

## DISF - (F)

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

DATE: \_\_\_\_\_

INTERVIEWER: \_\_\_\_\_

LOCATION: \_\_\_\_\_

ID NO: \_\_\_\_\_

VISIT NO: \_\_\_\_\_

### INSTRUCTIONS

The DISF-F is a semi-structured interview designed to quantitatively assess the level of sexual activity and general quality of a **female** respondent's sexual functioning. The DISF-F is comprised of 25 items, and is scored in terms of 5 Domain Scores, a Total Sexual Functioning Score.

The time window to be used as a reference for the interview is "**the past 30 days**" for an initial evaluation, and "**since your last visit**" when the evaluation is one in a series.

The interviewer should begin the interview by putting the respondent at ease, and telling her that the interview consists of a brief series of questions about her sexual functioning. The interviewer should further suggest that although the questions focus on the details of the respondent's sexual relationship(s), which may initially make her uncomfortable, that after a few minutes most people feel much more at ease about answering the questions. It should be emphasized to the respondent that although some answers may cause mild embarrassment, it is important that she answer all questions accurately and to the best of her ability, so that a valid picture of the nature of her sexual functioning can be ascertained.

The respondent should be reminded that all information provided in the interview will be held in the strictest confidence, and that only professional staff immediately involved in her evaluation and treatment will have access to the data. The interviewer should reiterate that only through the respondent's cooperation in the interview can the accurate, detailed information necessary to a precise understanding of her condition be obtained.

### DISF-F: SECTION I - SEXUAL COGNITION / FANTASY

During the past 30 days, or since the last time you participated in this interview, **how often have you had thoughts, dreams or fantasies (i.e., daydreams or visual images) about**

8 = 4 or more per day  
7 = 2 or 3 per day  
6 = 1 per day  
5 = 4 to 6 per week  
4 = 2 or 3 per week  
3 = 1 per week  
2 = 1 or 2 per month  
1 = Less than 1 per month  
0 = Not at all

1.1	A sexually attractive person	0	1	2	3	4	5	6	7	8
1.2	Erotic parts of a man's body (e.g., face, shoulders, legs)	0	1	2	3	4	5	6	7	8
1.3	Erotic or romantic situations	0	1	2	3	4	5	6	7	8
1.4	Caressing, touching, undressing, or foreplay	0	1	2	3	4	5	6	7	8
1.5	Sexual intercourse, oral sex, touching to orgasm	0	1	2	3	4	5	6	7	8

[ ] Domain I Score

**DISF - F: SECTION II - SEXUAL AROUSAL**

During the past 30 days, or since the last time you participated in this interview, **how often did you have the following experiences?**

<b>8 = 4 or more per day</b>
<b>7 = 2 or 3 per day</b>
<b>6 = 1 per day</b>
<b>5 = 4 to 6 per week</b>
<b>4 = 2 or 3 per week</b>
<b>3 = 1 per week</b>
<b>2 = 1 or 2 per month</b>
<b>1 = Less than 1 per month</b>
<b>0 = Not at all</b>

2.1	Feel sexually aroused while alone	0	1	2	3	4	5	6	7	8
2.2	Actively seek sexual satisfaction	0	1	2	3	4	5	6	7	8
2.3	Feel sexually aroused with a partner	0	1	2	3	4	5	6	7	8

<b>4 = Always</b>
<b>3 = Usually</b>
<b>2 = Sometimes</b>
<b>1 = Rarely</b>
<b>0 = Never</b>

2.4	Experience normal lubrication with masturbation	0	1	2	3	4
2.5	Experience normal lubrication with sexual intercourse	0	1	2	3	4

[ ] Domain II Score

**DISF - F: SECTION III - SEXUAL BEHAVIOR / EXPERIENCES**

During the past 30 days, or since the last time you participated in this interview, **how often did you engage in the following sexual activities?**

<b>8 = 4 or more per day</b>
<b>7 = 2 or 3 per day</b>
<b>6 = 1 per day</b>
<b>5 = 4 to 6 per week</b>
<b>4 = 2 or 3 per week</b>
<b>3 = 1 per week</b>
<b>2 = 1 or 2 per month</b>
<b>1 = Less than 1 per month</b>
<b>0 = Not at all</b>

3.1	Reading or viewing romantic or erotic books or stories	0	1	2	3	4	5	6	7	8
3.2	Masturbation	0	1	2	3	4	5	6	7	8
3.3	Casual kissing and petting	0	1	2	3	4	5	6	7	8
3.4	Sexual foreplay	0	1	2	3	4	5	6	7	8
3.5	Sexual intercourse, oral sex, etc.	0	1	2	3	4	5	6	7	8

[ ] Domain III Score

**DISF - F: SECTION IV - ORGASM**

During the past 30 days, or since the last time you participated in this interview, **how satisfied have you been with the following?**

<b>4 = Extremely</b>
<b>3 = Highly</b>
<b>2 = Moderately</b>
<b>1 = Slightly</b>
<b>0 = Not at all</b>

4.1	Your ability to have an orgasm	0	1	2	3	4
4.2	The intensity of your orgasm	0	1	2	3	4
4.3	The ability to have multiple orgasms (if typical for you)	0	1	2	3	4
4.4	Feelings of togetherness with your partner	0	1	2	3	4
4.5	Your sense of control (timing) of your orgasm	0	1	2	3	4
4.6	Feeling a sense of relaxation and well-being after orgasm	0	1	2	3	4

[ ] Domain IV Score

## DISF - F: SECTION V - DRIVE / DESIRE

- 5.1 With the partner of your choice, what would be your ideal frequency of sexual intercourse?

0      1      2      3      4      5      6      7      8

**8 = 4 or more per day**  
**7 = 2 or 3 per day**  
**6 = 1 per day**  
**5 = 4 to 6 per week**  
**4 = 2 or 3 per week**  
**3 = 1 per week**  
**2 = 1 or 2 per month**  
**1 = Less than 1 per month**  
**0 = Not at all**

- 5.2 During this period, how interested have you been in sex?

0      1      2      3      4

**4 = Extremely**  
**3 = Highly**  
**2 = Moderately**  
**1 = Slightly**  
**0 = Not at all**

- 5.3 During this period, how satisfied have you been with your personal relationship with your sexual partner?

0      1      2      3      4

**4 = Extremely**  
**3 = Highly**  
**2 = Moderately**  
**1 = Slightly**  
**0 = Not at all**

- 5.4 In general, what would represent the best description of the quality of your current sexual functioning?

0      1      2      3      4      5      6      7      8

**8 = Could not be better**  
**7 = Very Good**  
**6 = Good**  
**5 = Above Average**  
**4 = Adequate**  
**3 = Somewhat Inadequate**  
**2 = Poor**  
**1 = Very Poor**  
**0 = Could not be worse**

[      ] Domain V Score

[      ] Total Sexual Functioning Score (Sum of Domains I -V)