

Diário

08/03/2019

07/03/2019

06/03/2019

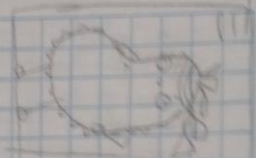
05/03/2019

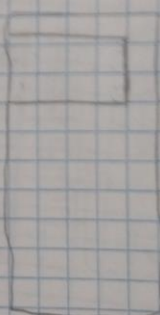
04/03/2019

DIÁRIO

iluvia

OBJETIVOS

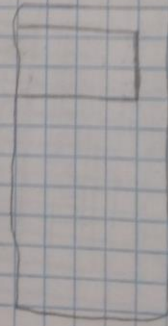
1. 

2. 

ASCIOMAR ①

Proteínas 50g ②

OBJETIVOS



Proteína

50 g

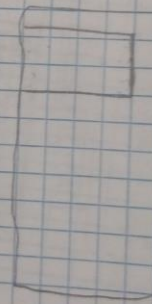
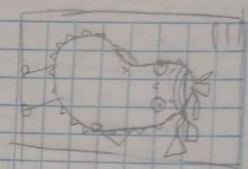
+

For.

0
DIA
X
SÉMINA
MÉS

OK

OBJETIVOS



Proteínas

Carboidratos

Açúcar

Corduras

+

Restrições



DIABETE IV

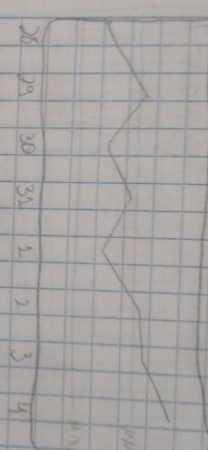
HIPOGLICEMIA

INT. A
LACTOSE

INT. A
GLÚTEN

AVISAR SOBRE
COMPOENIENTES
ALÉRGICOS

Alimentos



Proteínas

Carboidratos

Gorduras

Minerais

Vitaminas

Recomendações

ESTATÍSTICA

III Pesquisa

$\left(\begin{smallmatrix} 1 & 0 \\ 0 & 1 \end{smallmatrix} \right)$
 $\left(\begin{smallmatrix} 1 & 0 \\ 0 & 1 \end{smallmatrix} \right)$

The image shows two rows of hand-drawn symbols on a grid. The top row contains four circles, each with a vertical line through its center. The bottom row contains four crosses (X's), each with a horizontal line through its center.

SEXO

<input type="checkbox"/> MASC	<input checked="" type="checkbox"/> FEM
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PFSO

7
 7
 0
 7
 0

ALTURA

162 cm

