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# Guide

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drugs, you're in a dangerous situation. You may not realize the risks you're taking. You may find it helpful to have a guide that can provide you with information on narcotics. That is what you will find here.

When you're addicted to narcotics, it completely changes the course of your life. Likewise, abusing these drugs puts you on a treacherous path toward addiction. Getting the information you need now will allow you to be informed about addiction and recovery.

U.S.

- › What is the Definition of Narcotic Abuse?
- › The Effects of Abusing These Dangerous Drugs
- › Finding Out You're Addicted to Narcotic Drugs
- › What Causes a Narcotics Addiction?
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- ✕ [Narcotic vs. Opioid: What's the Difference?](#)
- ✕ [What are Some of the Medical Uses of Narcotics?](#)

## What Types of Drugs Count as Narcotic Drugs?

For the purposes of the information you’re seeking, we will be referring to opioid or opiate drugs as narcotics. There are several of them that fall under this headline, and most are used for pain. There may be some additional uses for them as well.

It’s important for you to be aware of each of these drugs and what their effects are. While all of them can be dangerous, most are actually quite useful when they’re used correctly. They’re heavily prescribed because they’re so effective.

## Comprehensive List of the Most Abused Narcotics in the U.S.

While there are dozens of different narcotic drugs, there are some that are more frequently prescribed than others. If you’re using one of these substances, it’s quite possible that you will find it on this list.

- ✕ [Buprenorphine](#)
- ✕ [Carfentanil](#)
- ✕ [Codeine](#)
- ✕ [Fentanyl](#)
- ✕ [Heroin](#)
- ✕ [Hydrocodone](#)
- ✕ [Hydromorphone](#)
- ✕ [Methadone](#)
- ✕ [Morphine](#)
- ✕ [Opium](#)
- ✕ [Oxymorphone](#)
- ✕ [Tramadol](#)



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assumed to be safe. This actually can make them much more dangerous than street drugs. The risk of overdosing on them is extremely high, and many people do.

The abuse of narcotics is in no way safe, even if it's only done on a short-term basis. The potential for forming an addiction to them is very high. People tend to think that they can control their narcotics use, and this simply isn't the case at all.

## The Effects of Abusing These Dangerous Drugs

Even if you're not addicted to narcotics, abusing them will result in dangerous side effects. They affect every area of your life, including your mental health and your physical health.

Make no mistake; there are serious risks involved with misusing narcotic drugs. If you are currently abusing them, you need to know what could happen as a result.

- ✓ [The Social Effects](#)
- ✓ [How Narcotics Affect the Brain Over Time](#)
- ✓ [The Effects of Narcotics on the Central Nervous System](#)

## Finding Out You're Addicted to Narcotic Drugs

It's not surprising that people are often shocked to learn that they've become addicted to narcotics. There are generally two types of addicts. There are those who became addicted on accident, and those who became addicted because of recreational abuse. In both cases, the tendency is to believe that a narcotic drug addiction isn't going to happen to them.

For people who accidentally become addicted, they're not always aware of the addictive nature of narcotics. They may know that their prescribed painkillers have warnings on them, but still assume them to be safe.

For those who become addicted because of recreational use, they typically think they can stay in control. For both types of individuals, it really doesn't take that long before narcotics start to control them.





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- Being under excessive amounts of stress.
- Struggling with a mental health condition, such as anxiety or depression.
- Being from a culture where drug use is considered to be normal.
- Have a family history of addiction.
- Having a personal history of addiction, even long ago, when you were much younger.

Any therapist who treats narcotic addiction will work on discovering the underlying causes. This is one of the ways that successful recovery takes place.

### Are You a Narcotics Addict? Learn the Signs and Symptoms

At this point, you might not be sure if you're a narcotics addict or not. You need to know for certain because otherwise, you won't be compelled to get help. You can begin by looking for some of the more common signs of narcotics addiction. These include:

- Thinking about using these drugs nearly all the time.
- Feeling the need to use as soon as you wake up in the morning.
- Feeling obsessed about your drugs.
- Placing narcotics in a place of importance above everything else in your life.
- Experiencing problems in your job, school or relationships because of these substances.

If you've noticed any of these signs, you could very well be an addict. If you're still not sure, try taking a [drug addiction quiz](#). That will give you even more insight into your drug use problems.

## Getting Addiction Treatment so That You Can Recover

The best way for you to recover from a narcotics addiction is to get professional help. This is available to you through a rehab for narcotic addicts. There are so many ways that getting this type of treatment will help you in your recovery.

Your addiction needs to be addressed from every angle. This means addressing the physical part of it, as well as the psychological part. If any aspect of it is ignored, you will most likely relapse. This is one reason why it's never a good idea for people to quit using on their own.





## Symptoms of Withdrawing from Narcotics

Narcotic or [opioid withdrawal](#) is not easy. In fact, it's sometimes so hard that people would rather go back to using, rather than continue in recovery. It's important for you to know what you can expect as you begin withdrawals from narcotic drugs.

Some of the more common withdrawal symptoms include:

Excessive sweating Yawning and increased tearing of the eyes Muscle aches and pains in the body Feeling anxious, or even having panic attacks Becoming depressed Easily becoming agitated or angry Stomach cramps that can become quite painful Having diarrhea Nausea and vomiting

Sometimes people may even begin having seizures, breathing problems, or heart problems. It all depends on what type of narcotic you're taking.

## The Benefits of Detoxing from Your Narcotic Medications or Illegal Drugs

There are so many great benefits to detoxing from your narcotic drugs. No matter which drug you're using, detoxification will help you by:

- Allowing you to possibly taper down your use of the drug
- Eliminating some of your withdrawal symptoms
- Making the symptoms you do experience much less severe
- Allowing for medical treatment of many of your symptoms of withdrawal
- Protecting you from potentially experiencing a medically dangerous or life threatening situation

Detoxification is a step that you should not skip. It is an essential part in treating the physical component of your addiction.

### What Can You Expect When You go Through Detox?

As you go through [drug detox](#), you'll most likely be exposed to a particular style of treatment. We've mentioned medical tapering for those who are detoxing from prescribed narcotics. This is so important because these substances should never be stopped abruptly.





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## The Next Step in Your Recovery: Professional Narcotics Rehab

Sometimes people assume that as long as they're no longer having cravings, they don't need rehab. This simply isn't true at all. It's helpful to eliminate your cravings and other withdrawal symptoms, of course. However, unless you address the psychological part of your addiction, you're likely to relapse.

[Drug rehab](#) offers you an opportunity to do just that. You'll be involved in several different types of therapy, all of which you desperately need to recover.

### Your Treatment Options for Recovery

There are several different options for your recovery from narcotic drug addiction. The right one for you will be discussed with you before you begin.

You will either be appropriate for an inpatient or an outpatient option for treatment. Sometimes people prefer to go to outpatient care, but that's not always the right choice. Outpatient treatment will involve you attending counseling appointments with a therapist. You could also become involved in Narcotics Anonymous for group therapy. You can visit [NA.org](https://www.na.org) to learn more about their program.

If you need outpatient treatment for one reason or another, there is one option available to you. You might want to try an intensive outpatient treatment program. This will give you a higher level of care, but still allow you to live at home.

[Inpatient treatment](#) is the best option for most people with narcotic addictions. They need to be removed from the source of their addictions. They also need the support and help that's available <sup>24</sup>/<sub>7</sub> in an inpatient setting.







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- Clogged blood vessels
- Liver disease
- Kidney disease
- Higher instances of pneumonia
- The risk of getting a blood borne virus
- The risk of tuberculosis
- Depression symptoms

## Steps Concerned Families Can Take

If you have a loved one on narcotics, you’ve probably tried to get them to stop. If that hasn’t worked for you, it may be time to take the next step.

You may want to consider having an [intervention](#). These services are available through many drug rehab facilities, and they’re extremely effective.

## Help for Narcotics Addiction is Available to You Right Away

There’s no need for you to put off getting help for your narcotics addiction. Here at [Northpoint Washington](#), we want to help you recover.

Do you have questions about narcotics treatment that we haven’t answered in this guide? Please [contact us](#) so that we can get you the information you need.





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## Talk to a Rehab Specialist

Our admissions coordinators are here to help you get started with treatment the right way. They'll verify your health insurance, help set up travel arrangements, and make sure your transition into treatment is smooth and hassle-free.

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Location

# Our Washington Location

Our inpatient facility is located in Washington, and will serve Washington state. It will provide a safe & therapeutic environment for both our staff and patients.

### Edmonds

7416 212th St SW,  
Edmonds, WA 98026

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- Discuss treatment options
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- Verify insurance coverage
- Start the admissions process

Speak With Our Team

Message

☐ I agree to receive communications from Northpoint about services, alumni stories and news

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Marijuana Addiction Treatment

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