

# CompanionMind

mental health report

## Patient Information:

Name: dfg Age: 12 Gender: Female Country: India

Mobile Number: 9876523467 Landline Number: -09876543212456

Occupation: Self-Employed: Yes

## Mental Health and Lifestyle Information

Academmic Pressure Level:

5

cgpa):

9.0

Studying Hours per Day:

8

Study Satisfaction Level:

8

Sleep Duration per Day:

6

Dietary Habits:

Moderate

History of Suicidal Thoughts:

Yes

Family History of Mental Illness:

Yes

Summary:

dfg may be experiencing heightened stress or other mental health concerns. Further evaluation is recommended.

## Recommendations:

1. Consider professional counseling for stress management.
2. Engage in mindfulness and relaxation activities.
3. Build a strong support network and seek help if needed.