

L POSITIVE *Stay* DON'T
O VIBES *Inspired* STOP
V UNTIL
E **be bold.** YOU'RE PROUD

CLARITY *Dream.*
Create.
Inspire.

family **this is**
friends **your year**

love **ZEN** TRAVEL
ADVENTURE

Self-Care EXPLORE
JOURNEY

do **MORE** *of what you* **LOVE**

EMOTIONAL

2019

PHYSICAL

2020

SPIRITUAL

2021

MENTAL

2022

SOCIAL

ENVIRONMENTAL

LIVE

GOALS.

IMAGINE

PROJECTS.

PROCEED

DREAMS.

PROGRESS

THOUGHTS.

INSPIRE



