingredients:** Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 712

**Recipe Name**: Papaya Ginger Juice **Ingredients**: Papaya, Ginger, Lime

Quantities (for 1 person): Papaya: 1/2 (peeled and chopped), Ginger: 1/2 tsp (grated),

Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend papaya and ginger, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 713

**Recipe Name**: Apple Carrot Citrus **Ingredients**: Apple, Carrot, Orange

Quantities (for 1 person): Apple: 1 (peeled), Carrot: 1 (peeled), Orange: 1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple, carrot, and orange, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 714

Recipe Name: Cranberry Lemon Fizz

Ingredients: Cranberries, Lemon, Sparkling water

Quantities (for 1 person): Cranberries: 1/2 cup, Lemon: 1/2 (peeled), Sparkling water:

1/2 cup

Cooking Time: 5 minutes

Steps: Blend cranberries and lemon, strain, add sparkling water, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 715

**Recipe Name:** Cherry Orange Delight **Ingredients:** Cherries, Orange, Honey

Quantities (for 1 person): Cherries: 1/2 cup (pitted), Orange: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend cherries and orange, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 716

**Recipe Name:** Pineapple Basil Juice **Ingredients:** Pineapple, Basil, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Basil: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and basil, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 717

Recipe Name: Mango Pineapple Dream

Ingredients: Mango, Pineapple, Coconut water

Quantities (for 1 person): Mango: 1/2 (peeled), Pineapple: 1/2 cup (cubed), Coconut

water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend mango and pineapple, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe Name: Kiwi Cucumber Refresher

Ingredients: Kiwi, Cucumber, Mint

Quantities (for 1 person): Kiwi: 1 (peeled), Cucumber: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend kiwi, cucumber, and mint, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 719

**Recipe Name:** Grape Lemon Splash **Ingredients:** Grapes, Lemon, Honey

Quantities (for 1 person): Grapes: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapes and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 720

**Recipe Name**: Beetroot Apple Juice **Ingredients**: Beetroot, Apple, Lemon

Quantities (for 1 person): Beetroot: 1 small (peeled), Apple: 1 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend beetroot, apple, and lemon, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 721

Recipe Name: Strawberry Basil Fizz

Ingredients: Strawberries, Basil, Sparkling water

Quantities (for 1 person): Strawberries: 1/2 cup (hulled), Basil: 5 leaves, Sparkling

water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend strawberries and basil, strain, add sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 722

**Recipe Name**: Pineapple Coconut Refresher **Ingredients**: Pineapple, Coconut water, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Coconut water: 1/2 cup, Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and coconut water, strain, add lime juice, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 723

**Recipe Name:** Orange Mango Crush **Ingredients:** Orange, Mango, Honey

Quantities (for 1 person): Orange: 1 (peeled), Mango: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend orange and mango, strain, add honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 724

**Recipe Name**: Carrot Ginger Zing **Ingredients**: Carrot, Ginger, Lemon

Quantities (for 1 person): Carrot: 1 (peeled), Ginger: 1/2 tsp (grated), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend carrot and ginger, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 725

**Recipe Name**: Cucumber Mint Cooler **Ingredients**: Cucumber, Mint, Lemon

Quantities (for 1 person): Cucumber: 1/2 (peeled), Mint: 5 leaves, Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 726

**Recipe Name**: Pomegranate Lemon Splash **Ingredients**: Pomegranate, Lemon, Honey

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Lemon: 1/2 (peeled), Honey:

1 tsp

Cooking Time: 5 minutes

Steps: Blend pomegranate and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 727

Recipe Name: Kiwi Pineapple Juice

Ingredients: Kiwi, Pineapple, Coconut water

Quantities (for 1 person): Kiwi: 1 (peeled), Pineapple: 1/2 cup (cubed), Coconut water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi and pineapple, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 728

Recipe Name: Grape Lemon Fizz

Ingredients: Grapes, Lemon, Sparkling water

Quantities (for 1 person): Grapes: 1/2 cup, Lemon: 1/2 (peeled), Sparkling water: 1/2

cup

Cooking Time: 5 minutes

Steps: Blend grapes and lemon, strain, add sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Mango Lime Cooler **Ingredients**: Mango, Lime, Mint

Quantities (for 1 person): Mango: 1/2 (peeled), Lime: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend mango and lime, strain, add mint leaves, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 730

**Recipe Name**: Watermelon Lemonade **Ingredients**: Watermelon, Lemon, Honey

Quantities (for 1 person): Watermelon: 1 cup (cubed), Lemon: 1/2 (peeled), Honey: 1

tsp

Cooking Time: 5 minutes

Steps: Blend watermelon and lemon, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 731

**Recipe Name**: Apple Carrot Fusion **Ingredients**: Apple, Carrot, Ginger

**Quantities (for 1 person)**: Apple: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/2 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend apple and carrot, strain, add ginger, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 732

Recipe Name: Papaya Pineapple Punch Ingredients: Papaya, Pineapple, Lime

Quantities (for 1 person): Papaya: 1/2 cup (peeled), Pineapple: 1/2 cup (cubed), Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend papaya and pineapple, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 733

Recipe Name: Cucumber Lime Refresher

Ingredients: Cucumber, Lime, Mint

Quantities (for 1 person): Cucumber: 1/2 (peeled), Lime: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

Steps: Blend cucumber and lime, strain, add mint leaves, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 734

**Recipe Name**: Peach Ginger Splash **Ingredients**: Peach, Ginger, Lemon

Quantities (for 1 person): Peach: 1 (peeled), Ginger: 1/2 tsp (grated), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend peach and ginger, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 735

**Recipe Name**: Mixed Berry Mint Cooler **Ingredients**: Strawberries, Blueberries, Mint

Quantities (for 1 person): Strawberries: 1/4 cup, Blueberries: 1/4 cup, Mint: 5 leaves

Cooking Time: 5 minutes

Steps: Blend strawberries and blueberries, strain, add mint leaves, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 736

**Recipe Name**: Kiwi Orange Twist **Ingredients**: Kiwi, Orange, Honey

Quantities (for 1 person): Kiwi: 1 (peeled), Orange: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi and orange, strain, add honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 737

**Recipe Name:** Lemon Mint Cooler **Ingredients:** Lemon, Mint, Honey

Quantities (for 1 person): Lemon: 1 (peeled), Mint: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend lemon and mint, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 738

**Recipe Name**: Grapefruit Pineapple Juice **Ingredients**: Grapefruit, Pineapple, Honey

Quantities (for 1 person): Grapefruit: 1/2 (peeled), Pineapple: 1/2 cup (cubed), Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapefruit and pineapple, strain, add honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 739

**Recipe Name:** Coconut Water Melon Punch **Ingredients:** Watermelon, Coconut water, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Coconut water: 1/2 cup, Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and coconut water, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 740

Recipe Name: Mango Coconut Bliss

Ingredients: Mango, Coconut water, Lime

Quantities (for 1 person): Mango: 1/2 (peeled), Coconut water: 1/2 cup, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend mango and coconut water, strain, add lime juice, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 741

**Recipe Name**: Apple Cucumber Detox **Ingredients**: Apple, Cucumber, Lemon

Quantities (for 1 person): Apple: 1 (peeled), Cucumber: 1/2 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple and cucumber, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 742

**Recipe Name**: Beetroot Orange Bliss **Ingredients**: Beetroot, Orange, Ginger

Quantities (for 1 person): Beetroot: 1 small (peeled), Orange: 1 (peeled), Ginger: 1/2

tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend beetroot and orange, strain, add ginger, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 743

Recipe Name: Watermelon Lime Refresher

Ingredients: Watermelon, Lime, Mint

Quantities (for 1 person): Watermelon: 1 cup (cubed), Lime: 1/2 (peeled), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend watermelon, strain, add lime juice and mint leaves, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 744

**Recipe Name:** Pomegranate Lemon Splash **Ingredients:** Pomegranate, Lemon, Honey

Quantities (for 1 person): Pomegranate: 1/2 (seeds), Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and lemon, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 745

**Recipe Name**: Grape Orange Medley **Ingredients**: Grapes, Orange, Mint

Quantities (for 1 person): Grapes: 1/2 cup, Orange: 1 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend grapes and orange, strain, add mint leaves, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 746

**Recipe Name**: Kiwi Pineapple Twist **Ingredients**: Kiwi, Pineapple, Lemon

Quantities (for 1 person): Kiwi: 1 (peeled), Pineapple: 1/2 cup (cubed), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend kiwi and pineapple, strain, add lemon juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 747

**Recipe Name**: Lemon Ginger Zing **Ingredients**: Lemon, Ginger, Honey

Quantities (for 1 person): Lemon: 1/2 (peeled), Ginger: 1/2 tsp (grated), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend lemon and ginger, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 748

**Recipe Name**: Cantaloupe Mint Cooler **Ingredients**: Cantaloupe, Mint, Lime

Quantities (for 1 person): Cantaloupe: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend cantaloupe, strain, add mint leaves and lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 749

**Recipe Name**: Mango Lime Refresher **Ingredients**: Mango, Lime, Honey

Quantities (for 1 person): Mango: 1/2 (peeled), Lime: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend mango, strain, add lime juice and honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 750

**Recipe Name:** Pear Ginger Juice **Ingredients:** Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (peeled), Ginger: 1/2 tsp (grated), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pear and ginger, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 751

Recipe Name: Strawberry Kiwi Blend Ingredients: Strawberry, Kiwi, Lemon

Quantities (for 1 person): Strawberry: 5 (hulled), Kiwi: 1 (peeled), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend strawberries and kiwi, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 752

**Recipe Name**: Pineapple Mint Cooler **Ingredients**: Pineapple, Mint, Lime

Quantities (for 1 person): Pineapple: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple, strain, add mint leaves and lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 753

**Recipe Name:** Cucumber Melon Refresh **Ingredients:** Cucumber, Melon, Lime

Quantities (for 1 person): Cucumber: 1/2 (peeled), Melon: 1 cup (cubed), Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and melon, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 754

Recipe Name: Orange Pineapple Delight

Ingredients: Orange, Pineapple, Coconut Water

Quantities (for 1 person): Orange: 1 (peeled), Pineapple: 1/2 cup (cubed), Coconut

Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend orange and pineapple, strain, add coconut water, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 755

**Recipe Name**: Carrot Apple Juice **Ingredients**: Carrot, Apple, Ginger

Quantities (for 1 person): Carrot: 2 (peeled), Apple: 1 (peeled), Ginger: 1/2 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot and apple, strain, add ginger, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 756

Recipe Name: Cherry Limeade Ingredients: Cherries, Lime, Honey

Quantities (for 1 person): Cherries: 1/2 cup (pitted), Lime: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend cherries, strain, add lime juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 757

**Recipe Name**: Pomegranate Ginger Zing **Ingredients**: Pomegranate, Ginger, Lime

Quantities (for 1 person): Pomegranate: 1/2 (seeds), Ginger: 1/2 tsp (grated), Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and ginger, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 758

**Recipe Name**: Cantaloupe Ginger Juice **Ingredients**: Cantaloupe, Ginger, Lime

Quantities (for 1 person): Cantaloupe: 1 cup (cubed), Ginger: 1/2 tsp (grated), Lime:

1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend cantaloupe, strain, add ginger and lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe Name: Kiwi Mango Fusion

Ingredients: Kiwi, Mango, Coconut Water

Quantities (for 1 person): Kiwi: 1 (peeled), Mango: 1/2 (peeled), Coconut Water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi and mango, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 760

**Recipe Name**: Watermelon Lemon Sparkler **Ingredients**: Watermelon, Lemon, Mint

Quantities (for 1 person): Watermelon: 1 cup (cubed), Lemon: 1/2 (peeled), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend watermelon, strain, add lemon juice and mint leaves, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 761

**Recipe Name:** Peach Mango Smoothie **Ingredients:** Peach, Mango, Orange Juice

Quantities (for 1 person): Peach: 1 (pitted), Mango: 1/2 (peeled), Orange Juice: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend peach and mango, add orange juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 762

**Recipe Name**: Apple Cinnamon Spice **Ingredients**: Apple, Cinnamon, Honey

Quantities (for 1 person): Apple: 1 (peeled), Cinnamon: 1/4 tsp, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend apple, add cinnamon and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 763

Recipe Name: Strawberry Banana Blast

Ingredients: Strawberry, Banana, Almond Milk

Quantities (for 1 person): Strawberry: 5 (hulled), Banana: 1 (peeled), Almond Milk: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend strawberry, banana, and almond milk, then serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 764

Recipe Name: Carrot Lemonade

Ingredients: Carrot, Lemon, Agave Syrup

Quantities (for 1 person): Carrot: 2 (peeled), Lemon: 1 (peeled), Agave Syrup: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend carrot and lemon, strain, add agave syrup, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 765

**Recipe Name**: Pineapple Coconut Breeze **Ingredients**: Pineapple, Coconut Milk, Lime

Quantities (for 1 person): Pineapple: 1 cup (cubed), Coconut Milk: 1/2 cup, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple, coconut milk, and lime, then serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 766

Recipe Name: Tropical Green Juice

Ingredients: Spinach, Pineapple, Coconut Water

Quantities (for 1 person): Spinach: 1 handful, Pineapple: 1 cup (cubed), Coconut

Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend spinach and pineapple, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 767

**Recipe Name**: Cucumber Mint Lemonade **Ingredients**: Cucumber, Mint, Lemon

Quantities (for 1 person): Cucumber: 1/2 (peeled), Mint: 5 leaves, Lemon: 1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 768

Recipe Name: Papaya Passionfruit Delight Ingredients: Papaya, Passionfruit, Lime

Quantities (for 1 person): Papaya: 1 cup (cubed), Passionfruit: 1 (scooped), Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend papaya and passionfruit, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 769

**Recipe Name**: Raspberry Peach Smoothie **Ingredients**: Raspberry, Peach, Almond Milk

Quantities (for 1 person): Raspberry: 1/2 cup, Peach: 1 (pitted), Almond Milk: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend raspberry, peach, and almond milk, then serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 770

Recipe Name: Grape Lemon Fizz

Ingredients: Grapes, Lemon, Soda Water

Quantities (for 1 person): Grapes: 1/2 cup (seedless), Lemon: 1/2 (peeled), Soda

Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend grapes, strain, add lemon juice, and top with soda water. Serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 771

Recipe Name: Kiwi Pineapple Punch

Ingredients: Kiwi, Pineapple, Coconut Water

Quantities (for 1 person): Kiwi: 1 (peeled), Pineapple: 1 cup (cubed), Coconut Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi and pineapple, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 772

**Recipe Name**: Watermelon Mint Cooler **Ingredients**: Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 773

Recipe Name: Apple Ginger Spark Ingredients: Apple, Ginger, Lemon

Quantities (for 1 person): Apple: 1 (peeled), Ginger: 1/4 tsp (grated), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple and ginger, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 774

Recipe Name: Pineapple Mint Fizz

Ingredients: Pineapple, Mint, Sparkling Water

Quantities (for 1 person): Pineapple: 1 cup (cubed), Mint: 5 leaves, Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend pineapple and mint, strain, top with sparkling water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 775

**Recipe Name**: Orange Carrot Cooler **Ingredients**: Orange, Carrot, Honey

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend orange and carrot, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 776

**Recipe Name**: Blueberry Almond Smoothie **Ingredients**: Blueberry, Almond Milk, Honey

Quantities (for 1 person): Blueberry: 1/2 cup, Almond Milk: 1/2 cup, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blueberry and almond milk, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 777

Recipe Name: Cantaloupe Lemonade

Ingredients: Cantaloupe, Lemon, Agave Syrup

Quantities (for 1 person): Cantaloupe: 1 cup (cubed), Lemon: 1/2 (peeled), Agave

Syrup: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend cantaloupe, strain, add lemon juice and agave syrup, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 778

Recipe Name: Tropical Juice Blast

Ingredients: Mango, Pineapple, Coconut Milk

Quantities (for 1 person): Mango: 1/2 (peeled), Pineapple: 1/2 cup (cubed), Coconut

Milk: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend mango, pineapple, and coconut milk, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 779

Recipe Name: Dragonfruit Lemonade

Ingredients: Dragonfruit, Lemon, Agave Syrup

Quantities (for 1 person): Dragonfruit: 1/2 (peeled), Lemon: 1/2 (peeled), Agave Syrup:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend dragonfruit, strain, add lemon juice and agave syrup, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 780

**Recipe Name**: Pomegranate Mint Juice **Ingredients**: Pomegranate, Mint, Lemon

Quantities (for 1 person): Pomegranate: 1/2 (seeds only), Mint: 5 leaves, Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend pomegranate and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Pear Ginger Zing **Ingredients:** Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (peeled), Ginger: 1/4 tsp (grated), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pear and ginger, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 782

Recipe Name: Strawberry Kiwi Breeze

Ingredients: Strawberry, Kiwi, Coconut Water

Quantities (for 1 person): Strawberry: 5 (hulled), Kiwi: 1 (peeled), Coconut Water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend strawberry and kiwi, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 783

**Recipe Name:** Cucumber Mint Infusion **Ingredients:** Cucumber, Mint, Lime

Quantities (for 1 person): Cucumber: 1/2 (peeled), Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 784

**Recipe Name**: Orange Pomegranate Splash **Ingredients**: Orange, Pomegranate, Honey

Quantities (for 1 person): Orange: 1 (peeled), Pomegranate: 1/4 cup (seeds), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend orange and pomegranate, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 785

**Recipe Name:** Mango Coconut Cooler **Ingredients:** Mango, Coconut Milk, Lime

Quantities (for 1 person): Mango: 1/2 (peeled), Coconut Milk: 1/2 cup, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend mango and coconut milk, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 786

Recipe Name: Cherry Lime Spritzer

**Ingredients**: Cherry, Lime, Sparkling Water

Quantities (for 1 person): Cherry: 1/2 cup (pitted), Lime: 1/2 (peeled), Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend cherry, strain, add lime juice, top with sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 787

**Recipe Name**: Peach Melon Cooler **Ingredients**: Peach, Cantaloupe, Mint

Quantities (for 1 person): Peach: 1/2 (peeled), Cantaloupe: 1/2 cup (cubed), Mint: 3

leaves

Cooking Time: 5 minutes

Steps: Blend peach and cantaloupe, add mint, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 788

**Recipe Name:** Grapefruit Pineapple Burst **Ingredients:** Grapefruit, Pineapple, Honey

Quantities (for 1 person): Grapefruit: 1/2 (peeled), Pineapple: 1/2 cup (cubed), Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapefruit and pineapple, strain, add honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 789

**Recipe Name:** Cucumber Melon Refresher **Ingredients:** Cucumber, Melon, Lemon

Quantities (for 1 person): Cucumber: 1/2 (peeled), Melon: 1/2 cup (cubed), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and melon, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 790

**Recipe Name**: Papaya Lime Delight **Ingredients**: Papaya, Lime, Honey

Quantities (for 1 person): Papaya: 1/2 (peeled), Lime: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend papaya, strain, add lime juice and honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 791

**Recipe Name**: Watermelon Mint Cooler **Ingredients**: Watermelon, Mint, Lemon

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend watermelon and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name:** Kiwi Spinach Refresh **Ingredients:** Kiwi, Spinach, Apple

Quantities (for 1 person): Kiwi: 1 (peeled), Spinach: 1 handful, Apple: 1 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend kiwi, spinach, and apple, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 793

**Recipe Name**: Pineapple Ginger Twist **Ingredients**: Pineapple, Ginger, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Ginger: 1/4 tsp (grated), Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and ginger, strain, add lime juice, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 794

**Recipe Name**: Apple Carrot Zing **Ingredients**: Apple, Carrot, Lemon

Quantities (for 1 person): Apple: 1 (peeled), Carrot: 1 (peeled), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple and carrot, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 795

Recipe Name: Strawberry Banana Bliss

Ingredients: Strawberry, Banana, Almond Milk

Quantities (for 1 person): Strawberry: 5 (hulled), Banana: 1 (peeled), Almond Milk: 1/2

cup

Cooking Time: 5 minutes

Steps: Blend strawberry and banana, add almond milk, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 796

**Recipe Name**: Coconut Lime Cooler **Ingredients**: Coconut Milk, Lime, Mint

Quantities (for 1 person): Coconut Milk: 1/2 cup, Lime: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

Steps: Blend coconut milk and lime, add mint, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 797

**Recipe Name:** Pear Pineapple Sparkle **Ingredients:** Pear, Pineapple, Orange

Quantities (for 1 person): Pear: 1 (peeled), Pineapple: 1/2 cup (cubed), Orange: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pear and pineapple, strain, add orange juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 798

Recipe Name: Mango Mint Cooler

Ingredients: Mango, Mint, Coconut Water

Quantities (for 1 person): Mango: 1/2 (peeled), Mint: 5 leaves, Coconut Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend mango and mint, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 799

**Recipe Name**: Lemon Ginger Zest **Ingredients**: Lemon, Ginger, Honey

Quantities (for 1 person): Lemon: 1/2 (peeled), Ginger: 1/4 tsp (grated), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend lemon and ginger, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 800

Recipe Name: Red Grape Lime Fizz

Ingredients: Red Grapes, Lime, Sparkling Water

Quantities (for 1 person): Red Grapes: 1/2 cup (seedless), Lime: 1/2 (peeled), Sparkling

Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend red grapes, strain, add lime juice, top with sparkling water, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 801

Recipe Name: Cucumber Mint Refresher

Ingredients: Cucumber, Mint, Lime

Quantities (for 1 person): Cucumber: 1/2 (peeled), Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and mint, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 802

**Recipe Name**: Pineapple Apple Spark **Ingredients**: Pineapple, Apple, Ginger

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Apple: 1 (peeled), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend pineapple, apple, and ginger, strain, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 803

**Recipe Name:** Orange Carrot Sunshine **Ingredients:** Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend orange and carrot, strain, add ginger, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 804

**Recipe Name:** Green Apple Celery Juice **Ingredients:** Green Apple, Celery, Lemon

Quantities (for 1 person): Green Apple: 1 (peeled), Celery: 2 stalks, Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple and celery, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 805

**Recipe Name**: Strawberry Peach Splash **Ingredients**: Strawberry, Peach, Lemon

Quantities (for 1 person): Strawberry: 5 (hulled), Peach: 1 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend strawberry and peach, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 806

**Recipe Name**: Avocado Lime Smoothie **Ingredients**: Avocado, Lime, Almond Milk

Quantities (for 1 person): Avocado: 1/2 (peeled), Lime: 1/2 (peeled), Almond Milk: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend avocado and lime, add almond milk, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 807

Recipe Name: Carrot Beetroot Detox Ingredients: Carrot, Beetroot, Apple

Quantities (for 1 person): Carrot: 1 (peeled), Beetroot: 1 (peeled), Apple: 1 (peeled)

Cooking Time: 5 minutes

Steps: Blend carrot, beetroot, and apple, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 808

**Recipe Name:** Cantaloupe Mint Cooler **Ingredients:** Cantaloupe, Mint, Lime

Quantities (for 1 person): Cantaloupe: 1/2 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend cantaloupe and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 809

**Recipe Name:** Grapefruit Ginger Refresh **Ingredients:** Grapefruit, Ginger, Honey

Quantities (for 1 person): Grapefruit: 1/2 (peeled), Ginger: 1/4 tsp (grated), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend grapefruit and ginger, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 810

**Recipe Name**: Pomegranate Citrus Bliss **Ingredients**: Pomegranate, Orange, Lemon

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Orange: 1 (peeled), Lemon:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and orange, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 811

**Recipe Name:** Mango Banana Smoothie **Ingredients:** Mango, Banana, Almond Milk

Quantities (for 1 person): Mango: 1/2 (peeled and chopped), Banana: 1 (peeled),

Almond Milk: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend mango, banana, and almond milk, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 812

**Recipe Name**: Watermelon Basil Twist **Ingredients**: Watermelon, Basil, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Basil: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and basil, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 813

**Recipe Name**: Cucumber Kiwi Cooler **Ingredients**: Cucumber, Kiwi, Lemon

Quantities (for 1 person): Cucumber: 1/2 (peeled), Kiwi: 1 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend cucumber and kiwi, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

**Recipe Name**: Apple Cinnamon Refresh **Ingredients**: Apple, Cinnamon, Water

Quantities (for 1 person): Apple: 1 (peeled), Cinnamon: 1/4 tsp, Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend apple and cinnamon, add water, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 815

**Recipe Name:** Pear Ginger Zing **Ingredients:** Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (peeled), Ginger: 1/4 tsp (grated), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pear and ginger, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 816

**Recipe Name**: Peach Raspberry Cooler **Ingredients**: Peach, Raspberry, Lime

Quantities (for 1 person): Peach: 1 (peeled), Raspberry: 1/4 cup, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend peach and raspberry, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 817

**Recipe Name**: Orange Pineapple Splash **Ingredients**: Orange, Pineapple, Mint

Quantities (for 1 person): Orange: 1 (peeled), Pineapple: 1/2 cup (cubed), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend orange, pineapple, and mint, strain, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 818

**Recipe Name**: Lemon Cucumber Detox **Ingredients**: Lemon, Cucumber, Mint

Quantities (for 1 person): Lemon: 1/2 (peeled), Cucumber: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

Steps: Blend lemon, cucumber, and mint, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 819

Recipe Name: Blueberry Coconut Bliss

Ingredients: Blueberries, Coconut Water, Lime

Quantities (for 1 person): Blueberries: 1/4 cup, Coconut Water: 1/2 cup, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend blueberries and coconut water, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 820

**Recipe Name**: Pineapple Lemon Zest **Ingredients**: Pineapple, Lemon, Honey

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Lemon: 1/2 (peeled), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend pineapple and lemon, strain, add honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 821

Recipe Name: Strawberry Kiwi Refresher

Ingredients: Strawberry, Kiwi, Mint

Quantities (for 1 person): Strawberry: 1/2 cup, Kiwi: 1 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend strawberries and kiwi, strain, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 822

Recipe Name: Apple Carrot Delight Ingredients: Apple, Carrot, Ginger

Quantities (for 1 person): Apple: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend apple, carrot, and ginger, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 823

**Recipe Name:** Pear Lemon Splash **Ingredients:** Pear, Lemon, Mint

Quantities (for 1 person): Pear: 1 (peeled), Lemon: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend pear and lemon, strain, add mint leaves, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 824

**Recipe Name:** Cranberry Orange Burst **Ingredients:** Cranberries, Orange, Honey

Quantities (for 1 person): Cranberries: 1/4 cup, Orange: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend cranberries and orange, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 825

**Recipe Name**: Avocado Lime Smoothie **Ingredients**: Avocado, Lime, Coconut Water

Quantities (for 1 person): Avocado: 1/2, Lime: 1/2 (peeled), Coconut Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend avocado, lime, and coconut water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 826

**Recipe Name**: Pineapple Mint Cooler **Ingredients**: Pineapple, Mint, Lemon

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mint: 5 leaves, Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 827

**Recipe Name**: Pomegranate Lime Punch **Ingredients**: Pomegranate, Lime, Honey

Quantities (for 1 person): Pomegranate: 1/4 cup (seeds), Lime: 1/2 (peeled), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and lime, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 828

**Recipe Name:** Cucumber Lemon Zing **Ingredients:** Cucumber, Lemon, Mint

Quantities (for 1 person): Cucumber: 1/2 (peeled), Lemon: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

Steps: Blend cucumber and lemon, strain, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Apple Lime Cooler **Ingredients**: Apple, Lime, Honey

Quantities (for 1 person): Apple: 1 (peeled), Lime: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend apple and lime, strain, add honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 830

**Recipe Name**: Blueberry Apple Fusion **Ingredients**: Blueberries, Apple, Lemon

Quantities (for 1 person): Blueberries: 1/4 cup, Apple: 1 (peeled), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend blueberries and apple, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 831

**Recipe Name**: Mango Orange Twist **Ingredients**: Mango, Orange, Lime

Quantities (for 1 person): Mango: 1/2 (peeled), Orange: 1 (peeled), Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend mango, orange, and lime, strain, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 832

**Recipe Name**: Watermelon Mint Splash **Ingredients**: Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend watermelon and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 833

Recipe Name: Grapefruit Honey Refresher

**Ingredients**: Grapefruit, Honey, Mint

Quantities (for 1 person): Grapefruit: 1 (peeled), Honey: 1 tsp, Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend grapefruit, strain, add honey and mint, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 834

**Recipe Name:** Pear Cinnamon Delight **Ingredients:** Pear, Cinnamon, Lemon

Quantities (for 1 person): Pear: 1 (peeled), Cinnamon: 1/4 tsp, Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pear and cinnamon, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 835

Recipe Name: Kiwi Cucumber Refresher

Ingredients: Kiwi, Cucumber, Mint

Quantities (for 1 person): Kiwi: 1 (peeled), Cucumber: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend kiwi, cucumber, and mint, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 836

**Recipe Name**: Peach Lemonade **Ingredients**: Peach, Lemon, Honey

Quantities (for 1 person): Peach: 1 (peeled), Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend peach and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 837

**Recipe Name**: Cherry Lime Cooler **Ingredients**: Cherries, Lime, Honey

Quantities (for 1 person): Cherries: 1/4 cup, Lime: 1 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend cherries and lime, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 838

**Recipe Name**: Orange Carrot Juice **Ingredients**: Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend orange, carrot, and ginger, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 839

**Recipe Name**: Papaya Pineapple Smoothie **Ingredients**: Papaya, Pineapple, Coconut Water

Quantities (for 1 person): Papaya: 1/2 (peeled), Pineapple: 1/2 cup (cubed), Coconut

Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend papaya, pineapple, and coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 840

**Recipe Name**: Blackberry Mint Juice **Ingredients**: Blackberry, Mint, Lime

Quantities (for 1 person): Blackberry: 1/4 cup, Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend blackberry and mint, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 841

**Recipe Name**: Apple Cucumber Zing **Ingredients**: Apple, Cucumber, Lemon

Quantities (for 1 person): Apple: 1 (peeled), Cucumber: 1/2 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple, cucumber, and lemon, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 842

**Recipe Name**: Pineapple Ginger Punch **Ingredients**: Pineapple, Ginger, Honey

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Ginger: 1/4 tsp (grated), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend pineapple and ginger, strain, add honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 843

**Recipe Name:** Cantaloupe Mint Cooler **Ingredients:** Cantaloupe, Mint, Lime

Quantities (for 1 person): Cantaloupe: 1/2 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend cantaloupe and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

**Recipe Name**: Strawberry Lemon Detox **Ingredients**: Strawberry, Lemon, Mint

Quantities (for 1 person): Strawberry: 1/2 cup, Lemon: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend strawberry and lemon, strain, add mint, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 845

**Recipe Name**: Grapes Apple Splash **Ingredients**: Grapes, Apple, Lemon

Quantities (for 1 person): Grapes: 1/2 cup, Apple: 1 (peeled), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend grapes and apple, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 846

Recipe Name: Kiwi Pineapple Burst

Ingredients: Kiwi, Pineapple, Coconut Water

Quantities (for 1 person): Kiwi: 1 (peeled), Pineapple: 1/2 cup (cubed), Coconut Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend kiwi, pineapple, and coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 847

**Recipe Name:** Blueberry Lemonade **Ingredients:** Blueberries, Lemon, Honey

Quantities (for 1 person): Blueberries: 1/2 cup, Lemon: 1/2 (peeled), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend blueberries and lemon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 848

**Recipe Name**: Orange Grapefruit Fusion **Ingredients**: Orange, Grapefruit, Mint

Quantities (for 1 person): Orange: 1 (peeled), Grapefruit: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend orange and grapefruit, strain, add mint, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 849

**Recipe Name:** Mango Coconut Breeze **Ingredients:** Mango, Coconut Milk, Lime

Quantities (for 1 person): Mango: 1/2 (peeled), Coconut Milk: 1/2 cup, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend mango and coconut milk, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 850

**Recipe Name**: Pear Ginger Cooler **Ingredients**: Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (peeled), Ginger: 1/4 tsp (grated), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend pear and ginger, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 851

**Recipe Name**: Watermelon Mint Splash **Ingredients**: Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 852

**Recipe Name**: Pear Apple Refresher **Ingredients**: Pear, Apple, Lemon

Quantities (for 1 person): Pear: 1 (peeled), Apple: 1 (peeled), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend pear and apple, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 853

**Recipe Name**: Pineapple Mint Cooler **Ingredients**: Pineapple, Mint, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mint: 5 leaves, Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 854

**Recipe Name:** Orange Carrot Twist **Ingredients:** Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (peeled), Carrot: 1 (peeled), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend orange and carrot, strain, add ginger, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 855

Recipe Name: Cucumber Lemon Refresher

Ingredients: Cucumber, Lemon, Mint

Quantities (for 1 person): Cucumber: 1/2 (peeled), Lemon: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend cucumber and lemon, strain, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 856

**Recipe Name**: Kiwi Apple Cleanse **Ingredients**: Kiwi, Apple, Lemon

Quantities (for 1 person): Kiwi: 1 (peeled), Apple: 1 (peeled), Lemon: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend kiwi and apple, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 857

Recipe Name: Mango Lemon Blast

Ingredients: Mango, Lemon, Coconut Water

Quantities (for 1 person): Mango: 1/2 (peeled), Lemon: 1/2 (peeled), Coconut Water:

1/2 cup

Cooking Time: 5 minutes

Steps: Blend mango and lemon, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 858

**Recipe Name**: Strawberry Kiwi Sparkle **Ingredients**: Strawberry, Kiwi, Lime

Quantities (for 1 person): Strawberry: 1/2 cup, Kiwi: 1 (peeled), Lime: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend strawberry and kiwi, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Beetroot Apple Detox **Ingredients**: Beetroot, Apple, Lemon

Quantities (for 1 person): Beetroot: 1 small (peeled), Apple: 1 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend beetroot and apple, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 860

**Recipe Name**: Pineapple Orange Zest **Ingredients**: Pineapple, Orange, Ginger

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Orange: 1 (peeled), Ginger: 1/4

tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and orange, strain, add ginger, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 861

**Recipe Name**: Apple Ginger Lemonade **Ingredients**: Apple, Ginger, Lemon

Quantities (for 1 person): Apple: 1 (peeled), Ginger: 1/4 tsp (grated), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend apple, strain, add ginger and lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 862

Recipe Name: Tropical Blend

Ingredients: Pineapple, Mango, Orange

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mango: 1/2 (peeled), Orange: 1

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pineapple, mango, and orange, strain, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 863

**Recipe Name**: Pomegranate Citrus Refresher **Ingredients**: Pomegranate, Orange, Lime

Quantities (for 1 person): Pomegranate: 1/2 (seeds), Orange: 1 (peeled), Lime: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend pomegranate seeds and orange, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 864

**Recipe Name**: Cucumber Melon Delight **Ingredients**: Cucumber, Melon, Mint

Quantities (for 1 person): Cucumber: 1/2 (peeled), Melon: 1/2 cup (cubed), Mint: 5

leaves

Cooking Time: 5 minutes

Steps: Blend cucumber and melon, strain, add mint, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 865

**Recipe Name**: Grapefruit Mint Cooler **Ingredients**: Grapefruit, Mint, Lime

Quantities (for 1 person): Grapefruit: 1/2 (peeled), Mint: 5 leaves, Lime: 1/2 (peeled)

Cooking Time: 5 minutes

Steps: Blend grapefruit and mint, strain, add lime juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 866

**Recipe Name:** Apple Cinnamon Spice **Ingredients:** Apple, Cinnamon, Honey

Quantities (for 1 person): Apple: 1 (peeled), Cinnamon: 1/4 tsp, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend apple, strain, add cinnamon and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 867

**Recipe Name:** Coconut Pineapple Splash **Ingredients:** Coconut Water, Pineapple, Lime

Quantities (for 1 person): Coconut Water: 1/2 cup, Pineapple: 1/2 cup (cubed), Lime:

1/2 (peeled)

Cooking Time: 5 minutes

**Steps**: Blend coconut water and pineapple, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 868

**Recipe Name**: Strawberry Peach Bliss **Ingredients**: Strawberry, Peach, Lemon

Quantities (for 1 person): Strawberry: 1/2 cup, Peach: 1/2 (peeled), Lemon: 1/2

(peeled)

Cooking Time: 5 minutes

**Steps**: Blend strawberry and peach, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 869

**Recipe Name**: Watermelon Kiwi Splash **Ingredients**: Watermelon, Kiwi, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Kiwi: 1 (peeled), Lime: 1/2

(peeled)

Cooking Time: 5 minutes

Steps: Blend watermelon and kiwi, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

**Recipe Name**: Blueberry Lemon Refresh **Ingredients**: Blueberries, Lemon, Mint

Quantities (for 1 person): Blueberries: 1/2 cup, Lemon: 1/2 (peeled), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend blueberries and lemon, strain, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 871

**Recipe Name**: Mango Coconut Cooler **Ingredients**: Mango, Coconut Water, Lime

Quantities (for 1 person): Mango: 1/2 (peeled), Coconut Water: 1/2 cup, Lime: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend mango with coconut water, strain, add lime juice, and serve chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 872

**Recipe Name**: Pineapple Orange Zest **Ingredients**: Pineapple, Orange, Ginger

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Orange: 1 (peeled), Ginger: 1/4

tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend pineapple, orange, and ginger, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 873

Recipe Name: Kiwi Spinach Power Juice

Ingredients: Kiwi, Spinach, Honey

Quantities (for 1 person): Kiwi: 1 (peeled), Spinach: 1/2 cup (washed), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi and spinach with a little water, strain, mix in honey, and serve.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 874

Recipe Name: Melon Mint Elixir Ingredients: Melon, Mint, Lemon

Quantities (for 1 person): Melon: 1/2 cup (cubed), Mint: 5 leaves, Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

Steps: Blend melon and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 875

**Recipe Name:** Pear Lime Refresher **Ingredients:** Pear, Lime, Honey

Quantities (for 1 person): Pear: 1 (cored), Lime: 1/2 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pear with lime juice, strain, mix in honey, and serve.

Cuisine: General Diet Type: Vegan

Recipe ID: 876

Recipe Name: Apple Berry Blast

Ingredients: Apple, Blueberries, Lemon

Quantities (for 1 person): Apple: 1 (peeled), Blueberries: 1/4 cup, Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend apple and blueberries, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 877

**Recipe Name**: Banana Almond Smoothie **Ingredients**: Banana, Almond Milk, Honey

Quantities (for 1 person): Banana: 1 (peeled), Almond Milk: 1/2 cup, Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend banana with almond milk and honey, and serve immediately.

**Cuisine**: General **Diet Type**: Vegetarian

Recipe ID: 878

Recipe Name: Tropical Green Smoothie

Ingredients: Pineapple, Spinach, Coconut Water

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Spinach: 1/2 cup (washed),

Coconut Water: 1/2 cup
Cooking Time: 5 minutes

Steps: Blend all ingredients together, strain, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 879

**Recipe Name:** Lemon Basil Cooler **Ingredients:** Lemon, Basil, Honey

Quantities (for 1 person): Lemon: 1 (juiced), Basil: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend lemon juice and basil, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 880

**Recipe Name**: Grape Lime Fusion **Ingredients**: Grapes, Lime, Honey

Quantities (for 1 person): Grapes: 1/2 cup, Lime: 1/2 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapes, strain, add lime juice and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 881

**Recipe Name:** Watermelon Cooler **Ingredients:** Watermelon, Mint, Lemon

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 882

**Recipe Name:** Cucumber Lime Refresher **Ingredients:** Cucumber, Lime, Honey

Quantities (for 1 person): Cucumber: 1 (peeled and chopped), Lime: 1 (juiced), Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend cucumber, strain, add lime juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 883

**Recipe Name**: Papaya Citrus Blend **Ingredients**: Papaya, Orange, Lime

Quantities (for 1 person): Papaya: 1/2 cup (peeled and cubed), Orange: 1 (juiced),

Lime: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend papaya and orange juice, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 884

Recipe Name: Peach Ginger Fizz

Ingredients: Peach, Ginger, Sparkling Water

Quantities (for 1 person): Peach: 1 (peeled and chopped), Ginger: 1/4 tsp (grated),

Sparkling Water: 1/2 cup **Cooking Time**: 5 minutes

**Steps**: Blend peach and ginger, strain, mix with sparkling water, and serve chilled.

Cuisine: General Diet Type: Vegan

**Recipe Name:** Carrot Orange Zinger **Ingredients:** Carrot, Orange, Lemon

Quantities (for 1 person): Carrot: 1 (peeled and chopped), Orange: 1 (juiced), Lemon:

1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend carrot with orange juice, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 886

**Recipe Name**: Kiwi Lime Cooler **Ingredients**: Kiwi, Lime, Honey

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Lime: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi, strain, mix with lime juice and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 887

**Recipe Name**: Strawberry Basil Lemonade **Ingredients**: Strawberry, Basil, Lemon

Quantities (for 1 person): Strawberry: 1/2 cup, Basil: 5 leaves, Lemon: 1 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend strawberries and basil, strain, mix with lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 888

Recipe Name: Pineapple Coconut Bliss

Ingredients: Pineapple, Coconut Water, Honey

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Coconut Water: 1/2 cup, Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pineapple and coconut water, strain, mix in honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 889

**Recipe Name**: Pomegranate Mint Splash **Ingredients**: Pomegranate, Mint, Lemon

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Mint: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend pomegranate and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 890

Recipe Name: Green Apple Spritzer

Ingredients: Green Apple, Sparkling Water, Lemon

Quantities (for 1 person): Green Apple: 1 (peeled and chopped), Sparkling Water: 1/2

cup, Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend green apple, strain, mix with sparkling water and lemon juice, and serve.

Cuisine: General Diet Type: Vegan

Recipe ID: 891

**Recipe Name**: Mango Mint Cooler **Ingredients**: Mango, Mint, Lime

Quantities (for 1 person): Mango: 1/2 cup (cubed), Mint: 5 leaves, Lime: 1 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend mango and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 892

**Recipe Name**: Beetroot Citrus Fusion **Ingredients**: Beetroot, Orange, Lemon

Quantities (for 1 person): Beetroot: 1 small (peeled and chopped), Orange: 1 (juiced),

Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend beetroot and orange juice, strain, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 893

Recipe Name: Grapefruit Ginger Sparkle

Ingredients: Grapefruit, Ginger, Sparkling Water

Quantities (for 1 person): Grapefruit: 1/2 (juiced), Ginger: 1/4 tsp (grated), Sparkling

Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Mix grapefruit juice and grated ginger, top with sparkling water, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 894

Recipe Name: Pear Vanilla Delight

Ingredients: Pear, Vanilla Extract, Honey

Quantities (for 1 person): Pear: 1 (peeled and chopped), Vanilla Extract: 1/4 tsp, Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pear with vanilla extract and honey, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 895

Recipe Name: Cherry Lime Fizz

**Ingredients**: Cherry, Lime, Sparkling Water

**Quantities (for 1 person)**: Cherry: 1/2 cup (pitted), Lime: 1/2 (juiced), Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend cherries, strain, mix with lime juice and sparkling water, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe Name: Pineapple Ginger Cooler

Ingredients: Pineapple, Ginger, Coconut Water

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Ginger: 1/4 tsp (grated), Coconut

Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend pineapple and ginger, strain, add coconut water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 897

**Recipe Name:** Watermelon Basil Refresher **Ingredients:** Watermelon, Basil, Lemon

Quantities (for 1 person): Watermelon: 1 cup (cubed), Basil: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and basil, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 898

**Recipe Name**: Blackberry Lime Cooler **Ingredients**: Blackberry, Lime, Honey

Quantities (for 1 person): Blackberry: 1/2 cup, Lime: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blackberries, strain, mix with lime juice and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 899

**Recipe Name**: Orange Cinnamon Punch **Ingredients**: Orange, Cinnamon, Honey

Quantities (for 1 person): Orange: 1 (juiced), Cinnamon: 1/4 tsp, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Mix orange juice, cinnamon, and honey, stir well, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 900

**Recipe Name**: Lemon Cucumber Detox **Ingredients**: Lemon, Cucumber, Mint

Quantities (for 1 person): Lemon: 1/2 (juiced), Cucumber: 1/2 (sliced), Mint: 5 leaves

Cooking Time: 5 minutes

Steps: Blend cucumber and mint, strain, add lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 901

**Recipe Name**: Kiwi Apple Cooler **Ingredients**: Kiwi, Apple, Honey

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Apple: 1/2 (juiced), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi with apple juice, mix in honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 902

Recipe Name: Melon Mint Spritz

**Ingredients**: Melon, Mint, Sparkling Water

Quantities (for 1 person): Melon: 1 cup (cubed), Mint: 5 leaves, Sparkling Water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend melon and mint, strain, top with sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 903

**Recipe Name**: Tropical Guava Bliss **Ingredients**: Guava, Pineapple, Lime

Quantities (for 1 person): Guava: 1 (peeled and chopped), Pineapple: 1/2 cup (cubed),

Lime: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend guava and pineapple, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 904

**Recipe Name:** Raspberry Lemon Zing **Ingredients:** Raspberry, Lemon, Honey

Quantities (for 1 person): Raspberry: 1/2 cup, Lemon: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend raspberries, strain, mix with lemon juice and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 905

Recipe Name: Apple Ginger Fizz

Ingredients: Apple, Ginger, Sparkling Water

**Quantities (for 1 person)**: Apple: 1/2 (juiced), Ginger: 1/4 tsp (grated), Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Mix apple juice with ginger, top with sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 906

**Recipe Name**: Cantaloupe Coconut Splash **Ingredients**: Cantaloupe, Coconut Water, Mint

Quantities (for 1 person): Cantaloupe: 1 cup (cubed), Coconut Water: 1/2 cup, Mint: 5

leaves

Cooking Time: 5 minutes

Steps: Blend cantaloupe and mint, strain, mix with coconut water, and serve chilled.

**Recipe Name**: Papaya Lime Twist **Ingredients**: Papaya, Lime, Honey

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Lime: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend papaya, mix with lime juice and honey, strain, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 908

**Recipe Name**: Pineapple Basil Breeze **Ingredients**: Pineapple, Basil, Lemon

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Basil: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and basil, strain, add lemon juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 909

**Recipe Name:** Strawberry Orange Cooler **Ingredients:** Strawberry, Orange, Honey

Quantities (for 1 person): Strawberry: 1/2 cup, Orange: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend strawberries, strain, mix with orange juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 910

**Recipe Name**: Lime Watermelon Cooler **Ingredients**: Lime, Watermelon, Mint

Quantities (for 1 person): Lime: 1/2 (juiced), Watermelon: 1 cup (cubed), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend watermelon and mint, strain, add lime juice, and serve chilled.

**Recipe Name:** Pear Ginger Delight **Ingredients:** Pear, Ginger, Lemon

Quantities (for 1 person): Pear: 1 (chopped), Ginger: 1/4 tsp (grated), Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend pear with ginger, strain, mix with lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 912

**Recipe Name**: Grape Kiwi Refresher **Ingredients**: Green Grapes, Kiwi, Honey

Quantities (for 1 person): Green Grapes: 1/2 cup, Kiwi: 1 (peeled and chopped), Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapes and kiwi, strain, mix with honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 913

**Recipe Name:** Lychee Mint Cooler **Ingredients:** Lychee, Mint, Lime

Quantities (for 1 person): Lychee: 1/2 cup (peeled and pitted), Mint: 5 leaves, Lime: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend lychee and mint, strain, add lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 914

Recipe Name: Carrot Orange Energizer Ingredients: Carrot, Orange, Ginger

**Quantities (for 1 person):** Carrot: 1 (juiced), Orange: 1 (juiced), Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Mix carrot and orange juice with ginger, strain, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 915

**Recipe Name**: Mango Mint Bliss **Ingredients**: Mango, Mint, Lime

Quantities (for 1 person): Mango: 1/2 cup (cubed), Mint: 5 leaves, Lime: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend mango and mint, strain, mix with lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 916

**Recipe Name**: Blackberry Lemon Cooler **Ingredients**: Blackberry, Lemon, Honey

Quantities (for 1 person): Blackberry: 1/2 cup, Lemon: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend blackberries, strain, mix with lemon juice and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 917

**Recipe Name**: Pomegranate Apple Fusion **Ingredients**: Pomegranate, Apple, Honey

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Apple: 1/2 (juiced), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend pomegranate seeds with apple juice, strain, mix with honey, and serve

chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Coconut Lime Cooler **Ingredients**: Coconut Water, Lime, Mint

Quantities (for 1 person): Coconut Water: 1 cup, Lime: 1/2 (juiced), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Mix coconut water with lime juice, garnish with mint, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 919

**Recipe Name**: Cherry Orange Zing **Ingredients**: Cherry, Orange, Honey

Quantities (for 1 person): Cherry: 1/2 cup (pitted), Orange: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend cherries, strain, mix with orange juice and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 920

**Recipe Name**: Watermelon Basil Cooler **Ingredients**: Watermelon, Basil, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Basil: 5 leaves, Lime: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend watermelon and basil, strain, add lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 921

**Recipe Name**: Kiwi Spinach Booster **Ingredients**: Kiwi, Spinach, Honey

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Spinach: 1/2 cup (washed),

Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi and spinach with honey, strain, and serve chilled.

**Recipe Name**: Pineapple Mint Splash **Ingredients**: Pineapple, Mint, Lemon

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mint: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend pineapple and mint, strain, mix with lemon juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 923

Recipe Name: Apple Cucumber Cooler Ingredients: Apple, Cucumber, Lemon

Quantities (for 1 person): Apple: 1 (juiced), Cucumber: 1/2 (juiced), Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Mix apple and cucumber juice, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 924

**Recipe Name**: Strawberry Basil Refresher **Ingredients**: Strawberry, Basil, Honey

Quantities (for 1 person): Strawberry: 1/2 cup (chopped), Basil: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend strawberries with basil, strain, mix with honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 925

**Recipe Name**: Melon Ginger Medley **Ingredients**: Melon, Ginger, Lime

Quantities (for 1 person): Melon: 1/2 cup (cubed), Ginger: 1/4 tsp (grated), Lime: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend melon with ginger, strain, mix with lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 926

**Recipe Name**: Peach Lemonade **Ingredients**: Peach, Lemon, Honey

Quantities (for 1 person): Peach: 1 (peeled and chopped), Lemon: 1/2 (juiced), Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend peach, strain, mix with lemon juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 927

**Recipe Name**: Blueberry Lime Bliss **Ingredients**: Blueberry, Lime, Honey

Quantities (for 1 person): Blueberry: 1/2 cup, Lime: 1/2 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend blueberries, strain, mix with lime juice and honey, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 928

**Recipe Name**: Papaya Orange Smoothie **Ingredients**: Papaya, Orange, Honey

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Orange: 1 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend papaya with orange juice, strain, mix with honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 929

**Recipe Name**: Green Apple Celery Punch **Ingredients**: Green Apple, Celery, Lemon

Quantities (for 1 person): Green Apple: 1 (juiced), Celery: 1 stick (juiced), Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Mix green apple and celery juice, add lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 930

**Recipe Name:** Cranberry Ginger Zest **Ingredients:** Cranberry, Ginger, Orange

Quantities (for 1 person): Cranberry: 1/2 cup, Ginger: 1/4 tsp (grated), Orange: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend cranberries with ginger, strain, mix with orange juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 931

**Recipe Name**: Watermelon Mint Cooler **Ingredients**: Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend watermelon with mint, strain, mix with lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 932

Recipe Name: Mango Coconut Refresher

Ingredients: Mango, Coconut Water

Quantities (for 1 person): Mango: 1/2 cup (peeled and chopped), Coconut Water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend mango with coconut water, strain, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

**Recipe Name**: Carrot Ginger Fusion **Ingredients**: Carrot, Ginger, Orange

Quantities (for 1 person): Carrot: 1 (juiced), Ginger: 1/4 tsp (grated), Orange: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Mix carrot juice with ginger and orange juice, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 934

**Recipe Name:** Grape Lime Spritzer **Ingredients:** Grape, Lime, Honey

Quantities (for 1 person): Grape: 1/2 cup (seedless), Lime: 1/2 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapes, strain, mix with lime juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 935

**Recipe Name:** Cucumber Lemon Detox **Ingredients:** Cucumber, Lemon, Mint

Quantities (for 1 person): Cucumber: 1 (juiced), Lemon: 1/2 (juiced), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Mix cucumber and lemon juice, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 936

**Recipe Name:** Pomegranate Orange Bliss

Ingredients: Pomegranate, Orange

Quantities (for 1 person): Pomegranate: 1/2 cup (seeded), Orange: 1 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend pomegranate, strain, mix with orange juice, and serve fresh.

**Recipe Name:** Tropical Passionfruit Delight **Ingredients:** Passionfruit, Pineapple, Lime

Quantities (for 1 person): Passionfruit: 2 (scooped), Pineapple: 1/2 cup (cubed), Lime:

1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend passionfruit and pineapple, strain, mix with lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 938

**Recipe Name**: Blackberry Basil Twist **Ingredients**: Blackberry, Basil, Lemon

Quantities (for 1 person): Blackberry: 1/2 cup, Basil: 5 leaves, Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend blackberries with basil, strain, mix with lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 939

Recipe Name: Melon Cucumber Quencher

Ingredients: Melon, Cucumber, Mint

Quantities (for 1 person): Melon: 1/2 cup (cubed), Cucumber: 1/2 (juiced), Mint: 5

leaves

Cooking Time: 5 minutes

Steps: Blend melon and cucumber, strain, add mint, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 940

Recipe Name: Kiwi Lemon Elixir Ingredients: Kiwi, Lemon, Honey

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Lemon: 1/2 (juiced), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi, strain, mix with lemon juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 941

**Recipe Name**: Pineapple Mint Cooler **Ingredients**: Pineapple, Mint, Lemon

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Mint: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend pineapple with mint, strain, mix with lemon juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 942

**Recipe Name**: Peach Basil Infusion **Ingredients**: Peach, Basil, Honey

Quantities (for 1 person): Peach: 1 (sliced), Basil: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend peach with basil, strain, add honey, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 943

Recipe Name: Cranberry Apple Spritz

Ingredients: Cranberry, Apple, Sparkling Water

Quantities (for 1 person): Cranberry: 1/4 cup (fresh or juice), Apple: 1/2 (juiced),

Sparkling Water: 1/2 cup **Cooking Time**: 5 minutes

**Steps**: Mix cranberry and apple juice, top with sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe Name: Watermelon Basil Refresher

Ingredients: Watermelon, Basil, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Basil: 5 leaves, Lime: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend watermelon with basil, strain, mix with lime juice, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 945

Recipe Name: Mango Mint Lemonade Ingredients: Mango, Mint, Lemon

Quantities (for 1 person): Mango: 1/2 cup (chopped), Mint: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend mango and mint, strain, mix with lemon juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 946

Recipe Name: Kiwi Cucumber Cooler Ingredients: Kiwi, Cucumber, Honey

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Cucumber: 1/2 (juiced),

Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi and cucumber, strain, mix with honey, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 947

Recipe Name: Lychee Lime Refresher

Ingredients: Lychee, Lime, Mint

Quantities (for 1 person): Lychee: 5 (peeled and pitted), Lime: 1/2 (juiced), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend lychee with lime juice, strain, add mint, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 948

**Recipe Name**: Orange Mango Fusion **Ingredients**: Orange, Mango, Ginger

Quantities (for 1 person): Orange: 1 (juiced), Mango: 1/2 cup (cubed), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend orange juice, mango, and ginger, strain, and serve fresh.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 949

Recipe Name: Strawberry Lime Fizz

Ingredients: Strawberry, Lime, Sparkling Water

Quantities (for 1 person): Strawberry: 1/2 cup (sliced), Lime: 1/2 (juiced), Sparkling

Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend strawberries, strain, mix with lime juice and sparkling water, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 950

**Recipe Name:** Melon Ginger Delight **Ingredients:** Melon, Ginger, Honey

Quantities (for 1 person): Melon: 1/2 cup (cubed), Ginger: 1/4 tsp (grated), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend melon with ginger, strain, mix with honey, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Pineapple Coconut Cooler **Ingredients**: Pineapple, Coconut Water, Mint

Quantities (for 1 person): Pineapple: 1/2 cup (cubed), Coconut Water: 1/2 cup, Mint: 5

leaves

Cooking Time: 5 minutes

Steps: Blend pineapple and coconut water, strain, garnish with mint, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 952

Recipe Name: Green Apple Spritz

Ingredients: Green Apple, Lemon, Sparkling Water

Quantities (for 1 person): Green Apple: 1/2 (juiced), Lemon: 1/2 (juiced), Sparkling

Water: 1/2 cup

Cooking Time: 5 minutes

**Steps**: Mix green apple juice and lemon juice, top with sparkling water, and serve cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 953

**Recipe Name**: Papaya Lime Punch **Ingredients**: Papaya, Lime, Honey

Quantities (for 1 person): Papaya: 1/2 cup (cubed), Lime: 1/2 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend papaya, strain, mix with lime juice and honey, and serve fresh.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 954

Recipe Name: Grape Mint Fizz

**Ingredients**: Grapes, Mint, Sparkling Water

Quantities (for 1 person): Grapes: 1/2 cup (seedless), Mint: 5 leaves, Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

Steps: Blend grapes with mint, strain, mix with sparkling water, and serve chilled.

Recipe Name: Pear Ginger Delight Ingredients: Pear, Ginger, Honey

Quantities (for 1 person): Pear: 1/2 (chopped), Ginger: 1/4 tsp (grated), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend pear and ginger, strain, mix with honey, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 956

**Recipe Name**: Cucumber Mint Cooler **Ingredients**: Cucumber, Mint, Lemon

Quantities (for 1 person): Cucumber: 1/2 (juiced), Mint: 5 leaves, Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

Steps: Blend cucumber with mint, strain, mix with lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 957

**Recipe Name**: Pomegranate Lemon Punch **Ingredients**: Pomegranate, Lemon, Honey

Quantities (for 1 person): Pomegranate: 1/2 cup (seeded), Lemon: 1/2 (juiced), Honey:

1 tsp

Cooking Time: 5 minutes

Steps: Blend pomegranate seeds, strain, mix with lemon juice and honey, and serve

fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 958

Recipe Name: Mixed Berry Blast

Ingredients: Strawberries, Blueberries, Raspberries

Quantities (for 1 person): Strawberries: 1/4 cup, Blueberries: 1/4 cup, Raspberries: 1/4

cup

Cooking Time: 5 minutes

Steps: Blend all berries together, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 959

Recipe Name: Guava Lime Fizz

Ingredients: Guava, Lime, Sparkling Water

Quantities (for 1 person): Guava: 1/2 (chopped), Lime: 1/2 (juiced), Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend guava with lime juice, strain, mix with sparkling water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 960

**Recipe Name**: Honeydew Basil Refresher **Ingredients**: Honeydew Melon, Basil, Lemon

Quantities (for 1 person): Honeydew: 1/2 cup (cubed), Basil: 5 leaves, Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend honeydew with basil, strain, mix with lemon juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 961

**Recipe Name**: Mango Orange Refresher **Ingredients**: Mango, Orange, Honey

Quantities (for 1 person): Mango: 1/2 (cubed), Orange: 1/2 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

Steps: Blend mango with orange juice, mix with honey, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

**Recipe Name:** Watermelon Lemon Cooler **Ingredients:** Watermelon, Lemon, Mint

Quantities (for 1 person): Watermelon: 1/2 cup (cubed), Lemon: 1/2 (juiced), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend watermelon, strain, mix with lemon juice, garnish with mint, and serve

cold.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 963

Recipe Name: Lychee Rose Punch

Ingredients: Lychee, Rose Water, Sparkling Water

Quantities (for 1 person): Lychee: 1/2 cup (peeled), Rose Water: 1 tsp, Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend lychee, strain, mix with rose water and sparkling water, and serve fresh.

Cuisine: Asian
Diet Type: Vegan

Recipe ID: 964

**Recipe Name:** Kiwi Lime Zest **Ingredients:** Kiwi, Lime, Sugar

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Lime: 1/2 (juiced), Sugar: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend kiwi, strain, mix with lime juice and sugar, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 965

**Recipe Name**: Peach Ginger Cooler **Ingredients**: Peach, Ginger, Lemon

Quantities (for 1 person): Peach: 1/2 (sliced), Ginger: 1/4 tsp (grated), Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend peach and ginger, strain, mix with lemon juice, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 966

**Recipe Name:** Strawberry Basil Lemonade **Ingredients:** Strawberries, Basil, Lemon

Quantities (for 1 person): Strawberries: 1/4 cup, Basil: 5 leaves, Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend strawberries with basil, strain, mix with lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 967

**Recipe Name:** Carrot Orange Refresher **Ingredients:** Carrot, Orange, Honey

**Quantities (for 1 person):** Carrot: 1 (peeled and chopped), Orange: 1/2 (juiced), Honey:

1 tsp

Cooking Time: 5 minutes

**Steps**: Blend carrot, strain, mix with orange juice and honey, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 968

Recipe Name: Coconut Lime Spritz

Ingredients: Coconut Milk, Lime, Sparkling Water

Quantities (for 1 person): Coconut Milk: 1/4 cup, Lime: 1/2 (juiced), Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Mix coconut milk with lime juice, top with sparkling water, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 969

Recipe Name: Cucumber Aloe Cooler

Ingredients: Cucumber, Aloe Vera Juice, Mint

Quantities (for 1 person): Cucumber: 1/2 (juiced), Aloe Vera Juice: 1/4 cup, Mint: 5

leaves

Cooking Time: 5 minutes

Steps: Blend cucumber, strain, mix with aloe vera juice, garnish with mint, and serve

fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 970

Recipe Name: Mixed Citrus Blast

Ingredients: Orange, Lemon, Grapefruit

Quantities (for 1 person): Orange: 1/2 (juiced), Lemon: 1/2 (juiced), Grapefruit: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Mix all citrus juices together, strain, and serve cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 971

Recipe Name: Apple Ginger Fizz

Ingredients: Apple, Ginger, Sparkling Water

**Quantities (for 1 person)**: Apple: 1 (sliced), Ginger: 1/4 tsp (grated), Sparkling Water:

1/2 cup

Cooking Time: 5 minutes

**Steps**: Blend apple and ginger, strain, mix with sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 972

Recipe Name: Pineapple Mint Refresher

Ingredients: Pineapple, Mint, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (chopped), Mint: 5 leaves, Lime: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend pineapple with mint, strain, mix with lime juice, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

**Recipe Name:** Papaya Lime Twist **Ingredients:** Papaya, Lime, Honey

Quantities (for 1 person): Papaya: 1/2 (peeled and cubed), Lime: 1/2 (juiced), Honey: 1

tsp

Cooking Time: 5 minutes

**Steps**: Blend papaya with lime juice, add honey, and serve fresh.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 974

**Recipe Name**: Cantaloupe Honeydew Cooler **Ingredients**: Cantaloupe, Honeydew Melon, Mint

Quantities (for 1 person): Cantaloupe: 1/2 cup (cubed), Honeydew Melon: 1/2 cup

(cubed), Mint: 5 leaves

Cooking Time: 5 minutes

**Steps**: Blend cantaloupe and honeydew melon, garnish with mint, and serve cold.

Cuisine: General Diet Type: Vegan

Recipe ID: 975

Recipe Name: Kiwi Strawberry Splash Ingredients: Kiwi, Strawberry, Lemon

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Strawberry: 4-5 (chopped),

Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend kiwi and strawberries, strain, mix with lemon juice, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 976

**Recipe Name**: Beetroot Apple Lemonade **Ingredients**: Beetroot, Apple, Lemon

Quantities (for 1 person): Beetroot: 1/2 (peeled and chopped), Apple: 1 (sliced),

Lemon: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend beetroot and apple, strain, mix with lemon juice, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 977

Recipe Name: Orange Carrot Punch Ingredients: Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (juiced), Carrot: 1 (peeled and chopped), Ginger:

1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot with ginger, strain, mix with orange juice, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 978

**Recipe Name:** Watermelon Lime Cooler **Ingredients:** Watermelon, Lime, Mint

Quantities (for 1 person): Watermelon: 1/2 cup (cubed), Lime: 1/2 (juiced), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend watermelon, strain, mix with lime juice, garnish with mint, and serve cold.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 979

**Recipe Name:** Grape Apple Zing **Ingredients:** Grapes, Apple, Lemon

Quantities (for 1 person): Grapes: 1/2 cup (seedless), Apple: 1 (sliced), Lemon: 1/2

(juiced)

Cooking Time: 5 minutes

**Steps**: Blend grapes and apple, strain, mix with lemon juice, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Pomegranate Citrus Boost **Ingredients**: Pomegranate, Orange, Lemon

Quantities (for 1 person): Pomegranate: 1/2 cup (seeds), Orange: 1/2 (juiced), Lemon:

1/2 (juiced)

Cooking Time: 5 minutes

Steps: Blend pomegranate seeds, strain, mix with orange and lemon juice, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 981

**Recipe Name:** Cucumber Lemonade **Ingredients:** Cucumber, Lemon, Honey

Quantities (for 1 person): Cucumber: 1/2 (peeled and sliced), Lemon: 1/2 (juiced),

Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend cucumber, strain, mix with lemon juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 982

Recipe Name: Pear Ginger Sparkle

Ingredients: Pear, Ginger, Sparkling Water

Quantities (for 1 person): Pear: 1 (peeled and sliced), Ginger: 1/4 tsp (grated), Sparkling

Water: 1/2 cup

Cooking Time: 5 minutes

Steps: Blend pear with ginger, strain, mix with sparkling water, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 983

**Recipe Name**: Lemon Mint Cooler **Ingredients**: Lemon, Mint, Honey

Quantities (for 1 person): Lemon: 1 (juiced), Mint: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend mint with honey and lemon juice, strain, and serve chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 984

Recipe Name: Carrot Pineapple Punch Ingredients: Carrot, Pineapple, Ginger

Quantities (for 1 person): Carrot: 1 (peeled and chopped), Pineapple: 1/2 cup

(chopped), Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot and pineapple, strain, add ginger, and serve fresh.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 985

**Recipe Name**: Mango Lime Delight **Ingredients**: Mango, Lime, Mint

Quantities (for 1 person): Mango: 1/2 (peeled and chopped), Lime: 1/2 (juiced), Mint: 5

leaves

Cooking Time: 5 minutes

**Steps**: Blend mango with lime juice, garnish with mint, and serve chilled.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 986

**Recipe Name**: Apple Beetroot Fusion **Ingredients**: Apple, Beetroot, Ginger

Quantities (for 1 person): Apple: 1 (sliced), Beetroot: 1/2 (peeled and chopped),

Ginger: 1/4 tsp (grated)

Cooking Time: 5 minutes

Steps: Blend apple and beetroot, strain, add ginger, and serve fresh.

Cuisine: General Diet Type: Vegan

**Recipe Name**: Strawberry Lemon Zing **Ingredients**: Strawberry, Lemon, Honey

Quantities (for 1 person): Strawberry: 1/2 cup (chopped), Lemon: 1/2 (juiced), Honey: 1

tsp

Cooking Time: 5 minutes

Steps: Blend strawberry and lemon juice, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 988

Recipe Name: Kiwi Cucumber Refresh Ingredients: Kiwi, Cucumber, Lime

Quantities (for 1 person): Kiwi: 1 (peeled and chopped), Cucumber: 1/2 (peeled and

sliced), Lime: 1/2 (juiced) **Cooking Time**: 5 minutes

**Steps**: Blend kiwi and cucumber, strain, mix with lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 989

**Recipe Name**: Orange Carrot Spark **Ingredients**: Orange, Carrot, Ginger

Quantities (for 1 person): Orange: 1 (juiced), Carrot: 1 (peeled and chopped), Ginger:

1/4 tsp (grated)

Cooking Time: 5 minutes

**Steps**: Blend carrot with ginger, strain, mix with orange juice, and serve fresh.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 990

Recipe Name: Raspberry Lemon Fizz

Ingredients: Raspberry, Lemon, Sparkling Water

Quantities (for 1 person): Raspberry: 1/2 cup, Lemon: 1/2 (juiced), Sparkling Water: 1/2

cup

Cooking Time: 5 minutes

**Steps**: Blend raspberries, strain, mix with lemon juice, and add sparkling water before

serving.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 991

**Recipe Name**: Pineapple Coconut Breeze **Ingredients**: Pineapple, Coconut Water, Lime

Quantities (for 1 person): Pineapple: 1/2 cup (chopped), Coconut Water: 1/2 cup,

Lime: 1/2 (juiced)

Cooking Time: 5 minutes

Steps: Blend pineapple, strain, mix with coconut water and lime juice, and serve

chilled.

Cuisine: Tropical Diet Type: Vegan

Recipe ID: 992

**Recipe Name**: Watermelon Mint Cooler **Ingredients**: Watermelon, Mint, Lime

Quantities (for 1 person): Watermelon: 1 cup (cubed), Mint: 5 leaves, Lime: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend watermelon with mint, strain, mix with lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 993

**Recipe Name:** Grape Lemon Zing **Ingredients:** Grapes, Lemon, Honey

Quantities (for 1 person): Grapes: 1 cup, Lemon: 1/2 (juiced), Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend grapes, strain, add lemon juice and honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 994

**Recipe Name**: Peach Mint Refresher **Ingredients**: Peach, Mint, Honey

Quantities (for 1 person): Peach: 1 (peeled and sliced), Mint: 5 leaves, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend peach with mint, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 995

**Recipe Name**: Cantaloupe Basil Twist **Ingredients**: Cantaloupe, Basil, Lime

Quantities (for 1 person): Cantaloupe: 1 cup (cubed), Basil: 3 leaves, Lime: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend cantaloupe with basil, strain, mix with lime juice, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

Recipe ID: 996

**Recipe Name**: Cherry Orange Blast **Ingredients**: Cherries, Orange, Ginger

Quantities (for 1 person): Cherries: 1/2 cup (pitted), Orange: 1 (juiced), Ginger: 1/4 tsp

(grated)

Cooking Time: 5 minutes

**Steps**: Blend cherries, strain, mix with orange juice and ginger, and serve fresh.

Cuisine: General Diet Type: Vegan

Recipe ID: 997

Recipe Name: Apple Cinnamon Delight Ingredients: Apple, Cinnamon, Honey

Quantities (for 1 person): Apple: 1 (sliced), Cinnamon: 1/4 tsp, Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend apple with cinnamon, strain, add honey, and serve chilled.

**Cuisine**: General **Diet Type**: Vegan

**Recipe Name**: Mango Passionfruit Twist **Ingredients**: Mango, Passionfruit, Lime

Quantities (for 1 person): Mango: 1/2 (peeled and chopped), Passionfruit: 1 (scooped),

Lime: 1/2 (juiced)

Cooking Time: 5 minutes

**Steps**: Blend mango with passionfruit, strain, mix with lime juice, and serve fresh.

**Cuisine**: Tropical **Diet Type**: Vegan

Recipe ID: 999

**Recipe Name**: Pomegranate Citrus Splash **Ingredients**: Pomegranate, Orange, Lemon

**Quantities (for 1 person)**: Pomegranate: 1/2 cup (seeds), Orange: 1 (juiced), Lemon:

1/2 (juiced)

Cooking Time: 5 minutes

Steps: Blend pomegranate seeds, strain, mix with orange and lemon juice, and serve

chilled.

Cuisine: General Diet Type: Vegan

Recipe ID: 1000

**Recipe Name:** Strawberry Kiwi Boost **Ingredients:** Strawberry, Kiwi, Honey

Quantities (for 1 person): Strawberry: 1/2 cup (chopped), Kiwi: 1 (peeled and sliced),

Honey: 1 tsp

Cooking Time: 5 minutes

**Steps**: Blend strawberry and kiwi, strain, add honey, and serve chilled.