Universal Specificity Investigation 1: Revisiting the Mass Model Assumed by $E=mc^2$

Daniel Harris Northrop Grumman Morrisville, USA daniel.harris2@ngc.com

Einstein devised a thought experiment by which he derived a relationship between the mass and internal energy of an object, and in this derivation he tacitly made a relativistic mass model assumption that is worth revisiting. In this thought experiment, Einstein considered an object at rest that emits energy, in the form of radiation, in two opposite directions, but in equal amounts. Then he considered this same object with the same emission, but viewed from a different inertial reference frame that is moving relative to the object along some arbitrary axis. Figure 1 depicts this thought experiment [1].

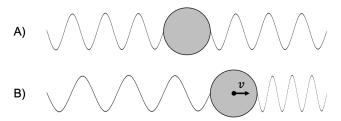


Figure 1. A) Object's inertial reference frame; B) Inertial reference frame with relative motion.

Before relating energy lost to mass lost, Einstein first compared the total energies measured by the two reference frames. He let E represents the total energy of the object as measured from the object's inertial reference frame, and H represents the total energy of the object as measured from the reference frame with relative motion. Einstein said, "[t]hus it is clear that the difference H-E can differ from the kinetic energy K of the body, with respect to the other [reference frame with relative motion], only by an additive constant C..." The resulting model is: H-E=K+C [1].

What is the total energy model and kinetic energy model used by Einstein, and upon what do these models depend? The answer to the first part of the question is best expressed by Feynman in his famous lectures. In short, Feynman derives the total energy relation to kinetic energy from the accepted mass model as shown in Equation (1) [2].

$$m = \frac{m_0}{\sqrt{1 - \frac{v^2}{c^2}}} = m_0 \left(1 - \frac{v^2}{c^2} \right)^{-1/2}$$
 (1a)

$$m = m_0 \left(1 + \frac{1}{2} \frac{v^2}{c^2} + \frac{3}{8} \frac{v^4}{c^4} + \dots \right)$$
 (1b)

$$m \approx m_0 + \frac{1}{2}m_0\frac{v^2}{c^2}$$
 (1c)

$$mc^2 \approx m_0 c^2 + \frac{1}{2} m_0 v^2 \blacksquare \tag{1d}$$

This result relates to H - E = K + C as follows:

$$H = mc^2 (2a)$$

$$E = m_0 c^2 \tag{2b}$$

$$K = H - E = mc^2 - m_0 c^2 (2c)$$

$$\therefore C = 0 \text{ in this case}$$
 (2d)

According to this total energy model, the total energy is the kinetic energy plus the internal energy.

To now answer the second part of the earlier question, these models ultimately depend on a relativistic mass model where rest mass, m_0 , of an object remains invariant, while relative mass, m, increases as the object's kinetic energy increases.

To see this dependency, one can derive this kinetic energy model in Equation (2c) from Newtonian first principles, as shown in some detail in Equation (3).²

$$Let: \gamma = \frac{1}{\sqrt{1 - \frac{v^2}{c^2}}} \tag{3a}$$

$$m\gamma^{-1} = m_0 = \text{invariant}$$
 (3b)

$$\Delta K = \int F(s)ds \tag{3c}$$

$$\Delta K = \int \frac{dp}{dt} ds \tag{3d}$$

$$\Delta K = \int v d(mv) \tag{3e}$$

$$\Delta K = \int v d(\gamma m_0 v) = m_0 \int v d(\gamma v)$$
 (3f)

$$\Delta K = m_0(\gamma - 1)c^2 = mc^2 - m_0c^2 \blacksquare$$
 (3g)

If, on the other hand, m turns out to be invariant while m_0 decreases, then the Newtonian first principles derivation would instead produce the familiar Newtonian kinetic energy model: $\Delta K = \frac{1}{2} m v^2$. If this kinetic energy model is correct, then it implies that the total energy model shown in Equation (1d) is incorrect. A new total energy model would be required; however, before diving into this derivation, I first want to answer which mass model is correct with the aid of another thought experiment.

²The full derivation is presented here [3].

For this next thought experiment, consider relativistic effects on gravitational forces. Suppose we managed to craft four Osnium orbs, each having the same shape and size. Assuming each orb has a radius of $0.1\ [m]$, then the mass of each would be about $92\ [kg]$. The first pair of orbs are setup in an inertial frame in empty space with an initial distance of $100\ [m]$ between their center of masses. It would take about four months, in the orb's proper time, for their gravitational forces to bring them into contact.

Now, suppose the other pair of orbs were sent away, in the twins paradox fashion, but otherwise the same initial conditions.³ Supposing they returned at the moment the stationary orbs touched, then the traveling orbs, being younger, would not be touching, as shown in Figure 2.

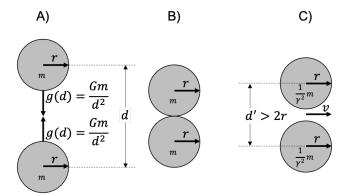


Figure 2. A) Initial Conditions In Stationary Frame; B) State of stationary orbs at the end of four months; C) State of traveling orbs at the end of four months.

These results suggest to me that the mass of the traveling orbs reduces, but to what? Through testing, it was found that the resulting mass reduction is $\gamma^{-2}m$. This result makes intuitive sense, because distance traversed during gravitational acceleration is related to time squared, and the proper time recorded for the traveling orbs is smaller than the proper time recorded for the stationary orbs by a factor of γ^{-1} .

Suppose we conducted another similar experiment; however, for this experiment two new orbs are crafted just like the others, except their radii are reduced to grantee that their mass is equal to $\gamma^{-2}m$. Let these new smaller orbs take the place of the stationary orbs. Given this new setup, we would find that upon the traveling orbs return, both pairs of orbs would be the same distance closer.

I actually simulated several trials of such an experiment, numerically solving for the dynamics in each reference frame, and the code is in the Appendix. Each trial had the same relative velocities, but each trial tested different return times. At the end of each trial, I compared the two pairs of orbs to see if each traveled the same distance. The results are presented in Figure 3 to the right.

The two pairs of orbs had the same gravitational behavior. Therefore, invoking the method of agreement, whereby the same gravitational effect occurred in both cases, proves inductively that the effective mass of the traveling orbs is equivalent to the mass of the stationary orbs.

For this experiment I have been avoiding the terms relative and rest mass intentionally. I am not convinced these concepts are valid in this case, meaning I think they may mislead intuition into improper conclusions. Instead, I would like to draw attention to what happens to the same pair of orbs under the same initial condition while in different inertial frames. From this approach, one can relate the mass, m, considered in the stationary frame, and the same mass but considered in a traveling frame, m_{γ} . This relation is: $m = \gamma^2 m_{\gamma}$.

Thus I conclude m is invariant and m_{γ} is not. $m=\gamma^2 m_{\gamma}$ is not the original mass model presented by Feynman [2]; however, this makes no difference to the kinetic energy model since m is invariant, and its derivation from first principles remains $\frac{1}{2}mv^2$. The respective total energy model derivation that relates to this kinetic energy model is shown in Equation (4).

$$m = \gamma^2 m_{\gamma} = \text{invariant}$$
 (4a)

$$m\left(1 - \frac{v^2}{c^2}\right) = m_\gamma \tag{4b}$$

$$m = m_{\gamma} + m \frac{v^2}{c^2} \tag{4c}$$

$$mc^2 = m_{\gamma}c^2 + mv^2 = m_{\gamma}c^2 + 2\frac{1}{2}mv^2$$
 (4d)

$$E_T = \frac{1}{2}mc^2 = \frac{1}{2}m_{\gamma}c^2 + \frac{1}{2}mv^2 \blacksquare$$
 (4e)

According to this total energy model, the total energy is the kinetic energy plus the internal energy, just as it was in Einstein's model. Unlike Einstein's model, the internal energy of an object diminishes as it gains kinetic energy, all the while its total energy is conserved.

REFERENCES

[1] A. Einstein, *Does the inertia of a body depend upon its energy-content?*. [Online]. Available: https://www.fourmilab.ch/etexts/einstein/E_mc2/e_mc2.pdf. [Accessed: 21-Aug-2022].

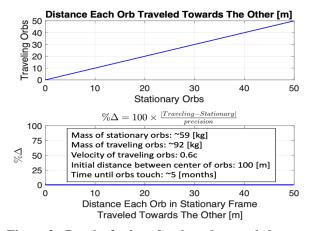


Figure 3. Results for how far the orbs traveled towards each other.

³With the distance between their center of masses being orthogonal to the velocity direction.

- [2] R. Feynman, *The Feynman Lectures on Physics*, 2012. [Online]. Available: https://www.feynmanlectures.cal tech.edu [Accessed: 20-Aug-2022].
- [3] Relativistic kinetic energy: Derivation, formula, definition Mech Content, 23-Aug-2022. [Online]. Available: https://mechcontent.com/relativistic-kinetic-energy/. [Accessed: 09-Sep-2022].

APPENDIX

MATLAB CODE

```
1 % constants and functions
_{\scriptscriptstyle 2} G
                   = 6.6744e-11; % [m<sup>3</sup>/(kg s)] gravitational constant
3 gamma
                   = @(v) 1./ sqrt(1-v.^2);
  seconds2months = 12/60^2/24/365;
6 % Traveling orbs
  % initial conditions
7
          = 22000;
                          % [kg/m<sup>3</sup>] density of osmium
  rho
8
                                      radius of each orb
9
  r
           = 1e-1;
                          % [m]
          = 4*pi*r^3/3; \% [m^3]
                                      volume of each orb
  vol
10
           = rho*vol;
                          % [kg]
                                      mass of each orb
  m
11
                          % [m]
                                      initial distance between orbs' surfaces
  d
          = 1e2;
12
          = 2*r;
                         % [m]
                                      minimum distance between center mass of orbs
  d_min
13
                         % [J/kg]
  gd1
          = 2*G*m/(d);
                                      initial relative xspecific potential energy
                         % [-]
          = 0.6;
                                      fraction of the speed of light of orbs
15
  V
  gamma_v = gamma(v);
                         % [-]
                                      1/ sqrt(1-v^2/c^2)
16
17
  % initialize other variables
18
  dy = (d-d_min)/1e4; % increment steps to numerical solution
19
      = d:-dy:d_min;
                             % all numerical steps
20
  ds
  gds = ones(size(ds))*gd1;% specific potential energy
21
  vs = zeros(size(ds));
                            % relative velocity of orbs
23
  ts = zeros(size(ds));
                            % proper time passed
24
  % incremental solution of orb pairs relative velocity and time passed
25
  for id = 2 : length(ds)
26
      % this relative specific potential energy for orbs
27
       gds(id) = 2*G*m/(ds(id));
28
29
       % delta relative specific potential energy for orbs
30
       delta_gd = gds(id)-gd1;
31
32
      % relative velocity between them
33
       vs(id) = sqrt(2*delta_gd);
34
35
       % time for distance to close by mean relative velocity
36
       ts(id) = ts(id-1) + dy/mean([vs(id), vs(id-1)]);
37
  end
38
39
  % total passage of proper time until orbs contact in years and months
  total\_time\_months = max(ts)*seconds2months;
42
  % Stationary orbs
43
           = m/gamma_v^2; % [kg]
                                    mass of stationary orb is traveling orb's mass
44
          = 2*Ğ*my/(d); % [J/kg] initial specific potential energy
  gd1_my
45
  % time passed, as measured by stationary orbs
47
  ts\_gamma = ts*gamma\_v;
48
  % total passage of proper time until orbs contact in years and months
  total\_time\_months\_my = max(ts\_gamma)*seconds2months;
51
52.
  % initialize stationary orbs with mass my distance steps
53
                            % increment steps to numerical solution
  dy_my = dy;
54
  ds_my = d:-dy_my:d_min; % all numerical steps
  % initialize other variables
57
  vs_my = zeros(size(ds_my));
  gds_my = ones(size(ds_my))*gd1_my;
  ts_my = zeros(size(ds_my));
60
61
  % incremental solution of orb pairs relative velocity and time passed
62
  for id = 2 : length(ds_my)
63
       % this relative specific potential energy
64
       gds_my(id) = 2*G*my/(ds_my(id));
```

```
66
       % delta relative specific potential energy
67
       delta_gd_my = gds_my(id)-gdl_my;
68
69
       % relative velocity between them
70
       vs_my(id) = sqrt(2*delta_gd_my);
71
72
       % time for distance to close by mean relative velocity
73
       ts_my(id) = ts_my(id-1) + dy_my/mean([vs_my(id), vs_my(id-1)]);
74
   end
75
76
   % Plot Results
77
   figure (1);
78
  % plot the movement of each orb makes towards its pair
  subplot(2,1,1)
   plot ((d-ds)/2, (d-interp1 (ts_my, ds_my, ts_gamma))/2, '-b', 'LineWidth', 1.5)
   x \lim ([0 d/2]);
   ylim ([0 d/2]);
83
   grid on
   xlabel('Stationary Orbs', 'FontSize',20);
ylabel('Traveling Orbs', 'FontSize',20);
   title ({ 'Distance Each Orb Traveled Towards The Other [m]'}, 'fontsize', 16);
  % plot the percent difference in movement between pairs of orbs
   percent_difference = 100*abs((d-interp1(ts_my, ds_my, ts_gamma))/2 - (d-ds)/2)./(dy);
   subplot(2,1,2)
   plot((d-ds)/2, percent_difference, '-b', 'LineWidth',2)
   x \lim ([0 \ d/2]);
   ylim([0 100]);
94
   grid on
95
   xlabel({ 'Distance Each Orb in Stationary Frame'...
96
        , 'Traveled Towards The Other [m]'}, 'FontSize', 20);
   ylabel({ '\%\\ Delta\$'}, 'FontSize', 20, 'Interpreter', 'latex');
   title (\{ \text{'}\%\Delta=100 \setminus times \setminus frac \{ | Traveling-Stationary | \} \{ precision \} \$' \} \dots
99
        ,'Interpreter', 'latex', 'fontsize', 16);
100
101
   % print ellapsed proper (AAK wall) time for each pair or orbs
   fprintf('Elapsed Time for Traveling Orbs: %0.1f [months]\n',total_time_months);
103
   fprintf('Elapsed Time for Stationary Orbs: %0.1f [months]\n',total_time_months_my);
```