Reflection

1. Django models are Python objects that Django applications use to access and manage data from a database. This basically allows you to create tables of data in the form of Python objects and within these tables you can easily create rows of objects from these models. This then allows you to skip the process of interfacing with the database as Django does that for you.
2. Writing test cases from the beginning of a project is crucial because it helps you define what you would like your project to do and makes it more efficient in achieving these goals. The test cases make sure you achieve your objectives while also catching errors and knowing what to do with the errors. If you wrote test cases for say the recipe app and you were making sure the input of a recipe cooking time is a positive number, you might save time because then your application wouldn't end up with say a word or a negative number giving misinformation for a recipe.