

No Limits Martial Arts Palm Harbor

2025 Schedule -

Effective 9/29/2025

**Monday:**

5:15- ATA TIGERS (3-6 Years old)

6:00- Beginners

6:45pm- Kickboxing (Adults only)

**Tuesday:**

5:00- ATA TIGERS (3-6 Years old)

6:00-Beginners

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6:45pm- Teens & Adult/Black Belts

**Wednesday:**

5:15pm- Tigers

6:00pm- FAMILY CLASS

6:45pm- Kickboxing

**Thursday:**

5:15- ATA TIGERS (3-6 Years old)

6:00- Beginners

6:45pm- Teens & Adult Taekwondo/Black Belts