



GET YOUR QUADS READY!

It's The 6th Annual Spin Your Wheels Fundraiser.

WHERE, WHY & WHEN?



The Aspinwall Riverfront Park
285 River Ave., Aspinwall, PA 15215



To Benefit Riding for the
Handicapped of Western PA (RHWPA)



April 18th, 2020
8:00am - 5:00pm

WHAT CAN YOU EXPECT?



SPIN CLASSES

9:00 am, 10:00 am, 11:00 am, 12:00 pm
PRICE: \$50



BADA\$\$ FITNESS CHALLENGE

8:30 am
PRICE: \$100



KIDS BOOTCAMP

8:30 am
PRICE: \$25



SELF DEFENSE BASICS W / AMY ROENKER

8:30 am
PRICE: \$25



BOOTCAMP W / ALPHA ATHLETICS / RORY LAZEAR

9:00 am, 12:00 pm
PRICE: \$25



KICK IT W / JEN EVASHAVIK

10:00 am
PRICE: \$25



CARDIO YOGA W / TABITHA BROWN

11:00 am
PRICE: \$25



ZUMBA W / ASHLEE LYNN & HOPE PICKENS

1:00 pm
PRICE: \$25



YOGA W / LISA STANDISH

2:00 pm
PRICE: \$25



MINDFUL MOVEMENT W / NIKKI ORSBORN

3:00 pm
PRICE: \$25

HUGE BASKET RAFFLE, SILENT AUCTIONS, COMPLIMENTARY WELLNESS SERVICES AND MUCH MORE!



FREE CHILD CARE



Complimentary cocktails and mocktails from
the Natrona Bottling Company Mobile Bar

WANT TO BE PART OF THE ACTION?

TO REGISTER &/OR MAKE A DONATION

Visit Our Website at SpinYourWheels.org



RHWPA is a 501(c)3 non-profit organization that provides therapeutic horseback riding for children with intellectual and/or physical disabilities living in the Pittsburgh Area.