-	\lnot Lotukerfið																
$\stackrel{\scriptscriptstyle{1}}{\operatorname{H}}$																	$\stackrel{2}{\mathrm{He}}$
1,008																	4,003
,	4		6	7	0	0	<u> </u>										
$\stackrel{3}{\operatorname{Li}}$	$\stackrel{4}{\mathrm{Be}}$													N	$\frac{8}{O}$	$\overset{9}{\mathrm{F}}$	$\stackrel{10}{\mathrm{Ne}}$
6,941	9,012													14.007	15,999	18,998	20,180
11	12													15	16	17	18
Na	Mg											$\stackrel{13}{\mathrm{Al}}$	Si	P	S	Cl	Ar
22,990	24,305											26,981	28,085	30,974	32,066	35,453	39,948
19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr
39,098	40,078	44,956	47,88	50,941	51,996	54,938	55,847	58,933	58,69	63,546	65,39	69,72	72,61	74,922	78,96	79.904	83,80
37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54
Rb	Sr	Y	Zr	Nb	Мо	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe
85,468	87,62	88,906	91.224	92.906	95.94	(98)	101,07	102,905	106,42	107,868	112,41	114,82	118,710	121,757	127,60	126,905	131,29
55	56	57	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86
Cs	Ba	*La	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Ро	At	Rn
132,905	137,33	138,905	178,49	180,948	183,85	186,207	190,2	192,22	195,08	196,967	200,59	204,383	207,2	208,980	(209)	(210)	(222)