

- ▼ Unfortunately, trees generally do not have the same level of predictive accuracy as some of the other regression and classification approaches seen in this book.
- ▼ Additionally, trees can be very non-robust. In other words, a small change in the data can cause a large change in the final estimated tree.

However, by aggregating many decision trees, using methods like *bagging*, *random forests*, and *boosting*, the predictive performance of trees can be substantially improved. We introduce these concepts in the next section.

8.2 Bagging, Random Forests, Boosting

Bagging, random forests, and boosting use trees as building blocks to construct more powerful prediction models.

8.2.1 Bagging

The bootstrap, introduced in Chapter 5, is an extremely powerful idea. It is used in many situations in which it is hard or even impossible to directly compute the standard deviation of a quantity of interest. We see here that the **bootstrap** can be used in a completely different context, in order to **improve statistical learning methods such as decision trees**.

The **decision trees** discussed in Section 8.1 suffer from **high variance**. This means that if we split the training data into two parts at random, and fit a decision tree to both halves, the results that we get could be quite different. In contrast, a procedure with *low variance* will yield similar results if applied repeatedly to distinct data sets; linear regression tends to have low variance, if the ratio of n to p is moderately large. **Bootstrap aggregation, or bagging, is a general-purpose procedure for reducing the variance of a statistical learning method**; we introduce it here because it is particularly useful and frequently used in the context of decision trees.

bagging

Recall that given a set of n independent observations Z_1, \dots, Z_n , each with variance σ^2 , **the variance of the mean \bar{Z} of the observations is given by σ^2/n** . In other words, **averaging a set of observations reduces variance**. Hence a natural way to reduce the variance and hence increase the prediction accuracy of a statistical learning method is to **take many training sets from the population, build a separate prediction model using each training set, and average the resulting predictions**. In other words, we could calculate $\hat{f}^1(x), \hat{f}^2(x), \dots, \hat{f}^B(x)$ using B separate training sets, and average them in order to obtain a single low-variance statistical learning model,

given by

$$\hat{f}_{\text{avg}}(x) = \frac{1}{B} \sum_{b=1}^B \hat{f}^b(x).$$

Of course, this is not practical because we generally do not have access to multiple training sets. Instead, we can bootstrap, by taking repeated samples from the (single) training data set. In this approach we generate B different bootstrapped training data sets. We then train our method on the b th bootstrapped training set in order to get $\hat{f}^{*b}(x)$, and finally average all the predictions, to obtain

$$\hat{f}_{\text{bag}}(x) = \frac{1}{B} \sum_{b=1}^B \hat{f}^{*b}(x).$$

This is called **bagging**.

While bagging can improve predictions for many regression methods, it is particularly useful for decision trees. To apply bagging to regression trees, we simply construct B regression trees using B bootstrapped training sets, and average the resulting predictions. These trees are grown deep, and are not pruned. Hence each individual tree has high variance, but low bias. Averaging these B trees reduces the variance. Bagging has been demonstrated to give impressive improvements in accuracy by combining together hundreds or even thousands of trees into a single procedure.

Thus far, we have described the bagging procedure in the regression context, to predict a quantitative outcome Y . How can bagging be extended to a classification problem where Y is qualitative? In that situation, there are a few possible approaches, but the simplest is as follows. For a given test observation, we can record the class predicted by each of the B trees, and take a *majority vote*: the overall prediction is the most commonly occurring class among the B predictions.

majority
vote

Figure 8.8 shows the results from bagging trees on the **Heart** data. The test error rate is shown as a function of B , the number of trees constructed using bootstrapped training data sets. We see that the bagging test error rate is slightly lower in this case than the test error rate obtained from a single tree. The number of trees B is not a critical parameter with bagging; using a very large value of B will not lead to overfitting. In practice we use a value of B sufficiently large that the error has settled down. Using $B = 100$ is sufficient to achieve good performance in this example.

Out-of-Bag Error Estimation

It turns out that there is a very straightforward way to estimate the test error of a bagged model, without the need to perform cross-validation or the validation set approach. Recall that the key to bagging is that trees are repeatedly fit to bootstrapped subsets of the observations. One can show

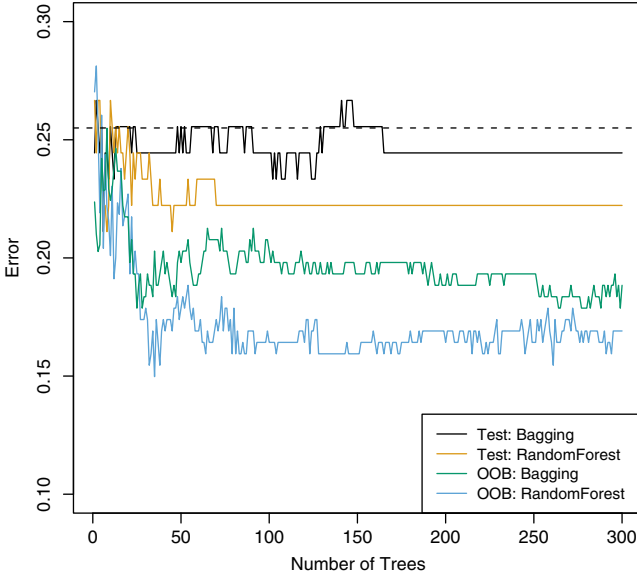


FIGURE 8.8. Bagging and random forest results for the **Heart** data. The test error (black and orange) is shown as a function of B , the number of bootstrapped training sets used. Random forests were applied with $m = \sqrt{p}$. The dashed line indicates the test error resulting from a single classification tree. The green and blue traces show the OOB error, which in this case is considerably lower.

that on average, each bagged tree makes use of around two-thirds of the observations.³ The remaining one-third of the observations not used to fit a given bagged tree are referred to as the *out-of-bag* (OOB) observations. We can predict the response for the i th observation using each of the trees in which that observation was OOB. This will yield around $B/3$ predictions for the i th observation. In order to obtain a single prediction for the i th observation, we can average these predicted responses (if regression is the goal) or can take a majority vote (if classification is the goal). This leads to a single OOB prediction for the i th observation. An OOB prediction can be obtained in this way for each of the n observations, from which the overall OOB MSE (for a regression problem) or classification error (for a classification problem) can be computed. The resulting OOB error is a valid estimate of the test error for the bagged model, since the response for each observation is predicted using only the trees that were not fit using that observation. Figure 8.8 displays the OOB error on the **Heart** data. It can be shown that with B sufficiently large, OOB error is virtually equivalent to leave-one-out cross-validation error. The OOB approach for estimating

out-of-bag

³This relates to Exercise 2 of Chapter 5.

the test error is particularly convenient when performing bagging on large data sets for which cross-validation would be computationally onerous.

Variable Importance Measures

As we have discussed, bagging typically results in improved accuracy over prediction using a single tree. Unfortunately, however, it can be difficult to interpret the resulting model. Recall that one of the advantages of decision trees is the attractive and easily interpreted diagram that results, such as the one displayed in Figure 8.1. However, when we bag a large number of trees, it is no longer possible to represent the resulting statistical learning procedure using a single tree, and it is no longer clear which variables are most important to the procedure. Thus, bagging improves prediction accuracy at the expense of interpretability.

Although the collection of bagged trees is much more difficult to interpret than a single tree, one can obtain an overall summary of the importance of each predictor using the RSS (for bagging regression trees) or the Gini index (for bagging classification trees). In the case of bagging regression trees, we can record the total amount that the RSS (8.1) is decreased due to splits over a given predictor, averaged over all B trees. A large value indicates an important predictor. Similarly, in the context of bagging classification trees, we can add up the total amount that the Gini index (8.6) is decreased by splits over a given predictor, averaged over all B trees.

A graphical representation of the *variable importances* in the *Heart* data is shown in Figure 8.9. We see the mean decrease in Gini index for each variable, relative to the largest. The variables with the largest mean decrease in Gini index are *Thal*, *Ca*, and *ChestPain*.

8.2.2 Random Forests

Random forests provide an improvement over bagged trees by way of a small tweak that *decorrelates* the trees. As in bagging, we build a number of decision trees on bootstrapped training samples. But when building these decision trees, each time a split in a tree is considered, a random sample of m predictors is chosen as split candidates from the full set of p predictors. The split is allowed to use only one of those m predictors. A fresh sample of m predictors is taken at each split, and typically we choose $m \approx \sqrt{p}$ —that is, the number of predictors considered at each split is approximately equal to the square root of the total number of predictors (4 out of the 13 for the *Heart* data).

In other words, in building a random forest, at each split in the tree, the algorithm is not even allowed to consider a majority of the available predictors. This may sound crazy, but it has a clever rationale. Suppose that there is one very strong predictor in the data set, along with a number of other moderately strong predictors. Then in the collection of bagged

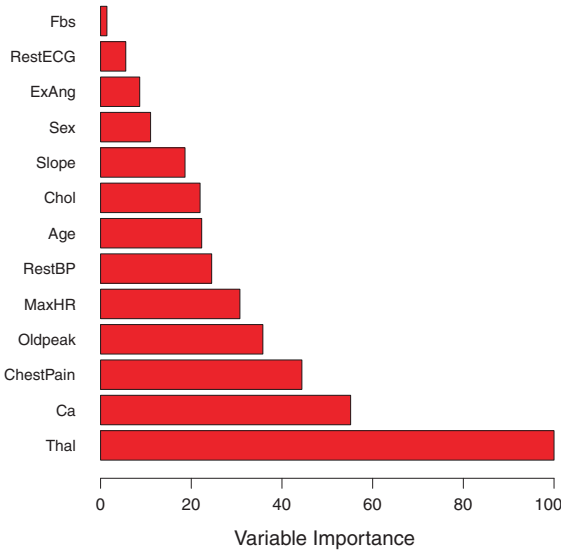


FIGURE 8.9. A variable importance plot for the **Heart** data. Variable importance is computed using the mean decrease in Gini index, and expressed relative to the maximum.

trees, most or all of the trees will use this strong predictor in the top split. Consequently, all of the bagged trees will look quite similar to each other. Hence the predictions from the bagged trees will be highly correlated. Unfortunately, averaging many highly correlated quantities does not lead to as large of a reduction in variance as averaging many uncorrelated quantities. In particular, this means that bagging will not lead to a substantial reduction in variance over a single tree in this setting.

Random forests overcome this problem by forcing each split to consider only a subset of the predictors. Therefore, on average $(p - m)/p$ of the splits will not even consider the strong predictor, and so other predictors will have more of a chance. We can think of this process as decorrelating the trees, thereby making the average of the resulting trees less variable and hence more reliable.

The main difference between bagging and random forests is the choice of predictor subset size m . For instance, if a random forest is built using $m = p$, then this amounts simply to bagging. On the **Heart** data, random forests using $m = \sqrt{p}$ leads to a reduction in both test error and OOB error over bagging (Figure 8.8).

Using a small value of m in building a random forest will typically be helpful when we have a large number of correlated predictors. We applied random forests to a high-dimensional biological data set consisting of expression measurements of 4,718 genes measured on tissue samples from 349 patients. There are around 20,000 genes in humans, and individual genes

have different levels of activity, or expression, in particular cells, tissues, and biological conditions. In this data set, each of the patient samples has a qualitative label with 15 different levels: either normal or 1 of 14 different types of cancer. Our goal was to use random forests to predict cancer type based on the 500 genes that have the largest variance in the training set. We randomly divided the observations into a training and a test set, and applied random forests to the training set for three different values of the number of splitting variables m . The results are shown in Figure 8.10. The error rate of a single tree is 45.7%, and the null rate is 75.4%.⁴ We see that using 400 trees is sufficient to give good performance, and that the choice $m = \sqrt{p}$ gave a small improvement in test error over bagging ($m = p$) in this example. As with bagging, random forests will not overfit if we increase B , so in practice we use a value of B sufficiently large for the error rate to have settled down.

8.2.3 Boosting

We now discuss *boosting*, yet another approach for improving the predictions resulting from a decision tree. Like bagging, boosting is a general approach that can be applied to many statistical learning methods for regression or classification. Here we restrict our discussion of boosting to the context of decision trees.

boosting

Recall that bagging involves creating multiple copies of the original training data set using the *bootstrap*, fitting a separate decision tree to each copy, and then combining all of the trees in order to create a single predictive model. Notably, each tree is built on a bootstrap data set, independent of the other trees. Boosting works in a similar way, except that the trees are grown sequentially: each tree is grown using information from previously grown trees. Boosting does not involve bootstrap sampling; instead each tree is fit on a modified version of the original data set.

Consider first the regression setting. Like bagging, boosting involves combining a large number of decision trees, $\hat{f}^1, \dots, \hat{f}^B$. Boosting is described in Algorithm 8.2.

What is the idea behind this procedure? Unlike fitting a single large decision tree to the data, which amounts to *fitting the data hard* and potentially overfitting, the boosting approach instead *learns slowly*. Given the current model, we fit a decision tree to the residuals from the model. That is, we fit a tree using the current residuals, rather than the outcome Y , as the response. We then add this new decision tree into the fitted function in order to update the residuals. Each of these trees can be rather small, with just a few terminal nodes, determined by the parameter d in the algorithm. By

⁴The null rate results from simply classifying each observation to the dominant class overall, which is in this case the normal class.

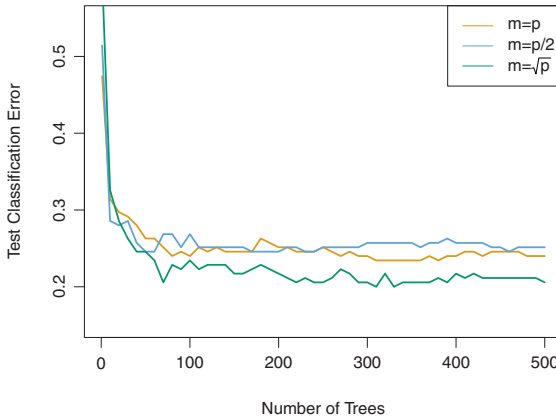


FIGURE 8.10. Results from random forests for the 15-class gene expression data set with $p = 500$ predictors. The test error is displayed as a function of the number of trees. Each colored line corresponds to a different value of m , the number of predictors available for splitting at each interior tree node. Random forests ($m < p$) lead to a slight improvement over bagging ($m = p$). A single classification tree has an error rate of 45.7%.

fitting small trees to the residuals, we slowly improve \hat{f} in areas where it does not perform well. The shrinkage parameter λ slows the process down even further, allowing more and different shaped trees to attack the residuals. In general, statistical learning approaches that learn slowly tend to perform well. Note that in boosting, unlike in bagging, the construction of each tree depends strongly on the trees that have already been grown.

We have just described the process of boosting regression trees. Boosting classification trees proceeds in a similar but slightly more complex way, and the details are omitted here.

Boosting has three tuning parameters:

1. The number of trees B . Unlike bagging and random forests, boosting can overfit if B is too large, although this overfitting tends to occur slowly if at all. We use cross-validation to select B .
2. The shrinkage parameter λ , a small positive number. This controls the rate at which boosting learns. Typical values are 0.01 or 0.001, and the right choice can depend on the problem. Very small λ can require using a very large value of B in order to achieve good performance.
3. The number d of splits in each tree, which controls the complexity of the boosted ensemble. Often $d = 1$ works well, in which case each tree is a *stump*, consisting of a single split. In this case, the boosted ensemble is fitting an additive model, since each term involves only a single variable. More generally d is the *interaction depth*, and controls

stump
interaction
depth

Algorithm 8.2 *Boosting for Regression Trees*

1. Set $\hat{f}(x) = 0$ and $r_i = y_i$ for all i in the training set.
2. For $b = 1, 2, \dots, B$, repeat:
 - (a) Fit a tree \hat{f}^b with d splits ($d+1$ terminal nodes) to the training data (X, r) .
 - (b) Update \hat{f} by adding in a shrunk version of the new tree:

$$\hat{f}(x) \leftarrow \hat{f}(x) + \lambda \hat{f}^b(x). \quad (8.10)$$

- (c) Update the residuals,

$$r_i \leftarrow r_i - \lambda \hat{f}^b(x_i). \quad (8.11)$$

3. Output the boosted model,

$$\hat{f}(x) = \sum_{b=1}^B \lambda \hat{f}^b(x). \quad (8.12)$$

the interaction order of the boosted model, since d splits can involve at most d variables.

In Figure 8.11, we applied boosting to the 15-class cancer gene expression data set, in order to develop a classifier that can distinguish the normal class from the 14 cancer classes. We display the test error as a function of the total number of trees and the interaction depth d . We see that simple stumps with an interaction depth of one perform well if enough of them are included. This model outperforms the depth-two model, and both outperform a random forest. This highlights one difference between boosting and random forests: in boosting, because the growth of a particular tree takes into account the other trees that have already been grown, smaller trees are typically sufficient. Using smaller trees can aid in interpretability as well; for instance, using stumps leads to an additive model.

8.3 Lab: Decision Trees

8.3.1 Fitting Classification Trees

The `tree` library is used to construct classification and regression trees.

```
> library(tree)
```