Martha Ocampo is a founding member and is part of the Advisory of the Caregiver Connection Education and Support Organization (CCESO). She has been a long-time advocate for the rights of caregivers and domestic workers since the late seventies and was a leading member of INTERCEDE. She developed a *Leadership and Advocacy Training* specifically for caregivers and newcomers and, she co-authored "*Let's Talk*" a guidebook on education about Violence Against Women in the Filipino community. She is a Race, Culture and Mental Health consultant with *Martha Ocampo and Associates*, providing educational and training workshops at mental health and addiction agencies, and the general public. She is co-editor of a book, *Critical Psychiatry and Mental Health* published in 2014. Martha is a founding member of Across Boundaries: An Ethnoracial Mental Health Centre in Toronto. She played a key role in developing the Centre's Holistic Model of Care within an Anti-Racism/Anti-Oppression Framework. She is a founding member of both the Kapisanan for Arts and Culture and the Carlos Bulosan Theatre CBT) in Toronto. She is currently the chair of the Board of CBT. She is on the Board of the Assaulted Women's Helpline, a member of the Advisory Committee at George Brown College Community Worker's Program.